



## Emergency First Aid

This course enables a first aider to give emergency first aid to someone who is injured or becomes ill. It equips the first aider to apply first aid to a range of specific injuries and illness. Legal requirements and infection prevention and control.

Learners will develop the skills and confidence to help someone who is:

- Primary and Secondary Survey
- Unresponsive and breathing
- Heart attack or Cardiac arrest
- Having a seizure
- Choking
- Bleeding
- Suffering from shock
- Burns

The course also includes information on:

- Assessing a casualty
- Monitoring a casualty
- Where to get help
- CPR and Recovery position
- Responding to an emergency

