

# Contra Costa County

## Acalanes High Dons Lafayette (estab. 1940)

### Jorge Aguilar-Mateos

Tennis Singles  
(Loyola Marymount Univ); NCS  
Champ 95

### Eric Andersen

Rugby Wing  
(Univ of California); NCAA Champs  
99-2002; AA 2002 & 03

### Joseph Anderson

"Joey"  
BK/Track Fwd/Hurdles  
(Claremont-Mudd-Scripps  
College); SCIAC Champs 09, 10  
& 12 (bk); SCIAC Co-Champs 11  
(bk); AHS rcd 2008 110mtr HH  
(14.62), 300mtr LH (39.09); prep pr tj  
2008 (42-7 3/4)

### Steve Andron

WP/Swimming Field/Freestyle  
(Claremont-Mudd-Scripps  
College); All-Times 2005 (wp);  
SCIAC Champs 08 (swim)

### Ann Ardell

Swimming Bfly/Free/IM  
(UC Santa Barbara); NCS Champ 79  
100 bf (58.73); 80 100 bf (57.366);  
82 200 fs (1:54.65); Big West  
Champ 200 fs 84 (1:53.47), 85  
(1:50.69); 100 bf 84 (57.48), 85  
(56.35); 200 bf 84 (2:08.27), 85  
(2:03.55); 200 IM 84 (2:11.26), 85  
(2:05.86); Big West SOTY 84 & 85;  
Big West Champs 85; AH rcd 80  
100 bf (57.36); UCSB rcd 85 100  
bf (55.91), 200 bf (2:03.15), 200  
IM (2:05.86)

### Espen Baardsen

Soccer Goalkeeper  
Gatorade State POTY 96; Cal-Hi  
State POTY 96; Member USA  
National Under-18 Team; Member  
Norwegian Under-21 Team &  
National Team 98-2000; Member  
World Cup Team 98; Tottenham  
96-2000, Watfords 2000-02,  
Everton 2002-03 (English Premier  
Div)

### Whitney Baca

Swimming Diving  
NCS Girls 1 mtr Champ 98 (399.45);  
AHS rcd 1 mtr 97 (412.9)

### Clint Bailey

Football Fullback  
(Univ of California); East Bay  
Cream of the Crop 88 #5

### Brooks Baker

Football Wide Receiver  
(UC Davis); All-Times 2007; Great  
West Conf Champs 09

### Jennifer Barbera

"Jenny"  
Soccer Forward  
(St. Mary's College); All-Times  
2000; AH ldr season goals 2000  
(20), 01 (28)

### Haley Barnes

Swimming Synchronized  
Member National Team 2007 & 08;  
Gold Medal Trio U. S. Age Group  
(13-15) Champs 2007

### Gavin Beeman

Football Defensive Back  
(Univ of California); All-Times  
2005; Pac-10 Co-Champs 06;  
Holiday Bowl Champs 06; Armed  
Forces Bowl Champs 07

### Colin Beerline

Swimming Medley/Breast  
(USC); NCS Champ 91 200 IM  
(1:51.51), 100 bs (57.24); AH rcd  
91 100 bs (56.72), 200 IM (1:51.51)

### Ron Bennett

Football Guard  
All-East Bay 71; North-South Prep  
All-Star Gm 72

### Katie Berge

Track 800mtrs  
(San Diego St); NCS Champ 2010  
(2:15.80)

### Bob Borghesani

FB/Basketball Forward  
(West Contra Costa JC & San Jose  
St); DVC HOF

### Jeff Borowiak

Tennis Doubles/Singles  
(Santa Monica JC & UCLA); NCS  
Champs 65; NCS Champ 66; State  
18 Champ 66; National Jr. Indoor  
Champ & Champs 66; Pacific Coast  
18 Champ & Champs 67; National  
Hard Court 18 Champ & Champs  
67; National Jr. Clay Court Champs  
67; U. S. Jr. Champ 67; State POTY  
66 & 67; USTA Singles Champ 67;  
NCAA Champ 70; NCAA Champs  
71; World Team Tennis 76; ranked  
#10 U. S. 74; Nor Cal Tennis HOF

### Lisa Broking

Basketball Center  
All-East Bay 81

### Carrie Brueckner

Softball Shortstop  
(UC Davis); All-Times 2003; Cal-  
Hi All-State 2003 (medium  
schools); daughter of Robert

Brueckner, Cal & Westmont College,  
bb player

### Brent Burns

Track Pole Vault  
(Univ of California); NCS Champ  
85 (15-8 1/4), 86 (16-71/4) & 87  
(17-0); State Champ 85 (16-2);  
2nd State Meet 86 (15-0-tie); State  
Sophomore AOTY 85; AHS rcd 87  
(17-8 1/2); Pac-10 Champ 89  
(17-6.1/4), 90 (18-1 1/4), 91  
(18.4. 1/2); prep pr 100mtrs 86 (10.9),  
lj 87 (21-7) ; Cal frosh rcd 88  
(17.5 3/4); Cal rcd (18-8 1/4); son  
of John Burns, Univ of Oregon  
javelin thrower

### John Cadwell

Football Guard  
(Oregon St); Dal Texans 61 (AFL)

### Ryan Callahan

Soccer Midfielder  
(Oregon St); All-Times 2005;  
Member three club State Champs;  
son of Tim Callahan, Univ of  
Colorado & UC Davis soccer player

### Dan Chamberlain

Soccer Goalkeeper  
(UC Santa Cruz); NCAA All-Region  
2003; NCAA West Region Champs  
2003; Head Coach UC Santa Cruz  
06-08 (44-12-2)

### Scott Christensen

Track Pole Vault  
(BYU); NCS Champ 82 (14-6);  
State Champ 82 (15-6); AH rcd  
82 (15-8); father of Alyssa  
Christensen, BYU track competitor

### Zack Clark

Football DB/WR  
(Univ of Nevada-Reno); All-Times  
2002 (db); Times AOTY 2003 (db);  
WAC Co-Champs 05 (wr); pro  
poker player

### Robert Clemons

Water Polo Goalkeeper  
(UC Davis); All-East Bay 2010

### Jerry Coakley

FB/BB/BK/Swm Coach  
(San Francisco St); Mount Diablo  
HOF (BB/FB); Head Coach various  
schools, Mount Diablo (29 years),  
Salesian, Clayton Valley (17 years-  
Def Co), Diablo Valley JC (83-94  
Def Co) & Los Medanos JC

### Ben Conley

Baseball Infielder  
(Univ of California); All-Times 98;  
Cal-Hi All-State 98; North-South  
All-Star Series 98; played of in  
college; son of Brian Conley, Harvard

# Contra Costa County

Univ wrestler; brother of Margaret Conley, Columbia Univ swimmer

## Tanner Cullen

Water Polo  
(Claremont-Mudd-Scripps Univ); All-East Bay 2011; AH ldr season 2011 goals (105), stls (76), asst (45)

## Joe Curley

Swimming Medley Relay  
(Diablo Valley JC & UOP); State JC Champs 400yd Medley relay 2008(3:23.10); State JC Champs 2008

## Katie Curtis

Basketball Guard  
All-Times 2003

## Garrett Deal

Golf  
(St. Mary's College); NCS Champ 96 (72-tie)

## Donna de Varona

"Pinto" (married name)  
Swimming Back/IM/Free  
(UCLA); Member Olympic Team 60 (youngest member at 13) & 64; Gold Medalist 64 400 IM (5:18.7-Olympic rcd) & 400 fs relay (NR); State Freshman AOTY 62; AP & UPI FAOTY 64; atnd Santa Clara High (SC) & swam for Santa Clara Swim Club, where won 37 titles; set 18 national rcds; founding member Women's Sports Foundation; EMMY for work at Special Olympics 91; Member Women's World Cup Organizing Committee 99; President Women's Sports Foundation 76-84, 1st female sportscaster on major tv 65 ABC; 1st female Olympic broadcaster 68, 2002; Theodore Roosevelt Award, highest award given by NCAA, #82 Sports Illustrated for Women Top 100 Athletes.; #25 on Cal-Hi Sports All-Time Top 100 California Women's Athletes; U. S. Olympic HOF; International Women's Sports HOF; San Jose Sports HOF; BASHOF; Santa Clara Unified School District HOF; Helms Foundation HOF; National Women's HOF; UCLA Alumni HOF; Sports Legends HOF; daughter of Dave de Varona, fb player Cal & PCFL & Member Cal HOF Crew 39; sister of actress Joanna Kerns, see Celebrity section

## Joe Dietrich

Water Polo Field  
(Delta JC & UC San Diego); All-East Bay 2010; NCS MVP 2010; brother of Richard Dietrich, UOP wp player; son of Joe Dietrich,

UOP HOF wp player

## Dan Earls

Track 400mtrs  
NCS Champ 88 (49.22); AHS rcd 87 (48.3)

## Mike Elderkin

Swimming Freestyle  
NCS Champ 75 200 fs (1:44.4)

## Ben Englehart

Baseball Shortstop/Inf  
(Diablo Valley JC UC San Diego); All-Times 2007 (ss); All-East Bay 2007 (inf)

## Anthony Fahden

Rowing 8-Oar  
(Dartmouth College); National Under-23 Team 2008-10; National Team 09 & 10; National Lightweight Team Champs 09

## Don Ferrarese

Baseball Pitcher  
(St. Mary's College); PCL Oakl Oaks 49, 53-55, Van Mounties 57; Balt Orioles 55-57, Clev Indians 58-59, Chi White Sox 60, Phil Phillies 61-62, StL Cardinals 62; West Tx-NMex Lg Champs 49; pitched 7 inn no-hit gm for Beaumont (Tx Lg) 55; won Lou Gehrig MVP Trophy in Hearst National Gm 53; played bk in college

## Mike Ferrif

Water Polo Hole Set  
(Univ of California); Jr Olympics Under-16 AA 2002; All-Times 2003; MPSF Champs 06; NCAA Champs 06 & 07

## Nick Ferrif

WP/Swimming Util/Fly/Breast  
(Univ of California); All-Times 2006; All-East Bay 2006; NCS Champ 07 100 bf (50.62-AH rcd), 07 100 bs (55.90-NCS rcd); Times Swim AOTY 07; Member New Zealand University Gms Team 09; Oceania Gms Gold Medalist 09 100 bf (NR); NCAA Champs 11; brother of Mike Ferrif, see above

## Jordan Fillmore

Basketball Forward  
(Univ of California & Diablo Valley JC); All-Times 2007; All-East Bay 2007; Chron All-Metro 2007; Metro Contra Costa Tri-Valley POTY 2007; AH ldr season 2007 pts avg (18.9), reb avg (13.9)

## John Finch

Wrestling 152lbs

(Cal Poly-SLO); Conf Champ 4 times; Conf. WOTY 71; NCAA Div 2 Champ 68-70; California Wrestling HOF; National Wrestling HOF

## Laura Fischer

Basketball Center  
Cal-Hi Div 3 All-State 2001

## Quinn Fitzgerald

Swimming Freestyle  
(Yale Univ); NCS Champ 99 200 fs (1:43.55), 500 fs (4:36.60); NCS Champ 2000 200 fs (1:41.09), 500 fs (4:32.12); AH rcd 01 200 fs (1:40.17)

## Shannon Fleet

Track Pole Vault  
(Cal Poly-SLO); NCS Champ 95 (10-6 1/4) & 96 (10-6 1/2-AHS rcd)

## Christopher Jacob Floethe

"Jake" (known by middle name)  
Baseball Pitcher  
(Fresno St & Cal St Fullerton); WAC Champs (FSU) 2008; College WS Champs 2008; Big West Champs 10; son of Chris Floethe, minor league baseball player; cousin of Taylor Twellman, MLS soccer player

## Devon Frazer

Lacrosse Middle  
(Univ of Oregon); All-East Bay 2011; AA 2011

## Lester Galer

"Les" (known by nickname)  
Baseball Pitcher  
(Univ of California); All-East Bay 97

## Carolyn Ann Georgian

"Papsie"  
Swimming Synchronized  
National AAU Under-12 Solo Champ 58 (age 7); National AAU Senior Champ (Indoor & Outdoors) 60 & 61; youngest senior solo champ 60 (age 14); Gold Medalist Team Pan American Gms 63; Synchronized Swimming HOF

## Piankhi Gibson

Swimming Butterfly/Free  
(Auburn Univ); NCS Champ 10 100 bf (49.50), 11 (48.63); 11 50 fs (20.61); AH rcd 2009 50 fs (21.07), 100 bf (49.07); son of Ta-Biti Gibson, Gonzaga Univ bk player

## Rich Goggin

Tennis Doubles  
NCS Champs 65

## Corey Harden

Rugby Center

# Contra Costa County

(Univ of California); NCAA Champs 2004

## Bruce Harding

Track Discus  
2nd State Meet (college weight) 49 (142-8 5/8)

## Dick Harding

Track Discus  
NCS Champ 41 (141-2 1/4)

## Roger Harding

FB/Track Center/LB/Discus  
(Univ of California); PCC So Div Champ 44 (140-6), All-PCC 44; All-Coast 44; East-West Shrine Gm 45; Oakl Giants 45 (PCFL); Clev Rams 45, LA Rams 46, Phil Eagles 47, Det Lions 48, NY Bulldogs 49, GB Packers 49; NFL Champs 45; also attnd Mt Diablo High (CC)

## George Harrison

Swimming IM/Back/Fr/BS  
(Stanford Univ); NCS Champ 54 150 IM (1:38.1), 100 bs (1:02.8), NCS Champ 55 200 fs (1:59.0), NCS Champ 56 150 IM (1:33.6), NCS Champ 57 150 IM (1:27.6), 100 bs (56.4); State Sophomore AOTY 55; State SOTY 55-57; National AAU Champ 400 IM 58 & 59; Member Olympic Team 56; Gold Medalist 800 fs relay 60 Olympics; U. S. rcd 150 IM 56 (1:31.8)

## Mike Heckman

Baseball Pitcher  
All-East Bay 82

## Peter Heizer

Basketball Guard  
(Diablo Valley JC & UOP); TSV Quakenbrueck 2002, Wuerzburger 03, Ulm 04-05, BG Illertal Weissenhorn 09-10 (Germany); Nijmegen Matrix Magic 06 (Netherlands), KR Reykjavik 07 (Iceland); Milton Keynes Lions (England) 08

## Tad Heydenfeldt

Baseball Pitcher  
(Univ of Arizona); All-Nor Cal 80; also All-East Bay 81 & 82 at Campolindo High (CC)

## Christina Hirano

Golf  
(Univ of Miami); NCS Champ 2003 (71); sister of Jessica Hirano, also member of UM golf team

## Julie Hoots

Track Shot Put  
NCS Champ 84 (39-0 1/2)

## Nick Hoversten

Water Polo 2-Meter  
(Stanford Univ); Member U. S. Cadet National Team 2006-07; Member Cadet Gold Medalist Team Youth Pan American Gms 07; Jr. Olympics Under-18 Gold Medalist 07; Jr. Olympics AA 07; All-Times 07 & 10; All-East Bay/North Bay 07-09, East Bay/North Bay POTY 09; Pan American Jr Gms Champs 08; National Club Championships MVP 08; All-East Bay 09 (util) & 10; East Bay POTY 09; Member Jr National Team 08-09; Prep AA 09; Cal-Hawaii AA 09

## Maureen Huber

"Mo"  
CC/Track 1600mtrs  
(Univ of Washington); NCS Champ Div 3 2004 (18:05); Times ROTY 05; NCS Champ 06 (4:58.21); AH rcd 2004 (4:57.41); daughter of Chris Huber Head Coach boys bk El Cerrito High (CC); mother, Peg, swam for Bowling Green Univ

## Nicole Hughes

Water Polo Driver/Field  
(Loyola Marymount Univ); All-Times 2003 & 04; All-East Bay/North Bay 04; Member National Jr Team 06; WHPA Champs 07 & 09; All-WHPA 08-09; WHPA POTY 09; WHPA Tournament MVP 09; LMU rcd goals gm 09 (8), season 09 (121), career (312)

## Bruce Johnson

Baseball Infielder  
(Univ of California); All-East Bay 77 & 78; All-Nor Cal 78; Cal MVP 80; Member Australia National Team; bb instructor; Cal rcd dbls season 79 (18)

## Joel Johnson-Stevens

Wrestling 106lbs  
NCS Champ 78

## Clay Kallam

Basketball Writer/Coach  
(UC Santa Barbara); Head Coach Bentley School (CC) 2002-06; Head Coach girls Campolindo High (CC) 07-; women's bk writer Associated Press, ESPN/Rise, Slam, Full Court Press; author "Girls Basketball: Building a Winning Program"

## Damian Toshiya Kellogg

"Toshi" (known by middle name)  
Cross Country  
(UC Davis); Big West Champs 2010

## Eric Kelly

Lacrosse Attack

Prep AA 93

## Rick Kepler

Tennis Doubles  
(USC); NCS Champs 84; ATP Tour; Member USPTA; Tennis Director Seascope Sports Club; winner 12 Master's doubles titles 94-; USTA National Champs 2001; Member Trabert National Team 07; ranked #1 men's doubles 35s to 40s 07; Member U.S. Team World Championships 09

## Ogden Kiesel

"Corky"  
Swimming Freestyle  
(Cal Poly-SLO); NCS Champ 56 50 fs (24.0)

## Mike Kimble

Water Polo 2-Meter  
(Bucknell Univ); All-East Bay 2009; All-East Bay/North Bay 2009

## Jeff Kintzer

Lacrosse  
(Lafayette College); Prep AA 98

## Don Kramm

"Pete"  
Basketball Center  
(St. Mary's College); All-Nor Cal 47

## Elizabeth Landry

Lacrosse Middle  
(UC Davis); All-East Bay 2010 & 11; All-MPSF 12; MPSF Newcomer of the Year 12; UCD rcd draw controls 12 (72), gm (12) vs Long Island Univ; UCD ldr 12 ground balls (37), caused turnovers (31)

## Diana LaScala-Gruenewald

Swimming Synchronized  
(Massachusetts Institute of Technology); National Duet Champs 2002; Member National Jr Team 06; National Jr. Trio Champs 06; diver in college

## Wayne Lavelle

Swimming Freestyle  
(UOP); NCS Champ 45 50 fs (25.9) & 47 (25.1); UOP rcd 400 med relay 49

## Chris LeClerc

Swimming Diving  
NCS Champ 90 (377.8)

## Kathy Lee

Track 800mtrs  
NCS Champ 87 (2:13.63)

## Suzanne Lehmkuhl

"Susie"  
"Beste" (married name)

# Contra Costa County

Track 800mtrs  
(UC Davis); NCS Champ 83  
(2:19.7); Member 100x1 (100  
miles) WR 97 (9:38.39); AH rcd  
81 (2:11.9)

## Graham Lindgren

Soccer Defender  
All-East Bay 2013

## Sara Linke

Swimming Freestyle/IM  
(Florida St); NCS Champ 79 500  
fs (4:53.89), 200 IM (2:08.20);  
80 200 IM (2:05.934), 100 fs  
(51.323); 82 200 IM (2:03.85),  
500 fs (4:50.39); National AAU  
Champ 82 200 fs (2:01.25); Silver  
Medalist Pan American Gms 87  
100 fs (NR), Bronze Medalist Pan  
American Gms 87 200 fs (NR);  
Gold Medalist 400 fs relay, 800 fs  
relay, 400 med relay Pan American  
Gms 87 (NR); FS rcd 83 200 bf  
(2:03.36), 84 1000 fs (10:00.01),  
200 fs (1:48.29), 500 fs (4:45.80);  
also NCS Champ at Del Valle High  
(CC) 78

## Lawrence Lucas

Track Shot Put  
NCS Champ 50 (52-0 5/8)

## Lindsey Macfee

Lacrosse Midfielder  
(Pepperdine Univ); U. S. Lacrosse  
AA 2006

## Michelle Maddux

Golf  
(Cal Poly-SLO); NCS Champ 2000  
(80)

## Dave Maggard Jr.

Basketball Forward  
(Univ of California); All-East Bay  
81; competed in track (shot put) in  
college; Police Chief of Irvine, CA;  
AHS ldr season 81 pts avg (15.4);  
AHS rcd discus 81 (173-2); son of  
Dave Maggard Sr., AD & Head  
Coach track Univ of California

## Shirley Matson

Track/Road 800mtrs/Marathon  
(Univ of California); did not compete  
in high school or college; 180 U. S.  
World age group rcds (ages 45-62) at  
distances 800mtrs to marathon;  
Running Times Age Group ROTY 84,  
86-88, 91, 92, 94, 96, 97, 2000-03;  
USAT&F Age Group ROTY 84, 88,  
90-93, 96, 97, 2000-03; Gwilym  
Brown Award 92; 1st woman to win  
Marin's Dipsea Race 3 times 93,  
2000, 01; Runners World American  
Master ROTY 96; USAT&F Masters  
HOF; Senior Athletes HOF; Dipsea  
Race HOF

## Andy McNeil

Volleyball  
All-Times 2004

## Ryan McShane

Football Offensive Line  
(Washington St); East Bay Cream  
of the Crop 93 #16

## Joe Millette

Baseball Shortstop  
(Diablo Valley JC & St. Mary's  
College); Phil Phillies 92-93; NL  
Champs 93; Founder Get Up & Go  
Baseball Academy

## Yvonne Millette

VB/BK/SB  
(St. Mary's College); Only SMC  
woman to letter in 3 sports all 4  
years; SMC HOF (vb)

## Katie Mitchell

Lacrosse Middle  
(UC Santa Barbara); All-East Bay  
2009; played attack in college

## Elena Mitschkowetz

Softball  
(Univ of California); Nor Pac  
Champs 79

## Corrie Mizusawa

Basketball Guard  
(St. Mary's College & Univ of  
Oregon); Cal-Hi All-State  
(freshman) 97; Cal-Hi All-State  
(sophomore) 98; Cal-Hi Div 3  
All-State 98-2000; All-East Bay 99;  
Cal-Hi All-State (junior) 99;  
All-Times 99 & 2000; Times POTY  
99; EX All-Metro 98-2000; EX  
Contra Costa POTY 99 & 2000; State  
Div3 POTY 99; WCC Champs 01;  
WCC FOTY 01; Head Coach girls  
Granada High (A) 07, Acalanes  
High 08-10; Pac-10 ldr asst 04  
(180); AHS rcd asst gm (14); SMC  
ldr season asst 01 (163), 02 (70);  
UO rcd asst gm 04 (14-tie); UO ldr  
career asst; played pro IS (Iceland)  
06

## Brian Monty

Water Polo Player/Coach  
(Univ of California); Prep AA 87;  
NCAA Champs 91 & 92; Head  
Coach Acalanes High 96-09; Times  
COTY 2005; NCS Honor Coach 10

## Robert Mull

Lacrosse Defender  
(Santa Barbara JC); All-East Bay  
2009; Prep AA 2009

## Lynsey Musante

Soccer Defender

(Holy Names Univ); Cal Pac Co-  
Champs 2006; also atndd Las  
Lomas High (CC)

## Harry Neilsen

Track Discus  
3rd State Meet (college weight) 50  
(127-6)

## Eric Nemanic

Baseball Pitcher  
All-Times 91

## Scott Nesbit

Water Polo  
(Univ of California); NCAA  
Champs 73; brother of Don Nesbit,  
Cal wp player; father of Andrew  
Nesbit, Cal wp player

## Charlotte Niewold

Swimming Free/Butterfly  
NCS Champ 93 50 fs (24.37), 100  
bf (57.17); AH rcd 50 fs 93 (24.37)

## Dan O'Brien

Baseball Coach  
(UC San Diego); Head Coach UC  
San Diego 98-11 (454-283-1);  
CCAA Champs 09-11; West  
Regional Champs 05, 09-121;  
CCAA COTY 10-11; West Region  
COTY 10-11; National College BB  
Writers Assoc NCAA Div 2 COTY  
10-11; Head Coach Univ Santa  
Clara 12-

## Mateaki Ofahengaue

Rugby Prop  
(Univ of California); NCAA Champs  
2001 & 02

## Ali Ousley

Lacrosse Midfielder  
(Cornell Univ); U. S. Lacrosse AA  
2005

## Gina Panacci

Swimming Freestyle  
(Mesa St); Rocky Mountain Conf  
Champ 2009 500 fs (NR), 1000 fs  
(NR)

## Dana Panfili

Basketball Guard  
(UC Santa Barbara); All-East Bay  
81; UCSB ldr season ft pct 84  
(.778), 85 (.933)

## Jenny Park

Golf  
"Choi" (married name)  
(UCLA); Nor Cal Champ 90 (76);  
Futures Tour; LPGA Touring Pro; golf  
instructor

## Tony Patch

Swimming Freestyle

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NCS Champ 70 100 fs (48.7) & 71 (48.55)

## Tom Philbert

Track Pole Vault  
3rd State Meet 76 (14-10-tie); AHS rcd 76 (15-1)

## Nelson Piquet Souto-Maior

"Piquet" (known by mother's maiden name)  
Auto Racing Driver  
Pro driver 78-91; Formula 1 Champ 81, 83, 87; International Motorsports HOF; played tennis in high school; father of race car driver Nelson "Nelsinho" Piquet

## Tyson Poor

Lacrosse Attack  
(Chico St); Prep AA 2001; pro wind surfer

## Derek Poppert

Baseball 3B/Shortstop (USF); WCC All-Freshman Team 2007 (3b); All-WCC 09 (ss); WCC Champs 11; played minor league baseball; Appalachian Lg-East Div Champs 10; USF ldr season 09 trpls (3), rbi (52)

## Molly Quinn

Water Polo Defender  
(Univ of California); All-East Bay 2011

## Eric Ramp

Basketball Forward  
(UC Davis); All-Times 99; Cal-Hi Div 3 All-State 99; leg injury prevented him from playing in college

## Scott Reich

Swimming Diving  
(SMU); NCS Champ 71 (474) & 72 (556.1); Member National Sr. team 75-80; NCAA Sr. Champ 1mtr springboard 77; Head Coach diving SMU 81-82, Auburn Univ 82-84, Univ of Miami 84-89, LSU 92-02 & Univ of Arkansas 03-08; Olympic diving coach 84, 88, 82, 96; SEC Diving COTY 83, 92, 2000, 01; Natl Independence Conf diving COTY 86-88; NCAA Diving COTY 2000, Head Coach National Teams of Argentina, Brazil, Canada, Japan, Holland, Venezuela, Belgium, Australia, Bolivia & Puerto Rico

## Pat Reilly

Water Polo Driver  
(Diablo Valley JC & Loyola Marymount Univ); All-East Bay/North Bay 99; JC AA 02; WWPA Champs 2003 & 04; brother of

Catherine Reilly, St. Mary's College wp player, son of James Reilly, USF & Cal soccer player, & Karen Reilly, Cal swimmer

## Connor Ring

Rugby Wing  
(Univ of California); NCAA Champs 2010; College PremierDiv West Conf Champs 11; College Premier National Champs 11

## Bryan Schnugg

Water Polo Attack  
(Univ of California); All-NCS 2006; MPSF Champs 10; son of John Schnugg, Cal wp player; cousin of Charlie Steffens, see Monte Vista High (CC)

## Rob Schwiers

Lacrosse Defender  
(Cal Poly-SLO); Prep AA 94

## Tim Scott

Golf Coach  
Head Coach boys & girls Acalanes High 87-; NCS Champs 2002 & 03; Times COTY 03 & 05

## Emily Shearer

Track 1600mtrs  
(Cornell Univ); NCS Champ 2010 (4:55.98-prep pr); CU rcd 3000mtrs 12 (9:25.95)

## Seth Siegel

Tennis Doubles  
NCS Champs 84

## John Siegfried

Water Polo Driver  
(Univ of Oregon); All-Times 2002; All-Collegiate WP Assoc. 06 & 07; All-Collegiate Water Polo Assoc Northwest Div MVP 07

## Grant Siler

Track 180ydLH  
NCS Champ 50 (20.3)

## Jeff Sloat

Swimming Freestyle  
(Claremont McKenna College); 400mtrs Relay Champs 2008 (NR); SCIAC Champs 2008

## Tyler Sorensen

Race Walk Mile/1000mtr  
National Scholastic Indoor Champ 2009, 10 (6:23.62); Member National Jr Olympics Team 10; Ranked #1 U. S. 10 (45:52.61); National 15-19 age group 15k rcd 2009 (1:12.57); National high school rcd 3000mtr race walk 11 (12:03.2)

## Logan Spittler

Soccer Goalkeeper  
(Cal Poly-SLO); All-East Bay 2010

## David Stanton

Motorcycle Rider  
Pro racer 89-97, 2000-; Suzuki GSXR 1100 Cup National Champ 96; four-time American Federation of Motorcyclists Cup Champ; National Endurance Champ

## Barbara Stark

"Jordan" (married name)  
Swimming Backstroke  
(Univ of California); Member Olympic Team 52; youngest person (15) to represent US in Olympics 52; National AAU Indoor Champ 200 bs 52 (2:27.5), 53 (2:27.0); 100 bs 53 (1:08.7); State SOTY 52 & 53; State Sophomore AOTY 53; State AOTY 53; won 9 National titles; World Master's Champ 2 bs races 88; Head Coach women Univ of California; Cal scholarship named in her honor; Cal HOF; mother of Hartwell Jordan, see Piedmont High (A)

## Kristen Stern

Water Polo Goalkeeper  
(Univ of California); MPSF Champs 2011

## Mike Stone

Baseball Catcher  
(Marin JC); All-Times 2007; Cal-Hi All-State 2007 (medium schools)

## Abby Stretch

Soccer Midfielder  
(Chico St); CCAA Champs 2007

## Sam Stronberg

Swimming Butterfly  
(UC San Diego); PCSC Champs 2009-11

## Molly Stryker

"Shearer" (married name)  
Swimming Freestyle  
(Dartmouth College); NCS Champ 91 100 fs (52.79); DC rcd 200 medley relay 92 (1:47.09), 200 fs 92 (1:54.53); DC ldr 92 100 fs (53.60)

## Charlie Tickner

Ice Skating  
U. S. Champ 77-80; World Champ 80; Bronze Medalist Olympics 80; pro skater with Ice Capades; U. S. Figure Skating HOF

## Denny Toll

Wrestling Heavyweight  
NCS Champ 60

## Charles Trippe

# Contra Costa County

Tennis Singles  
NCS Champ 60

## J. R. Turner

Baseball Infielder  
All-East Bay 82

## Becky Twohey

Volleyball Setter  
(UC Santa Barbara); All-Times  
2000; Big West Champs 02

## Grace Upshaw

"Tyler" (married name)  
Track Long Jump  
(Univ of Oregon & Univ of  
California); USA Indoor Champ  
2002 (21-0 1/2); USA Outdoor  
Champ 03 (21-9 1/2); Member  
Olympic Team 04 & 08; U. S.  
Outdoors Champ 05 (21-11 3/4)  
& 07 (22-1 1/2)

## Joy Upshaw

"Margerum" (married name)  
Track/CC Hurdles/LJ/Sprints  
(Cal St Hayward); Head Coach track  
Menlo College, Punahou School,  
Hawaii Prep Academy; Hawaii Girls  
CC Champs 93 & 94; Hawaii Track  
Champs 95 (all at Hawaii Prep  
Academy); U. S. 60mtr rcd (Age  
35-39) 96 (9.56); U. S. 400mtr Hurdle  
rd (Age 35-39) 96 (65.13); Gold  
Medalist World Masters 2007  
(17-3 1/2); Silver Medalist World  
Masters 2007 (12.97); Bronze  
Medalist World Masters 2007  
(26.39), 80mtrsHH (12.12);  
Masters (50-plus) Champ 11  
(17-10 1/4-WR); AHS rcd 100mtrs 76  
(12.6), 1j 77 (17-3), 800mtrs 79  
(2:19.8), 400mtrs (59.0), 300mtrsLH  
(46.7); wife of Ken Margerum, pro fb  
player; mother of Sunny Margerum,  
see Gunn High (SC); sister of Grace  
Upshaw, see above; sister of Merry  
Upshaw, Linfield College rcd 800mtrs  
(2:12); sister of Chip Upshaw, track  
athlete Santa Barbara JC; daughter of  
Monte Upshaw, see Piedmont High  
(A), daughter of Carol Upshaw,  
founder/Artistic Director Shakespeare  
for Kids Program

## Merry Upshaw

"Irwin" (married name)  
Track 800mtrs  
(Linfield College); Northwest Conf  
Champ 95 (2:15.40); LC rcd 95  
(2:12.83); sister of Joy Upshaw, see  
above

## Scott Vallely

Football Linebacker  
(Colorado St); East Bay Cream of  
the Crop 93 #20; U. S. Army Pfc  
was killed 2004 during special  
forces training

## Norm Van Brocklin

"The Dutchman"  
"Stormin' Norman"  
Football QB/P/Coach,  
(Univ of Oregon); PCC Co-Champs  
48; College All-Star Gm 49;  
College All-Star Gm 69 (Head  
Coach); LA Rams 49-57, Phil  
Eagles 58-60; NFL Champs 51;  
Bert Bell; Award 60; Pro Bowl 9  
times; Head Coach Minn Vikings  
61-66 (29-51-4), Atl Falcons 68-74  
(37-49-3); NFL Champs 60; NFL  
MVP 60; UO ldr season pass yds  
47 (939), 48 (1,010), 47 punt avg  
yds (40.1); NFL rcd yds passing  
gm vs NY Yanks 51 (554); NFL ldr  
punt avg 55 (44.6) & 56 (43.1),  
passing 50, 52, 54; #33 on  
CNNI.com 20th Century State of  
Calif 50 Greatest Sports Figures;  
NFL All-Decade '50s; College FB  
HOF; Pro FB HOF; Univ of Oregon  
HOF; Helms Foundation HOF;  
Oregon Sports HOF

## Maggie Van Zeeland

Track High Jump  
(Univ of California); NCS Champ 79  
(5-8) & 81 (5-11); 2nd State Meet  
81 (5-9); NCS rcd (5-11) 81

## Trevor Wagner

Water Polo Driver  
(Loyola Marymount Univ); WWP  
Champs 2003 & 04

## Alicia Walker

Swimming Free/Butterfly  
(Univ of California); NCS Champ  
87 50 fs (23.44) & 86 100 bf (56.7)  
& 87 (56.12); AH rcd 86 50 fs  
(23.76), 100 bf (56.12)

## Erika Wesley

Soccer Defender  
(Univ of San Diego); WCC Co-  
Champs 2011

## Mike White

Football Coach  
(Univ of California); Head Coach  
Cal 72-77 (35-30-1), Univ of Illinois  
80-87 (47-41-3), Oakl Raiders 95-96  
(15-17-0); Pac-8 Co-Champs 75;  
Head Coach (West) East-West Shrine  
Gm 76; Sporting News COTY 75;  
UPI COTY 83; Big-10 Champs 83;  
competed in bk, track & rugby in  
college

## David Willette

Fencing Foil  
(Penn St); Member Cadet National  
Team 2008; Jr. World Cup Points  
Winner 10; Jr. National Champ 13

## Doris Willette

Fencing Foil  
(Penn St); Member National Junior  
Team 2005 & 06; Member National  
Senior Team 06; NCAA Champ 07  
& 09; Member Olympic Team 08;  
Pan-American Team Champs 11;  
sister of David Willette, see above

## Ray Williamson

Track Shot Put  
NCS Champ 54 (54-7 1/8)

## Grace Woods

Water Polo  
(UCLA); All-East /North Bay 99;  
NCAA Champs 2000 & 01

## Lauren Zuckerman

Soccer Midfielder  
(Gonzaga Univ); All-Times 04;  
GU Defense MVP 2004; GU MVP  
06; AH ldr season 2003 goals (15),  
asst (9)

## Alhambra High Bulldogs Martinez (estab. 1901) (formerly Panthers)

## Jordan Abed

Wrestling 152lbs  
(Cal St Fullerton); NCS Champ  
2007; son of Yousseff Abed, Head  
Coach Alhambra High; brother of  
Stephanie Abed, Chico St wp player

## Anthony Aires

Football Running Back  
(Sacramento St); All-Times 96;  
Cal-Hi All-State (medium schools)  
96

## Vince Albanese

Baseball Pitcher  
All-East Bay 77

## Jack Amato

Trapshooting  
State Trapshooting Champ 69;  
cousin of Joe DiMaggio, see  
Galileo High (SF)

## Josh Atkinson

Football Linebacker  
(BYU & Diablo Valley JC); All-Times  
2006; did not play at BYU

## John Balderston

Baseball Pitcher  
(Santa Clara Univ); All-Nor Cal 77;  
SCU ldr season starts 79 (8), era 80  
(4.02)

## Teddy Ballin

Football Defensive Back  
(Diablo Valley JC & BYU); Times  
96 & 97; EX All-Metro 97; All-East  
Bay 97; did not play at jc or college

# Contra Costa County

## Tom Barlettani

Old Alhambra Club HOF

## David Baum

Football Wide Receiver  
(Stanford Univ); All-Nor Cal 75

## Lauren Brown

Swimming Freestyle  
(Diablo Valley JC & UC San Diego);  
State JC Champs 2008 200yd fs Relay  
(1:39.06), 400yd fs relay (3:37.75);  
State JC Champs 2008

## Brad Brozaitis

Football Offensive Line  
(Univ of Washington); EX All-Metro  
91; All-Times 91; All-East Bay 91;  
Cal-Hi All-State (medium schools)  
91; East Bay Cream of the Crop 92  
#3; serious back injury ended career  
94

## Andy Bruno

Golf  
(Univ of Puget Sound); NCS  
Champ 97 (72)

## Richard Calhoun

Football Running Back  
(Diablo Valley JC); All-East Bay  
2009

## Samantha Capozzo

Swimming Butterfly/Free  
(UC Davis); Big West Champs  
2010; MPSF Champs 11

## Brian Cawaring

Baseball Outfielder  
(Diablo Valley JC & UC Davis);  
All-Times 95; played fb (lb) in jc  
& college

## Stephanie Cazares

Softball Infielder  
All-Times 95

## Karla Chaparro

Softball Infielder  
(Cal St Northridge); All-Times  
2006; CSN ldr season 09 sb  
(11-tie), sh (9-tie), hbp (9-tie)

## Luis Chavez

Soccer Midfielder  
All-Times 2000

## Cynthia Cline

Tennis Singles  
(Diablo Valley JC); NCS Champ 91

## Michael Collins

Swimming  
(U.S. Naval Academy); Old Alhambra  
Club HOF; Navy Seal killed in  
Vietnam War 71; Captain Academy  
swim team; won four titles All-Navy

Championships 1970; Naval  
Amphibious Swim Pool at Coronado  
Naval Station named in his honor

## Zach Coniglio

Track Shot Put/Discus  
(Sacramento St); NCS Champ 2010  
(57-0), (186-0)

## Ladell Connor

Football Wide Receiver  
(Cal St Hayward); All-East Bay 81;  
All-Nor Cal 81

## Steve Contreras

Football Defensive Line  
All-East Bay 77; All-Nor Cal 77

## Louis Cooper

Football Guard  
All-Nor Cal 76

## Bob Coultas

Football Defensive End  
(Diablo Valley JC); All-East Bay  
67; played baseball (p/of) in  
college

## Mike Crepeau

Football Quarterback  
(Univ of California); All-East Bay  
86; EX All-Bay Area 86

## Trevor Davis

Football Wide Receiver  
(Univ of Hawaii); East Bay Cream  
of the Crop 2011 #20

## Nathaniel Dean

Swimming Diving  
(Univ of California); NCS 1mtr  
Champ 99 (439.60), 2000 (425.45)  
& 01 (437.85)

## Rachel DeChristofaro

Soccer Midfielder  
(Holy Names Univ); Cal Pac  
Co-Champs 2011

## Joseph De Graef

"Hans"  
Soccer GK/Coach  
(Sacramento St); Played pro in  
Spain 7 seasons; father of John de  
Graef, pro player

## Denny DeMartini

Baseball Pitcher  
(UNLV); All-Times 92; All-East  
Bay 92; UNLV ldr season 93 gms  
(22), 95 losses (9)

## Ron DeMonner

Football Coach  
(San Jose St); Head Coach Mitty  
High (SC) 69-76 (51-30-0) &  
Fremont High (SC) 95-2001 & 06-  
(36-52-2); 20+ years asst coach

Santa Clara Univ & San Jose St;  
CCS Honor Coach 10 Mitty HOF

## Joe Dunn

Football Defensive Line  
(Univ of Nevada-Reno); All-East  
Bay 90; EX All-Metro 90; All-Nor  
Cal 90; Cal-Hi All-State (medium  
schools) 90

## Anthony Ertola

Football Center  
(Willamette Univ); Northwest  
Conf. Champs 2008; son of Pat  
Ertola, Alhambra High AD and  
basketball coach

## Art Estrada

Wrestling/FB Hwt/DL  
(Stanford Univ); NCS Champ 72;  
North-South Prep All-Star Gm 72

## Ken Fahr

Football Linebacker  
All-East Bay 77

## Douglas Fields

Soccer Administrator  
Helped organize youth soccer in  
Livermore area; CYSA State Cup  
Committee Chairman 78-85, CYSA  
District III Commissioner 83-88;  
soccer referee; CYSA HOF

## Jim Flores

Baseball Shortstop  
(Diablo Valley JC & Fresno St);  
All-East Bay 76; All-Nor Cal 76;  
played minor league baseball;  
Calif Lg-South Div Champs 82;  
DVC HOF

## Terry Foreman

Golf  
(San Jose St); European Pro Tour  
1984-86; Antioch City Champ 03;  
played in four U.S. Amateurs & two  
British Amateurs

## Sean Fowler

Wrestling Heavyweight  
(Diablo Valley JC & Los Medanos  
JC); NCS Champ 93

## Marisa Furtado

Softball Outfielder  
(Chico St); All-East Bay 2008;  
Cal-Hi All-State 2008 (medium  
schools)

## Nikki Gentile

Softball Infielder  
(Univ of Iowa); All-East Bay 2009 &  
10; granddaughter of Jim Gentile,  
MLBB player, see Sacred Heart High  
(SF)

## Dave Gilbert

Baseball Pitcher

# Contra Costa County

All-East Bay 89; Oakl Tribune  
POTY 89; All-Nor Cal 89; All-State  
89; Head Coach Alhambra High;  
Men's Senior National Champs

## Rich Gooch

Track Shot Put  
NCS Champ 67 (57-11)

## Laura Gordon

Soccer Midfielder  
(USF & UC San Diego); CCAA  
South Co-Champs 2011

## Tony Gratton

Football Center/DL  
(San Jose St); All-East Bay 90 &  
91; EX All-Metro 90 & 91; All-Times  
91 (both ways); East Bay Cream of  
the Crop 92 #13; back injury ended fb  
career

## Anthony Green

Football/Bk DB/Guard  
(Univ of California); All-East Bay  
73 (fb); Pac Co-Champs 75; AH red  
bk pts gm 74 (41-tie), career 73-74  
(1,035); UC ldr season pass int 75  
(3-tie), 76 (5), 77 (3)

## Claude Greerty

Football Halfback  
(St. Mary's College); FWC Champs  
25

## Tom Greerty

Football Offensive Line  
(Diablo Valley JC & Oregon St);  
All-Golden Gate Conf 65; DVC HOF

## Dan Giffin

Wrestling 119lbs  
NCS Champ 82

## Matt Giffin

Wrestling 154lbs  
(Sierra JC); NCS Champ 2005

## Morgan Groth

CC/Track Mile/1500mtrs  
(Clark JC-Wash & Oregon St); NCS  
CC Champ 60 (9:32.2); NCS  
Champ 61 (4:14.4); 2nd State Meet  
61 (4:15.2); AH & NCS rcd 61  
(4:10.0); Northwest JC Champ 62  
(4:22.1); NCAA Outdoor Champ mile  
63 (4:05.3) & 1500mtrs 64 (3:40.4);  
Pac-8 Champ 65 880yd (1:47.5);  
Member Olympic Team 64;  
National AAU Champ 880yds 65  
(NR); U. S. Jr rcd 800mtrs (1:47.5)  
& 880yds (1:48.2); Pac-8 rcd 800mtrs  
64 (1:45.7); OSU HOF

## Brittany Hale

Softball Outfielder  
(Dominican Univ); All-Times  
2005; DU ldr season 08 ab (128),  
hits (37-tie)

## DeVallon Harper

Baseball Pitcher  
(St. Mary's College & Texas  
Wesleyan Univ); All-East Bay 75;  
All-Nor Cal 75; played minor  
league baseball; South Atlantic  
Lg-South Div Champs 82;  
Southern Lg-West Div Champs 85;  
SMC ldr season 77 so (103), 78 ip  
(106 1/3), cg (8); Sally Lg ldr  
season 82 ip (174), starts (24),  
so (196)

## Mike Hart

Football Defensive Line  
All-East Bay 81; Old Alhambra Club  
HOF

## Hayley Hill

Soccer Defender  
(Holy Names Univ); Cal-Pac  
Champs 2009; Cal Pac Co-Champs  
11

## Bob Hilson

Football Official  
(Sacramento JC & COP); prep fb  
& bk official; Contra Costa FB  
Officials Assoc HOF

## Jim Hornsby

Football Tackle  
All-East Bay 70

## Tom Hornsby

Football Tackle  
All-East Bay 79

## Jennifer Jones

"Jenni"  
Basketball Guard  
(USF); All-Times 2002; ANG Best  
of the Best 2002; Cal-Hi Div 3  
All-State 2002; cousin of Ickey  
Woods, pro fb player & Tom  
Goodwin, ML bb player

## Jessica Jones

Basketball Forward  
(Sonoma St); Chron All-Metro  
2001; Chron Contra Costa POTY  
2001; All-Times 2001; Cal-Hi Div  
3 All-State 2001; CCAA FOTY 02;  
SS ldr season 02 fg (145), fg att  
(340), 3pt pct (.403), stls (62),  
gms (29), reb avg (13.0), 03 reb  
avg (11.4), 04 reb avg (14.6), ft  
pct (.781)

## Robert Joost

Track 880yds  
(Marin JC); NCS Champ 38 (2:02.7)

## Stanley Joyner

Football Running Back  
(Diablo Valley JC, San Jose St &  
Humboldt St); JC All-State 98

## Ken Kearns

Football Quarterback  
(UC Davis); All-Times 96; Times  
POTY 96; EX All-Metro 96; All-East  
Bay 96

## Nate Kilmer

Football Punter  
EX All-Metro 94; Cal-Hi All-State  
(medium schools) 94

## Justin Kinder

Football Center  
(Los Medanos JC); EX All-Metro  
95

## Jenny Laible

Softball Infielder  
All-East Bay 90

## Al Lakeman

Baseball SS  
Old Alhambra Club HOF

## Anthony Lastrico

Football Linebacker  
(Los Medanos JC); All-Times 96;  
All-East Bay 96; EX All-Metro 96;  
Cal-Hi All-State (medium schools)  
96

## Michael Lawson

Basketball Guard  
(Diablo Valley JC); Cal-Hi Div 4  
All-State 99; Cal-Hi Div 3 All-  
State 2000; AHS red gm 99 pts  
(50), fg (19-tie), career 97-99  
(2,104)

## Jared Leaf

Football Linebacker  
(Univ of Hawaii); All-East Bay  
2010; East Bay Cream of the Crop  
11 #11; AHS ldr season 2010 rush  
yds (1,347), tds (19)

## Zach Leske

Baseball Infielder  
(Sacramento JC & Univ of  
Oklahoma); All-Times 96

## Evan Lippow

Baseball Outfielder  
(Point Loma Nazarene Univ);  
GAC Champs 2009

## Anastasia Lobsinger

Wrestling 154lbs  
NCS Champ 2012; member Team  
USA 13; sister of Katerina Lobsinger,  
Team USA wrestler 13

## Tony LoForte

Football Guard  
All-East Bay 90; All-Nor Cal 90

## Amy Loper-Riley

"Ortega" (married name)  
Cross Country



# Contra Costa County

(UC Davis); NCS Div 4 Champ 98 (18:43)

## Dominic Lucido

Water Polo  
(Univ of California); All-East Bay 2011; AH red goals season 2011 (99); career 2008-11 (214); season ldr stls 11 (76)

## John Lucido

BB/Football 2B/QB/DB  
(UC Davis); All-East Bay 75 fb (both ways); All-Nor Cal 75 (db); All-East Bay 76 (bb); FWC Champs 78-80 (fb); Old Alhambra Club HOF; nephew of Jack Amato, see above

## Erin McLaughlin

Track 400mtrs  
(Chico St); NCS Champ 88 (58.82)

## Rich McLaughlin

Track Long Jump  
Old Alhambra Club HOF; AHS red 25 years

## Tyson McGuire

Football Tight End  
(St. Mary's College & Univ of Redlands); All-East Bay 2000; All-SCIAC 06

## Tom Mercure

Football Defensive End  
(Univ of Oregon); All-East Bay 69; EX All-Bay Area 69; North-South Prep All-Star Gm 69; played lb in college

## Lawrance Miller

"Larry"  
Wrestling/FB Hwt/DL  
(Gray's Harbor JC & Univ of Montana); Nor Cal Champ 67; Big Sky Champ; All-Big Sky 69 & 70 (fb); UM Larry Miller Award (best defensive lineman) named in his honor; Alhambra High wrestling tournament named in his honor; Big Sky Silver Anniversary FB Team 87; Old Alhambra Club HOF

## Cliff Norman

Football Linebacker  
All-East Bay 74; All-Nor Cal 74

## Hiro Okawachi

Track High Jump  
Old Alhambra Club HOF; AHS red 30 years

## Brandon Pack

Football Linebacker  
All-Times 94

## Gabe Palma

Baseball Pitcher  
(St. Mary's College); All-Times 99; Times POTY 99; All-East Bay 99; Cal-Hi All-State 99 (medium schools)

## Angelo Peccianti

Football Fullback  
(USC); PCC Champs 38; Rose Bowl Champs 39; actor in 36 movie, "Rose Bowl"

## Anthony Pellegrini

Football C/LB  
Old Alhambra Club HOF

## Kylee Perez

Softball Infielder  
(UCLA); All-East Bay 2011; Cal-Hi All-State 2011; Cal-Hi All-State (underclass & medium schools) 2011

## Alturo Pistochini

Old Alhambra Club HOF

## Frank Pistochini

"Hank"  
Athletic Trainer  
DVC HOF

## Maurice Poyadue

Football Defensive Line  
(Fresno St); East Bay Cream of the Crop 2011 #14

## Dave Pruett

Football Linebacker  
All-Times 91

## George Raya

Football Defensive Line  
(UOP); All-East Bay 72

## Calvin Riemcke

"Cal"  
Basketball Center/Coach  
(Univ of California); PCC Champs 46; PCC So Div Champs 48; Oakl Bittners (AAU) 48; Head Coach Alhambra & Oxnard Highs (103-62), Marin JC (199-136), Whitworth College (82-94); founding member & president of California Community College Men's Bk Coaches Assoc; author "The Guard Freedom Offense for Winning Basketball;" CCCBCA HOF; Marin JC HOF

## Margaret Ridge

Roller Skating Skater  
Amateur with Martinez Figure Skating Club; State amateur ladies pair & novice pair Champs 45; Pro with Hollywood Skating Revels

47; skating teacher Del Monte Rollerdomo in Monterey 47

## Kirk Rippee

Baseball Catcher  
All-Nor Cal 75

## Don Robinson

Football Halfback  
(Univ of California); PCC Champs 49 & 50; East-West Shrine Gm 52; Old Alhambra Club HOF

## Mark Rueb

Football Quarterback  
(Cal Poly-SLO); All-East Bay 90; EX All-Metro 90; EX East Bay & Metro POTY 90; All-Nor Cal 90; Cal-Hi All-State (medium schools) 90

## Brandon Rutley

Football Running Back  
(San Jose St); All-Times 2005; Times OPOTY 2005; Cal-Hi All-State 2005 (juniors); All-WAC 11; SJS ldr ko ret yds avg 08 (26.7)

## Mike Sharrock

"Shag"  
Old Alhambra Club HOF

## John Schulte

Football Defensive Line  
All-East Bay 75

## Jeff Shoeneman

Swimming Diving  
NCS Champ 86 (411.60)

## April Sincich

"Howard" (married name)  
Softball Infielder  
All-East Bay 88

## Nicole Smith

Soccer Defender  
(San Francisco St); CCAA Champs 2010

## Kellie Stephens

Cross Country  
(Chico St); CCAA Champs 2004

## Robert Stephenson

Baseball Pitcher  
(Univ of Washington); Cal-Hi All-State (medium schools) 2010; Cal-Hi All-State (underclass) 2010; Cal-Hi State POTY 2011; AFLAC All-American Classic Gm 2010; All-East Bay 11; East Bay POTY 11; Gatorade State POTY 11; Cal-Hi All-State 11; Cal-Hi All-State (medium schools); 1st rd pick (27th overall) 11

## Marcel Stewart

Football Running Back

# Contra Costa County

(San Jose St, Diablo Valley JC & Univ of Oregon); EX All-Metro 91; All-Times 91; East Bay Cream of the Crop 92 #14

## Scott Telles

Swimming Diving  
(Chico St); NCS Champ 87 (389.89)

## Charlie Tourville

Fb/BK  
Old Alhambra Club HOF; won 16 varsity letters

## Paige Tully

Track 1600mtrs  
(UC Davis); NCS Champ 83 (5:00.5)

## Norval Turner

“Norv”  
Football DB/Coach  
(Univ of Oregon); EX All-Bay Area 69; All-East Bay 69; Head Coach Wash Redskins 94-2000 (52-59-1), Oakl Raiders 04-05 (9-23), SD Chargers 08-12 (50-60); Head Coach (North) Senior Bowl 05; UO ldr season 74 pass yds (1,261); Old Alhambra Club HOF; father of Scott Turner, UNLV qb; brother-in-law of Dave Silveria, Alhambra High fb coach

## Ron Turner

Football WR/Coach  
(Diablo Valley JC & UOP); Head Coach San Jose St 92 (7-4-0); Univ of Illinois 97-2005 (35-57-0); MicroPC Bowl Champs 99; Big 10 Champs 2001; Big 10 COTY 2001; Head Coach (East) East-West Shrine Gm 02; UOP ldr season pass recep 75 (19) & 76 (21); DVC HOF; father of Cameron Turner, fb player at The Citadel; brother of Norval Turner, see above; uncle of Chris Turner, Head Coach fb Ygnacio Valley High (CC)

## Dave Tyre

Football Defensive Back  
All-East Bay 67

## Jeff Van Gundy

Basketball Coach  
(Yale Univ, Menlo JC & Nazareth College); Head Coach McQuaid Jesuit High School-NY86; Head Coach NY Knicks 96-2001 (248-172); Hou Rockets 04-07; (182-146); TNT bk analyst; graduated high school in New York; Menlo JC HOF; Nazareth Sports HOF

## Stan Van Gundy

Basketball Guard/Coach  
(New York St-Brockport); All-Nor Cal 77; Head Coach Castleton St

84-86, Univ of Massachusetts-Lowell 88-92 (54-60), Univ of Wisconsin, Mia Heat 2004-06 (112-73), Orl Magic 08-12 (249-135); Head Coach NBA East All-Stars 05, 10; AHS rcd career 75-77 pts (1.054); brother of Jeff Van Gundy, see above; son of Bill Van Gundy, Head Coach bk Alhambra High & New York St-Brockport

## Elliott Waterman

Baseball Pitcher  
(USF); WCC Champs 2011; USF ldr season 2011 wins (6-tie)

## Mark Watson

Football RB/Coach  
Head Coach fb Oak Ridge High (Sacramento); SacBee COTY 96; Old Alhambra Club HOF

## Frank Weitz

Football Defensive Back  
All-East Bay 86

## Aaron Westphal

Wrestling 130lbs  
NCS Champ 2008

## Ben Williams

Basketball Forward  
(Westmont College); All-East Bay 91; All-Times 91; All-Nor Cal 91; Cal-Hi Div 4 All-State 91; AH rcd gm 91 pts (47), fg (19); ldr pts career (1,517); ldr season pts avg 90 (23.4)

## Jerry Wolter

Football Guard  
All-Nor Cal 58

## Rebecca Zamolo

CC/Track Steeplechase  
(DVC & UC Santa Barbara); Big West CC Champs 2004; SJ SabreCats cheerleader 2000-02; pro actress

## Antioch High Panthers Antioch (estab. 1932)

## Perry Anderson

Track 1600mtrs  
Antioch Sports Legends HOF; AHS rcd 72 (4:19.44); prep pr 800mtrs (1:56.14), 3200mtrs (9:27.64)

## Stephanie Andrews

Softball Utility/Pitcher  
All-East Bay 90-92; East Bay POTY 92; All-Times 91 & 92; Cal-Hi All-State 93

## Tom Anello

Baseball Catcher

All-East Bay 73

## Derron Ard

Baseball Infielder  
(Solano JC & Missouri Baptist Univ); JC All-State 11; SJC ldr season 2010 BAvG (.395), trpls (7), 11 trpls (5), sb (10-tie)

## Randy Autenticco

FB/BK/BB/Trck QB/G/Hdls  
(East Contra Costa JC, CCSF & BYU); HC fb Antioch High 08-09; Antioch Sports Legends HOF

## Bill Ayer

Football Linebacker  
(Univ of California); East Bay Cream of the Crop 89 #8

## George Ball

Football Center  
All-East Bay 70

## Frank Beede III

Football Offensive Line  
(Univ of California & Oklahoma Panhandle St); East Bay Cream of the Crop 91 #10; Citrus Bowl Champs 92; Alamo Bowl Champs 93; All-Okla Intercollegiate Conf 95; Sea Seahawks 96-2001; SJ SaberCats 02-07 (AFBL); Arena Bowl Champs 02, 04, 07; Head Coach Antioch High 05-07 (10-20-0); NFL Teacher of the Year 10; Antioch Sports Legends HOF

## Manuel Bermudez

“Manny”  
Baseball Pitcher  
All-Times 94 & 95; Times POTY 94 & 95; Cal-Hi All-State 94 & 95; played minor league baseball; Northwest Lg-North Div Champs 95; Calif Lg-North Div Champs 2000-01

## Nathan Bingham

Wrestling 142lbs  
NCS Champ 2004

## Norm Bittner

Football Guard  
(UNLV); All-East Bay 76; All-Nor Cal 76; played semi-pro fb Antioch Hornets; Antioch Sports Legends HOF

## Brian Boccio

Football Running Back  
(Univ of Nevada-Reno); All-Times 92; East Bay Cream of the Crop 93 #13

## Jim Boccio Jr.

Football Running Back  
(USC, Diablo Valley JC & Utah St); DVJC MVP 71; DVJC ldr season 71

# Contra Costa County

int (14); National JC ldr 71 combo  
ret yds (NR); Antioch Sports Legends  
HOF; father of Brian Boccio, see  
above

## Shaun Bogan

Swimming/WP Free/IM/Breast  
(Diablo Valley JC & Univ of  
Oklahoma); Head Coach swim  
boys Freedom High (CC) & boys/  
girls Deer Valley Highs (CC);  
AHS rcds 50 fs, 200 fs, 100 IM,  
100 breast (NR) & rcd wp season  
75 goals (61); UO rcd 200IM, 100  
fs; Antioch Sports Legends HOF

## Joe Bonanno

Track 440yds  
NCS Champ 64 (48.5)

## Dennis Boyd

Swimming/WP Backstroke  
(Univ of Missouri); NCS Champ 71  
100 bs (55.87); holds 7 AHS rcds;  
UM rcds 100 back, 200 back, 100  
IM (NR); Antioch Sports Legends  
HOF; brother of Tim Boyd, UC  
Davis swimmer

## Christine Brockett

Basketball Guard  
(Sacramento St); All-Times 94

## James Burke

Track 100/200/110mtrsHH  
(Azusa Pacific Univ); NAIA Indoor  
Champs 2007

## Dallas Butterfield

Soccer Defender  
(William Jessup Univ); Cal Pac  
Women's Champs 10; Cal Pac  
Co-Champs 11

## Mark Butterfield

FB/BK/BB Quarterback  
(Stanford Univ); East Bay Cream of  
the Crop 91 #2; Stanford MVP  
95; Chi Bears 97; Scot Claymores,  
Frankfurt Galaxy 98 (NFLE); SU  
ldr season 95 pass att (333), pass  
comp (194), pass yds (2,533), pass  
td (19); Antioch Sports Legends  
HOF

## Mike Butterfield

Football Defensive Line  
All-East Bay 87; father of Dallas  
Butterfield, see above, Brother of  
Mark Butterfield, see above

## Mike Byroads

Cross Country  
NCS Div 1 Champ 91 (16:12)

## Jose Cabeza

Soccer  
Midfielder

(St. Mary's College) All-East Bay  
2009; Member 3 State Cup Champs

## Anthony Camacho

Wrestling 129/135/141lbs  
(Univ of Minnesota & Fresno St);  
NCS Champ 86-88; National  
Freestyle Champ 91; Head Coach  
Clovis East High

## Antionette Capili

Basketball Guard  
(Holy Names Univ); Cal Pac  
Champs 2011

## Sue Cardinale

Softball Pitcher  
(UOP); All-East Bay 85; East Bay  
POTY 85; Times POTY 85; UOP  
MVP 89; horse riding, Jr National  
Grand Champion, AH career 7 no-  
hit gms, so (361), sho (18), era  
(0.99) season no-hit gms (3), so  
(236), sho (8), wins (25); UOP ldr  
season 91 era (1.54); Antioch  
Sports Legends HOF

## Curtis Casey

Track 880yds  
(Modesto JC); NCS Champ 49  
(2:00.1); 3rd State Meet 49  
(1:58.6); played baseball in jc;  
AH 1st state meet qualifier;  
Antioch Sports Legends HOF

## Brent Casteel

Football Running Back  
(Univ of Utah); All-Times 2002;  
East Bay Cream of the Crop 04  
#16; MWC Champs 05 & 08;  
Poinsettia Bowl Champs 07; MWC  
Champs 08; Sugar Bowl Champs  
08; Utah Blaze (AFBL) 09; UUTop  
Receiver Award 06; UU ldr 05 kr  
yds (464), 06 td recep (10)

## Karen Christianson

"Carmezzi" (married name)  
Softball/BK/VB  
(Sacramento JC & Sacramento St);  
JC All-State 86; Antioch Sports  
Legends HOF

## Sharon Christianson

BK/VB/SB OH/OF  
(Sacramento JC & Sacramento St);  
Antioch Sports Legends HOF; SJC vb  
MVP 84 & 85; sister of Karen  
Christianson, see above

## Gerald Circo

Football Kicker  
(Yuba JC & Chico St); Northern  
California Old-Timers HOF; Chico  
St HOF

## Jerome Circo

FB/BK/Tck/Box Lightweight

(Yuba JC & Chico St); Calif Navy  
Intercollegiate Boxing Champ 67;  
Northern California Old-Timers  
HOF; Chico St HOF; twin brother  
of Gerald Circo, see above

## Kyle Clark

Wrestling 220lbs  
NCS Champ 2012; attended high  
school in Oregon junior year only

## Jim Coalter

FB/BK/BB/Tck Back/Gd/SS/BJ  
(Modesto JC, East Contra Costa JC  
& San Jose St); Member Antioch  
Recreation Commission; Antioch  
Sports Legends HOF

## Marv Comstock

Football Coach  
(San Francisco St); Head Coach St.  
Vincent's High (Sol) 57-59 (20-5),  
Antioch 70-78 (81-16); also Head  
Coach fb at schools in Walnut  
Creek; Antioch Sports Legends  
HOF

## Jesse Cone

Football Halfback  
(Stanford Univ); PCC Champs 51;  
asst coach numerous high schools,  
jcs & colleges 52-93; Head Coach  
Hamburg Silver Earles (Germany)  
94; Antioch Sports Legends HOF

## Cristina Conn

"Hubbard" (married name)  
Swimming Diving  
(BYU); NCS Champ 93 (471.2);  
National Prep 3-mtr Champ 93  
(443.65-NCS rcd); WAC 3-mtr  
Champ 95 (513.10); WAC Diver  
of the Year 95

## Andy Cook

Baseball Pitcher  
(San Jose St); All-East Bay 98

## Keith Coppage

Roller Derby Manager  
President & Mngr Bay City  
Bombers; Author "Roller Derby to  
Roller Jam"; Antioch High HOF

## Joe Cornell

Baseball Catcher  
All-Times 98

## Sue Cottier

Basketball Center  
(Diablo Valley JC & USF); DVJC  
MVP 77 & 78; Nor Cal Conf  
Champs 80; AIAW Small Colleges  
Western Regional Champs 80;  
Head Coach girls Antioch High;  
DVJC ldr season 78 pts avg (19.0);  
Antioch Sports Legends HOF

## Anthony Cress

# Contra Costa County

Wrestling 152lbs  
NCS Champ 2010

AH rcd mile (5:12.5), two mile (11:11); Antioch Sports Legends HOF

Baseball Pitcher  
(Diablo Valley JC & Sacramento St); 2nd rd draft pick 72 (25th overall); played minor league baseball; arm injury ended career 74; Antioch Sports Legends HOF

## Art Cuitti

Baseball OF/Catcher  
PCL Oakl Oaks 53-55, Sac Solons 57; Western Lg Champs 56; Western Lg ldr 56 BAvG (.364), runs (132)

## Jason Fithian

Football Wide Receiver  
(Los Medanos JC); East Bay Cream of the Crop 87 #17

## Vicki Gonzales

Softball Infielder  
All-East Bay 82 & 83

## Tasha Cupp

Softball Pitcher  
(Harvard Univ); All-Times 94; All-Ivy Lg 98; Ivy Lg Pitcher of the Yr 98; Ivy Lg Champs 98; NEISCA Div 1 All-Star 98; pitched HU 1st perfect gm 98; HU rcd so season 97 (182), career 95-98 (475), era (1.42)

## Leo Fontana

All Sports Supporter  
Antioch Councilman 82-86; Co-Founder Antioch Sports Legends HOF; Antioch Sports Legends HOF

## Doug Gosnell

Football Defensive Line  
(Utah St); Contra Costa County All-Star 64; played minor league football; Antioch Daily Ledger All-Decade Team 60-70; Antioch Sports Legends HOF

## Josh Del Prado

Football Running Back  
(Univ of California & Idaho St); East Bay Cream of the Crop 95 #15

## Scott Freier

Football Tight End  
(USC); All-East Bay 85; EX All-Bay Area 85; All-Nor Cal 85; East Bay Cream of the Crop 86 #2; North-South Prep All-Star Gm 86; Pac-10 Co-Champs 87; Pac-10 Champs 88 & 89; Rose Bowl Champs 90

## Don Griffin

Football Defensive Line  
(Utah St); Big West Co-Champs 93

## Eugene Doherty

Track Broad Jump  
NCS Champ 23 (19-9)

## Gerald Gamble

Track Discus  
NCS Champ 84 (177-11)

## Michelle Gromacki

Softball Catcher/Coach  
(Butte JC & Cal St Fullerton); NCAA Champs 86; ASA Women's Major Fastpitch National Champs 93-95 (Redding Rebels); Member National Team 94-96; World Women Champs 94; Head Coach Cal St Fullerton 2000-; Big West Champs 2000-03 & 06; Big West COTY 2000; high school number (00) retired; invited to participate in 1st Olympic tryout camp, ASA AA 8 times; Gold Medalist Team South Pacific Classic; Southern Cal Softball Magazine columnist; Antioch Sports Legends HOF

## Bill Douville

Football Running Back  
All-East Bay 77; All-Nor Cal 77

## Jack Garrow

FB/BK/BB/Tck HB/Hurdles  
(U. S. Naval Academy); Sugar Bowl Champs 55; retired with rank of rear admiral after 31 yrs Navy service; Antioch Sports Legends HOF

## Ron Edwards

“Bogie”  
FB/BK/Trk QB/High Jump  
(Utah St); Mon Alouettes (CFL) 68; Norfolk Neptunes (Continental FB Lg); US ldr season pass comp (50), pass yds 64 (798), td pass (9), 65 pass comp (86), pass yds (1,095), td pass (12); Utah St HOF; Antioch Sports Legends HOF

## Grover Garvin

Football DB/KR/Coach  
(East Contra Costa JC & Univ of California); PCC Champs 58; East-West Shrine Gm 59; Head Coach Berkeley High, Merritt JC; Head Coach track & cc Alameda JC; Head Coach golf & women's bk Merritt JC; Head Coach golf College Prep 2010; UC ldr season 59 punt ret yds avg (17.1), ko ret yds avg (23.7), pts (24); UC/Pac-8 rcd punt ret yds (92); Antioch Sports Legend HOF

## Rich Elliott

FB/BB/BK QB  
(Stanford Univ); North-South Prep All-Star Gm 54; first AHS player; All-CCAL 54; serious injury ended college career after freshman year; Antioch Sports Legends HOF

## Rich Hall

Football Defensive Line  
All-East Bay 71

## Rune Engebretsen

Track High Jump  
Norway Prep Champ 57 (6-3 1/2)

## Marion Gelhaus

“Shore” (married name)  
Swimming Diving  
(Diablo Valley JC & Cal St Northridge); NCS Champ 79 (406.3), 80 (434.165) & 82 (467.00); State JC Champ 1mtr & 3 mtr springboard 83; CCAA Champ 85 3mtr (464.6); CCAA Champs 85 & 86; Antioch Sports Legends HOF

## Leon Hanson

Track Pole Vault  
NCS Champ 80 (14-6)

## Mack Enz

Track 100/220yds  
(San Jose St); NCS Champ 59 (21.5); AH rcd 100 (10.3), 220 (21.1); Antioch Sports Legends HOF

## Joe Harlan

“Tulsa Joe”  
Football/BB QB/FB/K/P  
(Utah St); All-CCAL 46 & 47; AH Co-MVP 47; died in mill accident 50 at age 20; Joe Harlan Memorial Trophy (fb MVP) honors his memory; Antioch Sports Legends HOF

## Shane Felix

CC/Track One/Two Mile  
(Cal St Hayward); Member NCAA Div 3 CC Champs 80; 1st AH female state track meet qualifier;

## Margaret Georgen

Track Discus  
(Cal St Northridge); NCS Champ 86 (139-0)

## Ray Harrington

FB/Bk/Tck FB/LB/T/SP  
(Stanford Univ); North-South Prep All-Star Gm 56; concussions ended college career; Antioch Ledger Cream of the Crop Team 50-67; Antioch Sports Legends HOF

## Greg Glod

## Elisa Hatch

Softball Outfielder

# Contra Costa County

All-Times 99

## Bob Heaton

“California Ironman”  
Golf  
(Diablo Valley JC); Nor Cal Golf Assoc POTY 99 & 2000; Pro Senior Tour 5 years; 17 holes in one; Antioch Sports Legends HOF

## Mason Hibbard

Baseball Outfielder  
(Santa Clara Univ); All-Times 92; All-East Bay 92; WCC Champs 94 & 96; SCU ldr season 96 hbp (21)

## Dawn Hilgenberg

Softball Pitcher  
(San Jose St); All-East Bay 84; pitched no-hit gm vs SF State 86

## Steve Hill

Football Defensive Line  
(CCSF); JC State Champs 2011

## Delongian Hilton

“Delo”  
Football Defensive Back  
(Los Medanos JC & Univ of California); East Bay Cream of the Crop 2002 #20

## Ralph Holding

Baseball Catcher  
(East Contra Costa JC & Stanford Univ); AA 58; played minor league baseball; Head Coach Kennedy High (A); NCS Honor Coach 99; Kennedy High bb field named in his honor; SU ldr season 58 BAvG (.358), hits (44-tie), trpls (6); Stanford HOF; Antioch Sports Legends HOF; uncle of Bobby Edwards, see San Ramon Valley High (CC)

## Larry Hopwood

Baseball 1B  
(Diablo Valley JC); AH All-Decade Team 61-70; AH ldr season 69 BAvG (.386); Antioch Sports Legends HOF

## Jamie Houle

Volleyball Middle Blocker  
(Chico St); All-CCAA 2006; All-Pacific Region 2006; CS red aces career 03-06 (136), ldr season 04 aces (46), attack pct 06 (.312)

## Jeremy Howser

Football Linebacker  
(Portland St); EX All-Metro 94; All-Times 94

## Dave Hudson

Wrestling 133lbs  
Member National Jr. Team 74

## Fred Hunziker

Wrestling/FB 129/132lbs/WR  
(Fresno St); NCS Champ 84 & 85; State Champ 85 (1st from AH); National Greco-Roman Champ 4 times; National Freestyle Champ 5 times; AAU State Champ 6 times; AH ldr season 84 recep (52), recep yds (856), recep tds (7); Antioch Sports Legends HOF

## Matt Hurd

Track High Jump  
(Cal Poly-SLO); NCS Champ 96 (6-8); Big West Champ 97 (6-10)

## Mike Hurd

CC/Track Coach  
Head Coach cc & track Antioch High; NCS Champ 71 (cc); Antioch Sports Legends HOF; father of Chris Hurd, see Deer Valley High (CC), & Matt Hurd, see above

## Chuck Hutchinson

Baseball/Track Pitcher/HJ  
No-hit gm vs Alhambra High 50; played minor league baseball; Antioch Sports Legends HOF

## Paris Imholz

Softball Pitcher  
(Bowling Green Univ); All-East Bay 2010 & 11

## Jason Jeffrey

Football Offensive Line  
EX All-Metro 91; All-Times 91; All-East Bay 91

## Connie Johnson

Football Defensive End  
(Utah St); Big West Co-Champs 93

## Courtney Johnson

“Clendinen” (married name)  
Basketball Guard  
(Univ of California); All-Times 95 & 96; Cal-Hi All-State (junior) 96; Cal DPOTY 99; Cal MVP 2000; All-Pac-10 01; Pac-10 steals ldr 2000-01; Co-Head Coach girls Miramonte High 01-02; NCS Div 3 Champs 02; Director CYO Athletics SF, Marin, San Mateo Counties; UC ldr season pts avg 2000 (11.7), 01 (15.2), ft pct 2000 (.756), assts 2000 (74), 01 (99), stls 98 (47), 99 (74), 2000 (76), 01 (89); AAU gm 96 scored 51 pts; step-mother of Shaunre Clendinen, Barry College bk player

## Eric Johnson

Football DB/Kicker/Punter  
(Stanford Univ); All-Times 97 (db) & 98 (k); EX All-Metro 98 (k); East Bay Cream of the Crop 99 #11; Tenn Titans 04 (k); played golf in college; AH ldr season 2000 punt yds avg (43.2), 6 fg; SU ldr season

01 punt yds avg (38.7), 02 punts (58), punt yds (2,306), punt yds avg (38.7)

## Stacey Johnson

Basketball Guard  
(Arizona St & Univ of Houston); Cal-Hi All-State (junior) 90; All-East Bay 90 & 91; East Bay Co-POTY 91; All-Nor Cal 90 & 91; EX All-Bay Area 91; All-Times 91; Cal-Hi Div 1 All-State 91; Cal-Hi All-State 91; UH MVP 95; All-SWC 95; SWC Newcomer of the Year 95; AH scored 1,991 pts; UH ldr 92 3pt fg pct (.341), stls (100), stls avg (4.5-UH rcd); 95 ft (128), ft att (184), pts avg (20.6); sister of Nicole Johnson, track athlete at Columbia Univ, & Courtney Johnson, see above

## Jerry Jones

FB/Track LB/Discus/HJ  
All-East Bay 78; All-Nor Cal 78; NCS Champ 79 (170-1)

## Rich Jones

FB/BK/Track DB/Hurdles/HJ  
(Utah St); All-East Bay 73 & 74 (fb); AH rcd hj 75 (6-6 1/4); Antioch Sports Legends HOF

## Jill Joseph

All Sports Supporter  
Antioch Chamber of Commerce Citizen of the Year 94; AH choir room dedicated in her honor; Antioch Sports Legends HOF

## Jeff Juhala

Track PV/Javelin  
(Diablo Valley JC & Liberty Univ); Southern Conf pv Champ 91 (NR); DVJC rcd 89 (16-3), (193-0); LU rcd indoor & outdoor pv (NR); DVJC HOF

## Dan Kalleal

Football Tackle  
All-East Bay 81; All-Nor Cal 81

## Mike Kelly

CC/Track 1600/3200mtrs  
(Utah St); PCAA Champ 3000mtr steeplechase 79 (8:50.2-U.S. rcd); prep pr (4:19.74), (9:39) 73; Antioch Sports Legends HOF

## Bob Koupeny

“Little Blacksmith”  
Wrestling 106lbs  
(Diablo Valley JC & St. Mary’s College); Antioch Sports Legends HOF

## Antioune Lang

“Tony”  
FB/Track RB/220yds

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(UOP); All-DVAL 78; AH rcd 77 (21.70); Antioch Sports Legends HOF

## Eric Leiser

Baseball Outfielder  
(UC Santa Barbara); All-Times 94

## Justin Levasseur

Football Tight End  
(Univ of Arizona); East Bay Cream of the Crop 99 #7

## Lynn Lohmeier

Softball Infielder  
(Merced JC & Sacramento St); All-Times 91; All-East Bay 91

## Eddie Loretto

Football Kicker  
(UC Davis); EX All-Bay Area 83; All-East Bay 83; UCD Co-MVP Spec Teams Player 85; All-NCAC 88; UCD rcd gm pat (9), fg (4), fg yds (52-tie), season fg 87 (16), career 85-88 pat (130), fg (47), fg att (72), most kick pts (273)

## Mickey Lowrey

Football Quarterback  
(Los Medanos JC); All-East Bay 73; All-Nor Cal 73; played bb in jc

## Mike Lucido

Baseball Outfielder  
(Diablo Valley JC & UNLV); All-East Bay 71; DVJC Most Improved 72; AH ldr season 71 BAvg (.415); Antioch Sports Legends HOF

## Mike Lucky

Football Tight End  
(Arizona St); All-Times 93; EX All-Metro 93; All-East Bay 93; Cal-Hi All-State 93; North-South Prep All-Star Gm 94; East Bay Cream of the Crop 94 #1; Pac-10 Champs 96; Insight Bowl Champs 97; Hula Bowl 98; Dal Cowboys 99-2002; Dal Cowboys Ed Block Courage Award 2002; knee injuries ended career

## Candice Lue

Softball Infielder  
All-East Bay 96

## Mike Machado

Baseball Outfielder  
(Diablo Valley JC & St. Mary's College); All-Times 91; played minor league baseball

## Ken Maghuyop

Wrestling 105lbs  
NCS Champ 82

## Chad Mahaffey

Football Kicker  
All-Times 95

## Rachelle Manning

Softball Utility  
(Sacramento St); All-East Bay 89; Times POTY 89; Tribune POTY 89; played bk in college; AH ldr season 89 wins (13); SS rcd career walks 90-93 (52), trpls (5-tie); Antioch Sports Legends HOF

## Angelo Marchetti

"Itsie"  
Football QB/HB  
(St. Mary's College); Antioch Sports Legends HOF

## Gino Marchetti

Football Defensive End  
(Modesto JC & USF); Catholic AA 51; East-West Shrine Gm 52; College All-Star Gm 52; Dal Texans 52 (NFL); Balt Colts 53-66; Member of undefeated USF team 51; Pro Bowl 11 consec years; All-Pro 56-59; NFL Champs 58 & 59; All-NFL 60-64; AP NFL MVP 60; NFL Pro Bowl Line MVP 64; #89 retired by Colts; NFL 75th Anniversary Team; voted NFL greatest defensive end 1st 50 yrs; competed in track in college; NFL All-Decade '50s; Pro FB HOF; CCCFCA HOF 93; USF HOF; Helms Foundation HOF; BASHOF; NIAHOF; East-West Shrine Gm HOF; Antioch Sports Legends HOF; #15 Sports Illustrated Top 100 NFL Players; brother of Angelo Marchetti, see above

## Carl Maxwell

Football Running Back  
(Oregon St); North-South All-Star Gm 54; Pac-8 Champs 56; Antioch Sports Legends HOF

## Rich McClure

Football Defensive End  
All-East Bay 74; All-Nor Cal 74

## Ben McCorrison

Wrestling 114lbs  
(Wartburg College); NCS Champ 2005; Iowa Conf Champs 2005-08

## Karly McCormack

Softball 1B  
(Central Michigan Univ & Univ of Indiana); All-Mid-American Conf 2002

## Mikel McIntyre

Baseball Outfielder  
(Diablo Valley JC & Bellevue Univ); Midlands Athletic Conf Champs 2006; BU ldr season 2006 BAvg (.434), hits (86), dbls (18)

## Larry Merlini

Football Fullback  
(Oregon St, Diablo Valley JC & San Jose St); All-East Bay 66; DVJC Outstanding Back & Most Inspirational 67; AH ldr season 67 rush yds (1,176), rush yds avg (6.32), rush tds (16); DVJC ldr season 67 tds (16); Antioch Sports Legends HOF; cousin of Gino Marchetti, see above

## Aaron Miles

Baseball Infielder  
All-Times 94 & 95; All-East Bay 95; Cal-Hi All-State 94 & 95; Chi White Sox 03, Colo Rockies 04-05, StL Cardinals 06-08, 10, Chi Cubs 08-09; Cinn Reds 10; LA Dodgers 11; Rockies ROTY 04; Midwest Lg All-Star 99; Southern Lg MVP 2002; Intl Lg Newcomer of the Year 03; Baseball America Rookie Team 04; Topps Major Lg Rookie All-Star 04; NL Champs 06; WS Champs 06, 1st Rockies to switch hit hr in gm 04 vs Arizona; City of Antioch held "Aaron Miles Day" 04; 1st batter new Yankee Stadium 09

## Ron Morelli

"The Flea"  
Football Wide Receiver  
(Diablo Valley JC & Chico St); All-FWC 68; FWC red & CS ldr season 68 recep (73); Antioch Sports Legends HOF

## Robert Mullen

Football Wide Receiver  
(Chico St); East Bay Cream of the Crop 86 #16

## John Murphy

Football Offensive Line  
(Univ of California); EX All-Bay Area 85; All-Nor Cal 85; East Bay Cream of the Crop 86 #13

## Marcus Murray

Basketball Forward  
(Univ of New Orleans); All-Times 95

## Max Neal

"Slatts"  
Baseball Pitcher/1B  
(East Contra Costa JC); Diablo Valley College All-Half Century Team; Antioch Sports Legends HOF

## Debbie Nelson

Softball Outfielder  
(Sacramento St); All-East Bay 83; NCAA AA; Head Coach Sacramento St 92 (36-27) & San Jose St 93-96 (44-80); Owner All-American Sports Academy, Director U.S. Sports Nike Softball Camp, high

# Contra Costa County

school # (12) retired; Antioch Sports Legends HOF

## Jerred Newberry

Football                      Offensive Line  
(CCSF); JC State Champs 2011

## Jeremy Newberry

Football                      OL/DL  
(Univ of California); All-Times 93 (both ways); EX All-Metro 93 (dl); All-East Bay 93 (dl); East Bay Cream of the Crop 94 #14; SF 49ers 98-05 (injured 06); Oakl Raiders 07; SD Chargers 07; Pro Bowl 2002; All-Pro 03, 05; played center in college & pros; Ed Block Courage Award 05; Antioch honored him with Jeremy Newberry Day; tv fb analyst; Golden Bears All-Era Offense Team 1982-2008 (95-97); son of David Newberry, Cal fb player

## Janie Nolan

Cross Country  
2nd State Meet 99 Div 2 (17:56); AH rcd mile (5:08), 2-mile (11:09)

## Scott Olds

Golf  
Nor Cal Champ 87 (147); CGA State Champ 87 (76)

## John Olenchak

Football                      LB/Center  
(Stanford Univ); All-East Bay 72 (both ways); North-South Prep All-Star Gm 73; Mon Allouettes 78-80 (CFL); KC Chiefs 81-82; AFA Semi-Pro FB HOF; competed in track in college; Antioch Sports Legends HOF

## Brian Oliver

Baseball                      2B  
(Univ of California); All-Times 93-95; Freshman AA 96; UC MVP 97; All-Pac-10 97; Co-Most Inspirational 98; UC ldr season 97 BAvg (.364)

## Dennis Opsal

Football                      Guard  
(UNLV); All-East Bay 75; All-Nor Cal 75

## Steve Orenellas

Baseball                      Outfielder  
(Diablo Valley JC & San Jose St); All-DVAL 64 & 65; back injury ended baseball career 69; Antioch Sports Legends HOF

## Ryan Ostertag

Football                      Offensive Line  
(Los Medanos JC & Chico St); All-Times 94; played bb in jc; graphic designer of many music & sports related products

## Carl Pantle

Football                      RB/LB  
(Arizona St, Los Medanos JC & San Jose St); All-East Bay 74 (lb); All-Nor Cal 74; Carl Pantle Award honors AHS Most Courageous fb player; did not play at ASU or SJS; died at age 21 from cancer 1978; Antioch Sports Legends HOF

## Rob Pena

Baseball                      Catcher  
(Solano JC & Colorado Mesa Univ); JC AA 2011; SJC ldr season 2011 BAvg (.389)

## Joey Perez

Wrestling                      101lbs  
NCS Champ 84

## Jeff Pico

Baseball                      Pitcher  
All-East Bay 84; Chi Cubs 88-90; AH retired jersey # (22); 1st ML pitcher since 34 to throw sho in ML debut 88; AH ldr season 84 wins (10-tie), era (1.01); Peoria ldr era 85 (3.06); Antioch Sports Legends HOF

## Evan Pilgrim

Football                      Offensive Line  
(BYU); East Bay Cream of the Crop 90 #7; All-WAC 94; Copper Bowl Champs 94; WAC Co-Champs 95; Chi Bears 96-97; Hou Oilers/Tenn Titans 98; Atl Falcons 99-2000; NFL Champs 99; Det Fury 02, TB Storm 04 (AFBL); BYU HOF; Antioch Sports Legends HOF

## Sean Ponce

FB/Wrestling                      OL/Hwt  
(BYU); USA Cadet-Greco Roman Champ 86 (286lbs); All-East Bay 87; NCS Champ 88; WAC Champs 89 (fb); BYU wrestled 4 yrs, fb 2 yrs

## Josh Prickett

Rugby                      Lock  
(Univ of California); NCAA Champs 2010

## Ron Pritchard

FB/Wrestling                      Linebacker  
(Arizona St); All-Nor Cal 64; North-South Prep All-Star Gm 65; College AA 68; All-WAC 67 & 68; Hula Bowl 68; East-West Shrine Gm Defensive MVP 68; College All-Star Gm 68; Senior Bowl 68; 1st AS consensus AA; 1st rd pick 69 (15th overall); Hou Oilers 69 (AFL), 70-72, Cin Bengals 72-77; pro wrestler 70-75, 81; Times All-Time Contra Costa FB Team 94; ASU HOF; College FB HOF; Antioch Sports Legends HOF

## Charles Duane Putnam

"Duane" (known by middle name)  
Football                      Guard  
(COP); UOP Outstanding Lineman 50 & 51; LA Rams 52-59, 62, Dal Cowboys 60 (AFL), Clev Browns 61, Pro Bowl 54-58; All-NFL 55, 57-58; Member LA Rams All-Time Team; Sun Bowl All-Time Team; Times All-Time Contra Costa FB Team 94; Antioch Sports Legends HOF; UOP HOF

## Art Regoli

Baseball                      3B  
Antioch Sports Legends HOF; All-DVAL 57-58;

## Brian Remington

Football                      Linebacker  
(Univ of California); East Bay Cream of the Crop 89 #18

## Mia Rexroth

Softball                      Pitcher/SS  
(Fresno St & UC Davis); All-East Bay 87 (p) & 88 (p); All-Conf 92; played ss in college; UCD ldr 92 dbls (10), trpls (6), ttl bases (71), sb (6), walks (15), Antioch Sports Legends HOF

## Jesslin Robinson

Football                      Defensive Back  
(CCSF & Lincoln Univ-Missouri); State JC Champs 2007; National JC Champs 2007

## Nick Rodriguez

FB/BK/Track                      Back/Hurdles  
(Modesto JC); Co-founder Antioch QB Club Jr FB Lg & Antioch Bocce Ball Federation; Antioch Mayor & Councilman; Community theater named in his honor; Antioch Sports Legends HOF

## Veronica Rodriguez

"Roni"  
Softball                      Infielder  
(Sacramento St & Univ of California); All-Times 99; All-East Bay 99; NCAA Champs 2002 (Cal)

## Charlie Roman

Baseball                      Infielder  
All-East Bay 89

## Tabatha Roth

Softball                      Outfielder  
All-East Bay 84

## Gene Rounsaville

"Butch"  
FB/BK/BB                      QB/Pitcher  
(Fresno St & Diablo Valley JC);

# Contra Costa County

DVC AOTY 64; Chi White Sox 70 (1st AH grad in ML); DVJC ldr season 63 era (1.84); Reading (Eastern Lg); rcd season 68 sho (6), era 1.78; Eastern Lg ldr 68 wins (14), sho (6), cg (14); Reading HOF; Antioch Sports Legends HOF

## Rally Rounsaville

“Ray”  
BK/BB/Track Forward/LJ (East Contra Costa JC & Cal PolySLO); College All-Conf; AH rcd (20-9); CPSLO rcd season pts (478), pts avg (21.7), fg (175), career pts (1,034), CC Times named him one of all-time best preps in DVAL; Antioch Sports Legends HOF; DVC HOF; brother of Gene Rounsaville, see above

## Mike Ruiz

Baseball Outfielder  
All-East Bay 84

## Alex Sanchez

Baseball Pitcher/OF (UCLA); All-East Bay 83 & 84; All-Nor Cal 83 & 84; Pac-10 Co POTY 86; BB America AA 86; Pac-10 Champs 86; Tor Blue Jays 89 (p); 1st rd draft pck (#17 overall) 87; International Lg Pitcher of the Year 89; AH retired jersey # (23); AH ldr season 84 wins (10-tie); Pac-10 ldr season 86 wins (16-UCLA rcd), so (142); UCLA ldr career wins 85-87 (27), starts (58), ip (341), so (328); Antioch Sports Legends HOF

## Stephan Sanchez

Swimming Free/ IM (Diablo Valley JC & Univ of Indiana); NCS Champ 90 200 IM (1:52.22); 91 500 fs (4:29.3); Antioch High HOF

## Steve Sanchez

FB/Wrestling DB/Coach (Diablo Valley JC & Portland St); All-East Bay 66; Head Coach wrestling Merced High 71-80 & Antioch High 81-90 (only Calif. coach to win titles at 2 schools); SSJS Champs 73, 75-78, NCS Champs 84 & 88; State Champs 88; National COTY 81; State COTY 82 & 87; California Wrestling HOF; DVC HOF; Antioch Sports Legends HOF

## Eddie Savage

Track 660/440yds (Fresno St); Head Coach track Selma, Sanger & Parlier Highs; NCS rcd 61 660 (1:22.9); AHS rcd 61 (51.2); Antioch Sports Legends HOF

## Ronald Sbranti

Football Linebacker (Utah St); Hula Bowl 65; East-West Shrine Gm 65 (Dec); Den Broncos 66 (AFL); Sac Buccaneers (Continental FB Lg) 68

## Drew Schneider

Soccer Forward/MF  
All-East Bay 2007

## Randy Selden

Football Defensive Back (Boise St); EX All-Metro 96

## Vanessa Selden

“McClendon” (married name)  
Basketball Guard (Univ of Oregon); All-East Bay 88 & 89; East Bay POTY 89; EX All-Bay Area 89; All-Nor Cal 88 & 89; Cal-Hi All-State 89; Pac-10 All-Freshman 90; first UO player to do so; played pro Germany, Spain, Australia; Founder Northwest Magic bk camps; Calif prep season rcd steals 89 (252); AH career ldr steals (674), season ldr 89 avg (19.9), stls (8.4); career rcd pts (1,867) male or female; UO rcd assts gm 90 (14-tie); Antioch Sports Legends HOF

## Mike Shaw

Football Running Back (UC Davis); Antioch Sports Legends HOF; winner Thom McAn National Award 78 (athletic/academic); FWC Champs 79-81; Little League Umpire worked Western Regional Senior Championship 09

## Worth Shaw

FB/BK/Track Back/High Jump (Modesto JC); State ldr 45 pts (145) tds (25); founder Antioch Junior FB Lg; Antioch; 1st recreation commissioner; Antioch sports complex named in his honor; Antioch Sports Legends HOF; father of Mike Shaw, see above

## Gary Sheide

Football/BK Quarterback (Diablo Valley JC & BYU); All-WAC 74 (fb); WAC OPOTY 74 (fb); WAC Champs 74 (fb); Sammy Baugh Trophy 74; Broadcast analyst BYU fb & bb; AH ldr season bk pts avg 71 (21.0); AH career bk pts ldr & 1st to score 1,000-plus pts; BYU ldr season 73 att (294), comp (174), yds (2,350), td (22), 74 att (300), comp (181), yds (2,174), td (23); WAC rcd season 74 pass comp (181); BYU HOF; Antioch Sports Legends

## Jeff Siino

FB/Baseball DB/2B (Los Medanos JC & Sacramento St); All-Nor Cal 79 (fb); All-East Bay 80 (bb); All-Nor Cal 80 (bb); AH ldr BAvG 80 (.449); no hitter vs Northgate 79; son of Sal Siino, Head Coach bb & fb Antioch High; Antioch Sports Legends HOF

## Larry Silveira

Golf (San Jose St & Univ of Arizona); NCS Champ 83 (149); PCAA Champ 84 (NR); PCC Champ 86 (NR); Pac-10 Champ 87 (289); Pac-10 Champs 87; Pac-10 GOTY 88; PGA Member; UA Wall of Fame; Antioch Sports Legends HOF

## Wayne Sleppy

“Champagne Wayne”  
Golf PGA pro; Antioch Sports Legends HOF; son of Ollie Sleppy, golf pro at Antioch Municipal course

## Amos Smith

Baseball Pitcher  
All-East Bay 80

## Billy Smith

Baseball Outfielder  
All-East Bay 85

## Jesse Smith

Cross Country (Univ of California); Antioch Sports Legends HOF; AH CC rcds 71 2 mile (9:27), 3 mile (14:11); CC MVP 70 & 71; NCS B Div rcd 2 mile (9:45.40) 71; Ironman Triathlon 2000, has completed more than 30 200 mile bicycling events

## Eric Snelson

Football/Track Tight End/SP (Stanford Univ); Cal-Hi All-State 83; Parade AA 83; NCS Champ 84 (57-3); East Bay Cream of the Crop (fb) 84 #1; East-West Shrine Gm 88; Hula Bowl 88; SA Riders 91, Ohio Glory 92 (WLAF); Antioch Sports Legends HOF; son of Bill Snelson, Head Coach bb Antioch High & Antioch Sports Legends HOF member

## Jason Soares

Baseball Utility (Fullerton St); All-East Bay 2004

## Steve Stowers

Football Linebacker  
All-Times 98

## Aaron Straiten

Football Wide Receiver



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(Univ of Utah, Snow JC, CCSF & UNLV); East Bay Cream of the Crop 04 #17

(37.2); only AHS athlete DVAL champ five times (120ydHH (3), 330ydLH (2)); NCS Div 2 Champ 81 (NR); LMJC rcd 400mtrLH 82 (52.3)

Football Kicker  
All-East Bay 72

## Jon Summers

Football Offensive Line  
(Stanford Univ); East Bay Cream of the Crop 84 #8

## Ken Vosmera

Football Quarterback  
(Rutgers Univ & Fort Hayes St); East Bay Cream of the Crop 96 #13

## Ken Yosemera

Football Defensive Line  
All-East Bay 78

## Dan Sweeney

“Sween Dog”  
Football Halfback  
(Los Medanos JC, UNLV & Chico St); AH ldr season 75 rush yds (1,012), td (13); Antioch Sports Legends HOF

## Melissa Young

Softball Catcher  
All-Times 91 & 92; All-East Bay 91 & 92

## Laura Thompson

Softball Infielder  
All-East Bay 87

## Ken Vosmera

Football Defensive Line  
All-Nor Cal 78

## Pat Zech

FB/Wrest/Track DL/Hwt/SP  
(Univ of Arizona); All-East Bay 73; All-Nor Cal 73; NCS Champ 73; East Bay AOTY 74; injuries in sophomore year ended college fb career; AHS rcd sp 74 (59-7 1/2); Antioch Sports Legends HOF

## Brandon Torchia

Baseball 3B  
(Los Medanos JC & Sonoma St); All-Times 2004; LMJC ldr season 06 gms (44-tie), dbls (19), 07 runs (27), hits (56), BAVg (.357), rbi (26), dbls (11), trpls (3), sb (16), slug pct (.484)

## Ryan Walker

Wrestling 154/171lbs  
NCS Champ 90 & 91

## Jason Washington

Basketball Guard  
(Simpson Univ & William Jessup Univ); WJU Best Defender 2009 & 10; All-Cal Pac 10; Cal Pac POTY 10; Cal Pac Co-Champs 10

## Athenian School Owls

### Danville

(estab. 1965)

## Dan Torres

Football Defensive Line  
(Oregon St); Pac-10 Co-Champs 2000; Fiesta Bowl Champs 2000

## Bob White

Football RB/DB  
(Univ of Arizona); All-WAC 71 & 72; AHS AOTY 69; UA rcd yds int ret 92 (78); Antioch Sports Legends HOF

## Michael Allen

Golf  
(Univ of Nevada-Reno); PGA Pro; European Tour 86-89, 92; Scottish Open Champ 89 (272); PGA Tour 90-95, 2002, 04-09; Nationwide Tour 97-01, 03; Senior Tour; Sr PGA Championship 09 (274); Harding Park SF rcd round 10 (61); also atnd San Mateo High & Serra High (SM)

## Anthony Trucks

Football Linebacker  
(Univ or Oregon); East Bay Cream of the Crop 2002 #10

## Daudi White

Track/FB High Jump/DB  
(Los Medanos JC, St. Mary's College & Univ of Missouri-Rolla); NCS Champ 2001 (6-4); played fb in jc & college; played minor league football

## Mike Goldberg

Baseball Infielder  
(Pomona-Pitzer College); SCIAAC Champs 2007, 09 & 10

## Valdez

Wrestling 105lbs  
Nor Cal Champ 70

## Bill Williams

Basketball  
Chron All-Metro 52; AH rcd gm 52 pts (41), ldr season 52 pts avg (18.7)

## Mike Vera

Golf  
(UCLA); NCS Champ 94 (71)

## Bentley School Eagles

### Lafayette

(estab. 1920 in Berkeley; high school moved to Lafayette 1995)

## Jason Verduzco

Wrestling/FB 148/157/168lbs/QB  
(Univ of Illinois); NCS Champ 86-88; State Champ 88; AH Male AOTY 88; Oakl Tribune AOTY 88; Cal-Hi State WOTY 88; played fb in college; UI MVP (fb); BC Lions 93 (CFL); UI rcd gm consec pass comp (14), ldr pass comp 90 (226), 91 (184), 92 (184), pass yds 90 (2,567), 91 (3,014), 92 (1,779); cousin of Jason Welch, Las Lomas High (CC); Antioch Sports Legends HOF; also atnd De La Salle High (CC)

## Jacobbi Williams

Track 100/200mtrs  
(Diablo Valley JC & San Jose St); NCS Champ 91 (10.71), (21.76); played football (wr) in college

## Pia Hauch

Rowing 8-Oar Crew  
(Stanford Univ); Coxswain Royal Henley Regatta Champs 2006 (Oakland Strokes)

## Rudy Viramontes

Track Hurdles  
(Los Medanos JC); Antioch Sports Legends HOF; AHS rcd 81 110mtrHH (14.35), 120yd HH (14.4), 330ydLH

## Tim Williams

Basketball Forward  
(St. Mary's College); WCC Champs 2012

## Billy Wills

Track Shot Put  
(Diablo Valley JC); NCS Champ 2003 (56-6 3/4)

## Dashiell Rothberg

“Dash”  
Swimming Free/Backstroke  
(Univ of California); NCS Champ 2004 50 fs (21.43), 100 bs (51.47); Times SOTY 2004; Member Maccabiah Gms Team 05 & 09; Head Coach Detailed Stroke Race Club 05-08; Gold Medalist 50mtr fs (23.60), Bronze Medalist 100mtr fs (58.30) Maccabiah Gms 05, Silver Medalist 50mtr fs

## Jackie Wong

Softball Shortstop  
(Univ of Utah); All-Times 2001; UU ldr 03 sb (13), 05 runs (28-tie), at bats (151)

## Mark Woodyard

# Contra Costa County

(23.89) Maccabiah Games 09

## Berean Christian High Eagles Walnut Creek (estab. 1968)

### Valerie Barnes

"Val"  
Soccer Forward  
(Univ of California); Member four State Cup teams; Cal Freshman of the Year 05; Cal MVP 08; BCH rcd 2001-04 career scoring, goals gm (6), season (27), assts season (16)

### Matt Biggs

Basketball  
(Biola Univ); GSAC Champs 85; played bb (pitcher) in college; Berean HOF

### Stephen Bradley

Football Running Back  
(San Jose St); Cal-Hi All State 2001 (small schools); state ldr 2001 pts (54), td (34); Berean HOF

### Doug Dearden

Basketball Guard  
(The Master's College); TMC career rcd 75-79 asst (430); Berean HOF

### Kaitlin Dick

Soccer Defender  
(San Francisco St); CCAA Champs 2010

### Alisa Dishman

Track High Jump  
Berean HOF

### Paul Gizzi

Soccer Goalkeeper  
(Biola Univ); Sea Sounders 76, SJ Earthquakes 78; Head Coach women Biola Univ; Berean HOF; also atndd high school in Japan

### Lydia Godshall

Volleyball  
(Biola Univ); AIAW AA 81; NCAA vb referee; vice president Orange County Volleyball Officials Assoc; Berean HOF

### Kristine Hansen

Volleyball  
(Biola Univ); Berean HOF

### Herbert Ip

Track Decathlon  
(Cal Poly-Pomona); CCAA Champ 2003 (5,851); Berean HOF

### Whitney Jacobsmeyer

Track Steeplechase

(Diablo Valley JC & Azusa Pacific Univ); GSAC Champ 3000mtr 2005 (NR) & 07 (NR)

### Krista Johnson

Softball Infielder  
(Biola Univ); Cal-Hi All-State (small schools) 2006

### Pete Johnson

Cross Country/Track  
Berean HOF

### Jenny Lee

Softball Utility  
(California Baptist Univ); GSAC Champs 2007

### Danae Leiser

Softball Outfielder  
(California Baptist Univ); GSAC Champs 2010-11

### Danielle Lemos

Cross Country/Track  
Berean HOF

### Chris Leon

Swimming Breaststroke  
(UC Santa Barbara & Univ of California); Pac-12 Champs 2013; holds 8 BC rcds

### Brandon Lynch

Track  
Berean HOF

### Don Menez

BK/Soccer/BB  
(LA Baptist College & The Master's College); Head Coach bk Grace Christian High, Liberty Christian High, Berean Christian High 94-2003; LAB rcd season 80 soccer goals (26), pts (64); rcd career bb BAvG (.388), sb (131); Berean HOF; The Master's College HOF

### Erika Racklin

Softball Outfielder  
(Univ of California); All-Times 2004; UC ldr sb 06 (10), 08 rcd (28-tie)

### Ken Renfro

Basketball Forward  
All-Times 98; Cal-Hi Div 5 All-State 98; Berean HOF

### Shada Sadeghi

Basketball Forward  
(Univ of Redlands); SCIAC Co-Champs 2010

### Jonathan Sato

Track 100/200mtrs  
(Azusa Pacific Univ); NAIA Indoor Champs 2007

### Anna Schroeder

Volleyball Libero  
(St. Mary's College); WCC Champs 2009

### Sean Shafer

Baseball Catcher  
Cal-Hi All-State 2008 (small schools)

### Brent Sostrum

Baseball Infielder  
(The Master's College); Berean HOF

### Kristen Thoms

BK/Softball Pitcher  
Berean HOF

### Nate Thoms

FB/Softball  
(UC Davis)  
Head Coach sb Berean Christian School; Berean HOF; brother of Kristen Thoms, see above; son of Art Thoms, pro fb player & Head Coach sb Berean Christian School

### Cory Todd

Cross Country  
NCS Div 4 Champ 2005 (16:24)

## California High Grizzlies San Ramon (estab. 1973) (aka CalHi)

### Kasey Addiego

Soccer Defender  
(Sonoma St); CCAA Champs 2010

### John Adkins

Volleyball Setter  
All-East Bay 2009; ld CHS assts 09 (839)

### Jocelyn Algieri

Lacrosse Middle  
All-East Bay 2009; CH career ldr Total Hustle Points (478), draws controlled (167), total points (210), goals (153)

### Brian Allen

Tennis Doubles  
NCS Champs 90

### Sarah Anderson

Swimming Freestyle  
(Stanford Univ); NCS Champ 200 fs 92 (1:48.7) & 93 (1:47.95), 92 500 fs (4:44.75) & 93 (4:44.50); Pac-10 Champ 1650 fs (16:21.87), 800 fs relay (7:17.19) San Ramon Valley Livermore Aquatics HOF; Tri-Valley Sports HOF

### Ashley Antoon-Algieri

Lacrosse Attack

# Contra Costa County

(UC Santa Barbara); U. S. Lacrosse AA 2007; All-Times/ East Bay 2007; Times/East Bay POTY 2007; All-Western Women's Lacrosse Lg 09; WWLL Champs 09; All-Women's Collegiate Lacrosse Associates 09 & 10; sister of Jocelyn Algieri, see above

## Nick Bartolone

Baseball Shortstop  
(Chabot JC & Cal St Bakersfield); JC AA 2010; CJC ldr season 2010 ab (157), runs (49), dbls (18), trpls (5), ttl bases (101), sb (30)

## David Bingham

Soccer GK/Utility  
(Univ of California); All-Times 2007 (gk) & 08 (ut); All-East Bay 2007 (gk); Pac-10 Champs 10; SJ Earthquakes 11-; Member National Under-23 Team 11

## Kim Bingham

Soccer Goalkeeper  
(Arizona St); Parade AA 2001 & 02; NSCAA AA 2001 & 02; Member Under-17 National Champs 02; Member Under-19 State Champs 03; Member Under-19 National Champs 04; Member Under-21 National Team 04; All-Pac-10 06; AS rcd season 06 few goals (17); sister of David Bingham, see above

## Brittany Boehm

Soccer Defender  
(San Jose St); WAC Champs 2009

## Lisa Boozer

Swimming Breaststroke  
(Diablo Valley JC); State JC Champs 2011 400 med relay (3:58.38); State JC Champ 2011 50 bs (30.59), 100 bs (1:05.97)

## Lynne Brady

Softball Infielder  
All-East Bay 87

## Nick Brady

Football Tight End  
(Chabot JC & Utah St); Big West Co-Champs 93

## Kris Breitstein

Softball Infielder  
(Univ of California); All-East Bay 85; also atnd Oakmont High; Sacramento Area

## Derek Brown

Soccer Midfielder  
(Cal Poly-SLO); All-Times 2007; All-East Bay 2007; YSL National Club Champs; Head Coach De La

Salle High (CC); NCS D1 Champs 11-13

## Bridget Bugbee

Swimming Freestyle  
(UC Davis); Big West Champ 500 fs (4:52.22-UCD rcd) 2010; Big West Champs 2010; Big West Champs 800 fs relay (7:17.96) 2010, (7:15.42- UCD rcd) 2011; UCD rcd 1650 fs (16:56.19) 2010

## Adam Buschini

Baseball 1B/Utility  
(Cal Poly-SLO); All-Big West 2009 (utl); played minor league baseball; South Atlantic Lg-North Div Champs 10

## Shane Buschini

Baseball Outfielder  
(Univ of San Diego); ANG Best of the Best 2002; All-East Bay 03; All-Times 03; WCC Champs 04 & 07; All-WCC 07; WCC POTY 07; WCC ldr 07 BAv (418), rbi (25); played minor league baseball; Northwest Lg-West Div Champs 08; brother of Adam Buschini, see above

## Shane Carney

Soccer Coach  
(USC); Head Coach Campolindo High 10-; NCS Div 2 Champs 11; Director of Coaching East Bay Eclipse Soccer Club 2000-; honored by Moraga with Shane B.Carney Day 11

## Chuck Cary

Baseball Pitcher  
(Univ of California); All-Nor Cal 78 (util); Det Tigers 85-86, Atl Braves 87-88, NY Yankees 89-91, Chi White Sox 93; Tri-Valley Sports HOF; CHS HOF

## Jacque Cassell

Soccer Midfielder  
(William Jessup Univ); Cal Pac Champs 2008 & 10; All-Cal Pac 09-11; Cal Pac POTY 11

## Ryan Chiarelli

Baseball Outfielder  
(Santa Clara Univ); All-WCC 2004; SCU Most Improved 2004; SCU ldr BAv 2004 (.361)

## Sabrina Clayton

Volleyball Outside Hitter  
BANG All-East Bay 2011 & 12; NCS POTY 12

## Ernie Collins

Football Punter

(Laney JC & San Diego Univ); JC Region 1 All-State 2010; JC AA 2010; Pioneer Lg Co-Champs 11

## Ian Conklin

Soccer Forward  
(UC Davis); All-Times 2005; ld EBAL scoring 04 & 05

## Camden Cook

Lacrosse Defender  
(Sonoma St); U. S. Lacrosse AA 2008

## Ben Danielson

Soccer Defender  
(Ohio Wesleyan Univ); All-East Bay 2011; brother of Trevor Danielson, Cal St. Stanislaus soccer player

## Brian Davidson

Track High Jump  
NCS Champ 91 (6-7); CH rcd 92 (6-11)

## Kyle Davies

Soccer Midfielder  
All-Times 2005; Member National Under-18 Team 06; Member National Under-20 Team 07; Southampton Reserve Team (English 1st Div) 07; Real Salt Lake 09, Dal Burn 09 (MSL); also atnd IMG Soccer Academy, Florida

## Reggie Davis

Football Defensive Back  
(CCSF); JC State Champs 2011

## Jeff deLaveaga

Basketball Forward  
(California Lutheran Univ); All-East Bay 87; All-Nor Cal 87; NAIA AA 91; All-SCIAC 91; SCIAC POTY 91; SCIAC Champs 91; played pro in Australia; Founder & Head Coach Arizona Gym Rats; AGR won 29 state AAU age group titles 2003-09; CH rcd gm 87 pts (44), ft (18), ldr season pts avg 87 (28.5); CLU ldr season pts 90 (699), 91 (724), 92 (825), fg 90 (234), 91 (223), 92 (258), ft 90 (178), 91 (181), 92 (187), steals 90 (57), 91 (64), 92 (57); CLU ldr career 90-92 pts (2,248), avg (28.1), 3pt fg (272), ft (576); NCAA Div. 3 pts avg ldr 93 (29.5); NCAA Div 3 ldr 92 3-pt fg (122), 3-pt fg per gm (4.4); SCIAC rcd pts gm 92 (48), season 92 pts (407), pts avg (29.1), fg (127), ft (95); Cal Lutheran HOF

## Steve deLaveaga

Basketball Guard  
(California Lutheran Univ); ALLSAC 87-89; NAIA All-District

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87-89; played pro in Australia 10 years; CF rcd gm 85 fg (21); CH ldr season pts avg 85 (21.4); CLU ldr season pts 88 (786), 89 (821), fg 88 (300), 89 (278), ft 88 (161), 89 (151), stls 89 (62); CLU rcd gm pts 89 (51); GSAC ldr season pts 87-89 (NR); Tri-Valley Sports HOF; Cal Lutheran HOF; brother of Jeff deLaveaga, see above

## Ben DeVoll

Soccer Midfielder  
(Cal St Monterey Bay); All-Times 2004

## Tara Didyk

Track Long Jump/TJ  
(Fresno St); NCS Champ 89 (17-5 1/2); WAC Indoor Champ 93 (39-3 3/4); WAC Outdoor Champ 93 (41-5); CHS rcd 100mtr IH 89 (15.76), tj (36-08.75)

## Sharon Dillon

Softball Pitcher  
All-East Bay 86

## Marshall Dortch

Swimming Butterfly  
(Univ of Kansas); NCS Champ 94 100 bf (51.91); Head Coach Alameda Swimming Pool Assoc; San Ramon Valley Livermore Aquatics HOF

## Will Downer

Track 400mtrs  
NCS Champ 97 (48.5-CHS rcd); CHS rcd 200mtrs 97 (22.04),

## Aaron Drake

Wrestling 152lbs  
NCS Champ 2008

## Craig Dufosse

Baseball Pitcher  
All-Times 96; All-East Bay 96

## Patricia Dulick

"Trish"  
"Sweeney" (married name)  
VB/BK/Softball  
(St. Mary's College); CHS HOF; Tri-Valley Sports HOF; wife of Matt Sweeney, see Amador Valley High (A); mother of Danielle & Kelly Sweeney, see Foothill High (A)

## Brian Elbogen

Basketball Center  
(Princeton Univ); All-Times 2003; Times POTY 2003; Chron Metro Contra Costa POTY 2003; Jewish Sports Review AA 2003; did not play in college because of high school back injury

## Rachael Feldman

Soccer Midfielder  
(U.S. Naval Academy); All-East Bay 2013

## Evan Fernandez

Track Long Jump  
(Boise St); NCS Champ 2004 (21-8); prep pr 2004 (22-2 1/4)

## Jeff Ferrier

Football Offensive Line  
All-East Bay 2008; Chron All-Metro 2008; also atnd San Ramon Valley High (CC)

## Jason Ford

Wrestling 121lbs  
NCS Champ 95

## Noel Frazier

Track High Jump  
(Univ of California); NCS Champ 2011 (6-8), 12 (6-9); 2nd State Meet 2011 (6-9); State Champ 12 (6-10 1/4); BANG TAOTY 12; father James Frazier, Univ of Arizona rcd holder (7-6); pr 13 (6-11.75)

## Julie Gailey

Soccer Defender  
(Univ of Texas); Big 12 All-Newcomer Team 2002; All-Big-12 04 & 05; Member Under-19 National Champs 04

## Karen Gallagher

Swimming Freestyle  
NCS Champ 94 500 fs (4:58.88)

## Kyle Gallegos

Baseball Catcher  
(Chabot JC); JC All-State 2010; CJC ldr season 10 gms (36-tie), starts (26-tie), hbp (19); 11 rbi (28-tie)

## Natalie Galletly

Softball 1B  
(Humboldt St); GNAC Champs 2006; All-CCAA 07 & 09; CCAA POTY 07 & 09; AA 07-09; CCAA Champs 07 & 09; HS rcd career 2006-09 hits (312), rbi (223), dbls (62), rcd season 07 rbi (69), 08 gms (75-tie), ldr season 06 BAvG (.417), dbls (19), 07 hr (10), walks (30), 08 dbls (18), hr (12), rbi (59), walks (37), 09 BAvG (.413)

## Scott Garner

Baseball Pitcher  
All-East Bay 83

## Rich Garwood

Football Offensive Line  
All-East Bay 2010

## Derek Goetting

Football Linebacker

(Diablo Valley JC & Southern Oregon Univ); JC Region 2 All-State 2011

## David Gory

Football Tight End  
(Fresno St); East Bay Cream of the Crop 2008 #8

## Leroy Green

Football Running Back  
All-East Bay 2008

## Derek Guffey

Swimming IM/Backstroke  
(Cal St Bakersfield); NCS Champ 92 200 IM (1:50.78), 93 (1:49.81), 92 100 bs (49.83); NCAA Div 2 Champ 98 200 bs (1:49.11); NCAA Div 2 rcd 200 bs 2000 (1:45.53); Head Coach Bakersfield Aquatic Club; Tri-Valley HOF

## Justin Haley

Golf  
(Cal Poly-SLO); NCS Champ 2009 (71-3rd playoff hole)

## John Hall

Baseball Catcher  
All-East Bay 94

## Stefanie Hatley

Softball Catcher/1B  
(Ohlone JC); JC All-State 2011

## Samantha Heath

Swimming Breaststroke  
(Univ of California); NCS Champ 2004 100 bs (1:04.99); participated in crew in college

## Amanda Heins

Soccer Defender  
(Washington St); All-East Bay 2010

## Andre Herke

Tennis Doubles  
(UC Santa Cruz); NCS Champs 90; NCAA Div 3 Champs 95; Head Coach Carpinteria High 97 & Jacksonville Univ men & women

## Lauren Holden

Soccer Goalkeeper  
(Univ of Oregon); All-East Bay 2011-13

## Claire Hollcraft

Basketball Guard  
(Creighton Univ); All-East Bay 81; CU ldr season 82 asst (67), stls (51); CHS rcd 100mtrs 78 (12.67), 200mtrs (26.64), 81 hj (4-10); CHS HOF

## Tracy Hong

Soccer Defender  
(Cal Poly-SLO); All-East Bay 2011

# Contra Costa County

## Shannon Hung

Tennis Doubles  
NCS Div 1 Champs 2010

## Brooks Jenkins

WP/Swimming Breaststroke  
(Univ of California); All-East  
Bay/North Bay 99; NCS Champ  
2000 100 bs (57:83)

## Courtney Jenkins

Water Polo Hole Set  
(UC Santa Barbara); All-Times 2003;  
sister of Brooks Jenkins, see above

## Jeff Johnson

Baseball DH/OF/Inf  
(Diablo Valley JC, Ohlone JC &  
Oregon St); JC AA 2009 (dh); JC  
Big Stick Award 2009; State ldr  
2009 hr (19), rbi (66); OJC ldr  
season 2009 ttl bases (136), slug  
pct (.883), hbp (13), so (35)

## Karis Johnson

Football Utility  
(Utah St); Chron All-Metro 2012;  
East Bay Cream of the Crop 2012 #19

## Zach Johnson

Baseball Infielder  
(Ohlone JC & Oklahoma St); JC  
All-State 2010; JC State Champs  
2010; OJC ldr season 2010 BAv  
(.405), dbls (14), hr (12), rbi (42),  
ttl bases (103), slug pct (.817),  
walks (15), hbp (10); OS ldr season  
11 BAv (.356), runs (51), dbls  
(21), hr (13), rbi (63), slug pct  
(.631), sac fly (7), hbp (6); twin  
brother of Jeff Johnson, see above

## Mike Jones

Bk/FB/Trck  
(Utah St); CSH HOF; played fb in  
college

## Matt Kalafatis

Baseball DH/Catcher  
(Diablo Valley JC, Sierra JC & UC  
Santa Barbara); JC All-State 2002  
(at DVC); DVJC ldr season 2002  
hits (59-tie), BAv (.381), hr  
(3-tie), hbp (9), slug pct (.523);  
SJC ldr season 03 gms (43-tie),  
hits (50), rbi (41), trpls (8)

## Corinne Kantor

Lacrosse Attack  
(Sonoma St); All-East Bay 2009; CHS  
ldr 2009 pts (80)

## Stacia Keisner

Softball Utility  
All-East Bay 89 & 90

## David Klech

Track HJ/110HH/300mtrIH/LJ

(UCLA & Univ of Oregon); NCS  
Champ 2005 (6-6), (14.10), (36.81),  
06 (6-6), (13.76), (36.47); Times  
AOTY 2005 & 06; Times T&F  
AOTY 05 & 06; ANG T&F AOTY  
06; State Champ 2005 (36.06), 2nd  
(13.98); 3rd (22-9); State Champ  
06 (35.87); State Meet red pts 2005  
(24); U. S. Youth Gms Champ 2005  
(51.28); Pac-10 Champs 09 & 10;  
NCAA Champs 10; also competed in  
Heptathlon/Decathlon; CHS HOF

## Sydney Kordic

Volleyball Outside Hitter  
(Sacramento St); All-East Bay 2008

## Darby Kroyer

Soccer Midfielder  
(Duke Univ); NSCAA AA 2001 &  
02; Member Under-16 National  
Team 02; All-Times 03; Times  
POTY 03; Parade AA 03; Cal-Hi  
State POTY 03; Member Under-19  
State Champs 03; ACC All-Freshman  
03; Member National Under-19  
Champs 04; CHS HOF

## Sandy LaBeaux

FB/Track DB/400mtrsIH  
(Cal St Hayward); NCAA Div 2  
Champ 81 (50.96); TB Buccaneers  
83; Hou Gamblers 85 (USFL); CHS  
red 400mtrs 78 (50.84), 800mtrs  
(1:58.8); CSH red 400mtr IH 7881  
(50.96); CHS HOF

## Jennifer Ladouceur

Track Discus  
(Univ of California); NCS Champ  
2001 (135-8); CHS red 01 (141-0);  
daughter of Bob Ladouceur, see San  
Ramon High (CC)

## Matt Langseth

Baseball 2B  
(Ohlone JC & Cornell Univ); All-  
Times 2005; JC All-State 08; JC AA  
08; OJC ldr season 08 BAv (.370),  
gms (43-tie), starts (43-tie), runs (56),  
hits (61), trpls (5), ttl bases (88),  
walks (25), hbp (9), sb (25); IBC WS  
MVP 08; brother of Jenna Langseth,  
Sacramento State track competitor;  
Ohlone JC Male AOTY 08

## Danielle Leach

Swimming Diving  
(Univ of California); NCS Champ  
94 (442.05), 95 (460.45), 96  
(469.45); Head Coach Diving  
California High; columnist East  
Bay Sports.com; EBAL red 1 mtr  
(485.23) 95

## Devin Lewis

Water Polo Field  
(Massachusetts Institute of  
Technology); All-Times 2005;

CWPA All-North; Div 3 Eastern  
Champs 07; NCAA Div 3 Champs  
07

## Jeremy Lewis

Water Polo Attacker  
(Diablo Valley JC); All-East Bay  
2009; All-East Bay/North Bay  
2009; CH ldr season 2009 goals  
(144); CH red career goals (444)

## Colleen Lillig

CC/Track 3200mtrs  
(UC Irvine); NCS Div 1 Champ  
2007 (17:54), 08 (17:38), 09 (17:30);  
NCS Champ 09 (10:43.95), 10  
(10:43.08); East Bay CC AOTY 09;  
Big West CC Freshman of the Year  
10; CHS red 10 3200mtrs (19:41.9)

## Ryan Lockner

FB/Track LB/Shot Put  
(Santa Barbara JC & UC Santa  
Barbara); All-Times 99; CHS red  
2000 (56-4)

## Katherine Mahoney

"Katie"  
Soccer Forward  
(Arizona St); Parade AA 2002;  
NSCAA AA 2002; Member National  
Under-17 Champs 2002; Member  
State Under-19 Champs 03;  
Member National Under-19 Champs  
04; ASU red fastest goal scored (18  
seconds)

## Brandon McDougall

"Spike"  
Baseball Infielder  
(Diablo Valley JC & UC Irvine);  
ANG Best of the Best 2002; JC AA  
04; played minor league baseball;  
DVJC ldr season 04 ab (139), runs  
(43), hits (62), BAv (.446), rbi  
(36), hr (8), walks (24), sb (11-tie),  
slug pct (.734), ob pct (.536)

## Jeff Meads

Football Offensive Line  
(Univ of Nevada-Reno); East Bay  
Cream of the Crop 2007 #12; WAC  
Co-Champs 10; Fight Hunger  
Bowl Champs 11

## Justin Miller

Track Pole Vault  
(Univ of California & Chabot JC);  
NCS Champ 2008 (17-0); 2nd State  
Meet 2008 (16-0); East Bay Track  
AOTY 2008; son of Nechia Miller,  
Cal Hi Women's VB Coach &  
Dougherty Valley High AD, Dan  
Miller, Head Athletic Trainer, Chabot  
JC; CH red 08 (17-0)

## Krista Miller

Softball Pitcher

# Contra Costa County

(San Jose St); All-Metro 2008; played volleyball (oh) in college; sister of Justin Miller, see above

Football Offensive Line  
(Univ of Nevada-Reno); WAC  
Co-Champs 2005

State Cup Champs 2004 & 05

## Matt Mills

Swimming Butterfly  
(UOP); Big West Champ 2002 200  
bf (1:50.74), 03 (1:49.39), 04  
(1:48.32); San Ramon Valley  
Livermore Aquatics HOF

## Steven Moen

Baseball Catcher  
(Sonoma St); All-East Bay 2011

## Megan Molina

Soccer Midfielder  
(San Jose St); WAC Co-Champs  
2010; SJS ldr season gm (19-tie)

## P.J. Moore

Basketball Forward  
All-East Bay 79; Tri-Valley Sports  
HOF; CHS HOF

## Madison Moore

Lacrosse Defender  
All-East Bay 2011; AA 2011

## Matt Nadig

Wrestling 119lbs  
NCS Champ 91

## Andrew Noble

Soccer Defender  
All-East Bay 2010

## Osayaba Ona-Enagbare

Football DL/Linebacker  
(Laney JC & UC San Diego); All-East  
Bay 2007 (dl); played lb in jc; played  
rugby in college

## Garrett Owoc

Volleyball Setter  
(Univ of California); All-East Bay  
2008

## Elyse Pacheco

Soccer MF/Defender  
Member Under-15 National  
Champs 2004

## Gianni Pagliuca

Soccer Forward  
(Las Positas JC); All-East Bay 2011

## Thomas Pearson

Swimming Freestyle  
(Diablo Valley JC & UOP); State  
JC Champs 2008 500yd fs Relay  
(6:48.96); State JC Champs 2008

## Brad Perfect

Swimming Breaststroke  
(Claremont-Mudd-Scripps  
College); SCAC Champs 2011

## Kyle Peterson

## Kelsey Quane

Soccer Midfielder  
(Pepperdine Univ); State Cup  
Champs 99-2002; National  
Under-17 Champs 2002

## Morgan Quane

Soccer Forward  
All-Times 2000; sister of Kelsey  
Quane, see above

## Paul Quincy

Swimming Freestyle  
(Georgetown Univ); NCS Champ  
2009 500 fs (4:32.58)

## Tom Reiner

Football Tight End  
(Univ of Missouri); All-East Bay  
86; East Bay Cream of the Crop 87  
#16; played lb in college; UM ldr-tie  
int (2) 91; CHS HOF

## Guillermo Rivas

Soccer Defender  
All-East Bay 2010 & 11

## Chris Robinette

Track Shot Put  
NCS Champ 88 (56-1); CHS rcd 88  
(56-04), 87 (168-09)

## Tyler Rogers

Baseball Pitcher  
(Chabot JC & Lubbock Christian  
Univ); Chron All-Metro 06; Babe  
Ruth WS rcd so 7-inn gm 2002  
(17)

## Kyle Roy

Water Polo Hole Set  
(UOP); All-Times 2002

## Nick Rosato

Football Linebacker  
(Univ of California); All-Times  
2007; Times DPOTY 2007; All-  
East Bay 2007; East Bay DPOTY  
2007; Chron All-Metro 2007; East  
Bay Cream of the Crop 08 #7

## Steve Saint

Baseball 1B  
All-East Bay 95 & 96; All-Times 95

## Kayla Santacruz

Soccer Forward  
(San Jose St); WAC Freshman of  
the Year 2010; WAC Co-Champs  
2010; ld SJS goals 10 (10), pts (26),  
assts (6); CHS lrd 09 assts (9)

## Jessica Scott

Soccer Forward  
(San Jose St); All-Times 2004;

## Bobby Setzer

Football Defensive End  
(Walla Walla CC & Boise St);  
All-Big West 98; SF 49ers 2001-02;  
Chi Bears 02; Frankfurt Galaxy 04  
(NFLE); World Bowl Champs 04;  
All-NFLE 04; Georgia Force 05-06,  
Orl Predators 07 (AFBL); NFLE ldr  
sacks 04 (8); graduated from South  
Salem High, Washington

## Josh Slaats

Baseball Pitcher  
(Univ. of Hawaii); All-East Bay  
2007; played minor league baseball;  
UH ldr season 10 starts (16), sho (2),  
ip (74), so (75), walks (33-tie), hbp  
(13)

## Alex Spalliero

Football Defensive Back  
(Chabot JC); All-Times 2007;  
All-East Bay 2007; Chron All-Metro  
2007

## Natalie Sramek

Soccer Defender  
(Univ of Colorado); All-Times  
2008; All-East Bay 09

## Jean-hans Stallsmit

Football Defensive Line  
(UNLV); East Bay Cream of the  
Crop 95 #14; dismissed from  
UNLV team 98

## Cheri Steensma

VB/Diving Hitter  
(Texas A & M); All Southwest Conf  
1987 & 88; All Region 88; ld TAM  
kills 87 (519) & 88 (475); ttl attms 87  
(1,308), 88 (1,279), hitting pct 87  
(.320), 88 (.286), kills per set 87  
(4.09), 88 (3.86), service aces 88 (28);  
career rcd kills (1,477), ttl attms  
(3,996); TAM rcd kills three gm match  
(26) 88 vs Texas, service aces gm  
(6-tie) 88 vs Miami-Ohio, ttl attms rcd  
(1,308) 88; CHS rcd hj 82 (5-0); CHS  
HOF

## Bo Stompro

Football Quarterback  
(Univ of San Diego); Pioneer Lg  
Co-Champs 11; CHS rcd gm 2008  
pass tds (7); ldr season 2008 pass  
yds (1,835), tds (15)

## Erica Storch

Soccer Midfielder  
(UNLV); Under-18 National  
Champs 2006

## Trevor Taft

Football Tight End

# Contra Costa County

(Univ of Nevada); All-East Bay 2010;  
Chron All-Metro 2010; played lb in  
college; CHS rcd season int (6)

(Univ of California); NCS Champ  
2000 100 bf (50.95); Cal Team  
Captain 04; San Ramon Valley  
Livermore Aquatics HOF

## Rich Weigart

Football Punter  
EX All-Bay Area 82; All-East Bay  
82

## Kellie Taylor

Tennis Doubles  
(UC San Diego); NCS Div 1 Champs  
2010

## Scott Vogelgsang

Swimming Freestyle  
(UC Santa Barbara); NCS Champ  
2006 200 fs (1:41.52), 500 fs  
(4:37.69); ANG SOTY 2006; Times  
SOTY 2006; Big West Freshman of  
the Year 07; brother of Bruce &  
Keith Vogelgsang, see above

## Taylor Wood

Soccer Defender  
(Univ of Virginia); All-Times 2000  
& 01; Times POTY 01; West Coast  
Regional AA 2000; NSCAA AA  
2000; ACC Champs 04

## Billy Tonis

Wakeboard  
(Ohlone JC & San Francisco St);  
Extremity Gms Gold Medalist  
2010; took up sport after right  
arm was paralyzed in accident

## Justin Wahl

Lacrosse Midfielder  
(UC San Diego); National MDIA  
"B" Champs 2006

## Brittany Wright

Softball Pitcher  
(Ohlone JC); All-East Bay 2010

## Dylan Tonneson

Baseball/FB Catcher/TE  
(Univ of California); All-Times  
2005 & 06 (bb); All-Times 2005  
(fb); Chron All-Metro 06 (bb);  
Chron East Bay POTY 06; All-East  
Bay 2006 (bb); Cal-Hi All-State 06;  
played minor league baseball

## Rob Waite

Baseball Utility  
(Chabot JC & UC Riverside);  
All-East Bay 2005

## Campolindo High Cougars

### Moraga

(estab. 1962)

(aka Campo)

## Christina Adranly

"CJ"  
Soccer Defender  
(Univ of California); All-Times  
2004

## Kim Tse

Softball Outfielder  
All-Times 91

## Laura Walker

Swimming Medley  
(Univ of Florida); NCS Champ 85  
200 IM (2:05.56); Member  
Olympic Team 88

## Allison Anderson

Volleyball OH/Libero  
(Boston College); All-Times 2002  
(oh); Times POTY 2002; Big East  
Libero of the Year 04, Member  
National Team 07; BC rcd season  
digs 04 (706); BC ldr season kills  
03 (348); NCAA rcd match digs 04  
(57)

## George Tucker

Basketball Guard/Forward  
(Diablo Valley JC & Whitworth  
College); All-Times 2002; CH ldr  
season 2002 pts avg (16.2)

## Mike Walker

Track Triple Jump  
NCS Champ 90 (46-11 3/4); CHS rcd  
90 (49-03.75); hj (6-03), lj (21-09.75)

## Robby Tulk

Baseball Outfielder  
(UC Davis); All-CCAA 2002 & 04;  
played minor league baseball; UCD  
ldr season 2002 gm (58-tie), runs  
(56), 03 runs (44-tie), trpls (3-tie),  
04 gm (53-tie), ab (208), runs (54),  
trpls (5), hr (11), rbi (50), tb (133),  
slug pct (.639), walks (30), sb (15);  
son of Bob Tulk, Cal bb player

## Brian Watson

Football Defensive Line  
All-Times 96

## Karen Arbuckle

Tennis Doubles  
(UC Davis); NCS Champs 89 & 90;  
NCAA D2 Team Champs 93

## Brittany Velisek

Soccer MF/Defender  
(Univ of Miami); Under-18 National  
Champs 2006

## Natalie Weeks

Soccer Goalkeeper  
(Univ of Colorado & UCSB);  
Member Under-15 National Champs  
2004; played Def/Mid in college;  
member four State Club Champs and  
two Far West Regional Champs; sister  
of Leslie Weeks, see Carondelet High  
(CC)

## Tim Baffi

Cross Country  
(Claremont-Mudd-Scripps  
College); SCIAC Champs 2010

## Chris Verhulst

Football Tight End  
(Chico St); All-Nor Cal Conf 87;  
Nor Cal Conf OPOTY 87; AA 87;  
East-West Shrine Gm 88; Hou  
Oilers 88-89, Den Broncos 90;  
Chico St HOF; Tri-Valley HOF; CHS  
HOF

## Dan Whitaker

Volleyball/FB MH/OL  
(U. S. Military Academy); All-East  
Bay 2009 (vb)

## Laura Banister

Soccer Goalkeeper  
Member U-17 Premier National  
Champs 2007; U17 National Club  
Champs 07; All-East Bay 09

## Bruce Vogelgsang

Swimming Freestyle  
(Univ of California); NCS Champ  
98 500 fs (4:26.13), 200 fs  
(1:39.74); San Ramon Valley  
Livermore Aquatics HOF

## Andrew Wiedeman

Soccer Forward  
(Univ of California); Super Y Lg  
National Team 2006; All-Times  
2006 & 07; Times POTY 07; All-East  
Bay 07; East Bay POTY 07; College  
Soccer News & Soccer America  
All-Freshman Team 07, Pac-10  
Champs 07; NSCAA Far West  
All-Region 08 & 09, All-Pac-10 09;  
FC Dallas 10-12; Toronto FC 12  
(MLS); UC ldr 07 pts (20), goals (7),  
asst (6), 08 pts (29) & 09, (26), goals  
(11), gm-win goals (5)

## T.J. Barni

Water Polo Goalkeeper  
All-Times 2007; All-East Bay/  
North Bay 2007

## Michelle Bateman

Basketball Forward  
All-Times 92; All-East Bay 92;  
All-Nor Cal 92

## Bart Bauer

Basketball Forward  
(Montana St-Billings); All-East  
Bay 77 & 78; All-Nor Cal 77 & 78

## Keith Vogelgsang

Swimming Butterfly



# Contra Costa County

## Tom Belfanti

Swimming/WP Freestyle  
(Univ of California); NCS Champ  
71 50 fs (22.44); NCAA Champs  
(wp) 73

## Katy Berkes

Track 1500mtrs  
(UC Davis); CCAA Champ 2001  
(4:31.36)

## Matt Biondi

Swimming/WP All  
(Univ of California); NCS Champ  
81 50 fs (20.40) National prep rcd,  
100 fs (45.04) & 82 (45.94); Cal-Hi  
State WP POTY 82; NCAA Champ  
100 & 200 fs; Gold Medalist  
Olympics 84 400 fs relay; Gold  
Medalist Olympics 88 50 fs (22.14)  
WR, 100 fs (48.63), 400 medley  
relay (3:36.93) WR, 400 fs relay  
(3:16.53) WR, 800 fs relay  
(7:12.51) WR, Silver Medalist 100  
bf (53.01), Bronze Medalist 200 fs  
(1:47.99); Gold Medalist Olympics  
92 400 fs relay & 400 medley relay,  
Silver Medalist 50 fs; World  
Champ 86 100 fs (48.94) & 91  
(49.18); won 11 Olympic medals,  
(tie for most by American); won 8  
NCAA titles, 17 U. S. titles & 15  
International titles; WR 100 fs  
(48.42) 88; USOC Sportsman of the  
Year 86 & 88, UPI International  
AOTY 88, considered one of  
most technically flawless  
swimmers; contestant on "Dancing  
With The Stars" TV show 09; #21  
on Cal-Hi Sports All-Time Top 100  
California Men's Athletes; #21 on  
Oakland Tribune list of Bay Area's  
50 Top Athletes of 20th Century;  
#49 on CNN.com 20th Century  
State of Calif 50 Greatest Sports  
Figures; Splash Magazine Team of  
Century; International Swimming  
HOF, U. S. Olympic HOF; Cal HOF;  
BASHOF; NIAHOF; San Ramon  
Valley Livermore Aquatics HOF

## Dana Bjornsen

Cross Country  
NCS Champ Div 2A 87; also NCS  
Champ 88 at Carondelet High (CC)

## Chris Blackwood

Basketball Guard  
(Humboldt St); All-Times 2005;  
Cal-Hi Div 3 All-State 2005; 1st  
player All-DFAL four years; CHS  
ldr career asst (351); son of Tom  
Blackwood, see Menlo-Atherton  
High (SM); brother of Justin  
Blackwood, see Miramonte High  
(CC); also atnd Miramonte High

## Scot Boatright

Football Linebacker

(Univ of Oregon); EX All-Bay Area  
86; played ol in college

## Dave Bollwinkel

Basketball Coach  
(Princeton Univ & Univ of  
California); played bk & fb in high  
school, fb at Princeton & Cal; Head  
Coach bk Cal Poly-Pomona 87-92  
(58-83), St. Mary's College 98-  
2001 (35-80); CCCA COTY 92;  
Scout Wash Bullets 96, Bos Celtics  
02-04, Phil 76ers 05; bk analyst  
Comcast, Fox & Action Sports  
Cable

## Kathleen Branagh

Volleyball Setter  
(Univ of Virginia); Member U-16  
National Club Champs 2001;  
All-Times 02; cousin of Nicole  
Branagh, see Miramonte High (CC)

## Alex Breaux

Football Wide Receiver  
(Harvard Univ); All-Times 2003;  
All-New England Prep 04; Ivy Lg  
Co-Champs 08; also attend  
Phillips Exeter Academy after high  
school

## Lauren Bugglin

Swimming Backstroke (Santa Rosa JC);  
State JC Champs 2011 200 med relay  
(1:50.66)

## Sven Campbell

Swimming Backstroke  
(Univ of California); NCS Champ  
2011 100 bs (49.71); East Bay SOTY  
2011; prep pr 100fs (44.22-NCS rcd),  
100bs (48.16-NCS rcd), 50fs (20.33-  
NCS rcd)

## Jodi Cannon

"Lom" (married name);  
Basketball Forward  
(UC Santa Barbara); EX All-Bay  
Area 86; All-East Bay 86; East Bay  
POTY 86; All-Nor Cal 86; Cal-Hi  
All-State 86

## Chris Carey

Tennis Doubles  
NCS Champs 91

## Dave Carley

Baseball Pitcher  
(Univ of Arizona); All-East Bay 83;  
All-Nor Cal 83; played minor  
league baseball; Midwest Lg-Central  
Div Champs 87; shoulder  
dislocation ended his career 88

## Poppy Carlig

Swimming Synchronized  
(Stanford Univ); Member National  
Jr. Team 2003 & 04; Member

National Team 03-06; National Jr.  
Team Champs 04; National Jr. Trio  
Champs 04; National Collegiate  
Team Champs 05-08; rotator cuff  
injury ended career; finalist  
contestant "The Apprentice" tv  
show 10 (fired in 10th round)

## Richard Carrick

Cross Country  
(Cal Poly-SLO); Big West Champs  
2004

## Wayne Chai

Baseball Outfielder  
(Univ of California); All-East Bay  
84

## Tiffany Chang

Track Pole Vault  
(Brown Univ); NCS Champ 2003  
(11-3), 04 (11-6); CHS rcd 04 tj  
(35-6) & pv (11-8); college pr  
outdoors 05 (12-0), indoors 06  
(12-1 1/2)

## Corbin Chase

Baseball Outfielder  
All-East Bay 2009; Cal-Hi All-  
State (medium schools) 2009

## Tim Cherry

Water Polo Hole Set  
(UCLA); All-Times 2002; NCAA  
Champs 04

## Justin Chiles

Water Polo  
(Princeton Univ); All-East Bay/North  
Bay Team 99; swimmer in college

## Kevin Christison

Football Defensive Line  
(Univ of Oregon); All-East Bay 86;  
EX All-Bay Area 86; played  
linebacker in college

## Darrin Cohen

Tennis Singles  
(Univ of Virginia); NCS Champ  
2001; son of Judith Cohen, Head  
Coach Campolindo High

## Dave Colley

Baseball Outfielder  
All-East Bay 88

## Daniel Cone

Golf  
(St. Mary's College); NCS Champ  
2005 (NR)

## Greg Cook

Football Nose Guard  
(Santa Clara Univ); WFC Co-Champs  
83; WFC Champs 85

## Jeff Cook

Wrestling 154lbs





# Contra Costa County

Co-holder WR speed climb nose of Yosemite Valley's El Capitan 2008 (2:37.05)

## Brad Foster

Football  
Campolindo FB HOF

## Dana Foster

Swimming Freestyle  
(Univ of California); Pac-12 Champs 2013; Grandfather Jack Morley, bk player USC, Great Uncle Sam Morley, AA fb plyr Stanford

## Tony Franco

Tennis Doubles  
(Santa Barbara JC & Cal St San Bernardino); NCS Champs 98

## Bill Freeborn

Track Triple Jump  
(UCLA); NCS Champ 85 (47-1 1/4); CHS rcd lj 85 (23-2); CHS rcd (47-1 1/4)

## Rob Fuhrman

Track 1600mtrs  
NCS Champ 85 (4:17.19)

## Ryan Gallagher

Cross Country  
NCS Div 4 Champ 94 (16:47)

## Phil Galligan

Football Wide Receiver  
(Dartmouth College); All-Times 2004; All-East Bay 2004; Chron All-Metro 2004; Cal-Hi All-State 2004 (medium schools); DU ldr season 06 punt ret (9), punt ret yds (25), 07 ko ret (32), ko ret yds (668), punt ret (11), punt ret yds (36), 08 recep yds avg (12.8)

## Brian Gianello

Basketball Forward  
(Diablo Valley JC & Azusa Pacific Univ); All-Times 92

## Aidan Goltra

Cross Country  
NCS D3 Champ 2012 (15:30); D3 State Champ 2012 (15:18); BANG CC ROTY 2012; also attn Las Lomas (CC)

## Stephan Grant

Swimming Freestyle  
NCS Champ 87 200 fs (1:42.65) & 88 (1:41.65); 87 500 fs (4:30.73) & 88 (4:31.74)

## Nick Graziano

FB/Baseball Quarterback  
(Univ of Nevada-Reno & Arkansas Tech); Sports Focus NCS POTY 2004; Chron Contra Costa POTY 2004; All-Times 2004; Times

POTY 2004; All-East Bay 2004; ANG OPOTY 2004; Cal-Hi All-State 2004 (medium schools-multi purpose); Cal-Hi All-State 05 (bb-medium schools); All-ANG 05 (bb); East Bay Cream of the Crop (fb) 05 #9; WAC Co-Champs 05 (fb); Gulf South Conf POTY 09; GSC rcd season 09 pass yds (4,313), ttl offense (4,768)

## Vince Grazianot

Football Linebacker  
All-East Bay 2011; brother of Nick Graziano, see above

## Lisa Gunther

Cross Country  
NCS Champ 86 (19:14)

## Rich Gunther

Track Discus  
(UCLA); NCS Champ 71 (176-3 1/2); 3rd State Meet 71 (177-0); prep pr & CHS rcd 71 (182-8 1/2); AD Modesto JC; Head Coach Grace Davis High

## Erik Gwilliam

Football Offensive Line  
(Ricks JC & Utah St); East Bay Cream of the Crop 94 #20

## Scott Gwilliam

Football  
Campolindo FB HOF

## Mitch Haas

Basketball Forward  
(Ohio St); All-East Bay 79; East Bay POTY 79; All-Nor Cal 79; Nor Cal MVP 79; CH ldr season pts avg 79 (22.7)

## Tom Hale

CC/Track Two Mile  
(Whitworth College, Univ of Oregon & Univ of California); NCS CC Champ 68 (15:11) & 69 (14:08); NCS Champ 70 (9:33.4) & 71 (9:10.5); 71 State Meet 3rd (8:57.2); Pac-8 CC Champs 73; NCAA CC Champs 73; Dipsea Champ 72 (46:47); did not compete at Cal; CHS rcd 71 3200mtrs (8:54.22); founder/owner (79) Backroads Bike Tours (nation's largest adventure travel program)

## Walter Hale

"Chip"  
Baseball Infielder/Mngr  
(Univ of Arizona); All-East Bay 81 & 83; All-Nor Cal 83; College WS Champs 86; Minn Twins 89-90, 93-96, LA Dodgers 97; Mngr Missola (Pioneer Lg) 2000-01; Pioneer Lg COTY 01; El Paso (Tx Lg) 02; Tx

Lg Champs 02; Tucson (PCL) 04-06; PCL Champs 06; PCL Mngr of the Year 06; Tucson rcd wins season 06 (91), career 04-06 (226); UA ldr career 84-87 gms (255), ab (978), hits (337), walks (162), sac flies (21), ttl bases (507); Midwest Lg ldr BAvg 87 (.345); prep teammate of Paul Faries

## Tracy Hamm

Soccer/SB Midfielder/OF  
(Univ of California); All-Times 2001 (soc); All-Times 2002 (sb); ANG Best of the Best 2002 (sb); Cal-Hi All-State (medium schools) 2002 (sb); Cal Frosh of the Year 02 (soc); FC Gold Pride 09, Atl Beat 10 (WPS); UC ldr season 02 goals (9), pts (18), shots (49), 03 shots (40); daughter of Curtis Hamm, Head Coach softball Campolindo High

## Mike Harrison

Baseball Catcher  
(Univ of California); All-East Bay 88; played minor league baseball; Carolina Lg-South Div Champs 94; prep & college teammate of Jon Zuber

## Tad Heydenfeldt

Baseball Pitcher  
(Univ of Arizona); All-East Bay 81 & 82; also All-Nor Cal 80 at Acalanes High (CC)

## Pete Hillman

Football Defensive Line  
(Santa Clara Univ); WFC Champs 85

## Dana Holt

Swimming Freestyle  
NCS Champ 2011 50 fs (23.67)

## Cliff Hoskins

Swimming Freestyle  
NCS Champ 85 50 fs (21.37)

## Barbara Hyde

Basketball Center  
(Univ of Arizona); EX All-Bay Area 83 & 84; EX POTY 84; All-East Bay 83 & 84; East Bay POTY 84; All-Nor Cal 83 & 84; Member American Athletic Assoc for the Deaf National Champs Team 89, 92, 93 & 96; Member National Deaf Team 2005; counselor & coach California School for the Deaf (A)

## Kyle Irving

Baseball/FB Outfielder  
(UC Davis); All-Times 99; Cal-Hi All-State (small schools) 2000; Campolindo FB HOF

## Paul Jacobson

# Contra Costa County

Baseball Pitcher  
All-East Bay 80; All-Nor Cal 80

## Kortney Jamtaas

Volleyball Outside Hitter  
(Washington St); All-Times 98;  
WS ldr career kills 99-2002; son of  
Kris Jamtaas, Washington St vb  
player

## Don Jenks

Basketball Center  
All-East Bay 71

## Rick Jensen

Football Defensive Line  
All-East Bay 69

## Eric Johnson

Water Polo Attack  
(Univ of California); MPSF  
Champs 2010

## Mark Johnson

Baseball Outfielder  
All-East Bay 80

## Thomas Joyce

Cross Country  
NCS Div. 3 Champ 2011 (14:56);  
East Bay ROTY 2011

## Jeff Judson

Tennis Doubles  
NCS Champs 91

## Stacey Jung

Track Pole Vault/LJ  
(Harvard Univ); NCS Champ 2007  
(12-3); CHS rcd 08 (12-6), (36-6)

## Tom Kafka

Swimming Breaststroke/IM  
(BYU); Gold Medalist 81 Jr.  
Nationals 200 bs (2:24.73), 200 IM  
(2:09.55), 400 IM (4:35.41); NCS  
Champ 82 100 bs (57.29), 83 (57.62)  
& 84 (56.93); 82 200 IM (1:52.3) &  
84 (1:52.58)

## Alex Kalish

Track Pole Vault  
(Claremont-Mudd-Scripps  
College); NCS Champ 2010 (15-0)

## Kristen Kathan

"Raisin"  
Volleyball OH/Libero  
(Univ of California); All-Times  
2003-05; Times POTY 05; All-East  
Bay 05; Cal Hi Sports POTY 04-05,  
Sports Focus POTY 05; Prep VB.com  
AA 05, Sports Focus POTY 05; UC  
ldr digs 07 (414), 08 (491)

## Michael Kathan

Baseball Shortstop  
(San Mateo JC); All-East Bay 2010;  
JC AA 11; SMJC ldr season 11

BAvg (.331), sb (21); brother of  
Kristen Kathan, see above

## Allyson Keener

BK/TrackGuard/HJ  
(James Madison Univ); All-Times  
96-98; Cal-Hi Div 4 All-State 96  
& 97; Cal-Hi All-State (junior) 97;  
Ex All-Metro 97 & 98; EX Contra  
Costa POTY 97 & 98; ANG Best of  
the Best 98; Cal-Hi Div 1 All-State  
98; Times Girls AOTY 98; CHS rcd  
hj 96 (5-4); CIF Nor Cal Div 4  
Final Gm rcd 97 ft att (15), ft 97  
(10); CIF State Div4 Final Gm rcd  
97 ft att (16), ft (11); JMU rcd  
career 98-02 3pt fg (171) 3pt fg att  
(492), ldr season 2000 ft pct (.776),  
01ft pct (.779), 3pt fg (70) 3pt fg  
att (184), 02 3pt fg (63), 3pt fg att  
(185)

## Alisha Khan

Water Polo Driver/Utility  
(UC Santa Barbara); All-Times  
2005; All-East Bay/North Bay 06;  
CHS career goals (136)

## Scott Kidd

Rugby Wing  
(Univ of California); NCAA Champs  
2005-08

## Jaison Kimura

Soccer Defender  
(Claremont-Mudd-Scripps  
College); All-East Bay 2011;  
SCIAC Champs 2011

## Ryan Kimura

Soccer Defender  
(UC Santa Cruz); All-Times 2008;  
brother of Jaison Kimura, see above

## Kimi Klein

Water Polo Field  
(Princeton Univ); All-East Bay  
2010 & 11; East Bay POTY 11;  
LLH rcd career 2008-11 goals  
(248); ldr season 11 goals (89)

## John Kochan

Basketball Guard  
All-East Bay 76; All-Nor Cal 76

## Joseph Kochlacs

"Joey"  
Track 3200mtrs  
(Chico St); NCS Champ 2007  
(9:21.16); CCAA Champs 10

## Jesse Krompier

"The Reverend"  
Swimming Butterfly/Back  
(Stanford Univ); NCS Champ  
2005 100 bf (49.33) & 06 (50.26),  
100 bs (51.82); Times SOTY 06

## Sophie Levy

Swimming Freestyle  
(UC San Diego); Pacific Collegiate  
Swimming Conf Champ 2002 500  
fs (5:00.25); 03 500 fs (NR), 1650  
fs (UCSD rcd 17:10.65)

## Charlie Lewis

Swimming Freestyle  
NCS Champ 88 100 fs (46.84)

## Paul Lindsey

Wrestling 132lbs  
NCS Champ 89

## Stephen Loomis

Water Polo Field  
(Pepperdine Univ); All-East  
Bay North Bay 2008; CH ldr  
season 2008 goals (77); son of  
Dave Loomis, who competed in  
track at UCSB, was member Cal's  
NCAA Champs rugby 82 & 83

## Scott Lopker

Rugby Center  
(UC Davis); AA 98; Albert  
Woodley Award for nation's  
outstanding college player 98

## Barbara Louie

Volleyball Outside Hitter  
(San Diego Mesa JC & San Diego  
St); All-Times 2000

## Jeff Loux

Basketball Forward  
(UC Santa Barbara); All-East Bay 74

## Jim Loux

Football Wide Receiver  
All-East Bay 76; EX All-Bay Area  
76; All-Nor Cal 76

## Caitlin Lynch

Softball Infielder  
(Oakland Univ); Member National  
Under-18 Champs 2003; OU ldr  
season 08 dbls (7), rbi (24)

## Elissa Malmquist

Rowing 8-Oar Crew  
(Univ of California); National  
Women's Lightweight Champs  
2002

## Alex Mangels

Soccer Goalkeeper  
(Univ of California); All-East Bay  
2011; East Bay POTY 2011; ESPN  
AA 2011

## Jody Marks

Basketball Forward  
All-East Bay 81

## Amy Martini

Volleyball Outside Hitter  
All-Times 2006; All-East Bay 07;

# Contra Costa County

## James Marvel

Baseball Utility  
All-East Bay 2011

## Mickey Mayes

Wrestling 135/132lbs  
NCS Champ 84; State Champ 84

## Kristie McCauley

Softball Pitcher  
All-East Bay 90 & 91

## Rebecca McCullogh

"Becky"  
Softball Pitcher  
(Stanford Univ); Cal-Hi All-State  
(medium schools) 2002; ANG Best  
of the Best 2002; All-Times  
2002-04; Times POTY 03; All-East  
Bay 03 & 04; Cal-Hi All-State 03;  
Member National Under-18  
Champs 03; Pac-10 Co-Champs  
05; SU ldr season 05 wins (21),  
gms (39), gs (32), cg (19), sho (3),  
ip (206 1/3), hits (172), runs (67),  
so (141), wp (11), 06 gs (23)

## Mark McIntyre

Wrestling 178lbs  
NCS Champ 72

## Scott Metcalf

Swimming Backstroke  
(Harvard Univ); NCS Champ 2000  
100 bs (50.83)

## Jim Metzger

Swimming Diving  
NCS Champ 92 (435.65) & 94  
(507.70)

## Harley Miller

Football Quarterback  
(Santa Rosa JC & UOP); All-Nor  
Cal 76; JC All-State 77 & 78; JC  
AA 78; SRJC rcd career 77-78 tds  
(48), pass yds (4,500+); Head  
Coach Campolindo High 83-; NCS  
Div 2A Champs 86

## Mike Miller

Basketball Guard  
(Univ of California); All-East Bay  
72 & 73; All-Nor Cal 72; Head  
Coach girls Campolindo High  
2004-07; CH rcd gm 73 pts (46), fg  
(18), ft (17), ldr season 72 pts avg  
(29.9)

## Laura Mitchell

Softball Pitcher  
All-East Bay 76

## Brett Mobley

Water Polo  
(Stanford Univ); Cal-Hi State POTY  
93

## Courtney Moll

Basketball Forward  
EX All-Metro 97; Cal-Hi Div 4  
All-State 97; CIF Nor Cal Div 4 Final  
Gm rcd 97 pts (26)

## Ashley Montgomery

Track Distances  
(UC San Diego); CCAA Champs  
2007

## Julie Morris

Basketball Forward  
(St. Mary's College); Cal-Hi All  
State (sophomore) 97; Cal-Hi  
All-State (junior) 98; EX All-Metro  
98 & 99

## Kelly Morris

Basketball Forward  
(St. Mary's College); All-Nor Cal  
93; Cal-Hi All-State (junior) 93;  
EX All-Metro 93 & 94; EX East  
Bay POTY 94; All-East Bay 94;  
All-Times 94; Cal-Hi Div 4 All-  
State 94

## Tracy Morris

"Johnston" (married name)  
Basketball Forward  
(St. Mary's College); Cal-Hi All-State  
(freshman) 93; Cal-Hi All-State  
(sophomore) 94; Cal-Hi All-State  
(junior) 95; All-Times 94-96; Times  
POTY 94 & 95; EX All-Bay Area  
94-96; EX East Bay POTY 95 & 96;  
All-East Bay 95 & 96; East Bay  
POTY 96; Cal-Hi Div 4 All-State 95  
& 96; Cal-Hi All-State 95 & 96; State  
Div 4 POTY 95 & 96; All-WCC  
97-2000, WCC POTY 98; CIF Nor  
Cal Div 4 Final Gm rcd 96 reb (17);  
CIF State Div 4 Final Gm rcd reb 96  
(21); CH career pts (2,241); WCC ldr  
avg 97 (15.6) & 98; SMC rcd gm  
2000 ft att (20-tie) ft (19), career  
96-2000 pts (1,807), ldr season 98 ft  
(131), 99 pts (544), fg (204), ft (114),  
reb (236), 2000 pts (525), fg (190),  
3pt fg (62); SMC HOF; sister of Julie  
& Kelly Morris, see above

## Erica Mueser

"Sorensen" (married name)  
Basketball Guard  
(Stanford Univ); All-East Bay 83;  
All-Nor Cal 83; CIF Nor Cal Div 2  
Final Gm rcd 82 asst (9)

## Ross Nakamura

Basketball Guard  
(Diablo Valley JC & Whitworth  
Univ); All-Northwest Conf 2009

## Deron Oates

Basketball Guard  
(Westmont College); All-East Bay  
89

## Taryn O'Connell

Rowing 8-Oar/4-Oar Crew  
(Univ of California); National  
Youth Champs (8s) 2004 & 05;  
Silver Medalist Team (4 with  
coxswain) CanAmMex Gms 2004;  
Pac-10 Champs 08 (8-oar),  
Collegiate Rowing Coaches Assoc  
All-West Region 08; All Pac-10 08,  
son of Daig O'Connell & brother of  
Dan O'Connell, both Cal crew  
members

## Harold Odom

Basketball Center  
(Pasadena JC); All-Nor Cal 79

## Alex Oehler

Football Offensive Tackle  
All-East Bay 89

## Steve Olsen

Swimming Backstroke  
NCS Champ 72 100 bs (56.5)

## Gari Orni

Baseball Outfielder  
All-East Bay 87

## Rachel Ozer

Lacrosse Attack  
(Stanford Univ); All-East Bay  
2009; CH MVP 2009 & 10; Prep  
AA 10; MPSF Champs 11; CH ldr  
season 2009 goals (40), asst (56),  
pts (96)

## Constantine Panagotacos

"Gus"  
Baseball Outfielder  
(Univ of California); All-East Bay  
97; All-Times 97; Member Greece  
National Team 2002 & Greece  
Olympic Team 04

## Lizzie Peiros

Water Polo Field  
(Stanford Univ); All-East Bay  
2009; MPSF Champs 11; NCAA  
Champs 11

## Mike Perko

Football Defensive Line  
(Foothill JC, Gonzaga Univ &  
Utah St); PCAA Co-Champs 79;  
All-PCAA 81; Atl Falcons 82;  
Birmingham Stallions 84 (USFL)

## Jeff Peterson

Baseball Pitcher  
(St. Mary's College); All-East Bay  
80; East Bay POTY 80; All-Nor Cal  
80; State POTY 80 (medium  
schools); All-NCBA 81-83; NCBA  
Pitcher of the Year 82; AA 82;  
Member National Semi-Pro  
Champs Clarinda A's 81; SMC rcd  
so career 81-83 (350); SMC ldr  
season 81 so (121), 82 wins (11),  
era (3.25), so (139), ip (119), cg

# Contra Costa County

(10), 83 so (89), ip (90 2/3), cg (7), WCC 40th Anniversary Team; SMC vs Alumni gm named in his honor; Clarinda BB HOF; SMC HOF; also attnd Del Valle High (CC); died of heart attack 2008

## Sean Pfalzer

Football Quarterback  
(Grinnell College); All-Midwest Conf 06; Les Black Panthers de Thono les Bains (France 1st National Div) 07; played bk in college; GU ldr 2004 pass yds (2,446), comp (194), att (369); 06 comp (196), att (356), td (19)

## Diana Pivacek

“Piv”  
Water Polo Goalkeeper  
(UC Davis); All-East Bay/North Bay 2004; All-Times 2004; WWP A Champs 06 & 08

## Griffin Piatt

Football WR/DB  
All-East Bay 2011 (both ways); Chron All-Metro 2011 (db); CH ldr season 2011 recep (50), recep yds (1,031), td (15); int (12-tie)

## Aaron Poreda

Baseball Pitcher  
(USF); All-WCC 06 & 07; 1st rd pick 07 (25th overall) by Chi White Sox; SD Padres 09; WCC ldr era 06 (2.56), USF ldr 2005 era (2:16), 06 (2.49), so (75)

## Tony Portela

Swimming Freestyle  
NCS Champ 84 100 fs (45.90)

## Miles Price

Water Polo Field  
(UC Santa Barbara); All-Times 2004

## Alyson Randick

Volleyball  
(UCLA); Pro Beach Tour 95; played Netherlands 95-98, Italy 99; Head Coach University High, LA, 2008-

## Jeff Reekers

Baseball 1B  
(Ohlone JC & UC Davis); All-Times 2004; Cal-Hi All-State 2004 (medium schools); OJC ldr season 06 starts (15), cg (3), wins (9), ip (113 2/3), runs (42), era (2.93), hits (89), s (69), wp (3); UCD ldr 07 wins (6), pct (.545)

## Julia Reshke

Soccer Defender  
All-East Bay 2013

## Jackson Rice

Football Punter

(Univ of Oregon); U. S. Army All-American Bowl 2008; High School Maxwell Award Winner (punter) 09; East Bay Cream of the Crop 09 #7; Pac-10 Champs 09 & 10; Rose Bowl Champs 12; Fiesta Bowl Champs 13; son of Mike Rice, Univ of Montana punter

## Cali Richter

Water Polo Driver  
(Univ of California); All-Times 2002

## Mark Richter

Rugby Flyhalf  
(Univ of California); NCAA Champs 2010; College Premier Div West Conf Champs 11; College Premier National Champs 11

## Sarah Riley

CC/Track 1600/3200mtrs  
(Univ of Notre Dame); State Div 2 CC Champ 89 (18:09); NCS Champ 89 (5:05.05), (11:13.4) & 91 (11:09.87), UND 1st CC AA 94; CHS rcd 3200 mtrs 80 (10:57.5)

## Tyler Rittenour

Football Defensive Back  
(Univ of Oregon); Pac-10 Champs 2009

## Peter Rocca

Swimming IM/Back/Free  
(Univ of California); NCS Champ 73 200 IM (1:59.75), 73 100 bs (55.37), 74 100 bs (51.7) & 75 (52.5); 74 200 fs (1:40.6), (51.7); Silver Medalist Olympics 76 100 bs (56.34), 78 200 bs (2:00.5), 70 200 bs (NR); NCAA 78 200 bs (1:47.48); NCAA Champs 79; Cal HOF

## Vera Ross

Cross Country  
(Utah St & Diablo Valley JC); NCS Div 3 Champ 2003 (18:39)

## Rachele Rossmeyer

Track Shot Put  
NCS Champ 96 (39-6 3/4); also attnd Acalanes High (CC); CHS rcd discus 98 (134-9)

## Jim Roux

Football Wide Receiver  
(UC Davis); All-Nor Cal 76; FWC Champs 77 & 80

## Kim Rubenstein

Basketball Guard  
(St. Mary's College); All-East Bay 90; EX All-Bay Area 90; All-Nor Cal 90; Cal-Hi Div 4 All-State 90; CIF Nor Cal Div 4 Final Gm rcd 90

ft att (10), ft (8); daughter of Terri Rubenstein, Head Coach women's bk St. Mary's College

## Monica Russell

Water Polo Field  
All-East Bay/North Bay 2004; All-Times 2004

## Lisa Sandel

Track 880yds/Mile  
(USF, Kansas St & Univ of Houston); Alaska St Champ 79 880yds (NR), mile (NR); NCS Champ 80 (5:57.7); CHS rcd 800mtrs 80 (2:13.36), 1600mtrs 80 (4:48.74); also attnd high school in Alaska; Member Dallas Police Dept. killed in auto chase 89 at age 26

## Gianna Santi

Water Polo Hole Set  
(UC Davis); All-Times 2002; Times POTY 2002

## Tyler Schlenker

Swimming Breaststroke  
(USC); NCS Champ 2006 100 bs (57.81)

## Carey Schueler

Basketball Guard  
(DePaul Univ & St. Mary's College); EX All-Bay Area 91-93; All-Times 91-93; Cal-Hi All-State (junior) 92; Times POTY 93; All-East Bay 91-93; All-Nor Cal 91-93; Nor Cal Co-POTY 93; Cal-Hi Div 4 All-State 91-93; State Div 4 POTY 93; prep rcd career pts (2,363); as publicity stunt, left-handed pitcher was 1st woman drafted by MLBB team (Chi White Sox) 43rd rnd 93 (1,208th overall); step-daughter of Ron Schueler, Chi White Sox GM

## Natalie Seidemann

Water Polo Hole Set  
Member U.S. National Youth Team 2013; Youth Pan American Games Champs 2013; sister of Melissa Seidemann, see College Park High (CC)

## Christine Selover

Wrestling 114lbs  
(Univ of the Cumberlands); NCS Champ 2005; State Champ 2005

## Debbie Shaffer

Softball Infielder  
All-East Bay 90

## Lindsey Sharp

Swimming Freestyle  
(Univ of Washington); NCS Champ 2004 50 fs (23.88)

# Contra Costa County

## Kristy Shaw

Swimming Diving  
NCS Champ 89 (399.40)

## Sean Sherbert

Football Defensive End  
(Humboldt St); Campolindo FB  
HOF

## Alexandra Shurtz

"Alex"  
Volleyball Outside Hitter  
(Chico St); CCAA Freshman of the  
Year 2010

## Annie Shurtz

Volleyball Outside Hitter  
BANG POTY 2012

## Mark Shveyd

Swimming Freestyle  
(Diablo Valley JC); NCS Champ  
2006 50 fs (21.58)

## Sophie Sieberth

Volleyball Setter  
BANG All-East Bay 2012

## Jerome Sivesind

Swimming Freestyle  
(Stanford Univ); NCS Champ 84 50 fs  
(20.94); daughter Padon, Cal Poly-  
SLO swimmer; father Jerome "Jerry"  
Sivesind, played minor lg baseball;  
Head Coach Las Trampas Pool

## Kari Sivesind

"Montero:"(married name)  
Softball/BK Inf/Guard  
(UC Davis); All-Times 91 (sb);  
All-East Bay 91 (sb); All-NCAC 96  
(bk); All-Region 96 (bk); NCAC  
Co-Champs 93 (bk); NCAC  
Champs 95 & 96 (bk); UCD ldr  
season 96 asst (119); blcks gm (6-tie)  
95 vs Cal St Northridge; UCD HOF

## Katie Skorupa

Track Hurdles  
(UC San Diego); CCAA Champs  
2007

## Sophie Smith

Volleyball Libero  
All-East Bay 2010; MaxPreps Div  
3 All-State 2010

## Stacey Smith

Softball Infielder  
(UC San Diego); Member National  
Under-18 Champs 2002 & 03

## Kelly Soler

Soccer Goalkeeper  
(UC Santa Barbara); State Cup  
Champs 2003; Big West Co-Champs  
06

## Joe Splendorio

Football Wide Receiver  
(Cornell Univ); All-East Bay 96;  
All-Ivy Lg 99; CU sophomore rcd  
season recep yds 98 (677); CU rcd  
recep yds gm 99 (204); CU ldr 99  
recep (99), yds (944), td (10), pts  
(60); CU career rcd td (17-tie)

## Guy Stevens

Baseball Pitcher  
(Pomona Pitzer Univ); SCAC  
Champs 2010

## Jeff Stevens

Baseball Outfielder  
(Loyola Marymount Univ); All-Times  
2002; Chi Cubs 09-11 (pitcher);  
Carolina Lg-South Div Champs 07;  
Bronze Medalist Olympic Team 08  
(pitcher); PCL American North Div  
Champs 10; CH ldr BAVg 02 (.453);  
LMU ldr 03 app (26), 04 inn (94)

## Paige Stringer

Tennis Doubles  
(Univ of Washington); NCS  
Champs 89 & 90

## Heather Stuart

Water Polo Goalkeeper  
(Univ of California); All-Times  
2002 & 03; Member Pacific Zone  
Team 03; Member Jr National Team  
06, UC ldr saves 06 (167), 07  
(158), 08 (269)

## Steven Stumph

Swimming Mdly/Brst/BF  
NCS Champ 2010 200 IM  
(USC); (1:52.44), 11 (1:46.49); NCS  
Champ 100 bs13 (53.39-National  
Rcd); 100 bf (47.88-NCS Rcd); Times  
SOTY 13

## Scott Swantner

Football Defensive Line  
(U. S. Naval Academy); All-East  
Bay 95; Cal-Hi All-State (medium  
schools) 95; East Bay Cream of the  
Crop 96 #14; Marine 1st Lt.  
wounded in Iraq 2004;  
Campolindo FB HOF

## Marc Tausend

Rugby Lock  
(Univ of California); NCAA  
Champs 2001, 02 & 04; AA 03

## Ryan Thompson

Tennis Doubles  
NCS Champs 98

## Karl Thornton

Football Defensive Back  
All-East Bay 2011; CH ldr season  
2011 int (12-tie)

## Alex Toohey

Water Polo Field

(Claremont-Mudd-Scripps Univ);  
All-East Bay/North Bay girls 2008;  
All-East Bay 09

## Jay Torchio

Football QB/DB  
(Univ of California); All-Nor Cal  
78 (db); All-East Bay 78 (db); SA  
Gunslingers 84, Oakl Invaders 85  
(USFL); UC ldr season 81 pass att  
(363), pass comp (155), pass yds  
(2,112)

## John Triggas

Wrestling 127lbs  
(Brown Univ); NCS Champ 2005

## Nikko Triggas

Wrestling 105/119lbs  
(Ohio St); NCS Champ 2004-07;  
State Champ 06; Times Co-WOTY  
06; National Jr Greco-Roman  
Champ 06 & 07; Member National  
Jr. Pan American Gms Team 07;  
CHS rcd career pins (141); brother  
of John Triggas, see above

## Jack Trotter

Basketball Center  
(Stanford Univ); All-Times 2008;  
Chron All-Metro 2008; Metro  
Contra Costa POTY 2008; Cal-Hi  
Div 3 All-State 2008; CH ldr  
season pts avg 2008 (24.1); son  
of David Trotter, Occidental  
College bk player

## Dan Tuggle

Wrestling 119lbs  
NCS Champ 90

## Matt Tuggle

Wrestling 126lbs  
NCS Champ 90

## Mary Vaccaro

Volleyball Outside Hitter  
(U. S. Military Academy); All-East  
Bay 2010; East Bay POTY 2010;  
MaxPreps Div 3 All-State 2010;  
MaxPreps Div 3 MVP 2010

## Kim Vandenberg

Swimming Freestyle  
(UCLA); NCS Champ 99 50 fs  
(23.38) & 100 fs (50.75) as  
freshman; NCS Champ 2000 100  
fs (49.41), 50 fs (23.08); National  
Prep rcd 100 fs (49.41) 2000;  
Member World University Gms  
Team 05; National Champ 05 200  
bf (2:11.08); Bronze Medalist  
Olympics 800 Relay 08

## Mike Vandenberg

Football Defensive Back  
(New Mexico St & Univ of  
Montana); Chron All-Metro 2004;  
All-Times 2004; All-East Bay

# Contra Costa County

2004; East Bay Cream of the Crop 05 #13; state ldr int 2004 (11); played wr in college; brother of Kim Vandenberg, see above

## Peter Varellass

Water Polo Driver (Stanford Univ); NCAA Champs 2002; Member National Junior Team 2002; Silver Medalist Team Pan American Jr Gms 2002; All-MPSF 05; AA 05; Silver Medalist Team Olympics 04; Gold Medalist Team Pan American Gms 07; played pro Rari Nantes Savona (Italy) 06-10; Member National Team 08-11; Member Olympic Team 08; brother of Betsy Varellass, UCSB swimmer

## Matt Vasgersian

Announcer Play-By-Play (USC); Milw Brewers 97-2001, SD Padres 02-08; XFL 2001; ESPN Analyst; MLB Network 10-

## Carrie Verdon

CC/Track 1600/3200mtrs (Univ of Colorado); NCS Champ Div 3 2010 (17:19) & 11 (16:57); State Div 3 Champ 2010 (17:15) & 11 (17:19); East Bay ROTY 2010; NCS Champ 11 (4:51.80), (10:41.50); 3rd State Meet 11 (10:23.50); East Bay ROTY 11; East Bay AOTY 11

## John Jay Verheul

Swimming Freestyle NCS Champ 89 100 fs (46.38)

## Chris Vizcaino

CC/Track 3200mtrs (Iona College); Times ROTY 2004 (CC); NCS Champ 06 (9:20.78); MAAC Champs 09 (9:59.89)

## Olivia Warren

Track 400/800mtrs (Claremont-Mudd-Scripps College); SCIAAC Champs 2011

## Greg Werner

Swim/Diving Coach (Univ of South Carolina); Head Coach men & women Ohio University 96-; MAC women's Champs 2000 & 01; MAC women's COTY 2000; MAC men's COTY 04

## Christina Wells

"Chris" Volleyball Setter (Univ of California); All-Times 2006; All-East Bay 07

## Colin Willemsen

Basketball Forward

(Diablo Valley JC & Whitworth Univ); All-Northwest Conf 2008; Northwest Conf Champs 2008; WU ldr season 2008 reb (216)

## Bobby Wilson

Volleyball Middle Blocker (Cal St Fullerton & UC Santa Barbara); All-Times 2005

## Bonnie Wilson

Volleyball Middle Blocker (Univ of New Hampshire & UC San Diego); All-Times 99 & 2000; All-America East Conf 01; AEC All-Rookie Team 01; All-CCAA 02-04; All-Pacific Region 02; UCSD red season attacks 04 (1,071), ldr season 02 attacks (1,014)

## Jennie Wilson

Volleyball OH (UC San Diego); All-Times 98; sister of Bonnie Wilson & Bobby Wilson, see above; daughter of Bob Wilson, AD Campolindo High

## Jennifer Young

Basketball Forward EX All-Bay Area 82; All-East Bay 82; All-Nor Cal 82

## Robbie Wirth

Fishing Fly Member National Youth Team 2009; Member National Team 10

## Catherine Wright

Soccer Goalkeeper (BYU); WAC Champs 96 & 97

## Keith Zafren

Football Linebacker All-East Bay 78

## Jon Zuber

Baseball/BK 1B/Ut/Pitch/Gd (Univ of California); All-East Bay 88; All Pac-10 91 (util), 92 (1b/p); Phil Phillies 96 & 98; Yokohama Bay Stars (Japan) 2001; All-Pac-10 89-91; Co-Pac-10 POTY 92; All-Star Fla St Lg 93, Eastern Lg 94; Intl Lg 96-99; Silver Medalist Team Pan American Gms 99; Scranton/ Wilkes-Barre (Intl Lg) Franchise Player of the Decade 2000; Head Coach Acalanes High 2004; Times COTY 2004; CH red gm 88 ft (17-tie); UC red career 89-92 hits (291), dbls (61); gm 92 hr (3-tie); UC ldr season BAvg 90 (.386), Fla St Lg red dbls 93 (37); Cal HOF; son of Ed Zuber, UC bb public address announcer

(estab. 1965)

## Kristin Andrighetto

Soccer (Univ of Missouri); Member Under-15 National Champs 2004; All-Times 06; All-NSCAA West Region 06; All-Big-12 07-09; Big-12 Champs 09; 1st UM to make All-Big-12 3 yrs; UM ldr 07 goals (14), pts (37)

## Amy Apodaca

Soccer Defender (Sonoma St); NCAA Div 2 AA 97 & 98; All-CCAA 96-98; CCAA POTY 98; NCAA All-West Region 98; Sonoma St HOF

## Jayne Appel

Basketball Center (Stanford Univ); All-Times 2004-06; Times POTY 05 & 06; All-East Bay 2004-06; Chron AllMetro 2004-06; Chron Contra Costa POTY 05 & 06; Cal-Hi Div 2 All-State 2004-06; Cal-Hi Div 2 POTY 2004-06; Cal-Hi All-State 2004 (sophomores); Cal-Hi All-State 05 (juniors); East Bay POTY 06; Times AOTY 05 & 06; WCBA All-Star Gm 06; WCBA All-Star Gm MVP; McDonald's AA 06; Gatorade State POTY 06; Parade AA 06; Cal-Hi AOTY 06; Member USA Under-18 Team 06; State AOTY 06; Gold Medalist FIBA Americas 06; Pac-10 Freshman of the Year 07; All-Pac-10 08-10; Pac-10 POTY 09; Pac-10 Champs 07-10; Member Pan American Gms Team 07; SA SilverStars 10- (WNBA); WNBA AS 10; Member National team 10; Cal-Hi State All-Decade Team 09; Chron Metro All-Decade Team 09; CH red career pts (2,504), reb (1,707), bcks (680), ldr season pts avg 06 (27.0); CIF Nor Cal Div 2 Final Gm red 06 reb (17-tie); Stanford red pts gm 09 (46), season bcks 08 (84); career rebs 06-09 (1,218); Chron All-Metro, All-Decade Team 09; daughter of Joe Appel, St. Mary's College bk player & Head Coach Carondelet High; sister of Nate Appel, see De La Salle High (CC)

## Mollie Bailey

Lacrosse Attack All-East Bay 2009; CH ldr season 2009 asst (62)

## Theresa Baumgartner

Basketball Forward (Gonzaga Univ); All-East Bay 86; All-Nor Cal 86

## Sylvia Bereknyci

Swimming Freestyle

## Carondelet High Cougars Concord

# Contra Costa County

(Stanford Univ); NCS Champ 95 200 fs (1:52.59), 98 (1:47.48), 100 fs (51.58) & 96 (NR), 98 (50.01); 1998 National Independent Prep Champ 98 50 fs (23.43), 100 fs (49.95); Pac-10 Champs 99 800 fs relay; Goodwill Gms Silver Medalist 400 fs relay 98

## Dana Bjornsen

Track 1600/3200mtrs (Chico St); NCS Champ 88 (5:05.39), (11:15.74); CHS rcd 1500mtrs 93 (4:38.04); also NCS Champ 87 at Campolindo High (CC)

## Syd Blancarte

“Aussie” Volleyball Middle Blocker (Univ of California, Diablo Valley JC & Colorado St); All-Times 2004; did not play in jc

## Lisa Bradley

Soccer Midfielder (UC San Diego); CCAA Freshman of the Year 2007; All-CCAA 09 & 10; AA 09

## Katie Burk

Softball Outfielder (UC San Diego); All-East Bay 2004 & 05

## Kasey Carlson

Swimming Free/Breaststroke (USC); NCS Champ 2007 50 fs (23.04), 100 bs (1:02.35) 10 (22.70), (59.52), Times AOTY 08; East Bay AOTY 09; East Bay SOTY 10; Silver Medalist World Championships 09 100mtr bs (1:06.54); U. S. rcd 09 50mtr bs (30.34); daughter of Kim Carlson, Head Coach Carondelet High 2006-07 & KGO radio news anchor; also NCS Champ 08 & 09 Las Lomas High (CC)

## Madison Castelein

Lacrosse Def Middle (Ohio St); All-East Bay 2011

## Morgan Castelein

Lacrosse Middle (Ohio St); All-East Bay 2011; sister of Madison Castelein, see above

## Raquel Castellanos

Basketball Forward (Loyola Marymount Univ); Cal-Hi Div 2 All-State 2003; WCC Champs 04

## Kate Castillo

Soccer Defender (Dartmouth College); All-Times 2008, 10 & 11; Dartmouth ROTY 12

## Chelsea Chenault

Swimming Freestyle (USC); NCS Champ 2010 200 fs (1:45.87), 12 (1.44.6) 500 fs (4:43.43), 12 (4:38.05-NCS rcd); CalHi Female Sophomore AOTY 11, East Bay SOTY 12 & 13

## Julie Colmery

Volleyball Middle Blocker (Univ of California); All-Times 2000

## Hannah Cooper

Lacrosse Middle All-East Bay 2010

## Natalie Coughlin

“Nat” “Madam Butterfly” “Hall” (married name) Swimming All (Univ of California); National Prep rcd 200 IM 98 (1:58.84) & 100 bs (52.86); National Jr. Champ 200 & 500 fs; NCS Champ 97 200 IM (1:59.83), 98 (1:58.94), 2000 (1:58.45), 100 bs 97 (55.24), 99 (54.08), 100 bf (54.02); National Champ 01 50 bs (27.29), 200 bs (2:03.52 WR), 2nd 100 bf (57.44); National Champ 02 100 bf, 100 breast, 100 fs, 200 fs, 100 back (59.58 WR & 1st under 1:00.0); four gold medals Pan Pacific Gms 02 & American rcd 100 fs (53.99); World Cup Champ 02 50 bs (27.08), 100 bs (56.71 WR), 100 bf (56.34 WR), 100 IM (58.80 WR); 200yd bf 02 (1:51.91-US rcd); Olympic Gold Medalist 04 100 bs, 800 relay, 400 medley relay; Silver Medalist 04 400mtr fs relay (3:36.39); Bronze Medalist 04 100mtr fs; World Gold Medalist 100 bs 07 (WR 59.44), Silver Medalist 400 relay 07(3:35.68), Bronze Medalist 100 bf 07 (57.34); Olympic Gold Medalist 08 100 bs, Silver Medalist 08 400 fs relay; Bronze Medalist 100 fs, 200 IM, 800 fs relay; Gold Medalist 12 400mtrs fs relay; National Long Course Champ 10 100 bs (1:00.14); Pac-10 rcd 50 fs 03 (22.05); National Prep rcd 200 IM 2000 (1:58.45); Pac-10 SOTY 01-03; US rcd 200 IM 08 (29.77); World Champs 13 400mtr fs relay (3:32.1-AR); NCAA SOTY 01-03; USA SOTY 02; Swimming World SOTY 02; Honda Award 02 & 03; Women’s Sports Foundation Sportswoman of the Year 03; set 20 Pacific Assoc rcds; 1st to qualify all events at age 15; BASHOF College Female AOTY 2002-05; subject of book, “Golden Girl”; #39 on Cal-Hi Sports All-Time Top 100 California Women’s Athletes; sister of Megan Coughlin, UC

Davis swimmer

## Noreen de Bettencourt

“Sirelles” (married name) Track/CC 1600mtrs (Cal Poly-SLO); NCS Champ 82 (4:53.6) & 84 (5:02.4); NCS CC Champ 83 (17:44); 3rd State Meet 84 (4:50.71)

## Mia Della Rosa

Softball Infielder All-East Bay 86

## Nicole de Man

Swimming Freestyle (Univ of Tennessee); NCS Champ 91 50 fs (24.21) & 92 (24.09); UT & Southeastern Conf rcd 94 50yd fs (22.55); SEC Champ 95 (22.86), 96 (22.84); NCAA Champ 96 (22.59)

## Emily DeSimone

Lacrosse Middle (Cal Poly-SLO); All-East Bay 2009 & 10; Prep AA 10; CH ldr season 2009 goals (81), 10 goals (102), pts (126)

## Rogan Dolan

Soccer Forward (UC Davis); All-East Bay 2010 & 11; East Bay POTY 11; CHS ldr season goals 2010 (17); sister of Patrick Dolan, see De La Salle High (CC)

## Sara Dukes

Volleyball Outside Hitter (Stanford Univ); All-Times 98 & 99; Times POTY 98 & 99; Member National Youth Team 98 & 99; Student Sports AA 99; Member Jr. National Team 2000; NCAA Champs 01; AVP Pro Beach Tour 06-; brother of Craig Dukes, see San Ramon Valley High (CC)

## Meghan Farnham

Softball Infielder (Chico St); All-East Bay 99

## Monica Fling

Modern Pentathlon (UC Santa Barbara); Gold Medalist Pan American Championships 2002 (5,340 pts); Member National Team 2002; USOC Modern Pentathlon AOTY 2002; Member Olympic Team 04

## Katy Freeman

Swimming Breaststroke (UC Santa Barbara); NCS Champ 2005 100 bs (1:03.06); Big West Champ 06 100 bs (2:00.6), 200 bs (2:15.88); 07 (NR); Member World University Gms Team 09



# Contra Costa County

## Amanda Garcia

Track Shot Put  
(Cal Poly-SLO); NCS Champ 2000  
(46-9 3/4)

## Allison Gargalikis

Swimming Breaststroke  
(UCLA); NCS Champ 2011 100 bs  
(1:01.21) National Youth Team 09-10

## Sonya Glasper

Softball Utility  
(San Diego Mesa JC); All-East Bay  
2000

## Courtney Gordon

Softball Catcher/Utility  
(Williams College); ANG Best of  
the Best 2001 (c); All-Times 2001  
(util)

## Kristen Gordon

Track/CC 1600/3200mtrs  
(Georgetown Univ); 2nd State Meet  
94 (10:51.24); NCS Div 3 CC  
Champ 95 (18:17) & 97 (17:14);  
NCS Champ 96 (4:49.16); 2nd  
State Meet 96 (4:50.78); 2nd State  
Meet 97 (4:50.47); 2nd State Meet  
97 (10:19.04); 99 NCAA Div 1 CC  
Meet 4th; Times AOTY 97

## Nikki Goza

Soccer Defender  
(USC); All-Times 2000

## Katie Gregoire

Soccer Defender  
(Univ of Washington); All-Times  
2005

## Leigh Gregory

Basketball Forward  
(Univ of California); All-Times  
2000 & 01; Cal-Hi All-State  
(junior) 2000; Cal-Hi Div 2 All-State  
2000 & 01; EX All-Metro 2000; ANG  
Best of Best 01; SF Summer Pro-Am  
ldr pts avg 04 (22.5); Daughter of  
John Gregory, Chico St bk player;  
mother, Martha, swam at Chico St

## Kelly Gross

Water Polo Field  
(Princeton Univ); All-East Bay 2010

## Leah Hammergren

Lacrosse Attack  
(Boston College); Prep AA 08

## Mia Herman

Swimming Diving  
(UC Davis); MPSF Champs 2011

## Nicole Hood

Cross Country  
(UCLA); Times ROTY 2006 & 07;  
NCS Div 2 Champ 07 (17:08)

## Bree Horvath

Soccer Forward  
(Santa Clara Univ); All-Times 2001;  
WCC Champs 2001-03, WCC  
Co-Champs 04; NCAA Champs  
2001

## Megan Horvath

Soccer Forward  
(Santa Clara Univ); NSCAA/Umbro  
AA 96; Parade California POTY 96;  
Freshman AA 98; Bay Area SJ  
CyberRays 2001-02 (WUSA);  
WUSA Champs 2001; Carondelet  
ldr career goals (110), asst (57);  
sister of Bree Horvath, see above

## Hannah Huffman

Basketball Guard  
(Univ of Notre Dame); All-East Bay  
2011; Chron All-Metro 2011; Chron  
Contra Costa/Tri-Valley POTY 2011  
& 12; Cal-Hi All-State 2011 & 12;  
Cal-Hi Div 1 All-State 2011 & 12;  
Cal-Hi All-State (juniors) 2011; Big  
East Champs 13; Chron Metro POTY  
12; CHS ldr season 2011 pts avg  
(16.5)

## Kerianne Hunt

Lacrosse Middle  
(Brown Univ); All-East Bay 2011; AA  
2011

## Erin Jeffery

Lacrosse Attack  
(Hofstra); All-East Bay 2011

## Adrienne Johnson

Track High Jump  
(Stanford Univ); NCS Champ 2007  
(5-5), 08 (5-10), 09 (5-7), 10 (5-7);  
State Champ 09 (5-8)

## Meghann Keathley

Basketball Guard  
(Cal St Fullerton); Chron All-Metro  
2001; All-Times 2001; CHS ldr  
career asst (153)

## Lara Kezar

Soccer Forward  
(Arizona St); All-Times 2003 & 04

## Kirsten Kroner

Softball Utility  
(Univ of Oregon); All-East Bay  
84-87; State rcd trpls season 87 (11);  
State rcd career 84-87 trpls (32),  
BAvg (.568); CHS rcd season BAv  
86 (.701), hits (54), dbls (15), rbi  
(52), career SAVg 84-87 (1.111),  
hits (163), dbls (44), rbi (163),  
runs (130)

## Catherine Lahanas

"Koko"  
Basketball Guard

(Los Medanos JC & Cal St  
Fullerton); All-Times 91; All-East  
Bay 91; All-Nor Cal 91; All-Big  
West 95; NCAA ldr avg 95 (26.8);  
BC Pharmaserv Marburg 98-2001  
(Germany), also played pro in  
Australia; CCCWBCA HOF

## Cynthia Lamb

Softball Pitcher  
All-East Bay 2003; Member National  
Under-18 Champs 2003

## Kory Lamet

Soccer Midfielder  
(Univ of California); All-East Bay  
2010 & 11

## Kyle Lamet

Volleyball OH/MB  
(San Francisco St); All-Times 2007;  
sister of Kory Lamet, see above

## Caitlin Lawson

Volleyball Outside Hitter  
(Pepperdine Univ); All-Times 2002-  
04; Times POTY 04; Sports Focus  
NCS POTY 04

## Jen Lees

Swimming Freestyle  
(Arizona St); NCS Champ 99 500 fs  
(4:52.19); Member Goodwill Gms  
Team 98

## Caitlin Luquet

Softball Outfielder  
(Regis College); All-Times 2006;  
Commonwealth Coast Conf ROTY  
07; RC ldr 07 ab (108), hits (44)

## Laura Mann

Soccer Goalkeeper  
(Diablo Valley JC & Cal St East  
Bay); JC All-Nor Cal 2000 & 01;  
DVC HOF (1st women's soccer  
player)

## Lilia Marcic

Volleyball Setter  
(Holy Names Univ); Cal Pac  
Champs 2011

## Chris Manning

Cross Country  
NCS Champ 78 (10:45)

## Amy McClure

Softball Outfielder  
All-Times 95

## Christina McGowan

Swimming Backstroke  
(Diablo Valley JC & Univ of Hawaii);  
State JC Champ 2007 50 bs (27.98),  
100 bs (59.08)

## Julianne McLane

Swimming Freestyle

# Contra Costa County

(Auburn Univ); NCS Champ 2003  
500 fs (4:53.55); Member National  
Team 06

## Kate Merritt

Lacrosse Goalkeeper  
(San Diego St); All-East Bay 2011

## Julie Monahan

Softball Infielder  
All-East Bay 96

## Ashley Morgan

Gymnastics  
(Stanford Univ); State Champ  
2005 Level 9, 06 Level 10; Jr  
Olympics uneven bars Champ 09;  
daughter of Joe Morgan, see  
Castlemont High (A); twin sister  
of Kelly Morgan, USC soccer player

## Katie Nash

Track 200mtrs  
(UC Davis); CCAA Champ 2003  
(24.70); UCD rcd 2003 (24.63)

## Ashley Nichelman

Softball Catcher/1B  
(Univ of Nevada-Reno); Member  
National Under-18 Champs 2002 &  
03; WAC Champs 08

## Cindy Olavarri

Cycling  
Member National Team 81-85;  
Silver Medalist World  
Championships 83; Member Olympic  
Team 84 (dismissed before games  
began after failing steroid test); co-  
owner Berkeley bicycle shop

## Dani Oswood

Softball/BK Infielder/Coach  
All-East Bay 88; Head Coach bk  
Stagg High, Stockton; AD & Head  
Coach bk Athenian School (CC)

## Erica Payne

Basketball Forward  
(Stanford Univ); All-East Bay  
2009-11; East Bay POTY 10; Chron  
All-Metro 10; Metro Contra Costa/Tri  
Valley POTY 10; Cal-Hi Div 1  
All-State 11; Pac-12 Co-Champs 13

## Leah Payne

Soccer Defender  
(Univ of Texas); Member State  
Club Champs 2003; sister of Erica  
Payne, see above; daughter of Harry  
Payne, college bk player

## Kelly Pearce

Water Polo Utility  
(San Jose St); Times All-NCS 2003

## Alexa Powers

Swimming Butterfly/Back

(Princeton Univ); Ivy Lg Champs  
2011

## Alicia Powers

Volleyball Middle Hitter  
(Univ of California); Times  
All-2001

## Monica Powers

BK/Water Polo Forward/Field  
(UCLA); Cal-Hi All-State 2004  
(freshman-bk); All-East Bay/North  
Bay 05-07 (wp); All-Times 2004  
(wp); NCAA Champs (wp) 09 & 10;  
CHS ldr bcks, steals, assts & goals  
05-07; CHS rcd career goals (NR);  
sister of Alicia Powers, see above;  
mother, Suzi, Stanford golfer

## Ricki Radanovich

Basketball Guard  
(Santa Clara U niv); All-East Bay  
2010; CH ldr 3pt fg 09 (58), 09  
(80-plus); granddaughter of Bob  
Radanovich, USF bk player

## Tiffany Roberts

“Sahaydak” (married name)  
Soccer/Track Def/800mtrs  
(Univ of North Carolina); Parade  
AA 93-95; National POTY 93 & 94;  
Cal-Hi State POTY 94 & 95; 2nd  
State Meet 94 (2:11.8); three-time  
NSCAA AA; NCAA Champs 96 &  
97; Member National Team 94-99,  
2003; Member Olympic Team 96;  
Member Goodwill Gms Team 98;  
World Cup Champs 99; Car  
Courage 2001-03 (WUSA); WUSA  
Champs 02; San Ramon soccer  
field named in her honor; Co-Head  
Coach women's soccer Virginia  
Commonwealth Univ with  
husband, Tim Sahaydak, CYSA  
HOF; Tri-Valley Sports HOF

## Lauren Rogers

Swimming Free/Backstroke  
(Univ of California); NCS Champ  
2002 500 fs (4:56.60); 03 200 fs  
(1:49.36); 03 100 bs (1:02.43),  
04 (55.01), 05 (54.92); 04 100 fs  
(52.05), 05 (50.88); Member U. S.  
National Jr. Team 03; Times SOTY  
05; Member World University Gms  
Team 05 & 09; Pac-10 champ 07  
(NR), 100mtrs bs 08 (51.88), 200mtrs  
bs 08 (NR), NCAA Champs 09

## Natalie Romeo

Basketball Guard  
(Univ of Nebraska); Cal-Hi All-State  
(freshman) 2011; All-East Bay 13;  
Chron All-Metro 13; CHS ldr 13 avg  
(21.3), assts (6.5), stls (6.2)

## Allie Rowe

Golf

(Univ of Hawaii); NCS Champ 2001  
(75)

## Lisa Ruiss

Softball Outfielder  
All-East Bay 82

## Alli Russi

Basketball Guard  
Cal-Hi Div 2 All-State 2005; daughter  
of Jack Russi, see O'Dowd High (A)

## Katie Shesgreen

Soccer Defender  
(Villanova Univ & UC Davis);  
All-West Region 2002

## Kelly Shouey

Water Polo 2 Meter Set  
(Stanford Univ); Cal-Hi State POTY  
97; NCS MVP 97; National Jr. & Sr.  
Champs 97; College AA 99; MPSF  
Champs 2000 & 01; Rari Nantes  
Florentia (Italy) 2003-04

## Jennifer Streegan

Softball Infielder  
(Sacramento St); All-Times 92;  
All-West Region 2002; CCAA-North  
Champs 2002

## Mary Struempf

Swimming Butterfly/IM  
(Diablo Valley JC & UC Davis);  
State JC Champ 2006 500 bf (26.05);  
07 100 IM (58.96), 50 bf (25.84), 100  
bf (57.05); State JC 4 event Champ  
07; State JC Champs 07; brother of  
Mike Struempf, see De La Salle High  
(CC)

## Chrissy Swartout

Softball Utility  
(Univ of Wisconsin); All-Times 95

## Lexy Tamony

BK/Softball 1B  
(Univ of California); All-Times 93  
& 94 (bk); All-East Bay 93 (bk);  
All-Times 94 (sb); EX All-Metro 94  
(bk); Cal-Hi Div 3 All-State 94  
(bk); AD Notre Dame-Belmont  
(SM) 2009-10; Head Coach  
Heritage High (CC) 2011-; CHS  
red career pts 91-94 (2,006)

## Lindsey Tanner

Softball Pitcher  
(Univ of Illinois); All-Times 99,  
Times POTY 99; ANG Best of the  
Best 99

## Joanne Taylor

Swimming Synchronized  
(Stanford Univ); National Jr Team  
Champs 99

## Alisha Walker

Softball Outfielder

# Contra Costa County

All-East Bay 98; All-Times 98

Member National Team 01; ACC  
Champs 03; NCAA Champs 03

NCS Champ 78; also attnd Pacifica  
High (CC); brother of George  
Boeger, see Pacifica High (CC)

## Marcela Ward

"Marcie"

Soccer Midfielder  
(Stanford Univ); All-Times 2000;  
Times POTY 2000; Parade AA  
2000; Member 4 State Cup  
Champs; Pac-10 Freshman of the  
Year 2000; All-Pac-10 2000-02,  
04; Member National Team 01-03;  
SU ldr asst season 2000 (rcd-14),  
career 2000-02, 04 (40); SU ldr pts  
04 (18), 02 (33-tie)

## Leslie Weeks

Soccer Goalkeeper  
(Univ of Washington); Soccer  
America All West Region 96; U15  
National Pool Player 94 & U16 96;  
sister of Natalie Weeks, see California  
High (CC)

## Tylyn Wells

Softball Outfielder  
(Stanford Univ); National Under-  
18 Champs 2009, father La Shawn,  
played fb at Univ of Pacific, mother  
Toi ran track CSU Northridge, sister  
Talita ran track UCLA, sister Tamani  
played sb San Diego St

## Madison White

Swimming Freestyle/Back  
NCS Champ 2011 100 fs (50.49),  
100 bs (53.74)

## Keelin Winters

Soccer Goalkeeper  
(Univ of Portland); Member  
Under-15 National Champs 2004; All-  
State in Colorado 06; Member  
Colorado State Club Champs 06;  
graduated Regis Jesuit High,  
Colorado, 06; Member Under-20  
National Team 08; Under-20 World  
Champs 08; played mf in college;  
daughter of Brian Winters, NBA  
player & coach

## Nikki Yee

Softball Outfielder  
(Dartmouth College); All-Times  
2005

## Emily Yeomans

Tennis Doubles  
(Boston College); Pacific Coast 18  
Champs 2001; also NCS Champs  
97 at College Prep High (A)

## Alysha Yount-Winget

"Aly"  
Soccer Goalkeeper  
(Univ of North Carolina); NSCAA  
AA 2000; NSCAA/Adidas State  
POTY 2000; Member Premier State  
Cup Champs 2000; All-Times 01;

## Clayton Valley High Eagles Concord

(estab. 1958); renamed Clayton  
Valley Charter School 2012

## Laurie Anderson

"Rose" (married name)  
BK/Softball  
Supporter of CVH athletics;  
Clayton Valley HOF

## Jenny Bader

"Baker" (married name)  
Basketball Forward  
(Los Medanos JC); All-East Bay  
86; CVH red rebs gm (22), career  
(831), ft (301); Clayton Valley HOF

## Damon Baldwin

Football Offensive Line  
(San Diego St); East Bay Cream  
of the Crop 85 #20; WAC Champs  
86; London Monarchs 91, 95-96,  
NY-NJ Knights 92 (WLAF);  
All WLAF 95; Head Coach Ramona  
High School

## Lisa Barbieri

"Hobson" (married name)  
Basketball Fwd/Center  
Clayton Valley HOF

## Kathy Barnes

"Higbee" (married name)  
Volleyball Setter/OH  
(BYU); High Country Athletic  
Conf. Champs 83 & 86; All-HCAC  
84 & 85; sister of Barbara Barnes,  
BYU tennis player

## Katie Beck

Track Discus  
(Pomona-Pfizer College); NCS  
Champ 95 (125-6)

## Bud Beemer

FB/BK/Baseball  
(Washington St, Diablo Valley JC  
& Univ of California); Principal  
College Park High (CC); Bay  
Valley Athletic Lg Commissioner;  
Clayton Valley HOF

## Johnny Bekakis

Baseball Infielder  
(Long Beach St); All-East Bay 2010

## Paul Belluomini

Football Center  
(UC Davis); All-East Bay 74;  
All-Nor Cal 74; FWC Champs 76-78

## Karl Boeger

Wrestling 198lbs

## Suzy Boehner

Track LJ/HJ/Hurdles  
(Cal Poly-Pomona); NCS Champ 74  
(16-5), (5-2 3/4); 3rd State Meet 74  
(5-4); CPP rcd 79 (5-7 1/2), 400IH  
(61.14)

## Wendy Boehner

Track Long Jump  
NCS Champ 77 (18-4 1/4)

## Kelsey Booth

Soccer Midfielder  
(San Diego St); All-East Bay 2011

## Bill Boze

Track 880yds  
(USC); NCS Champ 69 (1:54.5)

## Scott Bradley

Baseball Outfielder/DH  
(Chabot JC & Long Beach St); JC  
AA 2003; played 2b in jc; CJC ldr  
season 2003 gms (43-tie), ab (181),  
runs (46), hits (76), BAvg (.420),  
sb (17); also attnd Northgate High  
(CC)

## Joe Brasler

Swimming Backstroke  
NCS Champ 88 100 bs (54.21)

## Vince Bruno

Baseball 1B  
(Los Medanos JC & Univ of  
California); All-East Bay 2009;  
MaxPreps All-State 2009; Cal-Hi  
All-State 2009; Cal Hi Sports  
Focus NCS POTY 2009; played of  
in jc & college; CVH red season  
2009 hits (51)

## Vince Buhagiar

Football Linebacker  
(San Jose St); All-East Bay 2009;  
Cal-Hi All-State 2009 (medium  
schools); East Bay Cream of the  
Crop 10 #15

## Jordan Burger

Baseball Outfielder  
(Los Medanos JC); All-East Bay 2011

## Sean Burns

"Burnzy"  
Baseball Utility  
(USF); All-Times 2007; Times  
POTY 2007; All-East Bay 2007;  
Chron All-Metro 2007; Cal-Hi  
All-State 2007; WCC Champs 11;  
pitched in college; CVH red season  
2007 wins (13), ip (96)

## Geoff Byrns

Baseball 1B

# Contra Costa County

(Chabot JC, Texas Tech Univ & St. Mary's College); JC All-State 2005; Rawlings Big Stick Award 06; JC AA 06; CJC ldr season 05 rbi (41-tie), dbls (14-tie), trpls (2-tie), 06 runs (63), hr (17), rbi (69), so (44), slug pct (.758); brother of Chad Byrns, San Diego St soccer player

## Rocco Cardinale

Wrestling 141lbs  
(Cal Poly-SLO); NCS Champ 77; Head Coach Fairfield High (Sol), Oak Ridge High 2000-09; Sac Bee COTY 08; SSJS Div 2 Champs 09; also NCS Champ 76 at Pacifica High (CC); Founder El Dorado Hills Wrestling Club

## Kevin Caro

Swimming Diving  
NCS Champ 97 (465.55)

## Adam Carp

Basketball Forward  
(Univ of Nevada-Reno); WAC Co-Champs 2008

## Michael Carr

Football Offensive Line  
(Fresno St); East Bay Cream of the Crop 93 #12

## Sam Carter

Baseball Outfielder  
(Diablo Valley JC & St. Mary's College); All-WCC 05; played minor league baseball; Az Lg Champs 06; SMC ldr season 2004 hr (7), rbi (32; 05 hits (70), rbi (50), tb (103) hr (7-tie)

## Kelsey Chambers

"Kels"  
Softball Infielder  
(Univ of Oregon); All-Times 2007; UO ldr season 09 gm-winning rbi (9)

## Lindsey Chambers

Softball Infielder  
(Univ of Oregon); All-Times 2006; identical twin sister of Kelsey Chambers, see above

## Ron Coccimiglio

Football DB/WR  
(Univ of California); All-East Bay 74 (db) & 75 (both ways); All-Nor Cal 75; Nor Cal Co-DPOTY 75; All-Pac-10 80; East-West Shrine Gm 81; UC ldr season int 79 (3), 80 (4); Times All-Time Contra Costa FB Team 94; Clayton Valley HOF; Golden Bears All-Era Defense Team 1957-1981 (78-80);

## Steve Coccimiglio

Basketball Guard/Coach  
(Univ of Hawaii-Hilo); Head Coach De La Salle High (CC) 81-86 (101-41); East Bay High School COTY 86; Head Coach Diablo Valley JC 90- (508-194 through 2010); State JC COTY 93; brother of Ron Coccimiglio, see above

## Jennifer Codington

"Jen"  
Soccer Midfielder  
(UC Santa Barbara); Under-19 Premier State Cup Champs 97; All-Big West 2002

## Dom Colchico

Football Tight End  
(Univ of Nevada-Reno); All-Nor Cal 79; son of Dan Colchico, see Mt. Diablo High (CC)

## Kris Colchico

Soccer Goalkeeper  
(Cal St Hayward); All-Conf 91; Clayton Valley HOF

## Nick Cole

Football Utility/DB  
(Univ of Oregon); All-East Bay 2008; Chron All-Metro 2008; Pac-10 Champs 09 & 10 ; played wr in college

## Kestrel Colomb

Soccer Defender  
(Holy Names Univ); Cal-Pac Champs 2009; Cal Pac Co-Champs 11

## Frank Cooper

Basketball Guard  
All-East Bay 82; All-Nor Cal 82; CVH ldr season 82 pts avg (16.7)

## Ron Dadami

Swimming Freestyle  
(Diablo Valley JC & Fresno St); NCS Champ 66 50yd fs (23.8); Clayton Valley HOF

## Laura Davis

Swimming IM/Breast/Fly  
(Stanford Univ); Jr. National Champ 100 bs 96 (NR); Member National Jr Team 98; National Champ 99 200 IM; NCS Champ 99 200 IM (2:02.89), 01 (1:59.58), 02 (2:01.65); 2000 100 bs (1:03.02); 01 100 bf (54.50); National Champ 02 200 IM (NR); Bronze Medalist Pan American Gms 03 200 bf (2:12.85); Pac-10 Champs 05; Set 6 meet rcds Jr. Nationals 02; CVH rcd all distances, fs, bs, fly & IM

## Austin Deaton

Football Tackle

All-Nor Cal 60; North-South Prep All-Star Gm 61; Clayton Valley HOF

## Derek DeCesare

Football Linebacker  
(Utah St); Big West Co-Champs 96 & 97

## Ron del Prado

Wrestling 106lbs  
NCS Champ 77; also atnd Pacifica High (CC)

## Erin Dobratz

Swimming Synchronized  
(Stanford Univ); National Open Team Champs 95 & 97; National Jr Team Champs 98 & 99; America Cup Team Champs 98; Pan American Gms Team Champs 2003; Bronze Medalist Olympic Team 04

## Rob Dorsey

Football Offensive Tackle  
All-East Bay 86

## Dave Dougan

Basketball Guard  
(Pepperdine Univ); WCAC Champs 62

## Jack Duncan

FB/Wrestling/BB  
Clayton Valley HOF

## Adam Elliott

Baseball OF/Pitcher  
All-Times 2001-02; Times POTY 02; ANG Best of the Best 02; Cal-Hi All-State 02; played minor league baseball; Gulf Coast Lg-East Div Champs 04

## Sam Faleafine

Baseball Outfielder  
(Los MedanosJC); JC All-State 11; LMJC ldr season 2010 gms (36-tie), starts (36-tie), hr (7), rbi (44), ttl bases (82), slug pct (.550), so (29), sb (20), 11 ab (149), runs (31), hits (55), dbls (11), trpls (45), ttl bases (80), slug pct (.537), sb (25)

## Brent Feldman

Swimming Butterfly  
NCS Champ 96 100 bf (50.79), 97 (50.16)

## Mike Fischer

Football Defensive Back  
All-East Bay 83

## Greg Ford

Track 180ydLH  
(Stanford Univ); NCS Champ 63 (19.7); played fb in college; Clayton Valley HOF

# Contra Costa County

## Brian Foreman

Football Wide Receiver  
(San Jose St); All-Times 97; EX  
All-Bay Area 97; East Bay Cream of  
the Crop 98 #19; played wr, lb, db  
in college; son of Clyde Foreman,  
college javelin thrower; cousin of  
Mark Brunnell, pro fb player

## Greg Garchar

Baseball 3B  
(Los Medanos JC & Whittier  
College); All-Times 2001; LMJC  
ldr season 02 gms (44-tie), 03 dbls  
(16)

## Mike Gausman

Swimming IM/Butterfly  
(USC); NCS Champ 98 200 IM  
(1:55.39), 100 bf (50.28) & 99  
(50:32)

## Deana Gibson

Softball Catcher  
All-East Bay 76

## Jim Gilbert

Baseball Pitcher  
(Chabot JC & Oklahoma St); All-  
Times 2003; All-East Bay 2003;  
played minor league baseball;  
Gulf Coast Lg-East Div Champs 06

## Joe Ginochio

Wrestling Heavyweight  
NCS Champ 82

## Scott Gorgen

Baseball Pitcher  
(UC Irvine); All-Big West 2008;  
Big West Co-Pitcher of the Year  
2008; played minor league  
baseball; NY-Penn Lg-Pinckney  
Div Champs 08; UCI ldr career so  
(313); brother of Matt Gorgen,  
minor league baseball player

## Dave Gotz

Basketball Guard  
(Sacramento St); Clayton Valley  
HOF

## Bill Gray

Wrestling/FB Coach  
(Diablo Valley JC & San Francisco  
St); Head Coach wrestling Oceana  
High 74-89, fb Oceana & Terra  
Nova Highs (SM); CCS Champs  
83-86; CCS Honor Coach 89;  
Pacifica Sports HOF; California  
Wrestling HOF

## Melissa Grimmond

Soccer Defender  
(Holy Names Univ); Cal Pac  
Champs 2006 & 09; Holy Names  
MVP 2006 & 07; All-Cal Pac 09;  
Cal Pac DPOTY 09

## Rich Halket

Wrestling 188lbs  
(Stanford Univ); NCS Champ 83

## Mike Haluchak

Football LB/Coach  
(USC); AAWU Champs 68; Pac-8  
Champs 69; Rose Bowl Champs  
70; Head Coach Royal High 72, 75,  
Elsinore High 73, Duarte High 74;  
asst coach USC, Cal St Fullerton,  
UOP, Cal, North Carolina St 76-82,  
Oakl Invaders USFL 83-85; NFL  
SD Chargers, Cin Bengals, Wash  
Redskins, NY Giants, Jac Jaguars,  
Clev Browns, Oakl Raiders 86-10;  
Clayton Valley HOF

## Kasey Harris

"Beckman" (married name)  
Swimming Free/Medley  
(Univ of Michigan & Univ of  
California); NCS Girls Champ 94  
200 fs (1:50.28), 97 (1:48.31), 94  
200 IM (2:02.6) & 96 (2:01.53), 96  
500 fs (4:53.71); Member National  
Jr. Team 94 & 95; Member World  
Team Champs 95

## Lynn Harrison

Basketball/Track  
Clayton Valley HOF

## Wayne Harrison

Football Defensive Line  
(Utah St); All-East Bay 74; All-Nor  
Cal 74

## Cliff Hatch

Wrestling 141/158lbs  
(Diablo Valley JC & Cal Poly-  
SLO); NCS Champ 72; State JC  
Champ 72; NCAA Div2 74; Head  
Coach San Ramon Valley; NCS  
Honor Coach 85; State JC rcd most  
wins 2 seasons 72-73 (88); DVC  
HOF

## Darrel Hauscher

Wrestling 127lbs  
Nor Cal Champ 67

## Steve Heaston

Water Polo Coach  
(Fresno St); Head Coach Univ of  
California 89-98 (224-56); NCAA  
Champs 90-92; NCAA COTY 90 &  
92; conference COTY 5 times; Head  
Coach World University Gms Gold  
Medalist Team 93; trophy to  
winner annual Cal-Stanford wp  
match named in his honor; died of  
brain cancer 99 at age 50; DVC  
HOF; Cal HOF; father of Kristin  
Heaston, see Ygnacio Valley High  
(CC)

## Nick Hendryk

## Football

EX All-Metro 98

## Quarterback

## Lori Hokerson

Track/Soccer 300mtrLH/Fwd  
(St. Mary's College); NCS Champ  
90 (45.14) & 91 (44.76); AA 92  
(soc); SMC ldr goals gm (4) &  
career (25); SMC HOF

## Jay Hook

Wrestling 136lbs  
Nor Cal Champ 64

## Tom Hook

Wrestling 127lbs  
(Diablo Valley JC); State JC Champ  
66; Clayton Valley HOF

## Ernie Howren

Football Offensive Line  
(Utah St); East Bay Cream of the  
Crop 89 #19; Big West Co-Champs  
93

## Jesse Hunt

Football Offensive Line  
All-Times 2004

## Steve Hunter

Wrestling 148lbs  
NCS Champ 81

## Benson Jones

Track Triple Jump  
(Diablo Valley JC & Washington  
St); State Champ 98 (51-1 1/2);  
State JC Champ 99 ( 51-2 3/4)

## Lindsay Kiyama

Water Polo Attacker  
(UC Davis); WWPA Champs 2006  
& 08; All-Big West 09

## Brooke Knight

"Constable" (married name)  
Track High Jump  
(Fresno Pacific Univ); NCS Champ  
88 (5-4); GSAC Champ 92 (5-6);  
NAIA Dist. 23 Champ 92 (5-5 3/4);  
Clayton Valley HOF

## Victoria Kobold

"Tori"  
Softball Outfielder  
All-East Bay 2009

## Kara Kohler

Rowing 8-Oar  
(Univ of California); Pac-10  
Newcomer of the Year 2010;  
Gold Medalist World Under-23  
Champs 10; Pac-10 Varsity 8  
Champs 11, Olympic Champs 12

## Bruce Kopitar

Wrestling 178/191lbs

# Contra Costa County

(Univ of Oklahoma); NCS Champ 77; State Champ 77; also atnd Pacifica High (CC)

## Kim Lackey

Tennis Doubles/Coach  
(Cal St Bakersfield); National Over-45 Champs; Head Coach boys & girls Clayton Valley High; Head Coach DVC; Clayton Valley HOF

## Troy Lakin

Wrestling 106lbs  
NCS Champ 2012

## Greg L'Amoreaux

Wrestling 148lbs  
(Diablo Valley JC); NCS Champ 84

## Jeff Landry

Baseball Shortstop  
(Arizona St); All-Times 2002;  
ANG Best of the Best 2002

## Steve Laughrey

Baseball Pitcher  
(Diablo Valley JC & Boise St);  
State JC Champs 77

## Pete Laurence

Wrestling 138lbs  
Nor Cal Champ 63; Clayton Valley HOF

## Jeannie Lederer

Fencing  
San Francisco AAA Champ 64-65

## Marc Lee

Basketball Guard  
CVH rcd career 66-69 pts (1,212),  
gm 69 pts (43), ldr season pts avg  
(24.2); Concord Transcript Diablo  
District Dynamic Decade Team '60s

## Joey Levine

Football LB/Utility  
All-East Bay 2008; East Bay DPOTY  
2008; Chron All-Metro 2008

## Angie Linsenmeyer

Softball Catcher  
(UC Davis); All-CCAA 2001;  
CCAA Champs 2001-03; NCAA  
Div 2 Champs 03

## Nathanael Litwiller

Track 1600mtrs  
(Sacramento St); NCS Champ 2008  
(4:19.99); 3rd State Meet 09  
(1:52.66-CVH rcd); Big Sky Champ  
10 800mtrs (1:52.13); SS rcd 13  
800mtrs (1:49.50) & mile (4:08.23)

## Gary Loveridge

FB/BK/Track Guard  
(Stanford Univ); TOC All-Star 60  
(bk); Chron All-Metro 61 (bk);

EX All-Metro 61 (bk); Concord  
Transcript Diablo District Dynamic  
Decade Team '60s (bk); Clayton  
Valley HOF

## Tim Lyons

Basketball  
(Diablo Valley JC); All-Times 91

## John Mahloch

Basketball Guard  
(Stanislaus St); All-East Bay 86;  
All-Nor Cal 86; CVH rcd gm 85 ft  
(21); CVH ldr career pts (1,687),  
fg (640), ft (407), asst (413), ldr  
season pts avg 85 (22.5), 86 (21.6)

## Craig Marble

Swimming Butterfly/IM  
(Univ of California); NCS Champ  
81 100 bf (49.62), 82 (50.56) & 83  
(49.62); 81 200 IM (1:55.54) & 83  
(1:51.54); Clayton Valley HOF

## Clyde Mashore

Baseball Outfielder  
Carolina Lg-East Div Champs 65;  
Cin Reds 69, Mon Expos 70-73;  
Concord City Councilman;  
Clayton Valley HOF

## Damon Mashore

FB/Baseball DB/Outfielder  
(Univ of Arizona); All-East Bay 87  
(fb); All-Nor Cal 87 & 89 (fb);  
All-East Bay 88 (bb); East Bay Cream  
of the Crop (fb) 88 #11; All-Pac-10  
91; Southern Lg-West Div Champs  
94; PCL-North Div Champs 96;  
Oakl Athletics 96-97, Ana Angels  
98; Mngr Missoula 2007 (Rookie  
Lg); CVH rcd season 88 hr (8)

## Justin Mashore

BB/Football OF/RB/Utility  
EX All-Bay Area 89 (fb-util);  
All-East Bay 89 (fb-rb); All-Times 91  
(bb); Times Co-POTY 91; All-East  
Bay 91 (bb); East Bay Cream of the  
Crop (fb) 91 #17; played minor  
league baseball; Southwestern Lg-  
East Div Champs 96; Eastern  
Lg-North Div Champs 99; CVH rcd  
season 91 BAvG League (.585), sb  
91 (40); son of Clyde Mashore,  
brother of Damon Mashore, see  
above

## Darrel Matthews

Baseball Outfielder  
(Univ of California); All-Times  
2009

## Chris Mazza

Baseball SS/Pitcher  
(Menlo College); All-Assoc Div 3  
Independents 2010; NAIA West  
(South Div) Champs 11; 1st Menlo  
College player drafted by MLB 11

(Minn Twins 27th rd); MC ldr  
season 2010 BAvG (.347), hits (50),  
dbs (11), rbi (36), 11 BAvG (.348),  
hits (57), trpls (2-tie), ttl bases (88);  
MC rcd career 09-11 hr (19-tie),  
trpls (NR), saves (8)

## Nicole McAllister

"Anderson" (married name)  
Basketball Guard  
(Oregon St); All-East Bay 92 & 93;  
All-Times 92 & 93; Cal-Hi All-  
State (junior) 92; All-Nor Cal 93;  
Cal-Hi All-State 93; Head Coach  
girls bk Jesse Bethel High (Sol);  
granddaughter of Jesse Bethel &  
wife of Duane Anderson, Head  
Coach boy's bk Jesse Bethel High  
(Sol)

## Ronnie McCoy

Wrestling 171lbs  
NCS Champ 2006

## Jim McGuire

Football Defensive End  
EX All-Bay Area 70; All-East Bay  
70

## Brett McNamar

Wrestling 98/101lbs  
(Diablo Valley JC & Chico St);  
NCS Champ 80 & 81; Head Coach  
Pittsburg & Antioch Highs (CC),  
Diablo Valley JC; Chico St HOF

## Chaz Meadows

Baseball Infielder  
(Long Beach St); All-East Bay 2011

## Eric Meichtry

Golf  
(St. Mary's College); played pro  
California Tour

## Drew Menez

Basketball Guard  
(UC Davis & Whittier Univ);  
All-Times 2006; Cal-Hi Div 2  
All-State 2006; All-SCIAC 10; CVH  
ldr season pts avg 2006 (19.8); also  
atnd Berean Christian School  
(CC); son of Don Menez, three-  
sport athlete at Master's College

## Scott Minch

Swimming Diving  
NCS Champ 89 (441.85)

## Leah Monroe

Swimming Breaststroke  
(Univ of California); NCS Champ  
98 100 bs (1:03.99), 99 (1:04.12);  
did not compete after sophomore  
year at UC

## Joe Mortensen

Football Defensive Line

# Contra Costa County

(Univ of Kansas); All-East Bay 2003; All-Times 2003; Times POTY 2003; Chron All-Metro 2003; Cal-Hi All-State 2003; East Bay Cream of the Crop 04 #18; All-Big-12 08; Orange Bowl Champs 08; NY Sentinels 08 , Hartford Colonels 09-11 (UFL); CV red season tackles (171), weightlifting rcds bench (385lbs), power clean (330lbs), squat (515lbs); KU ldr 08 tackles (106), tackles for loss (15)

## Mark Needham

Wrestling 98/123lbs  
(Chabot JC); NCS Champ 73 & 75

## Courtney Nelson

“Murrell” (married name)  
Swimming Diving  
(BYU); Nor Cal Diver of the Year 82, 84-86; State 3-mtr Champ 86; NCS Champ 87 (446.60); World Age Group Team 87; NCAA Platform Champ 90 (523.10-BYU rcd), 91 (595.00); High Country Athletic Conf Champ 1-mtr & 3-mtr 90; BYU HOF; Clayton Valley HOF

## Lindsay Nelson

Water Polo Driver  
(UC Santa Barbara); All-Times 2002

## Natalie Nelson

Water Polo Attacker  
(Univ of California); All-East Bay/North Bay 99; sister of Lindsay Nelson, see above

## Brent Nichols

Baseball Pitcher  
(UC Davis); All-Times 92

## Rich Norwood

Football Defensive Line  
(San Jose St); All-East Bay 76; EX All-Bay Area 76; All-Nor Cal 76

## Hilary Oppido

Cross Country  
(Chico St); CCAA Champs 2004

## Deborah Osteen

“Deb”  
Cross Country  
(Univ of Nebraska); NCS Div 3 Champ 94 (19:30); Head Coach Univ of Southern Mississippi 2002-06

## Elisma Padilla

Soccer Forward  
All-East Bay 2011

## Herc Pardi Jr.

FB/Baseball Coach  
(Boise St & Cal St Hayward); Head Coach fb Pittsburg High (CC) 91-

95 (45-15-0), Clayton Valley High 96-; Head Coach bb Mt. Diablo High (CC) 82, Pittsburg High (CC) 89-95, Clayton Valley High 12-; NCS Champs 91; Head Coach bb Mt. Diablo High (CC) 82, Pittsburg High (CC) 89-95

## Meghan Pardi

Water Polo Utility  
(Loyola Marymount Univ); WHPA Champs 2004, 05 & 07; daughter of Herc Pardi Jr., see above; granddaughter of Herc Pardi Sr., see Pittsburg High (CC)

## Breana Partida

Soccer Defender  
(Holy Names Univ); Cal Pac Co-Champs 2011

## Emily Plummer

Swimming Back/Butterfly  
(Univ of Tennessee); NCS Champ 92 100 bs (58.78) & 94 (57.26), 100 bf (57.66)

## Jeri Pournaras

“Feuer” (married name)  
Tennis/BK/Track 100mtrs/TJ  
CVH AOTY 85; Clayton Valley HOF; sister of Dean & Shawn Pournaras, CVH tennis players

## Bill Powers

BK/Golf Coach  
Head Coach boys bk & girls golf Monte Vista High (CC); Times Golf COTY 2004; NCS Div 1 Champs 09 (bk); Cal-Hi Div 1 Bk COTY 09; also attnd St. Joseph High (A)

## Sam Ray

Baseball 1B/Infielder  
(UCLA); All-Times 2003 (1b); All-East Bay 2003 (inf); CHS rcd season 2003 rbi (40)

## Matt Reed

Baseball Outfielder  
(UOP, Diablo Valley JC & Sonoma St); All-Times 2003 (of); played infield in college

## Sean Reilly

Swimming Freestyle/IM  
(Univ of Hawaii); NCS Champ 2008 50 fs (20.39), 100 fs (44.62); East Bay SOTY 2008; CHS rcd 100 fs, 200 im

## Dominic Rhein

Wrestling 138lbs  
NCS Champ 89

## Mike Rose

All Sports Supporter

Supporters of CVH athletic programs; Clayton Valley HOF; husband of Laurie Anderson, see above

## Leo Rowland

Football Utility/ Kicker  
All-East Bay 86; EX All-Bay Area 86

## Kellie Ruiz

“Lefle” (married name)  
VB/Softball  
(Fresno St); Clayton Valley HOF

## Ryan Salazar

Swimming Diving  
NCS Champ 98 (427.05)

## Scott Sanderson

Football Offensive Tackle  
(Washington St); EX All-Metro 91; East Bay Cream of the Crop 92 #9; East-West Shrine Gm 97; Hou/Tenn Oilers/Titans 98-2000, NO Saints 01; AFC Champs 99 (Titans)

## Ray Santucci

Football Linebacker  
(Boise St); All-Nor Cal 77; Clayton Valley HOF

## Sonya Satre

“Goodman” (married name)  
VB/BK/Softball  
(San Jose St); All-Nor Cal Conf. 79 (vb); Clayton Valley HOF

## Steve Schmalzel

Wrestling 157lbs  
NCS Champ 80

## Mark Schmidt

Baseball/FB Outfielder/TE  
(Univ of Oregon); All-Times 92 (bb); East Bay Cream of the Crop (fb) 92 #7; played fb in college

## Eric Shaw

Swimming Freestyle  
NCS Champ 89 100 bs (53.66)

## Karey Sheehan

“Venegas” (married name)  
Basketball Guard  
(Univ of California & Santa Clara Univ); ACL injury ended bk career; played softball in college; CVH rcd career pts (1,236), asst (442); Clayton Valley HOF

## Todd Skow

Swimming Freestyle  
NCS Champ 85 500 fs (4:35.83) & 86 (4:30.44); Clayton Valley HOF

## Sheryl Smiarowski

“Lawrentz” (married name)  
Swimming Medley/Butterfly

# Contra Costa County

NCS Champ 77 200 IM (2:11.80) & 78 (2:10.08); 77 100 bf (58.53) & 78 (58.39); Clayton Valley HOF

## George Smylie

Football Linebacker  
(San Jose St); Big West Champs 90; Calif Raisin Bowl Champs 90

## Joe Smylie

Football Linebacker  
(Oregon St); All-East Bay 82; East Bay Cream of the Crop 83 #7 brother of George Smylie, see above

## Frank Snyder

Baseball  
(BYU); Clayton Valley HOF

## Nina Somerville

Swimming Backstroke  
NCS Champ 80 100 bs (1:01.095)

## Tommy Stallworth

Football Defensive Back  
Cal-Hi All-State (sophomore) 96; EX All-Metro 98

## Brian Strock

Wrestling 136/132lbs  
(San Jose St); NCS Champ 77; State Champ 77; also attnd Pacifica High (CC)

## Michael Stupka

Track 400mtrs  
(Univ of Illinois-Chicago); NCS Champ 2011 (48.66)

## Brian Sullivan

Basketball Guard/Coach  
(Eastern Washington Univ); EWU MVP 91; All-Big Sky 91; played minor league bk; long-time associate head coach to Frank Allocco at Northgate & De La Salle Highs (CC); CVH ldr season pts avg 87 (22.8); EWU ldr 91 3 pt fg att (273), pts (434), asst (141), stls (53); Clayton Valley HOF

## Starry Suttich

VB/Softball Coach  
(UOP); NCAC Champs 80; Head Coach boys vb Mt. Diablo High (CC); NCS Honor Coach 2005; Clayton Valley HOF

## Kristine Sweat

Soccer Midfielder  
(Univ of New Mexico); All-Times 2003; UNM ldr 04 goals (3), pts (7) shots (45), 04 goals (3) asst (4) 05 pts (13), goals (6)

## Bob Thomason Jr

Basketball Guard/Coach

(UOP); All-East Bay 67; WCAC Champs 70 & 71; All-WCAC 71; Head Coach Escalon High 75-77 (66-17), Turlock High 78-82 (84-54), Columbia JC 83-85 (74-49), Stanislaus St 86-88 (52-27) & UOP 87- (387 wins thru 10); NCAC Champs 87; Big West Champs 97, 04-06, 10; Big West Co-Champs 2004; Big West Co-Champs 10; Big West COTY 93, 97, 2004-06; Hugh Durham Mid-Major COTY 05; Dist. 9 COTY 05; CVH rd gm 67 fg (20); CVH ldr season pts avg 67 (25.9); WCAC rd consec ft 71 (44); UOP ldr season ft pct 70 (.824), 71 (.855); Concord Transcript Diablo District Dynamic Decade Team '60s (bk); CCC HOF; UOP HOF; Clayton Valley HOF; son of Bob Thomason Sr, Head Coach Pittsburg High (CC)

## Todd Thompson

Football Tight End  
All-Nor Cal 73

## Jason Turnage

Wrestling 168/178lbs  
NCS Champ 87 & 88; jiu-jitsu instructor

## Warren Turnage

Wrestling 105/115/123lbs  
NCS Champ 77 & 78; State Champ 78; also attnd Pacifica High (CC)

## Melanie Turner

Basketball Forward  
(USF); All-Times 98

## Josh Van Buskirk

Football Defensive Line  
(Diablo Valley JC & Benedictine College); All-Times 99; EX All-Metro 99

## Lauren Vance

Soccer Goalkeeper  
(Chico St); CCAA-North Champs 2009

## Kip Vaughn

Baseball Pitcher  
(Arizona St); All-East Bay 88

## Steve Villa

Football Quarterback  
(Santa Clara Univ); WFC Co-Champs 83; Clayton Valley HOF

## Samantha Walker

"Bubba"  
Soccer Defender  
(Univ of California); All-East Bay 2009; played fwd in college

## Heather Wallace

Cross Country

NCS Div 3 Champ 93 (19:33.6)

## Steve Warren

Track 110mtrHH  
NCS Champ 90 (14.24); 3rd State Meet 90 (14.53)

## Randy Wells

Baseball Shortstop  
(St. Mary's College & Sonoma St); All-Times 2006; All-East Bay 2006; WCC All-Freshman Team 07; Louisville Slugger Freshman AA 07; Ping Baseball Freshman AA 07; CHS rd season 2006 BAvg (.557), hits (44), career (129); SMC ldr 07 BAvg (.354), hits (63), dbls (11), trpls (3), rbi (37), tb (83)

## Zach Wells

Baseball DH/Pitcher  
(Diablo Valley JC); JC All-State 97 (dh)

## Kelly Wely

Swimming Butterfly  
(UCLA); NCS Champ 84 100 bf (56.75)

## Caryn West

Skiing  
(Stanford Univ); National Jr Champ 69; Gold Medalist Women's Combined Alpine World University Gms 72; Silver Medalist Slalom World University Gms 72; gave up skiing to become a Stage Actor

## Mickey Wharton

Track Shot Put  
Prep pr 66 (57-7); Clayton Valley HOF

## Mike Williams

Swimming Freestyle  
(USC); NCS Champ 91 200 fs (1:40.66) & 92 (1:38.51), 92 100 fs (44.85)

## Sam Williams

Football Linebacker  
(Fresno St); All-Times 97; EX All-Metro 97; East Bay Cream of the Crop 98 #15; Silicon Valley Bowl Champs 2002; Oakl Raiders 03-04, (injured 05), 06-10; Raider Ed Block Courage Award 05

## Kenny Woods

Baseball Pitcher  
All-East Bay 99

## Cam Woolridge

Football Offensive Tackle  
All-East Bay 74; All-Nor Cal 74 & 75

## Eric Wyles

Swimming Freestyle/Breast



# Contra Costa County

(Cal Poly-SLO); NCS Champ 94 100 fs (47.11); Big West Champ 97 100 bs (57.03); Masters National Champ 50, 100, 200mtr bs 2001, Head Coach Woodlands Swim Club; CPSLO rcd 100 bs (56.14); Masters Swimming National rcd 200mtr bs (NR) 2001

## Jim Wyles

Swimming Butterfly (UOP); NCS Champ 92 100 bf (49.93); Big West Champ 95 100 bf (49.43); UOP rcd 95 100 fly (49.43) , 200 fly (1:51.74)

## College Park High Falcons Pleasant Hill (estab. 1960)

### Cori Alexander

Soccer Goalkeeper (Univ of Portland); Member Under-17 National Champs 2002; All-Times 03; Member Under-19 National Champs 04; WCC Champs 05; NCAA Champs 05; College Cup Defensive MVP 05; Member Under-23 National Team 06-08; Sky Blue FC 09 (WPS); UP rcd career 03-06 saves (263), Sho (39)

### Lindsay Allen

CC/Track 1600/3200mtrs (Stanford Univ); NCS CC Div 2 Champ 2002 (17:36) & 03 (18:16); Times CC AOTY 2002 & 03; NCS Champ 03 (4:50.58), (10:41.86), 04 (4:48.82); 2nd State Meet 2002 (4:55.94); 2nd State Meet 03 (4:51.71); National Prep Rcd 2000mtr steeplechase 03 (6:47.03); 3000mtr steeplechase (10:40); Times AOTY 04; Pac-10 CC Champs 04-06; NCAA Champs 05 & 06; Member Pan American Gms Team 04; U. S. Jr Champ 3000mtr steeplechase 05; CP rcd 800mtrs (2:12), 1600mtrs (4:48), 3200mtrs (10:35); Stanford & Pac-10 rcd 07 3000mtr steeplechase (10:01.53); College Park HOF

### Anders

Gymnastics Trampoline Nor Cal Champ 64

### Kristin Babb

"Sprague" (married name) Swimming Synchronized Gold Medalist Olympics 88; Goodwill Gms Solo Champ 90; Member Olympic Team 92 & 96; National Duet Champs; four Solo National Titles; two Gold & Silver Medals FINA World Cup; received perfect 10s in artistic impression

Olympics 88; only synchronized swimmer to compete for eight National titles; 1st to perform 33 360 degree vertical spins; Synchronized Swimming HOF, International Swimming HOF; wife of Ed Sprague Jr, ML player; daughter-in-law of Ed Sprague Sr., see Sunset High (A)

### Bill Barnwell

Gymnastics FLEx/HorizBars Nor Cal Champ 69 floor exercise (7.55), horizontal bars (8.0)

### Joe Battle

Wrestling 145lbs NCS Champ 85

### David Beaudry

Football Running Back (Univ of Redlands); SCIAC Champs 2003

### Don Beebe

Track Pole Vault NCS Champ 77 (14-8)

### Jake Benz

Baseball Utility/OF (Diablo Valley JC & Oklahoma St); All-East Bay 90 (util); Big-8 Champs 93 & 94; All-Big-8 94; played minor league baseball (pitcher); Eastern Lg-South Div Champs 97; DVJC rcd gm 92 hits (6), dbls (4), career rcd 91-92 gms (97); OS ldr season 94 trpls (3-tie); DVC HOF

### Jeff Bickert

Cross Country (Cal Poly-SLO); East Bay AOTY 2009; NCS Div 1 Champ 10 (15:50); East Bay ROTY 10

### Mark Blackshere

Wrestling 136lbs NCS Champ 73

### Fred Boeger

Football Tackle (Colorado St); All-East Bay 66; All-Nor Cal 66

### Tim Boeher

Football Tight End All-East Bay 76

### Katie Bowker

Equestrian Vaulting Member National Team 2004; Bronze Medalist World Championships 2004

### Gary Buckmann

Gymnastics Vault (Chico St); Nor Cal Champ 69 (7.95); Head Coach U. S. Elite Team 74-86, National Jr. Team 81-82 &

National Senior Team 82-84; Chico St HOF; College Park HOF

### George Buddy

Football Tight End (Diablo Valley JC & Univ of Nevada-Reno); East Bay Cream of the Crop 88 #20

### Jesse Burdine

Football Offensive Line (Cal Poly-SLO); All-Times 92

### Anne Canalin

Soccer MF/Defender (Holy Names Univ); Cal Pac Champs 2006; State Club Champs 5 times; college captain 08

### Brett Cargill

FB/BK/Track Defensive Line (Univ of Oklahoma); Big 8 Co-Champs 75; Orange Bowl Champs 75; National Champs 75; Big-8 Tri-Champs 76; Big-8 Champs 77; Fiesta Bowl Champs 77; College Park HOF

### Chris Carlson

Wrestling 245lbs NCS Champ 81

### Allan Cooke

Dirt Bike Rider X Gms Champ 2002; son of Jim Cooke, pro Motocross racer

### Courtios

Swimming Breaststroke NCS Champ 70 100 bs (1:04.6)

### Alycia Cridebring

Cross Country (UC Davis); NCS Champ Div 1 2006 (18:07-as a freshman); Big West Champs 11; UCD ldr 2005 1500mtrs (4:29.08)

### Andrew Cruz

Volleyball Outside Hitter All-East Bay 2008; East Bay POTY 2008

### Hannah Curran

Water Polo Field (UC Davis); All-East Bay 2009

### Chase Danska

Football Wide Receiver (Diablo Valley JC & Univ of Massachusetts); JC Region 2 All-State 2010

### Matt Dentone

Swimming Freestyle (Univ of Hawaii-Manoa); NCS Champ 2008 200 fs (1:39.78)

### Art Doria

# Contra Costa County

FB/BK/Baseball  
College Park HOF

(Univ of California); NCAA Champs  
99

the Crop05 #17; UCD Special  
Teams POTY 07; Great West Conf  
Champs 09; played rb & lb in  
college; UCD ldr int 08 (3)

## Diane Dunn

CC/Track 3000mtrs  
(UC San Diego); CCAA Freshman  
of the Year 2005; 3rd NCAA Div 2  
Championships 07

## Brandon Fragger

Football Running Back  
Univ of Nevada-Reno; East Bay  
Cream of the Crop 2006 #15

## Mike Holland

Basketball Guard  
College Park HOF

## Shannon Egbert

"Skidmore" (married name)  
BK/VB Outside Hitter  
(BYU); All-East Bay 87 & 88 (bk);  
All-Nor Cal 88 (bk); WAC Champs  
90 (vb); College Park HOF

## Henson Garcia

Volleyball Setter  
(Santa Barbara JC); All-Times 2005

## Natalie Hull

Soccer MF/Defender  
(Menlo College); Cal Pac Co-Champs  
2006

## Orry Elor

Wrestling 285lbs  
(Ohio St); NCS Champ 2010 & 11

## Rebecca Garcia

"Becca"  
Softball Catcher  
(Univ of Miami-Ohio); All-Times  
2001 & 02; Member National  
Under-18 Champs 02 & 03; daughter  
of Kiko Garcia, see Ygnacio Valley  
High (CC)

## Jim Keck

Wrestling 175lbs  
(Chico St & UC Davis); NCS  
Champ 89; Head Coach College  
Park High 2001-09; NCS Honor  
Coach 04; NCS Champs 06-08;  
Times COTY 06 & 07

## Ronny Elor

Wrestling 235lbs  
Nor Cal Champ 2007; National Jr  
Freestyle Champ 08; NCS Champ  
10; sister of Orry Elor, see above

## Erin Gerdtz

CC/Track 3200/1600mtrs  
NCS Div 1 Champ 99 (19:35);  
CPH rcd (2:20.1), (3:50.7)

## Bill Kepler

Football Guard/Coach  
(Cal St Hayward); All-East Bay 77;  
Head Coach College Park High 88-;  
owner Kepler's Golf & Repair;  
College Park HOF

## Mark Emanuel

Swimming Diving  
(Claremont-Mudd-Scripps  
College); NCS Champ 2003  
(409.75)

## Ted Gilje

"Goose"  
BK/Baseball Center/Pitcher  
Played minor league baseball;  
Pioneer Lg Champs 68; Northwest  
Lg Champs 69; Northwest Lg  
All-Star 69; Calif Lg Champs 70; Tx  
Lg-West Div Champs 72; PCL-East  
Div Champs 72; College Park HOF

## Jim Kepler

Wrestling 135lbs  
NCS Champ 71; PGA Pro Instructor;  
General Mngr/PGA Director Eagle  
Valley Golf Course,NV; brother of  
Bill Kepler, see above

## Monica Emanuel

Swimming Diving/IM  
(Claremont-Mudd-Scripps  
College); SCIAC Champ 1mtr  
Diving 2004; 400mtr IM 05 (NR);  
SCIAC Champs 05; CMS Wall of  
Fame; CPH rcd (396.35); sister of  
Mark Emanuel, see above

## Bobby Glover

FB/BB  
College Park HOF

## Scott Kjolrien

Volleyball Libero  
(Cal Poly-SLO); All-East Bay 2008

## Stephanie Fairclough

Softball Pitcher  
(Holy Names Univ); All-Cal-Pac  
2009 & 10; Cal-Pac Pitcher of the  
Year 2009; Cal-Pac Champs 2009;  
NAIA All-West Region 2009; HNU  
ldr season 2009 gms (33), cg (19),  
wins, (15), era (1.71), ip (143), sho  
(5), so (167), 10 cg (16), wins (15),  
era (2.79), ip (153), sho (6), so  
(118)

## Jennifer Whitney Goodell

"Whitney" (known by middle name)  
Soccer Forward  
(Oregon St); All-Times 03; CPH  
ldr career pts 2001-04 (NR)

## Heather Klassen

Soccer Goalkeeper  
(Menlo College); Cal Pac Co-  
Champs 2006

## Jessica Grassi

Softball Infielder  
(Loyola Marymount Univ); Member  
National Under-18 Champs 2002;  
PCSC Champs 05; played of & ss  
in college

## Tom Knoblock

Wrestling 157lbs  
(Univ of Nebraska); NCS Champ 72

## Alyson Finley

Cross Country  
(Chico St); CCAA Champs 2010

## Courtney Hansen

Swimming Freestyle/Back  
(Diablo Valley JC & Univ of Nevada-  
Reno); State JC Champ 2004 100 fs  
(53.39); CPH rcd  
100bs (1:00.25); DVC rcd 100fs  
(NR)

## Mark Lance

Wrestling 156lbs  
NCS Champ 71; CPH JV/Frosh/Soph  
Tournament honors him; died 72

## Michelle Flood

Basketball Guard  
EX All-Metro 96

## Ron Havniar

Football/Track  
College Park HOF

## Cyrus Lee

Volleyball  
(UC Davis); All-Times 2004; Head  
Coach club team, UC Davis 08-

## Eugenie Foote

Cross Country  
(Humboldt St); NCS Div 2 Champ  
2004 (18:12); played soccer in  
college

## Lisa Lippincott

BK/Track/Swimming  
College Park HOF

## Mason Foster

Rugby Prop

## Mike Healey

Football Utility  
(UC Davis); Chron All-Metro 2004;  
All-Times 2004; East Bay Cream of

## Erica Long

Basketball Forward

# Contra Costa County

All-Times 95

## Mark Marquez

Football Linebacker  
(Diablo Valley JC & Lindenwood Univ); Heart of America Conf Champs 2009

## Dan Matheson

Football Offensive Line  
All-Times 2006

## Michael Maxwell

"Mickey"  
Wrest/Boxing Coach  
(Chico St); NCAC wrestling, boxing Champ; Head Coach wrestling Yuba JC; Head Coach wrestling (14 years) & fb (6 years) Yuba City High, wrestling University High LA; also played soccer in college; Member CIF State Wrestling Rules Committee; Chico St HOF

## Mark McQuillan

Track Pole Vault  
NCS Champ 66 (13-7)

## Jimmy Medeiros

Soccer Defender  
(Redlands Univ); SCIAC Champs 2010

## Olivia Morgan

Swimming Synchronized  
(Stanford Univ); Member National Jr Team 2004-08; National Jr Team Champs 08; Member National Team 05-08; 1st in figures National Collegiates 09

## Roger Mower

Basketball Center  
(Creighton Univ); CPH ldr season 64 pts avg (17.2); Concord Transcript Diablo District Dynamic Decade Team '60s

## Tim Murphy

Football Coach  
(UC Santa Barbara); Head Coach Ygnacio Valley High (CC) 96-2000, Clayton Valley Charter (CC) Div 2 Champs 12; ; NCS Div 2A Champs 99; Head Coach Clovis East High 01-08, 10-11; Central Section Champs 03 & 06; Head Coach Clayton Valley (CC) 12-

## Maureen Oakley

"Mo"  
Soccer Defender  
All-Times 2007

## Kevin O'Brien

Swimming  
College Park HOF

## Rachel O'Brien

Swimming Butterfly/Free  
(Oregon St); NCS Champ 2008 100 bf (54.63), 09 (54.07); CPH rcd 200 fs (1:51.62), 100 bf (54.63), 100 fs (53.19)

## Lisa Otteson

Volleyball Setter  
All-Times 98

## Michelle Otteson

"Mahaffey" (married name)  
Volleyball Defensive Spec  
(BYU); MWC Champs 99; sister of Lisa Otteson, see above

## Andy Peabody

Cross Country  
(UC Davis); NCS Champ Div 1 2006 (15:26)

## Don Pederson

Football Utility  
All-East Bay 72

## Cal Percy

Swm/WP  
(Idaho St); ISU HOF; College Park HOF

## Jim Percy

Swimming  
(Univ of Wyoming); College Park HOF; UW rcd 50 fs 78 (20.71)

## Aly Pickersgill

Swimming Relay  
(Diablo Valley JC); State JC Champs 2011 400 med relay (3:58.38)

## Diandra Prutton

Swimming Backstroke  
(Diablo Valley JC & Univ of Wisconsin-Milwaukee); State JC Champ 2011 50 bs (26.98), 100 bs (57.69); Horizon Lg Champs 2012; sister Mariana UCSB swimmer

## Nicole Reed

Cross Country  
(Chico St); CCAA Champs 2010

## Ray Reuter

Football Guard  
(Univ of Colorado); College Park HOF

## Kris Richardson

Football Coach  
(Diablo Valley JC & Univ of New Mexico); Head Coach Folsom High 2004-11; Co-Head Coach 12-; SSJS Div 2 Champs 2010, 12; Div 2 State Champs 2010; CCA COTY 2010; President Folsom FB Club

## Megan Roark

Softball Pitcher

(Univ of Indiana); ANG Best of the Best 2001; All-Times 2001; Cal-Hi All-State 2001; State POTY 2001 (medium schools); 3 college no-hit gms; UI ldr 05 appear (47), starts (31), so (219)

## Matt Ruff

Wrestling 103/112lbs  
(Univ of Colorado); NCS Champ 93 & 94

## Sabrina Sagehorn

Swimming Freestyle  
NCS Champ 80 200 fs (1:51.971), 500 fs (4:52.923); CPH rcd 200 fs (1:51.97), 100 bf (59.30), 500 fs (4:52.92), 100 fs (55.60); also attn Tokay High (Stockton)

## Mike Sampson

Wrestling 130lbs  
(Chico St); FWC Champ 66

## Kevin Searls

CC/Track 1600/3200mtrs  
(Diablo Valley JC & Humboldt St); Head Coach cc & track Carondelet High (CC); NCS Div. 3A-South CC Champs 78; NCS Div. 1 CC Champs 81; NCS Track Champs 85; NCS COTY 85; PH rcd 76 (9:18.0); USTAF Masters XC Champs 3 times; President Asics Aggie Running Club College Park HOF; DVC HOF

## Lauren Seidemann

Water Polo Hole Set/Defense  
(UC Davis); All-East Bay/North Bay 2005; WWP Champs 08

## Melissa Seidemann

Water Polo Hole Set/Defense  
(Stanford Univ); All-East Bay/North Bay 2005-07; East Bay/North Bay MVP 07; All-Times 2005-07; Times POTY 06 & 07; All-East Bay 06; ANG POTY 06; Member National Under-20 Team 06; Member Pan American Under-20 Gold Medalist Team 06; ldr goals Pan American Under-20 tournament 06 (20-tie); All-MPSF 08; MPSF Newcomer of the Year 08; Member National Team 10-11; MPSF Champs 11; NCAA Champs 11; Member Pan American Gms Team 11; Pan American Gms Gold Medalist Team 11; Olympic Gold Medal 12; Pan American Gms ldr goals 06 (20); SU ldr season goals 08 (59); Peter A. Cutino Award 13 (National POTY); sister of Lauren Seidemann, see above & Natalie Seidemann, see Campolindo High (CC)

## Elvin Seidenspinner

Wrestling 119/132lbs

# Contra Costa County

(Cal St Bakersfield); NCS Champ 94 & 95

## Karen Semenza

BK/SB/Track 100/200mtrs  
CPH rcd 100mtrs 86 (12.17); College Park HOF

## Elli Seo

Soccer MF/Forward  
(Pomona-Pitzer College); All-SCIAC 2006-09; State Cup U12 Champs 10; PPC ldr season 09 gm (18-tie), asst (5), shots (42)

## Brian Sergi

Wrestling 119/130/138lbs  
(Appalachian St); NCS Champ 2010 (119), 11 (130) & 12 (130); State Champ (138lbs)12; BANG WOTY 12

## Eric Shaw

Swimming Backstroke  
NCS Champ 89 100 bs (53.66)

## Harmen Sidhu

Baseball Pitcher  
(Oregon St, Diablo Valley JC & Sonoma St); NCBWA National Div 2 POTY 2013; JC AA 2013; All-West Region 2013; SS ldr era 12 (2.27), wins-tie (7), era 13 (0.98-Div 2 National ldr & State rcd), wins (10), so (93)

## Michelle Smith

Softball Outfielder  
(Arizona St); All-Times 2001-03; ANG Best of the Best 02; Cal-Hi All-State (underclass) 02; All-East Bay 03; Cal-Hi All-State 03; Member National Under-18 Champs 02 & 03; Pac-10 Champs 07; Pac-10 ldr season sb 07 (30)

## Casey Strand

Wrestling 162/175/189/191lbs  
(Arizona St); NCS Champ 92-94; State Champ 93 (175) & 94 (191); Cal-Hi State AOTY 94 (medium schools); Pac-10 Champ 97; National prep rcd career wins 91-94 (228); College Park HOF

## McKenna Thayn

Wrestling 126lbs  
NCS Girls Champ 2007

## Casey Torrez

Football Linebacker  
All-East Bay 93

## Bill Trask

Golf  
College Park HOF

## Doug True

Basketball Forward

(Univ of California); All-East Bay 76; All-Nor Cal 76; All-Pac-10 80; Cal MVP 80; CPH rcd gm 75 pts (40), fg (18); CPH ldr season pts avg 76 (22.8); UC ldr season 80 pts avg (15.1), reb avg 78 (8.9), 79 (7.3), 80 (9.1); father of Allison True, see Monte Vista High (CC)

## Brian Upshaw

Football Offensive Tackle  
All-Times 91

## Rochelle VanBuskirk

Soccer Forward  
(UC Davis); All-Times 2005; Member four State Cup Champs; All-Big West 09; UCD ldr season goals 07 (5-tie), 09 (13), pts (30)

## Scott VanBuskirk

Soccer Forward  
(Univ of California); All-Times 07; All-East Bay 07; Pac-10 Champs 2007 & 10; CPH ldr career 2004-07 goals (NR), assts (NR); brother of Rochelle VanBuskirk, see above

## Wayne Watkin

Basketball Forward  
All-East Bay 81; CPH rcd gm 81 ft (16); CPH ldr season pts avg 80 (20.1), 81 (21.8)

## Drew Whalen

Soccer Midfielder  
(Sonoma St); NCAA Div 2 Champs 2002

## Chuck Woolridge

CC/Track Coach  
(Diablo Valley JC & Univ of California); Head Coach track & cc College Park High 96-05; Head Coach cc Campolindo High (CC) 06-; Co-Head Coach track Campolindo High (CC) 06-; Times CC COTY 2002; NCS Div 2 CC Girls Champs 99, 02-05, NCS Div 2 CC Boys Champs 2001-03; State Champs Div 2 CC Girls 03 & 04; CCA COTY 06

## Michelle Yasutake

Soccer Midfielder  
(UC San Diego); CCAA-South Co-Champs 2011

## Joey York

Football Defensive Back  
(Diablo Valley JC & Univ of San Diego); Pioneer Lg Co-Champs 2011

## Conor Young

Wrestling 182lbs  
NCS Champ 2012

## Matt Zonfrello

Wrestling 285lbs  
(UC Davis); NCS Champ 2007

## Concord High Minutemen Concord (estab. 1966)

## Dan Akre

Swimming Breaststroke  
(Florida St); NCS Champ 80 100 bs (58.453) & 100 bs (58.732); U. S. Long Course Champ 400mtrs Relay 81

## Laura Anderson

Softball Pitcher  
All-East Bay 82 & 83

## Evans Andropoulos

Baseball Outfielder  
(San Francisco St); All-Nor Cal 78; All-East Bay 79; East Bay POTY 79; SFS ldr season BAv 82 (.401)

## Rosalind Badger

“Roz”  
Softball Infielder  
(Los Medanos JC & San Jose St); All-East Bay 85; SJST rcd sac season 89 (24)

## Kirk Baierlein

Basketball Forward  
All-Times 92

## Dave Barr

Football Quarterback  
(Univ of California); All-East Bay 89; East Bay Cream of the Crop 90 #4; North-South Prep All-Star Gm 90; Alamo Bowl Champs 93; East-West Shrine Gm 95; StL Rams 95; Scot Claymores 97, Berlin Thunder 99 (NFLE); UC rcd & Pac-10 ldr pass 93 (164.47 rating); ld Cal comp pct (68.0), td (21), yds (2,619) 93; # 46 Tightwad Hill 50 Greatest Golden Bears

## Kyle Beasley

Soccer Defender  
(Diablo Valley JC & Sacramento St); MPSF Champs 2009

## Sophia Benipayo

Softball Outfielder  
All-East Bay 2011

## Mike Berkich

Football Tight End  
(Univ of Oregon); All-Nor Cal 77; played lb in college

## Dave Boatwright

Swimming Freestyle  
(Univ of California); NCS Champ 78 100 fs (47.344), 79 (46.32), 79 50 fs (21.18), 80 (20.88); Pac-10

# Contra Costa County

Champ 83 50 fs (20.09), 100 fs (44.9); CHS rcd 80 50yd free (20.89), 100yd fs (46.15); son of Dan Boatwright, Concord mayor & State senator

## Mike Bowerbank

Football Defensive Back  
(BYU); All-Times 98

## Brian Butcher

Baseball 1B  
All-East Bay 73; All-Nor Cal 73

## Rob Callistro

Baseball Pitcher  
(Diablo Vallej JC); All-East Bay 88; played minor league baseball

## Cory Candelario

Football Defensive Back  
All-East Bay 88

## Tom Candiotti

Baseball Pitcher  
(St. Mary's College); Mil Brewers 83-84, Clev Indians 86-91, 99, Tor Blue Jays 92, LA Dodgers 92-97, Oakl Athletics 98-99; ESPN Baseball Analyst; actor (played Hoyt Wilhelm in HBO movie "61"); atnd SMC on tennis scholarship; SMC rcd season wins 77 (13), ERA 75 (1.53); SMC rcd career 75-77 wins (37), ERA (2.51), ip (413 1/3); # retired by SMC; WCC 40th Anniversary Team; brother-in-law of Brad Wellman, see Castro Valley High (A)

## Dave Cargo

BB/Football 1B/WR  
(UCLA); All-East Bay 71 (bb); East Bay AOTY 71; North-South Prep All-Star Gm 71 (fb); played db in college

## Dan Carrier

Football Tackle  
(Boise St, Diablo Valley JC & Oregon St); All-East Bay 78; All-Nor Cal 78

## Kristin Carrillo

Softball Infielder  
(San Francisco St); All-Times 98

## Natalie Carrillo

Softball Utility  
(Cal Poly-SLO); All-Times 98; sister of Kristin Carrillo, see above

## Lea Cavestany

Softball Inf/Pitcher  
(Oregon St); All-Times 2007; All-East Bay 08 & 09; OS ldr season 10 BAvG (.350), ab (160), runs (36), trpls (2-tie), 3b (13)

## Kevin Chase

Football Defensive Line  
(San Diego St); All-East Bay 2010; MaxPreps Div 2 All-State 2010; East Bay Cream of the Crop 11 #12

## Trevor Chatterton

Track LJ/Decathlon  
(Diablo Valley JC & Fresno St); NCS Champ 2000 (22-11 1/3); WAC Champ 03 (6,083 pts)

## Craig Christensen

Football Center  
(BYU); WAC Champs 78

## Jean Collins

Swimming Freestyle  
NCS Champ 85 500 fs (4:58.17); CHS rcd 85 200yd fs (1:50.69), 500yd fs (4:57.05)

## Todd Crump

Baseball Pitcher  
(BYU); All-East Bay 93; All-Times 93; CHS ldr wins 93 (9); threw prep no hitter & perfect gm son of Larry Crump, Dixie College bb player

## Victor Cudny

"Witold" (birth 1st name)  
Tennis Singles  
NCS Champ 94; played pro; instructor Big C Athletic Club at Claremont Spa

## Tre Demps

Basketball Guard  
(Northwestern Univ); Cal-Hi All-State (freshmen) 2008; transferred to Reagan High, San Antonio, as sophomore; son of Dell Demps, see Mt. Eden High (A)

## Patrick Downs

Soccer Defender  
(Sacramento St); All-Times 2004

## Brianna Elder

Softball Utl/Multi-Purpose  
(Cal St Northridge); All-East Bay 2010 (utl); East Bay POTY 2010 (utl); Cal-Hi All-State 2010 (mp)

## Jerry Ferris

Swimming IM/Freestyle  
NCS Champ 78 200 IM (1:56.348) & 79 (1:55.18), 500 fs 78 (4:35.184); CHS rcd 500yd fs 79 (4:35.17)

## Duane Fiene

Swimming Backstroke  
(UOP); NCS Champ 83 100 bs (52.68); Big West Champ 84 100 bs (1:52.86); CHS rcd 83 100 bs (52.68)

## Robin Fiene

"Anderson" (married name)

Swimming Freestyle  
(USC); NCS Champ 78 50 fs (24.88), 79 (24.42) & 80 (24.368); 79 100 fs (52.38); wife of Greg Anderson, USC swimmer; also atnd Acalanes High (CC)

## Patrick Fry

Soccer Goalkeeper  
(Cal St Los Angeles & Univ of California); CCAA Champs 2005; Cal North Dist. Youth Referee of the Year 2005

## Kevin Galindo

Football Defensive Line  
(Laney JC & Arkansas St); Sun Belt Champs 2011

## Brock Galvin

Football Defensive Line  
(UC Davis); Great West Conf Champs 2009

## Tina Garcia

Softball 2B  
(Concordia Univ); All-Times 2004

## Dori Green

Swimming Butterfly/Breast  
NCS Champ 85 100 bf (56.05); CHS rcd 84 100 bs (1:07.83), 85 100 bf (56.05)

## Jordan Grider

Soccer Defender  
(St. Mary's College); All-Times 2007; All-WCC 09; WCC DPOTY 09

## Justin Grider

Soccer Midfielder  
(St. Mary's College); All-Times 2007; WCC Champs 11; twin brother of Jordan Grider, see above

## Jim Hamilton

Football Offensive Line  
(Univ of Montana); EX All-Metro 94; Cal-Hi All-State (medium schools) 94; East Bay Cream of the Crop 95 #20

## Sean Harrison

Swimming Back/Butterfly  
(Diablo Valley JC); NCS Champ 87 100 bs (53.69); CHS rcd 87 100yd bf (50.38); DVJC rcd 89 100 bf (50.12)

## Leona Hartman

Softball Outfielder  
All-East Bay 81

## Forrest Hightower

Football Defensive Back  
(San Jose St); All-East Bay 2009; East Bay Cream of the Crop 10 #9

# Contra Costa County

## David Hurlburt

Baseball Pitcher  
(Diablo Valley JC & Cal St  
Fullerton); Big West Champs 2010;  
played minor league baseball

## Sarah Hurlburt

Softball Outfielder  
(California Baptist Univ); GSAC  
Champs 2007-10; All-GSAC 10;  
CBU ldr season 07 hr (10-tie);  
sister of David Hurlburt, see above

## Tim Kelly

Football Linebacker  
All-Nor Cal 75

## Tom Larocque

Football Wide Receiver  
All-East Bay 79

## Ricky Lloyd

Football Quarterback  
(Southern Mississippi Univ);  
All-East Bay 2010; East Bay OPOTY  
2010; Chron All-Metro 2010;  
Chron Metro POTY 2010; Cal-Hi  
All-State (multi-purpose-qb/rb) 10;  
MaxPreps Div 2 All-State 2010;  
East Bay Cream of the Crop 11 #7;  
Conference USA-East Champs 11;  
Hawaii Bowl Champs 11; Nor Cal  
rd season pass yds 2010 (4,451),  
pass comp (301); CH rd season  
pass tds 2010 (52), career pass yds  
(7,579), pass att (791), pass comp  
(509), pass tds (94)

## Betty Lobsinger

Track Shot Put  
NCS Champ 85 (41-11 1/4); CHS  
rd 41-11 3/4

## Phil Lobsinger

Football Defensive Line  
(Diablo Valley JC & San Jose St);  
JC AA 90

## Trent Mahler

Football Defensive Line  
All-East Bay 2011; Chron All-  
Metro 2011; CH lr season 2011  
tackles (168)

## Melissa Marshbank

Softball Infielder  
All-Times 92

## Danielle Miller

"Dani"  
Soccer Goalkeeper  
(Holy Names Univ); Cal Pac  
Champs 2009

## Terry Miller

Football Offensive Line  
(San Diego St); East Bay Cream of  
the Crop 97 #19

## Curt Minges

Baseball Infielder  
All-East Bay 73; All-Nor Cal 73;  
played minor league baseball; CH  
ldr season 73 bk pts avg (17.9)

## Rich Moczowski

Baseball Utility/Pitcher  
(Los Medanos JC & Univ of  
Nevada-Reno); All-Times 91 & 92

## Armando Montalvo

Football Offensive Line  
All-East Bay 2011

## Bill Mrozowski

FB/Baseball Linebacker/OF  
All-Times 91 (bb & fb)

## Shawn Murray

Football Defensive Back  
EX All-Metro 91; All-East Bay 91;  
All-Times 91

## Garn Nelson

Football Defensive Back  
All-East Bay 67

## Jason Omania

Football Utility  
All-East Bay 88

## Alec Pica

Football Def. Utility  
(Diablo Valley JC); Chron All-Metro  
2010; ldr-tie CH pts (174) 10

## Nick Pica

FB/Wrestling DL/215lbs  
(Iowa Central JC); All-East Bay  
2008; NCS Champ 2009; State  
Champ 2009; East Bay AOTY 09;  
also NCS Champ 06 & 07 at De La  
Salle High (CC)

## Scott Pinkham

Baseball Pitcher  
All-East Bay 79

## C. J. Porter

Football Wide Receiver  
(Univ of Utah); East Bay Cream of  
the Crop 2009 #12

## Rich Prigge

Football Guard  
EX All-Bay Area 69; All-Nor Cal  
69; North-South Prep All-Star Gm  
70

## Rebecca Ribeiro

Wrestling 126lbs  
Nor Cal Champ 2007

## Sara Ribeiro

Track Pole Vault  
(Diablo Valley JC); NCS Champ 2009  
(11-8)

## Mike Ross

Wrestling 136lbs  
NCS Champ 72

## Mike Schmandt

Basketball Forward  
CH rd gm 67 pts (43), ft (17);  
Concord Transcript Diablo District  
Dynamic Decade Team '60s

## Jim Simpson

Basketball Forward  
All-East Bay 91; All-Times 91;  
All-Nor Cal 91; CH ldr season pts avg  
90 (21.9)

## John Slobodnick

Football Center  
All-East Bay 69

## Kelly Starnes

Football Wide Receiver  
All-East Bay 2010; Chron All-  
Metro 2010; MaxPreps Div 2  
All-State 2010; CH ldr season 2010  
recep (112), recep yds (1,749), tds  
(25)

## Tom Taerea

Track Discus  
NCS Champ 70 (159-4 1/2)

## Olito Thompson

Football Running Back  
(Washington St); All-East Bay 2011;  
East Bay POTY 2011; Chron All-  
Metro 2011; Cal-Hi All-State 2011;  
Cal-Hi All-State (underclass) 2011;  
East Bay Cream of the Crop 13 #15;  
Nor Cal rd 2011 gm rush att (54),  
rush yds (457), season rush yds  
(3,488); ld CH yds 12 (1,847)

## Theresa Thompson

Softball Infielder  
All-East Bay 81

## Jessica Ulloa

Wrestling 235lbs  
(Missouri Valley College); NCS  
Champ 2011

## LaMons Walker

FB/Track OL/SP/Discus  
(San Jose St); All-Times 98; NCS  
Champ 99 (53-7 3/4), (169-5); East  
Bay Cream of the Crop (fb) 99 #12

## Bunny Wheable

Softball Catcher  
All-East Bay 83; Head Coach  
Miramonte High (CC); daughter  
of George Wheable, Head Coach  
softball Concord High

## Rob Weeks

Football Linebacker  
All-East Bay 81; All-Nor Cal 81

# Contra Costa County

## Russ Weeks

Wrestling Heavyweight  
NCS Champ 84

## Tod Weaver

Wrestling 152lbs  
NCS Champ 96

## Chris Whirlow

Basketball Coach  
Head Coach Campolindo High (CC)  
2001- 08 (136-66); NCS Div 3  
Champs 04,06 & 08; Times COTY  
05; Co-Founder Flight Elite  
Basketball Club

## Steve Zirkelbach

CC/Track 1600/3200mtrs  
(Univ of California); NCS CC  
Champ 87 (14:56.9); NCS Champ  
88 (4:19.24), (9:20.00); CHS rcd  
3200mtrs (9:18.72), 1600mtrs  
(4:14.31), 800mtrs (1:57.0)

## Contra Costa Christian High Cougars Walnut Creek (estab. 1978)

## Kelly Duthler

Basketball Forward  
All-Times 92

## Arie Eppinga

BK/BB Guard/DGH/1B  
(Calvin College); Cal-Hi Div 5  
All-State 99 (bk); played bb in college  
MIAA Champs 2000 & 02 (bb);  
All-MIAA 03 (bb); Team MVP 03  
(bb); CC ldr season 01 BAv  
(.401), slug avg (.630), 02 dbls (9),  
rbi (29)

## Kristy Mathews

Swimming Breast/IM/Free  
(UOP); Big West Champ 99 200 bs  
(NR), 02 (2:16.22), 02 1000 fs  
(10:07.05); UOP rcd 200 bs 2001  
(2:15.32), 400 IM 2001 (4:20.50);  
Head Coach Berean Christian High  
(CC)

## De Anza High Dons Richmond (estab. 1955)

## Brian Abshire

Track/CC 3200mtrs  
(Clackamas County JC & Auburn  
Univ); NCS Champ 81 (15:19.1);  
NCS Champ 82 (9:08.4); SEC  
Champ 5000mtrs 85 (23:32); AU  
rcd 3000mtrs steeplechase 86  
(8:26.46); U. S. indoor rcd  
3000mtrs 88 (7:41.57); Member  
Olympic Team 88 (steeplechase)

## Jason Addiego

Baseball Outfielder  
All-East Bay 94

## Tom Aldridge

Football Defensive Tackle  
Chico St); All-FWC 72; Chico St  
HOF

## Jaime Alejandre

Soccer Forward/MF  
All-Times 2005

## Jim Anderson

FB/BK/BB QB/Guard  
(Univ of California); East Bay  
AOTY 64; DA rcd season bk pts 64  
(367)

## David Barksdale

Basketball Forward  
(Contra Costa JC & Cal St  
Hayward); All-East Bay 87; All-Nor  
Cal 87; played pro in Philippines;  
owner Knight Rider Records; DAH  
ldr season pts avg 87 (15.0)

## Dennis Barley

Track Mile  
NCS Champ 66 (4:17.1)

## Andy Bowerman

Football Offensive Line  
(CCSF & Univ of California);  
State JC Champs 2003; National  
JC Champs 2003

## Greg Bracelin

Football LB/Utility  
(Univ of California); All-East Bay  
74; All-Nor Cal 74; Nor Cal DPOTY  
74, Prep AA 74; Cal MVP (defense)  
79; Den Broncos 80, Oakl Raiders  
81, Balt/Ind Colts 82-84

## Ken Burrow

Football Safety/WR  
(San Diego St & Utah St); All-East  
Bay 65; Atl Falcons 71-75 (wr)

## Rodney Burton

Football Utility  
(CCSF); All-Times 99

## James Colter

Basketball Forward  
All-East Bay 89

## Geary Davenport

Football Quarterback  
(Marin JC & Graceland Univ);  
National JC rcd gm 2002 pass yds  
(781), tds (9); State JC ldr 2002  
pass att (420), comp (261), yds  
(3,684), td (39); played wr in college

## Paul DeBolt

Basketball Forward

All-Times 92; Head Coach women  
Contra Costa JC

## Valerie Decker

Softball 1B  
(San Francisco St); All-Times 99;  
played soccer in college

## Wallace Dixon

Football Offensive Line  
(Diablo Valley JC & San Jose St);  
All-Times 99; All-East Bay 99

## Ruscharl Dodd-Masters

Football Defensive Back  
(UNLV); All-Times 99; East Bay  
Cream of the Crop 2000 #8; Las  
Vegas All-America Classic 04;  
SJ SabreCats 11 (AFBL)

## Mike Eaglin

"Pops"  
FootballBB Utility/WR/2b  
(Univ of California & UC Davis);  
All-East Bay 90; EX All-Metro 90,  
EX East Bay POTY; All-Nor Cal 90;  
Cal-Hi All-State (medium schools)  
90; East Bay Cream of the Crop  
(fb) 91 #6; Pioneer Lg All-Star 93;  
played fb at UC Davis 2000-03  
after playing minor league baseball  
92-99; SoCal Area Scout Minn  
Twins

## Jason Edmonds

Baseball Pitcher/OF  
(Chabot JC & Central Missouri  
Univ); All-Times 97-99; ANG Best  
of the Best 99; Cal-Hi All-State 98  
(underclass); Cal-Hi All-State 99;  
JC AA 2001; played minor league  
baseball

## Darius Foster

Basketball Forward  
(Santa Rosa JC & Wilberforce  
Univ); All-East Bay 2006; Cal-Hi  
Div 3 All-State 2006

## Ron Garcia

Wrestling 168lbs  
NCS Champ 77

## Gina Givogri

Softball Infielder  
(Sacramento St); All-Times 92;  
All-East Bay 92; Member National  
Team 94; Gold Medalist Team Pan  
American Gms 94

## Ken Grace

Football/BK WR/Guard  
(Contra Costa JC & USC); Pac-10  
Co-Champs 93 (fb); Freedom Bowl  
Champs 93; Cotton Bowl Champs  
95; DAH rcd gm 90 pts (46)

## Jeff Green

Football Defensive Back



# Contra Costa County

(Chico St); EX All-Bay Area 87;  
All-East Bay 87; All-Nor Cal 87;  
East Bay Cream of the Crop 88 #17

## Edward Greene

Basketball Forward/Coach  
(Contra Costa JC & Fresno St); JC  
All-State 61; CCAA Champs 63;  
Head Coach James Logan High (A)  
& Contra Costa JC 71-89  
(419-170); CCCBK HOF 2000

## Johnny Greene

Basketball Forward  
(Contra Costa JC & Fresno St);  
CCAA Champs 63; twin brother of  
Edward Greene, see above

## Alex Gregg

Football Linebacker  
EX All-Metro 91; All-Times 91

## Sam Gubbine

Baseball Shortstop  
(Diablo Valley JC & Laney JC);  
All-Times 2000; brother of Carolyn  
Gubbine, see Pinole Valley High  
(CC)

## Ed Hammer

Baseball Coach  
Head Coach De Anza High & John  
Swett High (CC) 2006-; NCS 2A  
Champs 2006

## Terina Hopes

Basketball Forward  
(Contra Costa JC); All-Times 96 &  
97

## Bill Huemer

Basketball Forward  
All-East Bay 68; DAH ldr gm pts  
68 (41)

## Joel Jenkins

Gymnastics Pommel Horse  
Nor Cal Champ 79 (15.90)

## Ronshay Jenkins

Football Running Back  
(New Mexico St); All-East Bay 98;  
played minor league football

## Andre Jones

Football Quarterback  
(Univ of Nevada-Reno, Contra  
Costa JC & New Haven College);  
East Bay Cream of the Crop 90 #14

## Dee Knabanh

Softball Outfielder  
All-Times 95; also All-East Bay 94  
at Foothill High (A)

## Joe Koontz

Football Wide Receiver  
(Contra Costa JC & San Francisco  
St); All-FWC 67; Little All-Coast

67; Little AA 67; East-West Shrine  
Gm 67; NY Giants 68; SF State HOF

## April Lee

Softball Infielder/Utility  
All-Times 92 & 93

## Irwin Lincoln

Football Defensive Back  
(USC, Contra Costa JC & Central  
St); All-East Bay 90; EX All-Metro  
90; Cal-Hi All-State (medium  
schools) 90; East Bay Cream of the  
Crop 91 #3; Pac-10 Co-Champs  
93; Freedom Bowl Champs 93

## Frank Lockett

Wrestling/FB 178lbs/WR  
(Contra Costa JC & Univ of  
Nebraska); NCS Champ 75; Bos  
Breakers 83, NO Breakers 84, Port  
Breakers 85, SA Gunslingers 85  
(USFL); Mia Dolphins 85

## Patrick McCoy

Football Offensive Line  
(Solano JC & West Texas A&M);  
All-Lone Star Conf -South 2004 &  
05; NCAA Div 2 AA 05; NCAA  
Div1 All-Southwest Region 05;  
Phil Eagles 06-07

## David McDonald

Football Quarterback  
(UC Davis); East Bay Cream of  
the Crop 86 #17

## Bob McMeans

Track Mile  
(Contra Costa JC); NCS Champ 76  
(4:15.9)

## Allison Medellin

Softball Catcher  
(Penn St); All-East Bay 97;  
All-Times 97; All-Big 10 2000;  
played 2b in college

## Darrell Miles

Football/Track LB/110mtrHH  
(Contra Costa JC & Univ of  
California); All-East Bay 90; All-Nor  
Cal 90; NCS Champ 91 (14.6)

## Darryl Miller

Track Long Jump  
NCS Champ 79 (22-1 1/4)

## David Moore

Basketball Forward  
(Contra Costa JC & Chico St);  
All-FWC 73 & 74; played pro in  
Australia; CS rcd reb gm 74 (26);  
Chico St HOF

## Adesola Moronkola

“Dee”  
Track/FB 100mtrs/DB

(Washington St); NCS Champ 95  
(10.73w); Pac-10 ldr kr avg 99  
(31.5 yds); Berlin Thunder 2001  
(NFL); BC Lions 03 (CFL);  
cousin of Je’rod & J’Juan Cherry,  
see Berkeley High (A)

## George Morris

Football Linebacker  
(UNLV); East Bay Cream of the  
Crop 2002 #14

## Jim O’Brien

Track Shot Put  
NCS Champ 62 (61-8 1/2); State  
Champ 62 (62-2 1/4)

## Jeremiah Parker

Football Defensive End  
(Univ of California); All-Times 95;  
East Bay Cream of the Crop 96 #3;  
NY Giants 2000; NFC Champs  
2000

## Will Patterson

Track 120HH/330ydLH  
(Contra Costa JC); NCS Champ 77  
(14.1), (37.3)

## Michelle Patton

Volleyball Setter/Coach  
(Univ of Washington); All-Times  
91 & 92; Bronze Medalist Team Jr.  
Olympics 93; Head Coach men’s  
club team S. F. State 07, Head  
Coach women S.F. State 08-;  
graduated from Monterey High

## Tyrone Peace

Football Defensive Back  
(Foothill JC & Chico St); SJ  
SaberCats 98-99, Okla Wranglers  
2000 (AFBL)

## James Pye

Basketball Guard  
All-Times 98; Cal-Hi All-State  
(junior) 98

## Tony Rascon

Soccer/CC D/MF  
(UC Davis); Big West Champs (CC)  
2010; also played soc in college

## Sean Ready

Football Defensive Line  
EX All-Bay Area 87; All-East Bay  
87

## Tyree Reed

Track 200/400mtrs  
NCS Champ 93 (22.22) & 94 (49.41)

## Trevor Rogers

Track Long Jump  
(CCSF & Angelo St); NCS Champ  
2008 (23-3 3/4); played fb (db) in jc

## Larry Rosenberger



# Contra Costa County

Track 120ydLH  
NCS Champ 67 (14.6)

Rico) 06; sister of Gabrielle  
Abernathy, see above

(Cal St Northridge); NCS Champ  
2007 (55.28), 08 (54.62); Big West  
Champs 10

## April Russell

Track 300mtrIH  
(Contra Costa JC); NCS Champ 99  
(44.57) & 2000 (43.43); 3rd State  
Meet 2000 (43.03)

## Jason Agopian

Volleyball Outside Hitter  
(UC Irvine); All-East Bay 2010 &  
11; East Bay POTY 11; AA 11

## Marcel Cox

Baseball Outfielder  
All-Times 2003; All-East Bay 2003

## Villaurel Shackelford

Football Running Back  
(San Jose St); All-Nor Cal 76

## Eril Aku

Volleyball OH/Setter  
All-Times 2006 (oh) & 07 (set)

## Shenise Cox

Softball Outfielder  
(Univ of New Mexico); All-Times  
2006; All-East Bay 2006; National  
Under-18 Champs 09

## Daveeta Shepherd

Track 100mtrHH  
(Barton Co JC & San Diego St);  
State Champ 94 (13.73); NCS  
Champ 97 (13.8); 3rd State Meet 97  
(13.55); 2nd State Meet 97 (41.56);  
also atnd Encinal High (A), Salesian  
High (CC) & Kennedy High (CC)

## Emily Allard

Softball Util/Pitcher/OF  
(Northwestern Univ); All-East Bay  
2008 & 09 (util); All-Metro 2008  
(p); Under Armour All-America Gm  
2008; Cal-Hi All-State 09; Under  
Armour AA 09; Cal-Hi All-State 09;  
ESPN AA 09 (of); National Under-  
18 Champs 09; All-Big-10 11;  
NFCA Golden Shoe Award 11  
(U.S. top base stealer); NU 25 for  
25 sb 09; NU ldr season 10 BAvG  
(.367), 11 BAvG (.491), sb (45),  
NU rcd 11 gm hits (5), sb (4), runs  
(4-tie)

## Tayler Creswell

Baseball Outfielder  
All-Times 2005; All-East Bay  
2005; played minor league  
baseball; South Atlantic Lg-South  
Div Champs 08

## Mike Senior

Football Tight End  
(Univ of Nevada); All-East Bay 89;  
East Bay Cream of the Crop 90 #19

## Daniel Denham

Baseball Pitcher  
All-Times 2001; ANG Best of the  
Best 2001; ANG POTY 2001; Cal-  
Hi All-State 2001; 1st rd pick  
2001 (#17 overall); reported \$2  
million signing bonus; played  
minor league baseball; South Atlantic  
Lg-South Div Champs 02; South  
Atlantic Lg-North Div Champs 03;  
Carolina Lg-South Div Champs 04;  
Eastern Lg-South Div Champs 05-06;  
Intl Lg-North Div Champs 05

## John Smith

Football Linebacker  
(San Jose St); East Bay Cream of  
the Crop 2005 #14

## Niles Almarinez

Soccer Forward  
(St. Mary's College); All-Times  
2000; Times POTY 2000; Sports  
Focus NCS POTY 2000

## Jared Denham

Baseball Outfielder  
(USF); WCC Champs 2011; brother  
of Daniel Denham, see above, &  
Jason Denham, minor league baseball  
player

## Brandon Updegraff

Football Defensive Line  
(Contra Costa JC & Univ of New  
Haven); All-Times 92; All-East Bay  
92; Cal-Hi All-State (medium  
schools) 92

## Gina Arnold

Softball Pitcher  
All-East Bay 2000

## Eugene Bradley

Track Hammer Throw  
(UC Santa Barbara); Big West  
Champ 2007 (207-4)

## Lawrence Donelson

Basketball Center  
(William Jessup Univ); Cal Pac  
Co-Champs 2010

## Qwendolyn Ward

Track 100mtrs  
(Cal St Hayward); 3rd State Meet  
80 (11.92)

## Kyle Brawley

Volleyball Outside Hitter  
All-East Bay 2008

## Josh Eagle

(Sierra JC & Cal St Monterey  
Bay); Baseball Pitcher  
All-East Bay 2010; DVH rcd season  
wins 2010 (13); JC State ldr 12 gms  
started (16), inn (118), sho (2), so  
(106); born without inner foot muscle,  
similar to clubfoot

## Carl Williams

Baseball Outfielder  
All-East Bay 74

## Robert Butler

Track 200mtrs  
(Los Medanos JC & Humboldt St);  
NCS Champ 99 (21.76); played fb  
in college

## Obumneke Chuba

Football Linebacker  
All-Times 2006; Chron All-Metro  
2006

## Alexis Edwards

Golf  
(BYU); Times POTY 2002; Interim  
Head Coach Fresno St 11 while Head  
Coach is on maternity leave;  
Tournament Director & Teaching Pro,  
Haggin Oaks Golf Course 10

## Gabrielle Abernathy

"Gabbie"  
Volleyball Outside Hitter  
(Univ of California); All-Times 99;  
Member National Youth Team 99  
UC ldr kills 2001 (288)

## Sean Combs

Track Long Jump  
NCS Champ 2010 (23-9 1/4)

## Ashley Edwards

Golf  
(Univ of Oregon); Times POTY

## Jennifer Abernathy

Volleyball Outside Hitter  
(Univ of Arizona); Gold Medalist  
Team Jr. Olympics Div 15s 99; Jr.  
Olympics Div 15s MVP 99;  
All-Times 99 & 2000; Times POTY  
2000; Times AOTY 2000; Student  
Sports AA 2000 & 01; Member Jr.  
National Team 01; Aguadilla (Puerto

## Brianna Cooper

Soccer Midfielder  
(Holy Names Univ); Cal Pac  
Co-Champs 2011

## Jasmine Cox

Track 400mtrs

## Deer Valley High Wolverines Antioch (estab. 1996)

# Contra Costa County

2004 & 07; NCS Champ 07 (71-playoff); sister of Alexis Edwards, see above, & Tom, golfer at Chico St

(45.28-State JC rcd) & 08 (45.02 State JC rcd), State JC Champ 2008 (17-11 1/2); LJC FOTY 07, member LJC rcd 4x100 relay (45.02) 08

High 05-; wife of Nick Wisely, St. Mary's College fb lineman

## Travis Fowler

Water Polo  
(Diablo Valley JC); All-East Bay/  
North Bay 99

## Cameron Garcia

Volleyball      Outside Hitter  
All-Times 2005

## Christina Harrison

Track      200mtrs  
NCS Champ 2002 (24.33)

## Clinton Hayes

Track/CC      800mtrs  
(Chico St); NCS Champ 2005  
(1:54.62), 06 (1:53.46); Times  
POTY 2006; CCAA Champs (cc)  
10; son of Melvin Hayes, see  
Technical High (A)

## Erica Helms

Basketball      Guard  
(UNLV); All-Times 2006; All-East  
Bay 2006; Cal-Hi Div 1 All-State  
07; 4-time Street & Smith AA; DVH  
rd gm pts (38); UNLV ldr asst 08  
(98); also atnd St. Mary's High  
(Stockton); daughter of Derrick  
Helms, bk player at Nebraska-  
Bellevue; granddaughter of John  
Helms, CFL player; great-  
granddaughter of Kansas State AA  
fb player; cousin of Maurice Drew,  
see De La Salle High (CC)

## Travis Higgs

Baseball      Catcher  
(USF); WCC Champs 2011; USF  
ldr season 2011 hr (4-tie), so (57)

## Bryan Hinton

Football      Utility  
(Los Medanos JC); All-Times 2000;  
ld LMJC all purp (1,359), rush yds  
(769), 01, kr (17), yds (528), avg  
(31.1), rush yds ( 823), att (147), td  
(11), all purp (1,018) 02

## Ashley Hodges

Track      800mtrs  
(Howard Univ); NCS Champ 2006  
(2:11.73); MEAC CC Champ 10  
(18:19.70)

## L. J. Hughes

Football      Linebacker  
(Laney JC & Univ of San Diego);  
Pioneer Lg Co-Champs 2011

## Robyn Hunte

Track      Long Jump  
(Laney JC & Univ of California);  
State JC Champs 4x100 relay 07

## Chris Hurd

Football      Quarterback  
(Washington St, UTEP &  
Sacramento St); Cal-Hi All-State  
(sophomore) 98; East Bay Cream  
of the Crop 2001 #6; son of Mike  
Hurd, see Antioch High (CC)

## Taiwan Jones

FB/Track      Utility/100mtrs  
(Univ of Eastern Washington);  
All-Times 2006; Times POTY 2006;  
All-East Bay 2006; Chron All-  
Metro 2006; AA 10; Big Sky  
Co-Champs 10; Big Sky Co-OPOTY  
10; Oakl Raiders 11-; rb & db in  
college; DVH rcd season tds 2006  
(19); DVH rcd (10.53); UEW  
ldr season 09 rush att (162), rush  
yds (1,213), rush avg (7.5), tds  
(15), 10 rush att (211), rush yds  
(1,742), rush avg (7.9), rush tds  
(14); Antioch Sports Legends HOF

## Telvis Jones

Football      Defensive Line  
(Los Medanos JC & Southern Oregon  
Univ); All-Times 2006; All-NAIA  
Independent 11

## Eric King

Baseball      Shortstop  
(Los Medanos JC & Univ of  
Tennessee); All-Times 2001;  
played minor league baseball;  
LMJC rcd season 02 hits (83),  
BAvg (.449), ldr season 02 gms  
(44-tie), ab (185) runs (48), rbi  
(46), dbls (19), hr (4), slug pct  
(.670), 03 gms (48-tie), ab (200),  
runs (38), hits (74), BAv (.370),  
hr (3-tie), slug pct (.505); UT ldr  
season 04 gms (62-tie), ab (246),  
hits (68), 05 gms (67-tie), trpls  
(4-tie)

## Bryan Lee

Basketball      Guard/Forward  
(Grand Canyon Univ); All-Pac  
West 2007

## Marcus Lee

BK/VB      Center/Hitter  
(Univ of Kentucky); McDonald's AA  
2013; All-East Bay 2013; Chron All-  
Metro 13; All-Times 2013 (vb); Times  
AOTY 13; DVH 2013 ldr reb (19.2),  
blcks (6.9)

## Lindsay Lopez

"Wisely" (married name)  
Basketball      Guard  
(St. Mary's College); EX All-Metro  
2000; Head Coach girls Deer Valley

## Nick Luoma

Baseball      Infielder  
All-Times 99

## Brendan MacCorgary

Soccer      Forward  
(Holy Names Univ); Cal Pac  
Champs 2010 & 11

## Juan Martin

Soccer      Midfielder  
(Holy Names Univ); Cal Pac  
Champs 2010

## Chris Martinez

Soccer      Forward  
All-Times 2008

## Rachael Martinez

Softball      Catcher  
(Holy Names Univ); Cal-Pac  
Co-Freshman of the Year 2009; Cal-  
Pac Champs 2009; HNU ldr season  
dbls (9-tie), hr (3), rbi (26)

## Sterling Moore

Football      Defensive Back  
(Laney JC & SMU); JC All-State  
2008; Conf USA-West Co Champs  
09; NE Patriots 11; AFC Champs 11

## Tyree Murray

Basketball      Guard  
(Los Medanos JC & Texas A & M  
International Univ); JC All-State  
2009 & 10; State JC rcd season 3pt  
fg 2009 (92)

## Dustin Newell

Soccer      Defender  
All-Times 2000

## Chizoba Okodogbe

Track      400mtrs  
(Univ of Oregon); NCS Champ  
2009 (55.36), 10 (53.06); 3rd State  
Meet 2009 (53.74); 2nd State Meet  
10 (53.42); Pac-10 Champs 10,  
Pac-12 Champs 12 4x400mtr relay  
(3:29.63), Competed for Nigeria at  
World Youth Gms 10, Pac-10 Champs  
Indoor 10-11

## Nick Ostlund

Football      Linebacker  
All-Times 2002; also atnd  
Freedom High (CC)

## Mac Peterson

Basketball      Guard  
(Diablo Valley JC & San Jose St);  
JC All-State 2007; DVC rcd hj  
2003 (6-8); SJS rcd season ft pct  
08 (88.5), gm 3pt 10 (7); son of  
Robert Birden, Univ Arkansas bk

# Contra Costa County

player; nephew of J. J. Birden NFL player

## Joseph Railey

“Joey”  
Baseball 2B  
(USF); All-Times 2003 & 04;  
North-South High School All-Star  
FB Gm 04; All-WCC 08; WCC  
POTY 08; did not play fb, but  
wrestled at DVC; played minor  
league baseball; Northwest Lg-  
West Div Champs 08; Midwest  
Lg-East Div Champs 09

## Malinda Ripley

Wrestling 112/114lbs  
Member Pan American Gms Cadet  
Team 2000; National Champ 01, 03  
& 04; National High School Champ  
02; Wrestling Magazine National  
WOTY 02, The Mat.com/Asics  
Wrestling AA 02, wrestled on boys  
varsity

## Caitlin Risdén

Water Polo  
(Santa Rosa JC); JC All-Nor Cal  
2009; JC AA 2009

## Cheryl Roeper

Softball Catcher  
All-Times 2000

## Facundo Ronquillo

Baseball Outfielder  
(Los Medanos JC); All-Times 99;  
All-East Bay 99

## Kendra Rowland

Volleyball Outside Hitter  
(Univ of Texas-San Antonio);  
All-Times 2006; All-East Bay 07;  
All-SWC 08; SWC Team Champs 08;  
DVH rcd rcd season digs, hit pct  
07; SWC ldr kills 08 (421)

## Marcus Sanders

Football Defensive Back  
(U. S. Naval Academy); East Bay  
Cream of the Crop 2000 #14

## Nick Schneider

Football Offensive Line  
(Univ of Nevada-Reno); East Bay  
Cream of the Crop 2000 #19

## Necolia Simmons

Basketball Center  
(Delta JC & USF); All-Times 2005;  
Cal-Hi Div 1 All-State 2005; Nor  
Cal JC POTY 06 & 07; JC AA 07;  
also atndd Pittsburg High (CC)

## Justin Smith

Volleyball Outside Hitter  
All-Times 2007

## Kendall Smith

Basketball Guard  
(UNLV); All-East Bay 2013; Chron  
All-Metro 2013; DVH ldr 2013  
avg (22.5), assts 6.7)

## Spencer Stanton

Soccer Midfielder  
(Chico St); All-Times 2000; Head  
Coach boy's & women's soccer  
Brandeis Hillel Day School (SF);  
CSU rcd-tie goals gm (3) 03

## Taylor Stanton

Baseball Utility  
(St. Mary's College); All-Times  
2006; All-East Bay 2006; pitched  
in college played minor league  
baseball; ld Clinton (Midwest Lg)  
wins (12), starts (24) 10

## Hammed Suleman

Track Triple Jump  
(Univ of California); NCS Champ  
2009 (49-1); State Champ 2009  
(49-7 1/2); DVH rcd 09 (51-2);  
Times TAOTY 2009

## Amy Sunga

Softball Outfielder  
(Cal St East Bay); Member  
National Under-18 Champs 2003;  
All-Times 04

## Rashad Swanson

Football Linebacker  
(CCSF & Hofstra Univ); State JC  
Champs 2007; National JC  
Champs 2007

## Shannon Thomas

Softball Shortstop  
(Univ of Texas & Univ of  
California); All-Times 2004; Big  
12 Champs 06; also All-Times 05  
Freedom High (CC); UT rcd  
season 06 trpls (11), sb (32);  
UC ldr sb 09 (33)

## Iris Tolenada

Volleyball Setter  
(San Francisco St); All-Times 2007  
& 08; All-East Bay 08; Silver  
Medalist Team American Div Jr  
Olympics 08, Bronze Medalist  
Team American Div Jr Olympics  
09, CCAA Freshman of the Year 09;  
DVH season & career rcd asst (NR),  
SFS season rcd asst 09 (1,254)

## Ashley Vallis

Track 800mtrs  
(Cal Poly-SLO); NCS Champ 2003  
(2:16.06); played soccer in college

## Melanie Verrico

Softball Utility  
(Holy Names Univ)l All-Cal Pac  
2010

## Aaron Wayne

Swimming Freestyle  
(Stanford Univ); NCS Champ 2009  
100 fs (54.07), 200 fs (1:38.12);  
National Jr Champ 2009 100fs  
(rcd-49.99); BANG SOTY 09;  
Pac-12 Champs 11 200 fs relay (NR),  
12 200 fs relay (NR) & 400 medley  
relay (NR); NCAA Champs 11 200 fs  
relay (1:15.26-AR); State rcd 100 fs  
(NR), 200 fs (NR)

## Logan Wilkins

Soccer Defender  
(Holy Names Univ); Cal Pac  
Champs 2011

## Kristoff Williams

Football Wide Receiver  
(Washington St); East Bay Cream  
of the Crop 10 #12

## Erica Wilson

Track 300mtrsIH  
NCS Champ 2011 (43.87)

## Josh Winfield

Track 200/400mtrs  
(Pasadena JC); NCS Champ 2008  
(22.01-DVH rcd), (47.47); DVH rcd  
08 (47.29)

## Brian Yi

Volleyball Libero  
All-East Bay 2011

## De La Salle High Spartans Concord (estab. 1965)

## Alex Abono

Wrestling 140/145lbs  
(CSU Bakersfield); NCS Champ 2011  
(140) & 12 (145); 1st State Finalist at  
DLS 2011 (finished 2nd)

## Ali Abrew

Football Quarterback  
(San Jose St & Cal Poly-SLO);  
NCAA Div 2 passing efficiency ldr  
97 (179.5 rating); Sask Roughriders  
98-99 (CFL); TB Storm 2000  
(AFBL)

## Garth Adlao

“Coach  
“G\$”  
FB/Roller Derby DL/Coach  
(Cal St Hayward); All-Times 92 (fb);  
Head Coach Bay Area Derby Girls

## Devon Aiello

Wrestling 182lbs  
NCS Champ 2013

## Allan Alarab

Swimming Freestyle

# Contra Costa County

(USC); NCS Champ 81 500 fs (4:37.216) & 83 (4:31.85); 81 200 fs (1:40.59) & 83 200 fs (1:40.30); 82 500 fs (4:31.19); USC rcd 400mtr relay 86 (3:36.24)

(Oregon St); All-East Bay 2009

Soccer Goalkeeper  
All-East Bay 2007

## Vytas Ankaitis

Soccer  
(Santa Clara Univ); NCAA Co-Champs 89

## Pat Ball

Football Linebacker  
All-East Bay 89

## Nick Alexakos

Football Offensive Line  
(Univ of Idaho); All-East Bay 93;  
All-Times 93; East Bay Cream of  
the Crop 94 #18; North-South  
Prep All-Star Gm 94; son of Steve  
Alexakos, see Las Lomas High (CC)

## Nate Appel

Basketball Forward  
(Chico St); CCAA Champs 2012;  
brother of Jayne Appel, see  
Carondelet High (CC)

## Kyle Balough

FB/Rugby DL/Flanker  
(Univ of California); All-East Bay  
2003; All-Times 2003; Chron  
All-Metro 2003; played rugby in  
college; NCAA Champs (rugby)  
05-08

## Dan Alexander

Football Offensive Line  
All-East Bay 97; All-Times 97 & 98

## Gus Argenal

Basketball Guard  
(UC Davis); All-Times 99; UCD ldr  
season asst 03 (92), 04 (74), stls  
04 (28); UCD rcd assts gm (13); Head  
Coach Cal St East Bay 12-; wife  
Hannah Turner played bk UC Davis

## Anthony Barraco III

Baseball Catcher  
All-East Bay 79; All-Nor Cal 79;  
played minor league baseball

## Mike Allio

Football Defensive Line  
(Boise St); All-East Bay 88; EX  
All-East Bay 88; EX East Bay &  
Metro POTY 88; All-Nor Cal 88;  
Cal-Hi All-State 88; East Bay  
Cream of the Crop 89 #14; did not  
play fb in college

## Alex Aronson

Rugby Flyhalf  
(Univ of California); NCAA  
Champs 2010; College Premier  
Div West Conf Champs 11;  
College Premier National Champs  
11

## Brent Barry

Basketball Guard  
(Central Maine Prep & Oregon St);  
All-East Bay 90; All-Nor Cal 90;  
All-Pac-10 94; NBA Slam Dunk  
Champ 96; LA Clippers 96-98,  
Miami Heat, 98, Chi Bulls 99, Sea  
Supersonics 2000-04; SA Spurs  
05-08; Hou Rockets 09; NBA  
Champs 05 & 07; commentator &  
TV studio host "NBA Gametime"  
11-; DLSH ldr season pts avg 90  
(15.1); OSU ldr season 94 pts  
(411), 95 (567), asst 94 (104),  
stls 94 (64), 95 (72); DLS HOF

## Anthony Aliotti

Baseball 1B  
(St. Mary's College); All-Times  
2006; Freshman AA; played minor  
league baseball; SMC ldr season 07  
walks (30), rbi(37) ob pct  
(438)

## Derek Asbun

Rugby Flanker  
(Univ of California); Member  
National Under-19 Team 2006;  
NCAA Champs 08; USA Rugby  
AA 10; College Premier Div All-  
Pacific Coast 11; Rugby Magazine  
AA 11

## Drew Barry

Basketball Guard  
(Georgia Tech); All-East Bay 91;  
All-Times 91; All-Nor Cal 91;  
Cal-Hi All-State 91; Atl Hawks 98,  
2000; Sea Supersonics 99; GS  
Warriors 2000; Sydney Kings  
(Australia) 2000; Prokom Trefli  
(Poland) 03; DLS rcd gm 90 stls  
(9), asst (17); GT ldr career asst  
93-96 (724); GT ldr season asst 93  
(164), 95 (207), 96 (238), stls 96 (65)

## Jason Alumbaugh

Football Offensive Line  
(Univ of San Diego); All-Times 92

## Justin Alumbaugh

FB/Baseball Linebacker/OF  
(UCLA); All-Times 96 & 97 (fb);  
EX All-Metro 96 & 97; EX Contra  
Costa POTY 97; All-East Bay 97;  
Cal-Hi All-State 97; All-Times 98  
(bb); Head Coach DLS 13-; brother of  
Jason Alumbaugh, see above; son of  
Dennis Alumbaugh, see Pacifica High  
(CC)

## Brian Bacharach

Water Polo Attack  
(Univ of California); All-East  
Bay/North Bay 99; Jr Olympic  
Champs 2000, Jr Olympic AA 01,  
NISCA AA 2001 & 02; Member  
U. S. Maccabiah Gms Team 2001;  
Bronze Medalist Team Senior  
Nationals 05; MPSF Champs 06;  
NCAA Champs 06

## Jon Barry

Basketball Guard  
(UOP & Georgia Tech); EX All-Bay  
Area 87; All-East Bay 87; All-Nor  
Cal 87; All-Big West Freshman  
Team 88; Mil Bucks 93-95, GS  
Warriors 96, Atl Hawks 97, LA  
Lakers 98, Sac Kings 99-2001, Det  
Pistons 02-03, Den Nuggets 04, Atl  
Hawks 05; Hou Rockets 05-06; 1st  
rd pick (21st overall); TV color  
analyst Hou Rockets 06-; DLSH  
rcd gm fg 87 (16-tie), pts avg 87  
(23.8); GT ldr season asst 92 (207),  
stls 92 (71); DLS HOF

## Brady Amack

"Amtrack"  
Football Linebacker/TE  
(Air Force Academy); Cal-Hi  
All-State (sophomores-lb) 2005;  
All-Times 07 (both ways); Times  
POTY 07; All-East Bay 07; Chron  
All-Metro 07 (lb); Chron Contra  
Costa/Tri-Valley POTY 07; Cal-Hi  
All-State 07; MaxPreps Div 1  
All-State 07; Armed Forces Bowl  
Champs 09; East Bay Cream of the  
Crop 08 #9; MWC rcd gm tackles  
11 (23-tie) brother of Stephanie  
Amack, see Dougherty Valley High  
(CC)

## Kevin Bacharach

Water Polo Driver  
(UC Davis); All-Times 2002; Times  
POTY 2002; Pacific Collegiate  
Swimming Conf Champs 04  
200mtr fs relay; WWSA Champs  
06; brother of Brian Bacharach, see  
above, & Mindy Bacharach, see San  
Ramon Valley High (CC)

## John Baker

Baseball Catcher  
(Univ of California); All-Pac-10  
2002; Fla Marlins 09-11, SD Padres  
11-; PCL All-Star 06; MLBB Heart  
& Hustle Award 09; Pac-10 ldr BAvg  
02 (.382); son of David Baker,  
Stanford bb player

## Richard Barry

"Scooter"  
Basketball Guard

## Tyler Anderson

Football Defensive Back

## Ryan Bales

# Contra Costa County

(Univ of Kansas); NCAA Champs 88; Braunschweig 92, 97-98, Herten 96, MTV Giessen 99-2000 (Germany), Messina (Italy) 01, Mulhouse, 02 Pitch Cholet 02-03 (France); Spirou 04, Charleroi 04 (Belgium); brother of Brent, Drew & Jon Barry, see above; son of Rick Barry, pro bk HOF player, grandson of Bruce Hale, see Galileo High (SF)

## Ryan Barry

Volleyball Outside Hitter  
All-East Bay 2006; also atndd San Ramon Valley High (CC)

## Michael Barton

Track/FB 300IH/110HH/LB  
(Univ of California); NCS Champ 2010 (38.13-DLS rcd), 11 (14.22-DLS rcd); All-East Bay 11; East Bay DPOTY 11; Chron All-Metro 11; Metro POTY 11; Cal-Hi All-State 11; Cal-Hi POTY (large schools) 11; MaxPreps Div. 1 All-State 11; MaxPreps Div. 1 DPOTY 11; BANG Cream of the Crop 12 #4; DLSH ldr season 11 tackles (103)

## Mike Bastianelli

Football QB/K/DB/Util  
(USC); Cal-Hi All-State (underclass, multi-purpose) 93; EX All-Metro 93 (pk) & 94 (qb); EX East Bay & Metro POTY 94; All-East Bay (util) 94; All-Times 94; Times POTY 94; Cal-Hi All-State 94 (multi-purpose); East Bay Cream of the Crop 95 #1; Cal-Texas Prep All-Star Gm 95; Pac-10 Co-Champs 95; Rose Bowl Champs 96; State rcd career pat (161); died in Los Angeles automobile accident 2005 at age 29

## Jackie Bates

Football Defensive Back  
(Univ of Oregon & Hampton Univ); East Bay Cream of the Crop 2004 #9 KC Chiefs 10

## Jon Bernal

Soccer Midfielder  
(St. Mary's College & USF); WCC Champs 2004; pro trainer

## Chris Bernardi

Soccer Forward  
(Loyola Marymount Univ & Cal Poly-SLO); All-East Bay 2009; USL Super Y All League 07-08; son of Giulio Bernardi, pro soccer player, NY Cosmos (NASL), brother Michael, played soccer Cal Poly-SLO

## Rick Bianchina

Football Kicker

All-East Bay 84

## Matt Biel

Swimming Freestyle  
(Univ of Arizona); NCS Champ 2004 200 fs (1:41.64), 500 fs (4:31.05); member U.S. Jr. National Team 2004; NCAA Champs 08; DLS rcd 200mtr & 400mtr fs

## Garrett Biel

Soccer Midfielder  
(Trinity Univ); State Cup Champs three times; one U.S. Club Regional Champs & one USYSA Far Western Champs; played fb in college (k); brother of Matt Biel, see above

## Chris Biller

FB/Rugby OL/DL/Flanker  
(Univ of California); All-East Bay 2003 (ol); All-Times 2003 (both ways); Chron All-Metro 2003 (ol); NCAA Champs 05-08 (rugby); Member National Team 09-11

## Marlon Blanton

Football RB/Coach  
Head Coach St. Patrick/St. Vincent High (Sol); NCS Class A Champs 2006

## James Bloomsburg

Football Kicker  
(Univ of Michigan); Big 10 Champs 2003 & 04

## Nic Bob

Soccer Midfielder  
All-East Bay 2013

## Brian Bolin

Wrestling 158lbs  
NCS Champ 83

## Jordan Bouey

Football OL/DL  
All-Times 2007 (both ways); All-East Bay 2007 (both ways); Chron All-Metro 2007 (ol); MaxPreps Div 1 All-State 2007

## Scott Boyer

Volleyball Outside Hitter  
All-Times 2003

## Alijah Bradley

Football Running Back  
(Univ of Michigan); Big-10 Champs 2003& 04

## Walter Bremond

Basketball Guard  
All-East Bay 74; All-Nor Cal 74

## Dan Brezac

Football Kicker  
(Diablo Valley JC); All-Times 96; JC All-State 98

## Doug Brien

FB/Soccer Kicker  
(Univ of California); All-East Bay 89 (soc); North-South Prep All-Star Gm 89 (fb); All-Pac-10 91 (fb); SF 49ers 94-95, NO Saints 95-2000, TB Buccaneers 01, Minn Vikings 02; NY Jets 03-04, Chi Bears 05; UC special team,s MVP 93; Super Bowl rcd gm xp (7) 94

## Andy Briner

Football Defensive Line  
(Univ of California); Chron All-Metro 2001; also atndd high school in Washington

## Ryan Brinkley

Football Defensive Back  
(Boise St); All-Times 95; Big West Champs 99 & 2000; Humanitarian Bowl Champs 99 & 2000

## Tory Brooks

Football Linebacker  
(Univ of Arizona); East Bay Cream of the Crop 84 #5

## James Brosnan

Volleyball Coach  
Head Coach De La Salle High 2002-06 (151-30); NCS Champs 2002

## Adin Brown

Soccer Goalkeeper  
(College of William & Mary); Colonial Athletic Assoc ROTY 96; All-CAA 99; All-South Region 99; College AA 98 & 99; CAA Champs 99; Under-23 Pan American Gms Bronze Medalist Team 99; Member Olympic Team 2000; Colo Rapids 2000-01, TB Mutiny 01, NE Revolution 02-04; Aalesunds FK (Norway) 04-08; Member National Team 03; MSL draft 2000 (3rd overall); MSL career ldr playoff saves (42); WM rcd career shut outs (36), saves (417); DLS HOF; son of Adin Brown Sr, pro fb player; cousin of Emily Childs, see Alameda High (A)

## Carson Brown

Football Offensive Line  
(Occidental College); All-East Bay 97; All-Times 97

## Chris Brown

Soccer Goalkeeper  
(Boston College); Virginia Independent Schools All-State 2002 & 03; ACC Champs 07; missed 1st two years at BC with knee injury; graduated Walsingham Academy, Virginia; brother of Adin Brown, see above; son of Adin Brown, William &

# Contra Costa County

Mary fb player

## James Brown

Soccer Defender  
All-Times 2004

## Greg Brown-Davis

FB/Wrestling LB/189lbs  
(Oregon St & St. Mary's College);  
All-East Bay 96; All-Times 96; EX  
All-Metro 96; NCS Champ 97;  
Times AOTY 97; East Bay Cream  
of the Crop 97 #13; Pac-10 Co-  
Champs 2000; Fiesta Bowl  
Champs 2000

## Kylan Butler

Football Running Back  
(Univ of Arizona); East Bay Cream  
of the Crop 2009 #6; DLS ldr 09 yds  
(1,286), td (15)

## Scott Buttimer

Tennis Doubles  
(St.Mary's College); NCS Champs 79

## Brendan Byrne

Volleyball Middle Blocker  
All-East Bay 2011

## Bryan Byrne

Baseball 3B  
(St. Mary's College); All-Times  
2002; All-WCC 03 & 05; WCC  
Freshman of the Year 03; played  
minor league baseball; Calif  
Lg-North Div Champs 07; SMC ldr  
03 BAv, runs (42), hits (78), dbls  
(15), rbiu (46), tb (112), slug pct  
(.514), walks (26), ob pct (.429); 04  
obpct (.414), walks (35)

## Atari Callen

FB/Track RB/DB/100mtrs  
(Univ of California & Idaho St);  
State Freshman AOTY 96; Cal-Hi  
All-State (sophomore) 96; Cal-Hi  
All-State (underclass) 97; All-  
Times 97 (db) & 98 (both ways);  
EX All-Metro 98; EX Metro &  
Contra Costa POTY 98; All-East  
Bay 97 & 98; East Bay POTY 98;  
Cal-Hi All-State 98 (multi-  
purpose); NCS Champ 97 (10.96),  
98 (10.83) & 99 (11.03); Times  
AOTY 99; East Bay Cream of the  
Crop 99 #1; Cal-Tx A-S Gm 98

## Leon Callen

FB/Track RB/100/200mtrs  
(Univ of Arizona); Cal-Hi All-State  
(underclass) 94; NCS Champ 95  
(21.54w) & 96 (21.93); All-Times  
94 & 95; Times POTY 95; All-East  
Bay 94 & 95; East Bay OPOTY 95;  
EX All-Metro 94 & 95; EX East Bay  
& Metro POTY 95; Cal-Hi All-State  
95; Parade AA 95; East Bay Cream  
of the Crop (fb) 96 #7; DLSH red 96

(10.62), (21.33); brother of Atari  
Callen, see above; cousin of Aisha  
Margain, see Berkeley High (A);  
cousin of Ron Gant, ML baseball  
player

## Brett Campbell

Football Wide Receiver  
(Humboldt St); GNAC Champs  
2011

## Tim Cann

Football Offensive Line  
EX All-Bay Area 85; All-Nor Cal  
85

## Mike Capbarat

Baseball Outfield  
(Univ of California); All-Times  
2004; PAC-10 Sportsmanship Award  
08

## Reynard Carrie

Football Defensive Back  
(Portland St); EX All-Metro 98;  
All-East Bay 98; All-Times 98;  
East Bay Cream of the Crop 99 #16  
All-Big Sky 2001; Central Valley  
Coyotes, Everett Hawks, Stockton  
Lightning (AFL2); owner Carrie  
Sports; ran track in college; DLS  
red yds run (96)

## Travis Carrie

Football Defensive Back  
(Ohio Univ); All-Times 2007;  
All-East Bay 2007; Chron All-Metro  
2007; East Bay Cream of the Crop  
08 #18; Mid-America-East Champs  
11; Famous Idaho Potato Bowl  
Champs 11; brother of Reynard  
Carrie, see above; & of Domonick  
& Eric Carrie, see Miramonte High  
(CC)

## Chris Carter

Baseball 1B/OF  
(Stanford Univ); All-Times 2000  
(1b) & 01 (of); ANG Best of the  
Best 01; Cal-Hi All-State 01; MVP  
Under-15 National Team; Member  
Jr National Team 2000; Member  
Team California 2000; Pac-10  
Champs 04; Bos Red Sox 08-09,  
NY Mets 10; son of Bill Carter,  
Head Coach De La Salle High

## Nathan Carter

"Jet"  
Baseball 2B/Infielder  
(U. S. Air Force Academy); Chron  
All-Metro 2006 & 07 (2b); Metro  
Contra Costa POTY 2006; Puma  
AA 06; Metro Contra Costa/Tri  
Valley POTY 07; All-Times 2006 &  
07; All-East Bay 2006 & 07; Cal-Hi  
All-State 07; AFA Frosh of the year

08; AFA ldr trpls 08 (10), 09 (5);  
brother of Chris Carter, see above

## Matt Castello

Baseball Coach  
(St. Mary's College); Member  
National Semi-Pro Champs  
Clarinda A's 81; Head Coach De La  
Salle High 99-03, 11 (100 -38);  
NCS 3A Champs 2000; SMC HOF;  
Clarinda BB HOF; DLS HOF

## Nathan Cervantez

Wrestling 113lbs  
California Kids Folkstyle Champ 09  
Novice 112; NCS Champ 2012

## John Chan

Football Offensive Line  
(U. S. Naval Academy); All-Times  
2002; Emerald Bowl Champs 04;  
played de in college

## Jon Jay Chavez

Wrestling 132lbs  
Greco-Roman Champ Cadet  
Nationals (125lbs) 11NCS Champ  
2012

## Ryan Christie

Football Kicker  
(UC Davis); Cal-Hi All-State  
(underclass) 90; EX All-Metro 90  
& 91; All-East Bay 91; All-Times  
91; UCD MVP Spec Teams Player  
95 & 96

## Jason Clark

Swimming Diving  
(Univ of California); NCS Champ  
82 (455.55), 83 (432.45), 84 (440.35)  
& 85 (500.10); DLS HOF

## Jon Clark

Wrestling 147lbs  
(UC Davis); NCS Champ 2004

## Matt Clizbe

Football Defensive Back  
(Univ of California); All-East Bay  
88 & 89; EX All-Bay Area 88;  
All-Nor Cal 88; East Bay Cream of  
the Crop 90 #9; Birmingham Stallions  
95 (CFL); UC special teams MVP  
93

## Cameron Colvin

Football Wide Receiver  
(Univ of Oregon); All-East Bay  
2003; All-Times 2003; Chron  
All-Metro 2003; U.S. Army AA 03;  
U.S. Army AA Gm 03; East Bay  
Cream of the Crop 04 #1; Sun Bowl  
Champs 07;LV Locomotives 11  
(UFL)

## Vincent Colvis

Football Utility/P/K  
(Diablo Valley JC & UC San

# Contra Costa County

Diego); All-Times 2005 (util)

## Dave Cooper

Water Polo      Attack  
(UC Davis); WWPAA Champs 2006

## Harrison Cooper

Lacrosse      Attack  
(Sonoma St); All-East Bay 2009

## Nick Cooper

Water Polo      Field/Driver  
All-East Bay/North Bay 2008  
(field) & 09; All-East Bay 09(driver);  
DLS ldr season 09 goals (106), asst  
(64)

## Nick Coric

Lacrosse      Attack  
(Long Island Univ - C. W. Post  
Campus); Prep AA 2006; brother  
of Matt Coric, Notre Dame de  
Namur lacrosse player

## Tom Coughlan

Water Polo      Coach  
(UC Santa Barbara); All-MPSF 99;  
AA 99; Strasbourg (France) 02;  
Member Ireland National Team 04;  
Head Coach Justin-Siena 08; UCSB  
ldr pts 99 (36)

## Tom Cox

Cross Country  
(Harvard Univ); NCS Div 1 Champ  
2005 (15:18); Times ROTY 2005

## Chris Crespi

Football      Guard/LB  
(UC Davis); EX All-Bay Area 80;  
All-East Bay 80 (both ways);  
All-Nor Cal 80; NCAC Champs  
82-84; UCD Co-MVP Linebacker 84

## Michael Cxyz

Football      Wide Receiver  
(Univ of Northern Arizona);  
All-Times 2007; All-East Bay 2007;  
Chron All-Metro 2007; DLS rcd td  
recep season 07 (18); son of Tom  
Cxyz, Cal Poly-SLO bb player;  
grandson of Tom Cxyz, multi-sport  
athlete at Western Michigan Univ;  
nephew of Rob Lambert, see below

## Dominic Daley

Soccer      Defender  
(Cal Poly-SLO); All-East Bay  
2009; East Bay POTY 2009; ESPN  
RISE AA 2009; Big West Champs  
09

## Mario D'Ambrosio

Football      Defensive Back  
(Diablo Valley JC & Portland St);  
All-Times 2005; All-East Bay  
2005; Chron All-Metro 2005; PS  
ldr 07 season kr yds (449), kr avg  
(26.4), 08 recep (76), td (9); rcd

recep gm 08 (16-tie); knee injury  
ended career after 08

## Jim Davis

Football      Offensive Line  
(Santa Clara Univ); WFC Champs  
85

## Anthony DeCosta

Soccer      Defender  
(Santa Clara Univ); All-East Bay  
2011; ESPN AA 2011

## Will Deimer

Baseball      Utility  
All-East Bay 80

## Johnny De Los Reyes

Golf  
(St Mary's College); NCS Champ  
2010 (67); East Bay POTY 2010; first  
SMC golfer to qualify as individual at  
NCAA Championships 11; WCC  
Champs 12

## Jason Dennis

Baseball      Pitcher/1B  
(Univ of California); Member Jr.  
Olympics Silver Medalist Team 94  
& Gold Medalist Team 95; All-East  
Bay 96 & 97; Times POTY 96 & 97;  
All-Times 96 & 97; Cal-Hi All-  
State 96; played minor league  
baseball; Pioneer Lg-South Div  
Champs 2001; DLS rcd career  
wins (25)

## Don DeRosa

Football      Guard  
All-East Bay 74; All-Nor Cal 74

## Tim DeSimone

Lacrosse      Defender  
(Cal Poly-SLO); All-WCLL 2010 &  
11; WCLL Champs 2010 & 11

## Danie DiCicco

Soccer      Defender  
(Sonoma St); All-Times 2008

## Mike DiFiore

Football      Offensive Tackle  
All-East Bay 85

## Dave Digirolomo

Baseball      Utility  
All-East Bay 79; played minor  
league baseball

## Patrick Dolan

Soccer      MF/Forward  
(Univ of California); Member Super  
Y National Champs 2002 & 04;  
Pac-10 Champs 06; brother of  
Rogan Dolan, see Carondelet High  
(CC)

## John Donati

FB/Baseball      LB/Infielder

(Santa Clara Univ); All-East Bay  
90; EX All-Metro 90; All-Nor Cal  
90; All-Times 91 (bb); East Bay  
Cream of the Crop (fb) 91 #18;  
played minor league baseball;  
Northwest Lg-South Div Champs  
93-94; NorthwestLg MVP 94;  
South Atlantic Lg-South Div Champs  
96; Northwest Lg ldr 94 hr (11), rbi  
(57)

## Lou Donati

FB/Baseball      QB/2B  
(Santa Clara Univ); All-East Bay  
88 (fb); ExAll-Bay Area 88 (fb);  
All-East Bay 89 (bb); All-WCC 94;  
WCC Champs 94; NCAA rcd career  
hit by pitch 91-94 (60)

## Mikey Dosen

Football      Defensive Back  
(Univ of Oregon); Pac-10 Champs  
2009; grandson of Phil Webb, see  
Pacifica High (CC)

## Matt Drazba

Wrestling      277lbs  
(Harvard Univ); NCS Champ 2004;  
Ivy League Champs (fb) 2004;  
played fb in college; son of Mark  
Drazba, St. Mary's College fb  
player

## Maurice Drew

"Jones-Drew" (honors grandfather)  
"Pocket Hercules"  
Football      Utility/RB  
(UCLA); All-Times 2001-02; Times  
POTY 02; Cal-Hi All State 2001  
(underclass-rb); All-East Bay 02;  
Chron All-Metro (rb) 02; Cal-Hi  
All-State 02; Parade AAA 02;  
CaliFlorida Bowl Prep All-Star Gm  
02; East Bay Cream of the Crop 03  
#4; All-Pac-10 05 (kr); AA 05 (all  
purpose); Poinsettia Bowl Champs  
05; Jac Jaguars 06-11; NFL Pro  
Bowl 09-11; NFL ldr rush yds 11  
(1,606); UCLA rcd gm yds  
04 (322), td (5) vs Univ of  
Washington; honored grandfather  
with Jones-Drew on jersey 05 &  
later; Cal-Hi All-Decade FB 2000s;  
Cal-Hi Decade POTY; cousin of  
Erica Helms, see Deer Valley High  
(CC)

## Danny Driscoll

Water Polo      Hole Set  
(UC Davis); All-Times 2003 & 04;  
All-East Bay/North Bay  
04 ;WWPAAChamps 06; brother of  
Ryan Driscoll, UC Davis swimmer,  
& Kevin Driscoll, UC Davis wp  
player

## Lucas Dunne

Football      Running Back

# Contra Costa County

(Univ of California); All-East Bay 2010; Chron All-Metro 2010; MaxPreps Div 1 All-State 2010; Sectionsports.com All-State 2010; Played rugby, but not football in college; DLSH rcd 2010 tds (40), ldr season 2010 rush yds(2,034)

## Peter Edwards

Volleyball Outside Hitter  
All-East Bay 2011

## Victor Egu

Football Defensive End  
(Yale Univ); East Bay Cream of the Crop 2013 #11

## Kurt Evans

Football Quarterback  
EX All-Metro 90; All-Nor Cal 90

## Sean Farnham

Television Announcer  
(UCLA); Pac-10 Champs 97; Color man for CBS & Fox on bk gms in Western conferences; played bk in college; sister, Shannon Farnham, competed in T&F at Cal Poly-SLO; uncle, Jim Farnham, played fb (db) at UNLV

## Charles Favroth

Football Defensive Back  
(Univ of Oregon); Cal-Hi All-State (sophomore) 97; All-Times 99; EX All-Metro 99; East Bay Cream of the Crop 2000 #4; Pac-10 Co-Champs 2000; Holiday Bowl Champs 2000; Pac-10 Champs 01

## Matt Ferrari

Baseball Outfielder  
All-East Bay 78

## Jon Flakoll

Football Offensive Line  
(Cal Poly-SLO); All-Times 92; All-East Bay 92

## Rashad Floyd

“Shad”  
“Shaddy”  
Football Defensive Back  
(Portland St); Times AOTY 96; All-Big Sky 99 & 2000; Hamilton Tiger-Cats 01 (CFL); Orlando Predators 02-03, Colo Crush 04-08 (AFBL); AFBL Champs 05; AFBL ldr tackles 04 (123); AFBL rcd tackles gm 05 (17.5), season 06 (156); played bk (pt guard) in college

## Mike Fottrell

Track Shot Put  
NCS Champ 83 (54-7); DLSH rcd 83 (55-3)

## Clayton Francis

Track Triple Jump  
(Chico St); NCS Champ 2007  
(45-4 1/4)

## Peter Francis

Track Triple Jump  
(Chico St); CCAA Champ 2003  
(48-0 3/4); CHS ldr 05 (48-10 1/4); brother of Clayton Francis, see above

## Andrew Freeman

Football Tight End/DB  
EX All-Metro 92; All-East Bay 92; All-Times 92; North-South Prep All-Star Gm 93

## Stefan Frei

“Swiss”  
Soccer Goalkeeper  
(Univ of California); All-Times 2004 & 05; Times POTY 05; NSCAA AA 2004; Member Under-15 Switzerland National Team; EA Sports AA 05; Pac-10 Champs 06 & 07; All-Pac-10 07 & 08; All-Far Western Region 07 & 08; Toronto FC (MLS) 09; UC ldr season 07 goals (17), saves (82), 08 goals (16), saves (91); also attnd high school in Switzerland; son of Erwin Frei, Swiss Olympic Gms handball player

## Steven Fujimoto

Rugby Prop/Hooker  
(Univ of California); NCAA Champs 2008

## Vic Galli

Football Coach  
(San Francisco St); Head Coach Pittsburg High (CC) 2002-; East Bay COTY 09; President & Head Coach Pittsburg Jr. FB Lg; cousin of Tony Darone, see Liberty High (CC)

## Andrew Garaventa

Football Defensive Line  
(Montana St); Chron All-Metro 2007

## Sil Garaventa

Soccer Defender  
(Santa Clara Univ); All-Times 2003; St. Mary's College soccer field named in his grandfathers honor, Sil Garaventa Sr. Soccer Field

## Steve Gee

Wrestling 162lbs  
(Cal Poly-SLO); NCS Champ 2002

## Matt Gelderman

Football Defensive Line  
(St. Mary's College); All-East Bay 97; All-Times 97

## Nate Gelderman

Football DL/LB

(Univ of California); All-East Bay 93 & 94; East Bay DPOTY 94; All-Times 93 & 94; EX All-Metro 93 & 94; Cal-Hi All-State (underclass) 93; Cal-Hi All-State 94; East Bay Cream of the Crop 95 #5

## Mike Gibson

Football Defensive Back  
(Cal Poly-SLO); All-East Bay 86; EX All-Bay Area 86; East Bay Cream of the Crop 87 #14

## Willie Glasper

Football Defensive Back  
(Univ of Oregon); All-Times 2002 & 03; Chron All-Metro 2002 & 03; Cal-Hi All-State (underclass) 2002; All-East Bay 03; East Bay Cream of the Crop 04 #5; CaliFlorida Bowl Prep All-Star Gm 03; Cal-Hi All-State 03; Parade AA 03; Sun Bowl Champs 07; Holiday Bowl Champs 08; Pac-10 Champs 09; Cal-Hi All-Decade FB 2000s

## Bradford Goshorn

Lacrosse Defender  
(Hofstra Univ); Prep AA 2005

## Kevin Groves

Basketball Forward  
(Mt. Hood JC & Eastern Washington Univ); EX All-Metro 93; All-East Bay 93; All-Times 93; Times POTY 93; All-Nor Cal 93; State rcd ft gm vs McClymonds High 93 (27); DLSH rcd gm pts 93 (36), ft (27), ft (21)

## Lincoln Gunn

Basketball Guard  
(Princeton Univ); Chron Contra Costa POTY 2006; All-Times 2006; Cal-Hi Div 1 All-State 2006; quit team after junior year but stayed at Princeton to obtain degree

## Anthony Gutierrez

Football Defensive Back  
(Cal Poly-SLO); All-East Bay 2004

## Matt Gutierrez

Football Quarterback  
(Univ of Michigan & Idaho St); EX All-Metro 99; Cal-Hi All-State 99 (sophomores); Student Sports Sophomore AA 99; State Sophomore of the Year 99; East Bay Cream of the Crop 2002 #3; Outback Bowl Champs 2002; Big-10 Champs 03 & 04; East-West Shrine Gm 07; NE Patriots 08-09, KC Chiefs 09; Az Rattlers 11 (AFBL); brother of Anthony Gutierrez, see above

## Dan Haas

Football Guard



# Contra Costa County

All-East Bay 89

## Andrew Haggen

Golf  
(UC Davis); Big West Champs 2011

## Luc Hamilton

Football Offensive Line  
(Univ of California); All-East Bay 2011; Chron All-Metro 2011; played rugby in college; father Terry played Aussie Rules Football; sister Julie wp player Diablo Valley JC, sister Sarah pro bk player Australia

## Pat Hanigan

Football Wide Receiver  
(UOP); East Bay Cream of the Crop 86 #19; distant cousin of actor Pierce Brosnan

## Parker Hanks

FB/Baseball LB/Catcher  
(UCLA); All-East Bay 2002 & 03 (fb); All-Times 03 (fb); Times DPOY 03 (fb); Chron All-Metro 03 (fb); All-ANG 03 (bb); All-Times 04 (bb); Cal-Hi All-State 04 (bb); did not play fb in college

## Chris Hawkins

Football Defensive Line  
(Stanford Univ); All-East Bay 84; East Bay Cream of the Crop 86 #8

## Mike Hawkins

Football Utility  
All-East Bay 83; All-Nor Cal 83

## John Hayes

Volleyball Middle Blocker  
All-East Bay 2011

## Robbie Hayes

Water Polo 2-Meter Defender  
(Pomona-Pitzer Univ); All-Times 2005

## John Hendershott

Football WideReceiver  
(Utah St, Diablo Valley JC & Sacramento St); All-East Bay 2006; JC AA 08; played db in college; did not play during spring at Utah St; DVC ldr season 08 recep (65), yds recep (1,150), td recep (18)

## Tyler Hess

Football/BB OL/Pitcher  
(Pepperdine Univ & Sonoma St); All-Times 2006 (fb); All-East Bay 2006 (fb); Chron All-Metro 2006 (fb); WCC Champs 08 (bb)

## Chris Hesse

Football Defensive Line  
(Los Medanos JC); All-East Bay 98; All-Times 98

## Thomas Hickel

Football Offensive Line  
(Cal Poly-SLO); All-East Bay 2009; Chron All-Metro 2009; MaxPreps Div 1 All-State 2009; Great West Co-Champs 11; also atnd U. S. Military Academy Prep School

## Jim Hinckley

Football Guard/LB  
(Stanford Univ); All-East Bay 86 (both ways) & 87 (lb); EX All-Bay Area 87; All-Nor Cal 87; Cal-Hi All-State 87; East Bay Cream of the Crop 88 #2

## Rob Hinckley

Football Linebacker  
(Stanford Univ); EX All-Bay Area 84; All-East Bay 84; All-Nor Cal 84; East Bay Cream of the Crop 85 #2; All-Pac-10 88; Pac-10 ldr sacks 88 (13); East-West Shrine Gm 89; DLS AOTY 85; DLS HOF

## Chris Holm

Soccer Goalkeeper  
(Calif. Lutheran Univ); All-East Bay 2009; CLU ldr saves 10 (72), save pct (70.6), sho (4)

## Nick Hom

Baseball 3B  
(Fresno St & UC San Diego); All-Times 2006 & 07; All-East Bay 07; Chron All-Metro 07; WAC Champs 08 & 09; College WS Champs 08; CCAA Champs 10 & 11

## Chris Hom

Baseball 1B/3B  
(UC San Diego); Member Connie Mack State Champs 2004; CCAA Champs 05; brother of Nick Hom, see above

## Austin Hooper

Football Defensive Line  
(Stanford Univ); All-East Bay 2011 & 12; Cal-Hi All-State (underclass) 2011; Chron All-Metro 12; Cal-Hi All-State 12; East Bay Cream of the Crop 13 #3; DLS rd discus 11 (147-0)

## Bart Houston

Football Quarterback  
(Univ of Wisconsin); Cal-Hi All-State (underclass-junior) 2010; BANG Cream of the Crop 12 #5

## Justin Howard

Soccer Forward  
(St. Mary's College); WCC Champs 2011

## Nick Hudson

Baseball Pitcher  
(UC San Diego); CCAA Champs 2010

## Connor Hunt

Lacrosse Defense  
(Cornell Univ); Prep AA 2011

## Michael Hutchings

Football Linebacker  
(USC); Cal-Hi All-State (underclass-sophomore) 2010; Cal-Hi All-State (underclass-junior) 11; All-East Bay 12; Chron All-Metro 12; Cal-Hi All State 12, Cal-Hi Mr. Football 12; East Bay Cream of the Crop 13 #1; ld DLS tckls 13 (113); son of Michael Hutchings, see Lincoln High (SF)

## Kristian Ipsen

Swimming Diving  
(Stanford Univ); NCS Champ 2008 (618.00), 09 (699.60), 10 (685.55), 11 (699.60); Silver Medalist Synchronized Diving World Gms 09; Gold Medalist Synchronized U. S. Winter Nationals 10; Member National Team 11; East Bay DOTY 11; National 3mtr Synchronized Champ 11(883.44), Olympic Bronze Medalist 3mtr Synchronized (446.7); Pac-12 Champ 1 mtr, 3mtr (442.15) 13; NCAA Champ 1mtr (473.75-NCAA rd) & 3mtr (913.15) 13; Pac-12 DOTY 13

## Damon Jenkins

Football Linebacker  
(Fresno St); Cal-Hi All State 2001 (underclass); All-Times 02; All East Bay 02; Chron All-Metro 02; Cal-Hi All-State 02; CaliFlorida Bowl Prep All-Star Gm 02; East Bay Cream of the Crop 03 #17; FS ldr season int 06 (3)

## Josh Jenkins

Football Defensive Back  
All-East Bay 2011; Chron All-Metro 2011; MaxPreps Div. 1 All-State 11; DLS rd tj 12 (45-9.75)

## Eric Johnson

Track 1500mtrs  
(Claremont-Mudd-Scripps College); SCIAAC Champs 2009 & 10

## Erik Johnson

Baseball 2B  
(UC Santa Barbara); Little League Western Region Champs 78; All-East Bay 83; All-Nor Cal 83; All-PCAA 84-86; SF Giants 93-94; played in AAA AS Gm 95; Founder Get Up and Go Baseball, Director of Instruction EJ Sports, Tri-Valley Sports HOF; UCSB HOF; DLS HOF

# Contra Costa County

## Reed Johnson

Baseball Pitcher  
(Diablo Valley JC & USF); All-Times  
2000; Times POTY 2000;  
Cal-Hi All-State 2000; DLS ldr wins  
2000 (12-0)

## Brad Jones

Baseball Outfielder  
All-East Bay 2007

## Tom Joseph

Football Offensive Line  
All-East Bay 84; All-Nor Cal 84

## Justin Joyner

BK/Soccer Guard  
(UC Santa Barbara); All-Times  
2006 (bk); All-East Bay 2006 (bk);  
Cal-Hi Div 1 All-State 2006 (bk);  
Member three State Cup Champs  
(soc); All-Big West Freshman team  
(bk) 07; Big West Co-Champs 10  
(bk)

## Matt Kavanaugh

Baseball Catcher  
(UOP, Butte JC & San Francisco  
St); All-CCAA 2006; SFS rcd  
season dbls 07 (21-tie); played minor  
league baseball

## Kevin Keane

Track High Jump  
(Univ of California); NCS Champ  
88 (6-9); 2nd State Meet 88 (6-10);  
3rd State Meet 89 (6-10); Pac-10  
Champ 93 (7-0 1/2) & 94 (7-1 1/2);  
DLSH rcd 89 (7-0 1/2)

## Terrance Kelly

"T. K."  
Football LB/Utility  
All-East Bay 2003; All-Times 2003  
(util); Chron All-Metro 2003;  
Chron Contra Costa/Tri-Valley  
POTY 2003; Cal-Hi All-State 2003  
(multi-purpose); East Bay Cream of  
the Crop 04 #4; CaliFlorida Bowl  
Prep All-Star Gm 2003; would have  
attended Univ of Oregon, but was  
shot fatally at age 18 waiting for  
step-brother in car parked near  
Richmond home 04

## Nate Kenion

Football Defensive Back  
(St. Mary's College & UNLV);  
All-Times 2001; Chron All-Metro  
2001; DLS ldr td 2001 (24);  
professional trainer

## Rich Kimball

CC/Track Mile/Two Mile  
(Oregon St & San Jose St); NCS  
CC Champ 72 (14:12) & 73  
(15:13); NCS Champ 73 two mile  
(9:02.2) & 74 (9:12.1); 74 mile

(4:02.4); State Champ 74 mile  
(4:06) & 2 mile (8:46.5); Cal-Hi  
State POTY 74; World Jr CC Champ  
74; State rcd 3 mile 73 (13:43.6)  
& mile 74 (4:01.00), (8:43.5); DLS  
HOF; also attnd Jesuit High,  
Sacramento

## Zack Klaas

FB/Rugby DL/Flanker #8  
(Univ of California); All-East Bay  
2006 (fb); NCAA Champs (rugby)  
08 & 10; College Premier Div  
West Conf Champs (rugby) 11;  
College Premier National Champs  
11

## Andrew Konstantino

Soccer Goalkeeper  
(St Mary's College); All-East Bay  
2013; DLS ldr sho 2013 (13)

## John Kneuppel

Rugby Flanker  
(Univ of California); NCAA Champs  
99

## Mitchell Kranson

Baseball Cat/Inf  
(Univ of California); Member U14  
National Team 09

## Nicholas Lahanas

"Niko" (nickname)  
Swimming Backstroke  
(Univ of California); NCS Champ 84  
100 bs (52.10); 85 (52.75) & 86 100  
bs (51.7); Greek National Team, DLS  
HOF

## Nick LaHaye

Football Offensive Line  
(Chapman Univ); All-East Bay  
2008; Chron All-Metro 2008

## Rob Lambert

FB/Baseball WR/Infielder  
(Cal Poly-SLO); All-East Bay 80 (fb);  
All-Nor Cal 80 (fb); All-East Bay 81  
(bb); played minor lg baseball, uncle  
of Mike Cxyz, see above

## Derek Landri

Football OL/DL  
(Univ of Notre Dame); Cal-Hi  
All-State (sophomore) 99; Chron  
All-Metro 2000 & 01 (both ways);  
Chron POTY 01; All-Times 2000 &  
01 (both ways); All-East Bay 2000  
& 01; East Bay DPOTY 01; Times  
POTY 01; Cal-Hi All-State 2000 &  
01 (both ways 01); Cal-Hi State  
POTY 01; USA Today AA 01 (ol);  
Parade AA 01 (ol); Times AOTY  
02; East Bay Cream of the Crop 02  
#1; Jac Jaguars 08-09, Car Panthers  
09-10, Phil Eagles 11-; Cal-Hi  
All-Decade FB 2000s

## Alex Loughton

Soccer Forward  
(Redlands Univ); SCIAC Champs  
2010 & 11

## Matt Lawrence

FB/Rugby OL/Flanker  
(Univ of California); All-Times  
2007 (fb); All-East Bay 2007 (fb);  
NCAA Champs 10 (rugby)

## Russell Lawson

Football Running Back  
(Univ of Oregon); All-East Bay 85;  
POTY 85; EX All-Bay Area 85; EX  
East Bay & Metro POTY 85; All-  
Nor Cal 85; Cal-Hi All-State 85;  
East Bay Cream of the Crop 86 #6

## Tonno Lazio

Baseball Pitcher/Inf/Util  
All-East Bay 79 (inf); All-Nor Cal  
78 (p) & 79 (util)

## Tuan Van Le

Football Defensive Back  
(Stanford Univ); All-East Bay 86;  
East Bay POTY 86; EX All-Bay Area  
86; EX East Bay & Metro POTY  
86; Cal-Hi All-State 86; East Bay  
Cream of the Crop 87 #1;  
North-South Prep All-Star Gm 87;  
Cal-Hi All-Decade FB 80s

## Scott Lemone

Baseball Utility  
(Boston College & Chico St);  
All-Times 99

## Beau Levesque

Basketball Forward  
(St. Mary's College); WCC Tourney  
Champs 2010; DLS ldr season 09  
reb avg (8.0); WCC Champs 12;  
brother of Tina Levesque, Univ San  
Diego swimmer

## Chris Lawrence

Football Defensive Line  
(Cal Poly-SLO); Great West Co-  
Champs 2011

## Steve Lilly

Football Linebacker  
(Univ of California); EX All-Metro  
92; All-East Bay 92; All-Times 92;  
producer/director of documentary  
film "Perfect Effort" about De La  
Salle High's fb program

## John Logan

Football Offensive Line  
All-Times 95

## Eduardo Lopez

Rugby Wing  
(Univ of California); NCAA Champs  
2006-08

# Contra Costa County

## Kevin Lopina

Football Quarterback  
(St. Mary's College); College  
Premier Div All-Pacific 2011;  
AA 2011

## David Loverne

Football Offensive Tackle  
(Univ of Idaho & San Jose  
St); EX All-Metro 93; All-East Bay  
93; All-Times 93; North-South  
Prep All-Star Gm 94; NY Jets  
2000-01; Wash Redskins 02; StL  
Rams 03; Det Lions 04-05; Hou  
Texans 06-07

## Greg Lucas

Baseball Infielder  
All-East Bay 87

## Tosh Lupoi

Football OL/DL  
(Univ of California); All-Times 99  
(both ways); All-East Bay 99; EX  
All-Metro 99; East Bay Cream of  
the Crop 2000 #3; Rivals.com  
Recruiter of the Year 2010; son of  
John Lupoi, see Ygnacio Valley  
High (CC)

## Sean Mahoney

Swimming Breaststroke  
(Univ of West Virginia & Univ of  
California); NCS Champ 2005 100  
bs (57.38); Member Jr. National  
Team 2005; Big East Champs 07;  
WVU rcd 07 200 bs (1:57.75)

## Bob Manning

Track Mile  
NCS Champ 70 (4:20.0)

## David Martin

Football  
All-East Bay 82

## David Martin

Football Linebacker  
(Univ of Oregon); Pac-10 Champs  
2001

## Eric Massingham

Baseball Pitcher  
(Cal Poly-SLO); Member National  
Under-18 Team 2004; All-East Bay  
2004 & 05; All-Times 05; Cal-Hi  
All-State 05

## Carey Matthews

Track 1600mtrs  
(UCLA); 3rd State Meet 2004  
(4:19.55)

## D. J. Maudlin

Baseball Utility  
(Cal Poly-SLO); All-Times 2005;  
All-East Bay 2005; cousin of Mike  
Dirmt, see Celebrities Section

## Tim Maupin

Rugby Center  
(St. Mary's College); College  
Premier Div All-Pacific 2011;  
AA 2011

## John McArthur

Basketball Center  
(Santa Clara Univ); Cal-Hi All-  
State 2007 (freshman); All-East  
Bay 10; East Bay POTY 10; Chron  
All-Metro 10; Metro POTY 10;  
MaxPreps.com All-State 10; High  
School Academic AA Gm 10; CBI  
Tournament Champs 13; DLS  
rcd 10 gm pts (40), fg (16-tie), pts  
qtr (18), pts qtr (32), season 10 ft  
(190); ft att (242), fg (249), fg att  
(461), career 2007-10 reb (702), off  
reb (245), def reb (457), ft (323), ft  
att (430); DLS ldr season 10 pts  
avg (22.8), reb avg (11.7)

## Chris McClaughry

Basketball Forward  
(UC Davis); EX All-Bay Area 90;  
All-East Bay 90; DLSH ldr season  
pts avg 90 (18.1)

## Tom McConnell

Football Defensive End  
(UC Davis); Great West Champs  
2009

## Sean McCreery

Water Polo Driver  
(Johns Hopkins Univ); All-Times  
2003; College AA 05 & 06; Assoc  
Water Polo Coaches NCAA Div 3  
POTY 05 & 06; JHU ldr goals 05  
(82) & 06 (90)

## Ryan McCreery

Swimming Freestyle  
(Cornell Univ); NCS Champ 2005  
200 fs (1:42.93)

## Tim McGuire

Football Guard/LB  
(U. S. Military Academy); All-East  
Bay 82 (both ways); East Bay  
Co-POTY 82; EX All-East Bay 82;  
East Bay Cream of the Crop 83 #3

## Joe McLean

Basketball Guard/Forward  
(Univ of Arizona); All-Times 92;  
Times POTY 92; Cal-Hi Div 1  
All-State 92; EX All-Metro 92;  
All-East Bay 92; All-Nor Cal 92;  
played pro Australia & Europe; DLS  
HOF

## Zac McNally

Football Linebacker  
(Boise St, Diablo Valley JC &  
Northern Arizona Univ); Chron  
All-Metro 2004; All-Times 2004

## Ryan McVay

Lacrosse Defender  
All-East Bay 2009

## Robin Meadow

Football Offensive Line  
(Univ of Washington); East Bay  
Cream of the Crop 2001 #8; All-  
Pac-10 Freshman Team 2001

## David Melmed

Tennis Singles  
(Univ of California); NCS Champ  
92

## Hunter Mercado-Hood

Baseball Outfielder  
USA U-16 team 2011; All-East Bay  
2011

## Noah Merl

Soccer Defender  
(Univ of California); All-Times  
2000; SJ Earthquakes 05 (MLS);

## Joe Miklos

Football Defensive Back  
(UNLV); East Bay Cream of the  
Crop 2001 #19

## Andrew Milcovich

Water Polo Utility  
(Pepperdine Univ); All-Times  
2006; Times POTY 2006; All-East  
Bay 2006; East Bay POTY 2006

## Will Milcovich

Water Polo Hole Set  
(UOP); All-Times 2004; Times  
POTY 2004; All-East Bay/North  
Bay 2004; MVP 2004

## Kyle Miller

Football Defensive Line  
All-East Bay 2010

## Ryan Minahan

Rugby Wing/Center  
(Univ of California); NCAA  
Champs 2006

## Wesley Moar

Soccer Midfielder  
(San Francisco St); All-East Bay  
2009 & 10; East Bay POTY 10

## David Moffitt

(known by nickname D.J.)  
Football Linebacker  
(UNLV); East Bay Cream of the Crop  
2012 #7

## Joey Moita

Wrestling 103/125/126lbs  
(Columbia Univ); NCS Champ 2010  
(103), 11 (125) & 12 (126); Fargo Jr.  
Greco Champ 09; Jr. Freestyle AA 09

## Vinny Moita

Wrestling 103/112lbs

# Contra Costa County

(Brown Univ); NCS Champ 2009 & 10; State Champ Greco-Roman & Freestyle; brother of Joey Moita, see above

(Vanderbilt Univ); All-Times 2007; All-Times 2007; played club soccer in college

Basketball Forward  
(Northwest Christian Univ); Chron Contra Costa/Tri-Valley POTY 2011

## Scott Molina

Track Triathlon  
Pro triathlete 82-92, 94-95; 104 pro titles; USA Champ 6 times; World's Toughest Triathlon Champ twice; Ultraman World's Champ; Hawaii Ironman Champ 88; Zofingen Duathlon Champ 91; won 104 races '80s & '90s; DLS HOF; husband of Erin Baker, pro triathlete with 107 wins

Baseball 2B  
(Laney JC & Marshall Univ); All-Times 2000

## Mark Panella

Baseball Pitcher  
(Diablo Valley JC & Univ of Denver); All-East Bay 85; DLS HOF

## Aran Nafisi

Rugby Center Wing  
(Univ of California); NCAA Champs 2008 & 10; College Premier Div West Conf Champs 11; College Premier National Champs 11

## Zach Payne

Basketball Forward  
(Diablo Valley JC & Whitworth College); Northwest Conf Champs 2012

## Carlos Monroy

Basketball Guard  
(Menlo College); Cal Pac Champs 2011

## Thomas Nelson

Water Polo Field  
(Princeton Univ); All-East Bay 2010; All NCS 2010; 1d PU steals 11 (38); NCAA All-Tournament 11 (1st PU player ever); 1d DLS goals 2010 (106), stls (97), blcks (31) & assts (35)

## Brandon Payton

Basketball Guard  
(UC Santa Barbara & Oregon St); EX All-Bay Area 96 & 97; All-Times 96; Cal-Hi All-State (junior) 96; Port Chinooks (IBL) 2005-06; Manawatu Jets (New Zealand) 07-08; DLSH rcd season ft pct 96 (94.3); brother of Gary Payton, see Skyline High (A)

## Nathaniel Montana

"Nate"  
Football Quarterback  
(Univ of Notre Dame, Pasadena JC, & Univ of Montana); Big Sky Co-Champs 2011; son of Joe Montana, NFL quarterback; brother of Nick Montana, Univ of Washington football player

## George Nessman

Basketball Coach  
(San Francisco St); Head Coach De La Salle High 84-93 (155-48); Porterville JC 93-01 (180-76), Bakersfield JC 02-03 (24-32), San Jose St 05-13 (86-161); NCS Div 1 Champs 93; JC State Champs 2000

## Aaron Pease

Wrestling 170lbs  
NCS Champ 2013

## Howard Moore

Track LJ/400mtrs  
(Univ of Oregon); NCS Champ 96 (22-8), (47.73); DLSH rcd 96 (47.58)

## Dan Pease

Wrestling 132lbs  
(Menlo College); NCS Champ 2002

## Nick Moresi

Baseball Outfielder  
(Fresno St); Louisville Slugger Freshman AA 2004; All-WAC 05; played minor league baseball; NY-Penn Lg-Stedler Div Champs 06

## Zack Nichelman

Lacrosse Longstick  
(Bryant Univ); All-East Bay 2009; sister Ashley played sb Univ of Nevada-Reno

## Ryan Pegnim

Football Offensive Line  
(UC Davis); EX All-Metro 98

## David Morgan

Swimming Freestyle  
NCS Champ 2011 100 fs (45.20)

## Mike Nicholson

Football Defensive Tackle  
All-East Bay 89

## Rich Pelletier

Football Quarterback  
(Washington St & UOP); All-East Bay 82; East Bay Co-POTY 82; EX All-Bay Area 82; All-Nor Cal 82; East Bay Cream of the Crop 83 #5

## Saleem Muhammad

Football Running Back  
(Univ of California & Portland St); Cal-Hi All-State (underclass) 94; All-Times 96; All-East Bay 96

## Colin Niedermeyer

Volleyball MB/OH/IB  
(Santa Clara Univ); All-Times 2004-06; All-East Bay 06; brother of Ethan Niedermeyer, Portland Univ bk player & Megan Niedermeyer, UC San Diego bk player

## Chris Pereira

Lacrosse Midfield  
All-East Bay 2010; East Bay POTY 2010

## Sean Mullin

Lacrosse Attack  
(Bryant Univ); All-East Bay 2010; Father Chris Mullin, pro BK HOF

## David Ogburn

Football Offensive Line  
Chron All-Metro 2012; All-Times 2012; Cal-Hi All State 2012

## Dave Perez

Football Offensive Line  
All-East Bay 94; All-Times 94

## Chris Mulvanny

Football Defensive Line  
(Sacramento St, Diablo Valley JC & Univ of Oregon); All-Times 2002; also attnd Deer Valley High (CC)

## Jamize Olawale

Football Running Back  
(El Camino JC & NorthTexas St); Oak Raiders 2012; graduated Long Beach Poly (SoCal)

## Derek Noah Perio

"Noah" (known by middle name)  
FB/Baseball DB/Shortstop  
All-East Bay 2008 (fb); Chron All-Metro 2008 (fb); All-East Bay 09 (bb); played minor league baseball; Gulf Coast Lg-East Div Champs 09

## Brian Murphy

Soccer Defender

## Pat Oswalt

Football Defensive Line  
All-East Bay 82; All-Nor Cal 82

## Connor Peters

Football Tight End  
(Laney JC & Boise St); Mountain West Co-Champs 2012; MAACO Las Vegas Bowl Champs 2012

## Travis Pacos

# Contra Costa County

## Travis Pfeifer

Football                      Offensive Line  
(Stanford Univ); All-East Bay 95  
& 96; All-Times 95 & 96; EX  
All-Metro 96; Cal-Hi All-State  
96; East Bay Cream of the Crop 97 #2

## Nick Pica

Wrestling                      189lbs  
(Iowa Central CC); NCS Champ 2006  
(freshman) & 07; also NCS & State  
Champ 09 at Concord High (CC)

## Wilberto Pica

“Tito”  
Wrestling                      162/171lbs  
(Univ of Northern Colorado); NCS  
Champ 2005 (freshman), 07 & 08;  
brother of Nick Pica, see above

## Antione Pickett

Football                      Defensive Back  
(Sacramento St); All-East Bay 2010

## Elliot Pitts

Basketball                      Guard  
(Univ of Arizona); All-East Bay 2013

## Aaron Ponce

Football                      Defensive Line  
Cal-Hi All-State (sophomore) 93;  
EX All-Metro 94 & 95; All-East  
Bay 95; All-Times 94 & 95

## Mike Ponce

Football                      Center  
All-Times 96; EX All-Metro 96

## Robert Portis

Football                      Utility  
(Univ of Colorado); All-East Bay  
93; All-Times 93; East Bay Cream  
of the Crop 94 #18; North-South  
Prep All-Star Gm 94

## Gerald Price

Baseball                      Infielder  
(Diablo Valley JC & USC); All-East  
Bay 75; State JC Champs 77; PAC-8  
Champs 78; NCAA Champs 78;  
drafted Det Tigers (Jan) 1st rd draft  
pick (25th overall), Atl Braves 76  
(June) 1st rd (1st overall), Atl Braves  
1st rd (14th overall) 77; DLS HOF;  
DVC HOF

## Greg Price

Football                      Offensive Tackle  
All-East Bay 90

## Chris Prieto

Track                              440yds  
(UC Irvine); NCS Champ 80 (47.6) &  
81 (47.9); DLSH rcd 80 (47.30); DLS  
HOF

## Mike Prindiville

Track/CC                      3200mtrs

(Stanford Univ); NCS Champ 92  
(9:23.85); NCS Div Champ 92  
(16:43); DLS rcd 800mtrs (1:53.18)

## Tom Prindiville

CC/Track                      1600mtrs  
(Univ of Arizona); NCS Div 2 CC  
Champ 94 (16:34) & 95 (15:35)  
DLSH rcs 97 (1:53.18)

## Craig Pruski

Football                      Defensive Back  
All-Nor Cal 87

## Tillman Pugh

Baseball                      Outfielder  
(Arizona St., Gateway JC & Sonoma  
St); CCAA Champs 2008; played  
minor league baseball; also atnd  
Bishop O'Dowd & Skyline Highs  
(A)

## Kirk Pulver

Football                      Guard  
(St. Mary's College); All-East Bay  
87; All-Nor Cal 87; Head Coach  
rugby De La Salle High

## Brian Pytlewski

Golf  
(Loyola Marymount Univ); NCS  
Champ 90 (71)

## Joe Ramirez

Wrestling                      112/120lbs  
NCS Champ 2011 (112) & 12 (120)

## Rudy Ramirez

Wrestling                      112lbs  
NCS Champ 2003

## Scott Rasmussen

Football                      Defensive Line  
(Univ of Colorado); East Bay  
Cream of the Crop 84 #7

## Taylor Reid

Baseball                      Pitcher  
(St. Mary's College); Member Jr.  
Olympics National Champs 2006;  
All-East Bay 07

## Blake Renaud

Football                      Linebacker  
(Boise St); Cal-Hi All-State  
(sophomore) 2008; All-East Bay  
09 & 10; East Bay DPOTY 09;  
Chron All-Metro 09 & 10;  
MaxPreps Div 1 All-State 09 & 10;  
Cal-Hi All-State 10; East Bay  
Cream of the Crop 11 #5;  
MAACO Bowl Champs 11 & 12;  
Mountain West Co-Champs 12

## Nick Richards

Lacrosse                      Midfield  
(Univ of Pennsylvania); All-East  
Bay 2009; Prep AA 2009

## Jason Ricks

Basketball                      Center  
(UC Riverside); EX All Bay Area  
86; All-East Bay 86; All-Nor Cal  
86; DLSH ldr season pts avg 86  
(17.0)

## Jose Rivera

Basketball                      Guard  
(Citrus JC & UOP); JC All-State  
2010; CJC ldr season 2010 3pt fg  
(80)

## Theodis Robertson III

“Theo”  
Basketball                      Forward  
(Univ of California); All-Times  
05; Cal-Hi Div 1 All-State 05;  
Pac-10 Champs 10; UC MVP 10;  
DLS rcd season 2004 3pt fg pct  
(51.0), fg pct 2004 (68.0-tie); UC ldr  
season 07 steals (27)

## Jesse Rodriguez

Football                      DL/OL  
(Cornell Univ); Cal-Hi All-State  
(sophomore) 96; Cal-Hi All-State  
(underclass) 97; EX All-Metro 97  
(dl) & 98 (dl); All-East Bay 97 (dl)  
& 98 (dl); All-Times 97 (dl) & 98  
(ol)

## Rudy Rodriguez

Wrestling                      121lbs  
NCS Champ 2004

## Steven Rodriguez

Water Polo                      Field  
(Univ of Arizona); All-East Bay/North  
Bay 2008; Southwest Conf Champs  
09

## Kyle Roemer

Basketball                      Forward  
(Colgate Univ); All-Times 2004;  
Times POTY 2004; Chron Metro  
Contra Costa POTY 2004; Cal-Hi  
Div 1 All-State 2004; Patriot Lg  
ROTY 06; DLS ldr career reb (NR);  
DLSH rcd season fg pct DLSH ldr  
season 2004 pts avg (68.0-tie);  
(17.3), reb avg (7.2); Patriot Lg ldr  
3 pt pct 06 (.453)

## Paul Roemer

Basketball                      Guard  
(UC Santa Barbara); Big West  
Co-Champs 2010; brother of Kyle  
Roemer, see above; son of John  
Roemer Head Coach wp DVC &  
DVC HOF

## Albert Rosette Jr

Football                      Linebacker  
(Univ of Nevada-Reno); All-Times  
2006; Times DPOTY 2006; All-  
East Bay 2006; Chron All-Metro  
2006; WAC Co-Champs 10; Fight  
Hunger Bowl Champs 11; son of

# Contra Costa County

Albert Rosette, Moreau High (A), Chabot JC & Univ of Nevada-Reno fb player; nephew of John Rosette, Moreau High (A), Chabot JC & Oregon St fb player

see St. Mary's High (A)

Nick Seithel  
Soccer Defender  
(St. Mary's College); All-Times 2005

Graz (Austria) 09; DLSH rcd season reb 2002 (319); DLSH ldr season 02 pts avg (20.7); SWAC ldr avg (19.4) 05; SLCJC rcd season pts (318); career ldr pts (561), ft gm (13)

Derek Sagehorn  
Rugby Prop/Hooker  
(Univ of California); NCAA Champs 2008 & 10; College Premier Div West Conf Champs 11; College Premier National Champs 11

Kevin Selby  
Cross Country Coach  
(Chico St); Head Coach cc & track De La Salle High; head Coach track Carondelet High (CC); Times COTY track 2004

Brandon Smith  
Basketball Guard  
(Univ of California); Cal-Hi All-State 2007 (sophomores); All-East Bay 09; Cal-Hi All-State 09; Pac-10 Champs 10; DLSH rcd career 2006-09 asst (543); DLSH ldr gm stls (9)

Erik Sandie  
Football Offensive Line  
(Colorado St); All-Times 2002; All-East Bay 2002; Chron All-Metro 2002

Jeremy Seven  
CC/Track 3200mtrs  
NCS Div 3 CC Champ 89 (15:51); NCS Champ 90 (9:10.5); DLSH rcd 90 (9:07.8)

Brent Smith  
Basketball Guard  
(Diablo Valley JC & Univ of Montana); JC All-State 95; Big Sky Newcomer 96; Big Sky Champs 97; DVC HOF

Rob Sandie  
Wrestling 277lbs  
(Lehigh Univ); NCS Champ 2000; played fb in college; brother of Erik Sandie, see above

Luke Sheridan  
Wrestling 160/171/189lbs  
(Univ of Indiana); NCS Champ 2009-11; East Bay WOTY 10; Member Youth Olympic Gms Greco Roman Team 10, Jr Youth Greco Champ 10; Fila Cadet Pan-American Champ 10;

Cole Smith  
Football Center  
(U. S. Naval Academy); Emerald Bowl Champs 2004

Kevin Santiago  
Baseball DH  
(Chabot JC & Univ of Miami); JC All-State 2007; CJC ldr season 2007 hr (13-tie)

Tyler Sheridan  
Wrestling 145/152lbs  
(Columbia Univ); NCS Champ 2008 & 09; FILA Jr. Nationals Greco Roman Champ 10; brother of Luke Sheridan, see above

Patrick Smith  
Football Defensive Back  
(Solano JC & Univ of Miami); All-East Bay 2004

Chris Schlatter  
Basketball Forward  
(St. Mary's College & Washington St); All-Times 2000; EX All-Metro 2000; Mega Basket Belgrade (Serbia) 10; Shiga Lakestars 10-11 (Japan); SMC ldr 3pt pct 01 (.350)

Curtis Siegfried  
Wrestling 160lbs  
NCS Champ 2011

Ryan Smith  
Wrestling 135lbs  
NCS Champ 2009

Nick Schnabel  
Baseball Infielder  
(Ohlone JC & East Carolina Univ); All-Times 96; All-Colonial Athletic Assoc & DPOTY 99; Colonial Athletic Assoc Champs 99 & 2000; played minor league baseball

Luke Simeona  
Football Offensive Line  
All-East Bay 2010

Laki Sotiropoulos  
Lacrosse Long Stick/MF  
(Syracuse Univ); Prep AA 2008

Marcus Schroeder  
Basketball Guard  
(Princeton Univ); Ivy Lg Champs 2010

Kevin Simon  
Football Linebacker  
(Univ of Tennessee); Cal-Hi All-State (sophomore) 98; Cal-Hi All-State (juniors) 99; All-Times 99 & 2000; Times POTY 2000; Chron All-Metro 2000; Chron POTY 2000; All-East Bay 2000; East Bay POTY 2000; Cal-Hi All-State 2000; Parade AA 2000; Rivals.com DPOTY 2000; East Bay Cream of the Crop 01 #1; U. S. Army Bowl 2000; Citrus Bowl Champs 01; Cal-Hi All-Decade FB 2000s; Dal Cowboys Scout; UT ldr tackles 03 (115)

Steve Sovik  
Football Linebacker  
(Santa Clara Univ); WFC Co-Champs 83; WFC Champs 85

Joe See  
Basketball Guard  
(Oregon State & UC Santa Barbara); Cal-Hi All-State (sophomore) 99; All-Times 2000 & 01; EX All-Metro 2000; Chron All-Metro 01; Chron Contra Costa POTY 01; ANG Best of Best 2000 & 01; Cal-Hi All-State (junior) 2000; Cal-Hi Div 1 All-State 2000 & 01; DLSH rcd career 98-01 pts (1,650), fg pct (50.3), 3pt fg pct (41.2); OS ldr 3pt goals 02 (43); UCSB ldr 3pt goals 04 (44), 05 (43), 06 (44); nephew of Bob See, see Del Valle High (CC); grandson of Bob See,

Rekalin Sims  
Basketball Center  
(Maine Central Institute, Salt Lake City JC, Univ of Kentucky & Fresno St); All-Times 2002; Times POTY 2002; Chron Contra Costa POTY 2002; JC All-Region 05; JC AA 05; SWAC POTY 05; UBSC

Nate Spangler  
Wrestling 135lbs  
(Lehigh Univ); NCS Champ 2006

Andy Steen  
Baseball Infielder  
(Diablo Valley JC, Univ of California & Chico St); All-East Bay 97; All-Times 97; JC AA 2000; son of Rick Steen, see Skyline High (OAL)

Bernie Stenson  
Swm/WP Free/IM/Butterfly  
(UCLA); NCS Champ 69 200 fs (1:45.8); 70 200 IM (2:00.2); 69 100 bf (52.8) & 70 (53.7); NCAA Champs 72 (wp); Head Coach USCB 84; Big West Champs 84; DLS HOF

Alex Stroud  
Football Wide Receiver

# Contra Costa County

(Univ of Illinois & Univ of California); East Bay Cream of the Crop 2004 #15

## Mike Struempf

Water Polo  
(Diablo Valley JC & UC Davis); JC AA 2005 & 06; brother of Chris Struempf, college bb player, & Mary Struempf, see Carondelet High (CC)

## Clayton Tanner

Baseball Pitcher  
All-Times 2006; All-East Bay 2006; Cal-Hi All-State 06; played minor league baseball; Northwest Lg-West Div Champs 06; South Atlantic Lg-South Div Champs 07; Calif Lg-North Div Champs 08-09

## Aaron Taylor

Football Offensive Tackle  
(Univ of Notre Dame); All-East Bay 89; EX All-Bay Area 89; Cal-Hi All-State 89; Prep AA 89; USA Today AA 89; East Bay Cream of the Crop 90 #1; College AA 93; Lombardi Award 93; GB Packers 95-97, SD Chargers 98-2001; Super Bowl Champs 97; NFC Champs 98; 1st rd pick 94; ESPN & CBS Analyst; Times All-Time Contra Costa FB Team 94; Cal-Hi All-Decade FB 80s; DLS HOF

## Chad Taylor

Soccer/WP Defender/GK  
(Stanford Univ); All-Times 2000 (soc); Jr Olympics AA 2000 (wp); NCAA Champs 2002 (wp)

## Robert Thayer

Football Offensive Line  
(Univ of Nevada-Reno); East Bay Cream of the Crop 97 #20

## Ryan Thomas

Golf  
(Purdue Univ); NCS Champ 2006 (69); Times GOTY 2006

## Brad Thompson

Football Offensive Tackle  
(Univ of California); All-East Bay 86 & 87; All-Nor Cal 87; EX All-Bay Area 87; East Bay Cream of the Crop 88 #10

## Amani Toomer

Football Wide Receiver  
(Univ of Michigan); All-East Bay 90 & 91; EX All-Metro 90 & 91; EX East Bay & Metro POTY 91; All-Times 91; All-Nor Cal 90 & 91; Cal-Hi All-State (underclass) 90; Cal-Hi All-State 91; USA Today AA 91; Cal-Hi State POTY 91; Gatorade State POTY 91; East Bay Cream of

the Crop 92 #1; North-South Prep All-Star Gm 92; All-Big-10 94; East-West Shrine Gm 96; NY Giants 96-08; NFC Champs 2000 & 07; Super Bowl Champs 08; NY Giants ldr season recep 02 (84), career recep (NR), recep yds (NR), td recep (52); Times All-Time Contra Costa FB Team 94; Cal-Hi All-Decade FB 90s; DLS HOF; also attnd Albany High (A)

## Todd Travis

Volleyball Outside Hitter  
(Santa Monica JC & UC Santa Barbara); All-Times 2007; MPSF Champs 11

## Sean Troche

Football Center  
All-East Bay 88; All-Nor Cal 88; North-South Prep All-Star Gm 89

## Jonathan Tucker

Football Defensive Back  
(Univ of Florida); All-East Bay 99 & 2000; All-Times 2000; played bb in college; UF ldr trpls 03 (4); played minor league baseball (inf); Eastern Lg-South Div Champs 08

## Mawuko Tugbenyoh

Football LB/DE  
(Univ of California); EX All-Metro 95; All-East Bay 95; All-Times 95; East Bay Cream of the Crop 96 #9; Scot Claymores 02, Amsterdam Admirals 03 (NFLE); BC Lions 04, Mon Alouettes 05 (CFL); cousin of NFL player Earl Campbell

## Josh Utter

Baseball 1B  
(Wayland Baptist Univ); All-Times 97

## Stephen Valenzuela

Football Offensive Line  
All-Times 2006

## John Vanderklugt

Football Offensive Line  
(Santa Clara Univ); WFC Co-Champs 83; WFC Champs 85

## James Van Wyck

(Univ of Washington)  
Track Pole Vault  
NCS Champ 2011 (14-6); brother Robb, XC runner St Mary's College

## Tony Vasta

Football Offensive Line  
All-Times 2005; Times POTY 2005; All-East Bay 2005; Chron All-Metro 2005; Chron Contra Costa/Tri Valley POTY 2005

## Antonio Vernon

Football Running Back  
All-Nor Cal 85

## Mark Viera

Track/BK High Jump  
(St. Mary's College); 3rd State Meet 70 (6-7); All-East Bay 71; EX All-East Bay 71; North-South All-State Bk Gm 71; DLSH rcd 71 (6-8); missed 12 gms 70 with broken leg; DLSH rcd career pts 69-71 (1,056); DLSH ldr season pts avg 71 (23.3), reb (357); SMC ldr season pts 73 (398)

## Xavier Vigney

Football Defensive Line  
East Bay Cream of the Crop 2008 #11; Pro Kickboxer

## Dan Vinson

Lacrosse Midfielder  
(Georgetown Univ); Prep AA 2003 & 04

## Pepe Vitale

Football Running Back  
Chron All-Metro 2012; All-Times 2012; DLS rcd season yds 12 (2,102)

## Brian Voltattorni

Soccer MF/Coach  
(St. Mary's College); Times POTY 98; Head Coach De La Salle High; East Bay COTY 2003 & 09; NCS Div 1 Champs 03, 05, 09-11; Director Diablo Futbol Club; only person to win Times POTY & COTY

## Anthony Vontoure

Football Defensive Back  
(Univ of Washington & Portland St); All-Times 96; All-East Bay 96; Cal-Hi All-State 96; East Bay Cream of the Crop 97 #4; Pac-10 Champs 2000; Rose Bowl Champs 01; died suddenly 02 at age 22

## Chris Vontoure

Football Defensive Back  
Cal-Hi All-State (underclass) 92; drowned accidentally 93 at age 18; De La Salle High annual basketball tournament named in his honor

## Mike Vontoure

Track/BK 200mtrs/Guard  
(Diablo Valley JC & St. Mary's College); NCS Champ 86 (22.50); WCC Champs 89; SMC ldr season pts 90 (328), ft pct (.725), assts (137), steals (40); DLS HOF; brother of Anthony & Chris Vontoure, see above

## Dino Waldren

Football Offensive Line  
(Saint Francis Univ); All-East Bay 2009

# Contra Costa County

## Justin Walker

FB/Wrestling OL/195lbs  
(Cal Poly-SLO); All-East Bay  
2011; NCS Champ 12 (195)

## Kevin Walker

Football Defensive Back  
(UCLA); All-East Bay 90; EX  
All-Metro 90; All-Nor Cal 90

## William Walker

Wrestling 215lbs  
(Cal Poly-SLO); NCS Champ 2011

## Chris Walsh

Baseball Catcher  
(UC Davis); All-East Bay 89;  
All-NCAC 94; NCAC Champs94

## Nick Walsh

Baseball 2B  
(Arizona St); All-Times 98; Cal-Hi  
All-State 98 (underclass); All-East  
Bay 99 & 2000; played minor  
league baseball; Gulf Coast Lg-North  
Div Champs 04; South Atlantic  
Lg-South Div Champs 05

## Patrick Walsh

FB/Baseball Running Back/2B  
(San Jose St & Univ of Texas); EX  
All-Metro 92 (fb); EX All-East Bay  
& Metro POTY 92; All-East Bay 92  
(fb); All-East Bay POTY 92; All-  
Times 92 (fb); Times POTY 92;  
Cal-Hi All-State 92 (fb); All-Times 93  
(bb); East Bay Cream of the Crop  
(fb) 93 #19; North-South Prep  
All-Star Gm 93; State ldr pts 92 (230),  
td (38); Head Coach fb Serra High  
(SM) 2001-; owner Next Level FB  
Camps; DLS ldr career yds rushing;  
SJS ldr season 95 BAvG (.283-tie),  
96 (.379), hits 95 (60), 96 (85), hr  
95 (3-tie), rbi 95 (31); DLS HOF;  
brother of Chris & Nick Walsh, see  
above

## Scott Walsh

Football Offensive Line  
(Univ of California); All-East Bay  
2010

## Bo Walter

Baseball Outfielder  
(San Mateo JC & Cal Poly-SLO);  
All-East Bay 2010; brother Donald bb  
player Cal Poly-SLO; father Richard  
bb & bk player Montana St.

## T.J. Ward

"Boss Ward"  
Football Defensive Back  
(Univ of Oregon); Pac-10 Champs  
2009; Clev Browns 10-12; cousin of  
Maurice Jones-Drew, see above

## Terron Ward

Football Running Back  
(Oregon St); All-East Bay 2009;  
East Bay POTY 2009; Chron  
All-Metro 2009; Chron Metro POTY  
& Contra Costa/Tri-Valley POTY  
2009; Cal-Hi All-State 2009;  
MaxPreps Div 1 All-State 2009;  
MaxPreps State Div 1 POTY 2009;  
Bay Area News Group Male AOTY  
10; East Bay Cream of the Crop 10  
#20; DLS red season yds 10 (2,050);  
brother of T.J. Ward, see above

## Joe Wasco

Football Defensive Line  
EX All-Metro 93; All-East Bay 93

## Dustin Watson

Rugby Center  
(Univ of California); NCAA  
Champs 2006-08, brother of Lucas  
Watson, see Northgate High (CC)

## Andrew Welsh

Football Offensive Line  
(Univ of Colorado); East Bay  
Cream of the Crop 93 #4

## Brad Whalen

BB/Football Linebacker  
(Santa Clara Univ); Little League  
Western Region Champs 78;  
All-East Bay 83 (fb); East Bay Cream  
of the Crop (fb) 84 #20; WFC  
Champs 85

## Chase Wheeler

Track Long Jump  
(Univ of California); NCS Champ  
2009 (23-11 3/4); State Champ  
2009 (25-2 1/4); DLS red 200mtrs 09  
(21.74), lj (25-2 1/4)

## Andrew White

Football Defensive Back  
(CCSF); JC State Champs 2011

## Bruce White

Football Linebacker  
(Diablo Valley JC & Lindenwood  
Univ); Heart of America Conf  
Champs 2009

## Sean Wilhelmy

FB/Rugby OL/Flanker/8  
(Univ of California); All-East Bay  
2003; Chron All-Metro 2003;  
played rugby in college; NCAA  
Champs 05-08

## Anthony Williams

Football Utility/WR  
All-East Bay 2011 (ut); Chron  
All-Metro 2011 (wr); BANG Cream  
of the Crop 12 #14

## Brian Williams

Football Defensive Line

(Diablo Valley JC & Lindenwood  
College); All-Times 2004

## Demetrius Williams

"Spider Man"  
Football WR/DB  
(Univ of Oregon); All-Times 99 &  
2000; All-East Bay 2000; Chron  
All-Metro 2000; East Bay Cream  
of the Crop 01 #4; Pac-10 Co-  
Champs 2000; Holiday Bowl Champs  
2000; Pac-10 Champs 01; Balt  
Ravens 06-09; Clev Browns 10; Sac  
Mountain Lions 12 (UFL)

## Devin Williams

Football Defensive Back  
(Duquesne Univ); All-East Bay  
2010; Northeast Conf Co-Champs  
11

## Genos Derwin Williams Jr

"D. J."  
FB/Track LB/RB/Sprints  
(Univ of Miami); Cal-Hi All-State  
(sophomore) 97; Cal-Hi State Soph  
of the Year 97; Cal-Hi All-State  
(underclass) 98; Cal-Hi State  
Junior of the Year 98; EX All-Metro  
98 & 99; EX POTY 99; All-Times  
97-99 (both ways); Times POTY  
99; East Bay OPOTY & DPOTY 99;  
Cal-Hi All-State 98 & 99; Cal-Hi  
POTY 99; USA Today AA 99; USA  
Today DPOTY 99; Gatorade State &  
National POTY 99; Parade AA 99;  
Times AOTY 2000; State Div 1  
AOTY 2000; State AOTY 2000; East  
Bay Cream of the Crop 2000 #1;  
Den Broncos 04-13; Big East Champs  
01-03; NCAA Div 1 Champs 01;  
Rose Bowl Champs 01; Orange Bowl  
Champs 04; 264yds & 7 td vs  
Ygnacio Valley High 99; DLS ldr  
career tds 97-99 (81), gm (7), tackles  
for loss (92); 1st Bronco rookie team  
ldr tackles 04 (114); Cal-Hi  
All-Decade FB 90s; Cal-Hi Decade  
POTY; brother of Worrell Williams,  
Cal fb player

## Blair Wishom

Football Defensive Back  
(CCSF); All-East Bay 2008; JC  
State Champs 11; JC AA 11; JC  
Region 1 All-State 11

## Lonnie Wishom

Football Defensive Back  
(Weber St); Big Sky Co-Champs  
2008; brother of Blair Wishom,  
see above

## Chris Wondolowski

"Wondo"  
BB/Soccer/Track 2B/Forward



# Contra Costa County

(Chico St); Pony BB Lg World Champs 97; All-Times 2000-01; Times POTY 01; All-CCAA 01-04; NSCAA Div 2 All-Far West 03; CCAA Co-Champs 03; SJ Earthquakes 05, 09-, Hou Dynamos 06-08; MLS Champs 06, 10; MLS All Star Gm 12; scored MLS 7,000th goal 09; MLS All-Star 10-13; MLS Golden Boot Award 10 (ldr goals,18); 12 (27-tie MLS rcd); Member National Team 11 & 12; MLS rcd gm-winning goals (9-tie); All MLS XI Team 12; MLS MVP 12; offered track scholarship to UCLA (pr 800mtrs 1:47; 1600mtrs 4:15)

## Steven Wondolowski

Soccer Midfielder (UC Santa Cruz); All-Times 2003; All-Independent 2003; Independent OPOTY 2003; Hou Dynamos 07-09; UCSC ldr 2003 goals (17), pts (34); brother of Chris Wondolowski, see above

## Dylan Wynn

Football DL/OL (Oregon St); All-East Bay 2008 (dl) & 09 (both ways); Chron All-Metro 2008-10 (dl); MaxPreps Div 1 All-State 2008 (dl); Cal-Hi All-State (sophomore) 2008 (dl); Cal-Hi All-State 10; MaxPreps Div 1 All-State 10; East Bay AOTY 11; East Bay Cream of the Crop 11 #4; OS rcd season fumbles recvrd 11 (5)

## Jake Yount

Golf (Univ of San Diego); Times GOTY 2005; WCC Champ 08 (218-sudden death); WCC GOTY 08; Canadian Tour 09-10

## Mike Zocchi

Football Guard (Cal St Hayward); All-East Bay 81; All-Nor Cal 81

## Brandon Zoetewey

Wrestling 101/141/121lbs (Cal St Bakersfield); National Jr. Greco-Roman Champ 2003; NCS Champ 04 & 05

## Del Valle High Trojans Walnut Creek (estab. 1959; closed 1979)

## Rod Coldwell

Football Punter All-East Bay 77

## Patty Gavin

Swimming Back/Butterfly (Stanford Univ); NCS Champ 78 100 bs (1:01.23); NCAA Champs

83 (Stanford's 1st NCAA women's title); Stanford rcd 83 200 bf (1:59.14); U. S. Olympic Festival rcd 400IM (4:53.45) 61

## Dave Giacomini

Wrestling 130lbs NCS Champ 77

## Rob Giacomini

Wrestling 115/123lbs NCS Champ 72 & 73

## Steve Herzog

Swimming Freestyle NCS Champ 75 50 fs (21.6)

## Helene Koniweck

Softball Infielder All-East Bay 76

## Sara Linke

Swimming Freestyle (Florida St); NCS Champ 78 500 fs (5:02.62), 79 (4:53.89); National AAU Champ 82 200 fs (2:01.25); Silver Medalist Pan American Gms 87 100 fs (NR), Bronze Medalist Pan American Gms 87 200 fs (NR); also NCS Champ at Acalanes High (CC) 79

## Lee Noble

Wrestling 136/141lbs NCS Champ 75 & 76

## Jeri Nuzum

Softball Catcher All-East Bay 76

## Bill O'Toole

FB/BB/BK/Track Back/Sprints East Bay AOTY 63

## Pete Padgett

Basketball Center (Univ of Nevada-Reno); All-East Bay 72; All-WCAC 74 & 75; played baseball in college; drafted by both NBA & MLBB; Head Coach Carson High 81-95, Reno High 96-2000, 02-; twice Nevada 4A COTY; WCAC ldr seasons 73-75; DVH rcd pts gm 72 (40), career 70-72 (1,127), rec (908); UNR ldr career reb (1,464); UNR HOF; son of Jim Padgett, Head Coach bk San Jose JC, Univ of California & Univ of Nevada-Reno; father of Dave Padgett, Univ of Nevada-Reno & Univ of Louisville bk player

## Fred Richardson

Wrestling 133lbs Nor Cal Champ 66

## Bill Ross

Football Guard

EX All-Bay Area 70; All-East Bay 70

## Larry Shofe

Swimming Freestyle (Univ of California); NCS Champ 70 200 fs (1:49.0), 400 fs (3:54.9) & 71 (3:51.15); Head Coach women Old Dominion Univ 77-81, UCSB men 82-88, Episcopal High & Amberjax Swim Club, Jacksonville, FL., 82-88, Bolles School, FL, 98-2002; Pilot Aquatic Club, Knoxville, TN 08; committed suicide 08

## Schofield

Wrestling 168lbs Nor Cal Champ 64

## Bob See

Track 880yds NCS Champ 70 (1:55.5); son of Bob See, see St. Mary's High (A); father of Joe See, see De La Salle High (CC)

## Kathy Tronvig

Softball Pitcher All-East Bay 76; East Bay POTY 76

## Dougherty Valley High Wildcats San Ramon (estab. 2007)

## Stephanie Amack

Soccer Midfielder (Stanford Univ); All-East Bay 2011; Member National U-21 team 12; sister of Brady Amack, see De La Salle High (CC)

## Rayven Brooks

Basketball Guard (Jefferson College); All-East Bay 2010 & 11; Cal-Hi Div 2 All-State 11; DVH ldr season 2010 pts avg (13.7), reb (6.7), 11 pts avg (15.4), reb avg (5.8)

## El Cerrito High Gauchos El Cerrito (estab. 1941)

## Jalil Abdul-Latif

Basketball Forward All-Times 95

## Dennis Abel

"Denny" Baseball OF/Coach (San Francisco St); All-Far West Conf 69 & 70; All-District 7 70; Head Coach bk Ells High (CC) 75-81 & bb 82-84, Head Coach bb

# Contra Costa County

El Cerrito High (CC) 86-2000 (overall bb rcd 247-118); NCS 3A Champs 90; Head Coach (North) North-South All Star Series 98; brother of Rich Abel, head coach bk Richmond High (CC); El Cerrito Athletic HOF

## Carlos Addison

Basketball Forward  
(Alameda JC & Univ of California); All-East Bay 75; All-Nor Cal 75

## Bill Anderson

Football/Track  
El Cerrito Athletic HOF

## Bud Backman

FB/BK  
El Cerrito Athletic HOF; All-ACAL 55 (bk)

## Donald Barrett

Track 120HH/330ydLH  
NCS Champ 78 (14.3), (37.3)

## Nat Bates

BB/BK  
(Contra Costa JC); El Cerrito Athletic HOF; Richmond City Council 7 terms, Richmond Mayor two terms; longest serving City Councilman in city history

## Eurell Bell

Track High Jump  
(Univ of California); NCS Champ 57 (6-3)

## Jerry Bell

Football Tight End  
(Arizona St); TB Buccaneers 82-86

## Sam Bernstine

Baseball Infielder  
(Contra Costa JC & Cal St Hayward); All-East Bay 88; played fb in jc

## Jack Binkley

FB/Trck Shot Put  
El Cerrito Athletic HOF; All-ACAL 50

## Grover Blackshear

Baseball  
El Cerrito Athletic HOF; All-ACAL 52 & 53

## James Bloomer

Track 1600mtrs  
(CCSF); NCS Champ 83 (4:19.4); ran 3000mtrs steeplechase in jc

## Charles Booth

Track BJ/100/220yds  
(West Contra Costa JC); NCS Champ 61 (23-4) & 62 (23-5 3/4), (9.8), (21.2); East Bay Prep Writers

AOTY 62; prep pr 62 (24-2); State JC Champ 63 (25-2)

## Tom Bradfield

Boxing 118lbs  
(Univ of California); California Collegiate Conference Champ 75

## Ernie Broglio

Baseball Pitcher  
PCL Oakl Oaks 53-55, Phx Giants 58; PCL Champs 58; Calif Lg Champs 54; Tx Lg Champs 57; StL Cardinals 59-64, Chi Cubs 64-66 (77-74); NL ldr wins 60 (21); El Cerrito Athletic HOF

## Lawrence T. Brown

"Terry"  
Baseball Outfielder  
(USC); All-East Bay 83; All-Nor Cal 83; played minor league baseball; Carolina Lg-North Div Champs 88; Appalachian Lg ldr 87 hr (14), so (74)

## Paul Bryant

Baseball Catcher  
(Contra Costa JC); All-East Bay 80; All-Nor Cal 80

## Kyle Bunthuwong

Gymnastics Parallel Bars  
(Univ of California); National Jr. Olympic Champ 4 times; Member National Team 09

## Mike Burns

Football Defensive Back  
(Contra Costa JC & USC); All-East Bay 71; Liberty Bowl Champs 75; Pac-8 Champs 76; Rose Bowl Champs 77; SF 49ers 77, Det Lions 78

## Sam Burns

"Sammie"  
Track 100/220yds  
(Contra Costa JC & Univ of California); NCS Champ 70 (9.7), (21.8); Head Coach Pinole Valley High (CC) 2009-; UC rcd 75 400mtr relay (39.11), 800mtr relay (1:22.5), 1600mtr relay (3:05.68); prep pr 70 (9.5), (21.5); El Cerrito Athletic HOF; brother of Mike Burns, see above

## Kenny Butler

Track 880yds  
NCS Champ 47 (2:01.5); 3rd State Meet 47 (NR); EHS rcd (1:59.8); El Cerrito Athletic HOF

## Michael Butler

Football Defensive Line  
All-Times 96

## El Cain

BK/BB

El Cerrito Athletic HOF; All-ACAL 62 (bk)

## Les Cain

"Sugar"  
Baseball Pitcher  
Det Tigers 68, 70-72 (23-19); no-hit gm (Southern Lg) 67; Awarded \$111-a-month for life by Michigan Bureau of Workmen's Compensation after claiming Det Tigers Mngr Billy Martin -- see Berkeley High (A) -- forced him to pitch with sore arm 71 (Tigers later settled for lump sum); El Cerrito Athletic HOF

## Derik Calhoun

Football Linebacker  
(USC); All-Times 2012; Chron All-Metro 2012; Cal Hi All State D3 2012; Under Armor All Star Gm 14

## Winters Calvin

"Willie"  
FB/BK/Baseball Pitcher  
(Contra Costa JC); All-ACAL 50 (bb); El Cerrito Athletic HOF

## Bill Campbell

BB/Trck 100/220/440  
(San Francisco St); FWC Champs 54 (track); Head Coach track 25 years Pinole Valley High (CC); El Cerrito Athletic HOF

## Don Canestro

Football Tackle  
All-East Bay 71

## Tim Cassell

Baseball Pitcher  
(Contra Costa JC & Sacramento JC); All-East Bay 79; All-Nor Cal 79; played minor league baseball

## Veronica Castillo

Judo 58/63kg  
National Jr. Olympic Champ 2002; National High School Champ 03; U. S. Open Jr. Cadet Champ 03; U. S. Jr. Open Champ 03

## Joe Charles

Track 880yds  
NCS Champ 51 (2:01.6)

## Herb Cloe

Trck/CC Mile  
ACAL Champ 56 (4:20)

## Rashaida Coleman

Track 100/200mtrs  
(San Francisco St); CCAA Champ 2003 (11.96); CCAA 400mtrs Relay Champs 04; SFS rcd 02 55 mtr indoor (NR); 04 (24.12)

## Jamaal Cotright

# Contra Costa County

Football Wide Receiver  
(Cal Poly-SLO); All-Times 95;  
played lb in college

## Al Courchesne

"Farmer Al"  
Track 440yds  
(Univ of California); NCS Champ  
61 (48.8); Pac-8 mile relay Champs  
62 (3:11.0)

## Mark Covert

Football Linebacker  
All-East Bay 78; All-Nor Cal 78

## Jamonte Cox

Football Defensive Back  
(San Jose St); All-Times 2001;  
Cal-Hi All State 2001 (medium  
schools); grandson of Travis  
Williams, see Ells High (CC)

## Shonetta Crain-Williams

"Net"  
Basketball Forward  
(San Francisco St, Chico St, Laney  
JC & Cal St Monterey Bay);  
All-Times 2005 & 06; CCAA Champs  
11; LJC ldr pts avg 10 (14.4)

## Byron Criddle

Track Triple Jump/LJ  
(Contra Costa JC & Univ of  
Houston); NCS Champ 79 (48-5w)  
& 80 (48-6), (22-10 1/4); 2nd State  
Meet 80 (50-4 3/4); State JC  
Champ 82 (54-3 1/4); ECH rcd 80  
(50-4 3/4); National JC rcd 83 (54-3  
1/4); UH rcd 83 indoor (53-11 1/2),  
outdoor (53-3 3/4); father of  
Domonique Criddle, track athlete, St.  
Gregory Univ

## Alex Da Silva

Track 1600mtrs  
NCS Champ 87 (4:15.79); dancer &  
choreographer "So You Think You  
Can Dance" tv show

## Marcel Davis

Basketball Forward  
(Monterey Peninsula JC & Utah  
St); Big West East Div Champ 98

## Jerry Deuker

Football Coach  
Head Coach Pinole Valley High  
(CC); NCS 4A Champs 78 & 79;  
State COTY 78; NCS Honor Coach  
81; Pinole Valley High fb field  
named in his honor

## Harvey Dougan

FB/BK/Baseball Shortstop  
All-ACAL 50 & 51 (bb); El Cerrito  
Athletic HOF

## Catherine Eames

"Katie"

Soccer Midfielder  
(U. S. Naval Academy); All-Times  
2000

## Jerry Ebert

Track 110ydHH  
3rd State Meet 46 (NR); first ECHS  
athlete at State Meet

## Mary Lou Elsenius

"Saunders" (married name)  
Swimming Back/Breaststroke  
Pan American Gms Champ 200  
breaststroke 55 (3:08.4); State  
Sophomore AOTY 55; State SOTY  
56; National AAU Champ 57 110  
bs (NR), 220 bs (NR)

## Denise Ervin

Track 100/200mtrs  
(Contra Costa JC); NCS Champ 84  
(12.17), (24.81) & 85 (12.47),  
(25.13)

## Bob Ewen

Basketball  
El Cerrito Athletic HOF; All-ACAL  
50; EHS MVP 50

## Bill Eyges

Trc/FB Pole Vault  
(Santa Rosa JC); NCS Champ 48  
(11-8 3/4-tie); 3rd-tie State Meet  
48 (11-6); EHS rcd 48 (12-1 1/2); El  
Cerrito Athletic HOF

## Scott Fausset

Football Center  
(Univ of Washington); All-East  
Bay 77; Pac-10 Champs 80 & 81;  
Rose Bowl Champs 82

## Dolores Felix

"Dolly"  
FHock/VB/Badminton  
(San Francisco St); Head Coach vb  
& badminton Kennedy High (CC),  
NCS Honor Coach badminton 84;  
SF State HOF; sister of Teresa  
Felix, Head Coach girls vb Hercules  
High (CC)

## Winston Ficklin

Baseball Infielder  
(Laney JC); All-East Bay 78 & 79;  
All-Nor Cal 78; played minor  
league baseball; El Cerrito Athletic  
HOF

## John Flavin

Baseball Pitcher  
(USC); Chi Cubs 64; did not play  
in brief stay at USC; El Cerrito  
Athletic HOF

## Henry Fort

Basketball Forward  
(San Francisco St); All-FWC 55;  
FWC Champs 54 & 55

## Bob Fraser

Trc/BK/FB/BK  
El Cerrito Athletic HOF; MVP-Cpt fb

## James French

Basketball Guard  
(Univ of Washington & Cal St  
Fullerton); All-East Bay 90; All-  
Nor Cal 90; ECH ldr season pts  
avg 90 (20.2); CSF ldr season assts  
94 (90), 95 (95), 3pt fg pct 94  
(.385)

## Doug Frost

Baseball Pitcher  
(Univ of California); All-Nor Cal 76

## Dawn Furseth

Tennis/SB  
(San Francisco St); El Cerrito Athletic  
HOF; undefeated prep career in  
RBAL; team MVP 82; #1 ranked  
player 84 SFST

## James Gaffield

Track 1600mtrs  
NCS Champ 82 (4:17.71)

## Mary Gaffield

Cross Country  
NCS Champ Div 4A 79 (NR);  
undefeated in prep lg four years; ECH  
red mile, 2 mile; El Cerrito Athletic  
HOF

## Thomas Gary

Football Linebacker  
All-Nor Cal 84

## Gerry Giarmita

Baseball  
(Contra Costa JC); All-ACAL 55,  
56 & 57; El Cerrito Athletic HOF

## Andrew Gooden

"Drew"  
"The Truth"  
Basketball Center  
(Univ of Kansas); Cal-Hi All-State  
(junior) 98; Cal-Hi Div 3 All-State  
99; Cal-Hi All-State 99; Times  
POTY 99; EX All-Metro 99; Parade  
AA 99; Big-10 Champs 2002;  
All-Big 12 2000 & 02; Big-12 POTY  
02; AA 02; National Co-POTY  
2002; Big-12 All-Defensive Team  
02; Pete Newell Big Man of the  
Year 02; 1st rd pick 02; Memphis  
Grizzlies 03, Orlando Magic 03-04;  
Clev Cavaliers 05-07, Chi Bulls  
08-09, Sac Kings 09, Dal Mavericks  
10, Wash Wizards 10; LA Clippers  
10, Mil Bucks 11-; NBA All-Rookie  
Team 03; NBA Community Assist  
Award 05; Big-12 ldr season 02 pts  
avg (19.8) & reb avg (11.4); KU ldr  
season 99 reb avg (7.40); son of  
Andrew Gooden, see Wilson High

# Contra Costa County

(SF); also atnd high school in  
Bloomington, IL

## Michael Gonzalez

Volleyball Outside Hitter  
(UOP); All-Times 2003 & 04; EC  
red gm digs (54), kills (35); son  
of Fred Gonzalez, Head Coach vb El  
Cerrito High

## Cornell Green

BK/Football Forward/DB  
(West Contra Costa JC & Utah St);  
All-Nor Cal (bk) 56 & 57; TOC  
All-Star 56 (bk); Chron All-Metro  
(bk) 57; EX All-Metro (bk) 57; Helms  
AA 60 (bk); All-Skyline Conf 60-  
62 (bk); Skyline Conf. MVP 62;  
Dal Cowboys 62-74; All-NFL 66  
& 67; All-Pro 71; NFL Champs  
69-71; Super Bowl VI Champs 72;  
ECH & Gridley prep bk Tourney  
red gm 46 pts; did not play fb in  
college; NFL Scout 30 years; Skyline  
Conf ldr pts 60 (330); US rcd career  
60-62 pts (1,890), pts avg (22.5), reb  
(1,067); US ldr season pts 60 (615),  
61 (530), 62 (745), pts avg 60 (21.2),  
61 (20.4), 62 (25.7), reb 62 (342), fg  
pct 60 (.489), 61 (.429), 62 (.478), ft  
pct 62 (.701), Utah St HOF; Utah St  
All-Century Bk Team; East Bay  
Prep HOF; El Cerrito Athletic HOF;  
Dal Cowboys 25th Anniversary  
Team; Oklahoma State Sports HOF

## Credell Green

"Incredible"  
Football Running Back  
(West Contra Costa JC & Univ of  
Washington); JC All-Nor Cal 54;  
ECH ldr season 52 rush yds  
(1,320), pts (114); UW ldr rush  
yds season 55 (652), long run from  
scrimmage 55 (50), stadium rcd yds  
rush gm 56 (258); El Cerrito Athletic  
HOF

## Elijah Green

"Pumpsie"  
Baseball 2B/Shortstop  
PCL SF Seals 57; Bos Red Sox  
59-62, NY Mets 63; PCL Champs 57;  
Head Coach bb Berkeley High (A)  
20+ years; 1st African-American  
to play for Bos Red Sox 59, last  
ML team to integrate after Jackie  
Robinson broke modern color line  
47; Wenatchee Chiefs ldr 54 gms  
(135-tie), trpls (9); Minn Millers  
ldr 58 runs (90), sb (8), walks  
(107), 58 sb (10); El Cerrito  
Athletic HOF

## Travis Green

Basketball Guard  
El Cerrito Athletic HOF; brother of  
Cornell, Credell & Elijah Green, see  
above

## Paris Greenwood

Football Defensive Back  
(Santa Clara Univ); WFC Co-Champs  
83; WFC Champs 85

## Bobby Griffin

Track 100/220yds  
(Contra Costa JC); State JC Champ  
71 (9.6), (21.2)

## Burl Grinols

Track Shot Put  
(Washington St); NCS Champ 53  
(56-8 5/8); played fb in college; EHS  
rcd discus 53 (140-0); WSU rcd 57  
(54-0 1/2); El Cerrito Athletic HOF

## Lou Guida

Football Guard/LB  
North-South Prep All-Star Gm 57;  
El Cerrito Athletic HOF

## Alan Gustavson

FB/BB/Swimming  
(Contra Costa JC & Chico St); El  
Cerrito Athletic HOF; All-ACAL 70  
(fb); All-ACAL 71 (bb); founder  
Kihei Little League in Hawaii

## Willie Hamilton

Football Running Back  
El Cerrito Athletic HOF

## Darrell Hampton

"Soup Bone"  
Track Head Coach  
Head Coach girls Skyline High &  
Berkeley High (A) 2000- ; Head  
Coach Acorn Track Club; OAL  
Champs 81; State Champs 81

## Jim Handy

BB/BK/FB  
El Cerrito Athletic HOF; All-ACAL  
56 (bb)

## Bill Hardin

Baseball Utility  
(Cal St Stanislaus); All-East Bay  
74; All-Nor Cal 74; Head Coach  
girls bk El Cerrito High; El Cerrito  
Athletic HOF

## Erika Hardwick

Basketball Center  
(Univ of Washington); EX All-Bay  
Area 88; All-Nor Cal 88; Pac-10  
Champs 91; UW ldr season stls  
93 (NR); ECH ldr 88 pts (19.6), reb  
(11.4); El Cerrito Athletic HOF

## Ron Harper

BK/Baseball Forward  
(Washington St); All-Nor Cal 77  
(bk); played minor league baseball  
(of); El Cerrito Athletic HOF

## Franco Harris

Basketball Guard  
(Diablo Valley JC & Boise St); JC  
All-State 2003; Lobos Grises de la  
UAD Durango 10 (Mexico)

## Jovan Harris

Basketball Guard  
(St. Mary's College, Contra Costa  
JC & USF); All-Times 98 & 99; EX  
All-Metro 99; Cal-Hi Div 3 All-  
State 99; did not play in jc; SJ  
Ballers 05, Tri-City Titans 06,  
Tri-Valley Titans 07 (Intl Bk Lg); IBL  
All-Star 05, 06; Bakersfield Jam  
08-09 (NBA D-Lg); Lobos UAD  
Mazatlan 10, Lobos Grises de la  
UAD Durango 10, Halcones Xalapa  
11 (Mexico); AAU AA 05 & 09;  
AAU MVP 09; AAU Champs 09  
(Gold Rush Pro-Am, SF); Member  
Mexico National Team 11; BM ldr  
pts avg 2001 (15.6), fg pct (.418),  
ft pct (.765), asst (62); IBL ldr pts  
avg 05 (35.3); TCB ldr pts 06  
(24.8), brother of Franco Harris,  
see above

## Kenny Harris

Baseball 3B  
(Univ of LaVerne); All-Nor Cal 78;  
played minor league baseball;  
South Atlantic Lg-South Div Champs  
83; South Atlantic Lg North Div  
Champs 84; El Cerrito Athletic  
HOF

## Phil Hart

"Bo"  
Basketball Forward  
(St. Mary's College); Chron All-  
Metro 58; Ex All-Metro 58; All-  
Nor Cal 58; ECH ldr season pts 58  
(530), pts avg (23.4); SMC ldr  
season 60 fg pct (.439); El Cerrito  
Athletic HOF

## Jalen Harvey

Football Wide Receiver  
(Univ of California); Cal-Hi All-State  
(underclass-sophomore) 2011; son of  
Jason Harvey, see Kennedy High  
(CC)

## Dale Hata

Judo 60kg  
(UC Davis); National Jr. Champ  
2003

## Stephanie Hata

Judo 48kg  
(UC Davis); Member National Pan  
American Jr. Team 2001 & 02;  
National High School Champ 02;  
U. S. Open Jr. Champ 03; sister of  
Dale Hata, see above

## Bill Hatzell

Baseball 3B

# Contra Costa County

(West Contra Costa JC & San Francisco St); State JC Champs 55; PONY league & high school umpire 70s-2000; Santa Clara Valley Federation of Umpires scholarship named in his honor

## Michelle Hawthorne

Track 110ydHH  
(Univ of California); NCS Champ 78 (13.9); UC red 100mtrsHH 79 (14.12), 400mtrsHH 79 (58.56)

## Gary Hayes

Football Defensive Back  
(Fresno St); All-PCAA 78 & 79; Edm Eskimos 81-83, BC Lions 84 (CFL); GB Packers 84-86; Grey Cup Champs 81-82; El Cerrito Athletic HOF

## John Haynes

Track Triple Jump  
(Univ of Hawaii & Contra Costa JC); NCS Champ 74 (47-6); prep pr 74 (48-1)

## Rebecca Hernandez

Soccer Midfielder/Fwd  
(Holy Names Univ); All-Cal Pac 2011; Cal Pac Co-Champs 2011

## Michael Hicks

Football Wide Receiver  
(Solano JC & Univ of Sioux Falls); All-Times 2006; Great Plains Conf Champs 2010; SJC ldr yds per catch 07 (19.7)

## Jamal Hill

Basketball Forward  
(SJCC & Arizona St); All-Times 2000; ANG Best of the Best 2000

## Mario Hollands

“Rio”  
Baseball Pitcher  
(UC Santa Barbara); All-East Bay 2006; Big West Freshman Pitcher of the Year 08; played minor league baseball; UCSB ldr ip 09 (89.1), 10 era (3.77), starts (14-tie), cg (3), ip (98-tie), walks (28), so (80), wp (5), balk (2-tie)

## Erik Howard

FB/Track OL/Shot Put  
(CCSF); All-Times 2004; NCS Champ 05 (57-7 3/4)

## Andy Hsu

Football Tackle  
All-East Bay 81; EX All-Bay Area 81

## Kurt Hunt

Baseball Catcher  
All-East Bay 90

## Cynthia Jackson

Basketball Guard  
(Oregon St); All-East Bay 85; All-Nor Cal 85; El Cerrito Athletic HOF

## Bob Johnson

Basketball Guard  
(San Francisco St); FWC Champs 54

## Parrish Johnson

Basketball Guard  
(Oregon St); All-East Bay 83; All-Nor Cal 83

## Bill Jones

Bk/BB/FB  
El Cerrito Athletic HOF; El Cerrito Mayor

## Rod Jones

Football Tight End  
(Univ of Washington); Orange Bowl Champs 85 (Jan); Freedom Bowl Champs 85 (Dec); All-Pac-10 86; KC Chiefs 87-88; Sea Seahawks 89

## Mac Jordan

FB/BK  
El Cerrito Athletic HOF

## Raymond King

“Circus”  
Basketball Guard  
(San Diego St & Univ of California); Cal-Hi State Freshman of the Year 92; All-East Bay 93 & 94; All-Times 93 & 94; EX All-Metro 94; WAC FOTY 95; Tege Riviera (Switzerland) 2003-04; Petrochimi (Iran) 05-07; ECH ldr season 94 asst avg (11); brother of Jeremiah “Carnival” King, El Cerrito High bk player

## Jack Kinnard

FB/Baseball  
All-ACAL 52 & 53 (bb); El Cerrito Athletic HOF

## Robert Kinnard

“Bobby”  
“Buster”  
BK/FB/Baseball Guard/OF  
All-ACAL 45 & 46 (bk), 46 (fb); 46 & 47 (bb), played minor league baseball; El Cerrito Athletic HOF

## Tom Kinnard

Football/BB QB/Coach  
(Contra Costa JC); Head Coach Richmond High & Kennedy High (CC) & Contra Costa JC; AD Contra Costa JC 97-2001; Director Operations Northern California FB Assoc; CCCFCA HOF; brother of Jack & Robert Kinnard, see above

## Janice Knudsen

VB/BK/Track  
El Cerrito Athletic HOF

## Horace Lawrence

Baseball Catcher  
(Fresno JC & Univ of South Dakota); All-East Bay 98; played minor league baseball; Gulf Coast Lg-East Div Champs 2004-05

## Nicholas Lawson

Football Center  
(Willamette Univ); Northwest Conf. Champs 2008

## Lisa Leal

BK/VB/Trk/SB/CC  
El Cerrito Athletic HOF; ECH FOTY 78; played semi-pro rugby 14 years Bay Area Shehawks, Four times National Champs

## Roddy Lee

Track Hurdles/Coach  
(Univ of California); Member China National Team; Silver Medalist Asian Gms 70; Olympic Gms 72; Head Coach Kennedy High (CC) & El Cerrito High; El Cerrito Athletic HOF

## Veli Lehman

Track 1600mtrs  
NCS Girls Champ 87 (5:04.00)

## Lyonel Lewis

Football Linebacker  
East Bay Cream of the Crop 2011 #16

## Ashley Lodree

Track 100HH/300mtLH/LJ  
(Univ of Washington); NCS Champ 2000 (14.46), 01 (14.27); 01 (43.74), (18-9 1/2); 03 (13.79), (43.06); 2nd State Meet 03 (13.64); 2nd State Meet 03 (41.54); MPSF Indoor Champ 60mtrsHH 06 (8.17); UW indoor rcds 60, 200, 60HH, 200LH; UW outdoor rcd 06 (13.13)

## Kamil Loud

Football Wide Receiver  
(Cal Poly-SLO); Buff Bills 98-99; Calg Stampers 2001-02 (CFL); Cal Poly ldr career recep & yds; also attnd Salesian High (CC)

## Howard Mackey

Football  
El Cerrito teacher 53-87; El Cerrito Athletic HOF

## Mike Mallory

Track Discus  
(Contra Costa JC); 3rd State Meet 61 (169-11); prep pr 61 (177-5), sp (59-11 1/2); El Cerrito Athletic HOF

# Contra Costa County

## Joe Marvin

Baseball Outfielder  
(West Contra Costa JC); State JC  
Champs 55

## Karen Mason

BK/Tennis  
(San Jose St); El Cerrito Athletic  
HOF; SJS HOF, played bk in college

## Dave Masters

Track 100/220yds  
(Univ of California); NCS Champ  
66 (9.6) & 67 (9.8), (21.2); 3rd  
State Meet 66 (9.6); 2nd State Meet  
67 (9.5), (20.9); ran prep 100yds  
69 (9.4); ECH rcd 67 (21.04); NCAA  
Champs 70 440yd relay; El Cerrito  
Athletic HOF

## Mike McGrath

Bowling  
(Chico St); Pro bowler 65-76; PBA  
Champ 69 & 70; won 10 PBA titles,  
three majors; ABC HOF, PBA HOF

## Jamir Miller

Football Linebacker  
(UCLA); All-East Bay 89 & 90;  
Cal-Hi All-State (underclass) 89;  
Cal-Hi All-State 90; EX All-Metro  
90; All-Nor Cal 90; USA Today AA  
90; Parade AA 90; East Bay Cream  
of the Crop 91 #1; North-South  
Prep All-Star Gm 91; MVP  
North-South Prep All-Star Gm 91;  
UCLA DPOTY 93; All-Pac-10 93;  
All-Coast 93; AA 93; 1st rd pick 94  
(10th overall); Az Cardinals 94-98;  
Clev Browns 99-03; NFL Pro Bowl  
2001; All-Pro 2001; knee injury  
ended pro career; UCLA ldr season  
93 sacks (12.5), red gm sacks (4.5);  
Times All-Time Contra Costa FB  
Team 94; Cal-Hi All-Decade FB 90s

## James Mitchell

"Pops"  
FB/Baseball OF/Util/DL  
(USC); All-East Bay 82 & 83 (fb);  
EX All-Bay Area 82 & 83 (fb);  
All-East Bay 82-84 (bb); All-Nor Cal  
83 (fb & bb) & 84 (bb); Cal-Hi  
State POTY 84 (bb); California  
North-South All-Star Series 84  
MVP; played minor league  
baseball; Appalachian Lg-North  
Div Champs 87; died of heart  
attack 2010 at age 44

## Daryle Morgan

BK/Trck  
(Stanford Univ); El Cerrito Athletic  
HOF; played bk in college

## Kerry Morning

Basketball Forward  
(Contra Costa JC); All-Nor Cal 76

## Doug Murray

Baseball OF/Pitcher  
(Diablo Valley JC & USF);  
All-Times (of) 2006; All-WCC 09 (p);  
WCC Champs 11; USF ldr 09 wins  
(9), era (3.77)

## Greg Murray

Baseball Pitcher/OF  
(Diablo Valley JC & UOP); All-Times  
2003; Times POTY 2003; All-East  
Bay 2003; ANG POTY 2003; Cal-Hi  
All-State 04 (medium schools);  
DVJC ldr 06 slug avg (.553), sb  
(12-tie); brother of Doug Murray, see  
above

## Lisa Nakamura

BK/VB Guard  
(Contra Costa JC); El Cerrito Athletic  
HOF; ECH rcd career stls (396)

## Wade Nakamura

Basketball Coach  
(Cal St Hayward & UC Santa  
Barbara); Head Coach girls bk  
Homestead High (SC) 99-01, Leland  
High (SC) 02- 07 & Presentation High  
(SC) 08-; CCS Div 2 Champs 99,  
2000, 11, 13; CCS COTY 2000;  
County COTY 11; Cal-Hi Div 2  
COTY 11; son of Gene Nakamura,  
see Berkeley High (A)

## Bill Nelson

Football Defensive Tackle  
(Oregon St); LA Rams 71-75; El  
Cerrito Athletic HOF

## Jim Nelson

FB/BB/Track  
El Cerrito High principal 67-98;  
El Cerrito Athletic HOF

## Bob Newman

FB/BK Quarterback  
(Washington St); College All-Star Gm  
57; All-PCC 57; All-West Coast 57;  
East-West Shrine Gm 58; longest pass  
play WSU history 57 (87yds); WSU  
rd career td pass 56-58 (22); NCAA  
ldr ttl off 57 (1,444); drafted by both  
SF 49er's and Oak Raiders; El Cerrito  
Athletic HOF; WSU HOF;

## Brian Nichols

Baseball Catcher  
(USC); All-East Bay 81-83; All-  
Nor Cal 83 & 84; Co-Head Coach  
Contra Costa JC 99, El Cerrito  
High 2000-03, 05-; pitched in  
college; played minor league baseball;  
Midwest Lg-South Div Champs 90

## Destini Nowlin

Basketball Guard  
(Dominican Univ); Cal Pac Champs  
2005 & 06

## Phoebe O'Kane

Swimming Back/Bfly  
(Whitworth Univ); Northwest Conf  
Champs 2010

## Chijioke Onyenegecha

Track/FB 100mtrs/DB  
(CCSF & Univ of Oklahoma); NCS  
Champ 2000 (10.99); All-Times  
2000; All-East Bay 2000; Chron  
All-Metro 2000; Cal-Hi All-State  
2000 (medium schools); JC AA 02;  
State JC Champs 03; National JC  
Champs 03; Big 12 Champs 04;  
Winnipeg Blue Bombers 07 (CFL)

## John Patton

Baseball Pitcher  
(Univ of Nevada-Reno); All-East  
Bay 90

## Joe Pearse

Baseball Infielder  
(Porterville JC & Fresno St);  
All-Times 92; Head Coach St. Mary's  
High (CC) 2008-

## Steve Pearse

Baseball  
El Cerrito Athletic HOF; Head Coach  
Reedley JC

## David Peeler

"Lefty"  
FB/Baseball Guard  
(West Contra Costa JC); All-ACAL  
54 (fb), 55 (bb); El Cerrito Athletic  
HOF

## David Dennis Perelli

"Dennis" (known by middle name)  
FB/Baseball Outfielder  
Played minor league baseball; El  
Cerrito Athletic HOF

## John Perkins

Track Broad Jump  
NCS Champ 56 (23-11 1/2); ECH rcd  
56 (24-3 1/2); El Cerrito Athletic  
HOF

## Charles Peterson

BK/FB  
El Cerrito Athletic HOF; All-ACAL  
50 (fb)

## Antoine Pickett Sr.

"Tony"  
FB/Baseball DB/Infielder  
(Contra Costa JC); EX All-Bay Area  
83 (fb); All-East Bay 83 & 84 (fb);  
All-East Bay 83 & 84 (bb); All-Nor  
Cal 83 (fb) & 84 (bb); played minor  
league baseball; El Cerrito Athletic  
HOF

## Adarius Pickett

Football Defensive Back

# Contra Costa County

(UCLA); Chron All-Metro 2012; All-Times 2012; son of Antoine Pickett Sr., see above

## Marcellus Pippins

Football Defensive Back  
(Univ of Utah); All-Times 2012;  
Chron All-Metro 2012; East Bay  
Cream of the Crop 2012 #9

## Lefty Peeler

FB/BK/BB  
El Cerrito Athletic HOF; All-ACAL  
54; All-ACAL 55 (bb)

## Larry Plantz

Football Running Back  
(Univ of Colorado); All-Nor Cal  
63; El Cerrito Athletic HOF

## Curtis Porter

Basketball Guard  
(Eastern Washington Univ);  
All-Times 91 & 92; All-East Bay 92

## Mike Prelock

Baseball Pitcher  
(UC Davis); All-Times 91;  
All-NCAC 93; NCAC Pitcher of  
the Year 93; NCAC Champs 94; UCD  
ldr wins 93 (7-tie)

## Robert Price

Track 800mtrs  
(Contra Costa JC & Chico St);  
NCS Champ 91 (1:53.37); 2nd  
State Meet 91 (1:54.26)

## Don Pryde

BK/Baseball Outfielder  
All-ACAL 50 (bk), 51 (bb); El  
Cerrito Athletic HOF

## Tim Purvis

Football Linebacker  
(San Jose St); All-East Bay 80

## Tom Purvis

Football Defensive Back  
(UOP); All-Nor Cal 81; brother of  
Tim Purvis, see above; father of  
Ashton & Julian Purvis, see St.  
Elizabeth High (A), Amber Purvis,  
see Benicia High (Sol), & Deante  
Purvis, see Pinole Valley High (CC)

## Larry Quirico

Baseball 1B/OF/Coach  
(Contra Costa JC & San Francisco  
St); Head Coach fb El Cerrito High  
69-79; AD El Cerrito High 80-87;  
Head Coach El Cerrito High 70-84  
(251 wins), Contra Costa JC 85-96,  
Diablo Valley JC 2000-03; NCS  
Honor Coach 83; State COTY 83  
(27-1); NCS 3A Champs 83;  
California North-South All-Star  
Series 93 Coach Honoree; SF State

HOF; CCCBC HOF; El Cerrito  
Athletic HOF

## Nathan Redditt

Football Running Back  
(Arizona St); All-East Bay 81 &  
82; All-Nor Cal 81; Parade AA 82;  
East Bay Cream of the Crop 83 #4; El  
Cerrito Athletic HOF

## Willie Reed

BK/Baseball  
(Contra Costa JC); All-ACAL 50  
(bb); El Cerrito Athletic HOF

## Al Reynolds

Baseball 1B  
(West Contra Costa JC & Univ of  
California); State JC Champs 55

## Bill Rice

Track Two Mile  
NCS Champ 68 (9:25.4)

## Terrell Roberts

Football Defensive Back  
(Oregon St); All-Times 98; EX  
All-Metro 98; Cal-Hi All-State  
(medium schools) 98; East Bay  
Cream of the Crop 99 #8; Pac-10  
Co-Champs 2000-; Fiesta Bowl  
Champs 2000

## Anthony Robinson

Basketball Forward  
(Chabot JC & Cal St Hayward);  
All-East Bay 81; All-Nor Cal 81 &  
83; TV Analyst prep bk gms; Anthony  
Robinson JV Classic bk tourney at  
El Cerrito High named in his  
honor; died of heart attack 2001 at  
age 34; ECH ldr season pts avg 81  
(16.0), 82 (14.6); brother of Cliff  
Robinson, see Castlemont High (A);  
El Cerrito Athletic HOF

## Mike Robinson

Football Split End  
(Contra Costa JC & USC); Pac-8  
Champs 76; Rose Bowl Champs 77

## David Rose

BB/Football Outfielder/DB  
(Contra Costa JC & Kansas St);  
All-Times 2000 (bb); Big 12 Champs  
03 (fb)

## Mike Rudy

Football Tackle  
(Univ of Colorado); All-East Bay  
65; El Cerrito Athletic HOF

## Clarence Ruffen

Basketball Center  
(Pasadena JC & Long Beach St);  
All-East Bay 74; All-Nor Cal 74;  
All-Big West 76; Big West Co-  
Champs 76; Anchorage Northern  
Lights 77 (Eastern Lg); pled guilty

85 to illegally receiving federal  
welfare funds, was sentenced to 5  
years in prison & ordered to pay  
\$50,000 restitution

## Harvey Salem

Football OL/DL  
(Univ of California); EX All-Bay  
Area 77 (dl); All-East Bay 77 (ol);  
Cal-Hi All-State 77; All-Pac-10 82  
& 83; Sporting News AA 83; East-  
West Shrine Gm 83; Hou Oilers  
83-86, Det Lions 86-90, Den Broncos  
Cal Bears top 50 list; Cal HOF; El  
Cerrito Athletic HOF; Golden Bears  
All-Era Offense Team 1957-1981  
(79-82)

## Keith Salisbury

FB/Baseball Catcher/OF  
(USF); Played minor league baseball;  
All-ACAL 50 (fb); El Cerrito Athletic  
HOF

## Linda Schultz

Basketball Forward  
All-East Bay 85 & 86; EX All-Bay  
87; All-Nor Cal 86 & 87; ECH ldr  
career pts (1,363), reb (987); won 11  
varsity letters; El Cerrito Athletic  
HOF

## Dale Scott

Track 880yds  
(Washington St); NCS Champ 71  
(1:52.9) & 72 (1:53.7); 2nd State  
Meet 71 (1:52.0); State Champ 72  
(1:49.7); State & National prep rcd  
72 (1:48.5); ECH & NCS rcd 72  
(1:47.9); WS ldr 800mtrs 73 (1:47.3);  
East Bay Prep HOF; El Cerrito  
Athletic HOF

## Ron Selak

Baseball Infielder  
All-East Bay 72 & 73; All-Nor Cal  
73; played minor league baseball;  
El Cerrito Athletic HOF

## Don Singleton

Football Linebacker  
(Utah St); All-Nor Cal 75; PCAA  
Co-Champs 78

## Jennifer Smith

Volleyball Blocker  
All-Times 91

## Todd Spencer

FB/Baseball RB/1B  
(USC); All-Nor Cal 78 (fb); Parade  
AA 78; All-Nor Cal 80 (bb); Pitt  
Steelers 84-85, SD Chargers 87; El  
Cerrito Athletic HOF

## Greg Spivey

Football Tackle  
All-Nor Cal 74; Richmond  
Independent Times All 70's Team (dl)

# Contra Costa County

## Scotty Stirling

Newspaper/BK Reporter/Executive (USF); Oakl Tribune sportswriter 12 yrs; Oakl Raiders front office 5 yrs; GM Oakl Oaks (ABA); Host radio Sports Phone 68 show 73-76; GM GS Warriors 76-82; NBA operations vice president 83-85; GM NY Knicks 85-87; Scouting Director Sac Kings 87-; El Cerrito Athletic HOF

## Thomari Story-Harden

Baseball Infielder (Contra Costa JC); Cal-Hi All-State 98 (medium schools); played minor league baseball; Founder Team Avenue Baseball Academy

## Darryl Stowers

Football Halfback (Santa Clara Univ); All-East Bay 65; North-South Prep All-Star Gm 66; SCU ldr season 67 rush yds (710), punt ret avg (12.5), all-purpose yds (1,238yds), pts 69 (84), career ldr 69-71 all-purpose yds (3,804), kick ret avg (19.0), punt ret avg (9.9); El Cerrito Athletic HOF

## Bob Straughter

BK/Track Fwd/Hurdles El Cerrito Athletic HOF

## Sal Tadesco

FB/Trc End El Cerrito Athletic HOF; played both ways; All-ACAL 45-46 (both ways)

## John Thomas

BK/Football Fwd/OL/LB (COP); Chron All-Metro 53 (bk); All-CalBA 56 (bk); SF 49ers 58-67; COP rcd career bk pts 55-57 (1,178), ldr season pts avg 55 (11.92), 56 (18.46), 57 (14.92), reb avg 56 (12.54), 57 (10.62); grandfather of Thomas DeCoud, see Pinole Valley High (CC); El Cerrito Athletic HOF; UOP HOF; California Black Sports HOF

## Marion Thomas

Football Tight End All-East Bay 73

## Charley Thompson

Baseball Catcher (Univ of California); CIBA Co-Champs 57; College WS Champs 57; El Cerrito Athletic HOF

## Lamont Thompson

Football WR/DB (Washington St); EX All-Metro & 96 (wr); All-East Bay 96; East Bay Cream of the Crop 97 #6; All-Pac-10 2001; AA 2001; Pac-10

Champs 97; Sun Bowl Champs 2001; Sun Bowl MVP 2001; East West Shrine Gm 02; Cin Bengals 02, Tenn Titans 03-06, Jax Jaguars 07; WSU rcd gm 2001 (4) int gm vs UCLA 2001; Pac-10 ldr int 97 (6); Pac-10 rcd career int (24); Sun Bowl 75th All-Time Team

## Robert Traum

All Sports Athletic Director (Univ of California); Head Coach crew & golf Berkeley High (A); AD Berkeley High (A); Prep & college bk official; Berkeley High Athletic HOF

## Steve Walker

Football Linebacker (Univ of Columbia); All-Nor Cal 83; El Cerrito Athletic HOF

## Trevell Wallace

Track Long Jump NCS Champ 2011 (23-11)

## Ronald Ward

Baseball Infielder (Contra Costa JC); All-East Bay 72

## Jason Washington

Football Wide Receiver (Fresno JC & Midwestern St); All-East Bay 99; East Bay Cream of the Crop 2000 #6

## Andre Williams

Football Wide Receiver (Eastern Washington Univ); Big Sky Co-Champs 2010

## Denise Woods

Basketball Center (USF & USC); Head Coach & AD View Park Prep 2006-; played pro in Australia; WCC ldr rebs 98; radio/internet color commentator USC women's bk; USF ldr 98 pts, reb, bcks; USC ldr bcks avg 99 (1.47); sister of Maurice Woods, see Kennedy High (CC); brother Andy Woods played bk at Univ of Washington; also atnd Holy Names High (A)

## Floyd Woods

Football End (Contra Costa JC); All-Nor Cal 55; North-South Prep All-Star Gm 56; El Cerrito Athletic HOF

## J.L. Woods

Baseball El Cerrito Athletic HOF

## Robert Woods

Baseball Outfielder (Univ of California); All-East Bay 79

## Victor Woods

Baseball Outfielder (Laney JC); All-East Bay 77; All-Nor Cal 77; played minor league baseball; Calif Lg-North Div Champs 82; Midwest Lg-North Div Champs 82

## Quentin Youngblood

Basketball Guard (Univ of Washington); Cal-Hi All-State (underclass) 88; EX All-Bay Area 89; All-East Bay 89; All-Nor Cal 89; Cal-Hi All-State 89; EC rcd gm fg 89 (17); EC ldr season pts avg 88 (20.3), 89 (25.6)

## Harry Ells High Falcons Richmond

(estab. 1955 as Ells High Eagles; closed 1967; reopened 1970; closed 1985)

## Carl Adams

Basketball Guard (Univ of California); All-East Bay 64; TOC All-Star 64; did not play in college; HEH ldr season pts avg 63 (16.4), 64 (19.2)

## Dominic Bal

Football Defensive Line (Contra Costa JC); All-East Bay 74; uncle of Ui Bal, see Pinole Valley High (CC)

## Leander Burton

Football Offensive Tackle All-East Bay 74

## Don Clemetson

Basketball Guard (Stanford Univ); All-AAUW 63; AAUW Co-Champs 63; twin brother of Doug Clemetson, Stanford bk player

## Gene Clines

Baseball Outfielder (Contra Costa JC); Pitt Pirates 70-74, NY Yankees 75, Tx Rangers 76, Chi Cubs 77-79; NLCS 71, 72, 74, WS Champs 71; Bradenton Explorers 89 (Sr. Professional BB Assoc.); Appalachian Lg ldr 66 hits (63); Eastern Lg ldr sb 69 (63) & 70 (32)

## Tom Cousey

"Butch" BK/Track/Fwd/LJ/TJ (San Jose St); All-East Bay 60; EX All Metro 60; NCS Champ 60 (23-11 1/4); State Champ 60 (48-4 1/2); 2nd State Meet 60 (23-2); HEH rcd pts gm 60 (29);



# Contra Costa County

HEH ldr season 60 pts avg (18.2);  
East Bay Prep HOF

## Dedy Cooper

Track 120HH/330LH/440yds  
(San Jose St); NCS Champ 120HH  
73 (14.2), 74 (13.7), 75 (13.4); 2nd  
State Meet 74 (13.8); 2nd State  
Meet 75 (13.3); NCS Champ 440 74  
(48.1); 2nd State Meet 74 (48.2);  
NCS Champ 330LH 75 (36.0); State  
Champ 330yd LH 75 (36.5) 440yd  
relay (41.2), mile relay (3:15.7) &  
State Team Champs 75; Cal-Hi  
State POTY 75; National Jr AAU  
Champ 100yd HH 74 (14.1); PCAA  
Champ 75 110HH (13.60), 76  
(13.90), 77 (13.97) 77, PCAA Team  
Champs 75 & 77; Member Olympic  
Team 80; National prep rcd 75  
(13.2-tie); PCAA rcd 110HH  
(13.43) 76; East Bay Prep HOF

## Anna Gabriel

Track 110ydHH  
NCS Champ 77 (14.0)

## Bob Gaillard

Basketball Guard/Coach  
(USF); All-WCAC 61 & 62; Head  
Coach Jesuit High (Sacramento)  
64- 68, USF 71-78 (165-55), Lewis  
& Clark College 89-11 (366-226)  
(overall 531-281); WCC Champs  
77 & 78; UPI COTY 77; SF Giants  
Sales Director 81-89; EH rcd gm  
pts 58 (28); HEH ldr season pts 58  
(376); USF ldr season pts avg 61  
(12.1), 62 (17.6); USF HOF (player)

## Reggie Glover

Baseball Infielder  
(Contra Costa JC); All-East Bay 84

## Ralph Kendrick

Swimming Butterfly  
(Univ of Indiana); NCS Champ 60  
100 bf (54.1), NCS Champ 61 200  
IM (2:03.0) & 62 (2:04.6); prep  
national rcd 200 IM 60 (53.8)

## Willie McGee

Baseball Outfielder  
(Diablo Valley JC); All-Nor Cal 76;  
StL Cardinals 82-90, 96-99, Oakl  
Athletics 90, SF Giants 91-94, Bos  
Red Sox 99; All-Star Gm NL 83, 85,  
87-88; NL ldr BAvG 85 (.353) & 90  
(.335), hits 85 (216), trpls 85 (18),  
NL MVP 85, NLCS 82, 85, 87,  
ALCS 90, WS 82, 85, 87, 90, WS  
Champs 82, Gold Glove Award 83,  
85, 86; 1st rd draft pick (15th overall);  
modern ML rcd highest switch hitter  
BAvg, 100 or more gms 85 (.353);  
CCC HOF; DVC HOF; Multi-Ethnic  
Sports HOF; uncle of Kameron Gray,  
see San Lorenzo High (A)

## Debbie McNorton

Basketball Center  
All-Nor Cal 85

## James McNorton

Basketball Center  
(Boise St); All-East Bay 80; All-Nor  
Cal 80; HEH rcd gm 79 pts  
(38), ldr season pts avg 79 (22.6),  
80 (23.4); brother of Debbie  
McNorton, see above

## Eddie Miller

FB/BB/Track RB/OF/100/220  
All-Nor Cal 73 (fb); All-East Bay  
74 (fb); All-East Bay 75 (bb);  
All-Nor Cal 75 (bb); NCS Champ 75  
(9.8w), (22.0); Tx Rangers 77, Atl  
Braves 78-81, Det Tigers 82, SD  
Padres 84; Gulf Coast Lg ldr sb 75  
(30), Western Carolinas Lg ldr sb  
76 (65), Tx Lg ldr sb 77 (80), Intl  
Lg ldr sb 78 (36), 79 (76), 80 (60)

## Jesse Reed

Basketball Guard  
(Contra Costa JC); All-East Bay 66

## Ricky Rogers

Track 120HH/330ydsLH/TJ  
(West Contra Costa JC); NCS  
Champ 63 (14.4) & 64 (14.3); State  
JC Champ 65 (37.3) & 66 (14.2);  
National JC rcd 66 (48-11 1/4)

## Mark Sisneros

Baseball Utility  
(Cal St Fullerton); All-East Bay 73

## Cleopherus Smith

"Cleo"  
Baseball 1B  
All-East Bay 72; played minor  
league baseball; Southern Lg-West  
Div Champs 78

## Joe Stallworth

Wrestling 115lbs  
(Chabot JC); NCS Champ 74

## John Sutro

Football Offensive Tackle  
(San Jose St); SF 49ers 62

## Bill Swift

Baseball Outfielder  
All-East Bay 74

## Ron Theobald

"The General"  
Baseball 2B  
(Contra Costa JC & Univ of  
Arizona); AA 63 & 64; WAC Champs  
63; Mil Brewers 71-72; American  
Assoc-West Div Champs 70; Mil  
Brewers rcd season sac hits 71  
(19); also attnd Berkeley High (A)

## Buddy Thomas

Baseball Infielder/2B  
(Siskiyous JC); All-East Bay 79 &  
80; All-Nor Cal 80 (2b)

## Anthony Williams

Football Defensive Back  
All-East Bay 75; All-Nor Cal 75

## Jim Williams

Baseball Outfielder  
SD Padres 69-70; Midwest Lg ldr  
hr 67 (17) & rbi (70)

## Travis Williams

"Roadrunner"  
Track/FB 100yds/RB/KR  
(Contra Costa JC & Arizona St);  
NCS Champ 63 (10.0); 3rd State  
Meet 63 (9.7); State JC Champ 64  
(national rcd-9.3); JC AA (fb) 64;  
GB Packers 67-70, LA Rams 71;  
NFL Champs 67; Super Bowl  
Champs 68; NFL ldr kr avg 67  
(rcd-41.1) & 71 (29.7); NFL rcd  
kr td (6); East Bay Prep HOF;  
struggled with homelessness, poverty  
& alcohol & died in  
Martinez 91 at age 45; grandfather  
of Jamonte Cox, see El Cerrito  
High (CC), & Mario Cox, see  
McClymonds High (A)

## Brad Young

Football Defensive Back  
All-East Bay 78; All-Nor Cal 78

## Freedom High Falcons Oakley (estab. 1996)

## Brandon Alexander

Baseball Catcher  
(Washington & Lee Univ); All-East  
Bay 2007

## Sam Bias

Softball 2B/3B  
(Univ of Nevada-Reno); All-Times  
2005 & 06 (2b); All-East Bay 06  
(2b); All-WAC 09 (3b); All-Region  
09

## Chris Bodishbaugh

FB/Baseball QB/Util/Pitcher  
(San Jose St, Los Medanos JC &  
Chico St); All-East Bay 2003 (bb);  
played fb (qb) in college; played  
minor league baseball; LMJC ldr  
season 06 starts (14-tie), loss (7),  
ip (97 1/3), runs (70), hits (111),  
so (65), hbp (21); Liberty District  
HOF (1st Freedom High inductee)

## Diondre Borel

Football Utility  
(Utah St); All-Times 2006; Team  
POTY 08; GB Packers 12 (WR) FHS  
ldr punt avg (39.8), pass yds (1,492),

# Contra Costa County

td (15), att (181), comp (104) 06;  
USU ldr 08 rush yds (632), pass yds  
(1,705), pass yds (2,885) , att (366),  
comp (214) ,td pass (17) 09; USU rcd  
ttl off (3,343yds), cons pass no int  
(228), fewest int (4), most yds rush  
QB (632) 09; WAC ldr ttl off per gm  
(278.6); played wr/qb/punter in  
college FHS rcd lj 07 (21-2), tj (42-7  
3/4)

## Jorge Cendejas

Soccer Forward  
All-East Bay 2013; FH ldr goals 2013  
(27)

## Justin Comages

Baseball Shortstop  
(Butte JC); All-Times 2003; Butte ldr  
dbls (5-tie) 04

## Ricky Coster

Wrestling 120lbs  
NCS Champ 2013

## Darrell Daniels

Football Wide Receiver  
(Univ of Washington); All-East Bay  
2011; Chron All-Metro 12; ld FH 12  
rec (53), td (11)

## Joey Daniels

Softball Catcher  
(Univ of Wisconsin); All-East Bay  
2003 & 04; All-Times 04; Cal-Hi  
All-State 03; UW ldr career 05-08  
walks (89), hit pitch (48), on base  
pct (.429); Captain 08; UW ldr 08  
BAvg, runs, hits, dbls, walks, on-base  
pct, sb.

## Jordanna Freemer

Softball 1B/Infielder  
(San Francisco St); All-Times  
2002-04 (1b); Cal-Hi All-State 02  
(medium schools); All-East Bay  
03 & 04 (inf); FH Co-AOTY 04;  
CCAA Frosh of Year 05, All CCAA  
05-06, All Region 06, NFCA AA  
06; SFS ldr career 05-08 BAvG  
(.352), runs (153), hr (33), rbi  
(135); Liberty District HOF

## Allison Furgurson

"Allie"  
Golf  
(Cal St Monterey Bay); NCS Girls  
Champ 97 (76); played #1 on boys  
team 97; Liberty District HOF

## Jessica Gardner

Softball 3B/Catcher  
(Univ of Georgia); All-Times 2005  
(3b); played catcher in college

## Brittany Glass

Softball 2B  
All-Times 2000

## Stuart Gobble

Football Linebacker  
All-Times 2001; FHS rcd season pts  
(102-tie), fmbles rcvr (3) 01, rush yds  
(939) 02, career pts (180), td (25),  
fmbles rcvr (5) 01-02

## Darrell Green

Football Offensive Line  
(San Diego St); East Bay Cream of  
the Crop 2011 #13

## Brandon Gregorich

Baseball 1B/3B  
(Los Medanos JC & UC San  
Diego); CCAA Champs 2009 & 10;  
All-CCAA 10; CCAA MVP 10;  
West Region POTY 10; AA 10;  
CCAA Male AOTY 10; LMJC ldr  
season 06 hbp (18), sac fly (6);  
UCSD ldr season 10 BAvG (.468),  
dbls (24), hr (7), rbi (75)

## Matt Huffaker

Football Defensive Line  
All-Times 2001

## Dayna Hughes

Softball Outfielder  
(Diablo Valley JC & Cal St  
Hayward); All-Times 2001

## Brittany Johnson

Softball Util/Inf/Pitcher  
(Cal St Bakersfield); All-East Bay  
2005 (util) & 06 (inf); pitched in  
college; CSUB ldr 08 walks per gm  
(.62), 09 wins (10), so (69), era  
(2.79)

## Sevaro Johnson

Football Defensive End  
(Eastern Washington, Los Medanos  
JC, Laney JC & Utah St); East Bay  
Cream of the Crop 2005 #15; FH  
ldr career sacks (NR)

## Keri Kreseovich

BK/Track/Tennis Singles  
(Sonoma St); Liberty District HOF;  
team MVP four years (tennis); first  
tri-sport FHS athlete; GS Warriors  
Media Dept

## Michael Leslie

Wrestling 191/189lbs  
(Sierra JC & Southern Oregon  
Univ); NCS Champ 2005 (191);  
Southeastern Region Jr Greco  
Roman Champ 05 (189)

## Dante Mayes

Football QB/RB  
(Univ of Nevada); Cal-Hi All State  
(underclass-multi- purpose-  
sophomore) 2010; East Bay Cream of  
the Crop 12 # 18; FHS ldr pass yds  
(1,557), comp (111), td (12) 2010, yds  
(2,487), td (26), pct (55.0) 12

## Joshua Meints

Swimming IM/Breaststroke  
(Univ of Buffalo); NCS Champ  
2009 200 IM (1:51.27), 100 bs  
(56.28); MAC Champs 200 fs relay  
(1:21.23-UB rcd), 400 medley relay  
(3:14.98 UB rcd) 11; MAC Champs  
11; holder 9 FHS rcds

## Angie Montenegro

Softball 3B  
All-Times 2002

## Jason Montgomery

Wrestling/FB 275lbs/OL  
(UC Davis); NCS Champ 03; FH  
Offensive Lineman of the Year  
2002; 1st FH wrestler to win NCS  
title; Liberty District HOF

## Mike Neal

Football Defensive Back  
(Southern Univ); All-Times 2003

## Morgan Oliveri

Softball Pitcher  
(Diablo Valley JC); All-Times  
2002; Times POTY 2002; ANG Best  
of the Best 2002; Cal-Hi All-State  
2002; Member National Under-18  
Champs 2002

## Malene Padilla

Softball Outfielder  
(New Mexico St); All-East Bay 2010  
& 11; daughter of Jesse Padilla,  
college bb player

## David Prado

Wrestling 119/125lbs  
(Arizona St); Southeastern Region  
Jr Greco Roman Champ (125); NCS  
Champ 06 (119) & 07 (125); FH  
rcd wins season 07 (47), career 06  
& 07 (85); cousin of Nate Adams,  
Fresno St fb player

## Morgan Rodriguez

Baseball Pitcher  
(Los Medanos JC & Sonoma St);  
CCAA Champs 2008; LMJC ldr  
season 07 gms (19), saves (6)

## Samantha Rodriguez

Softball Infielder  
(Marshall Univ); Member Under-18  
National Champs 2002 & 03;  
All-East Bay 04; MU ldr 07 dbls (17),  
rbi (51)

## Roman Runner

Football Wide Receiver  
(CCSF); All-East Bay 2008; Chron  
All-Metro 2008; Max Preps Div 1  
All-State 2008; FHS season ldr  
2008 rec yds (1,462-rcd), rec (82-rcd),

# Contra Costa County

pts (114-rcd), td (19-rcd), career rec yds (2,056), rec (123); FHS rcd gm rec yds (188) vs Foothill, 08

## Chrissy Stalf

Softball 1B  
(Humboldt St); All-CCAA 2011;  
CCAA MVP 2011; NFCA AA 2011;  
NFCA All-West Region 2011; CCAA  
ldr season 2011 hr (18-rcd), BAvg  
(.398), ab (171), ttl bs (138-rcd), runs  
(48), hits (68), dbls (16), rbi (47)

## Riannon Thomas

Softball 2B  
(Fairfield Univ); All-Times 2003

## Shannon Thomas

Softball Shortstop  
(Univ of Texas); All-Times 05;  
All-East Bay 05; Big 12 Champs  
06; also All-Times 2004 at Deer  
Valley High (CC)

## Anthony Vega

Baseball Pitcher  
(Los Medanos JC & San Jose St);  
WAC Champs 09; LMJC ldr season  
2006 starts (14-tie), wins (8), era  
(4.29), walks (27); SJS ldr season  
08 gms (23), saves (3-tie)

## Nick Waldrop

Wrestling 145lbs  
(Campbellsville Univ); NCS  
Champ 2009

## Kortnee Wiley

SB/Track Pitcher/1B/PV  
(Univ of Nevada-Reno); Chron  
All-Metro 2008; FH rcd pole vault  
(NR)

## Amanda Williams

Softball Pitcher  
(Univ of Arizona); All-Times 2003  
-06; Times POTY 04-06; All-East  
Bay 2003-06; East Bay POTY 2003,  
04 & 06; Cal-Hi State Freshman  
POTY 2003; Cal-Hi All State 04-  
06; Chron All-Metro 06; Chron  
POTY 06; Cal-Hi All-State 06;  
Cal-Hi Ms Softball 06; EA Sports AA  
06; Gatorade National POTY 06;  
National Under-18 Champs 08;  
Cal-Hi All-Decade Team 09; State  
rcd-consecutive perfect gms 06  
(3-tie)

## Hannah Williams

Softball Pitcher/OF  
(Fresno St); All-East Bay  
2007-09; East Bay POTY 08 & 09;  
All-Times 2007; Chron All-Metro  
08; Cal-Hi All-State 08 (of); Cal-Hi  
All-State 08 (medium schools);  
Easton AA 08; Member Under-18  
National Champs 08; sister of  
Amanda Williams, see above

## Jacqueline Zepeda

"Jackie"  
Softball Infielder  
(San Jose St); All-East Bay 2010;  
DVH ldr season 2010 BAvg (.459)

## Hercules High Titans

### Hercules (estab. 2001)

## Brittany Boyd

Basketball Guard  
Cal-Hi All-State (freshman) 2008;  
also All-East Bay 10 at Berkeley  
High (A); Pac-12 All Freshman Team  
12; All Pac-12 Tournament Team 12;  
Pac-12 Co-Champs 12; All-Pac-12 13;  
Pac-12 All-Defensive Team 13

## Harry Brown

Basketball Center  
(CCSF & San Jose St); All-Times  
2003; Cal-Hi Div 3 All-State 2003;  
HH ldr season 2003 pts avg (21.0),  
reb avg (11.2); also atnd high  
school in Baltimore

## Sarah Chan

Badminton Singles  
NCS Champ 2007 & 08

## Brenna Clark

Judo 52kg  
(San Jose St); National Collegiate  
Judo Assoc Sr. Women's Champ  
52kg 2009

## Chalese Davis

Track 100mtrsHH  
NCS Champ 2009 (14.16); father,  
Charles, ran track at Michigan St

## Derek de Vera

Track Sprints  
(Univ of Redlands); SCIAAC  
Champs 2011

## Julian Godinez

Soccer Midfielder  
(UC Davis & St. Mary's College);  
WCC Champs 2011

## Kenyanna Martin

"K. K."  
Basketball Forward  
(Contra Costa JC); JC AA 2010;  
State JC ldr 2010 pts avg (23.6),  
reb avg (11.9)

## Tim Pierce

Basketball Guard  
(Arizona St & San Jose St);  
All-OAL 2002 & 03; All-East Bay 03;  
All-Times 04; Cal-Hi All-State  
(underclass) 03; Chron All-Metro  
04; Cal-Hi Div 4 All-State 04;

HH rcd gm pts 04 (51); HH ldr  
season 03 pts avg (27.9); also  
atnd Fremont High (A)

## Carlos Proctor

Track Long Jump  
(CCSF); NCS Champ 2007  
(22-1 3/4)

## Lauren Rose

Track 100mtrs HH  
(Laney JC; JC State Champ 2011  
100mtrs HH (14.33); JC State  
Champs 12; also atnd Berkeley High

## John Winston Jr.

Basketball Guard  
(UNLV); Cal-Hi Div 3 All-State  
2003; CIF Nor Cal Div 4 Final Gm  
rcd 2003 asst (11); also atnd Salesian  
High (CC); son of John Winston  
Sr., see Balboa High (SF)

## Jamesha Youngblood

Track 300mtrLH/TJ/LJ  
(Univ of Oregon); NCS Champ  
2005 (44.02), 06 (42.15) & 07  
(41.23), (20-2); 3rd 2005 State  
Meet (42.91); 2nd State Meet 06  
(41.72); 3rd State Meet 06  
(41-4 3/4); State Champ 07  
(41.08), (20-11 3/4); 3rd State  
Meet 07 (41-0 1/2); Nike National  
Champ 07 (19-8), (42-5 1/2);  
National Jr Champ 07 (20-8 1/2);  
Times T&F AOTY 07; Times  
AOTY 07; Pan American Jr Champ  
07 (21-0); Pac-10 Champs 09 &  
10; Pac-10 outdoor Champ 09  
(21-5 1/4), (43-2 1/4), 10  
(21-9-UO rcd), (43-7 3/4-UO rcd);  
Pac-10 indoor Champ 09 (UO rcd  
21-1 1/4); UO Performer of the  
Year 09; 1st winner State 300mtrs,  
LH & LJ; cousin of Julian Thomas,  
Portland St bk player

## Heritage High Patriots

### Brentwood (estab. 2005)

## Michael Briseno

Baseball Outfielder  
(Ohlone JC & Univ of Texas of the  
Permian Basin); State JC Champs  
2010

## Dalton Combs

Football Linebacker  
(CCSF); JC State Champs 2011

## Jessica Crawford

Swimming Freestyle/Fly  
(Santa Rosa JC); State JC Champs  
200 med relay (1:50.66) 2011

## Mickell Escobar

Softball Utility

# Contra Costa County

(Univ of San Diego); Chron All-Metro 2007; Cal-Hi All-State (medium schools) 08; 1d HH BAvG 08 (.561); USD ROTY 10; mother swam at Cal & father wrestled at San Jose St

## Alex Horncliff

Track Discus  
(Cal Poly-SLO); NCS Champ 2011 (173-0)

## Ryan Howell

Baseball Outfielder  
(Oregon St); All-East Bay 2010; Cal-Hi All-State (underclass) 2010

## Seth Magaleci

Football Offensive Line  
(Chabot JC & Univ of Alabama); JC Region 2 All-State 2011

## Daron Morgan

Football Defensive Back  
(CCSF); JC State Champs 2011

## Jordan Mullins

Baseball Inf/Outfielder  
(Fresno St); WAC Co-Champs 2011

## Ivy Jones

Basketball Guard  
(Solano JC & Univ Nebraska-Kearney); JC All-State 2011

## Nwamaka Ofodu

"Amaka"  
Basketball Guard  
(Cal Poly-SLO); Big West Co-Champs 2011; Big West Champs 12; HH red gm pts (34) 10; brother of Meniru Ofodu, San Jose St & Humboldt St bk player

## Aliciana Ramirez

"Ali"  
Softball Infielder  
(East Carolina Univ); Cal-Hi All-State (underclass) 2011

## Malia Rivers

Softball Catcher  
(Univ of Georgia); All-East Bay 2011; FH ldr sb 11 (40), runs (43); NCS ldr BAvG 11 (.667); father Ron, Head Coach sb Heritage High

## Katee Wiley

Softball Inf  
(Idaho St); Big Sky Co-Champs 2013; sister Korthee plays sb Univ of Nevada

## Joey Vigil

Wrestling 113lbs  
NCS Champ 2013

## John F. Kennedy High Eagles Richmond (estab. 1967)

### Terry Allen

Boxing Featherweight  
Pro boxer 74-77 (6-2-0)

### Benny Barnes

Football Defensive Back  
(Contra Costa JC & Stanford Univ); Pac-8 Champs 70 & 71; Rose Bowl Champs 71 & 72; Dal Cowboys 72-82; NFC Champs 75, 77, 78; Super Bowl XII Champs 78 CCC HOF

### Bart Bowers

Basketball Forward  
(USF); WCAC Champs 78 & 79; WCAC Co-Champs 80 & 81

### Ron Brown

Track 440yds  
(Diablo Valley JC); NCS Champ 75 (49.0)

### Mack Carminer

Football Athlete  
(Univ of Nevada & Sacramento St); East Bay Cream of the Crop 96 #16; Head Coach Kennedy-Richmond High (CC) 11-

### Deidra Chatman

Basketball Center  
(Univ of Virginia); Cal-Hi All-State 2001 (juniors); Cal-Hi Div 4 All-State 02; left college after second year to become fashion model

### Ken Cobb

Basketball Forward  
(Diablo Valley JC & Portland St); All-East Bay 71; EX All-East Bay 71; All-Nor Cal 71; North-South All-State Bk Gm 71; JFKH ldr season pts avg 71 (19.9); PS ldr season ft pct 75 (.889); DVC HOF

### Sean Coleman

Football Defensive Back  
(Utah St); Big West Co-Champs 93 & 96

### Maurice Cooper

Baseball Infielder  
All-East Bay 85

### Kenny Daniel

Football Defensive Back  
(Contra Costa JC & San Jose St); Oakl Invaders 83-84 (USFL); NY Giants 84, Ind Colts 86-87

### Jacey Downey

Baseball 1B  
All-Times 96

### Kenny Drisker

Football Quarterback  
(Contra Costa JC); East Bay Cream of the Crop 93 #18

### Patrick Egu

Football Running Back  
(Univ of Nevada-Reno); NE Patriots 89

### Andre Farr

Football Defensive Line  
(UCLA); All-East Bay 86; EX All-Bay Area 86; Cal-Hi All-State 86; East Bay Cream of the Crop 87 #3; North-South Prep All-Star Gm 87; Member Gov. Schwarzenegger's Physical Fitness Sports Council

### D'Marco Farr

Football Guard/DL  
(Univ of Washington); All-East Bay 88 (both ways); EX All-Bay Area 88 (dl); All-Nor Cal 88 (dl); East Bay Cream of the Crop 89 #5; North-South Prep All-Star Gm 89; Pac-10 Champs 91 & 92; Rose Bowl Champs 92; DLOTY 93; East-West Shrine Gm 94; LA/StL Rams 94-2000; NFL Champs 99; Super Bowl Champs 99; Morris Trophy 93; worked for Fox Sports Net (tv); brother of Andre Farr, see above

### Mario Farr

Football Defensive Line  
All-Nor Cal 84

### Matt Felder

Football Defensive Back  
(Contra Costa JC & Oklahoma St); All-East Bay 85; EX All-Bay Area 85; EX All-Nor Cal 85; Head Coach Kennedy High (fb & bb); Times COTY 2001 (fb); played bb in college

### Mike Felder

"Tiny"  
Baseball Outfielder  
(Contra Costa JC); Mil Brewers 85-90, SF Giants 91-92, Sea Mariners 93, Hou Astros 94; Calif Lg ldr sb 82 (92); Tx Lg ldr sb 83 (71), 84 (58); PCL ldr sb 85 (61); brother of Matt Felder, see above

### Ricky Flenory

Basketball Guard  
(Contra Costa JC); All-East Bay 78 & 79; All-Nor Cal 78 & 79; JFKH red gm ft 79 (14); JFKH ldr season 79 pts avg (24.5)

### Robert Gaines

# Contra Costa County

“Spider”

Track/FB 120HH/110HH/WR  
(Univ of Washington); State  
Champ 120yd HH 75 (13.3); Pac-10  
Champ 110mtr HH 76 (13.9); Pac-8  
Champs 76; Rose Bowl Champs  
77; BC Lions (CFL); Pac-10 rcd  
gm most td off blocked punts (2)

## Alex Georgakopoulos

Football Center  
All-East Bay 80

## Kianti Gix

Track 400mtrs  
(American River JC & Oklahoma  
City Univ); State JC Champ 2009  
(46.59), 4x400 Relay (3:09.24); ARJC  
rcd 400mtrs (46.59) 09; also attnd Rio  
Americano High

## David Hagans-Dixon

Basketball Forward  
(Humboldt St); GNAC Co-Champs  
2002

## Jason Harvey

Football Quarterback  
(Univ of Arizona, UNLV, Laney JC,  
San Francisco St. & Contra Costa  
JC); East Bay Cream of the Crop 90  
#8; father of Jalen Harvey, see El  
Cerrito High (CC)

## Donnie Hills

Football Defensive Back  
(Santa Clara Univ); WFC Co-Champs  
83; WFC Champs 85

## Paul Jackson

Track 100/220yds  
NCS Champ 74 (9.9) & (21.9)

## Michael Johnson

Football Defensive Line  
All-East Bay 81

## Eritz Jordan

Football Defensive Back  
All-Nor Cal 83

## Bruce Kimura

Tennis Doubles  
NCS Champs 20

## Mark Lee

Football Tight End  
All-East Bay 80

## Tim Logan

Baseball Outfielder  
All-Times 94

## Del Lyles

BB/Football Infielder/LB  
(Utah St); All-East Bay 86 (bb);  
All-East Bay 87 (fb); All-Nor Cal  
87 (fb); East Bay Cream of the  
Crop 88 #8; All-Big West 91

## Anthony Mann

Basketball Forward  
(USF); All-East Bay 83; All-Nor Cal  
83; husband of Debra Gore-Mann,  
USF AD

## Clarence Martin

Football Kicker/DB  
All-East Bay 80 (k); EX All-Bay  
Area 80 (db); All-Nor Cal 80 (db)

## Gary McCraw

Football Running Back  
All-East Bay 97

## Roger McGill

Track 100yds  
(Contra Costa JC); NCS Champ 69  
(10.0)

## Takkarist McKinley

Track/FB 200mtrs/DE  
(Contra Costa JC); NCS Champ 12  
(22.23); East Bay Cream of the Crop  
13 #4; JFKH rcd 100mtrs 12 (10.58)

## Brian Mehmedbasich

Tennis Singles/Doubles  
(Cal St Hayward); State 10 Champ  
73; NCS Champs 80; CSH HOF

## Susan Mehmedbasich

“Fisher” (married name)  
“Wright” (married name)  
Tennis Singles/Doubles  
State 10 Champ 67; National Hard  
Court 12 Champ 68; State 12 Champ  
69; National Hard Court 12 Champs  
69; Pacific Coast 10 Champ 69;  
Pacific Coast 12 Champ & Champs  
69; State 14 Champ 70 & 71; National  
Hard Court 14 Champs 71; U. S.  
Champs 71 & 73; Pacific Coast 16  
Champ 72; Pacific Coast 18 Champ  
72 & 74; National Hard Court 16  
Champs 73; State 16 Champ 73;  
National Hard Court 16 Champs 73;  
Pacific Coast 18 Champs 74; State 18  
Champ 74; National Hard Court 18  
Champ 74; National Senior Indoor  
Champs 2003; Member Margaret  
Court Cup Team 2003 & 04; ITF  
World Doubles Champs 05, 09, 12;  
Member USAITF Seniors World  
Team 10 years; quit tennis at age 19,  
resumed playing 27 years later;  
played pro; sister of Brian  
Mehmedbasich, see above

## Dwight Mitchell

Basketball Guard  
(Contra Costa JC); All-East Bay 70

## Alvin Moore

“Junior”  
Baseball 3B/OF/DH  
(Alameda JC); All-East Bay 71; Atl  
Braves 76-77, Chi White Sox 78-80

## Marcus Moore

Baseball Pitcher  
Colorado Rockies 93-94, Cin Reds 96

## Rod Moore

Football Wide Receiver  
(Utah St); EX All-Bay Area 86; East  
Bay Cream of the Crop 87 #7;  
North-South Prep All-Star Gm 87

## Teryl Morrison

Baseball Pitcher  
(Contra Costa JC); All-East Bay 86;  
played minor league baseball

## John Morse

Cross Country  
NCS Champ 82 (16:15)

## Terry Obee

Football Wide Receiver  
(Univ of Oregon); All-East Bay 84  
& 85; EX All-Bay Area 85; EX  
All-Nor Cal 85; East Bay Cream of  
the Crop 86 #4; Japan Bowl 89;  
Minn Vikings 91, Chi Bears 93,  
Pac-10 ldr career 86-89 recep (122),  
recep yds (1,182); UO career 86-89  
punt rets (124), punt ret yds (1,182);  
UO ldr season recep yds  
87 (640), 88 (596), 89 (741)

## Devin Peal

Basketball Forward  
(Univ of Portland & Humboldt St);  
Cal-Hi All-State 2002 (juniors);  
All-Times 03; Cal-Hi Div 3 All-State  
03; CCAA Champs 07; All-  
CCAA 08; CCAA MVP 08; BBC  
Avanti Mondorf 10-11  
(Luxembourg); JFKH ldr season  
03 pts avg (26.3), reb avg (11.8);  
CCAA ldr pts avg 08 (19.4); JFK  
ldr career scoring (NR)

## Bruce Perry

Football Defensive Back  
All-East Bay 76

## Damon Phillips

Football LB/Executive  
(Stanford Univ); East Bay Cream of  
the Crop 91 #17; ESPN3 Vice  
President 2008; Asst Executive  
Director USA Football

## Ed Powell

Football Linebacker/DE  
(USC); Pac-8 Champs 72-74;  
National Champs 72 & 74; Rose  
Bowl Champs 73 & 75

## Mike Profit

Track 110mtrHH  
NCS Champ 84 (14.72)

## Tony Reed

Track Triple Jump



# Contra Costa County

NCS Champ 71 (46-10 1/2w)

## Rich Revis

Football Tackle  
All-East Bay 68

## Davetta Shepard

Track 100mtrHH  
(Barton County JC & San Diego St.); NCS Champ 94 (14.2w); also atnd De Anza High (CC), Encinal High (A) & Salesian High (CC)

## Jon-David Stewart

Football Linebacker  
(Oregon St); All-East Bay 90; East Bay Cream of the Crop 91 #15

## Brandon Tatum

Basketball Forward  
(Las Positas JC)  
All-Times 2007; Cal-Hi Div 4  
All-State 2007l JFKH ldr scoring 06 (NR) & 07 (22.3)

## Therin Taylor

Basketball Forward  
(Merritt JC & Cal St Northridge); Cal-Hi Div 4 All-State 2005; Big West Champs 09; ld JFKH scoring (23.0) 05; ld MJC scoring ( 16,0), reb (6.0), asst(3.0), stls (2.0), fg pct (51.0), 3pt pct (50.0) 07; also atnd Salesian High (CC)

## Andrew Vessel

FB/Baseball WR/OF  
(Washington St); All-East Bay 92 (fb); All-Times 92 (fb); EX All-Metro 92 (fb-multi purpose); Cal-Hi All-State 92 (fb); Cal-Hi All-State (fb-medium schools, multi-purpose) 92; All-Times 92 & 93 (bb); State AOTY 93 (medium schools); East Bay Cream of the Crop (fb) 93 #5; played minor league baseball; Gulf Coast Lg-West Div Champs 93

## Kenneth Walker III

FB/Trck WR/110HH/300LH  
(Univ of California); NCS Champ 2012 110mtrHH (14.01), 300mtrLH (37.38); BANG Cream of the Crop 2012 #9; JFKH rcd 2012 (13.81), (37.38); also attn Freedom High (CC)

## DePorras Washington

Football Offensive Tackle  
All-East Bay 73

## Marvin Webb

FB/Baseball DB/Infielder  
(Contra Costa JC); All-East Bay 69 (fb); JC All-State 72 (bb); Head Coach bb Contra Costa JC 97- ; played minor league baseball; author of book, "You Can Buy A Hit"; CCJC ldr season 72 BAv

(.439); ldr Ogden sb (14), ab (282), trpl (4) 72; ldr Daytona Beach BAv (319), runs (69), hits (155), dbls (27), rbi (59) 73; ldr Orangeburg ab (495), hits (142), dbls (32) 74, ldr Waterbury gms ( 135), ab (533), hr (10) 76; ldr San Antonio dbls (24) 77; JFKH HOF

## D'Andre Wells

Football Quarterback  
(Univ of California); EX All-Bay Area 84; All-East Bay 84; All-Nor Cal 84; East Bay Cream of the Crop 85 #3

## Charonda Williams

Track 100/200mtrs/LJ  
(Laney JC & Arizona St); State JC Champ 2006 (11.75), (23.94), 07 (11.56), (23.53), (19-4 3/4); Pac-10 Champ 09 (11.14), (23.05) & 4x100 Relay (44.10); also atnd Gompers Continuation High (CC)

## Jonathon Williams

Basketball Guard/Forward  
(Southern Idaho JC, CCSF & Wagner College); All-Times 2008; All-East Bay 2008; Cal-Hi Div 4 All-State 2008; JC All-State 11; State JC Champs 11; JFKH ldr season pts avg 2008 (28.2), career red pts (NR); son of Dennis Williams, CCSF bk player

## Wilfred Withers

Football Linebacker  
(Utah St); All-Nor Cal 73; PCAA Champs 78

## Maurice Woods

"Mo"  
Basketball Forward  
(Univ of Washington); EX All-Bay Area 89; All-Nor Cal 89; played pro Japan & Europe 7 years; JFKH ldr season pts avg 89 (19.9); brother of Denise Woods, see El Cerrito High (CC) & Holy Names High (A)

## Las Lomas High Knights Walnut Creek (estab. 1951)

## Steve Alexakos

Football Offensive Line  
(Diablo Valley JC & San Jose St); Den Broncos 70, NY Giants 71; father of Nick Alexakos, see De La Salle High (CC)

## Johan Andersen

Football Defensive Back  
All-Times 92

## Marc Armstead

Basketball Forward

(Diablo Valley JC & Gonzaga Univ); All-East Bay 88; All-Nor Cal 88; Cal-Hi Div 3 All-State 88; LLH ldr season pts avg 87 (18.4), 88 (19.3); GU ldr bcks 93 (44)

## Kent Bachman

Baseball Pitcher  
(Cal Poly-SLO); All-East Bay 80; played minor league baseball; Fla St Lg-South Div Champs 86

## Shayn Bannowsky

WP/Swimming Driver/Breaststk  
(Diablo Valley JC); All-Times 2003; NCS Champ 04 100 bs (57.49)

## Kris Beible

Football Wide Receiver  
(Diablo Valley JC & UC San Diego); All-Times 2000; Chron All-Metro 2000; brother of Zak, Cal fb player

## Erin Bell

Swimming Synchronized  
(Stanford Univ); Member National Jr. Team 2002-05; U. S. Open Duet Champs & Team Champs 2002; Member Pan American Gms Silver Medalist Team 05; National Collegiate Team Champs 06-08; AA 08

## Clint Borel

Football Tight End  
(Sacramento St); All-Times 2001; Chron All-Metro 2001; Cal-Hi All-State 2001 (medium schools)

## Norm Bowen

Football Linebacker  
(Univ of California); All-East Bay 65; North-South Prep All-Star Gm 66

## Lauren Braswell

Swimming Freestyle  
(Diablo Valley JC & San Diego Mesa JC); State JC Champs 2008 200yd fs Relay (1:39.06), 400yd fs Relay (3:37.75); State JC Champs 2008

## Morgan Breslin

Football Defensive Line  
(Diablo Valley JC & USC); All-East Bay 2008; Chron All-Metro 2008; JC Region 2 All-State 10 & 11; Region 2 DPOTY 11; JC AA 11; State ldr season 10 sacks (14.5) & 11 (13.5)

## Charlotte Brown

Volleyball MB/OH  
(Stanford Univ); All-Times 2007 (both ways) & 08 (oh); All-East Bay 08 (oh); Pac-10 Champs 09; Pac-10 Co-Champs 10; retired from competition 11 due to injuries

# Contra Costa County

## Ryan Browne

Tennis Singles/Doubles  
(Harvard Univ); NCS Champ 98;  
NCS Champs 2000

## Tyler Browne

Tennis Doubles/Singles  
(Univ of California); NCS Champs  
2000; NCS Champ 03; Bill Talbert  
Jr. Sportsmanship Award 03; brother  
of Ryan Browne, see above

## Jeff Budke

Swimming Freestyle  
(Cal Poly-SLO); NCS Champ 96  
100 fs (46.71); Member LLH rcd  
200mtrs relay 96 (1:26.7); Member  
CP rcd 200mtr medley relay team  
2000 (1:32.93)

## Kasey Carlson

Swimming Free/Breaststroke  
(USC); NCS Champ 2007 50 fs  
(23.04), 100 bs (1:02.35), Times  
AOTY 08; East Bay AOTY 09;  
Silver Medalist World  
Championships 09 100mtr bs  
(1:06.54); Pac-12 Champ 13 100yd bs  
(58.92); U. S. rcd 09 50mtr bs  
(30.34); daughter of Kim Carlson, Head Coach  
Carondelet High 2006-07 & KGO  
radio news anchor; also NCS Champ  
07 at Carondelet High (CC)

## Dylan Casey

Cycling Rider  
(UC Santa Barbara); National Time  
Trials Champs 98 & 2002; Gold  
Medalist Individual Pursuit Pan  
American Gms 99 & World Cup  
2000; Member 2000 Olympic  
Team; pro cyclist with U.S. Postal  
Service Team 98-02

## Mark Chaddock

Baseball Outfielder  
All-Times 93

## Kristina Condon-Sherwood

Soccer Fwd/Defender  
(Cal Poly-SLO); All-Times 2005  
(fwd); Big West Champs 09 (def)

## Tamara Crow

"Tammy"  
Swimming Synchronized  
(Univ of California); Member  
Bronze Medalist Olympic Team  
2004; judge 04 delayed 3-month  
jail sentence for vehicular  
manslaughter allowing her to compete  
in Olympics

## Art Dalbey

Track High Jump  
NCS Champ 58 (6-3 1/2)

## Rodrigo Da Silva

Soccer Midfielder  
(Santa Clara Univ & Holy Names  
Univ); WCC Champs 2010; U.S.  
Futsal National Team 12

## Joe Davis

Football Wide Receiver  
All-Times 2001

## Julie DeJartais

Track Shot Put  
NCS Champ 88 (38-2) & 89 (39-1)

## Chad DeLeuze

Football Offensive Line  
(Diablo Valley JC & Lindenwood  
Univ); All-East Bay 2004; Heart of  
America Conf. Champs 09

## Brian Dietschy

Basketball Guard  
(Skyline JC & College of Notre  
Dame); All-East Bay 90; Co-Head  
Coach Las Lomas High; LLH rcd  
gm pts 89 (44), ft (18), ldr season  
pts avg 89 (23.0)

## Erin Donoghue

Water Polo Attack  
(George Washington Univ)  
All-East Bay 2011

## John Dorr

Swimming Medley/Freestyle  
(Univ of California); NCS Champ  
2000 200 IM (1:50.17), 500 fs  
(4:30.33); LLH rcd 500fs (4:25.98),  
200IM (1:50.17); San Ramon  
Valley Livermore Aquatics HOF

## McCall Dorr

Swimming Free/Butterfly  
(SMU); NCS Champ 97 500 fs  
(4:56.2); NCS Champ 99 100  
bf (2:02.89); WAC Champs 03;  
LL rcd 97 500 fs (4:56.62), 100  
bf (55.44), 100 fs (52.85); 98 200  
IM (2:09.25), 99100 bs (58.30);  
sister of John Dorr, see above

## Greg Drosky

Cross Country  
(Univ of Washington); NCS Champ  
Div 3 2006 (15:18)

## Sean Dougherty

Wrestling 171lbs  
(UC Davis); NCS Champ 2009

## Trevean Duffy

Basketball Guard  
(Cushing Academy-Maine); All-  
East Bay 2011; LLH ldr season  
2011 pts avg (24.7); son of Bill  
Duffy, sports agent

## Dan Elbanna

Football RB/LB

(UC Davis); All-Times 2000 (both  
ways); All-East Bay 2000; Chron  
All-Metro 2000; Cal-Hi All-State  
2000 (medium schools-multi-  
purpose); UCD Co-Outstanding  
Freshman 02; UCD Co-Most  
Outstanding Lineman 05; All-GWC  
05; Great West Conf Co-Champs 05;  
UCD ldr int 02 (4), tackles 04 (84)

## Diallo Fon

"D"  
Baseball Outfielder  
(Vanderbilt Univ & Univ of  
Arizona); Cal-Hi All-State 2005  
(medium schools); All-Times  
2005; All-East Bay 2005; Prep AA  
05; played minor lg baseball; did not  
play as freshman at VU (redshirt)

## Mitch Frentescu

Football Defensive Line  
(Colorado St); All-East Bay 2011

## Andy Froines

Football Defensive Line  
All-East Bay 87

## Jon Gilmore

Football Tight End  
All-Times 2004

## Rich Graybehl

Track 120HH/330ydLH  
(USC); NCS Champ 73 (19.4), 74  
(18.6); 2nd State Meet 74 (18.9) &  
3rd State Meet 74 (13.9); 2nd  
National Jr AAU Meet 400mtr IH  
(51.3); State rcd 400mtr LH 74  
(51.6); Pac-10 Championship Meet  
cd 400mtr IH 78 (49.98)

## John Gresham

Football Linebacker  
All-Times 92; All-East Bay 92

## Kenny Grimble Jr.

Track 300mtrsIH  
(UC Riverside); NCS Champ 2011  
(38.34); 2nd State Meet 2011 (37.78),  
cousin Justin Bell UCR BK player

## Zach Hamaker

Volleyball Outside Hitter  
(Bard College); All-Times 2004;  
All-Skyline Conf 08; Skyline  
Conf Champs 08, BC ldr service  
aces 08 (55)

## Greg Harper

Swimming Freestyle  
(Univ of California); Member Jr.  
National Team 2009; NCS Champ  
10 200 fs (1:39.40), 500 fs  
(4:28.74); East Bay SOTY 10;  
NCAA Champs 11

## Shelley Harper

Swimming Freestyle/Fly

# Contra Costa County

(Univ of California); NCS Champ 2007 500 fs (4:49.11); NCAA Champs 09 & 11; sister of Greg Harper, see above

## Mike Hayden

Swimming Breaststroke/Free  
NCS Champ 69 100 bs (1:05.9); 72 50 fs (22.0), 100 fs (LLH rcd-47.5)

## Jim Helm

Swimming Breast/B'fly  
(UCLA); NCS Champ 72 100 bs (1:02.4); Head Coach Salinas Valley Aquatics; LLH rcd 73 100bf (53.28)

## Stephen Hobbs

Water Polo 2-Meter  
(Santa Clara Univ); All-Times 2006; All-East Bay 2006; Gold Medalist Jr. Olympics 07

## Jenna Homes

Track Pole Vault  
(Cal Poly-SLO); Big West Champ 07 (12-5 1/2); NCS rcd 2006 (12-0-12)

## Dave Hudgens

Baseball 1B/DH  
(Arizona St); All-WAC 77; AA 77; WAC Champs 77; Midwest Lg-North Div Champs 79; Calif Lg-North Div Champs 82; Oakl Athletics 83; Eastern Lg Champs 84; Mngr Pocatello (Pioneer Lg) 85; Medford (Northwest Lg) 86-87; AS ldr 77 hr, rbi; 1st rd draft pick 75 (Mets-did not sign); owner Hitting For Excellence, MLB Hitting Instructor 90-

## Diante Jackson

Football Wide Receiver  
(Univ of Oregon & Diablo Valley JC); All-Times 2007; All-East Bay 2007 & 08; Chron All-Metro 08; Max Preps Div 2 All-State 08; Pac-10 Champs 09; East Bay Cream of the Crop 09 #1; ld LLH td rec 07 (1 9) & 08 (16)

## Danielle Johnson

Water Polo Field/Utility  
(Loyola Marymount Univ); All-East Bay 2010 & 11; East Bay POTY 11; Prep AA 10; LLH ldr season 11 goals (88)

## Webb Johnson

Football Center  
All-Nor Cal 56

## Brett Katsikas

Baseball Catcher  
All-Times 2000

## Jan Kilbuck

Track Shot Put

NCS Champ 70 (57-1 1/4)

## Craig Klass

Water Polo  
(Stanford Univ); Stanford red season goals 86 (87); NCAA 85 & 86; NCAA POTY 86; NCAA Champs 85 & 86; Silver Medalist Olympic Team 88; U. S. Water Polo HOF; father of Kat Klass, see San Ramon Valley (CC)

## Tom Kline

Wrestling 191lbs  
(Cal Poly-SLO); 1st CCAA Champs four yrs 66-69; College Div National Champ 68, National University Div Champ 69; East West A-S Wrestling Classic 69; author of "Three From California", "Missing Persons" & "Steel Cigarettes"; California Wrestling HOF; Cal Poly HOF; NCAA Div 2 Wrestling HOF

## Melissa Knight

Swimming Synchronized  
(Stanford Univ); Member National Jr. Team 2003 & 04; National Collegiate Team Champs 05-08; U. S. Nationals Team Champ 07

## Maria Koroleva

Swimming Synchronized  
(Stanford Univ); Member National Jr Team 2006-08; National Jr Trio Champs 2006 & 08; National Jr Team Champs 08; Member National Team 08 & 12; West Regional Champs 09; National College Duet Champs 11; National College Team Champs 11

## John Kraetsch

Swimming Breaststroke/IM  
NCS Champ 74 100 bs (1:02.1); President Golden Empire Swimming, Bakersfield; LLH rcd 75 200 IM (1:59.6)

## Ashley Lachman

Gymnastics AA  
(UC Davis); State Level 9 Champ AA; Western National Champ (vault); MPSF Champs 2008 & 10

## Bryan Lee

Baseball 3B  
(Cuesta JC); All-Times 2003; played minor lg baseball (P)

## Kristian Lee

Swimming Breaststroke  
(Diablo Valley JC & UC Davis); NCS Champ 95 100 bs (57.03), 96 (58.34), 97 (56.71)

## Mike Lee

Wrestling 157lbs  
Nor Cal Champ 61

## Robert Litton

Swimming Diving  
NCS Champ 96 (363.55)

## Brian Luke

Football Quarterback  
(Univ of Kansas); East Bay Cream of the Crop 2001 #14

## Sean Madison

Football Offensive Line  
All-Times 92; All-East Bay 92; Cal-Hi All-State (medium schools) 92

## Carlos Martinez

Water Polo Attacker  
(UC Davis); All-WWPA 2009

## Wendy McPherson

"Papanos" (married name)  
Bowling  
Youngest woman (14) to bowl 300 gm 82; PWBA ROTY 86; BPAA Open 86; Winner WIBC Queens 88, 2000, 03; BWAA BOTY 96 & 99; career 19 pro titles to 2001; 1st career winnings to 2001 (\$1,104,735); PWBA Player of the Decade 99; 1986 PWBA & WWPB Rookie of the Year; Bowling Journal AA Team 90, 92, 96-2002, 04, 06; U. S. Bowling Congress AA Team 93, 96, 97, 99-03, 06; PWBA POTY 96, 97, 99, 2000; BWAA BOTY 96, 97, 99, 2000; Bowling Digest BOTY  
Bowling Journal's Bowler of the Decade '90s; avg ldr 86 (211.1); career 20 pro titles, 4 jr pro titles; 12 regional titles, 4 USBC titles, youngest winner Women's Triple Crown 90, member Japanese Professional Bowlers Assoc, USBC director; TV rcd most appearances season (15) 2000, 1st woman USBC Regular Event Title 06; USBC So. Nevada HOF So. Nevada Sports HOF; USBC HOF

## Gerald Meyer

Football Defensive End  
All-East Bay 66

## Tyrone Miller

Swimming Breaststroke/Free  
(Stanford Univ); NCS Champ 92 100 bs (58.26) & 93 (56.62); 93 100 fs (45.12); played wp in college; LLH rcd 93 100 bs (56.43)

## Jim Mitzel

Football Utility  
All-Times 93

## John Morse

Cross Country  
NCS Champ 82 (16:15)



# Contra Costa County

## Andrew Mulherron

Football                      Offensive Line  
All-Times 2007; enlisted Marines  
after high school

## Lacey Musante

Soccer                      Defender  
(Menlo College); All-Cal Pac 2009

## Lynsey Musante

Soccer                      Defender  
(Holy Names Univ); Cal Pac  
Champs 2006

## Scott Newell

Wrestling                      154lbs  
NCS Champ 99

## Rich Nye

Baseball                      Pitcher  
(Univ of California); CIBA Co-  
Champs 65; Chi Cubs 66-69, Mon  
Expos 70, StL Cardinals 70

## Adam Olson

Soccer                      Defender  
All-Times 2003

## Julie Olson

“Winger” (married name)  
Swimming                      Synchronized  
(Univ of Arizona); Member U. S.  
National Team 75-80; Sr. Nationals  
Team Champs 80-84; NCAA Duet  
Champs 81, Trio Champs 81 & 84,  
Solo Champ 83, Team Champs 83  
& 84; Sr. Nationals Trio Champs  
84; UA HOF

## Rodd Olson

Football                      Quarterback  
(Washington St); East Bay Cream  
of the Crop 85 #15

## Annabelle Orme

Swimming                      Synchronized  
(Diablo Valley JC & Academy of  
Arts); Member Jr.National Team  
2002; Jr.National Team Champs  
2002 & 03; Junior Pan American Gms  
Duet Champs 05; Member National  
Team 06-08; Member Olympic Team  
08

## John Ostrom

Swimming                      Butterfly  
(UOP); NCS Champ 61 100 bf  
(53.9-tie), tied U. S. Prep rcd; NCAA  
Div 2 Champ 100 bf 64 (53.4)

## Courtney Park

Track                      800mtrs  
NCS Champ 88 (2:11.62)

## Tony Pedretti

Swimming                      Breaststroke  
NCS Champ 78 100 bs (58.793)

## Debbie Peloyan

“Maderos” (married name)  
BK/SB/Swimming  
(Chico St); Chico St HOF; wife of  
George Maderos, SF 49ers player  
& Chico State “Athlete of the  
Century”

## Dave Perlman

Cross Country  
NCS 2A Champ 79 (NR)

## David Peterson

Baseball                      Pitcher  
(College of Charleston); Cal-Hi  
All-State 2008 (medium schools);  
Louisville SluggerAll-Freshman Team  
09; CC ldr season 09 cg (1), hbp (10),  
balk (2), 10 wins (8-tie), cg (1), ip  
(86 2/3, so (68), wp (12), hbp  
(22), balk (3), sho (1), 11 starts  
(15-tie), hits (103), runs (58),  
er (44), walks (29-tie), hbp (19),  
balk (5)

## Julie Pierce

Swimming                      Diving  
NCS Champ 83 (469.1) & 86  
(420.00); LLH rcd 85 (498.55)

## Serge Rigisich

Football                      Linebacker  
(Univ of California); EX All-Bay  
Area 76; All-Nor Cal 76

## Amr Saad

Soccer                      MF/Utility  
(Santa Clara Univ); All-Times 2007

## Mike Scheer

Football                      Offensive Line  
(UC Davis); All-Times 2000; Chron  
All-Metro 2000; Cal-Hi All-State  
2000 (medium schools); son of Bob  
Scheer, Manchester College HOF  
(fb)

## Tom Schneider

Football                      Punter/Kicker  
(Univ of California); Pac-10 Co-  
Champs 06; Holiday Bowl Champs  
06; Armed Forces Bowl Champs  
07; LLH rcd fg long 2002 (52 yds);  
Cal rcd long fg yds 06 (55-tie); Cal  
ldr pts 05 (77), 06 (97); Cal rcd xtra  
pts 05 (56); sister of Jamie  
Schneider, San Jose St wp player &  
Jennifer Schneider, Fresno St  
equestrian

## Ronelle Schuler

Softball                      Pitcher  
All-East Bay 86 & 87

## Andrew Shapiro

Football                      Kicker/Punter  
(Fresno St); East Bay Cream of the  
Crop 08 #20; LLH rcd season 2005

pat (27 for 27), kick pts season  
(NR) & career (NR); FS ldr punt  
avg yds season 10 (37.4), 11 (39.7)

## Steve Sherman

Swimming                      Diving  
(BYU); NCS Champ 75 (428.80)  
& 76 (LLH rcd-417.51); operator  
Steve Sherman Swim School,  
Lafayette; Director U. S. Swim  
School Assoc

## David Shortenhaus

WP/Track                      Driver/Discus  
(UCLA); All-East Bay/North Bay  
99 (wp); 2nd State Meet 2001  
(183-1); pole vaulted & competed  
in decathlon in college

## Bryan Snyder

Water Polo                      Driver/Field  
(UC Santa Barbara); All-East Bay  
09 (driver); East Bay POTY 09;  
Calif-Hawaii AA 09; LLH rcd goals  
season 08 (121) & 09 (121) & rcd  
career 2007-09 goals (412), asst  
(156)

## Jessica Soza

Water Polo                      Hole Set  
(UC Davis); All-Times 2003; All-  
NCS 2003; WWPAA Champs 06 & 08

## Brian Stafford

Basketball                      Forward  
(Univ of Denver); All-Times 08;  
DU Freshman MVP 09; NABC  
District 24 All Star 12; LLH ldr  
season pts avg 2007 (19.6), 08  
(24.5); DU rcd career gms (124)

## David Stafford

Basketball                      Forward  
(Azusa Pacific Univ); GSAC  
Champs 10; brother of Brian Stafford,  
see above; son of Pete Stafford, see  
Northgate High (CC); grandson of  
Dave Stafford, see Mt. Diablo High  
(CC)

## Bill Staley

FB/Track                      OL/Discus  
(Utah St); All-Nor Cal 63; NCS  
Champ 64 (179-2); State Champ 64  
(181-2); North-South Prep All-Star  
Gm 64; AA 67; Cin Bengals 68-69  
(AFL), Chi Bears 70-72; Times  
All-Time Contra Costa FB Team 94;  
USU HOF

## Jack Strand

Swimming                      Backstroke  
NCS Champ 58 100 bs (1:00.5) &  
59 (1:01.1)

## Suttle

Wrestling                      130lbs  
Nor Cal Champ 64

# Contra Costa County

## Brendon Swisher

Football Tight End  
(Princeton Univ); All-East Bay  
2003; All-Times 2003; Chron  
All-Metro 2003; Ivy Lg Co-Champs  
06; played ol in college

## Jason Swisher

FB/Wrestling LB/OL/215lbs  
(San Jose St); All-Times 2005  
(both ways); Times DPOTY 2005;  
All-East Bay 2005; Cal-Hi All-  
State 2005 (medium schools); NCS  
Champ 06; East Bay Cream of the  
Crop 06 #19; brother of Brendon  
Swisher, see above

## Tracee Talavera

Gymnastics  
(UCLA); National Jr All-Around  
Champ 78; National Uneven Bars  
Champ 79; National All-Around  
Champ 81 & 82; National Uneven  
Bars Champ 84; National Balance  
Beam Champ 84; Gold Medalist  
Olympics Team 84; Member Olympic  
Team 80 (boycott year); Member  
National Sr. Team 83-84; Member  
Olympics Women's Gymnastics  
Selection Committee 2002; subject of  
book, "Story of a Young Gymnast";  
U. S. Gymnastics HOF

## Bill Terry

Swimming Diving  
NCS Champ 66 (318.10); LLH rcd  
(363.05) 66

## Bill Theuriot

Swimming Diving  
(Univ of Oregon); NCS Champ 60  
(282.8)

## Jeff Thompson

Swimming Freestyle  
NCS Champ 82 50 fs (21.26); LLH  
rd 50fs (21.20), 100fs (46.69)

## Greg Thys

Baseball 2B  
(Univ of California); All-Pac-10  
So Div 79; Cal MVP 79; played  
minor league baseball; Northwest  
Lg-North Div Champs 79; father of  
Joel Thys, Long Beach St bb player

## Danny Transue

Football Tight End  
All-Times 94

## Johnny Turman

Football FB/QB  
(Los Medanos JC & Univ of  
Pittsburgh); SJ SaberCats 2003,  
Charleston Swamp Foxes 2003  
(AFL2); AFL2 ROTY 2003; Ind  
Firebirds 04 (AFBL)

## John Daniel Van Voorhis

"Dan" (known by middle name)  
Soccer Owner  
(San Francisco St); Founder &  
owner SF Bay Blackhawks (A Lg)  
88-94; California Association  
North Soccer HOF

## Cimran Virdi

Track Pole Vault  
NCS Champ 2011 (12-9)

## Katie Vo

Track Pole Vault  
(San Diego St); NCS Champ 2006  
(11-6); also atndd College Park  
High (CC)

## Kasey Wall

Soccer Defender  
(Chico St); CCAA-North Champs  
2009 & 11

## Dylan Walsh

Wrestling 285lbs  
NCS Champ 2013

## Danny Ward

Football Running Back  
All-Times 2007; All-East Bay 2007

## Amanda Weinstein

Swimming Synchronized  
(Univ Alabama-Birmingham);  
trio & team Champs U. S. Open &  
Age Group Nationals 2002; 1st  
place team U. S. Open 04

## Dave Weill

Track Discus  
(Stanford Univ); NCS Champ 58  
(145-5 1/2); 2nd State Meet  
(college weight) 58 (141-3); NCAA  
Champ 62 (181-1) & 63  
(182-0 1/2); Bronze Medalist  
Olympics 64 (59.49 mtrs); pr 67  
(206-7 1/2); Stanford HOF

## Jason Welch

Wrestling/FB 147/160lbs/DL  
(Northwestern Univ); NCS Champ  
2005-08; State Champ 06-08;  
Times WOTY 07; East Bay WOTY  
07; All-Times 07; Times AOTY 08;  
Cal-Hi WOTY 07 & 08; Cal-Hi  
Div 2 AOTY 08; National WOTY  
08; Amateur Wrestling News All-  
Rookie Team 09; LLH rcd season  
08 (49-0), career 2005-08 (194-7),  
consec wins (142); cousin of Jesse  
Reta, see James Logan High (A) &  
Jason Verduzco, see Antioch High  
(CC)

## Larry Wertz

Baseball Pitcher  
All-East Bay 74; played minor  
league baseball; Western Carolinas  
Lg Champs 75; Carolina Lg

Champs 78

## Jeff Wilkerson

Baseball Utility  
(Dartmouth College); All-East Bay  
2003

## Britt Williams

Football Guard/LB/Coach  
(USC); AAWU Champs 59; Rose  
Bowl Champs 60; All-AAWU 61;  
All-Coast 61; Head Coach Aragon  
High (SM) 79-99 (156-65-5); CCS  
Div 2-North Champs 92; CCS Div  
3 Champs 94; Peninsula Sports  
HOF; Aragon HOF; father of  
Johanna Williams, Head Coach  
women's lacrosse UCLA

## Gregg Wilson

Swimming Coach  
(Diablo Valley JC & Univ of  
California); Head Coach men UC  
Santa Barbara 76-83, 84 (92-124 thru  
2010); 26 Conf Champs; 15 Conf  
COTY; Head Coach women UC Santa  
Barbara 85- (145-108-1 thru 2010), 13  
Conf Champs, 12 Conf COTY

## Liberty High Lions Brentwood (estab. 1902)

## J. Douglas Adams

"Doug" (known by middle name)  
FB/BK/Track SP/Discus  
(Stanford Univ); LH rcd 68 (54-6),  
(180-1); Supt. Brentwood Union  
School District; Liberty District  
HOF

## Buffy Ajimora

Swimming Butterfly/Free  
(UC Davis); MPSF Champs 2011

## Jesse Baldazo

Wrestling 140/145lbs  
(Sierra JC); NCS Champ 2010 & 11

## Monica Barajas

Softball Infielder  
(Los Medanos JC); All-East Bay  
91; All-Times 91; Liberty District  
HOF

## Jason Barnes

Wrestling 103/112lbs  
NCS Champ 96 & 97

## Scott Barnes

Basketball Center  
(Eastern Montana College & Fresno  
St); All-Nor Cal 80; ASC Gottingen  
(Germany) 88; GM Fresno Flames  
(World Lg) 88-89; AD Humboldt St  
97-99, Eastern Washington Univ  
99-2005, Utah St 2008-; Div 1-A  
Western Region AD of the Year

# Contra Costa County

2005; LH ldr season 80 pts avg  
(18.4); Liberty District HOF

## Justin Barrios

Wrestling 103lbs  
NCS Champ 94

## Billy Beltram

Wrestling 198/217lbs  
NCS Champ 98 (217); State Jr  
Greco-Roman Champ 98 (217);  
Member National Team 98 (217);  
LH Yearbook AOTY 98; Liberty  
District HOF

## Kylee Blatz

Soccer Forward/MF  
(Sacramento St); Big Sky Champs  
2007

## Ross Bomben

Track 110mtrHH/Decathlon  
(Univ of California); NCS Champ  
92 (14.91w); National Jr. Champ  
(decathlon-NR) 03; Pac-10 Champ  
97 & 98 (decathlon-NR); Liberty  
District HOF

## David Borjon

FB/BK/Tck/Box Back/Mdlwt  
(Chico St); CCAA Champ 59-61  
(box); Chico St HOF; Liberty  
District HOF

## Christian Bowerman

Wrestling 121lbs  
(Fresno St); NCS Champ 01 & 02;  
State Cadet Greco-Roman Champ  
2000; Member National Team 99  
& 2000

## Stephen Bronzan

"Lou"  
FB/Wrstl Center/LB/Coach  
(UC Davis); FWC Champs 71-74;  
All-FWC 74; Little All-Coast 74;  
Liberty District HOF; Annual Liberty  
High wrestling tournament named in  
his honor

## Bill Bunn

FB/BK/BB/Tck Pitcher/Discus  
(St. Mary's College); LH football  
MVP 39; Member Byron School  
Board 57-77; school district  
administration building named in  
his honor; Liberty District HOF

## Sarah Burgess

Track/Soccer Pole Vault  
(St. Mary's College); NCS Champ  
2001 (11-0); LH red season pts  
(60); SMC ldr goals 02 (7-tie);  
Liberty District HOF

## Brian Bushman

Wrestling 277 lbs  
State Champ 95

## Leonard Canciamilla

Wrestling 130lbs  
(Diablo Valley JC); NCS Champ 94

## Allison Cecchini

"Alli"  
Volleyball Setter/Opp Hitter  
(Univ of Florida); All-Times  
2004-06; All-East Bay 05-06

## Albert Celoni

FB/BK/Baseball End/Pitcher  
Liberty District HOF

## Tara Clark

Swimming Freestyle  
(UNLV); Big West Champs 91 &  
92; Head Coach Silverado High-  
Nevada; Liberty District HOF

## Shampayne Clay

Softball Shortstop  
(Academy of Arts Univ); All-Pac  
West 2010

## Christie Coalter

Softball Pitcher  
All-East Bay 91; All-Times 91

## Clay David Coffman

"Dave" (known by middle name)  
FB/Track Center/Discus/SP  
(Sacramento St & New York St);  
Liberty District HOF

## Dave Continente

Football Tight End  
(Los Medanos JC & Cal Poly-SLO);  
All-East Bay 79; All-Nor Cal 79;  
Liberty District HOF

## Perry Continente

Football Tight End  
(Los Medanos JC & Cal Poly-SLO);  
All-East Bay 77; Liberty District  
HOF; brother of Dave Continente,  
see above

## Larry Corgiat

Basketball Forward  
LH ldr season pts avg 67 (20.5);  
LH All-Decade Team '60s; Liberty  
District HOF

## Scott Cory

Rock Climbing  
Member National Climbing Team  
2004; youngest member National  
Team 98 (age 8); youngest to scale  
"The Nose" of El Capitan in one day  
2000 (age 11); youngest to scale Half  
Dome in one day 02 (age 13)

## Johnny Cullen

Wrestling 171/173lbs  
NCS Champ 94 & 95

## Bob Dal Porto

Football Running Back

(Univ of Colorado & Univ of  
California); Skyline Conf Champs  
43; PCC Champs 48; Liberty District  
HOF

## Gabe Dal Porto

Football Defensive End  
(Los Medanos JC & Cal Poly-SLO);  
LH DMVP 98; LH red season sacks  
98 (15); Liberty District HOF

## Steve Dal Porto

FB/BK/Track RB/WR/Hurdles  
(Univ of Colorado); Bluebonnet  
Bowl Champs 67; Liberty Bowl  
Champs 69; LH red gm tds (6), rush  
yds (253); LH ldr season rush yds  
65 (990); Liberty District HOF;  
father of Gabe Dal Porto & son of  
Bob Dal Porto, see above

## Tony Darone

FB/Wrestling LB/165/178lbs  
(Diablo Valley JC); All-East Bay  
85; All-Nor Cal 85; NCS Champ 85  
& 86; State JC Champ 86 (165);  
Head Coach wrestling, fb Mt.  
Diablo High (CC), Pittsburg High  
(wrestling) 11; NCS Champs 06  
(wrestling); Calif Wrestling HOF;  
cousin of Vic Galli, see De La Salle  
High (CC)

## Brittany David

Wrestling 146lbs  
(Lindenwood Univ); NCS Champ  
2007-10; Nor Cal Champ 08-10; State  
Champ 08; Folkstyle State Champ 09;  
Freestyle State Champ 10

## Mike Davies

Wrestling 98lbs  
NCS Champ 90; Liberty District  
HOF

## Megan DeGuerre

Soccer Midfielder  
(Sacramento St); Big Sky Champs  
2007

## Ronald Dell'Imagine

FB/Swim/Track/Boxing  
(University of California); Head  
Coach boxing Univ of California  
68-70; Liberty District HOF

## George Del Pozo

FB/BK/Track Back/Inf/PV  
Liberty District HOF

## Dewey DeMartini

FB/BK/Track Tackle/100yds  
Liberty District HOF

## John Dwelley

Swimming Free/Butterfly  
(Arizona St); NCS Champ 2004  
100 bf (49.98); LH MVP Swimmer  
2004; LH Outstanding Sr Athlete

# Contra Costa County

2004; LH rcd 100 fs, 200 fs, 500 fs, 100 bf, 100 bs, 200 IM; Liberty District HOF

## Kate Dwelley

Swimming Freestyle (Stanford Univ); NCS Champ 2004 200 fs (1:48.21), 05 (1:48.52), 06 (1:46.28), 07 (1:45.96); 2004 500 fs (4:51.89), 05 (4:50.35); 100 fs 06 (50.17), 07 (49.46); Cal-Hi State SOTY 06; Times SOTY 06; Times Swimming AOTY 07; Nor Cal Sports Prep Female of the Year 07; Pac-10 200 fs Champ (1:45.09) 08, University Gms Champs 800 fs relay 200 fs (Stanford rcd-1:43.3), 200 fs relay & 400 fs relay, NCS rcd 200 fs (1:45.96), 50 fs (22.97) 07, sister of John Dwelley, see above

## Mark Dwelley

Football/BK Defensive End (Univ of Washington & UC Davis); FWC Co-Champs 73; FWC Champs 74-75; Liberty District HOF

## Carroll Elkins

Baseball/BK Pitcher MVP in 68 fast pitch softball tournaments; Liberty District HOF

## Andrea England

"Rodriguez" (married name) VB/BK/Track Sprints/Jumps (Cal St Hayward); Liberty District HOF

## Bob England

FB/Swimming Lineman Liberty District HOF

## Jack England

FB/BK/Swim/Tck QB//HJ/Bkstk (Eastern Washington Univ); Head Coach Liberty High, Brentwood Swim Club 68-77; LH rcd 50yd bs (NR), 100yd bs (NR); Liberty District HOF

## Charlie Enos

Football Utility/WR (UC Davis); All-Times 96; Winnipeg Blue Bombers (CFL), Vienna Vikings (Austrian Lg); UCD rcd season recep (73), recep yds (1,044); Liberty District HOF

## Ron Enos

FB/BK/Baseball Quarterback/3B (Diablo Valley JC & Sacramento St); LH All-Decade Team '60s; Liberty District HOF

## Darren Foreman

Football Defensive Line (Los Medanos JC, Cal St Hayward & Upper Iowa Univ); Liberty District HOF

## Rick Fortner

FB/BK/Baseball Back/TE (UC Davis); FWC Champs 71-74; All-FWC 73 & 74; Nor Cal Small College OPOTY 74; Little All-Coast 74; UC Davis All-Decade Team '70s; Liberty District HOF

## Wendy Fortner

"Brown" (married name) BK/Track SP/Discus Liberty District HOF

## Matt Fregi

Baseball Pitcher (Sacramento JC & St. Mary's College); All-Times 93

## Jeanne Gallegos

BK/Tennis/Track Shot Put (Los Medanos JC); State JC Champ 82 (NR); LH rcd 81 (41-2 1/2); Liberty District HOF

## Scott Garcia

Wrestling 137lbs (Lassen JC); NCS Champ 2000

## Rob Gatrell

Football TE/Coach (Fresno St); East Bay Cream of the Crop 95 #19; All-WAC 99; WAC Co-Champs 99; FSU Most Outstanding Lineman 99; Amsterdam Admirals 2002-04 (NFLE); SJ SaberCats 04; LV Gladiators 05-06; Utah Blaze 07 (AFBL); Arena Bowl Champs 04; Head Coach Windsor High (Son) 11; NCS Div 2 Champs 11(14-0)

## Debbie Geyser

BK/Softball Infielder (Delta JC & UOP); All-East Bay 83-85 (bk); All-Nor Cal 84 (bk); EX All-Bay Area 85 (bk); Cal-Hi All-State 85 (bk); All-East Bay 85 (sb); Liberty District HOF

## Joseph Ghiggeri

FB/BK/BB RB/Guard (Los Medanos JC & St. Mary's College); LH rcd td recep gm 98 (4), season 99 (12), career 98-99 (16); Liberty District HOF

## Roy Ghiggeri

Basketball Forward (UOP); WCAC Co-Champs 70; WCAC Champs 71; Liberty High AD 82-88; LH All-Decade Team '60s

## Fred Gibson

FB/Track Center/Disc/SP (Sacramento St); All-FWC 67 &

68; Head Coach El Camino High, Sacramento, 79-2002; Liberty District HOF; Sac State HOF

## Paul Gomez

Wrestling 103lbs NCS Champ 2007

## Mike Gonzales

Baseball 1B (Diablo Valley JC); JC AA 2008; JC AA POTY 2008; played minor league baseball; Appalachian Lg-West Div Champs 09

## Aaron Gonzalves

Basketball Guard All-Times 92

## Chris Gruler

Baseball Pitcher ANG Best of the Best 2002; All-Times 2002; Cal-Hi All-State 2002; Gatorade State POTY 2002; 1st rd draft pick (3rd overall) 2002 by Cin Reds; highest drafted Contra Costa Co player; signed for reported \$2.5 million 2002, largest bonus by Cin Reds; played minor league baseball, but rookie yr injury resulted in rotator cuff surgeries in 03, 04 & 05 & he pitched fewer than 100 minor lg innings before release 07; Co-Founder Protege Branding, marketing for MLB players

## Marian Gruenewald

"Nowak" (married name) Track 100HH/Hep (San Diego St); FWC Champ Heptathlon 86 (4,272pts) Second in NCS 85 (14.77); Liberty District HOF

## Wendy Haas

Softball Infielder All-East Bay 86

## Paula Hale

Basketball (So. California College); All-East Bay 87; All-Nor Cal 87

## Heidi Haney

Softball Outfielder All-East Bay 91; All-Times 91

## David Hays

Football Offensive Line (Univ of California); EX All-Metro 98; All-East Bay 98; All-Times 98; East Bay Cream of the Crop 99 #6; Cal-Texas Prep All-Star Gm 2000; Insight Bowl Champs 03; Liberty District HOF; cousin of Deron Thorpe, see Cupertino High (SC)

## Eric Heitmeyer

# Contra Costa County

Wrestling 140lbs  
NCS Champ 96

## Dennis Henderson

Football/BK TE/LB  
(Cal State Hayward); FWC Champ 70; Freedom High AD; Liberty District HOF

## Joe Hernandez

Wrestling 160lbs  
NCS Champ 91

## Jim Honegger

Football Quarterback  
(UOP); played lb in college; Liberty District HOF

## Krista Houseman

VB/Basketball Middle Blocker  
(Loyola Marymount Univ); 1st LH to receive Div 1 vb scholarship; Liberty District HOF

## Isaiah James

"Fox"  
Basketball Forward  
(SJCC & Brandon Univ); JC All-State 2009 & 10; BU ldr season 11 stls (42), off reb (57); BU MVP 11; did not play 12, returned for 12

## Kevin Johnson

Basketball Forward  
(Humboldt St); GNAC Champs 2004; All-GNAC 06; CCAA Champs 07; All-CCAA 07; CCAA POTY 07; NCAA Div 2 AA 07  
Polonia Azbud (Poland) 08, Alianz Swans Gmunden (Austria) 08, Austria Cup Champs 08; Austria All-Star Gm 08; Lfl Giessen 46ers (Germany) 09-10

## Stephanie Jzyk

Soc/Track/Tennis 100mtrLH/LJ  
(Diablo Valley JC & Sacramento St); competed soccer & track in jc; did not play in college; Liberty District HOF

## Tina Kellner

Softball Infielder  
(Univ of California); All-East Bay 93; All-Times 93; played of in college

## Fred Kelley

FB/Wrestling Running Back  
(Los Medanos JC, Univ of Idaho & Sacramento St); :LMJC DPOTY 2001; played de & lb in college; Liberty District HOF

## Michelle Kemnitz

Softball Outfielder  
All-Times 92

## Adam Klingsheim

Wrestling 140lbs  
NCS Champ 2006

## David Klingsheim

Wrestling 101/112/119lbs  
(Univ of Nebraska); State Cadet Freestyle Champ 2006; State Cadet Greco-Roman Champ 2006; Western Regional Cadet Freestyle Champ 2006; Western Regional Cadet Greco-Roman Champ 2006; NCS Champ 07 (101) & 09 (119); State Champ 08 (112) & 09 (119); Dave Schultz High School Excellence Award 09; rcd 55-0 09

## Kip Klingsheim

Wrestling 147lbs  
NCS Champ 2002; brother of Adam & David Klingsheim, see above

## Steve Knight

Football  
Liberty District HOF

## Keri Kresevich

Tennis/BK/Track  
(Sonoma St); Liberty District HOF

## Alice Krumlinde

Softball Infielder  
All-East Bay 89

## Stephanie Ksenzulak

CC/Track  
(Shasta JC & New Mexico St); Liberty District HOF; Dualthon Athlete (run-ride-run)

## Lauren LaFlamme

Volleyball Outside Hitter  
(Univ of Tennessee); All-Times 2003; SEC Champs 04; UT Most Inspirational 06

## Wyatt Landrum

Track/CC 3200mtrs  
(Diablo Valley JC & American River JC); NCS Champ 2008 (9:11.00); NCS Div 2 Champ 2008 (14:47); East Bay ROTY 2008; State JC cc Champ (American River) 11

## Sean Lasher

Basketball Point Guard  
(College of So. Idaho & UOP); All-East Bay 85; LH ldr season pts avg 85 (19.1)

## Yogi Leake

Wrestling 112lbs  
(Cal Poly-SLO); NCS Champ 91; Head Coach Delta Wrestling Club

## Joseph Lilley

FB/Baseball QB/DB/Inf/P

(Los Medanos JC & St. Mary's College); Special Teams POTY 97; Liberty District HOF

## Richard Linn

Football/BK Tight End  
Sporting News Prep AA 60 (fb); Times All-Time Contra Costa FB Team 94; Liberty District HOF

## Luis Lino

Track Pole Vault  
2nd State Meet 92 (15-6)

## Guido Lucchesi

FB/BB/BK Infielder  
(St. Mary's College); Liberty District HOF

## Mark Lucchesi

Football OL/DL  
(Humboldt St); All-FWC 76; Liberty District HOF

## Andy Luna

Wrestling 103lbs  
NCS Champ 97; State Jr Greco-Roman Champ 98

## Robert Maiocco

FB/BB/CC/Track WR/220/440  
(Stanford Univ); LH Track MVP 74-77; :LH rcd 220 (NR), 440 (NR); Liberty District HOF; SU ldr 80 400mtrs (47.84)

## Julie Marshall

Softball Catcher  
(UCLA); All-East Bay 93-95; All-Times 93-95; Times POTY 94; Times AOTY 95; Cal-Hi All-State 94 & 95; All-Pac-10 99; Pac-10 Champs 99; NCAA Champs 99; Women's Pro Softball Lg All-Star Team 2002; Calif Sunbirds 04; Head Coach Amador Valley (A)10-12; Director Queen of the Mountain Softball Tournament 13-; LH rcd career hr (21); UCLA ldr career rbi (202) & gms (243); Pac-10 ldr season hr 99 (9-tie); Liberty District HOF

## David Martin

Baseball/FB Infielder/LB  
All-East Bay 88 (bb); LH MVP (fb) 87; LH ldr season BAvg 85 (.364), 86 (.435), 87 (.455), 88 (.550); enlisted U. S. Army after high school; Liberty District HOF

## Tatyana Martinez

Soccer Defender  
(Holy Names Univ); Cal Pac Co-Champs 2011

## Carlos Mattos

Track 440yds  
NCS Champ 68 (48.9)

# Contra Costa County

## Shannon McBroom

“Thomas” (married name)  
VB/BK/Softball  
(Embry-Riddle Aeronautical Univ & Jefferson Davis CC); LH Top Defensive Player (sb); LH VB MVP twice; All-FAL (vb); Liberty District HOF; prep teammate of Holly Mikkelsen, see below

## Rick Mello

All Sports Contributor  
(Utah St); Sports editor Liberty High newspaper; Sun Belt Conf. Associate Commissioner 06-12; AD Florida International 00-06 & Arkansas-Little Rock 95-00 ; Chair NCAA Admin Review Subcommittee; Assoc Director Univ of Miami; Assoc Dir Media Relations Cal, FB Recruiting Coordinator Cal 84-87; Media Relations Dir UOP 83-84; Dir Marketing & Media Women’s Sports UCLA 81-82 Liberty District HOF

## Shannon Mendez

Softball Infielder  
All-East Bay 88

## Holly Mikkelsen

VB/BK/Softball  
LH Top Defender Softball 80; LH Female AOTY 82; Liberty District HOF; prep teammate of Shannon McBroom, see above

## Robert Moreno

Wrestling 135lbs  
NCS Champ 99

## Don Morse

FB/BK/Baseball Line/Gd/Catcher  
Liberty District HOF

## John Mundell

FB/BK/Track DE/880/LH/Disc  
(Chico St); boxing referee; Chico St HOF; Liberty District HOF

## Josh Nogar

Wrestling 145lbs  
NCS Champ 93

## Ron Nunn

FB/BK/Track Running Back  
(Stanford Univ & COP); Liberty District HOF

## Michael O’Brien

FB/Baseball Outfielder  
(Chico St); Liberty District HOF

## Mario Ochoa

Wrestling 98lbs  
NCS Champ 85

## Jose Oseguera

FB/Basketball Back

Liberty High FB MVP 76; Liberty District HOF

## Skyler Parker

Football Linebacker  
(Los Medanos JC & Ottawa Univ); Kansas Collegiate Athletic Conf Champs 2011

## Juan Patino

Wrestling 114lbs  
NCS Champ 98

## Staci Perez

Softball Outfielder  
All-East Bay 89

## Russell Phillips

FB/BK/BB/Track DL  
(San Jose St, Marin JC & San Jose St); Head Coach wrestling James Lick High (SC); Liberty District HOF

## Dennis Pilati

FB/BK/Baseball QB/Gd/Pitcher  
(Fresno St); All-CCAA 66; pitched no hitters vs John Swett & Amador Valley (15 so) 62; Liberty District HOF

## Vernon Pitau

FB/BK/BB/Track QB/K/Pitcher  
(Modesto JC & Univ of California); Liberty District HOF

## Rochelle Ann Poerio

BK/CC/Track 880/440yds  
(Stanford Univ); LH rcd 77 (2:23.6), 79 (58.4); Liberty District HOF

## Valerie Poerio

VB/BK/Track  
(Univ of California); LH rcd gm pts 84 (35); Liberty District HOF

## Brent Pomeroy

Basketball  
Liberty District HOF

## Kyle Quinn

Football Offensive Line  
(Univ of Arizona); All-Times 2007; Chron All-Metro 2007; East Bay Cream of the Crop 08 #20

## Paco Ramirez

Wrestling 135lbs  
NCS Champ 93

## Floyd Reese

Football DL/Executive  
(UCLA); All-East Bay 65; North-South Prep All-Star Gm 66; UCLA Rookie of the Year 67; UCLA Co-MVP 69; All-Pac-8 69; All-Coast 69; Mon Alouettes (CFL) 70; Hula Bowl Most Outstanding Lineman

69; GM Hou Oilers/Tenn Titans 94-2006; ESPN Columnist/Analyst; LA Times All-Time UCLA Team 70; Liberty District HOF

## Monique Renslow

Swimming Diving  
(BYU); NCS Champ 91 (338.1)

## Robert Riccioli

FB/Baseball WR/1B  
(UOP); LH rcd season 63 recep (33), recep yds (627); UOP ldr season 65 recep (29), recep yds (416); 67 recep (36), recep yds (424); Liberty District HOF

## Matt Riley

Baseball OF/Pitcher  
(Sacramento CC); All-Times 96 (of); JC State & National Champs 99; Balt Orioles 99, 2003-04 (p), Tx Rangers 05; third Tommy John surgery ended career

## David Rios

Wrestling 135/140lbs  
(Cal St Fullerton & Menlo College); NCS Champ 2008 & 09

## Roy Rios

Wrestling 119lbs  
(Diablo Valley JC, Montana St & Chico St); Liberty District HOF; father of David Rios, see above

## Johnny Rodriguez

Wrestling 194/191lbs  
NCS Champ 88 & 90; Liberty District HOF

## John Rogers

Football Lineman  
(Diablo Valley JC & Linfield College); All-Northwest Conf 74; All-NAIA Div 2 74; Northwest Conf Champs 72 & 75; Head Coach Arlington High 76-94; Oregon State Div B Champs 77 & 81; Linfield College Coaches HOF; Liberty District HOF

## Jennifer Roland

Basketball Fwd/Center  
All-Times 92

## Tony Roldan

Wrestling 130lbs  
NCS Champ 91; Liberty District HOF

## Frank Rosas

FB/Baseball Infielder  
Liberty District HOF

## Mike Rozenski

“Rosie”  
Basketball Center

# Contra Costa County

(St. Mary's College); All-East Bay 71; EX All-East Bay 71; All-Nor Cal 71; All-Western District 71; North-South All-State Bk Gm 71; All-Nor Cal College Freshman Team 72; San Miguel (Philippines); LH ldr career 69-71 pts (1,265), reb (778) ; LH ldr season 71 pts avg (20.6), reb (320); SMC ldr season 74 ft pct (.784), asst (97), 75 reb (229), asst (86); LH All-Decade Team '60s; Liberty District HOF

## Nicole Simoni

VB/BK/Swimming  
(UOP); Liberty District HOF

## Austin Solari

Wrestling 132lbs  
NCS Champ 2013

## Frank Stonebarger

Basketball Guard  
(UC Davis); FWC Champs 67 & 68; FWC Co-Champs 69; LH red season pts 65 (378); LH All-Decade Team '60s; Liberty District HOF

## Larry Stonebarger

FB/BK/Baseball QB/DB  
(Univ of Idaho, Diablo Valley JC & San Jose St); Liberty District HOF; brother of Frank Stonebarger, see above, Liberty High Gym named in family honor "Stonebarger Gym"

## Josh Storrer

Wrestling 152lbs  
NCS Champ 97; LH Wrestling Wall of Fame

## Julie Stranahan

VB/BK/Track SP/Discus  
(Los Medanos JC & Metro St); played vb at Diablo Valley JC because Los Medanos did not have vb team; Liberty District HOF

## Michele Stranahan

VB/Track SP/Discus  
(Delta JC & Sonoma St); Liberty District HOF; sister of Julie Stranahan, see above

## Shaun Stringer

Swimming Butterfly  
(UC San Diego); PCSC Champs 2010 & 11; NCAA Div 2 Champ 2010 200 bf (1:51.72)

## Manuel Tarango

"Roadrunner"  
FB/BK/Track Back/200/400  
(East Contra Costa JC & Chico St); FWC Champ 58 (21.5), (48.4); FWC red 200mtrs (NR) & 400mtrs (NR); mile relay (NR); soccer referee; CS red gm longest pass recep yds (89) 58; AD & Head Coach Rincon Valley Jr

High 65-; Head Coach Girl's Soccer and Track Maria Carrillo High (Son); Liberty District HOF, Chico St HOF

## Debbie Taylor

Softball Pitcher  
All-East Bay 76

## Kady Try

Volleyball Outside Hitter  
(Central Washington Univ); All-Times 2005; Washington State 4A POTY 06; graduated from Mead High, Spokane, WA

## Herm Urenda

Football/BK RB/Kicker/Gd  
(UOP); All-Nor Cal 56 (fb); State POTY 56 (medium schools); MVP North-South Prep All-Star Gm 57; Oakl Raiders 63 (AFL); Times All-Time Contra Costa FB Team 94; state ldr scoring 56 (156 pts); kicked 12 xp vs John Swett 56; LH red career tds (20); LH red bk gm pts 57 (40), fg (17); Liberty District HOF

## Paul Urenda Jr.

FB/Wrest/BB Lineman  
(San Jose St); Liberty High MVP Lineman; Liberty District HOF

## Martin Valles

Wrestling 130lbs  
NCS Champ 97

## Raymond Valverde

Basketball Guard  
(Univ of California); LH ldr season pts avg 63 (17.9); LH All-Decade Team '60s; Liberty District HOF

## Teresa Vera

Softball Catcher  
All-East Bay 84

## Michelle Vestal

VB/BK/SB Outfielder  
(U. S. Air Force Academy); All-East Bay 90 (sb); Liberty District HOF

## Ebony Waiters

Softball Outfielder  
(Delta JC); All-Times 2000

## Cathy Webber

VB/Basketball Guard/Center  
(Delta JC & Briarcliff Univ); LH Most Inspirational 97 (vb); MVP 98 & 01 (bk); Liberty District HOF

## Matt Webber

Volleyball Outside Hitter  
(UC Irvine); All-Times 2003; Times POTY 2003; Member Jr. National Team 2003-05; NCAA Champs 07; NCAA Tourny MVP 07; UCI ldr 06 kills avg (4.66); gms(126), kills (502),

aces (47), pts (604); Santa Sport (Finland) 08, Finland Champs 08, Finland MVP 08; Ajaccio (France) 09, Finikas Syros (Greece) 09 & 10, Paris Volley (France) 11-; WAC red aces per gm (.380); Liberty District HOF

## Harold Wheeler

FB/Baseball Catcher  
(Diablo Valley JC & Univ of Nevada-Reno); Head Coach bb Douglas-Nevada High; Northern Nevada BB COTY 85, 87 & 89; Scout Cal/LA Angels; Liberty District HOF

## Matt Wilgenbush

Basketball Center  
(Santa Clara Univ); All-East Bay 82 & 83; All-Nor Cal 83; LH ldr season 82 pts avg (17.0); Liberty District HOF

## Travis Williams

Wrestling 130lbs  
NCS Champ 2003

## Charles Willis

FB/Baseball Center/LB  
FB MVP 54 & 55; Liberty District HOF

## Wooley

Track 120ydHH  
NCS Champ 27 (16.8)

## Harvey Yurkovich

FB/Wresting Lineman  
(Humboldt St); Liberty District HOF

## Nick Zapatero

Track Pole Vault  
NCS Champ 2007 (14-9)

## Miramonte High Matadors Orinda (estab. 1955)

## Lynne Abbes

"Rolley" (married name)  
Tennis Singles  
State 14 Champ 62; Pacific Coast 14 Champ 62; National Hard Court 14 Champ 63; State 16 Champ 63 & 64; National Hard Court 16 Champ 63 & 64; Pacific Coast 16 Champ 63; State 18 Champ 65; National Hard Court 18 Champs 65 & 66; ranked Top 10 U. S. 67; Head Coach men St. Mary's College 70-73 (1st woman to head men's NCAA team); Head Coach Oakl Aces (World Team Tennis); Head Coach women Pan American Gms Team 99; USLTA Director of Program Development; Director of Tennis Berkeley Tennis Club; Northern California Tennis HOF; daughter of

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Ernest Abbes, USLTA Nor Cal President; mother of Ashlie Rolley, see Miramonte High (CC)

## Tim Albo

Lacrosse Midfielder  
(Cal Poly-SLO); WCLL Champs 2010 & 11

## Laura Alonso

Swimming Backstroke  
(Harvard Univ); NCS Champ 88 100 bs (1:00.72) & 89 (59.74); Ivy Lg Co-Champs 91; HU ldr 50 fs (23.89), 100 fs (52.14) 93; MH ldr 50 fs (24.46) 89

## Dave Anderson

Rugby Flyhalf  
(Univ of California); NCAA Champs 2004 & 05

## Scott Anderson

Rugby Lock  
(Univ of California); NCAA Champs 99; Head Coach Lamorinda Under-19 Team; son of Ned Anderson, Head Coach Univ of California 75-83; brother of Dave Anderson, see above

## John Andrews

Football Quarterback  
(Yale Univ); All-Nor Cal 83; East Bay Cream of the Crop 84 #16

## Peter Andrews

Tennis Doubles  
(Stanford Univ); NCS Champs 81; played fb (qb) in college

## Keith Bardellini

Tennis Singles  
(Univ of California); NCS Champ 70

## Bryan Barker

Football Punter  
(Santa Clara Univ); WFC Co-Champs 83; WFC Champs 85; KC Chiefs 90-93, Phil Eagles 94, Jac Jaguars 95-2000, Wash Redskins 01-03; GB Packers 04, StL Rams 05; NFL Rookie Team 90, All-Pro 97; NFL Pro Bowl 97, NFL Mackey Award three times (best punter), SCU rcd gm avg (49.8), season punts 82 (74-tie); career ldr punts (248), one gm avg (49.8), founder Let Us Play Foundation; last SCU alumnus to play in NFL

## Katie Batlin

Basketball Center  
(St. Mary's College); Cal-Hi All-State (sophomore) 2006; Cal-Hi All-State (junior) 07; All-Times 07 & 08; Times POTY 08; All-East Bay 07; Chron Metro Contra Costa/Tri-Valley POTY

07; Chron All-Metro 08; Metro Contra Costa POTY 08; Cal-Hi Div 3 All-State 08; Cal-Hi Sports NCS POTY 08; MH ldr season pts avg 07 (15.9), 08 (15.5)

## Kelly Bauer

Rowing Pairs/8-Oar Crew  
(Harvard Univ); Stroke on National Men's Youth Champs 2009 (pairs); World Jr. Gold Medalist Men's Team 2009 (8-oar); Uncle Tim Doerr, college fb player Univ of Texas (National Champs 65)

## Mike Bauer

Tennis Doubles/Singles  
(Univ of California); NCS Champs 76; NCS Champ 77; played pro; AA 81; Jr Davis Cup Team 81; Director of tennis Harbor Bay Tennis Club, Alameda

## Ben Becker

Tennis Doubles  
NCS Champs 93

## Andrew Bennett

"Drew"  
Football Wide Receiver  
(UCLA); Tenn Titans 2001-06, StL Rams 07-08, Balt Ravens 09; played qb in college; ESPN talk show host; NFL rcd td recep three gms 04 (8-tie); Tenn Titans ldr recep 06 (46)

## Jenny Bergren

Track Mile  
(Academy of Art); NCAA D2 Indoor Champs 2013; AA rcd (4:50.03)

## Katie Bilotti

Swimming Backstroke  
(Claremont-Mudd-Scripps College); SCIAAC Champ 11 100 bs (57.32); SCIAAC Champ 11 200 med relay (1:45.0); SCIAAC Champs 11; SCIAAC rcd 2010 100 bs (56.11), 100 bf (54.93), 200 medley (1:43.09), 400 medley (3:44.60)

## Justin Blackwood

Basketball Guard  
(Claremont-Mudd-Scripps College); SCIAAC Champs 2001; brother of Chris Blackwood, see Campolindo High (CC); son of Tom Blackwood, see Menlo-Atherton High (SM)

## Andrew Blair

Rugby Wing/Fullback  
(Univ of California); NCAA Champs 2002, 04 & 05; AA 05; National A-S Classic MVP 05

## Graham Bockmiller

Track Pole Vault  
(USC); 3rd State Meet 2003 (15-4); prep pr 2003 (15-4)

## Joe Born

Water Polo  
(Univ of California); All-East Bay/North Bay 99; AA 99; brother of David Born, Cal water polo player

## Brittany Boswell

Basketball Guard  
Cal-Hi Div 3 All-State 2005

## Nicole Branagh

Volleyball Outside Hitter  
(Univ of Minnesota); All-Times 96 & 97; All-Big 10 98-2000; Big 10 Co-POTY 2000; Big 10 ldr kills per gm 99 (5.44); Big 10 rcd career kills (2,379); Member National Team 01-03; Member Pan American Gms Team 03; AVP 04-; AVP ROTY 04; Member Olympic Team 08; Top-ranked AVP Team 09; AVP MVP 09; played pro Japan & Italy; cousin of Kathleen Branagh, see Campolindo High (CC)

## Pierre Breber

Tennis Doubles  
(Univ of California); NCS Champs 82

## Tommy Briskey

Water Polo Field  
(Univ of California & Pepperdine Univ); All-Times 2007; All-East Bay/North Bay 2007 & 08; East Bay/North Bay Co-MVP 2007; AA 2007; Gold Medalist Team Jr Pan Am Gms 2008; Jr. Olympics AA 09; son of John Briskey, Univ of San Diego bb player

## Kathleen Brown

Softball Pitcher  
All-East Bay 94 & 95

## Kim Brown

Water Polo Field  
All-East Bay/North Bay 2008

## Randy Brown

Wrestling 130lbs  
NCS Champ 76

## Ashlee Burns

Basketball Guard  
(Cal Poly-SLO); Big West Co-Champs 11; Big West Champs 12; MH ldr season 3pt fg 2007 (64); CPSLO ldr 3pt (71), att (172) 12

## Phillip Burrows

Rugby Flanker  
(Univ of California); NCAA Champs 2010



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## Steve Byers

Swimming Diving  
(Indiana Univ); NCS Champ 70  
(433.30); Big 10 Champs 73 & 74;  
NCAA Champs 73

## Erin Byrne

Water Polo Center  
(Loyola Marymount Univ); All-  
East Bay 2011; MH ldr season  
2011 goals (64)

## Kim Cambra

Basketball Guard  
(Sacramento St); All-Nor Cal 89

## Rick Cannon

Wrestling 127lbs  
Nor Cal Champ 63

## Steve Cantrell

Wrestling 120lbs  
Nor Cal Champ 63

## Michelle Caron

"Shelly"  
Water Polo Field  
(USC); All-East Bay 2010; also attnd  
school in Canada

## Domonick Carrie

Football Running Back  
(Portland St); All-Times 2003

## Eric Carrie

Football RB/Utility  
(New Mexico St); All-Times 2001  
(rb); Cal-Hi All-State 2001  
(medium schools); East Bay Cream  
of the Crop 02 #19; brother of  
Domonick Carrie, see above, &  
Reynard & Travis Carrie, see De La  
Salle High (CC)

## Lindsay Chan

Lacrosse Center  
(Colorado College); AA 2006

## Shelby Church

Soccer Goalkeeper  
(USC & Univ of Alabama); Member  
National Under-14 Team; Far West  
Regional Champs 08; All-Times  
2008; Top Drawer Soccer All-Rookie  
Team 09; ld USC saves (82) 08

## Matt Cobo

Tennis Doubles  
(St. Mary's College); NCS Champs  
93

## Tyler Collins

Football Defensive Back  
(Brown Univ); Ivy Lg Co-Champs  
2008; son of Tim Collins, Bucknell  
Univ fb player, MH ldr tckl avg (6.5)

## Peter Conte

Swim/WP Brst/2-meter  
(Univ of California); NCS Champ  
98 100 bs (57.09-rcd); played wp  
in college; cousin of Cal bb player  
Peter Fischer

## George Coon

Track 880yds  
(Texas Tech Univ); 3rd State Meet  
65 (1:50.9); Member TTU rcd 4-  
mile relay 69 (17:49.8); MH & NCS  
rcd 65 (1:50.63)

## Mike Crews

Football Linebacker  
(Univ of California); All-Times  
2001; played rugby in college;  
NCAA Rugby Champs 02 & 04

## Danny Crocker

Water Polo Field  
(Univ of California); All-East  
Bay/North Bay 2008; MPSF  
Champs 10

## Cathy Crooks

Swimming Backstroke  
(Univ of Nebraska); NCS Champ 91  
100 bs (1:00.09); UN rcd 400 IM  
95 (4:20.20)

## Greg Cummins

Football Punter  
(Univ of California & Univ of  
Hawaii); All-East Bay 73; UH rcd  
net yds 78 (40.4)

## Sean Curtis

Lacrosse Midfielder  
(Cal Poly-SLO); WCLL Champs  
2010

## Dave Dase

Football Quarterback  
(Cornell Univ); East Bay Cream of  
the Crop 85 #13

## Phil Da Silva

Soccer Forward  
(Loyola Marymount Univ);  
Member USL Super Y National  
Team 2005-06; All-Times 2008

## Grant Davis

Lacrosse Def/Long Stick  
(Cal Poly-SLO); WCLL Champs  
2011

## Marilyn Davis

Track/CC 880yds/1600mtrs  
(Univ of California); NCS Champ  
80 (2:11.0) & 81 (5:00.2); State  
Champ 81 (2:09.73); 3rd State  
Meet 82 (4:48.88); Kinney  
Regional Champ 81 (16:54);  
Footlocker Western Regional Champ  
82 (NR); UC rcd 3000mtrs 86  
(9:21.42)

## Tyler Davis

Baseball Infielder  
(Chico St.); All-East Bay 2011

## McKenna deBack

Soccer Forward  
(Univ of California); All-East Bay  
2009 & 10; MH ldr season goals  
10 (12)

## Aaron Dennis

Swimming Butterfly/Back  
(Yale Univ); NCS Champ 90 100 bf  
(50.42), 91 (50.18), 100 bs (51.76);  
MH rcd 91 100 bf (49.79), 100 bs  
(51.78)

## Ken Derr

Tennis Singles  
(UC Irvine); NCS Champ 81; Big  
West Team Champs 83-85; Big West  
Champs #3 Doubles 85; played  
pro

## Courtney Devenish

Water Polo Defender  
(Univ of California); All-East  
Bay/North Bay 99

## Zack Devenish

BK/FB Guard/QB  
(San Mateo JC & Univ of Maine);  
All-Times 92; played fb in college;  
Head Coach Blackhawk Swim  
Team; brother of Courtney Devenish,  
see above

## Mary Diamantidis

Volleyball Middle Blocker  
(Fordham Univ); All-East Bay  
2009; Atlantic-10 All-Rookie  
Team 10; FU ldr season asst 10  
(983)

## Ross Dolbec

Football Offensive Line  
(Univ of Washington); Cal-Hi  
All-State (medium schools) 2010; SF  
Chron All-Metro 2010

## John Donlon

Track Discus  
NCS Champ 67 (165-10)

## Ken Dorsey

Football Quarterback  
(Univ of Miami); All-East Bay 97  
& 98; EX All-Metro 97 & 98;  
All-Times 98; Cal-Hi All-State  
(medium schools) 98; East Bay  
Cream of the Crop 99 #3; Txs-Calif  
All Star Gm 98; All-Big East  
2000-02; Big East Co-OPOTY 01 &  
02; Gator Bowl Champs 2000; Sugar  
Bowl Champs 01; Sugar Bowl MVP  
01; Maxwell Award 01; Archie  
Griffin Award 01 & 02; QB of the  
Year 01 & 02; Big East Champs 01  
& 02; NCAA Div 1 Champs 01;

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Rose Bowl Champs 02; Rose Bowl Co-MVP 02; East-West Shrine Gm 03; SF 49ers 03-05, Clev Browns 06-08; Tor Argonauts 10; MH rcd career yds (6,198), tds (66); UM freshman rcd 4 td pass gm 99 vs Temple; UM rcd career pass yds (9,565), pass td (86), pass comp (668), pass att (1,153), gm pass td (5), cons gms td pass (31), 200yd gms (31), ldr season 99 pass comp pct (.617), 2000 pass yds (2,737), pass td (25), 01 pass yds (3,652), 02 pass att (393), pass comp (222), pass yds (3,369), pass tds (28); Big East rcd career atts, td, yds, comp; Big East ldr 02 yds per gm (259.2), ttl off (252.6), pass rating (145.90)

## Lauren Dougherty

Lacrosse                      Attack/Mid  
All-East Bay 2011; Under Armor AA 11

## Shannon Duthie

Track                              Discus  
3rd State Meet 76 (126-5)

## Brent Evans

Football                              Center  
(Washington St); All-Times 2001; Cal-Hi All State 2001 (medium schools) ; Pac-10 Champs 02

## Jeff Everist

Tennis                              Doubles  
NCS Champs 76

## Kirk Everist

WP/Swimming                      Driver/Freestyle  
(Univ of California); State POTY 84; Prep AA 84 (wp); NCS Champ 85 200 fs (1:41.12), 100 fs (46.44); Conf POTY 88; AA 86-88; NCAA Champs 87 & 88 (wp); Member US World Cup Teams 89, 93, 95; Member National Team 88-96 (wp); Silver Medalist Team Pan American Gms 91 (wp); Gold Medalist Team Pan American Gms 95 (wp); Member Olympic Team 92 & 96 (wp); Water Polo Commissioner Olympic Club 99-2001, Head Coach wp Cal 02- ; MPSF Coach of the Year 02; MPSF Champs 06 (wp); NCAA Champs 06 & 07 (wp); MH rcd 200 fs 85 (1:41.12);; USA Water Polo Co-Elite COTY 06, Head Coach World University Gms 06, Co-Head Coach Lamorinda Water Polo Club, Under-20 National Champs 01, 04, 05,; Author DVD"Becoming a Champion Water Polo Player"; Cal ldr scoring 86-88; Cal HOF; Water Polo HOF

## Joey Fabian

Water Polo                              Field

(Long Beach St); All-East Bay 2010; Member National Jr Team 2010

## Dixon Farmer

Track                              440/180ydLH/BJ  
(Occidental College); State Sophomore AOTY 57; NCS Champ 58 (48.7), (19.2), (22-7 3/4) & 59 (48.9); State Champ 440yds 56 (48.6) & 58 (48.2); 2nd State Meet 58 (19.0); State rcd pentathlon 59 (3,513) & 400mtr LH 59 (52.4); NCAA Champ 400mtr IM 60; Head Coach track & cc Occidental College, 63-71, Univ of Michigan 72-74, Gustavus Adolphus College, San Diego St & Univ of Washington; AD Occidental 2000- ; T&F Coordinator U.S. Olympic Training Ctr 98-99, SCIAC Champs 64-71 track & CC at Occidental; Minnesota Intercollegiate COTY twice; WAC COTY once, Chairman U.S. T&F Men's Development Committee 7 years; USA T&F Presidents Award 1994; Occidental T&F HOF

## McKenna Farrar

Water Polo                              Goalkeeper  
(Univ of Michigan); All-Times 2007; All-East Bay/North Bay 2007

## Jack Fellner

Water Polo                              (UCLA); All-East Bay 2011 & 12; MH ldr season 2011 goals (60); Jr. National Team 12

## Debbie Flandermeyer

Basketball                              Center  
(Harvard Univ); All-East Bay 88 & 89; All-Nor Cal 89; All-Ivy Lg 91-93; Ivy Lg Champs 91; Harvard ldr career 90-93 pts (1,394)

## Gar Forman

Basketball                              Coach./Executive  
(Utah St); Head Coach College of Desert JC 83-85; Chi Bulls Scout 98; Director Player Personnel Chi Bulls 2004-09; GM Chi Bulls 09-; NBA Co-Executive of Year 11

## Harry Forman

Lacrosse                              Midfielder  
(Cal Poly-SLO); WCLL Champs 2010

## Peter French

Football                              Wide Receiver  
(San Jose St & Univ of Washington); EX All-Metro 93 & 94; All-Times 93 & 94; All-East Bay 94; Cal-Hi All-State (medium schools) 94; East Bay Cream of the Crop 95 #16; did not play in college

## Sandy French

Water Polo                              Field  
(Univ of California); All-East Bay/North Bay 2005; Co-MVP 2005; All-Times 2005; Times POTY 2005; grandson of Gordon French, Cal wp player

## Marcie Fuller

Swimming                              Freestyle  
(UC Santa Barbara); NCS Champ 86 100 fs (51.6), 50 fs (23.5); Big West Champs 87 & 88; Big West Champ 88 50 fs (23.37); UCSB rcd 88 200fs relay (1:33.29), 400fs relay (3:23.96)

## Tyler Gage

Soccer                                      Defender  
(Brown Univ); All-Times 2004

## Hilary Gallogly

Water Polo                              2-Meter  
(Stanford Univ); MPSF Champs 2000 & 01, member Jr. & Sr. National Champs

## Reed Gallogly

Water Polo                              2-Meter  
(Stanford Univ); NCAA Champs 2002; U. S. Nationals Champ 2002; brother of Hilary Gallogly, see above

## Suzie Giem

Roller Skating  
National Novice Ladies Champ 57

## James Giles

Rugby                                      Wing  
(Univ of California); NCAA Champs 2010

## Miles Gilhuly

Water Polo                              Goalkeeper  
(Bucknell Univ); All-Times 2006; All-East Bay 2006; BU ldr saves 07 (123); son of Morgan Gilhuly, member of crew at Amherst Univ

## Derek Goeriz

Football                                      Linebacker  
(Yale Univ); East Bay Cream of the Crop 99 #14

## Stephanie Golden

Basketball                              Center  
(Gonzaga Univ); WCC Champs 2011 & 12

## Mike Gotelli

Water Polo                              Driver  
(UC Davis); Prep AA 91; NCAA Div 2 AA 97; UCD rcd season goals 97 (115)

## Lance Green

Swimming                                      Diving  
(Diablo Valley JC); NCS Champ

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77 (501.5)

(Princeton Univ); NCS Champs 82;  
USTPA instructor

NCAA Champs 09; brother, David,  
rowed at Emory Univ

## Sekai Greer

Football Defensive Back  
(Chabot JC, Univ of Akron &  
Sacramento St); All-Times 2000;  
All-East Bay 2000; Chron All-  
Metro 2000; Cal-Hi All-State 2000  
(medium schools); East Bay Cream  
of the Crop 2001 #20; JC State  
Freshman of the Year 01; played rb  
in college, lb in pros; Stockton  
Lightning (AFL2); son of Michael  
Greer, Head Coach fb Kennedy  
(Richmond), Albany & Miramonte  
Highs; brother, Sevonn, played fb  
in college

## Marc Guillon

Football Quarterback  
(Univ of Miami & Univ of  
Alabama); East Bay Cream of the  
Crop 02 #6; MH ldr season 2001  
pass yds (2,200), td (23)

## Scott Haas

Wrestling 136lbs  
NCS Champ 78

## Paul Hackett

Football QB/Coach  
(UC Davis); Head Coach Univ of  
Pittsburgh 89-92 (13-20-1), USC  
98-2000 (19-18-0); Sun Bowl  
Champs 89; father of Nathaniel  
Hackett, college fb player

## Carolyn Hacker

Gymnastics All-Around  
(UCLA); Pacific AAU Champ 65;  
National AAU Champ 67; Member  
National Team 66-67; Member Pan  
American Gms Team 67 (did not  
compete)

## Kevin Haines

Swimming Diving  
NCS Champ 74 (283.85)

## Derek Halliday

"D. J."  
Water Polo  
(Princeton Univ); All-East Bay/  
North Bay 99; CWPA Co-Champs  
2000, Champs 04

## Russ Hardy

Volleyball Outside Hitter  
(UC San Diego); All-Times 2003;  
Times POTY 2003; Head Coach  
Seaside Men's VB Team 07-09

## Henry Harris

Wrestling 122/129lbs  
NCS Champ 86 & 87

## Jeff Hawkins

Tennis Doubles

## Garth Haynes

BK/Tennis Fwd/Sing/Dbls  
(Butte JC & Pepperdine Univ);  
All-Nor Cal 76; NCS Champ 76; ATP  
WorldTour; State Sr. Champs 2003;  
Pacific Coast Sr. Champs 06; Head  
Coach women's tennis San Mateo  
JC

## Jon Hellam

Football Tight End  
All-Times 2002

## Valerie Henderson

"Val"  
Soccer Goalkeeper  
(UCLA); Member National Under-  
17 Team 2002, Under-19 Team 04;  
McDonald's High School All-Star  
Gm 04; Freshman AA 04; NCAA  
All-Tournament 04; Pac-10  
Champs 05; All-Pac-10 05 & 07;  
Member National Under-20 Team  
06; Member World Championship  
Team 06; Nordic Cup Champs 08;  
Member National Under-23 Team  
09; LA Sol 09, Phil Independence  
09-10(WPS); Pac-10 ldr Sho 04  
(12); UCLA ldr Sho 05 (10), 06 (8);  
UCLA red GK wins; pro trainer

## Peter Hess

Football Quarterback  
(Princeton Univ); East Bay Cream  
of the Crop 89 #11; did not play fb  
in college

## Dean Hilgar

Wrestling 154lbs  
Nor Cal Champ 63

## Brian Hillesand

Rugby  
(Univ of California); NCAA Champs  
82; played fb in college

## Darrell Hirashima Jr

Basketball Guard  
(Diablo Valley JC & Cal St  
Monterey Bay); All-Times 98;  
Times POTY 98; Cal-Hi Div 3  
All-State 98; Head Coach girls  
Campolindo High (CC) 2009-; son  
of Darrell Hirashima Sr, Head Coach  
girls bk Miramonte High (CC); 1st  
MH player to score 1000-plus pts  
with 300 steals, 500 assts; MH  
career ldr gm steal, asst; season  
3pt pct

## Lauren Hofmayer

Rowing 8-Oar Crew  
(Stanford Univ); Member National  
Jr Team 2004 & 05; National Jr.  
Champs 2004; British Henley  
Champs 05; Pac-10 Champs 09;

## Drew Holland

Water Polo Goalkeeper  
All-East Bay 2011 & 12; U16  
National Champs 11; LWP NJO AA  
12; MH ldr season 2011 goals (60)

## John Holland

Water Polo Driver  
(Claremont-Mudd-Scripps  
College); All-East Bay 2009;  
All-East Bay 2009; All-SCIAC 11;

## Kent Holland

Water Polo Goalkeeper  
(Brown Univ); All-Times 2005;  
CWPA All-North Conf 09; CWPA  
North Conf Champs 09; BU red saves  
season (290) 08, career (946); brother  
of Drew & John Holland, see above

## Heidi Homma

Swimming Synchronized  
National Champs duet & trios 2009

## Randy Hooper

Baseball Shortstop  
(Univ of California); NCAA All-  
District 8 74

## Jim Horning

Football  
(Chabot JC & Duke Univ); Chabot  
HOF

## Sara Howard

Swimming Diving  
NCS Champ 97 (419.15)

## Jennifer Howitt

Wheelchair Bk Guard  
(Georgetown Univ); Sports 'N'  
Spokes National Jr. Athlete 2000;  
Member National Team 2000, 02,  
04; Under-20 International Champs  
02 (team's only female); Gold  
Medalist Paralympics Team 04  
Rhodes Scholar 05

## Glenn Hughes

Fitness Trainer  
(UC Santa Barbara); Co-Owner  
Napa Valley Physical Therapy  
Center; Team Trainer Vintage High  
81-89, Napa High 91-; Napa High  
HOF

## Williams Taylor Humphrey

"Taylor" (known by middle name)  
Football Quarterback  
(Univ of Hawaii & Univ of  
Massachusetts); All-East Bay  
2003; All-Times 03; Chron All-Metro  
03; Cal-Hi All-State 03 (medium  
schools); East Bay Cream of the Crop  
04 #13; Hawaii Bowl Champs 04

# Contra Costa County

## Drew Hyjer

Rugby Flanker#8  
(Diablo Valley JC & Univ of California); NCAA Champs 2008 & 10; AA 11; College Premier Div West Conf Champs 11; College Premier National Champs 11

## Grant Hyjer

Rugby Hooker  
(Univ of California); NCAA Champs 2010; brother of Drew Hyjer, see above

## Brett Jackson

Baseball Outfielder  
(Univ of California); All-Pac-10 10; Member U. S. Pan American Gms Team 11; Chi Cubs 12; UC ldr season 2008 gms (56-tie), starts 56-tie), trpls (4), 09 gms (53-tie), starts (53-tie), ab (218), dbls (17-tie), trpls (6), walks (21), so (61); 1st rd draft pick 09

## Drew Jackson

Baseball OF/INF  
(Stanford Univ); All-East Bay 2012; All-State 2012; brother of Brett Jackson, see above

## Pete Jensen

Basketball Forward  
(UOP); All-East Bay 67; Nor Cal East-West All-Star BK Gm 67 (East); WCAC Co- Champs 70; WCAC Champs 71; MH rcd gm 67 pts (41), fg (17); MH ldr season 67 pts avg (20.7), reb (300)

## Andrew Johnson

Rugby Scrumhalf  
(Univ of California); NCAA Champs 2002, 04-06

## Doug Johnson

Baseball Outfielder  
All-East Bay 73

## Kyle Johnson

Baseball Outfielder  
Cal-Hi All-State 2005 (medium schools); All-Times 2005; All-East Bay 2005

## Sean Joy

Water Polo Attacker  
(Stanford Univ); Member National Team 95; Prep AA 95; College AA 99

## Dan Kahl

Swimming/WP Freestyle  
(UC San Diego); NCS Champ 81 50 fs (21.513); All-WWPA 95; WWPA Champs 95

## Eric Kaufman

Swimming Backstroke

NCS Champ 82 100 bs (52.64); MHS rcd 81 (51.97)

## Colin Keely

Water Polo Driver  
(Stanford Univ); Prep AA 86; College AA 90; Member National Jr. Team; Bronze medalist Jr. Pan American Gms 88; Member National Team 89-96; NCAA All-Tournament 90; Gold Medalist World University Gms 91; Member US World Cup Team 93 & 95, Gold Medalist Team Pan American Gms 95

## Elizabeth Krause

Rowing 8-Oar Crew  
National Women's Lightweight Champs 2002

## Steve Kruse

Football Offensive Line  
(Princeton Univ); East Bay Cream of the Crop 97 #18

## Chris Kuhner

Football/BK DB/Guard  
(UCLA); All-East Bay 85 (fb); All-Nor Cal 85 (fb) & 86 (bk); MH rcd pts career 85-86 (941), ldr season pts avg 85 (16.0), 86 (20.1)

## Tia Lachowicz

Water Polo  
(Univ of California); All-East Bay/North Bay 99; NCS POTY 99; Prep AA 99; Jr. Olympic AA 99; sister of Dani Lachowicz; Dartmouth swimmer; daughter of Ted Lachowicz, Syracuse Univ. fb player

## Matt Lacounte

Swimming Freestyle  
NCS Champ 87 50 fs (21.53)

## Ron Laher

Swimming Freestyle  
(Univ of California); NCS Champ 75 100 fs (48.3) & 76 (47.6)

## T. J. Laher

Rowing 8-Oar Crew  
(Univ of California); Member National Jr Team 2007; Intermediate 8 National Club Champs 2007 (Oakland Strokes)

## Zachary Laher

Rowing 4-Oar Crew  
(Univ of California); Gold Medalist Youth Nationals 2005; son of Ron Laher & brother of T. J. Laher, see above; son of Susie Lathrop, Cal crew member

## James Lathrop

Water Polo Coach

(Univ of California); Member National Jr. Team 96; Co-Head Coach Miramonte High 2003-04; Head Coach Miramonte High 05-; NCS Champs 2003, 05-07; Times Co-COTY 2003 & 06; CCA COTY 08; National Technical Director Olympic Development Program 09, brother of Chris Lathrop, Cal wp player

## Bret Lathrope

Water Polo Field  
(UCLA); All-East Bay/North Bay 2008; member US Jr National Team 05-10, Member National Cadet Team 06-07, Gold Medalist Youth Pan American Gms 07, Member National B Team 08; Member National Under-20 team 08, MH rcd 200fs (1:40.72) & 500 fs (4:34.66), son of James Lathrope, head Coach wp Miramonte High; brother of Scott Lathrope, Stanford swimmer & Allison Lathrope, Claremont-McKenna Univ swimmer

## Marc Lazzareschi

Baseball Infielder  
(Lewis & Clark College-Idaho); All-East Bay 91; All-Times 91

## Mark Linz

Basketball Forward  
(Diablo Valley JC); All-East Bay 82; All-Nor Cal 82; MH ldr season 82 pts avg (22.9)

## Taylor Llewellyn

Football Tight End  
(UCLA & Colgate Univ); All-Times 99; All-East Bay 99; East Bay Cream of the Crop 2000 #17

## Matt Lloyd

Football Kicker  
All-Times 2007; All-East Bay 08

## Alexis Lyon

Swimming Free/Breaststroke  
(USC); NCS Champ 96 100 bs (1:05.1), 100 fs (52.62), 97 (52.23); USC rcd 400mtr Medley Relay (4:14.30)

## Mike MacDonald

"Big Mike"  
FB/Wrstl/Rugby DL/Hwt/Prop  
(Univ of California); All-Times 98; EX All-Metro 98; NCS Champ 98 & 99; NCAA Champs 2000-02 & 04 (rugby); NCAA National Championship MVP 04; Member National Team 2000-11 (rugby); AA 2000-04 (rugby); Member National Under-21 Team 04; Leeds Carnegie 07-10 (England); Leeds Carnegie Players' POTY 07;

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Supporters Lg POTY 07; played fb in college

## Victoria Markey

"Tori"

Basketball Center  
(Santa Clara Univ); Cal-Hi All-State 2001 (juniors); Cal-Hi Div 3 All-State 02; All-Times 02; Times POTY 02; Chron All-Metro 02; Chron Contra Costa POTY 02; WCC All-Freshman Team 03; State Div 3 Final rcd fg 02 (12); played fwd in college; MH ldr career pts, bcks & reb

## Bill Maze

Tennis Singles/Doubles  
(Stanford Univ); National Hard Court 12 Champs 67 & 68; Pacific Coast 10 Champ 68; National Hard Court 10 Champ 68; State 12 Champ 68; National Hard Court 14 Champs 69; Pacific Coast 14 Champ 70; State 16 Champ & Champs 72; U. S. 16 Champ 72; Pacific Coast 18 Champ 72; NCS Champ 73; AA 76-78; NCAA Champs 77; NCAA Rafael Osuma Award (sportsmanship) 77; played pro 78-84; Director of Tennis Harbor Bay Club 85-90, Head Coach women UOP 91-95, Big West Co-COTY 93, UC Davis 96- (164-141 through 2010); CCAA Champs 3 times; CCAA COTY 99-2001

## Adam McAvoy

Track 3200/1600mtrs  
NCS Champ 85 (9:07.78) & 86 (4:13.06), (9:08.31); 3rd State Meet 86 (8:55.70)

## Kelly McCosker

Basketball Guard  
All-East Bay 85; All-Nor Cal 85

## Drew McDonald

Water Polo  
(Stanford Univ); AA 75 & 76; NCAA Champs 78 & 80; Member National Team 80-84; Silver Medalist Team Olympics 84; U. S. Water Polo HOF; Stanford HOF; husband of Kim Peyton, Stanford Olympics swimmer

## Ashley McHugh

Swimming Synchronized  
(Stanford Univ); Member National Jr Team 2000-01; West Zone AOTY 02; Collegiate Trio Champs 03

## Bryan McKeen

Football Quarterback  
All-East Bay 79; All-Nor Cal 79; son of Robert McKeen, see Piedmont High (A)

## Libby McLaren

Water Polo Field  
(Univ of California); All-Times 2007; All-East Bay/North Bay 2007; Member Australia National Youth Team 2007; Australia Under-18 National Club Champ 07; U. S. National Under-20 Champs 08; also attended high school in Australia

## Christopher McNair

"Rick"

Swimming/WP Free/2-Meter  
(Stanford Univ); NCS Champ 87 100 fs (46.51); AA 88-90 (wp); Stanford Biff Hoffman Award 90; World University Gms Champs 91; Member National Team 92-96 (wp); Member World Cup Team (wp) 93 & 95; Member Goodwill Gms Team 94 (wp); Member Olympic Team 96 (wp); Member Board Directors Stanford WP Foundation, played pro Italy

## Carson Mead

Lacrosse Defense  
(Franklin & Marshall College); Prep AA 2011

## Tom Midura

Football Linebacker  
(Univ of California); All-East Bay 83; East Bay Cream of the Crop 84 #17; played rugby in college

## Daniel Migdale

Rugby  
(Cal St Maritime); Nor Cal NCAA Div 2 Champs 2010; Pacific Coast Champs 2010

## Steve Millman

Water Polo  
(Stanford Univ); Prep AA 85; NCAA Champs 86

## Bill Mills

Football Guard  
All-East Bay 85

## Grant Mitchell

Water Polo Field  
(Univ of California); All-Times 2004; All NCS & All Nor Cal 2004, MPSF Champs 06; NCAA Champs 06 & 07; played attacker at Cal, brother of Katherine Mitchell, Cal swimmer; nephew of Steve Desimone, see Arroyo High (A)

## David Montagne

Football Wide Receiver  
(Oregon St); KC Chiefs 87; Pac-10 ldr & OSU rcd season recep 86 (78)

## Mike Montgomery

Baseball Catcher  
All-East Bay 91 & 92; All-Times

91 & 92

## David Moore

Track Pole Vault  
(Univ of Oregon); 2nd State Meet 2001 (15-8-tie); State Champ 02 (16-6-MH rcd); Pac-10 Champs 07

## Rick Mootz

Football Linebacker  
(Washington St & Chico St); All-Nor Cal 83; East Bay Cream of the Crop 84 #6

## Matt Murphy

Water Polo  
(Univ of California); Prep AA 83; NCAA Champs 88

## Noel Murphy

Water Polo  
(Univ of California); NCAA Champs 85

## Pat Murphy

Water Polo  
(Univ of California); NCAA Champs 83

## Holly Newman

Football Official  
(UC Davis); First female prep football crew chief for North Bay Officials Assoc; Youth Football Award 98

## Molly Nohr

Basketball Forward  
(Colorado St); All-Times 2002 & 03; Cal-Hi All-State 2002 (juniors); Cal-Hi Div 3 All-State 03; Chron Contra Costa POTY 03; CS ldr 3pt avg 05 (.467)

## Shannon Nohr

"Piro" (married name)  
Cross Country  
(Univ of Colorado); NCS Div 4 Champ 91 (19:11)

## Lee O'Brien

Football Punter  
EX All-Metro 92

## Rick O'Hare

Water Polo  
(Univ of California); NCAA Champs 74

## Brandin O'Higgins

Football Offensive Line  
All-Times 98

## Eric Olafsson

Football Defensive Back  
All-East Bay 96

## Derek Olson

Football Running Back

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(Yale Univ); All-East Bay 97;  
All-Times 97

ECAC Champ 2004 (9.900)

## Chris O'Neill

Football Tight End  
(Boise St); WAC Champs 2004, 06  
& 08; WAC Co-Champs 05; Fiesta  
Bowl Champs 06

## Pedro Osorio

Soccer Forward  
All-Times 2003; Head Coach  
Lamorinda Soccer Club

## Kelly Overton

Football WideReceiver  
All-East Bay 78

## Greg Panawek

"G. P."  
Water Polo Hole Set  
(Univ of California); Prep AA 98;  
Member National Youth Team 98;  
NCS MVP 99; Cronulla (Australia);  
brother of Steve Panawek, Univ of  
California bk player

## David Parker

Water Polo Hole Set  
(UCLA); Prep AA 95; NCAA  
Champs 99 & 2000; AA 2000;  
played bk in college

## Max Parrague

Swimming Freestyle  
(UC Irvine); NCS Champ 2007 50  
fs (21.15); played wp in college

## Dave Patching

Water Polo  
Prep AA 73

## Steve Patching

Water Polo  
(Univ of California); NCAA Champs  
73

## Jamie Patrick

Swimming Breaststroke  
(Long Beach St & Univ of Hawaii-  
Manoa); NCS Champ 89 100 bs  
(58.87); swam with English  
Channel relay team; competed in  
many triathlons; 1st to swim length  
of Lake Tahoe both ways same day &  
110 miles in Sacramento River same  
day

## Brett Patzer

Wrestling 160lbs  
(UC Davis); NCS Champ 93

## Drew Patzer

Wrestling 135lbs  
NCS Champ 96

## Suchitra Paul

Gymnastics Floor Exercise  
(Yale Univ); All-ECAC 2004;

## Kevin Paulsen

Baseball Catcher  
(Diablo Valley JC & Niagara Univ);  
All-East Bay 2010; Cal-Hi All-State  
(medium schools) 2010

## James Perry

Water Polo Field  
(Pepperdine Univ); Member Cadet  
National Team 2006 & 07; Member  
Jr. National Team 07; Member  
Under-18 Jr. Olympics Champs  
07; All-East Bay/North Bay 08;  
East Bay/North Bay Co-MVP 08;  
Prep AA 08, Gold Medalist  
Youth Pan American Gms twice;  
grandfather played wp at U. S.  
Naval Academy

## Eric Peterson

Basketball Center  
(Utah St); All-Nor Cal 78

## Heather Petri

WP/Swimming 2 Meter Defender  
(Univ of California); Member  
National Jr Team (swimming) 95;  
Golden Bear Summer National  
Club Champs 98 & 99; AA 99,  
All-National 99, Member Pan  
American Gms Team 99, 03;  
Member Silver Medalist Olympic  
Team 2000; Member National  
Team 2000, 03, 04, 06-11; Bronze  
Medalist Team Olympics 04; Rari  
Nanties (Italy) 04-06; FINA World  
Lg Champs 06; Gold Medalist  
Team Pan American Gms 07; Gold  
Medalist Team 12; played on MH  
boys wp team before girls team  
established

## Andrew Pises

Tennis Singles  
(Univ of California)  
NCS Champ 2010; East Bay POTY  
2010, brother Mark tennis player  
Trinity College

## Anthony Piganelli

Football Kicker  
(Univ of Oregon); All-East Bay 2010

## Ellen Proconier

Basketball Forward  
(UC Santa Barbara); All-East Bay  
87-89; EX All-Bay Area 88 & 89;  
All-Nor Cal 87-89; Cal-Hi All-  
State 89

## Zack Purdy

FB/Rugby OL/Lock  
All-East Bay 2008 (fb); NCAA  
Champs 10 (rugby); brother of  
Megan Purdy, Bucknell Univ water  
polo player; son of Al Purdy, Rutgers  
Univ fb player

## Brad Rieser

Tennis Doubles  
(Univ of California); Pacific Coast  
12 Champs 66; NCS Champs 72;  
Head Pro Orindawoods Tennis  
Club; Head Coach Acalanes High  
(CC); Head Coach women St.  
Mary's College 94

## Craig Reiser

Tennis Doubles  
NCS Champs 66

## Geoff Reiser

Tennis Singles  
(Univ of California); NCS Champ  
65; brother of Brad & Craig Reiser,  
see above

## Michael Ricks

Tennis Singles/Doubles  
(Univ of Washington); NCS Champ  
2002 (singles); UW ldr season dbls  
wins 06 (22-tie)

## Ali Riddell

Water Polo 2-Meter  
(Stanford Univ); MPSF Champs  
2000 & 01; daughter of Bob Riddell,  
Stanford golfer

## Ernie Riehl

Tennis Doubles  
NCS Champs 81

## Andrew Ritelli

FB/Rugby DB/Center  
(Univ of California); All-Times  
2005; All-East Bay 2005; NCAA  
Champs 07, 08 & 10(rugby)

## Doug Robbins

FB/Baseball Center/Catcher  
(Stanford Univ); EX All-Bay Area  
83 (fb & bb); All-Nor Cal 83 (fb);  
NCAA Champs 87 & 88 (bb); Gold  
Medalist Olympics 88; All-College  
WS 88; played minor league baseball;  
Carolina Lg-North Div Champs 89

## Ryan Robertson

Baseball Infielder  
All-East Bay 94

## Josh Roden

Lacrosse Midfielder  
(Chico St); Prep AA 2006

## Daniel Rodriguez

Football Defensive Back  
All-Times 2003

## Ashlie Rolley

"Miller" (married name)  
Tennis Doubles/Singles  
(Univ of California); USPTA teaching  
pro; also atnd Palmer Tennis  
Academy at Saddleback Resort;

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daughter of Lynne Abbes, see above;  
granddaughter of Ernest Abbes,  
president of Northern California  
Tennis Assoc.

## Guy Rose

Tennis Doubles/Singles  
National Hard Court Champs 58;  
National Hard Court Champ 63;  
State POTY 62

## Marisa Rowland

Soccer Forward  
National Under-16 Soccer Champs  
2007; All-Times 08

## Nick Rudd

Football PK/Punter  
(Columbia Univ); All-Ivy Lg 03  
(pk); CU red gm fg 03 (4-tie); ldr  
career fg 2001-04 (21), punt avg  
(NR)

## Steven Samuelson

Water Polo Goalkeeper  
All-Times 2003

## Lauren Sanguinetti

Water Polo Attack  
(Univ of California); Times All-  
NCS 2003; sister of Kim  
Sanguinetti, college wp player

## Eric Sassano

Soccer Midfielder  
(Univ of California); Pac-10 Champs  
2006, 07 & 10

## Evan Sassano

Soccer Midfielder  
(Univ of California); All-Times  
2006; Pac-10 Champs 2006, played  
pro soccer FSV 63 Luckenwalde  
(German 5th Div), SC Harttenfels  
(German 10th Div) 10-11, Minn Stars  
FC (NASL) 12

## Luke Sassano

FB/Soccer Kicker/MF/Def  
(Univ of California); All-Times  
2003 (fb); All-Times 04 (soc);  
Pac-10 Champs 06 (soccer); NY  
Red Bulls 08-10, Sporting KC 11-12;  
played defender in college; brother  
of Eric & Evan Sassano, see above,  
& Danielle Sassano, UC Santa Cruz  
soccer player

## Jennifer Saura

"Jen"  
Cross Country  
(Harvard Univ); NCS Champ Div 3  
2001 (18:58) & 02 (18:37)

## Maxine Scharf

Water Polo 2-Meter  
(Univ of California); MPSF  
Champs 11

## Derek Schauffler

Water Polo Goalie  
(Univ of California); All-East  
Bay/North Bay 99; POTY 99;  
Member National Jr. Olympics  
Champs 2000; Member Pan Pacific  
Youth Gms Champs 02; Head  
Coach Lamorinda Water Polo Club

## Anne Schier

Rowing 8-Oar Crew  
(UCLA); National Jr. Champs 2005;  
Henley regatta Champs 2005; U. S.  
Rowing Southwest Region Champs  
2005

## Peter Schnugg

Swimming/WP IM/Freestyle  
(Univ of California); NCS Champ  
69 200 IM (2:02.6), 100 fs (48.7);  
Pac-8 Champ 100 fs 73; Pac-8  
Champs 400 fs Relay 73; NCAA  
Champs 73 (wp); WP AA 72 & 73;  
AA 72 & 73 (swim); NCAA POTY  
73; American Water Polo Coaches  
Assoc National MVP 74; Member  
Pan American Gms Team (wp) 75;  
Member National Team (wp) 76-80;  
Member Olympic Team (wp) 80  
(boycott year); Mngr Concord &  
Pleasant Hill Aquatic Club; Water  
Polo HOF; U. S. Water Polo HOF;  
Cal HOF; father of Julia &  
Stephanie Schnugg, see Monte  
Vista High (CC)

## Steve Schnugg

Tennis Doubles  
(Univ of California); NCS Champs  
66

## Tom Schnugg

Water Polo  
(Univ of California); Prep AA 79;  
brother of Peter & Steve Schnugg,  
see above

## Kristen Schreiber

Cross Country  
NCS Div 4 Champ 93 (20:15.0) &  
94 (19:58); State Div 4 Champ 93  
(19:04) & 94 (19:11)

## Carolyn Schuler

Swimming Butterfly  
Gold Medalist Olympics 60 100  
bf (Olympic & U.S. rcd-1:09.6) &  
400 medley relay (wr-4:41.4);  
International Swimming & Diving  
HOF

## Dave Schurhoff

Swimming Coach  
(UC Davis); Co-Head Coach  
Campolindo High (CC); Times  
Co-COTY 2005; Co-Head Coach  
Moraga Country Club; Masters  
Coach Orinda Aquatics

## Jackson Sharf

Water Polo 2-Meter  
(Univ of California); All-Times  
2006; All-East Bay 2006; Gold  
Medalist Jr. Olympics 07; Member  
National Under-17 Team 07

## Mike Sharf

Water Polo Driver  
(Univ of California); All-Times  
2002 & 03; Times POTY 03; Gold  
Medalist Jr Pan American Gms 04;  
Under-20 National Champs 04 &  
05; Gold Medalist Under-20 Team  
National Championships 05; College  
AA 05-07; MPSF Champs 06;  
All-MPSF 07; Cal MVP 07; NCAA  
Champs 06 & 07; NCAA Tourney  
MVP 07; Member National Senior  
Team 06 & 07, Team USA  
06; Cal; rcd season most goals 07  
(98); brother of Jackson Sharf, see  
above

## Taylor Shoop

Lacrosse Midfielder  
Prep AA 97

## Jon Sibley

Water Polo Goalkeeper  
(Univ of California); Bay/North  
Bay 2008 & 09; All-East Bay 09  
Prep AA 09; Member Jr. National  
Team 09

## Wendy Sihner

Track/CC 3200mtrs  
(Arizona St); NCS Champ 81  
(17:36.8) & 82 (19:10); NCS Champ  
82 (10:34.7); 2nd State Meet 83  
(10:30.05-MH rcd)

## Dave Simonsen

Football Defensive Line  
(Univ of California); East Bay  
Cream of the Crop 84 #18; played  
rugby in college

## Stephen Siri

Water Polo Field  
(USC); All-Times 2007; Times  
POTY 2007; All-East Bay/North  
Bay 2007 & 08; East Bay/North  
Bay Co-MVP 2007 & 08; East Bay  
POTY 08; played driver in college

## Adam Smith

Football Quarterback  
(Duke Univ & Western Illinois  
Univ); East Bay Cream of the Crop  
2000 #7

## Charles Smith

Rugby Center  
(Univ of California); NCAA  
Champs 2010

## James Smith

Wrestling 191lbs

# Contra Costa County

(Brown Univ); NCS Champ 2004

## Bob Sorenson

Tennis Doubles  
NCS Champs 72

## Justin Soucey

Football Linebacker  
(Cornell Univ); All-East Bay 94

## Devin Stewart

Soccer Defender  
All-Times 2006

## Juliana Stivanicevic

Volleyball Outside Hitter  
(Univ of California); All-East Bay  
2008 & 09; East Bay POTY 2008 &  
09; MaxPreps Div 3 All-State 09

## Andrew Stoddard

WP/Swimming Freestyle  
(Univ of California); All-Nor Cal  
97 & 98; Prep AA 96 & 97; NCS  
Champ 98 50 fs (21.06-MH rcd);  
Member National Jr. Team 08

## Rob Sullivan

Football Offensive Line  
(Univ of Nevada-Reno & Univ of  
California); All-Times 2005; All-East  
Bay 2005; Cal-Hi All-State 2005  
(medium schools); East Bay Cream of  
the Crop 06 #10; played rugby at  
Cal

## Colin Sumner

Football Wide Receiver  
(San Diego St); EX All-Bay Area  
84; All-East Bay 84; All-Nor Cal  
84; East Bay Cream of the Crop 85  
#10; son of Charlie Sumner, Head  
Coach Oakl Invaders (USFL)

## Barry Svendsen

Swimming Backstroke  
(Univ of California); NCS Champ  
67 100 bs (58.2); played wp in  
college; also OAL Champ 100 bs  
66

## Jon Svendsen

Water Polo  
(Univ of California); Prep AA 70;  
Conf. POTY 75; Pac-10 POTY 75;  
College AA 73-75; NCAA Champs  
73-75; NCAA POTY 75; NCAA  
Tourney MVP 75; Member Pan  
American Gms Team 75, 83 & 91;  
Member National Team 76-84;  
Silver Medalist Olympics 84;  
Concord Athletic Club HOF; Cal  
HOF; U. S. Water Polo HOF

## Spencer Swartz

Football Defensive Back  
All-Times 91

## Andrew Taylor

Rugby Wing  
(Univ of California); NCAA  
Champs 2010

## Sean Taylor

Golf  
NCS Co-Champ 96 (72)

## Amy Thurman

Swimming Free/Breast  
(UCLA); NCS Champ 02 50 fs  
(23.45), 03 (23.63); 100 fs (51.11);  
NH rcd 100 fs (50.08) 2000, 50 fs  
(23.29) 02, 100 bs (1:03.87) 2000;  
sister of Hope Thurman, UCLA  
swimmer

## Liz Traille

Basketball Forward  
(Univ of New Mexico); Cal-Hi  
All-State (junior) 94

## Joe Unruh

Swimming Freestyle  
(U. S. Naval Academy); NCS Champ  
2005 50 fs (21.55), 100 fs (46.61);  
Times SOTY 2005

## Katie Ure

Water Polo Driver/Hole Set  
(UC Santa Barbara); All-Times  
2005; All-East Bay/North Bay  
2005

## Sarah Vaccaro

Volleyball Setter  
All-East Bay 2011

## Tony Verna

Golf  
(UC Santa Barbara); NCS Champ  
2003 (71); Canadian Pro Tour

## Matt Viboch

Rugby Fullback  
(Univ of California); NCAA  
Champs 99-2002

## Jeff Vignos

Track 400/800mtrs  
(Claremont-Mudd-Scripps  
College); SCIAC Champs 2010

## Erin Walsh

Lacrosse MF/Defender  
(U. S. Naval Academy); Prep AA  
2010; sister of Brian & Edward  
Walsh, UC Davis lacrosse players,  
& Joseph Walsh, UC Santa Barbara  
lacrosse player

## Ross Warner

Baseball Catcher  
(UC Davis); Cal-Hi All-State 98  
(medium schools)

## Bruce Washburn

Track High Jump

(Diablo Valley JC); NCS Champ 67  
(6-2)

## Kevin Weeks

Football Defensive Line  
(Univ of Pennsylvania); All-East  
Bay 2002; Cal-Hi All-State 2002  
(medium schools); Ivy Lg Champs  
03

## Rob Weeks

Soccer  
(Washington-St. Louis Univ); All-  
Assoc. 2002; brother of Kevin  
Weeks, see above

## Elaine Weigand

"Murphy" (married name)  
Swimming Breaststroke  
(Harvard Univ); NCS Champ 86  
100 bs (1:05.5)

## Pia Westeson

Swimming Medley  
(Univ of Georgia); NCS Champ 90  
200 IM (2:05.74); MH rcd 100 bf  
(55.88), 200 IM (2:05.74) 90,

## Heather White

Swimming IM/Free/Back  
(Univ of California); NCS Champ  
04 200 IM (2:03.36), 05 (2:02.21) &  
06 (2:01.98); Times SOTY 06; NCAA  
(4:56.74) 2003, 200 IM (2:03.31) 04,  
100 bs (57.02) 04

## Marcia White

Cross Country  
NCS Champ 2A 79 (NR)

## Randy Williams

Water Polo  
(Univ of California); Prep AA 69;  
NCAA Champs 73; AA 74

## Ross Williams

Wrestling 171/162lbs  
NCS Champ 97 & 98

## Summer Williams

Soccer Mid/Def  
(UCLA); All-Times 2007; Pac-10  
Champs 08; daughter of Randy  
Williams, see above

## Jeff Wilson

Basketball Forward  
(Oregon St); Pac-10 Champs 81 &  
82; MH ldr season pts avg 79  
(17.7); also attnd Atlanta Marist  
High

## Haley Winter

Baseball Pitcher  
(UC Riverside); Member National  
Babe Ruth Champs (Oakland) 96 &  
97; All-Times 2002; played minor  
league baseball



# Contra Costa County

## Charlie Wiser

Swimming/WP Breaststroke  
(Stanford Univ); NCS Champ 2010  
100 bs (56.60); 11 (55.27); All-East  
Bay 2011 & 12; East Bay MVP 2011;  
Times POTY 12

## Brendan Wright

Rugby Scrumhalf  
(Univ of California); NCAA  
Champs 2004-07

## Devin Wright

Rugby Center  
(Univ of California); NCAA  
Champs 2004; brother of Brendan  
Wright, see above

## Monte Vista High Mustangs Danville (estab. 1965)

## Steve Abrams

Football RB/DB  
(Univ of Utah); EX All-Bay Area  
87; EX East Bay & Bay Area POTY  
87; All-East Bay 87; All-Nor Cal  
87; Cal-Hi All-State 87  
(multi-purpose); East Bay Cream of  
the Crop 88 #6; North-South Prep All-  
Star Gm 88

## Mike Allard

Football Running Back  
(Cal Poly-SLO); East Bay Cream of  
the Crop 84 #15

## Scott Allard

Baseball Outfielder  
All-East Bay 87

## Justin Allred

Baseball Pitcher  
(USF & UC San Diego); Member  
American Legion National Champs  
2000; Member American Legion  
State Champs 01

## Lauren Anderson

Soccer Forward  
(BYU); NSCAA All-Region  
2005-08; Rise Magazine All-Bay Area  
06-07; All-East Bay 07 & 08;  
NSCAA AA 07; All MWC 08,  
SoccerBuzz All West Region  
Freshman Team 08, MWC Champs  
08 & 09; MWC ldr asst 08 (10);  
played mf in college; BYU ldr  
season 08 asst (10)

## Matt Anderson

Football Kicker  
(Univ of California); East Bay Cream  
of the Crop 2013 #8

## John Appel

Basketball Center

(Washington Univ of St.Louis);  
NCAA Div. 3 Champs 2009

## Mark Appel

Baseball Pitcher  
(Stanford Univ); Times AOTY 2009;  
AA 12; All-Pac-12 12 & 13; NCBWA  
POTY 12; member Team USA 12; 13;  
AA 12 & 13 Pac-12 ldr so 12 (nr), 13  
(87) tie wins 13 (8); no hitter vs  
Livermore High 09; overall #1 pick  
13 MLB draft (Houston); Stanford  
career ldr so (372); Uncle John  
Casabrian, Dean Rice Univ School of  
Architecture; brother of John Appel,  
see above

## Evan Armstrong

Soccer Forward  
(Chico St); All-CCAA 2009; CS  
ldr 2009 goals (8), asst (4), pts (20)

## Jalen Avery

Football Utility  
Chron All-Metro 2012

## Sarah Axelson

Softball Catcher/Util  
(UC Davis); All-Times 2006 (c);  
All-East Bay 2006 (util); UCD  
ldr hr 08 (6-tie)

## Brian Barbour

Basketball Point Guard  
(Columbia Univ); All-Times 2008;  
All-East Bay 09; Chron All-Metro  
09; Chron Metro Contra Costa/Tri  
Valley POTY 09; ESPN/Rivals  
All-State 09; All-Ivy Lg 12; MVH ldr  
season pts avg 09 (19.7)

## Mark Bartner

Baseball  
Member American Legion National  
Champs 2000; Member American  
Legion State Champs 01

## Kerry Beeman

“Boom Dazzle Beem”  
Water Polo Goalkeeper  
(UC Santa Barbara); All-Times  
2006; All-East Bay 2006;  
granddaughter of Ron Tomsic, see  
Fremont High (A)

## Chris Beville

Soccer Midfielder  
(UC Davis); All-Times 2007

## Kimberley Bierwith

Swimming Free/Back/Fly  
(Diablo Valley JC & San Diego St);  
NCS Champ 2006 50 fs (23.97);  
State JC Champ 08 50yd bs  
(26.50), 08 50yd bf (25.66), 09  
(24.90), 08 100yd bs (57.86), 08  
200yd fs Relay (1:39.06), 08  
400yd fs Relay (3:37.75), 08

200yd Medley Relay (1:49.39);  
DVC MVP 08 & 09; State SOTY  
08 & 09; played wp in jc

## Natalie Bierwith

Wrest/Swim 138lbs/Free  
(Diablo Valley JC & Cal St East  
Bay); NCS Champ 2006; State  
JC Champs 08 200yd fs Relay  
(1:39.06), 400yd fs Relay  
(3:37.75), 200yd Medley relay  
(1:49.39); sister of Kimberley  
Bierwith, ee above

## Ross Biestman

Rugby Flanker  
(Univ of California); NCAA Champs  
2004-07

## Rich Biombo

Football Defensive Back  
All-Nor Cal 83

## Scot Boatright

Football Center/LB  
(Univ of Oregon); All-East Bay 86;  
EX All-Bay Area 86; East Bay  
Cream of the Crop (fb) 87 #6;  
North-South Prep All-Star Gm 87;  
Independence Bowl Champs 89;  
also atndd Saguaro High, AZ

## Jeff Boettger

Football Offensive Line  
EX All-Bay Area 86

## Betty Ann Boeving

Basketball Forward  
(Univ of Oregon); All-East Bay 92  
& 93; All-Times 92 & 93; All-Nor  
Cal 92 & 93; Cal-Hi All-State  
(junior) 92; EX All-Metro 93;  
Cal-Hi All-State 93; Stanford  
women's bk public address  
announcer; climbed Mount  
Kilimanjaro 06 & raised \$36,000 for  
International Justice Mission; UO ldr  
season 3pt pct 94 (.420), 95 (.379);  
Tri-Valley Sports HOF

## Bill Bold

Football Defensive Line  
All-East Bay 85

## Damon Bowers

Football RB/Utility  
(UOP & San Jose St); Cal-Hi  
All-State (underclass, multi-purpose)  
91; EX All-Metro 92; All-Times  
92; All-East Bay 92; NY City  
Hawks 98, NE Seawolves 99, Hou  
Thunderbears 2000-01, Orlando  
Predators 02, Colo Crush 03 (AFBL);  
appeared on TV reality show “The  
Bachelorette” 04; TV analyst Colo  
Crush 04; Tri-Valley Sports HOF

## Paige Bradley

Swimming Butterfly

# Contra Costa County

“P-Rad”  
(Univ of Minnesota & UC Santa Barbara); MPSF Champ 2011 200 bf (2:01.53); Speedo Sectional Champ 100 brst 08 (NR); niece of Pat Bradley, LPGA HOF

## Schon Branum

Football RB/Linebacker  
(Univ of California); All-East Bay 86; All-Nor Cal 87 (lb); East Bay Cream of the Crop 88 #13; did not play fb in college; EBAL ldr career rush yds 83-86 (NR)

## Stephanie Bregante

Softball Pitcher  
(UNLV); All-East Bay 2005; Cal-Hi NCS POTY 2005; UNLV ldr 07 so (130), Sho (2-tie), 08 era (3.61), app (46), starts (31), (203.2), so (162), 09 ip (113), so (99), wins (11-tie), starts (18); UNLV rcd gm so (15-tie) 09

## Tom Brezinski

Football Running Back  
EX All-Bay Area 82; EX East Bay & Bay Area Co-POTY 82; All-East Bay 82; All-Nor Cal 82

## Stephanie Browne

Volleyball Middle Blocker  
(Stanford Univ); NORCEA Gold Medalist 2004; Member U. S. Youth & Jr National Team 2004-06, Pac-10 Champs 08; Pac-10 Co-Champs 10; also atnd Springfield High, OH; brother of Scott Browne, U. S. Military Academy vb player

## Andrew Brumley

Football Running Back  
All-Times 2004

## Jason Budde

Football Offensive Line  
All-Times 95

## John Budesilich

Football Offensive Tackle  
(Diablo Valley JC & Rocky Mountain St); JC State All-Region One 2003

## Jennifer Buich

“Jen”  
Soccer Midfielder  
(USC); Member Under-15 National Champs 2004

## Melissa Buich

Soccer Forward  
(Univ of Oregon); All-Times 2005 & 06; sister of Jennifer Buich, see above

## Ryan Burchfield

Basketball Guard

(Univ of LaVerne); All-East Bay 94; All-Times 94; played golf in college

## Jillian Bush

Lacrosse Attack  
(UC Santa Barbara); All-East Bay 2009; FH ldr season 2009 goals (54)

## B. J. Byrns

Soccer Goalkeeper  
(San Diego St); All-Times 2006; Times POTY 2006; Sports Focus POTY 2006

## Kris Caceres

Football Center  
(Sacramento St); All-East Bay 92

## Bari Cappelletti

Water Polo Goalkeeper  
(UCLA); All-East Bay/North Bay 2008; played club wp in college

## Georgi Cappelletti

Water Polo Utility  
(Univ of California); All-Times 2006; All-East Bay 2006; played driver in college

## Josh Carter

Football Defensive Back  
All-Times 93; All-East Bay 93

## Whitney Casey

“Sehorn” (married name)  
Volleyball Setter  
(USC & Univ of Virginia); All-Times 91 & 92; CNN reporter; host “Great Day Houston” tv show; author Sunday column for Houston Post; author book “The Man Plan;” UV ldr season 95 kills per set (3.85), attack att (1,151), aces (65), match kills (30), match attack att (72), 96 digs per set (3.77), aces (63), match attack att (73); married briefly to Jason Sehorn, USC & NFL player; daughter of Charlie Casey, Univ of Florida football player; also atnd high school in Florida

## Mike Cassidy

Baseball Pitcher  
(Univ of California); All-East Bay 2005; EBAL ldr complete gms (5), era (.58) 05

## Susan Chan

Cross Country  
(Yale Univ); NCS Div 1 Champ 2000 (19:21); ECAC Champs 03; MVH rcd 1600 & 3200mtrs (NR)

## Kristen Chapman

Soccer Midfielder

(Univ of Miami); All-Times 2003; Member State Cup Champs 2003; played defender in college

## Shaun Chaudhuri

Tennis Singles  
(Harvard Univ); West Coast Boys 14 Champ 2006; NCS Champ 09; Bill Talbert Jr. Sportsmanship Award 09; NCS Div 1 Champ 11; East Bay POTY 11

## Sheena Chaudhuri

Tennis Doubles  
(UOP); NCS Champ 2007; sister of Shaun Chaudhuri, see above

## Peter Chiang

Lacrosse Midfielder  
(Cal Poly-SLO); WCLL Champs 2010 & 11

## Alex Coe

Golf  
(Pepperdine Univ); WCC Champs 2005; Member Canadian, PGA & Nationwide tours

## Conor Coleman

Baseball 3B  
(Chabot JC & UC San Diego); CCAA Champs 2010

## Kevin Conrad

Football Defensive Line  
All-East Bay 87

## Brent Cook

FB/Baseball Utility/Infielder  
(Univ of California & Univ of Hawaii); All-Times 97 (fb); All-WAC 2003 (bb)

## Kelly Copeland

Basketball Guard  
(Davidson College); All-East Bay 97; All-Times 97; EX All-Metro 97; Cal-Hi All-State (junior) 97

## Susie Corlett

Softball Catcher  
(U. S. Military Academy); All-East Bay 92; All-Times 92; Army Athletic Assoc Trophy 97; played 1B in college

## Mike Costanzo

Football OL/DL  
(Univ of California); Cal-Hi All-State (sophomores-ol) 2003; All-Times 04 (both ways); All-East Bay 05 (both ways); Chron All-Metro 05 (ol); Cal-Hi All-State 05 (ol); East Bay Cream of the Crop 06 #3; Armed Forces Bowl Champs 07; Emerald Bowl Champs 08; son of Rick Costanzo, Univ of Nebraska & pro fb player

# Contra Costa County

## Lisa Cote

Tennis Doubles  
NCS Champs 88

## Melissa Couey

Basketball Forward  
All-Times 91

## Matt Crudale

Baseball 1B  
(Chabot JC, Univ of Nevada-Reno & Cal St San Bernardino);  
All-Times 98; founder & president  
Cru's Coaching Clinic

## Mike Crudale

Baseball Pitcher  
(Santa Clara Univ); All-East Bay  
95; WCC Champs 96 & 97; StL  
Cardinals 2002-03, Mil Brewers  
03; played pro Italy 06, Taiwan  
07; Eastern Lg ldr app 2001 (62);  
brother of Matt Crudale, see above

## Andre Cuadra

Soccer Forward  
All-East Bay 2007

## Greg Cutler

Basketball Forward/Ctr  
(Humboldt St); GNAC Co-Champs  
2002

## Sam DeSa

FB/Track WR/DB/200/400mtrs  
(Univ of California); All-Times  
2001 (both ways) & 02 (wr);  
All-East Bay 01 (both ways); All-East  
Bay 02 (wr); Chron All-Metro (wr)  
02; Fred Belitnikoff Award 2001  
& 02; NCS Champ 02 (21.49),  
(48.09); East Bay Cream of the  
Crop 03 #9; Las Vegas Bowl Champs  
05; Pac-10 Co-Champs 06; Holiday  
Bowl Champs 06; Armed Forces  
Bowl Champs 07; MVH rcd 02  
(21.49), 03 (48.04), career rcd recep  
(166), tds (40), yds (3,154)

## Rich Daum

Football Linebacker  
All-East Bay 82; All-Nor Cal 82

## Debbie Denithorne

Swimming Freestyle  
(Chabot JC); NCS Champ 84 500  
fs (4:57.87)

## Aimee Dewan

Lacrosse Defender  
(Univ of Redlands); All-SCIAC  
2011

## Ernesto Diaz

Tennis Singles  
(Boise St); NCS Champ 89 & 90;  
Big Sky Champs 96; Big West  
Champ 96

## Maureen DiMaggio

Softball Outfielder  
All-East Bay 80

## Rob DiSanza

Lacrosse Attack  
(Hofstra Univ); U. S. Lacrosse AA  
2006

## Dane Dobrinich

Baseball 3B  
(St. Mary's College); All-Times  
2000; Member American Legion  
National Champs 2000; pitched in  
college

## Carol Dolsby

Track/BK/VB/SB Discus  
NCS Champ 77 (129-7); MVH  
rcd 80 (133-3); Tri-Valley Sports  
HOF

## Kyle Donovan

Lacrosse Defender  
(Dominican Univ); PrepAA 2006

## Peter Dunkle

Baseball Pitcher  
(USF); All-Times 98; Times POTY  
98; All-East Bay 98; Cal-Hi All-State  
98; played minor league baseball

## Ryan Dunn

Football Linebacker  
(Univ of Arizona); East Bay Cream of  
the Crop 2012 #12

## Niko Dutra

"Nic" (nickname)  
Lacrosse Goal Keeper  
(Bryant Univ); All-East Bay 2010;  
brother Andrew played lacrosse Chico  
St, brother Dominic played lacrosse  
UC Santa Barbara

## Peter Economos

FB/Baseball TE/Infielder  
(Univ of California); EX All-Metro  
90 (fb); All-East Bay 91 (bb);  
All-Times 91 (bb)

## Gavin Edgell

Soccer Midfielder  
(Chico St); All-Times 2003

## Chris Edmonds

Softball Catcher  
All-East Bay 81

## Cami Edwards

Tennis Doubles  
NCS Champs 85

## John Engers

Baseball Infielder/OF  
(St. Mary's College & Point Loma  
Nazarene Univ); All-East Bay 2000  
(inf); All-Times 2000 (of); Member  
American Legion National Champs

2000; All-GSAC 05; PLNU ldr 05  
BAvg (.396), hits (59)

## Zach Ertz

Football Tight End  
(Stanford Univ); All-East Bay 2007  
& 08; Nor Cal Preps All-Nor Cal  
2007 & 08; Chron All-Metro 08;  
Scout.com All-State 08; East Bay  
Cream of the Crop 09 #3; Orange  
Bowl Champs 10; All-Pac 12 12; AA  
12 Pac-12 Champs 12; Rose Bowl  
Champs 13; Phil Eagles 13-; SU ldr  
12 rec (66), yds (837); son of Douglas  
Ertz, Lehigh fb player; nephew of  
David Ertz, Vermont bb player

## Taylor Evans

Volleyball Outside Hitter  
(BYU); MPSF Champs 2004;  
National Champs 2004; BYU rcd  
gm aces 2004 (7); husband of  
Lauren Richards, BYU vb player

## Miles Fates

Football Linebacker  
(San Diego St); All-Times 92;  
All-East Bay 92

## Tracie Ferguson

Tennis Doubles  
NCS Champs 85

## Mike Florenva

Football Linebacker  
All-East Bay 77

## Evan Ford

Football Wide Receiver  
(Washington St); EX All-Metro 92;  
East Bay Cream of the Crop 93 #9;  
Alamo Bowl Champs 94

## Leeann Frahm

Tennis Doubles  
(Univ of Indiana); NCS Champs 96 &  
97; Head Coach Swim Diablo  
Country Club 99-2001

## Emma Friedenberg

Softball Pitcher  
(Claremont-Mudd-Scripps  
College); SCIAC Champs 2010;  
SCIAC Co-Champs 11; CMSC ldr  
season 11 hbp (9-tie)

## Dave Frohen

Football Linebacker  
All-Nor Cal 78

## Chris Gambs

Baseball Pitcher  
All-East Bay 90 & 91; East Bay  
POTY 91; All-Times 91; Times  
Co-POTY 91; played minor league  
baseball; Midwest Lg-South Div  
Champs 93; NY-Penn Lg-Stedler  
Div Champs 95; son of Craig Gambs,

# Contra Costa County

Richmond High (CC) & minor league baseball player

## Nick Garitano

Football Defensive Line  
(Diablo Valley JC & Univ of Central Oklahoma); JC Region 2 All- State 2010; father Garret played fb Delta St.

## Chris Geremia

Football Defensive Line  
(Diablo Valley JC & San Diego St); All-East Bay 86

## Matt Giannini

Baseball Infielder  
(Stanford Univ); All-Times 93 & 95; Pac-10 Champs 98

## Mia Giovanetti

Tennis Doubles  
(UC Santa Barbara); NCS Champs 2005; USTPA teaching pro

## Bruce Giron

Track/FB 300mtrIH/DB  
(Univ of California); NCS Champ 98 (38.31) & 99 (37.72); All-East Bay 98; Head Coach track Piedmont High (A) 2010- ; MVH rcd 300 IM Hurdles (37.50), tj (48-3 1/2), 4x400 relay (3:21.01)

## Colette Glinkowski

Water Polo Defender  
(Univ of California); All-MPSF 99; MPSF Co-POTY 99; AA 99; Senior National Champs 98; played on boys team in high school; Cal ldr goals 99 (64)

## Lauren Goerz

Lacrosse Midfielder  
(Univ of California); All-East Bay 2009 & 10; East Bay POTY 2009 & 10; Prep AA 2009 & 10

## Kirsten Golden

“Kiki”  
Water Polo Utility  
(Univ of Michigan); All-Times 2006 & 07; All-East Bay 2006 & 08; All-East Bay/North Bay 2007; East Bay POTY 08; Prep AA 09; U.S.A. Jr Olympics AA 09; CWPA All-Western Div 11 & 12; CWPA Western Div POTY 12; UM ldr pts (108), goals (71), asst (37), stls (85) , hat tricks (8)12; MV High career ldr goals 2006-08 (224); also attnd Cooper City High, Fla

## Geoff Gonzalez

Golf  
(Cal Poly-SLO); Times GOTY 2006; Future Collegians World Tour Western Region POTY 2006; State Amateur Champ 09

## Tripp Gordon

Tennis Singles  
(Univ of Alabama); NCS Champ 80; USTPA instructor; youngest Oakland City Champ; father of Henry Gordon, nationally ranked prep player

## Randy Gray

Football Offensive Tackle  
(Washington St); EX All-Bay Area 84; All-East Bay 84; East Bay Cream of the Crop 85 #4; Aloha Bowl Champs 88

## Bob Gregor

Football Defensive Back  
(Washington St); SD Chargers 81-84

## Jack Griffin

Soccer Defender  
All-Times 2007; All-East Bay 2007

## Chris Grossman

Baseball Catcher  
(Univ of California); Member American Legion State Champs 99; played minor league baseball; Cal ldr 2003 hits (72), dbls (16), ttl bases (112); played minor league baseball; ld Sioux City dbls 06 (30); son of William Grossman, Ohio St vb player

## Lindsay Grossman

Water Polo 2-Meter  
(UC San Diego); NCAA Div 2 AA 2005; ld UCSD shot pct 05 (.500%)

## Lane Hale

Football Quarterback/DB  
(BYU); EX All-Bay Area 89 (qb); All-East Bay 89 (db); WAC Co-Champs 95; WAC-Mountain Div Champs 96; Cotton Bowl Champs 97; son of Guy Hale, BYU fb player

## Jon Hamblyn

Football Defensive Back  
All-East Bay 82; EX All-Bay Area 82; All-Nor Cal 82

## Jeff Hamm

Golf  
(Univ of California); NCS Co-Champ 2007 (70); son of Jim Hamm, Blackhawk Country Club teaching pro

## Kristian Hansen

Football Quarterback  
(Univ of Oregon); East Bay Cream of the Crop 89 #6

## Shad Hansen

Football Offensive Line  
(U. S. Air Force Academy Prep School & BYU); EX All-Bay Area 87; All-East Bay 87; All-Nor Cal

87; WAC Champs 89-91; Holiday Bowl Co-Champs 91; WAC Co-Champs 92; played dl in college; BYU rcd tackles season 91 (193), career (408)

## Stewart Hansen

Football Quarterback  
(Utah St & Univ of Utah); East Bay Cream of the Crop 88 #7

## Christian Harcasas

Swimming Backstroke/IM  
(Golden West JC & Arizona St); NCS Champ 98 100 bs (50.37); State JC Champ 100 bs 99 (NR) & 2000 (NR); State JC Champ 200 bs 99 (NR) & 2000 (NR); State JC Champ 200 IM 2000 (NR); GWJC 2000 100 bs (49.38), 200 bs (1:46.14); ASU rcd 02 200 back (1:43.96); attnd school in Germany & St. Mary's High (A)

## Brandon Hassfeld

Football Kicker  
All-Times 2004

## Jarret Hassfeld

Lacrosse Midfielder  
Prep AA 2011

## Tommy Haug

Football Running Back  
(Univ of Nevada-Reno); All-East Bay 2003; All-Times 2003; Times OPOTY 2003; WAC Co-Champs 05

## Katie Hedman

Swimming Breaststroke  
(Ohio St); NCS Champ 90 100 bs (1:04.45), 91 (1:03.63); Big Ten Medal of Honor 95; Bronze Medalist World University Gms 91 100mtr bs (NR); OSU rcd 92 200 bs (2:15.94), 100 bs (1:02.31), 100 bs (long course) (1:11.96); San Ramon Valley Livermore Aquatics HOF

## Ted Helgans

Baseball Outfielder  
(Univ of California); All-East Bay 78

## Dave Hernandez

Baseball Infielder  
(Fresno St & Univ of Texas); All-East Bay 2006; North-South prep A-S Gm 2006; WAC Champs 07; played minor league baseball

## Jason Hill

Baseball Catcher  
(Univ of California); All-Times 95; Member U. S. National Team 97; played minor league baseball; Northwest Lg-North Div Champs 98; Intl Lg-West Div Champs

# Contra Costa County

2003; Southern Lg-East Div Champs 04

## Casey Hines

Water Polo Goalkeeper  
(UC Davis); All-East Bay/North Bay 2004; WHPA Champs 08; UCD ldr saves 08 (199), 09 (200)

## Kate Hirsch

Volleyball Libero  
All-East Bay 2011; US VB AA (15 yr old group) 09; also attn Chanhassen High, Minn

## Casey Hock

Lacrosse Attack  
(Queen's Univ of Charlotte); Prep AA 2011

## Drew Hoffman

Football Defensive Line  
All-Times 98

## Kristina Hovsepian

Tennis Singles  
East Bay POTY 2010

## Anna Hoyt

Track Distances  
(Azusa Pacific Univ); GSAC Champs 2011

## Lynsey Hromatko

Soccer Defender  
(Univ of California); All-East Bay 2013

## Mallory Hromatko

Soccer Forward  
All-East Bay 2013; sister of Lynsey Hromatko, see above

## Brad Ingram

Football Wide Receiver  
(Univ of Tulsa & Univ of Hawaii); All-East Bay 78; All-Nor Cal 78

## Lauren Jesse

Swimming Diving  
(UC Davis); MPSF Champs 2011

## Grant Johnson

Baseball Catcher  
(Diablo Valley JC & Whittier College); All-SCIAC 2004

## Maggie Johnson

Softball Inf/Utility  
(Columbia Univ); All-East Bay 2006 (inf); pitched in college; All-Ivy Lg 11 (util); CU ldr season 09 hr (6), 10 dbls (17), 11 hr (6), slug pct (.446), walks (16), era (2.68), losses (16), ip (133 1/3), hits (130)

## Christian Jones

Baseball Pitcher

(Univ of Oregon); All-East Bay 2009, ld EBAL 08 so (108), era (1.17), 09 so (112), era (.66), wins (8) inn (74); missed 12 season due to "Tommy John" shoulder surgery; played minor lg baseball

## Courtney Jones

Soccer Forward  
(Univ of North Carolina); Member State Cup Champs 2003; Cal-Hi All-State 06-08; Cal-Hi State POTY 06-08; All-Times 07; All-East Bay 07; East Bay POTY 07; NSCAA State POTY 07; NSCAA AA 2005-07; Freshman AA 09; ACC Champs 09 & 10; NCAA Champs 08 & 09; National Under-20 Team 09; Bos Breakers (WPSL) 12; MVH rcd 100mtrs (12.66) 06, UNC red season gms 09 (28-tie), ld ACC scoring 10; sister of Rachael Jones, Cal Poly-SLO soccer player; daughter of Brent Jones, pro fb player,

## Gundy Jones

Golf  
(San Diego St); California Tour

## Kevin Jones

Baseball Infielder  
All-East Bay 77; All-Nor Cal 77

## Jeff Kanellis

Football Linebacker  
All-East Bay 68

## Damon Katz

Baseball Infielder  
(Pepperdine Univ); All-East Bay 96; All-WAC 99; played minor league baseball; Ny-Penn Lg-McNamara Div Champs 2000; South Atlantic Lg-South Div Champs 01; Carolina Lg-South Div Champs 01; PU rcd career hbp (46)

## Andy Keller

Baseball  
(Chabot JC & Lander Univ); Member American Legion State Champs 2001

## Jason Kicherer

Baseball Infielder  
(Ohlone JC & Chico St); NCAA Div 2 Champs 97; baseball skills instructor

## Steve Kelly

Football Defensive End  
(Univ of California); North-South Shrine Gm 2001; Pac-10 Co-Champs 06; Holiday Bowl Champs 06; Ken Cotton Award 06; son of Jim Kelly, Oklahoma St fb player & wrestler; grandson of Afton Kelly, Oklahoma St fb player

## Adam Kiefer

Football Offensive Line  
(Univ of Nevada-Reno); All-East Bay 2000; East Bay Cream of the Crop 01 #11; All-WAC Freshman Team 02; WAC Co-Champs 05

## Conor Kirkpatrick

Football Wide Receiver  
(UC Davis); All-East Bay 2003 & 04; Great West Conf Champs 09

## Brandon Kolb

Baseball Pitcher  
(Chabot JC & Texas Tech Univ); All-Times 92; JC All-State 94; JC AA 94; SD Padres 2000, Mil Brewers 01

## Carrie Kosnik

Water Polo Utility  
(Loyola Marymount Univ); WHPA Champs 2007, 09 & 10

## Chris Krychev

Track Discus/SP  
(Univ of Texas); NCS Champ 2006 (157-2) & 07 (172-11), (62-2 1/2); Times AOTY 2006; 2nd State Meet 07 (61-11); MVH rcd 07 (180-9); MVH rcd 07 (184-3); son of Alex Kraitchev, Silver Medalist weightlifter for Bulgaria 72 Olympics

## Shannon Lacy

Soccer Midfielder  
(USC); Member Under-15 National Champs 2004; USYS National Champs 2004; NCAA Champs 07

## Steve Lacy

Water Polo Hole Set/Utility  
(USC); All-Times 2003 & 04; All-East Bay/North Bay 04; brother of Shannon Lacy, see above; nephew of Norm Lacy, USC fb player

## Ali Lai

Soccer Midfielder  
(UC San Diego); All-Times 2004; UCSD ldr asst 2004 (7)

## Cherle Larson

Softball Pitcher  
All-East Bay 81

## Dave Larson

Track High Jump  
NCS Champ 69 (6-6 1/4)

## Matt Lasher

Football Running Back  
All-Times 95; All-East Bay 95

## Rick Lineweaver

Football Wide Receiver  
(Cal Poly-SLO); East Bay Cream of the Crop 87 #15

## Jeff Lockie

# Contra Costa County

Football Quarterback  
(Univ of Oregon); BANG Cream  
of the Crop 2012 #8; MH ldr 09 yds  
(2,409), td (26), 10 comp (234), yds  
(3,278), td (31); Fiesta Bowl Champs  
13

## Jeff Lyman

Baseball Pitcher  
All-East Bay 2004 & 05; Afflack  
A-A Classic 2004; Cal-Hi All-State  
05; signed with Atl Braves for  
reported \$460,000 bonus; played  
minor league baseball; Carolina  
Lg-South Div Champs 08; brother  
of Scott Lyman, UC Davis bb player

## Brian Lynch

Football Quarterback  
(Colorado St & San Diego St); EX  
All-Metro 92; All-Times 92; All-East  
Bay 92; East Bay Cream of the  
Crop 93 #17

## T. J. Marston

Football Wide Receiver  
(UCLA); All-Times 99; EX All-Metro  
99; All-East Bay 99

## Bob Martin

Golf  
Nor Cal Champ 75 (74-75-149)

## Drew McAllister

Football QB/Utility  
(USC); All-Times 2005 (qb) & 07  
(ut); Cal-Hi All-State (sophomores  
2005); Cal-Hi All-State Underclass  
Multi-Purpose (qb/rb) 06; All-East  
Bay 07 (qb); Chron All-Metro 07  
(ut); East Bay Cream of the Crop 08  
#1; Pac-10 Champs 08; Rose Bowl  
Champs 09; Emerald Bowl Champs  
09; played db in college; MVH rcd  
100mtrs (10.89) 08; played db in  
college; son of Ken McAllister, Cal fb  
player

## Garrett McCall

Soccer Forward/MF  
(Chico St); All-Times 2004

## Kristen McGlennon

Water Polo Goalkeeper  
(Univ of Indiana & UC Santa  
Barbara); 1st Midwestern  
Championships 2000, Gold Medalist  
Jr Olympics; Big Ten Champs 2000

## Mike McGlennon

Water Polo Goalkeeper  
(USC); All-Times 2004; MVH rcd  
saves 2004 (290), career (1,079);  
brother of Kristen McGlennon, see  
above

## Bryce McGovern

Football WR/Def.Utility

(Univ of California); All-East Bay  
2009 (wr) & 10 (wr); Chron All-  
Metro 2009 (wr) & 10 (util);  
MaxPreps Div 1 All-State 2009  
(wr); Nor Cal rcd recep 2009 (106);  
MVH ldr season 10 recep (71),  
recep yds (1,200)

## Cori McGovern

Soccer Midfielder  
(Loyola Marymount Univ); All-  
East Bay 2009; WCC All-Freshman  
2009; sister of Bryce McGovern, see  
above

## Emily McGregor

CC/Track Distances  
(UC San Diego); NCS Div 1 CC  
Champ 2003 (19:51); CCAA Champs  
(cc) 05; NCAA Div 2 Champs (CC)  
05; CCAA Champs (track) 07; UCD  
rcd 10000mtrs (25.38)

## Karen McIntyre

Softball Pitcher  
All-East Bay 88

## Mike McMillan

Basketball Forward  
(UCSD); All-Times 96

## Mason Melin

Football Tight End  
Chron All-Metro 2012; All-Times  
2012

## Kelly Mendoza

Water Polo Field  
(Univ of California & USC); USA  
Speedo Under-14 Champs; All-Times  
2007; All-East Bay/North Bay  
2007 & 08; Jr. Olympics MVP 07  
& 08; Prep AA 07-09; Member  
U. S. Team 08; Member Gold  
Medalist Team Global Tourney 08;  
All-East Bay 09; Member Jr. National  
Team 09; All-MPSF Newcomer Team  
11; MPSF Champs 11 & 13 (USC);  
Member FINA Jr. World Team 11;  
MVH career rcd goals (330); daughter  
of Jim Purcell, Co-Head Coach  
Diablo Water Polo Club, & Maureen  
O'Toole-Purcell, member  
International Swimming HOF

## Richard Merrill

"Casey"  
FB/Wrestling DL/194lbs  
(UC Davis); All-East Bay 74; All-Nor  
Cal 74; NCS Champ 75; FWC  
Champs 75-78; All-FWC 78; FWC  
LOTY 78; College Div 2 AA 78;  
GB Packers 79-83, NY Giants 83-  
85, NO Saints 86; wrestled in  
college; UC Davis HOF; Tri-Valley  
Sports HOF; brother of Charles  
Merrill, UC Davis fb player &  
wrestler; father of Casey Merrill,  
UC Davis wrestler

## Brad Miller

Baseball Pitcher  
All-East Bay 77 & 78

## Greg Mills

Golf  
NCS Champ 92 (70)

## Michael Millstein

Water Polo Attacker  
(UC Davis); Gold Medalist Team  
Pan America Maccabiah Gms 2007

## Matthew Miramontes

"Mateo"  
Baseball Pitcher  
(Univ of Nevada-Reno); All-East  
Bay 2000; Cal-Hi All-State 2000;  
Member American Legion National  
Champs 2000; North-South A-S  
Gm 2000; Freshman AA 01; played  
minor league baseball; NY-Penn  
Lg-McNamara Div Champs 03;  
Gulf Coast Lg-East Div Champs  
04; South Atlantic Lg-South Div  
Champs 04; UNR ldr season 01  
wins (10), 02 starts (17), wins  
(6-tie)

## Rachel Mitchell

Water Polo Goalkeeper  
(San Diego St); All-East Bay 2010  
& 11; Member National Youth  
Team 12; MH career rcd save pct  
(77.1)

## Kate Mogannam

Soccer Midfield  
(UC Santa Barbara); All-East Bay  
2007

## Trevor Moriarty

Lacrosse Goalkeeper  
All-East Bay 2009

## Allison Moulthrop

Tennis Doubles  
(Cal Poly-SLO); NCS Champs 2005

## Grant Muentner

Water Polo Defender  
(UC Davis); Times All-NCS 2003;  
WWPA Champs 06; All-WWPA 08  
UCD rcd; ld UCD steals (27) 08  
season 08 assts (40)

## Scott Murphy

Baseball Outfielder/DH  
(Chabot JC & Chico St); All-East  
Bay 93; All-Times 93; Times POTY  
93; JC AA 94 (dh) & 95 (of)

## Bob Myers

Basketball Guard/Agent  
(UCLA); NCAA Champs 95; UCLA  
BK Announcer 00-02; Sports Agent  
Wasserman Media Group 2006-11;

# Contra Costa County

GS Warriors Asst. GM 11, GS  
Warriors GM 12-

## Courtney Nagle

"Sparky"

Tennis Singles/Doubles  
(Univ of Oregon); NCS Champ 96  
& 97; Pacific Coast Under-18  
Champs 2000, UO ldr season wins  
18 singles 01, Member WTA Tour;  
Phil Freedoms (World Team Tennis)  
10, WTT ROTY; 10 won 15 pro dbls  
titles; UO 1st Women's Dbls AA 03;  
ITAArthur Ashe Award; suspended 16  
months for doping (unintentional) 09

## Trent Nahas

Track Pole Vault  
NCS Champ 97 (14-6)

## Dave Najarian

Golf  
NCS Champ 78 (139); son of  
George Najarian, see Oakland High  
(A)

## Gordie Nash

Soccer Defender  
(Univ of San Diego); All-East Bay  
2009; rowed crew in college

## Courtney Nelson

Soccer Defender  
(Pepperdine Univ); All-Times 2003;  
National Under-17 Champs 06;  
member two Western Regional  
Champs, five NorCal Titles

## Conor Neu

Basketball Forward  
(Princeton Univ); All-Times 98;  
GM Tokyo Apache (Japan); stepson  
of George Irvine, NBA head coach

## Dan Neufield

Baseball Outfielder  
All-Times 95

## Brett Nottingham

Football Quarterback  
(Stanford Univ); All-East Bay  
2009; East Bay OPOTY 2009;  
Chron All-Metro 2009; Cal-Hi All-  
State 2009 (multi-purpose);  
MaxPreps Div 1 All-State 2009;  
East Bay Cream of the Crop 10 #1;  
Orange Bowl Champs 10; MVH ldr  
career pass yds (7,467), pass tds  
(91)

## Ben Panconi

Soccer Midfielder  
All-East Bay 2013

## Barrett Park

Soccer Midfielder  
(Wake Forest Univ); All-Times  
2005

## Briana Park

"Bria"

Soccer Midfielder  
(Cal Poly-SLO); Member Under-15  
National Champs 2004; also atnd San  
Ramon Valley High (CC); sister of  
Barrett Park, see above

## Dan Parker

Baseball Utility  
(Diablo Valley JC); All-East Bay  
97; All-Times 97; played minor  
league baseball; Appalachian Lg-East  
Div Champs 99; Head Coach  
St. Helena High (N)

## Mike Parker

Baseball Pitcher  
All-Times 93

## Jeff Penna

Soccer Forward  
(USF); All-Times 2006; Member  
two U. S. Club Champs

## Kathryn Poropat

"Katie"

Soccer Defender  
Member Under-15 National  
Champs 2004

## Julie Radder

Tennis Doubles  
(UOP); NCS Champs 88; All-Big  
West 91

## Andrew Raponi

Baseball 1B  
(Diablo Valley JC & Cal St Los  
Angeles); Chron All-Metro 2006

## Niveen Rasheed

Basketball Guard  
(Princeton Univ); All-Times 2008;  
Cal-Hi All-State (junior) 2008; All-  
East Bay 09; East Bay MVP 09;  
Chron All-Metro 09; Chron Metro  
Contra Costa/Tri-Valley POTY 09;  
All-Ivy Lg 10-12; Ivy Lg ROTY 10;  
Ivy Lg Champs 10 -12; Ivy Lg POTY  
12 (unanimous); Mid Major AA 12;  
ECAC All-Star 12;ld Ivy Lg rebs 12;  
MVH jersey # retired; MVH ldr  
season pts avg 09 (20.3), reb (9.0),stls  
(5.5), assts 5.2), blcks (2.7); PU ldr  
season 10 pts (447), reb (255), asst  
(81), stls (64)

## Kerry Reed-Martin

Football Tight End  
(San Diego St); EX All-Bay Area  
83; All-East Bay 83; All-Nor Cal  
83; SDS ldr season pass recep 87  
(49)

## Alan Robertson

Water Polo Field  
(UC Irvine); All-East Bay/North  
Bay 2009

## Mike Roderick

Cross Country  
(UC Santa Barbara); NCS Div 1  
Champ 2008 (15:19)

## Matt Russi

Football Linebacker  
(Univ of California); Cal-Hi All-State  
2002 (underclass); Pac-10  
Co-Champs 06; Holiday Bowl  
Champs 06; Armed Forces Bowl  
Champs 07; Emerald Bowl Champs  
08

## Jenna Sawdon

"Bea" (married name)  
Softball Infielder  
(Fresno St); All-East Bay 91; All-  
Times 91

## Julia Schnugg

Soccer Forward  
(Florida St & Univ of California);  
Parade AA 2003; Member National  
Team 2003; Freshman AA 03; ACC  
All-Freshman Team 03; Member  
Under-19 National Champs 04;  
Member five State Cup Club  
Champs; FSU ldr 04 pts (17)

## Stephanie Schnugg

Water Polo Hole Set  
(Univ of California); All-Times  
2002-04; Times POTY03 & 04; All-  
East Bay/North Bay 04; NISCA AA  
04; Member National Jr Team 06;  
MPSF All-Freshman 06; Member  
World University Gms Team 11;  
MV ldr career goals 2002-05 (196);  
sister of Julia Schnugg, see above;  
daughter of Peter Schnugg, see  
Miramonte High (CC); cousin  
of Jessica Steffens, see below;  
uncle of Charlie Steffens, see  
Monte Vista High (CC)

## Sami Schrakamp

Soccer Midfielder  
(Northwestern Univ); All-East  
Bay 2011; ld NU asst 11 (3); member  
Mustang SC, ECNL National Champs,  
five times State Cup Champs; sister  
Nicole UCSB swimmer, sister Dani  
George Washington Univ soccer  
player

## George Schramm

Football Defensive Line  
(Colorado St); EX All-Metro 92;  
All-Times 92; All-East Bay 92;  
WAC Champs 94; WAC Co-  
Champs 95

## Dan Scritchfield

Football Offensive Line  
(Sacramento St); All-East Bay 2011

## Brad Sells

# Contra Costa County

Basketball Guard  
All-Nor Cal 80; MVH red gm pts  
80 (37); MVH ldr season 80 pts  
avg (18.9)

## Alex Sofranac

Baseball Outfielder  
(Diablo Valley JC & San Jose St);  
JC AA 2007; WAC Champs 09;  
DVJC ldr 07 BAvG (.395), gms  
(41-tie), hits (60), dbls (17), trpls  
(2), hr (3-tie), walks (18), slug pct  
(.592) 08 hr (5); SJS ldr 09 hr (5)

## John Solomon

Lacrosse Middle  
(Univ of Arizona); All-East Bay  
2009

## Paige Southmayd

Lacrosse Middle  
(Stanford Univ); All-East Bay  
2010 & 11; Prep AA 2010

## Michael Starr

Tennis Singles  
(Claremont-Mudd-Scripps  
College); NCS Champ 2004; Nor  
Cal Under-18 Champ 2004; Times  
POTY 05; NCAA Div 3 Champ 06;  
SCIAC Champs 06-08

## Charlie Steffens

Water Polo Field  
(Univ of California); Member  
National Youth Team 2003-07; All-  
East Bay/North Bay 05; All-Times  
05 & 06; All-East Bay 06; Member  
National Youth Team 06; Jr.  
Olympics MVP 07; MPSF Champs  
10; MVH red season goals 06  
(156); nephew of Peter Schnugg,  
see Miramonte High (CC); cousin  
of Bryan Schnugg, see Acalanes  
High (CC)

## Jessica Steffens

Water Polo Driver  
(Stanford Univ); All-Times 2003  
& 04; All-East Bay/North Bay 04;  
MVP 04; Member National Team  
06-08; Member FINA World Champs  
07; Pan Am Gms Champs 07; Silver  
Medalist Olympic Team 08; Gold  
Medalist World Championships 09,  
All-MPSF 09; All National Collegiate  
Team 09; Member Pan American Gms  
Team 11 ; Member Pan American  
Gms Gold Medalist Team 11. Gold  
Medalist Team 12

## Maggie Steffens

Water Polo Field  
(Stanford Univ); All-Times 2007;  
All-East Bay/North Bay 2007 &  
08; All-East Bay 09 & 10; East  
Bay POTY 10; Member National  
WP Team 10; Cal-Hi Female AOTY  
11; Olympic Team 12, Olympic Gold

Medalist Team 12, Olympic leading  
goals (21) Olympic red goals one gm  
(7) 12; sister of Charlie Steffens, see  
above; cousin of Stephanie  
Schnugg, see above; daughter of  
Carlos Steffens, Cal water polo player

## Kendahl Stein

Soccer Defender  
(Cal Poly-SLO); All-Times 05;  
Times POTY 05; EA Sports AA  
05; Member State Cup Champs  
2002-05

## Jenny Stephanopoulos

Water Polo Driver  
(Sierra JC & UC Davis); All-East  
Bay/North Bay 99; daughter  
of Steve Stephanopoulos, USF fb  
& bb player

## Austin Stewart

Baseball Outfielder  
(Chabot JC & Lubbock Christian  
Univ); JC All-State 2009; JC AA  
2009; CJC ldr BAvG 2009 (.419),  
dbls (14)

## Sarah Stimson

Water Polo Utility  
(George Washington Univ); All-Times  
2003; played 2-meter in college;  
GWU ldr season steals 07 (41)

## Brady Stockton

Golf  
(Arizona St); NCS Champ 98 (72);  
Member Canadian Tour, [Web.com](#)  
Tour, PGA Tour;

## Mark Stokes

Football Offensive Line  
Ex All-Bay Area 85; All-Nor Cal 85

## Stephanie Strider

Tennis Doubles  
(Cal Poly-SLO); NCS Champ 2007

## Matt Swan

Football DE/Linebacker  
(Laney JC & Univ of Nevada-  
Reno); All-East Bay 2001 (de); JC  
All-State 03 (lb)

## Brandon Sweeney

Football Tight End  
(Univ of San Diego); All-Times  
2006; All-East Bay 2006

## Steve Swift

Baseball Pitcher  
(Diablo Valley JC & Univ of  
Washington); JC AA 11; DVJC ldr  
season 2010 wins (7), losses (4),  
gms (13), starts (12-tie), cg (2-tie),  
ip (70 1/3), runs (53), walks (31),  
so (60), wp (14), balk (3-tie), 11  
era (0.97), wins (11), gms (13),

starts (13), cg (2-tie), ip (93), hits  
(62), so (71)

## Erin Tao

Basketball Guard  
(Columbia Univ); Member AAU  
Under-14 National Champs 2002

## Andrew Todt

Badminton Singles  
(Diablo Valley JC & UC Irvine);  
NCS Champ 2003 & 04; National  
Jr Champ 03; member Pan  
American Jr. Team 04; National  
Collegiate Champs 07

## Lauren Todt

Badminton Singles/Doubles  
(UC Santa Cruz); NCS Champ  
2003-06; National Jr Champs 03;  
Pan American Jr Mixed Champs  
04; Pan American Jr Team Champs  
06; Pan American Under-19 Champ  
& Champs 06; National Collegiate  
Champ 07; Member National Team  
07; sister of Andrew Todt, see  
above; daughter of Jim Todt,  
Smash City Badminton Club

## Leah Tremblay-Adams

Lacrosse Defender  
(UC Davis); All-East Bay 2010

## Melissa Trisko

Lacrosse Defender  
(Fresno St); All-East Bay 2009

## Karley Troup

Swimming Butterfly/Back  
(UC Davis); Far Western Long Course  
Club Champs 2010  
(Crow Canyon Sharks); MPSF  
Champs 11

## Allison True

Soccer Midfielder  
(UCLA & Univ of Colorado); East  
Bay POTY 2001; NJCA Adidas Prep  
AA 2001; MH MVP 00 & 01; ld MH  
goals 01 (NR); member U19 National  
Pool; daughter of Doug True, see  
College Park High CC); brother Jake  
Cal-St Monterey Bay soccer player

## Brianna Tsui

Soccer Defender  
(UC Davis); All-Times 03; Member  
State Club Champs 2001-03, 05

## Matt Tuckness

Football Wide Receiver  
(Occidental Univ); All-SCIAC  
2011; OU ldr season 2011 td  
pass (14)

## Kale Turner

Football Wide Receiver



# Contra Costa County

(UC Davis); Great West Conf Co-Champs 2005; son of Kevin Turner, see Mission San Jose High (A)

## Cindy Tuttle

Swimming Breaststroke  
(Univ of California); NCS Champ  
78 100 bs (1:07.84), 79 (1:06.99)  
& 80 (1:04.611); Bronze Medalist  
World Student Gms 81 200 bs  
(2:41.66)

## Brooke Van Muijen

Football Kicker  
(USC); All-Times 2005 & 06; All-  
East Bay 2005 & 06; Cal-Hi All-State  
2005 (juniors); Pac-10 Champs 07;  
Rose Bowl Champs 07; quit USC  
after 07 season

## Russ Vrankovich Jr.

Baseball Infielder  
(St. Mary's College); All-East Bay  
89 (bb); MVH ldr season 85 bk pts  
avg (18.8); SMC ldr season 92  
BAvg (.345), ab (168), hits (58),  
hr (3), dbls (15), 93 runs (32), dbls  
(13), bb (26); SMC rcd career dbls  
90-93 (40); brother of Nick  
Vrankovich, Monte Vista High bk  
player; son of Russ Vrankovich  
Sr., see St. Elizabeth's High (A)

## Fred Walker

Football Defensive Line  
(Diablo Valley JC & Tusculum  
College); All-Times 2005

## Dave Weinschelbaum

Wrestling 203lbs  
(UC Santa Barbara); NCS Champ 81

## Jacob Welter

Football Offensive Line  
(Ohio Univ); Army AA Gm 2010;  
Mid-America-East Champs 11; East  
Bay Cream of the Crop 10 #15

## Brooke Wentner

Wrestling 148lbs  
(Chico St); NCS Champ 73

## Dylan Westfall

Lacrosse Goalkeeper  
(Arizona St); Prep AA 2008;  
Colle ge AA 11

## Ryan Westfall

Lacrosse Midfielder  
(Arizona St); Prep A A 2006

## Tyler Westfall

"Blump"  
Lacrosse Attack  
(Arizona St); Prep AA 2005; All-  
WCLL 08, WCLL OPOTY 08;  
Member National Under-19 Team ;  
brother of Dylan & Ryan Westfall,  
see above

## Ryan Whalen

Football/BK WR/Guard  
(Stanford Univ); All-Times 2005 &  
06 (fb); All-East Bay 2005 & 06  
(fb); Chron All-Metro 06 (fb); All-  
Times 07 (bk); All-East Bay 07  
(bk); East Bay Cream of the Crop  
07 #18; East-West Shrine Gm 11;  
Cinn Bengals 11-; SU ldr recep 08  
(41) & 09 (57)

## Dave Wilkerson

Football Linebacker  
(Univ of California); All-East Bay  
2008 & 09; Chron All-Metro 09;  
East Bay Cream of the Crop 10 #4

## Jon Williams

Baseball Pitcher  
(USC); Member American Legion  
National Champs 2000

## Josh Williams

Golf  
(Chabot JC & UC Davis); Chabot  
HOF; son of Pat Williams, San  
Diego St bb player

## Mark Wilson

Track High Jump  
(Diablo Valley JC & Oregon St);  
NCS Champ 74 (6-9 3/4); 74 State  
Meet 2nd (6-10); prep pr 74  
(U.S. rcd-7-1 3/4)

## Tim Wise

Football Punter/Kicker  
(Univ of Oregon); All-East Bay 80  
& 81; EX All-Bay Area 81; All-Nor  
Cal 81; Cal-Hi All-State 81  
(punter); State rcd longest fg 81  
(59yds); Times All-Time Contra Costa  
FB Team 94

## Cynthia Wong

Track High Jump  
NCS Champ 83 (5-5)

## Shelby Wong

Soccer Midfielder  
(UC San Diego); U.S. Club Western  
Regional Champs 08; CCAA-South  
Co-Champs 2011; All-CCAA 2011

## Bart Wooten

Wrestling 148lbs  
NCS Champ 75

## Kyle Wright

BB/Football Outfielder/QB  
(Univ of Miami); ANG Best of the  
Best 2001 (bb); All-Times 2001 &  
02 (fb); Times OPOTY 02 (fb); All-  
East Bay 2001 & 02 (fb); East Bay  
POTY 02; Cal-Hi All-State 2001  
(underclass); Chron All-Metro 02  
(fb); Chron POTY 02 (fb); Cal-Hi  
All-State 02 (fb); Gatorade State

POTY 02; Gatorade National POTY  
02; SuperPrep National POTY 02;  
All-American Bowl Prep All-Star  
Gm 02; U. S. Army Bowl Gm 02;  
Parade AA 02; East Bay Cream of  
the Crop 03 #1; MPC Computers  
Bowl Champs 06; ACC ldr season  
td passes 05 (18-tie); UM rcd gm  
td pass 06 (tie-5); also atnd Vintage  
High (N)

## Alex Wyatt

Football Offensive Line  
(Cal Poly-SLO); All-Times 2002;  
played rugby in college

## Stacey Young

Softball Infielder  
All-East Bay 88

## John Zilius

"Shrek"  
Football Defensive Line  
(Cal Poly-SLO); All-Times 2002

## Heather Zygutis

Softball Outfielder  
All-Times 2005 & 06

## Mount Diablo High Red Devils Concord (estab. 1901)

## Dwain Adams

Baseball/FB Pitcher/DB  
Played minor league baseball;  
Northwest Lg Champs 66; MDH  
rcd career int (NR) 61-63; Mount  
Diablo HOF

## Lee Anderson

BK/Baseball  
Mount Diablo HOF

## Mike Anderson

Football Kicker  
All-East Bay 70

## Rod Atnip

Baseball  
Mount Diablo HOF

## Luoie Audas

Football/Track  
Mount Diablo HOF

## James Barlow

Football Halfback  
(Santa Clara Univ); Sugar Bowl  
Champs 37 & 38; SCU HOF

## Bill Beaver

Football Guard  
All-East Bay 73; All-Nor Cal 73

## Edi Birsan

# Contra Costa County

Cross Country  
NCS Div 4 Champ 96 (19:49)

## Rick Bonansea

Football                      Defensive Line  
All-East Bay 83; All-Nor Cal 83

## Don Brooks

Track/BK      120HH/180ydLH  
NCS Champ 47 (15.2), (20.5);  
Mount Diablo HOF

## Tom Brown

Football/BK                      Back/Guard  
(Diablo Valley JC & Univ of  
California); All-Nor Cal 60 (fb);  
North-South Prep All-Star Gm 61  
(fb); Concord Transcript Diablo  
District Dynamic Decade Team  
60s (bk); Mount Diablo HOF

## Hank Burget

Football                      Fullback  
(Santa Clara Univ); Orange Bowl  
Champs 50

## Grant Burton

Track  
Mount Diablo HOF

## Antionette Carter

Track                      Sprints/HH/LJ  
(Univ of California); MDH Female  
TAOTY 99-2002; UC Outstanding  
TAOTY 04 MDH rcd 100mtrs,  
200mtrs, LJ, 300mtrs HH; UC rcd  
100mtrs 05 (11.43); UC ldr season  
outdoor 03 (11.61), (24.08), outdoor  
04 (11.49), (23.26), (20-1 1/2),  
outdoor 05 (23.05), (20-4), indoor 06  
(7.33), (23.81), (19-7), outdoor 06  
(11.33), (22.79), (20-11 1/4); Mount  
Diablo HOF

## Gary Casey

FB/BK/Track                      End/DB/Fwd  
Scored 5 tds vs El Cerrito High 58  
including 4 on punt, ko returns of  
61 to 85 yds; North-South Prep  
All-Star Gm 59; Mount Diablo  
HOF

## Dennis Chase

Gymnastics  
Nor Cal Champ 75 floor exercise  
(17.30), long horse (17.60), parallel  
bars (16.30), high bars (16.95), all-  
around (98.90)

## Dan Colchico

Football                      Defensive End  
(East Contra Costa JC & San Jose  
St); SF 49ers 60-65, NO Saints 69;  
Len Eshmont Award 62; Times All-  
Time Contra Costa FB Team 94;  
Mount Diablo HOF; DVC HOF;  
father of Dom Colchico, see  
Clayton Valley High (CC)

## Cheryl Connor

VB/BK/SB/Soc/T&F  
Won nine varsity letters 79-83;  
MVP cc & bk 80, 82, bk 83; Mount  
Diablo HOF

## Maria Cruz

Soccer                      Defender  
(Los Medanos JC & Holy Names  
Univ); Cal-Pac Champs 2009

## Dade

Gymnastics                      Horizontal Bars  
NCS Champ 63 (NR)

## Tim Delmar

Gymnastics                      Vault/FE  
Nor Cal Champ vault 73-75; Nor  
Cal Champ floor exercise 74 (NR)

## Ken DeMartini

FB/BK/BB  
Mount Diablo HOF

## Bill Edelman

Football                      Halfback  
(East Contra Costa JC); All-Nor Cal  
52; North-South Prep All-Star Gm  
53; MDH rcd gm 52 tds (6) vs  
Alhambra (CC); MDH ldr 53 yds  
(1,248), att (111), td (17), avg (11.1);  
Mount Diablo HOF

## Elling

Track                      Javelin  
NCS Champ 29 (161-9)

## Don Ellison

Wrestling                      127lbs  
(San Francisco St); Nor Cal Champ  
66; State Collegiate Champ; Head  
Coach Technical High (A)

## Glenn Erickson

All Sports                      Sportswriter  
(Univ of California); Ukiah Daily  
Journal sportswriter & editor 56-2000;  
South Ukiah Little League field  
named in his honor; Mendocino JC  
Athletic HOF

## Joe Fejerang

FB/Track                      RB/Discus  
(Diablo Valley JC & Boise St); All-  
East Bay 74; All-Nor Cal 74; NCS  
Champ 75 (163-9)

## Bob Fife

Basketball                      Center  
(Univ of Oregon & UC Riverside);  
All-East Bay 89; All-Nor Cal 89;  
CCAA Champs 94; CCAA MVP 94;  
MDH ldr season pts avg 89 (20.8);  
OU ldr season bcks 90 (29), 91  
(28); UCR ldr 94 pts avg (18.6),  
pts (538), fg (216), ft (106), reb  
(287), bcks (89)

## Antonio Flaggs

Basketball                      Guard  
(Humboldt St, Diablo Valley JC &  
Sacramento St); CCAA Champs  
2007; SS ldr season 10 3pt fg (38);  
MDH ldr pts (26.0) 06

## Walter Flood

Track                      Discus  
NCS Champ 38 (131-2)

## William Fosskett

Track                      Shot Put  
(Univ of Oregon); NCS Champ 34  
(50-5 3/4); played fb in college;  
father of Bob Fosskett, see  
Piedmont High (A)

## Jack Foster

Football                      Linebacker  
All-East Bay 82

## Floyd Frager

Basketball                      Forward  
All-East Bay 80; MDH ldr season  
80 pts avg (15.3)

## Steve Freedom

FB/BB  
Mount Diablo HOF

## Dudley Gann

FB/Baseball                      Pitcher  
Mount Diablo HOF

## Paul Garrett

Track                      Pole Vault  
(Univ of Oregon); NCS Champ 31  
(12-5 7/8)

## Stan Gaunt

Track                      Pole Vault  
NCS Champ 54 (12-10); State  
Champ 54 (13-0-tie); Mount  
Diablo HOF

## Tony Giaquento

Football                      Running Back  
(Diablo Valley JC & New Mexico  
St); All-Times 2000

## Brian Goins

Basketball                      Guard  
(Diablo Valley JC); JC All-State  
2011

## John Gonzaga

Football                      Tackle  
SF 49ers 56-59; Dal Cowboys 60,  
Det Lions 61-65; Den Broncos 66  
(AFL); did not attend college;  
Mount Diablo HOF

## Americo Grossi

Track                      Shot Put  
NCS Champ 37 (51-5)

## Kenneth Guest

Track                      Discus  
NCS Champ 25 (114-4)

# Contra Costa County

## Octavio Guzman

Soccer Defender  
(Los Medanos JC & Chico St);  
CCAA-North Champs 2011

## Al Hagerstrand

Wrestling 175lbs  
(Humboldt St); Nor Cal Champ 59;  
Head Coach Mt. Diablo High; East  
Bay COTY 73; Mount Diablo HOF

## Cliff Hamilton

Football Wide Receiver  
(Diablo Valley JC); East Bay Cream  
of the Crop 87 #11

## Walter Hanson

“Wally”  
Track 440yds  
State Champ 25 (51.0)

## Steve Henrich

Football Linebacker  
All-East Bay 72; Mount Diablo  
HOF

## Holleman

Football Guard  
All-County 32

## Stan Huggins

Wrestling 115lbs  
NCS Champ 75

## Mike Isola

CC/Track Mile  
(Idaho St); NCS Champ 66 (9:11);  
NCS Champ 67 (4:19.9); Big Sky  
Champ 68 (4:17.74), 69 (4:16.04),  
& 70 (4:13.54); Mount Diablo HOF

## Jack Jardine

FB/BB/Track  
Mount Diablo HOF

## Bob Jones

“Ducky”  
Baseball 3B  
PCL SF Seals 14-16, SF Missions  
26-27, LA Angels 28, Port Beavers  
29; Det Tigers 17-25; 1st ML  
player from Contra Costa County;  
Mount Diablo HOF

## Richard Karsten

“R.J.”  
Boxing Super Middleweight  
Pro boxer 2000-04 (12-2-0)

## Keith Keppler

Track High Jump  
NCS Champ 49 (6-1-tie)

## Mike Kincheloe

CC/Track  
Mount Diablo HOF

## Tommy Kramer

Football/BK  
Mount Diablo HOF

## Dave Krowell

“Spider”  
Track 120HH/220ydLH  
(USC); NCS Champ 55 (14.7),  
(19.8)

## Adrian Kyles

Football Defensive Back  
(Diablo Valley JC); All-East Bay  
82; All-Nor Cal 82

## Steve Lamb

Football Guard  
All-East Bay 72

## Don Landrum

Baseball Outfielder  
Phil Phillies 57, StL Cardinals 60-62,  
Chi Cubs 62-65, SF Giants 66;  
Mount Diablo HOF

## Terry Lee

“Irish”  
Boxing Lt.Hwt/Hwt  
Amateur boxer (63-8-1); State  
Light Heavyweight & Heavyweight  
Champ; Pro boxer 66-76 (15-20-5);  
State Light Heavyweight Champ  
68-71

## Thomas Lee

Track Mile  
NCS Champ 31 (4:39.7)

## Chuck Leh

Rugby  
Capt. 1st League Champ 12; Mount  
Diablo HOF

## Todd Lichti

BK/Track Guard/TJ/400mtrs  
(Stanford Univ); EX All-Bay Area  
85; EX East Bay POTY 85; All-East  
Bay 84 & 85; All-Nor Cal 84  
& 85, State Div 2 POTY 85; Cal-Hi  
All-State 85; NCS Champ 84  
(46-10 1/2); NCS Champ 85 (48.82);  
All-Pac-10 86-89; 1st rd NBA pick  
(15th overall) 89; Den Nuggets 90-93,  
Orl Magic 94, GS Warriors 94, Bos  
Celtics 94; Perth Wildcats (Australia)  
96-99; also played pro in Italy; TV  
Analyst Den Nuggets; MDH jersey  
retired (#41); MDH rcd gm 85 pts  
(38), fg (16-tie); MDH ldr season pts  
avg 83 (16.7), 84 (23.3), 85 (24.1);  
SU career ldr 86-89 pts (2,336), fg  
(820), ft (584); SU ldr season pts  
avg 86 (17.2), 87 (17.8), 88 (20.1),  
89 (20.1), Pac-10 ldr career 3pt fg  
pct. (.477); SU rcd 40 consec ft;  
Stanford HOF; Mount Diablo HOF

## Ron Lichti

Baseball Pitcher  
All-Nor Cal 59

## Jim Liggett

BB/FB/Softball OF/Coach  
(Univ of California); Head Coach fb  
Carlmont High (SM) 78-91  
(106-42-4); CCS Div 2-North Champs  
90; Head Coach sb Carlmont High  
76- (state ldr 865 wins thru 11);  
CCS Champs 82, CCS Div 2 Champs  
84, 97, 99, 2001, 02, CCS Div 1  
Champs 04; CCA SB COTY 96; CCS  
Honor Coach 99; Peninsula Sports  
HOF; Mount Diablo HOF

## Dan Maez

Wrestling 148lbs  
NCS Champ 72

## David Maggi

FB/Baseball  
Mount Diablo HOF

## Doug Maggi

Basketball Forward  
MDH ldr season 78 pts avg (15.7);  
Mount Diablo HOF

## Barry Maynard

Basketball Guard  
All-East Bay 72; MDH rcd gm 72  
fg (16-tie), ldr season 72 pts avg  
(19.7)

## Marv McKeen

FB/BK/BB Quarterback  
(East Contra Costa JC & San Jose  
St); prep bk official; Head Coach  
tennis Diablo Valley JC 85-2006;  
Mount Diablo HOF

## Jim McLaughlin

All Sports Supporter  
Mount Diablo HOF

## Stacy Mortenson

BK/VB/CC/Trck  
Mount Diablo HOF

## Sue Mortenson

Basketball Forward  
All-East Bay 81

## George Murchio

Rugby/Baseball Back/Pitcher  
PCL Oakl Oaks 23-24; Mount  
Diablo HOF

## Tim O'Connor

Football Linebacker  
(Boise St); All-East Bay 85; EX  
All-Bay Area 85; All-Nor Cal 85;  
East Bay Cream of the Crop 86  
#16; Head Coach Fort Hays St  
2001-04 (20-24)

## Tim Oehninger

Football Defensive Tackle  
All-East Bay 73; All-Nor Cal 73

# Contra Costa County

<u>Ogilvie</u>	Football All-County 32	Center			
<u>Laurance Olsen</u>	"Chet" Track/FB NCS Champ 25 (163-4 1/2); State Champ 24 (159-4-tie); State Champ 25 (171-1 3/4 - State Meet rcd); Mount Diablo HOF	Javelin			
<u>David Osborn</u>	Track NCS Champ 25 (2:05 4/5)	880yds			
<u>Edward Lyle Palmer</u>	"Lyle" (known by middle name) Baseball (Univ of California); CIBA Co- Champs 47; PCC Champs 47; NCAA Champs 47; PCL Oakl Oaks 49; Cal ldr career runs (120), walks (85), gm rbi (6); Head Coach Pleasant Hill High (CC)	Outfielder			
<u>Mike Parrish</u>	Baseball (Diablo Valley JC); State JC Champs 77	Outfielder			
<u>Dick Piedmonte</u>	FB/BK/BB/Track (St. Mary's College); SMC HOF (all 4 sports); MDH ldr pts bk 42-45 (9.2)	End/Forward			
<u>Marcos Pico</u>	Track NCS Champ 85 (22.07)	200mtrs			
<u>Martin Piscovich</u>	FB/Baseball Gm 61 (fb); played minor league baseball; Mount Diablo HOF	QB/Catcher (USC); North-South Prep All-Star			
<u>Thomas Edmund Plumb</u>	"Ted" Football (Baylor Univ); Assistant Coach NY Giants 74-76, Atl Falcons 77-78, Chi Bears 80-85, Phil Eagles 86- 89, Phx/Ariz Cardinals 90-95; NFL Scout; Mount Diablo HOF	Coach			
<u>Angelo Pree</u>	Football (Sacramento JC & Univ of Sioux Falls); Big Sky Co-Champs 2010; MD ldr yards 06 (723)	Defensive Back			
<u>Owen Price</u>	"Muggsy" "Priceless" Football AA 40; NCAA ldr season punt avg 40 (48.0)	Back/Kicker (Texas College of Mines); Little			
			<u>Larry Prosper</u>	Wrestling (Diablo Valley JC & San Francisco St); Police Olympics Champ; AAU & Master Freestyle Champ 99; prep official; Co-Editor California Wrestling magazine 75-90; Mount Diablo HOF; California Wrestling HOF	Basketball (Univ of Idaho); Concord Transcript Diablo District Dynamic Decade Team '60s
			<u>Jerry Reese</u>	Football (San Jose St); All-East Bay 90 (db); All-Nor Cal 90; Cal-Hi All-State (medium schools) 90; East Bay Cream of the Crop 91 #16; SJ SaberCats (AFBL) 95-96, 99-04; SA Texans (CFL) 95; Buff Bills 97; Scot Claymores (NFLE) 98; Arena Bowl Champs 2002 & 04; Head Coach Mount Diablo High (CC) 11-; Mount Diablo HOF	
			<u>Patricia Reese</u>	Basketball All-East Bay 84	
			<u>Sam Rothchild</u>	Baseball All-East Bay 77	
			<u>Jim Saunders</u>	Football EX All-Bay Area 76; All-Nor Cal 76	
			<u>Mike Schomaker</u>	"Shoe" Baseball (Stanford Univ); North-South All- State Gm 64 (fb); CIBA Champs 66; All-Pac-8 67; Pac-8 Champs 67; SU Freshman MVP 65; SU Most Inspirational Player 67; played minor league baseball; Calif Lg Champs 68; injuries ended pro career; offered double scholarship to Stanford but did not play football; Mount Diablo HOF	
			<u>Randy Schraeder</u>	Football All-Nor Cal 75	
			<u>Malcolm Scott</u>	Wrestling (Stanford Univ); NCS Champ 72; Nor Cal Champ 72; Mount Diablo HOF	
			<u>Jane Shearer</u>	Volleyball (UOP); NCAC Champs 76	
			<u>Bill Shinn</u>	FB/Wrstl/Track Mount Diablo HOF	
			<u>Howard Silva</u>		
					<u>Dade Skinner</u>
					FB/BK/BB Mount Diablo HOF
					<u>Dave Stafford</u>
					Basketball (Univ of California); PCC Champs 59; NCAA Champs 59; AAWU Champs 60; Mount Diablo HOF; father of Pete Stafford, see Northgate High (CC); grandfather of Brian & David Stafford, see Las Lomas High (CC)
					<u>Russell Steele</u>
					FB/Track North-South Prep All-Star Gm 54; Mount Diablo HOF
					<u>Mark Stubbe</u>
					Football All-East Bay 73
					<u>Randy Terraberry</u>
					Cross Country Mount Diablo HOF
					<u>ReAnne Thompson</u>
					Softball All-East Bay 85
					<u>Harville Titcomb</u>
					Rugby/Track MDH rcd 440 15 (NR); Mount Diablo HOF
					<u>Paul Trapp</u>
					Football All-Nor Cal 79
					<u>Al Trette</u>
					Football (San Jose St); competed in track in college; Mount Diablo HOF
					<u>Ralph Vallis</u>
					FB/Baseball Mount Diablo HOF
					<u>Ted Walsh</u>
					Football All-East Bay 70
					<u>Ted Wiget</u>
					Swimming/WP (Stanford Univ); NCS Champ 30 440 fs (5:32.0); NCAA Champ 32 440 fs (4:58.6); NCAA Champ 33 220 fs (2:16.0), 440 fs (4:58.4); NCAA rcd 33 440 fs (4:51.2); Bronze Medalist Team (wp) Olympics 32; Stanford HOF (swimming & wp); Mount Diablo HOF

# Contra Costa County

## Mickey Workman

Football Lineman  
North-South Prep All Star Gm 63

## Joe Zigulis

Football Defensive Line  
All-Nor Cal 75

## Northgate High Broncos Walnut Creek (estab. 1974)

## Frank Allocco Jr.

Basketball Guard  
(St. Mary's College); All-Times  
94-96; All-East Bay 95 & 96; East  
Bay POTY 96; Cal-Hi All-State  
(junior) 95; Cal-High Div 3 All-State  
95; EX All-Bay Area 95 & 96; EX  
East Bay & Metro POTY 96; Cal-Hi  
Div 2 All-State 96; WCC Champs 97;  
NH rcd career 94-96 pts (2,008),  
asst (724), most consec ft 96 (35);  
CIF Nor Cal Div 2 Final Gm 96 ft  
att (20), ft (15); CIF State Div 3  
Final Gm rcd ft 95 (11); SMC ldr  
season 98 asst (105), 99 asst (152),  
2000 pts (339), ft pct (.763), asst  
(97), stls (31); Northgate HOF; son  
of Frank Allocco Sr., Head Coach  
bk Northgate & De La Salle Highs  
(CC)

## Mike Allocco

Basketball Guard  
All-Times 97; Times POTY 97;  
All-East Bay 97; nephew of Frank  
Allocco Sr., Head Coach Northgate  
& De La Salle Highs (CC); cousin  
of Frank Allocco Jr., see above

## Scott Andre

Football Defensive Line  
All-East Bay 82; EX All-Bay Area 82

## Dan Arroyo

Golf  
(Univ of California); All-Pac-10  
98 & 99; 1st Cal golfer named all-  
league twice; Nationwide Tour;  
Director Golden Gate Sports  
Marketing

## Matt Bataska

Baseball Pitcher  
(Cal St San Marcos); Assoc. of  
Independent Institutions  
Champs 2011

## Lindsay Azevedo

Softball Catcher  
(Diablo Valley JC & Middle  
Tennessee St); JC All-State 2000;  
All-Sun Belt 01; MTS ldr season  
01 gms (64-tie), ab (208), runs (32),  
hits (60), trpls (3), sb (22)

## Kyle Batten

Rugby  
(St. Mary's College); College  
Premier Div All-Pacific 2011

## Brooke Bergesen

Cross Country  
(Chico St); CCAA Champs 2010

## Jennifer Berkman

Softball Outfielder  
All-East Bay 90 & 91

## John Berry

Track Discus  
(USC); NCS Champ 81 (187-6); 3rd  
State Meet 81 (179-1); played fb in  
college (lb)

## Richard Bohne

BK/Tennis Guard/Dbls  
(BYU); WAC Champs 84; Utah  
State Champs 80 & 84; Northgate  
HOF

## Alex Bollaidlaw

Swimming Synchronized  
(Stanford Univ); Member Jr. National  
Team 2008; National Jr Champs 2008;  
Palo Alto's Bol Park named for  
grandfather, Klaas Bollaidlaw,  
Stanford swimmer & mercury vapor  
light inventor

## Jenn Bradley

Volleyball Setter  
All-Times 2003

## Scott Bradley

Baseball 1B  
(Chabot JC & Long Beach St);  
JC AA 2003; Northgate HOF; also  
attnd Clayton Valley High (CC)

## Sue Bruemmer

Basketball  
(Univ of California); All-East Bay  
83 & 84; All-Nor Cal 83 & 84;  
Northgate HOF

## Matthew Butler

Football Defensive Back  
(CCSF); JC State Champs 2011

## Denise Buttici

Soccer Forward  
(Cal St Hayward & Chico State);  
NCAA Div 2 Champs 88 (CSH);  
NCAA Div 2 Tourney Most  
Outstanding Player 88 (CSH);  
NCAA Div 2 AA 92 (Chico St)

## Matt Butler

FB/BK/BB WR/Guard/OF  
Northgate HOF

## Dave Cadematori

Swimming Butterfly/Free

(USC); NCS Champ 84 100 bf  
(48.82), 200 fs (1:39.30); Pac-10  
Champ 86 200 bf (1:45.8); Silver  
Medalist 200 bf, Bronze Medalist  
100 bf World University Gms 87

## Nick Campbell

Swimming Medley  
(Cornell Univ); NCS Champ 2006  
200 IM (1:54.17); CU rcd 200 IM  
(1:48.39), 200 medley relay (1:28.75),  
400 medley relay ( 3:12.75) 09

## Chrissie Cattalini

Basketball Point Guard  
Northgate HOF

## Jill Changaris

"Muhe" (married name)  
Volleyball Outside Hitter  
(UC Davis); All-Times 92; All-NCAC  
94-96; All-Region 95 & 96; NCAC  
ldr kills 95 (451); UCD rcd gm digs  
96 (31); Pro Beach VB Tour 99-; Pro  
VB Domestic Tour; Athletic Trainer  
Disneyland, Pierce JC, Mission  
College & Oxnard College; Head  
Coach boys Calabasas High;  
Northgate HOF; daughter of Jim  
Changaris, Head Coach vb Acalanes,  
Northgate & Ygnacio Valley Highs  
(CC)

## Keith Clearwater

Golf  
(BYU); AA 81; WAC POTY 81;  
NCAA Champs 81; PGA Member;  
Nationwide Tour; Tournament  
Players Tour; Asian Tour; Colonial  
Open Champ 87 (rcd 266); Master  
Card ROTY 87; Colonial CC rcd 93  
(61-tie); BYU HOF

## Mike Connors

FB/Track DB/100mtrs  
All-East Bay 84; All-Nor Cal 84;  
NCS Champ 85 (10.87); 3rd State  
Meet 85 (10.56); Northgate HOF

## Jim Croy

Basketball Forward  
(Cal Poly-SLO & Westmont  
College); All-Times 92 & 93; All-East  
Bay 93; Westmont DPOTY 98;  
Bk Director Renaissance Club,  
Walnut Creek; NH rcd gm 92 ft  
(17), 93 pts (40), fg (16)

## Rick Croy

Basketball Guard/Coach  
(San Francisco St); All-NCAC 96 &  
98; SFS ldr career 96-99 3pt fg  
(167), ft pct (.868); Head Coach  
Citrus JC 2006-10 (159-38),  
California Baptist 13-; State JC  
Champs 08; Northgate HOF; brother  
of Jim Croy, see above

## Matt Cutaia

# Contra Costa County

Volleyball Outside Hitter  
All-East Bay 2010

Track 100mtrHH  
NCS Girls Champ 81 (14.1);  
Northgate HOF

(medium schools, multi-purpose)  
94; Northgate HOF; brother of  
Andy Harden, see above

## Elaine Dakis

Softball Utility  
All-Times 91

## Chelsea Davis

Soccer Midfielder  
(Univ of Houston & Fresno St);  
WAC Champs 2006

## Doug Davis

Baseball Pitcher  
(Diablo Valley JC & CCSF); Tx  
Rangers 99-2003, Tor Blue Jays  
03, Mil Brewers 03-06, Az  
Diamondbacks 07-09; Mil Unsung  
Hero Award 04; opening day  
pitcher 06; Mil Brewers 10; Chi Cubs  
11; rcd season so LHP 06 (208);  
Founder Doug Davis Foundation

## Phil Devitt

Basketball Forward  
Northgate HOF

## Lisa Dorman

“Ran” (married name)  
Swimming Freestyle  
(USC); NCS Champ 84 50 fs  
(23.72) & 85 (23.53), 84 100 fs  
(51.71) & 85 (50.53); National  
Champ 50 fs 85 (26.20) & 87  
(25.94); Head Coach boys/girls  
Marin Academy 2010; U. S .  
Summer Swimming Champ 50 fs  
(25.94) 87; Silver Medalist Pan  
Pacific Gms 87 50 fs (26.33); Short  
Course Far Western Championship  
(age 15-16) rcd 84 50 fs (23.73);  
USC swim stadium rcd 90 50 fs  
(23.22-tie) 90 & 800 fs relay 91  
(7:27.62)

## Stacie Dorman

Swimming Freestyle  
NCS Champ 89 200 fs (1:49.76), 90  
(1:49.88), 91 (1:48.22), 89 500 fs  
(4:56.03), 90 (4:55.96), 91  
(4:48.47), 92 100 fs (52.29); sister  
of Lisa Dorman, see above

## Bob Dziengeleski

Basketball Forward  
(Diablo Valley JC & St.  
Bonaventure Univ); EX All-Bay  
Area 96

## Dylan Edrington

Basketball Guard  
All-Times 2001; professional  
model & actor

## Trevor Fast

Volleyball Setter  
All-East Bay 2010

## Val Flemmings

## Mariet Ford

Football Wide Receiver  
(Diablo Valley JC & Univ of  
California); JC All-State 80; Cal  
MVP (offense) 81; Cal MPV 82; Ott  
Rough Riders 83, Tor Argonauts  
83 (CFL); UC ldr season 81 put ret  
(20), pts ret yds avg (7.4), 82 punt  
ret (28), punt ret yds avg (10.1), ko  
ret yds avg (21.2); CFL rcd long  
punt ret 83 (102 yds); sentenced  
45 yrs to life 98 after conviction  
for arson & murdering his wife, son  
& unborn child

## Orrin Ford

FB/Soccer/Track WR/Jumps  
(Diablo Valley JC & Univ of  
California); All-State 80 (soc);  
brother of Mariet Ford, see above

## Tom Gallaher

Football Tight End  
All-Nor Cal 75

## Chuck Goetschel

Swimming Freestyle/IM  
(UC Santa Barbara); NCS Champ 84  
500 fs (4:34.03); Big West Champ  
88 400yd IM (UCSB rcd-3:58.68);  
Big West Champs 88

## Jenny Hall

Softball Infielder  
(UC Davis); All-East Bay 97; All-  
Times 97; UCD rcd career dbls (NR)

## Drusilla Hanft

Basketball Guard  
(UC Davis); Northgate HOF; NH rcd  
career ft (252) 94-98; NH ldr asst  
(130) 97 pts (518), asst (131) 98

## Murray Hannan

Swimming Freestyle  
(Diablo Valley JC & Univ of  
Pittsburgh); State Champs 200 fs  
relay 2008 (U.S.JC rcd-1:21.72); State  
JC Champs 2008; Head Coach Walnut  
Country Swim Team; Co-Head Coach  
Benicia High (Sol) 12; did not swim  
in high school, played wp

## Andy Harden

Football Tight End  
Cal-Hi All-State (sophomore) 95;  
Cal-Hi All-State (underclass) 96;  
All-East Bay 96 & 97; All-Times  
96 & 97; EX All-Metro 97

## Matt Harden

Football QB/Utility  
(U. S. Naval Academy); EX All-  
Metro 94; All-Times 94; All-East  
Bay 94 (qb); Cal-Hi All-State

## Tristan Hedrick

Tennis Doubles  
(Amherst College); NCS Champs  
98; NESAC Co-Champs 2004;  
NESAC Champs 05

## Heidi Hendricks

Swimming Backstroke  
(USC); NCS Champ 96 100 bs  
(58.03); NCAA Champs 97

## Kristi Hendrickson

Volleyball Outside Hitter  
(UC Davis); All-Times 2002

## Rachelle Huang

Volleyball/BK Guard  
All-Times 92 (vb); Northgate HOF

## Mika Ito

Basketball Guard  
Northgate HOF; NH rcd season asst  
97 (139)

## Hillary Jern

“Kissack” (married name)  
Volleyball Hitter  
(Chico St); All-Times 91

## Blaine Johnson

Baseball Catcher  
(Los Medanos JC); All-East Bay  
2008; All-Metro 2008; Cal-Hi All-  
State 2008 (medium schools);  
LMJC ldr season 09 walks (23),  
so (28), sb (9), 11 gms (35-tie), so  
(20)

## Cory Jones

Volleyball Outside Hitter  
(Utah Valley St); All-East Bay 2006

## Mark Joukoff

Baseball Pitcher  
(Santa Rosa JC, Kansas St & Univ  
of Nevada-Reno); JC All-State 2008

## Stephanie Joukoff

“Qualk” (married name)  
Swimming Synchronized  
(Stanford Univ); Member U. S . Jr.  
National Team, Gold Medalist  
Collegiate Trio 2003; Head Coach  
Walnut Creek Aquanauts; sister of  
Mark Joukoff, see above

## Mark Kearns

Basketball/FB Forward/LB  
(Univ of Oregon); East Bay  
Cream of the Crop (fb) 85 #6;  
Independence Bowl Champs 89;  
Head Coach California Bears of  
San Ramon (midget fb) 2011;  
Northgate HOF

# Contra Costa County

<u>Mike Kelley</u> Soccer Defender (Sonoma St); NCAA Div 2 Champs 2002	(1:23.37); UAA rd 100 fs (45.54), 200 IM relay (NR), 400 IM relay (NR), 400 fs relay (NR) 08; UAA SOTY 08; 1st male to win all fs events in UAA meet 08; UAA rd 50 fs prelim (20.64) 08; Northgate HOF	ldr pts (1,061), ft (269), season reb (369), 98-02; Northgate HOF
<u>Carolyn Kempker</u> Volleyball (Univ of California); UC ldr blks career 86-89 (368); Member Cal All-Decade Team 86-96; Northgate HOF	<u>Kim Lassair</u> Track Triple Jump NCS Champ 87 (38-5 1/2); State Champ 87 (39-6 1/4)	<u>Kelly McNeil</u> Swimming Medley Relay (Santa Rosa JC & Sonoma St); State JC Champs 2008 400yd Medley Relay (4:03.69); State JC Champs 2008 & 09
<u>Chuck Kennedy</u> Swimming Freestyle (Univ of Michigan); NCS Champ 96 500 fs (4:32.64), 97 (4:30.05), 96 200 fs (1:41.17), 97 (1:40.52); Big-10 Champs 99 & 03	<u>Michelle Lawrence</u> Volleyball Outside Hitter (Colorado St); All-East Bay 2011 & 12; attn frosh year in Sacramento area	<u>Walter Melton</u> Cross Country (Chico St); CCAA Champs 2010
<u>Chris Kilpatrick</u> Track Shot Put (UC Santa Barbara); NCS Champ 78 (56-1); UCSB ldr 83 discus (165'-11")	<u>Brian Lee</u> Golf NCS Champ 93 (73)	<u>Rick Meyer</u> Football Fullback (Univ of Washington); East Bay Cream of the Crop 83 #1
<u>Becky Kim</u> Swimming Synchronized (Ohio St); Member National Jr Team 2002; Member National Team 03-08; Collegiate National Champs Team 04; Collegiate Trio Champs 04 & 06; Collegiate Duet Champs 04; Member Olympic Team 08	<u>Jillian Lee</u> Golf Northgate HOF	<u>Steve Millar</u> Basketball/FB Guard/WR East Bay Cream of the Crop (fb) 91 #19; did not play fb in college; Northgate HOF
<u>Becky Kopchik</u> Cross Country (Occidental College); NCAA Div 3 Western Region Champ 91 (NR), 92 (19:41) & 93 (NR); 2nd NCAA Div 3 National Championships 91 (NR); Northgate HOF	<u>Sara Lester</u> Golf (Arizona St & Penn St); did not play golf at Arizona St; Northgate HOF	<u>Zach Minor</u> Baseball Pitcher (Fresno St); played minor league baseball; Northgate HOF
<u>John Kopchik</u> Cross Country Northgate HOF	<u>Joann Liang</u> Swimming Backstroke (UC Davis); MPSF Champs 2011	<u>Seyeon Mon</u> Swimming Synchronized (Univ of the Incarnate Word); Member National Jr Team 2008; National Jr. Trio Champs 2008; National Jr Team Champs 2008
<u>Brett Korsgaard</u> Tennis Doubles (Univ of California); NCS Champs 86	<u>Heidi Lietz</u> Swimming Freestyle (BYU); NCS Champ 96 50 fs (24.42), 97 (24.26)	<u>John Morales</u> Football DT/Guard (Diablo Valley JC & Univ of South Dakota); All-Times 2001 (both ways)
<u>Artem Krylov</u> Wrestling 154lbs (Menlo College); NCS Champ 2000; State Jr Greco Champ (143) 2000, State Jr. Greco Team Champs 2000 ; West Regional Champ 05 (157lb)	<u>Joey Lichens</u> Football Utility All-Times 91	<u>Olivia Morgan</u> Swimming Synchronized (Stanford Univ); Member National Jr Team 2004-06; Jr. National Trio Champs 2004; Collegiate Nationals Figure Champs 08
<u>Dave Lanham</u> Wrestling 200lbs NCS Champ 82; State Champ 82; Northgate HOF	<u>Eric Liming</u> Football Linebacker All-East Bay 94	<u>Kate Mounday</u> Swimming Bfly/Breaststroke (Santa Rosa JC & Sonoma St); State JC Champs 2008 & 09; State Champs 09 200 fs Relay (NR), 200 IM Relay (NR)
<u>Andrew Lardiere</u> Swimming Freestyle (NYU); University Athletic Assoc Champ 2007 50 fs (NR); 08 50 fs (20.86), 100 fs (45.74), 200 fs	<u>Michele Martinez</u> Basketball Guard Northgate HOF; NH rd career pts (1,012), assts(387), stls (310), ft (174) 92-95, seas stls (160) 94	<u>Kyle Noone</u> Basketball Guard (Univ of North Carolina); played baseball in college; Northgate HOF
	<u>GinaMarie McArdle</u> Softball Multi-Purpose Cal-Hi All-State 2006 (medium schools)	<u>Eric Olson</u> Track Discus (Univ of California); NCS Champ 80 (179-2); 3rd State Meet 80 (181-3)
	<u>London McCurry</u> Basketball Forward (Cal Poly-SLO); All-Times 2002; ANG Best of the Best 2002; ANG POTY 2002; Northgate girls career	

# Contra Costa County

## Laura O'Malley

Swimming Diving  
NCS Champ 84 (388.30)

## Alexandra Paganetti

Tennis Doubles  
(Colorado St); NCS Champs 98

## Tracy Payne

Tennis Singles  
NCS Champ 80

## Chris Pelayo

Baseball 3B  
(Diablo Valley JC); All-East Bay 2009; Cal-Hi All-State (medium schools) 2009

## Rob Perkins

Tennis Doubles  
NCS Champs 86

## Lisa Peters

Track 440yds/HJ  
NCS Champ 80 (55.3); NH red hj 79 (5-9)

## Alexandra Podkolzina

"Sasha"  
Tennis Singles  
(Univ of California); NCS Champ 99 (freshman) & 2000; USTA 16 Hard Court Champ 01; USTA 18 Hard Court Champ 02; USTA 18 Clay Court Champ 02; State POTY 03; ranked #1 Under 18 02; also attnd school in Russia; left Cal after 1st year to play pro

## John Polousky

Football Guard  
(Colorado St); Cal-Hi All-State (underclass) 88; All-East Bay 89; East Bay Cream of the Crop 90 #11; WAC Champs 84; Team Physician Cherokee Trails High (Colo), played center in college; Northgate HOF

## George Reynolds

Football Kicker  
All-East Bay 78

## Pete Richardson

Basketball Guard  
Northgate HOF

## James Robertson

Track High Jump  
NCS Champ 86 (6-8)

## Justin Rossi

Swimming Medley  
(Univ of North Carolina); NCS Champ 97 200 IM (1:52.22); All ACC 99, UNC Most Improved 99

## Mike Rossi

Football Linebacker  
(UOP & Northern Arizona Univ); All-East Bay 88; EX All-Bay Area 88; East Bay Cream of the Crop 89 #17; did not play fb in college; Northgate HOF

## Drew Sachwitz

Volleyball Libero  
(Univ of Oregon); All-East Bay 2009

## Kelly Sarginson

"K-Sarge"  
Softball Infielder  
(Loyola Marymount Univ); Cal-Hi All-State 2008 (medium schools); PCSC Coastal Div Champs 11; LMU 1dr season 11 gms (59-tie), starts (59-tie), hr (18), rbi (59), walks (35), so (30-tie); Northgate HOF

## Stephanie Scheetz

Swimming Freestyle  
(Ohio St); NCS Champ 88 100 fs (51.90)

## Byron Schlagenhauf

"B.J."  
Golf  
(UCLA); All-Pac-10 98 & 99; PGA Member; UCLA 1dr strokes per round 98 (74.3)

## Amanda Schneider

Swimming Diving  
(Univ of California); NCS Champ 2003 (390.65)

## Jeff Schraeder

Football Center  
(Utah St); EX All-Bay Area 87; All-East Bay 87; All-Nor Cal 87

## Shiree Segev

Swimming Diving  
(UC Davis); Big West Champs 2010

## Emily Shibata

"Emmo"  
"Shibby"  
Soccer Center/MF  
(Univ of California); Member Under-15 National Champs 2004; Member National Under-17 Team 05; All-Times 2006; All-East Bay 07; Member six State Cup Champ Teams

## Deborah Shim

Swimming Synchronized  
(Ohio St); National Duet Champs 2002; Member National Jr Team 05 & 06; Member National Collegiate Champs 08 & 09

## Julie Sprague

"Deckert" (married name)

Volleyball  
(Chico St); NCAC MVP 90; All-NCAC Northwest Region 90; Pro Beach Volleyball 95-2005; CS rcd season kills, digs; NCAA Div 2 rcd match kills; AVP Tour 1991-2001; Chico HOF

## Dave Stafford

Baseball Pitcher  
(Univ of California); All-East Bay 86

## Pete Stafford

Basketball Guard  
(Univ of California); played fb in college; Northgate HOF; father of Brian & David Stafford, see Las Lomas High (CC); son of Dave Stafford, see Mt. Diablo High (CC); wife. Sally, was hurdler at Cal

## Carlos Sumulong

Wrestling 130lbs  
(San Francisco St); NCS Champ 92; twice college conf. champs; Member NCAA Div 2 National Champs 97; Head Coach Northgate High (CC) 97-2001, 04-; De La Salle High (CC) 01-03; founder Walnut Creek Wrestling Club; founder & co-owner VQ Fitness; SF State HOF; also attnd Oceana High (SM)

## Rebecca Sussman

Tennis  
(Fresno St); swam in college; Northgate HOF

## Jim Swan

Basketball Center  
(UC Davis); All-East Bay 77; Northgate HOF

## Eric Tannenbaum

Track Pole Vault  
(Univ of Washington); NCS Champ 2005 (15-0); NH rcd (15-4)

## Jacqui Trenkwald

CC/Track 3000/5000mtr  
(Sonoma St); Northgate HOF

## Libby Trenkwald

Water Polo Hole Set  
(Univ of California); All-Times 2006; All-East Bay 2006

## Lori Tschannen

"Mahnke" (married name)  
Softball Utility  
(Univ of Nebraska); All-East Bay 96 & 97; All-Times 96; Northgate HOF

## Amanda Thomas

Volleyball Middle Blocker



# Contra Costa County

(Notre Dame de Namur Univ); All-Times 2000

## Mike Thompson

Swimming Breaststroke  
NCS Champ 76 100 bs (1:00.4)

## Steve Town

Tennis Singles  
(Univ of Arkansas); NCS Champ 78

## Karmel Ungerleider

Soccer  
Northgate HOF

## Dave VanSteenkiste

Football Kicker  
(Long Beach St); All-East Bay 82

## Lucas Watson

Rugby Wing/Center  
(Univ of California); NCAA  
Champs 2007 & 08; brother of  
Dustin Watson, see De La Salle  
High (CC)

## Michael Wickman

Track 800/1500mtrs  
(Chico St); CCAA Champ 2007  
(1:52.41), 09 (1:52.21), (3:55.88),  
10 (1:51.96), (3:54.26); USTAF  
West Region AOTY 09; CCAA  
Champs 07-10; Northgate HOF

## Jason Williams

Basketball Center/Fwd  
(Diablo Valley JC & UOP); All-Times  
95 & 96; Cal-Hi Div 3 All-State 95;  
Nor Cal JC POTY 96; Thor (Iceland)  
99; Des Moines Dragons (IBA) 2000;  
SD Wildfire 01, KC Knights 02  
(ABA); Los Cocolos (Dominican  
Republic) 01; Oklahoma Storm  
(USBL) 01; Incheon ET (Korea) 04;  
UOP ldr season 99 pts avg (16.7), reb  
avg (7.2); DVJC ldr season 97 pts avg  
(20.1), reb avg (8.7); DVC HOF;  
California Men's BK Coaches Assoc  
HOF

## Kevin Woods

Volleyball Middle Blocker  
(UC Santa Cruz); All-East Bay 2009

## Steven Woods

Swimming Medley Relay  
(Diablo Valley JC & UOP); State JC  
Champs 2008 200yd fs Relay (U. S.  
rd-1:22.22), 400yd fs Relay  
(3:01.34), 400yd Medley relay  
(3:23.10); State JC Champs 2008

## Alan Young

Swimming Freestyle  
NCS Champ 92 50 fs (21.01)

## London Young

Basketball Guard  
(Los Medanos JC); All-Times 2002

## Pacifica High Spartans

### Pittsburg

(estab. 1955; closed 1976)

## Dennis Alumbaugh

Football Tackle  
(UCLA); All-East Bay 65; North-  
South Prep All-Star Gm 66; All-Pac-8  
69; All-Coast 69; father of Jason &  
Justin Alumbaugh, see De La Salle  
High (CC)

## George Boeger

Wrestling Heavyweight  
NCS Champ 75; brother of Karl  
Boeger, see Clayton Valley High  
(CC)

## Junior Burns

Wrestling 106lbs  
NCS Champ 74

## Rocco Cardinale

Wrestling 136lbs  
NCS Champ 76; also NCS Champ  
77 at Clayton Valley High (CC);  
Head Coach Fairfield High (Sol) &  
Oak Ridge High; SacBee COTY  
2008

## Wally Coffman

Basketball Guard  
EX All-Metro 59

## Joe Felice

Wrestling 175lbs  
NCS Champ 58

## Dave Grossi

Football Guard  
(Stanford Univ); All-East Bay 67

## Tim Munsch

Swimming Freestyle/IM  
NCS Champ 66 200 fs (1:50.9);  
67 200 IM (2:03.5)

## Mike Stapleton

Track Shot Put  
(Los Medanos JC); NCS Champ 75  
(60-4 1/2)

## Phil Webb

Football Defensive Back  
(College of the Redwoods JC &  
Colorado St); Hamilton Tigercats,  
Winnipeg Blue Bombers (CFL);  
Det Wheels 74 (WFL); played bk &  
track in jc; CS rd most ko ret gm  
69 (7); Times All-Time Contra  
Costa FB Team 94; College of the  
Redwoods HOF; grandfather of  
Mikey Dosen, see De La Salle High  
(CC)

## Pinole

(estab. 1967)

## Brad Anderson

Football Wide Receiver  
(USC); All-East Bay 76; EX All-Bay  
Area 76

## Curt Armstrong

Football Offensive Tackle  
All-Nor Cal 79

## Marnique Arnold

"Lefty"  
Basketball Forward  
(Fresno St); All-Times 2007; All-East  
Bay 2007; Cal-High Div 2  
All-State 2007; WAC Champs 08,  
10-11; FS ldr fg pct 09 (48.2)

## Eddie Ayres

Football Halfback  
(UCLA); All-East Bay 71; North-  
South Prep All-Star Gm 72; Pac-8  
Co-Champs 75; Rose Bowl Champs  
76

## Tracy Babich

Softball Outfielder  
All-Times 93

## Steve Backster

Football Quarterback  
(Univ of Nevada-Reno &  
Sacramento St); East Bay Cream of  
the Crop 87 #12; did not play  
fb in college

## Ui Bal

Softball Infielder  
(Cal State Northridge); All-Times  
96-98; niece of Dominic Bal, see  
Ells High (CC)

## Jevon Bell

Football Defensive Back  
(Contra Costa JC); Cal-Hi All-State  
(sophomore) 93; Cal-Hi All-State  
(underclass) 94; All-Times 94 &  
95; EX All-Metro 95; All-East Bay  
95; Cal-Hi All-State 95

## Jennifer Bennett

Basketball Center  
(Univ of California); EX All-Bay  
Area 82 & 83; EX East Bay POTY  
82 & 83; All-East Bay 82 & 83; All-  
East Bay POTY 83; All-Nor Cal 82  
& 83; Nor Cal Co-POTY 83; All-  
Nor Pac 86; All-Pac-10 87; PVH  
ldr career 80-83 pts (2,144), rebs  
(1,529); UC rd 87 pts gm (45),  
season (736), pts avg (23.7); UC  
ldr season pts avg 86 (17.9), 87  
(23.7), fg pct 85 (.513), 86 (.557),  
ft pct 86 (.741), steals 87 (50),

## Pinole Valley High Spartans

# Contra Costa County

bcks 87 (376); Cal All-Decade Team 96; Cal HOF; Pinole Valley HOF

(18.1), bcks (84), fg avg (.411), ft avg (.787), 07 bcks (49), 06 bcks (37)

Winnipeg Blue Bombers 96 (CFL); World Bowl Champs 96

## Brett Biagi

Baseball Pitcher  
(Sonoma St); All-East Bay 85

## Russ Blacker

Football End  
All-East Bay 72

## Karen Bonini

Softball Infielder  
(Univ of California); All-Times 93; played in college

## Mark Bonini

Baseball 1B  
(Sonoma St); NCAC Champs 91 & 92; played minor league baseball; brother of Karen Bonini, see above

## George Bradbury

Baseball Infielder  
All-East Bay 75; All-Nor Cal 75; played minor league baseball; Appalachian Lg-North Div Champs 75; Carolina Lg Champs 77

## Shannon Brady

Softball Outfielder  
All-Times 92

## Mike Brandeson

Football Defensive Back  
(Contra Costa JC & Boise St); All-East Bay 76; NCAA Div I-AA National Champs 80 (Camellia Bowl); Pinole Valley HOF

## Castin Bridges

Football Defensive Back  
(Diablo Valley JC & Univ. of Missouri); JC All-State 2004 & 05; Cotton Bowl Champs 07; State JC ldr int 2004 (8-tie)

## Darrick Brilz

Football Guard/Center  
(Oregon St); Wash Redskins 87, SD Chargers 88, Sea Seahawks 89-93, Cin Bengals 94-98; NFC Champs 87

## John Bryant

“John Henry”  
Basketball Center  
(Santa Clara Univ); Cal-Hi Div 2 All-State 2005; WCC All-Freshman Team 06; All-WCC 08 & 09; WCC POTY 09; Bk Writers Assoc All-Dist IX 09; Ratiopharm Ulm 11-12 (Germany); WCC ldr season 09 fg pct (.621), bcks (34); SCU ldr reb gm 09 (27), career 06-09 (1,152), bcks 06-09 (246); ldr season 08 reb (558), pts avg (18.0), fg avg (.583), bcks (76); 09 fg (226), ft (144), reb (467), pts avg

## Strangenae Campbell

Track 100/200mtrs  
(Academy of Art Univ); 3rd State Meet 100mtrs (11.66) 2010; NCS Champ 2011 (11.96), (24.24)

## Christina Cavalli

Softball  
(UC Davis); State season rcd dbls 87 (19); daughter of Gary Cavalli, Head Coach sb Pinole Valley High

## Joel Christensen

Football Guard  
All-Nor Cal 78

## Dustin Crenshaw

“Dusty”  
Baseball Pitcher  
(Solano JC & Univ of South Alabama); JC AA 2008; also played fb in jc; had elbow surgery 09; SJC rcd wins season 2008 (9), career (15); SJC ldr season 2008 era (2.18), starts (13-tie), ip (86 2/3), so (72); played minor lg baseball

## Leonard Cummings

Football Defensive Line  
(Contra Costa JC); EX All-Metro 93 & 94; All-Times 93 & 94; All-East Bay 94

## Kadhi Davis

Football Defensive Back  
All-Times 98

## Marcus Davis

Football Defensive Back  
(Dickinson St); All-Dakota Conf 2003; Dakota Conf Champs 2003 & 04

## Thomas DeCoud

Football Defensive Back  
(Univ of California); All-Times 2002; East Bay Cream of the Crop 03 #6; Cal Most Improved 06; Cal MVP 07; Pac-10 Co-Champs 06; Holiday Bowl Champs 06; Cal DPOTY 07; Armed Forces Bowl Champs 07; Atl Falcons 08-12; UC ldr season tackles 07 (117); grandson of John Thomas, see El Cerrito High (CC); Golden Bears All-Era Offense Team 1982-2008 (2004-07); also attnd Hogan High (Sol)

## Forey Duckett

Football Defensive Back  
(Univ of Nevada-Reno); Cin Bengals 94, GB Packers 94, Sea Seahawks 94; Scot Claymores 96 (WLAF);

## Donovan Edwards

Football Offensive Line  
(Diablo Valley JC & Univ of California); All-Times 2006; All-East Bay 2006; Emerald Bowl Champs 08

## Delton Edwards Jr.

Football Tight End  
(Contra Costa JC); East Bay Cream of the Crop 2009 #20; son of Delton Edwards Sr, Head Coach fb Oakland Tech

## Kyle Egan

Football Linebacker  
All-East Bay 2010

## Steve Egger

Football Tackle  
All-East Bay 79

## James Elliott

Track 300mtrLH  
NCS Champ 91 (39.25)

## Jerry Ennis

Football Wide Receiver  
(Boise St); East Bay Cream of the Crop 85 #14

## Lindsay Etter

Swimming Breaststroke  
(UCLA); NCS Champ 92 (1:06.27); Pac-10 Champ 97 100 bs (1:00.64) & 98 (1:01.28); Bronze Medalist World Gms 97 400mtr IM relay (4:11.97)

## Jim Eversole

Football Wide Receiver  
All-East Bay 72

## Ross Farnsworth

Baseball Pitcher  
All-East Bay 89; played minor league baseball; Gulf Coast Lg-North Div Champs 90; Pioneer Lg-North Div Champs 91

## Travis Feeney

Football Linebacker  
(Univ of Washington); All-East Bay 2010; Chron All-Metro 2010; MaxPreps Div 2 All-State 2010; East Bay Cream of the Crop 11 #3

## Zach Gilmore

Football Offensive Line  
(CCSF); JC State Champs 2011

## Brandon Glover

Football Offensive Line  
All-Times 2002

## Dan Gonzales

Football Center

# Contra Costa County

All-East Bay 76

## Anthony Green

Football/BK RB/Guard  
(Oregon St); All-East Bay 79 (fb);  
All-Nor Cal 79 (fb)

## Karolyn Gubbine

Softball Catcher  
(San Francisco St); All-East Bay  
2006; SFS ldr 09 runs (28), sb (11);  
sister of Sam Gubbine, see De Anza  
High (CC)

## Jeff Harris

Baseball Pitcher  
(Contra Costa JC & USF); played  
pro in Taiwan & China 2003; Sea  
Mariners 05-06

## Nathan Haynes

FB/Baseball WR/Outfielder  
All-Times 96 (fb); All-Times 97  
(bb); Cal-Hi All-State 97 (bb); East  
Bay Cream of the Crop (fb) 97  
#14; LA Angels 2007

## Alicia Hernandez

Basketball Guard  
(Contra Costa JC, USF & Cal Poly-  
Pomona); JC All-State 2000;  
Kodak JC AA 2000

## Charles Hutchings

Football Linebacker  
(Stanford Univ); All-East Bay 79;  
All-Nor Cal 79; played db in college;  
SU ldr season int 81 (2-tie), 82 (5)

## Devin Johnson

Football Offensive Line  
(Contra Costa JC & Eastern  
Washington Univ); Great Plains  
Conf Champs 2010

## Donte Joseph

Track 110mtrHH  
(Laney JC & Eastern Oregon Univ);  
NCS Champ 95 (14.62)

## Mike Keck

Football Quarterback  
(Contra Costa JC); East Bay  
Cream of the Crop 96 #18

## Kurt Koehler

Baseball Utility/Pitcher  
(Sacramento JC); All-Times 2001-02  
(utl); ANG Best of the Best  
2001 (utl); played minor league  
baseball

## Nicole Kuykendall

Softball Catcher  
(Bethany College); All-East Bay  
2009 & 10; Cal-Hi All-State  
(medium schools) 10; State red  
season dbls 2009 (23)

## Brad Lackey

Motocross 500cc  
AMA 500cc National Motocross;  
500cc World Motocross Champ 82;  
World Champ 82; 1st American 500cc  
World Champ; American Motorcycle  
Assoc. HOF; International Motorcycle  
HOF

## Stephanie Lin

Tennis Singles  
NCS Div. 1 Champ 2011; East Bay  
POTY 2011

## Guy Mannerino

Baseball Pitcher  
(Hawaii Pacific Univ); All-East Bay  
81

## Samuel Manuel

Football Linebacker  
(New Mexico St); Scot Claymores  
98 (NFLE); SF Demons 2001 (XFL)

## Sandor Manuel

"Sean"  
Football Tight End  
(Laney JC & New Mexico St); SF  
49ers 96; London Monarchs 98  
(NFLE); SF Demons 2001 (XFL);  
identical twin brother of Samuel  
Manuel, see above

## Rudy Mattox

Football Fullback  
(Univ of California); East Bay  
Cream of the Crop 94 #10

## Marcus Maxwell

Football Wide Receiver  
(Diablo Valley JC & Univ of  
Oregon); All-Times 2000; All-  
East Bay 2000; East Bay Cream of  
the Crop 01 #12; SF 49ers 05, Cin  
Bengals 07, TB Buccaneers 09;  
Hamburg Sea Devils 07 (NFLE);  
World Bowl Champs 07; All-NFLE  
07; Fla Tuskers 09, Sac Mountain  
Lions 11 (UFL)

## D'Andre McFarland

Football Running Back  
(Contra Costa JC); All-Times 2001;  
All-East Bay 2001; Chron All-Metro  
2001; WAC All-Freshman Team 08;  
WAC Newcomer of the Year 08; WAC  
Champs 08; WAC Tourney MVP 08  
& 09, ran track in jc; FS season rcd  
3pts (95) 09

## Ron Mears

"Ronnie"  
Baseball Infielder  
(Contra Costa JC); All-East Bay 74;  
All-State 76; played minor league  
baseball; Calif Lg-South Div Champs  
78

## Kim Meyers

Softball Infielder  
All-East Bay 85

## Jeanie Milam

Softball Infielder  
All-Times 91

## Jeff Mori

Football Offensive Line  
(Oregon St); East Bay Cream of the  
Crop 84 #12

## Steve Nash

Football Linebacker  
(San Jose St); East Bay Cream of  
the Crop 99 #10

## Marissa Neighbour

Softball Outfielder  
All-Times 2007

## Bill Nethercott

Baseball Utility  
(Cal Poly-SLO, Contra Costa JC &  
San Diego St); All-East Bay 77

## Lauryn Newson

Track 100/200mtrs/LJ  
(Laney JC & Univ of Oregon); State  
JC Champ 09 (11.78), (23.86),  
(19-10 3/4), 10 (11.60), (20-91/2);  
State JC Champs 10

## Uchenna Omokaro

"Uche"  
Softball Pitcher/3B  
(Brown University); Member  
National Under-18 Champs 2003;  
All-Ivy Lg 03-04; Ivy Lg Co-  
Pitcher of the Year 04; BU ldr  
season 04 era (2.35), wins (7); also  
attned Hercules High (CC)

## Wopamo Osaisai

FB/Track DB/100/200mtrs  
(Stanford Univ); All-Times 2003;  
NCS Champ 04 (10.58), (21.48);  
3rd State Meet 04 (21.17); East  
Bay Cream of the Crop 04 #14; Jr.  
Olympics Champs 100 (NR) & 200  
(NR); Member Jr. Pan American  
Gms Team 05; Pac-10 Champs 05;  
All-Pac-10 (special teams) 06; Pac-10  
Champ 08 100mtrs (NR); PVH rcd 04  
(10.46), (21.17); SU rcd (10.39)

## George Phillips

Football Running Back  
All-East Bay 84

## Willie Preston

Basketball Guard  
(Contra Costa JC & Univ of  
California); All-East Bay 80; All-Nor  
Cal 80; JC All-State 81 & 82;  
PVH ldr season 80 pts avg (18.2);  
Pinole Valley HOF

## Deante Purvis

# Contra Costa County

Football Running Back  
(UNLV); East Bay Cream of the  
Crop 08 #16; UNLV Special Teams  
Co-MVP 11; UNLV ldr season 11  
kr (41), kr yds (1,000); brother of  
Ashton & Julian Purvis, see St.  
Elizabeth High (A), & Amber  
Purvis, see Benicia High (Sol);  
son of Tom Purvis, see El Cerrito  
High (CC)

## Kevin Ramsrud

Football Defensive Line  
All-East Bay 76

## Kim Ramun

Softball Pitcher  
All-Times 92

## Byron Richardson

Football Defensive Back  
(Midwestern Univ & Diablo Valley  
JC); JC Region 2 All-State 2010

## Jaleesa Ross

Basketball Point Guard  
(Fresno St); All-East Bay 2007;  
Cal-Hi Div 2 All-State 2007; WAC  
All-Freshman Team 08; WAC  
Tourney MVP 08 & 09 (1st named  
consecutive years); All-WAC 09;  
WAC Champs 10 & 11; WBCA All-  
Region 7 11; FS rcd season 3pt  
goals 11 (102), career (389), pts  
career 08-11 (2,002); ldr season 08  
3pt fg (89), 09 pts avg (13.7), fg  
(163), 3pt fg (95), stls (57); 10 pts  
avg (17.4), fg (215), 3pt fg (103),  
stls (72); 11 pts avg (16.3), fg  
(197), 3pt fg (102), asst (127), stls  
(68)

## Terrence Ruffen

Track High Jump  
(Contra Costa JC); State JC Champ  
2003 (6-11)

## Monica Sanchez

Softball Pitcher  
All-Times 93

## Lynne Scalberg

“Cowan” (married name)  
Golf  
(Contra Costa JC & San Jose St);  
State Women’s Amateur Champ 99  
& 2000

## Tom Schwartz

Baseball Outfielder  
All-Times 2007

## Pete Scott

Baseball Infielder  
All-East Bay 74

## Chelsea Shipley

Softball Infielder  
(Solano JC); All-East Bay 2011

## Chris Singleton

FB/Baseball WR/OF  
(Univ of Nevada-Reno); EX All-Bay  
Area 89 (fb); East Bay Cream  
of the Crop (fb) 90 #16; Chi White  
Sox 99-2001, Balt Orioles 02, Oakl  
Athletics 03, TB Devil Rays 05;  
played fb in college; hit for cycle  
99; radio color analyst Chi White  
Sox 06-08; ESPN analyst 09-; UNR  
HOF; Pinole Valley HOF

## Kevin Siverson

Baseball 1B  
(San Francisco St); All-Nor Cal 80

## Jasmine Smith

“Jazzy”  
Basketball Guard  
(Oregon St & St. Mary’s College);  
Chron All-Metro 2006; All-Times  
2006; All-East Bay 2006; All-WCC  
11; SMC ldr season 11 pts avg  
(16.9), fg (183), ft (103-tie), 3pt fg  
(71), stls (22)

## John Smith Jr.

Basketball Guard  
(Hawaii-Hilo Univ); All-Pac West  
09; PVH rcd gm pts 2004 (47)

## Jontelle Smith

Basketball Guard  
(St. Mary’s College); All-Times  
2003 & 05; Cal-Hi Div 2 All-State  
05; WCC All-Freshman Team 06;  
All-WCC 07-09; PVH rcd 3-pt gm  
05 (9) vs Richmond High (CC);  
scored 2,000+ pts as prep; SMC ldr  
pts 06 (326), 07 (328), 08 (469);  
3 pts (89) 2008; sister of Jasmine  
Smith, see above; sister of John  
Smith, see above; daughter of John  
Smith, see Washington High (SF);  
niece of Phil Smith, see  
Washington High (SF); cousin of  
Martin Smith, Cal bk player

## Lance Smith

Football Defensive Back  
All-Times 93

## Rashad Smith

Track 110HH/300mtrsIH  
3rd State Meet 2006 (14.30); NCS  
Champ 07 (14.03), (37.58); 2nd  
State Meet 07 (13.67); 3rd State  
Meet 07 (37.06-PVH rcd); Jr.  
Olympics Young Men Div Champ  
07 (13.81); PVH rcd 07 (13.67)

## Mike Smullens

Football Guard  
All-Nor Cal 75

## DeNesha Stallworth

Basketball Center/Forward  
(University of California & Univ

of Kentucky); Cal-Hi All-State  
(sophomore) 2007; All-Times 08;  
All-East Bay 08 & 09; East Bay  
POTY 09; Cal-Hi All-State (junior)  
08; Cal-Hi Div 2 All-State 08; Max  
Preps Div 2 All-State 08; Chron  
All-Metro 09; Chron Metro POTY  
09; Cal-Hi All-State 09; PV rcd pts  
gm 09 v Dublin (47); McDonald’s  
AA Gm 09; Pac-10 All-Freshman  
Team 10; NIT Champs 10; PVH rcd  
career 2007-09 pts (2,170), reb  
(1,002); UC ldr season 10 bcks  
(42); daughter of Lisa Danner, see  
Wilson High (SF) & Chris  
Stallworth, JC bk player

## Tylo Stell

Football Defensive Back  
EX All-Metro 93

## Nick Stewart

Baseball Outfielder  
All-Times 2000

## Dale Sveum

FB/Baseball QB/Infielder  
State Sophomore AOTY 80; Cal-  
Hi State Sophomore of the Year  
80 (bb & fb); All-East Bay 81 (fb);  
All-Nor Cal 81 (fb); EX All-Bay  
Area 81 (fb); Cal-Hi All-State 82  
(fb), Prep AA 82 (fb), All-East Bay  
82 (bb); California North-South  
All-Star Series 82 MVP (bb); Mil  
Brewers 86-91, Phil Phillies 92,  
Chi White Sox 92, Oakl Athletics  
93, Sea Mariners 94, Pitt Pirates  
95-97, 99, NY Yankees 98; ALCS 98;  
WS Champs 98; Mngr Altoona  
(Eastern Lg) 2001-03; Mngr Mil  
Brewers 08 (7-5), Chi Cubs  
12-13(127-197); hit three hr gm 87;  
switch hit hr gm three times; Tx Lg ldr  
84 hits (172), dbls (41); considered by  
many as Contra Costa County’s  
best prep QB; rejected Arizona St  
fb scholarship to play pro bb;  
Times All-Time Contra Costa FB  
Team 94; Pinole Valley HOF

## Stephanie Tamayo

Softball Utility  
All-East Bay 82

## Jeff Taylor

Football Defensive Tackle  
All-East Bay 75; All-Nor Cal 75

## Corey Thomas

Baseball Pitcher  
All-East Bay 87

## Horace Thomas

Football Wide Receiver  
All-East Bay 74; All-Nor Cal 74

## Jeremy Thompson

Football Linebacker

# Contra Costa County

All-Times 93

## Donald Toomer

Football Defensive Back  
(Utah St); Big West Co-Champs 93;  
All-Big West 94; East-West Shrine  
Gm 95; US ldr season int 92 (6), 94  
(5-tie)

## Tony Torres

Baseball Infielder  
All-East Bay 89; played minor  
league baseball; Eastern Lg-North  
Div Champs 80; Calif Lg-North  
Div Champs 83; Head Coach  
Pinole Valley High 2006-08

## Gino Torretta

Football Quarterback  
(Univ of Miami); All-East Bay 87;  
All-Nor Cal 87; East Bay Cream of  
the Crop 88 #3; Big East OPOTY  
91 & 92; Heisman Award 92;  
Maxwell Award 92; Davey O'Brien  
Award 92; Johnny Unitas Golden Arm  
Award 92; East-West Shrine Gm 92;  
Minn Vikings 93; Sea Seahawks 96,  
Balt Colts 97; ESPN radio & tv  
Analyst (fb); NCAA rcd longest pass  
comp vs Arkansas 91(99); UM rcd  
gm 92 pass yds (485), career 89-92  
pass att (991), pass comp (555), pass  
yds (7,690), ldr gm pass comp 89  
(32), 92 (31), season 91 pass comp  
(205), pass yds (3,095), 92 pass att  
(402), pass comp (228), pass yds  
(3,060)Univ of Miami HOF;  
College FB HOF; Pinole Valley  
HOF; also atnd Salesian High (CC)

## Greg Torretta

Football Wide Receiver  
EX All-Bay Area 81; All-East Bay  
81; brother of Gino Torretta, see  
above

## Dave Tyler

Football Linebacker  
(Utah St); PCAA Co-Champs 78

## Michelle Uithoven

Softball Catcher  
(Cal Poly-SLO); All-Times 96

## Tiffany Valdehueza

"Good" (married name)  
Softball OF/Coach  
(Univ of Texas); All-Times 96 &  
97; All-Big-12 98; Head Coach  
Pinole Valley 2005-; NCS Div 2  
Champs 09

## Anne Walsh

Softball Pitcher  
(San Jose St, Contra Costa JC &  
Univ of California); All-East Bay  
90; East Bay POTY 90; All-Times  
91; Times POTY 91; UC no-hit gms  
94 & 95; co-no hit gm 94 (2); UC

ldr 94 era (1.34), wins (25), ip  
(214), so (221), 95 so (125)

## Mario Washington

Football Running Back  
(Laney JC); Cal-Hi All-State  
(underclass) 92; All-Times 92 &  
93; All-East Bay 93; Ex All-Metro  
93; East Bay Cream of the Crop 94  
#11; North-South Prep All-Star  
Gm 94

## Ron White

Football Running Back  
(Univ of Nevada-Reno); All-East  
Bay 86 & 87; EX All-Bay Area 87;  
East Bay POTY 87; All-Nor Cal 87;  
East Bay Cream of the Crop 88 #9

## Kyle Whitmore

Football Defensive Back  
(Contra Costa JC & UC Davis); All-  
Times 2001; All-East Bay 2001;  
Great West Co-Champs 05 (fb); ran  
track in college; Head Coach track  
& cc Hercules High (A) 09-

## Ray Williams

Football Defensive Back  
All-East Bay 79; played minor  
league baseball (of)

## John Willis

Baseball Infielder  
All-East Bay 86

## Cheryl Winter

Softball Outfielder  
All-East Bay 80

## Lance Yoshida

Football Kicker  
(Reedley JC & San Diego St); JC  
All-State 2005; AA 2005; JC All  
Region Two 2005; State ldr pts  
2005 (88)

## Terry Zahner

Football Running Back  
(Boise St); All-WAC 77; Big Sky  
Champs 77 & 80; NCAA Div I-AA  
Champs 80 (Camellia Bowl); BS  
rd gm rush att 77 (31); Pinole  
Valley HOF; prep & college teammate  
of Mike Brandesen, see above

## Pittsburg High Pirates Pittsburg (estab. 1924)

## Cecil Abono

Football End  
(Arizona St); All-Nor Cal 63;  
North-South Prep All-Star Gm 64;  
ASU team captain award named in  
his honor; killed 68 in summer  
accident at age 23; Pittsburg High  
FB HOF

## Lionel Aldridge

Football Defensive End  
(Utah St); All-Skyline 61; Skyline  
Champs 60 & 61; East-West Shrine  
Gm 62; GB Packers 63-71, SD  
Chargers 72-73; 1st rookie to start  
for Vince Lombardi; NFL Champs  
65-67; Super Bowl I & II Champs  
67-68; TV sportscaster Milwaukee  
74-80Times All-Time Contra Costa  
FB Team 94; Pittsburg High FB  
HOF; GB Packers HOF; State of  
Utah Half Century FB Team 50-99;  
Utah St All-Century Team

## George Alfaro

"Super Chief"  
Track 880yds  
(San Jose St); NCS Champ 68  
(1:52.2); State Champ 68 (1:52.3)

## Joe Aliotti

Football Quarterback  
(Boise St); All-Big Sky 79 & 80;  
AA 79; Big Sky OPOTY 79; Big  
Sky Champs 80; NCAA Div 1AA  
Champs 80; Dean of Students De  
La Salle High (CC); BS rcd gm pass  
pct 79 (.833), season (.658), career  
79-80 (.636); Pittsburg High FB  
HOF

## Nick Aliotti

Football QB/Coach  
(UC Davis); FWC Co-Champs 73;  
FWC Champs 74 & 75; long-time  
asst coach SL Rams 95-97, UCLA  
98, Univ of Oregon 93-94, 99-;  
brother of Joe Aliotti, see above

## Dulce Amaya

Wrestling 189lbs  
NCS Champ 2009

## Connie Apalit

Golf  
(Oakland Univ-Mich.); NCS Champ  
94 (81); OU ldr strokes avg 2000  
(82.0); teaching pro

## Eddie Arata

Football Tackle  
Blocked 19 punts 31; Pittsburg  
High FB HOF

## Joe Arenivar

FB/Baseball Halfback/OF  
(USF); played minor league baseball;  
Head Coach bb Pittsburg High; USF  
HOF; Pittsburg High FB HOF

## Mike Asberry

Basketball Guard  
(Cal St Hayward); All-East Bay 78;  
All-Nor Cal 78

## Manuel Azevedo

Track Mile

# Contra Costa County

NCS Champ 29 (4:42.9) & 30 (4:40.9)

## Lachae Banks

Wrestling 235lbs  
NCS Champ 2012

## James Battle Jr.

Basketball/FB Guard/WR  
(Los Medanos JC & Oregon St);  
All-Times 94 (bk); EX All-Metro  
94 (bk); East Bay Cream of the  
Crop (fb) 94 #9; played fb in college;  
Cal-Hi Grid-Hoop Team  
94

## Lalo Bazan

Wrestling 140lbs  
NCS Champ 94

## Shawn Beals

Football Wide Receiver  
(Idaho St); Phil Eagles 88; Calg  
Stampeders 90-92 (CFL)

## Jack Becker

Football Tackle  
(USF, Diablo Valley JC & UC Santa  
Barbara); All-Nor Cal 50; Member  
of undefeated USF team 51;  
Pittsburg High FB HOF

## Mike Becker

Track Pole Vault  
NCS Champ 78 (13-6)

## Renee Berdiago

Softball Infielder  
Member National Under-18  
Champs 2003

## Joe Beratta

"Jackrabbit"  
Football Halfback  
(Chico St & Santa Barbara St); PH  
pts season 34 (74), career 33-34  
(110), career punt ret td 33-34 (6);  
Pittsburg High FB HOF

## Jack Berratto

Track 880yds  
NCS Champ 34 (2:01.1)

## Craig Billeci

Baseball Infielder  
(St. Mary's College); All-East Bay  
87; played minor league baseball

## Kevin Billeci

Football Guard  
All-East Bay 82; All-Nor Cal 82;  
Pittsburg High FB HOF

## Vincent Billeci

"Skeets"  
Football Back  
Pittsburg High FB HOF

## Buck Black

Track Mile  
(San Jose St); NCS Champ 68  
(4:16.1); NCS 69 favorite, but came  
down with pleurisy and could not  
finish; prep pr 69 (4:13.6)

## Joseph Blackman

Football Defensive Back  
(South Dakota State); All-Times  
2004; East Bay Cream of the Crop  
05 #18; Great West Champs 07  
(fb); ran track in college

## Derrick Blanche

Football Running Back  
Chron All-Metro 2004; All-Times  
2004; Times OPOTY 2004; All-  
East Bay 2004; PH rcd season rush  
yds 2004 (1,900); half-brother of  
Erick Dargan, see Pittsburg High  
(CC)

## Bert Bonanno

Track Coach  
(San Jose St); National Head Coach  
Mexico 64-68, Pittsburgh High 69  
& SJCC 70-76; State JC Champs 75  
& 76; AD SJCC; Olympic Head  
Coach Peru 72; California CC  
COTY 76; WR consecutive dual  
meet wins 73-95; San Jose Sports  
HOF director; SJCC track meet  
named in his honor; CCC T&F  
HOF; San Jose Sports HOF

## Osmin Bonilla

Soccer Forward  
All-Times 2005

## Jim Briggs

FB/Track HB/DB/880yds  
(West Contra Costa JC); NCS  
Champ 52 (1:57.0); 2nd State Meet  
51 (NR); State Champ 52 (1:57.2);  
Pittsburg High FB HOF

## Don Brockett

Track Pole Vault  
NCS Champ 60 (13-3 1/2-tie); prep  
pr 60 (13-4 1/2)

## Demetre Brown

Track Shot Put  
NCS Champ 92 (55-2 1/4)

## Toshani Brown

Football Defensive Back  
All-Times 2006

## Anthony Buccellato

Football Tackle  
(Diablo Valley JC & BYU); All-Nor  
Cal 61; North-South Prep All-Star  
Gm 62

## Lee Busby

Track 120ydHH  
NCS Champ 70 (14.1)

## Jared Butler

Track 180ydLH  
(Diablo Valley JC & Univ of  
California); NCS Champ 70 (18.7)

## Javen Butler

Football Defensive Back  
(Univ of North Dakota); Great West  
Champs 2011; son of Jared Butler,  
see above

## Jon Buxton

Football Offensive Line  
EX All-Metro 91; All-East Bay 91;  
All-Times 91

## Steve Camitz

Football Quarterback  
All-East Bay 70; prep bk official;  
PH ldr career pass comp 68-70  
(249); Pittsburg High FB HOF

## Alphonse Cappucini

"Red"  
Football Supporter  
(San Francisco College of  
Mortuary Science); Contra Costa  
Co deputy coroner; a founder of  
Pittsburg Citizens Football  
Committee; Pittsburg High FB HOF

## Ross Cardinalli

Track 880yds  
(UOP); NCS Champ 67 (1:52.9)

## Joe Caspers

Football Offensive Line  
(Univ of Nevada-Reno); East Bay  
Cream of the Crop 88 #18

## Alfredo Castaneda

Soccer Midfielder  
(CCSF); Times POTY 2008

## Manuel Castillo

Wrestling 123lbs  
NCS Champ 77

## Valentine Castro

Football Contributor  
Pittsburg High FB HOF

## Horace Cattolico

"Butch"  
Football QB/Coach  
(Univ of California); All-East Bay  
66; All-Nor Cal 66; North-South  
Prep All-Star Gm 67; Head Coach  
Los Gatos High (SC) 86-; CCS  
Champs Div 3A 89 & 91; Div 3  
95, 97, 2000, 01; Medium Schools  
Div 08; CCS Co-Champs Div 3  
02; CCA COTY 2000; State COTY  
01; County COTY 08; Pittsburg  
High FB HOF; CCA HOF; father of  
Joe Cattolico, see Leigh High (SC)

## Bobby Chatman

Wrestling 189lbs

# Contra Costa County

NCS Champ 93	Football	Running Back	(Univ of California); Pittsburg High FB HOF; team went 15-1 49 & 50; injury ended college career
<u>Thomas Clark</u>	Football	Defensive Line	
All-Times 2006			
<u>Tracy Clark</u>	Football	Defensive Back	
(Washington St); All-East Bay 2009; Chron All-Metro 2009; East Bay Cream of the Crop 10 #17			
<u>Randy Clawson</u>	Football	Offensive Tackle	
All-East Bay 82; All-Nor Cal 82; Pittsburg High FB HOF			
<u>Vince Clemons</u>	Basketball	Coach	
(Fresno St); Head Coach & AD Merced High; Central Calif Conf Commissioner; SJSS Champs 86-88, 97; Merced High bk court named in his honor			
<u>David Clift</u>	Track	Long Jump	
(Diablo Valley JC); NCS Champ 2003 (22-2 1/2)			
<u>DeWayne Coleman</u>	Football	Running Back	
EX All-Bay Area 80; All-East Bay 80; Pittsburg High FB HOF			
<u>Carl Colombo</u>	Football	End	
Pittsburg High FB HOF			
<u>Kevin Confetti</u>	Football	Center	
EX All-Bay Area 85; All-East Bay 85; All-Nor Cal 85; Pittsburg High FB HOF			
<u>Paul Conner</u>	Track	Pole Vault	
NCS Champ 61 (13-4 1/2-tie)			
<u>Horace Costanza</u>	Football	Back	
"Fat"			
Pittsburg High FB HOF			
<u>Steve Craffey</u>	Football	OL/DL	
North-South Prep All-Star Gm 60; Pittsburg High FB HOF			
<u>Jonathan Craig</u>	Football	Wide Receiver	
All-Times 98			
<u>Jason Crawley</u>	Football	Wide Receiver	
(Fresno St); East Bay Cream of the Crop 2005 #10			
<u>David Currie</u>	Football	Quarterback	
<u>Leroy Currie</u>	Basketball	Forward	
All-East Bay 74; All-Nor Cal 74			
<u>Tresa Currie</u>	Track	400/800mtrs	
NCS Champ 84 (55.86), (2:14.6) & 85 (56.50)			
<u>D'harl Curtis-Webster</u>	Football	Defensive Back	
All-East Bay 2011			
<u>Erick Dargan</u>	Football	Defensive Back	
(Univ of Oregon); Chron All-Metro 2008; Cal-Hi All-State (underclass) 2008; East Bay Cream of the Crop 10 #3; Pac-10 Champs 10; Pac-12-North Champs 11; Pac-12 Champs 11; Rose Bowl Champs 12; Fiesta Bowl Champs 13; half-brother of Derrick Blanche, see above			
<u>Vince Darone</u>	FB/Track	Back/120ydHH	
(Utah St, Diablo Valley JC & San Jose St); All-Nor Cal 58; NCS Champ 59 (14.7); 3rd State Meet 59 (14.3); North-South Prep All-Star Gm 59; Skyline Champs 60 & 61; Head Coach fb Mount Diablo High 2005-09 (17-34); Head Coach wrestling Mount Diablo High (CC); Pittsburg High FB HOF			
<u>Deric Davis</u>	Football	Wide Receiver	
(CCSF & Portland St); All-East Bay 2004; State JC Champs 07; National JC Champs 07			
<u>Marcus Davis</u>	Football	Wide Receiver	
(American River JC); East Bay Cream of the Crop 2001 #18			
<u>Rachelle Davis</u>	Softball	Outfielder	
All-East Bay 86 & 87			
<u>Trimaine Davis</u>	Basketball	Center	
(San Diego St); Chron All-Metro 2001; All-Times 2001; PH ldr season 2001 pts avg (20.6), reb avg (14.7), bcks avg (5.7)			
<u>Jack Del Monte</u>	Wrestling	189lbs	
NCS Champ 96			
<u>Harry Dillon</u>	Football	Quarterback	
<u>Tommy DiMercurio</u>	Football	Back	
Pittsburg High FB HOF			
<u>Lee Dongallo</u>	Football	Utility	
All-East Bay 85			
<u>Trina Dukes</u>	Basketball	Guard	
(Humboldt St); All-East Bay 90; All-Nor Cal 90; All NCAC 94 & 95, HS rcd gm 94 pts (40), steals (10); rcd career assts 92-95 (510); ldr season assts 94 (150), 95 (167), steals 93 (65), 94 (95), 95 (98)			
<u>Horace Enea</u>	FB/BK/BB/Tck	Back	
Won 11 letters 29-31; Pittsburg High FB HOF			
<u>Jack Eviando</u>	Football	Center	
All-East Bay 73			
<u>Vincent Evola</u>	Football	OL/DL	
Pittsburg High FB HOF			
<u>Easter Faafiti</u>	Basketball	Forward	
(Pasadena JC & Gallaudet Univ); JC All-State 2009; Capital Atlantic Conf. POTY 10; Atlantic Region POTY 10; CAC ldr season 10 pts avg (19.1), reb avg (11.1); played center in college; also played sb 9of in college; sister of Raven Faafiti, Pasadena JC bk player			
<u>Tino Felise</u>	Football	Linebacker	
(CCSF); All-Times 2004; All-East Bay 2004			
<u>Charles Fenenbock</u>	Track/FB	FB Thrw/RB/DB	
"Chuck"			
(UCLA); NCS Champ 35 (199-1) & 36 (196-10 3/4); State Champ 36 (206-2); SD Bombers 41, LA Bulldogs 42-43, 45 (PCFL); Det Lions 43, 45, LA Dons 46-48, Chi Rockets 48 (AAFC); Calg Stampeder 50 (CFL); Pittsburg High FB HOF			
<u>James Francis</u>	Football	Defensive Back	
(Diablo Valley JC & Idaho St); JC All-State 2006			

# Contra Costa County

## Charles Galli

Football Lineman  
Pittsburg High FB HOF

## George Galli

Wrestling/FB Guard/Coach  
(East Contra Costa JC & USC);  
Head Coach Pleasant Hill High  
(CC) 57-61 & Pittsburg High 71-  
75, Head Coach fb St. Mary's  
College 69; California Wrestling  
HOF

## Steve Galli

Wrestling 138lbs  
NCS Champ 85

## Latrice Gamblin

Softball Pitcher  
All-East Bay 88 & 89

## John Garcia

Football Contributor  
Pittsburg High FB HOF

## Vince Gargalikis

Football Offensive Line  
(Utah St); EX All-Bay Area 95; All-  
East Bay 95; All-Times 95; Big  
West Co-Champs 96 & 97

## Bill Gay

Football Tackle  
All-East Bay 77

## Latasha Gilliam

Track 400/200mtrs  
(Univ of California); NCS Champ  
92 (56.08) & 94 (23.62), (55.32);  
State Champ 94 (53.53), 2nd State  
Meet 92 (55.06); 3rd State Meet 94  
(23.76); UC rcd Cal 96 400mtrs  
(52.53), 1600mtr relay (3:35.56)

## Alex Gomez

Soccer Forward  
All-Times 2003

## Maria Gonzalez

Softball Infielder  
All-Times 93

## Nick Gonzalez

Football OL/DL  
(Diablo Valley JC); PH rcd yds  
fumble rec for td 57 (69); Pittsburg  
High FB HOF

## Gray

Wrestling Super Hwt  
Nor Cal Champ 68

## Roger Gregoire

Football OL/DL  
Pittsburg High FB HOF

## Jason Guerrero

FB/Baseball QB/Infielder

(Los Medanos JC & Univ of  
Oregon); EX All-Bay Area 96 (fb);  
All-Times 97 (bb); played fb (punter)  
at UO; Pac-10 Co-Champs 2000;  
Holiday Bowl Champs  
2000; played minor league  
baseball; Gulf Coast Lg-North  
Div Champs 98

## Frank Gutierrez

Wrestling 103lbs  
NCS Champ 60

## Clyde Haag

Football Guard  
Pittsburg High FB HOF

## Carlis Harris

Football Halfback  
(Idaho St); PH rcd pts gm (bk) 66  
(29), season (111); Big Sky Conf  
rcd season punt ret avg 70 (22.8),  
punt ret gm tds 70 (2); Pittsburg  
High FB HOF

## Derald Harris

Track 440yds/200mtr  
(Los Medanos JC & San Jose St);  
NCS Champ 76 (48.3); State Champ  
76 (47.6); National USATF Champ  
77 (20.6); PH & NCS rcd 77 (46.84)

## George Harris

Football Contributor  
Pittsburg High FB HOF

## Ra'shon Harris

Football Defensive Line  
(Univ of Oregon); All-Times 2003;  
Chron All-Metro 2003; East Bay  
Cream of the Crop 04 #8; Holiday  
Bowl Champs 08; East-West Shrine  
Gm 09

## Eddie Hart Sr.

Track 100/220yds  
(Contra Costa JC & Univ of  
California); State JC Champ 69 100  
(9.3), 220 (21.2); Pac-8 Champ 70  
(9.3); NCAA Champ 100yds 70;  
College AA 71; Gold Medalist  
Olympics 72 400mtr relay (  
WR-38.19); WR 100mtrs 72 (9.9-tie);  
over 40 WR 100 mtrs (10.87) 89;  
U. S. Masters Indoor Champ 60mtrs  
(NR); Head Coach Alameda JC; UC  
rcd 70 220yds (20.74); Founder  
Eddie Hart All-In-One Foundation;  
Pittsburg High track invitational  
meet named in his honor; Cal HOF;  
African-American Ethnic Sports  
HOF; Contra Costa College HOF

## Jason Hart

Baseball 1B  
(Southwest Missouri St); All-  
Missouri Valley Conf. 98;  
Northwest Lg MVP 98; Calif Lg-  
North Div Champs 99; Tx Lg All-Star

2000 Oakl Athletics Minor League  
POTY 2000; PCL-East Div Champs  
02; Tx Rangers 02; SMS rcd career hr  
(63); Northwest Lg ldr 98 hr (20), rbi  
(69); Calif Lg ldr 99 dbls (48), rbi  
(123); Txs Lg ldr 2000 rbi (121), hits  
(178); graduated Fair Grove High,  
MO

## Rolanda Hartfield

Softball 1B/Infielder  
All-East Bay 80-83

## Shaunard Harts

Football Defensive Back  
(Boise St); All-Big West 2000;  
Big West Champs 99 & 2000;  
Humanitarian Bowl Champs 99 &  
2000; KC Chiefs 01-04; cousin of  
Joe Tafoya, see Pittsburg High

## Lu Hearn

Football WR/DB  
(Los Medanos JC, Univ of  
California & Upper Iowa St); All-  
Times 92 (db) & 93 (both ways);  
EX All-Metro 92 & 93 (both ways);  
All-East Bay 92 & 93; Cal-Hi All-  
State (underclass) 92; Cal-Hi All-State  
93 (db); East Bay Cream of  
the Crop 94 #6; North-South Prep  
All-Star Gm 94; MVP North-South  
Prep All-Star Gm 94

## Antonio Hernandez

Soccer Goalkeeper  
All-Times 2008

## Mika Hilaire

Track/BK Shot Put  
(Univ of California); NCS Champ 90  
(43-5 1/2) & 91 (43-11 1/4); State  
Champ 91 (PH rcd-45-4 1/4); All-  
Times 91; All-East Bay 91; All-Nor  
Cal 91

## Seabern Hill

Football/BK WR/Guard  
(Arizona St); All-East Bay 65 (fb);  
All-Nor Cal 65 (fb); EX All-Metro  
65 (bk); Chron All-Metro 65 & 66  
(bk); Chron Metro Co-POTY 66  
(bk); All-East Bay 66 (bk); All-Nor  
Cal 66 (bk); North-South Prep All-  
Star Gm 66 (fb); ASU MVP 69; All-  
WAC 69; PH ldr season pts avg 65  
(20.9); ASU rcd season avg 70  
(22.8), ldr career 67-70 pts (1,539),  
avg (19.2), fg (637); Times All-  
Time Contra Costa FB Team 94;  
Pittsburg High FB HOF

## Donald Ray Hines

Football Running Back  
scored pts 11 different ways;  
Pittsburg High FB HOF

## Steve Hines

Football DB/WR



# Contra Costa County

(Los Medanos JC & Norfolk St); All-East Bay 89; EX All-Bay Area 89; Cal-Hi All-State 89 (multi-purpose); East Bay Cream of the Crop 90 #10; North-South Prep All-Star Gm 90

## Howard Howerton

Football Guard  
Pittsburg High FB HOF

## Antonio Huey

Football Offensive Line  
Chron All-Metro 2012

## Mike Hurtado

Football QB/Contributor  
Pittsburg High FB HOF

## Rod Ingram

Baseball Catcher  
All-East Bay 72

## Robert Jiles

Football WR/Utility  
(Washington St); All-East Bay 2009 (wr); Chron All-Metro 2009 (util); East Bay Cream of the Crop 10 #16

## John Henry Johnson

FB/BK/Tck RB/C/Disc/HJ 180LH (St. Mary's College & Arizona St); All-Nor Cal 48 (fb); NCS Champ 47 (130-0 1/4), 48 (5-11-tie) & 49 (55-6 3/4), (148-3), (19.9); State Champ 49 (4lb 6.4 oz) 145-2; State Champ (college weight) 49 (145-2); State Div 2 POTY 49 (bk); TOC All-Star 49 (bk); Sask Roughriders 53 (CFL); SF 49ers 54-56, Det Lions 57-59, Pitt Steelers 60-65; Hou Oilers 66 (AFL); Member SF 49ers "Million Dollar Backfield" (with Hugh McElhenny, Joe Perry & Y. A. Tittle) 54-56; Pro Bowl 54, 62-64; All-Pro 54, 62; Times All-Time Contra Costa FB Team 94; #43 on Oakland Tribune list of Bay Area's 50 Top Athletes of 20th Century; #12 on Cal-Hi Sports All-Time Top 100 California Men's Athletes; Cal-Hi Grid-Hoops Team 49; BASHOF; ASU HOF; Pro FB HOF; Pittsburg High FB HOF; Edward J. DeBartolo 49ers HOF; father of John Henry Johnson Jr., California State JC decathlon Champ 87 at Long Beach JC

## Fachon Jones

Wrestling 118lbs  
(Univ of Central Florida); NCS Champ 2007; played softball in college

## Greg Jones

Basketball Guard  
All-East Bay 80; All-Nor Cal 80;

PH ldr season 80 pts avg (23.4)

## George Jordan

Track 100mtrs  
NCS Champ 96 (10.73)

## L. C. Joyner

Football End/DB  
(East Contra Costa JC); All-Nor Cal 51; North-South Prep All-Star Gm 52; Oakl Raiders 60 (AFL); Times All-Time Contra Costa FB Team 94; Cal-Hi All-Decade FB 50s; ECC ldr pts 52 (107), td (16), Pittsburg High FB HOF; DVC HOF

## Steven Kala

Football Linebacker  
(Los Medanos JC & Univ of Sioux Falls); Great Plains Conf Champs 2008-10; NAIA National Champs 09

## Doug Killingsworth

Football Center/LB  
Pittsburg High FB HOF

## Janelle Lafrades

Softball Outfielder  
(Norfolk St); All-Times 98

## Don Lawson

Basketball Forward  
Chron All-Metro 64; EX All-Metro 64; PH ldr season pts avg 64 (16.1)

## Larry Lawson

Track 120ydLH  
(Sacramento St); NCS Champ 65 (14.5)

## Anthony Lawson

"Tony"  
Track 440yds  
NCS Champ 72 (47.6); prep pr & PH rcd 72 (47.34)

## Frank Lazio

Football OL/DL  
Pittsburg High FB HOF

## Jesse Lea

FB/BK/Track End/DB/G/880yds  
State Div 2 POTY 57 (bk); Chron All-Metro 57 (bk); Pittsburg High FB HOF

## Albert Lee

Track Broad Jump  
NCS Champ 63 (23-5 1/2)

## Kris Leffle

Football Kicker  
All-Times 92

## Matt Lemley

Football Offensive Line  
(Los Medanos JC & Sacramento

St); All-Times 2005; All-East Bay 2005

## Britnee Lewis

Basketball Guard  
(Cal St Monterey Bay); CCAA Champs 2011

## Derrell Lewis

Basketball Guard  
All-Times 97

## Ralph Ligons

Track 220/100yds  
(Sacramento St); NCS Champ 69 (21.9); 3rd State Meet 70 (10.0); Member NCAA Div 2 4x100 Relay Champs 72 (40.5); served sentence in San Quentin Prison, where he was involved in prisoners' running program

## Marlon Lobban

Football Linebacker  
(Los Medanos JC & Univ of Sioux Falls); Great Plains Conf Champs 2008 & 09; NAIA National Champs 09

## Frank Lopez

"Bandit"  
Football End  
(Univ of Oregon); Pittsburg High FB HOF

## John Lopez

Football Back  
Pittsburg High FB HOF

## Jerry Lucero

Wrestling 112lbs  
NCS Champ 59

## Mike Lucero

Wrestling 115lbs  
NCS Champ 86

## Sammy Lynch

Football LB/Guard  
Pittsburg High FB HOF

## Sean Madison

Football Offensive Guard  
All-East Bay 92

## Saleem Mahdi

Football Wide Receiver  
(Univ of California & Fresno St); EX All-Metro 95; Times AOTY 95; East Bay Cream of the Crop 96 #17; PH ldr career recep (98); Cal-Hi Grid-Hoop Team 96

## Duat Mai

Wrestling 119lbs  
NCS Champ 99

## Harry Malmberg

"Swede"

# Contra Costa County

Baseball 2B  
Det Tigers 55; PCL SF Seals 57,  
Sea Rainiers 59-62; Mngr Stockton  
65-67 (Calif Lg), Omaha 73-74  
(American Assoc), Birmingham 75  
(Southern Lg); Calif Lg Champs 65

## Dave Manley

Football Defensive Line  
All-East Bay 72

## Wiley McClain

Track 440yds  
NCS Champ 48 (51.2)

## Jaime McLennan

Baseball Infielder  
All-East Bay 90

## Percy McGee

Football Running Back  
(Humboldt St); EX All-Metro 91;  
All-East Bay 91; All-Times 91;  
East Bay Cream of the Crop 92 #19;  
All-NCAC 93; PH ldr career pts  
90-91 (166), ldr rush yds career  
(1,984), season 91 (1,174);  
Pittsburg High FB HOF

## Jessica Medeiros

Softball Infielder  
All-East Bay 87

## Troy Mills

Football Running Back  
(Los Medanos JC & Sacramento  
St); College Little AA 91; East-  
West Shrine Gm 91; Sac Surge  
93 (World Lg); Ssc Gold Miners  
94, SA Texans 95, Edm Eskimos  
98-2000, 03-04, Winnipeg Blue  
Bombers 01 (CFL); Grey Cup  
Champs 03; did not play fb in  
high school; Sac St HOF

## Jerome Mixon

Basketball  
All-East Bay 85; All-Nor Cal 85

## Kevin Moffett

Football Defensive Back  
All-East Bay 77

## Ron Moffett

Football Linebacker  
(Univ of California); All-East Bay  
75

## Renee Motley

Basketball  
(Univ of Washington); All-East Bay  
79

## Mike Muniz

Wrestling 105lbs  
NCS Champ 95

## Izzy Murguia

Soccer Midfielder

All-East Bay 2013; PHS ldr & East  
Bay ldr-tie assts 2013 (21)

## Valerie Nicklas

SB/Football Pitcher/QB/CB  
(Univ of California); All-Times 93  
(sb); Oakl Banshees 2001 (WAFL);  
played catcher in college

## Clarence Norwood

Football Lineman  
Pittsburg High FB HOF

## Valerie Oakley

Softball Pitcher  
All-East Bay 81

## Jim O'Brien

Football Center  
All-East Bay 89

## Joe O'Brien

Football Center/DL  
(Santa Clara Univ & Boise St); All-  
East Bay 89 (c); All-Big Sky 94  
(dl); Big Sky DPOTY 94; Big Sky  
Champs 94; Pittsburg High FB HOF

## Marcus Oden

Wheelchair Basketball  
Member National Jr Champs 2004;  
National Tournament MVP 2004;  
Member National Jr International  
Team 2004

## Jack Orlando

Football Center  
All-East Bay 73

## Hector Orozco

Football Offensive Line  
All-East Bay 2008

## James Page

"Mighty Quinn"  
Boxing Welterweight  
Pro boxer 90-2001 (25-4-0); WBB  
Champ 95; WBA Latin American  
Champ 98; WBA Champ 99;  
sentenced to 11 years in federal  
prison for 2001 Atlanta bank robbery

## John Page

Basketball Guard  
All-East Bay 68

## Denny Pappas

Football Back  
Pittsburg High FB HOF

## Fred Pardi

Track Shot Put  
3rd State Meet 40 (NR)

## Herc Pardi Sr.

Football Back  
Pittsburg High FB HOF; father of  
Herc Pardi Jr., see Clayton Valley  
High (CC); grandfather of Meghan

Pardi, see Clayton Valley High  
(CC); brother of Fred Pardi, see  
above

## Avery Patterson

FB/Track DB/300mtrIH  
(Univ of Oregon); All-Times 2007  
& 08; Chron All-Metro 08; NCS  
Champ 08 (38.88); East Bay Cream  
of the Crop 09 #2; Pac-10 Champs  
09 & 10 (fb); Pac-12-North Champs  
11 (fb); Pac-12 Champs 11 (fb);  
Rose Bowl Champs 12; Fiesta Bowl  
Champs 13

## Arturo Perez

Football Linebacker  
All-East Bay 65; Pittsburg High FB  
HOF

## Joaquin Perez

Wrestling 103lbs  
NCS Champ 92

## Broderick Perkins

Baseball 1B/OF/DH  
(Diablo Valley JC & St. Mary's  
College); All-WCAC 75; WCAC  
MVP 75; SD Padres 78-82, Clev  
Indians 83-84; Northwest Lg ldr  
rbi 76 (63); SMC ldr season 76  
BAvg (.359), hits (65), ab (181),  
runs (37), dbls (11), trpls (5);  
SMC rcd career BAv 75-78 (.345);  
DVC HOF

## Don Pierce

Track High Jump  
(Diablo Valley JC & Sacramento  
St); NCS Champ 65 (6-7 1/2); prep  
pr 7-0 66

## Kyle Pifer

Football Defensive Line  
All-Times 2004

## Ryan Ponce

FB/Wrestling DL/Hwt  
EX All-Bay Area 96; NCS Champ 96

## Marzel Price

Basketball  
(Chabot JC & Central Michigan  
Univ); All-East Bay 86; played pro  
in Lebanon; PH ldr season pts avg  
86 (20.4)

## Greg Quesada

Football Split End  
(Univ of Washington); Pac-10 Co-  
Champs 95

## Parson Ramaila

Football Back  
PH rcd punt return 29 (97); pass  
int return 30 (97); Pittsburg High  
FB HOF

## Charles Ramirez

# Contra Costa County

"Charlie"  
Football Linebacker  
EX All-Metro 93; All-Times 93

Neal Richardson  
Football Linebacker  
All-East Bay 74; All-Nor Cal 74

Brian Robinson  
Football Defensive Back  
Chron All-Metro 2003

Tom Roblin  
Football Halfback  
(Univ of Oregon); All-PCC 42; All-Coast 42; East-West Shrine Gm 43; OU 1dr rushing yds 42 (348); Pittsburg High FB HOF

Larry Rodriguez  
"Chino"  
Football End/LB/Coach  
(Boise JC & Idaho St); All-Nor Cal 67; All-East Bay 67; North-South Prep All Star Gm 68; Head Coach Pittsburg High 79-90 (76-45-3) & Freedom High (CC); Pittsburg High FB HOF

Rene Rodriguez  
Football Defensive Back  
All-East Bay 72

Parsons Romalia  
Football Running Back  
Pittsburg High FB HOF

Brittani Romero  
Wrestling 122lbs  
NCS Champ 2007

Michael Rones  
Softball Infielder  
(Butte JC); Member National Under-18 Champs 2003

Mario Rosa  
Football End  
(Diablo Valley JC); All-Nor Cal 54; North-South Prep All-Star Gm 55; Pittsburg High FB HOF

Joe Rosalez  
Football Guard/LB  
Pittsburg High FB HOF

Mario Russo  
Track/FB Shot Put/OL  
(UCLA); NCS Champ 38 (50-9 1/2); State Champ 38 (49-3 3/4); killed in World War II; Pittsburg High FB HOF

Mike Russo  
Wrestling 215lbs  
NCS Champ 96

Bijon Sadeghy  
Soccer Midfielder

(Holy Names Univ); Cal Pac Champs 2010

Jason Sanchez  
Wrestling 145lbs  
NCS Champ 2003

Sue Sanchez  
Softball/BK Infielder  
(Chico St); All-East Bay 80-82 (sb); All-East Bay 82 (bk); All-Nor Cal 82 (bk)

Joe Sbranti  
Football  
Pittsburg High FB HOF

Erasimo Seeno  
"Ramey"  
Football End/DL  
(USF); Pittsburg High FB HOF

Sal Seeno  
Football Halfback  
(USF); Pittsburg High FB HOF; USF HOF; PH rcd tds gm 33 (4), career 31-33 (24); brother of Erasimo Seeno, see above

Brian Shaw  
Track High Jump  
NCS Champ 73 (6-7); 2nd State Meet 73 (6-6-tie); prep pr 73 (6-10 1/4)

Nashira Shaw  
Basketball Forward  
(Cal St Fullerton); All-Times 96 & 97; Cal-Hi All-State (junior) 96; All-East Bay 97; Ex All-Metro 97; Cal-Hi Div 1 All-State 97

Donnie Sheppard  
Baseball Outfielder  
All-East Bay 89; played minor league baseball

Chris Shipe  
Football Quarterback  
(Los Medanos JC & Humboldt St); EX All-Metro 91; All-East Bay 91; All-Times 91; North-South Prep All-Star Gm 92; All-NCAC 94 & 95; HS MVP 95; Head Coach Los Medanos JC 2010-; PH rcd career 89-91 pass yds (3,104), pass tds (41) & season pass tds (20); Pittsburg High FB HOF

Frank Siino  
Football RB/DB  
Pittsburg High FB HOF

Robert Silva  
Baseball Outfielder  
All-Times 96

Benji Simonton  
Baseball Outfielder

(Diablo Valley JC); JC National POTY 92 (BAvg .414, hr 22, rbi 76); played minor league baseball; Midwest Lg-South Div Champs 93; Tx Lg-East Div Champs 95, 97; Calif Lg-Valley Div Champs 98; Eastern Lg-South Div Champs 99; DVC HOF

Cy-Leon Simonton  
"Cy"  
FB/Baseball QB/Utility  
EX All-Metro 93 (fb); All-Times 93 (fb); All-Times 94 (bb); played minor league baseball; PH rcd gm pass yds 93 (327)

Ken Simonton Jr.  
Football Halfback/Utility  
(Oregon St); All-Times 94-96; EX Cal-Hi All-State (sophomore) 94; All-Bay Area 96 (utility); Freshman AA 98; East Bay Cream of the Crop 97 #14; All Pac-10 2000; AA 2000; Pac-10 Co-Champs 2000-; Fiesta Bowl Champs 2000; Hula Bowl 01; Scot Claymores 03 (NFLE); Buff Bills 03; Calg Stampede 07; NFLE OPOTY 03; OS rcd season 99 att (294), td (19), season 2000 yds (1,559); OS rcd career 98-01 rush yds (5,044), pts (366); 1st Pac-10 player to gain 1,000yds 1st three seasons; NFLE rcd most td gm 03 (4-tie), most pts gm 03 (24); son of Ken Simonton Sr., see above; cousin of Cy Simonton, see above; brother of Benji Simonton, see above; also atnd Richmond High (CC)

Ken Simonton Sr.  
FB/BK/Track End/Long Jump  
All-East Bay 70 (fb); All-Nor Cal 70 (fb); All-East Bay 71 (bk); NCS Champ 70 (23-5 1/4); played minor league baseball (of); father of Benji & Ken Simonton Jr, see above; uncle of Cy-Leon Simonton, see above

Steve Simonton  
Football Defensive Back  
(Fresno JC & Bowling Green Univ); East Bay Cream of the Crop 2002 #15

Joe Simpson  
Basketball Forward  
(Los Medanos JC & Montana St-North); Frontier Conf. Co-Champs 2011; All-Frontier Conf 2011

Sonia Smith  
Wrestling 98/108lbs  
NCS Champ 2009 & 11

Anthony Spears  
Football Defensive End

# Contra Costa County

(Diablo Valley JC & Portland St);  
Hou Oilers 89 (post season only);  
London Monarchs 91, Ohio Glory 92  
(WFL); PS rcd season sacks 87 (16.5),  
career sacks 87-88 (30); DVC HOF

## Ronald Spears

Football Wide Receiver  
All-Times 96; EX All-Metro 96

## James Stallworth

Football Defensive Line  
(Univ of California); All-East Bay  
90; East Bay Cream of the Crop  
91 #7 (lb)

## Sara Stas

Softball Pitcher/1B  
(Cal St East Bay); Assoc of Div 3  
Independents AA 2005 & 06 (util);  
Assoc of Div 3 Independents POTY  
06; NCAA Div 3 ldr dbls 06 (20);  
CSEB rcd season 06 hit streak gms  
(29), wins (26), ip (231), career  
BAvg 2005-07 (.435)

## Lidia Stiglich

Softball Catcher  
(Univ of California); All-East Bay  
86 & 87; NCAA rcd 7-inn gm  
putouts 91 (21), UC ldr putouts  
season 91 (483), career 89-92  
(1,396), ldr season 92 dbls (14)

## John Suarez

Baseball Infielder  
All-East Bay 86

## Joe Tafoya

Football Linebacker/DL  
(Univ of Arizona); EX All-Metro  
95; All-Times 95; East Bay Cream  
of the Crop 96 #11; Chi Bears  
2001-03; Az Cardinals 04; Sea  
Seahawks 05-07; cousin of  
Shaunard Harts, see above, Eugene  
Tafoya Fresno JC fb player, Noel  
Tafoya, Western Washington Univ  
fb player & Simon Tafoya, Fresno  
St bb player

## Altie Taylor

Football RB/KR  
(Diablo Valley JC & Utah St); Det  
Lions 69-75, Hou Oilers 76; Det ldr  
yds rushing 72-74; UST rcd ko ret  
yds 67 (105); North-South All-Star  
Gm 69, All-Star Pro Gm 69, Det  
OMVP 73; ldr Det rush yds 73  
(713) 73, career rush yds (4,297);  
DVC HOF

## Romont Taylor

Football Running Back  
(Los Medanos JC); All-Times  
2005; All-East Bay 2005

## Tyrone Taylor

Football Wide Receiver

(Los Medanos JC & Sacramento  
St); Berlin Thunder 99 (NFLE);  
SJ SaberCats (AFBL) 2001; LV  
Outlaws 2001 (XFL); BC Lions  
2001-03 (CFL); SS ldr season 94  
td rec (7), rec yds avg (18.8)

## Ed Ternes

Football Defensive Back  
EX All-Bay Area 76; All-Nor Cal  
76

## Charleta Thompson

Softball Outfielder  
All-East Bay 86 & 87

## Cheryl Thompson

Softball Outfielder  
All-East Bay 88

## Danita Thompson

Basketball Forward  
All-Times 92

## Erick Thompson

Basketball Forward  
All-Times 91

## Ray Threatt

Track 100/220yds  
(Univ of Arizona); NCS Champ 78  
(9.8), (21.6), 79 (PH & NCS rcd-  
9.7), (21.12), 100mtrs 79 (10.56); 2nd  
State Meet 79 (21.24); UA ldr 400mtr  
relay 82 (39.40)

## Rico Tipton

Football Linebacker  
(Washington St); Sea Seahawks  
87; also atnd San Juan High

## Debbie Tirey

Softball Pitcher  
All-East Bay 85 & 86

## Andre Todd

Football Defensive Line  
(Oregon St); All-East Bay 81; All-Nor  
Cal 81

## Albert Toeaina

"Big Toe"  
Football Offensive Line  
(CCSF & Univ of Tennessee); All-  
Times 2001; All-East Bay 2001;  
Chron All-Metro 2001; East Bay  
Cream of the Crop 02 #5; JC AA  
03; JC State All-Region One 03;  
Rhein Fire 07 (NFLE); Hamilton  
Tiger-Cats (CFL) 09; LV  
Locomotives 10 (UFL); also atnd  
McAteer High (SF)

## Lefeeisefaalaveave Toeaina

"Alexaraee"  
Track Discus  
(Moorpark JC); NCS Champ 2003  
(149-2), 04 (148-4), 05 (153-7);

2nd State Meet 04 (146-7); State  
Champ 05 (158-03); sister of  
Albert Toeaina, see above, Alex  
Toeaina, New Mexico Highlands fb  
player, & Arthur Toeaina, CCSF fb  
player; daughter of Al Toeaina, see  
Lowell High (SF)

## Armand Tomasini

Football Running Back  
Pittsburg High FB HOF

## Dan Trammel

Basketball Forward  
(Diablo Valley JC & Univ of  
Montana); UM MVP 2001 & 02;  
Big Sky Champs 02; UM ldr season  
pts avg 2001 (12.4), reb (210), 02  
(206)

## Les Trapps

Football Defensive Line  
All-East Bay 74; All-Nor Cal 74

## Victor Trapps

Track 220yds  
NCS Champ 76 (22.1)

## Denton Tuiasasopo

Football Defensive Line  
(Sacramento St & Univ of Oregon);  
Pac-10 Champs 2009; nephew of  
NFL players Jessie Sapolo, Manu  
& Pete Tuiasasopo; nephew of  
college fb player Pete Tuiasasopo;  
cousin of NFL players Marques  
Tuiasasopo & Matt Toeaina &  
college fb players Simi Toeaina &  
Conan Amituanai

## Aaron Turner

Track/FB 100mtrs/WR  
(UOP); NCS Champ 88 (11.24);  
UOP rcd season 91 recep (92), td  
recep (18), recep yds (1,604);  
NCAA ldr career 90-93 recep (266)  
& td recep (43), recep yds (4,345);  
East-West Shrine Gm 93; UOP HOF

## Willie Turner

Football Running Back  
(Redwoods JC); East Bay Cream  
of the Crop 88 #19

## Regan Upshaw

Football DE/OL  
(Univ of California); Cal-Hi All-State  
(underclass) 91; All-East Bay  
91 & 92; All-Times 91 & 92; EX  
All-Metro 92 (both ways); Cal-Hi  
All-State 92; Parade AA 92; East  
Bay Cream of the Crop 93 #1; TB  
Buccaneers 96-99, Jac Jaguars 99,  
Oakl Raiders 2000-02, Wash  
Redskins 03; NY Giants 04; 1st  
rd pick 96 (12th overall); AFC  
Champs 02; Times All-Time Contra  
Costa FB Team 94; Cal-Hi All-Decade  
FB 90s; Pittsburg High FB HOF;

# Contra Costa County

Golden Bears All-Era Defense  
Team 1982-2008 (93-95)

## Charles Verduzco

Football Quarterback  
(UOP); Pittsburg High FB HOF

## Joe Vigil

Football Tackle  
(Delta JC); All-Nor Cal 64; North-South Prep All-Star Gm 65;  
Pittsburg High FB HOF

## Chrisytian Villa

Soccer Forward  
(Holy Names Univ); Cal Pac  
Champs 2011

## Edgar Villagrana

Soccer Midfielder  
All-East Bay 2009

## Greg Walker

Track High Jump  
(Diablo Valley JC & Univ of  
California); State JC Champ 95  
(7-2) & 96 (NR); DVC HOF

## Jason Walker

Football Linebacker  
All-East Bay 85 & 86

## Ray Watson

Football Defensive Line  
EX All-Metro 95; All-Times 95;  
All-East Bay 95

## Johnny Weekly

BB/BK/FB Outfielder  
(East Contra Costa JC); TOC All-Star  
55 (bk); Hou Colt 45s 62-64; played  
bk in college; Pittsburg High FB HOF

## Doug Whiting

Football Offensive Line  
(UCLA); EX All-Metro 97; All-  
Times 97; East Bay Cream of  
the Crop 98 #5

## Emeka Williams

Football Linebacker  
(Los Medanos JC); All-East Bay 2008

## LaShawn Williams

Softball Outfielder  
All-East Bay 80 & 81

## Mike Williams

Baseball Outfielder  
All-Times 94

## Robert Williams

Track 800mtrs  
NCS Champ 85 (1:53.9)

## Williamson

Track Pole Vault  
NCS Champ 29 (11-8-tie)

## Frank Williamson

Football Guard  
(USC); PCC Champs 31 & 32; Rose  
Bowl Champs 32 & 33; National  
Champs 31 & 32

## Stanley Williamson

Football Center  
(USC); PCC Champs 29 & 31;  
Rose Bowl Champs 30 & 32;  
National Champs 31; All-PCC 31;  
AA 31; USC team captain 31; Head  
Coach Santa Barbara St 41 (3-5-1);  
AD UC Santa Barbara 62-65; USC  
HOF

## Chris Willis

Football Linebacker  
(Los Medanos JC & San Jose St);  
East Bay Cream of the Crop 91 #13

## Erik Woodin

Football OL/DT  
(USC); EX All-Bay Area 83 (both  
ways); All-East Bay 83; All-Nor  
Cal 83; Cal-Hi All-State 83; East  
Bay Cream of the Crop 84 #2

## Alfred Wright

Football Back  
Pittsburg High FB HOF

## Charles Zeno

Football Writer/Contributor  
(Chico St); Sportswriter Pittsburg  
Post-Dispatch; Contra Costa  
Times; Pittsburg High FB HOF

## Pleasant Hill High Rams

### Pleasant Hill

(estab. 1953; closed 1980)

## Greg Ansell

Football Kicker  
All-East Bay 71

## Jack Baldwin

Football Center  
All-East Bay 66; All-Nor Cal 66

## Chris Bodine

Wrestling 154/157lbs  
(Arizona St); NCS Champ 79; State  
Champ 79

## Steve Breiter

Swimming Freestyle  
NCS Champ 74 500 fs (4:42.1)

## Mike Brodie

Race Walking 50kilometers  
Member Olympic Team 64

## George Bruno

Wrestling 175lbs  
NCS Champ 60

## Chris Carson

Wrestling Heavyweight  
NCS Champ 80

## Celaya

Cross Country  
NCS Champ 65 (10:21)

## Bob Clark

Baseball Pitcher  
All-East Bay 75 & 76; East Bay  
POTY 76; All-Nor Cal 76

## Dave Clark

Football Back  
(Utah St); All-Nor Cal 62; North-  
South Prep All-Star Gm 63; Head  
Coach fb & bb Northgate High (CC)

## Ray Collins

Swimming Freestyle  
NCS Champ 67 50 fs (22.8) & 100  
fs(50.2)

## Bill Cooper

Football Center  
All-East Bay 68

## Kathy Costello

Track/CC 880yds/Mile  
(Cal St Northridge & Oregon St);  
NCS Champ 74 (2:14.8); 75 (2:10.7),  
(5:01.6); State Champ 74 (2:10.04) &  
75 (2:09.2), (4:53.5); NCS CC Champ  
74 (9:31); 1st girl to win both state  
titles same year

## Lennis Cowell

Wrestling 112/123lbs  
(Diablo Valley JC & Cal Poly-  
SLO); Nor Cal Champ 60 & 61;  
Member NCAA Div 2 Champs 66;  
Head Coach Cuesta JC 71 & 72,  
Allan Hancock JC 73, San Luis  
Obispo High 74-78, Clovis High  
79-84, Cal Poly-SLO 85-2002  
(167-147-8); State Champs 83 &  
84; National High School COTY  
85; overall rcd 300-165-9;  
National Wrestling HOF &  
Museum Lifetime Service Award;  
DVC HOF

## George Dunlap

FB/Wrestling Guard/194lbs  
All-East Bay 78; All-Nor Cal 78;  
NCS Champ 79

## Dick Egan

Baseball Pitcher  
(Diablo Valley JC); Det Tigers 63-64,  
Cal Angels 66, LA Dodgers 67;  
Ala-Fla Lg ldr 59 so (201); PCL ldr  
62 wins (17) & so (201); Scout  
Oakl Athletics, Det Tigers, Fla  
Marlins; pitched no hitter vs  
Alhambra High 54; 1st PH player to  
reach major leagues 63

## Greg Ernst

# Contra Costa County

Football Center  
All-Nor Cal 64

## Spencer Euranius

Wrestling 127lbs  
NCS Champ 60

## Greg Fisher

Baseball Infielder  
All-East Bay 75; All-Nor Cal 75

## Tom Foster

Wrestling 165/178/181lbs  
(Utah St); NCS Champ 60; Nor Cal  
Champ 60-62; NCAA 3rd place best  
in school history 66 (191lbs);  
played fb (back) in college; Utah  
St HOF

## Roger Foulk

Football End  
(Utah St); PCAA Co-Champs 61

## Norm Eriberg

Basketball Guard/Coach  
(San Jose St); Head Coach Piedmont  
Hills High (SC) 65-90 (348-249);  
Piedmont Hills HOF; first bk coach  
Piedmont Hills High

## Bob Green

FB/Wrestling Tackle/194lbs/Hwt  
(Diablo Valley JC, Colorado St);  
All-East Bay 71; NCS Champ 72;  
State JC Champ 74 (hwt); DVC HOF

## John Green

Basketball Forward  
(Diablo Valley JC & UC Riverside);  
DVC ldr season pts avg 77 (17.6);  
UCR ldr 79 pts (NR), rebs (NR);  
DVC HOF

## Kathy Hilton

Track Discus  
NCS Champ 75 (114-0 1/2), 76  
(126-2)

## Terry Hughes

Basketball Guard  
Concord Transcript Diablo District  
Dynamic Decade Team '60s

## Charles Hutchinson

Football Linebacker  
All-Nor Cal 79

## Jim McMillin

Football Defensive Back  
(Diablo Valley JC & Colorado St);  
Den Broncos 61-62, 64-65, Oakl  
Raiders 63-64 (AFL); Head Coach  
Golden High (Colorado)

## Ed Miller

Track HJ/Decathlon  
(Diablo Valley JC & Univ of  
California); NCS Champ 71 (6-8);  
NCAA Champ 76 (7,443 pts); Head

Coach track, women's bk Los  
Medanos JC 81 & 82; Cal HOF; DVC  
HOF

## Bob Olsen

Track Pole Vault  
(Cal St Hayward); NCS Champ 74  
(14-3)

## Kevin Olson

Baseball 3B  
All-Nor Cal 76

## Joe Prevetz

Football Linebacker  
(BYU); All-East Bay 67

## John Raeside

Baseball 2B  
(Diablo Valley JC & Sacramento  
St); State JC Champs 77; played  
minor league baseball

## Mike Redling

Basketball Center  
PHH ldr season 67 pts avg (20.6);  
Concord Transcript Diablo District  
Dynamic Decade Team '60s

## Pat Riley

Football Halfback  
(Diablo Valley JC & Boise St), All-  
East Bay 68; North-South Prep All-  
Star Gm 69

## Linda Robinson

Cross Country  
NCS Champ 76 (11:53)

## Jon Shinault

Wrestling 106lbs  
Nor Cal Champ 64

## Eric Snider

Baseball Pitcher  
(Diablo Valley JC & Washington  
St); State JC Champs 77; played  
league baseball; Calif Lg Champs  
81; Calif Lg-South Div Champs  
82; DVC HOF

## Paul Sommer

Football Utility  
All-East Bay 73

## Don Stanich

Football Offensive Tackle  
All-East Bay 76

## Bill Travis

Swimming Diving  
NCS Champ 78 (491.25), 79 (509.30)

## Vince Ujdur

FB/Baseball DE/OF/1B/C  
(Diablo Valley JC); All-East Bay  
69 (fb); played bb in jc; played  
minor league baseball; PH

highest bb draft pick 2nd rd 72  
(26th overall)

## Tom Webb

Track 100yds  
NCS Champ 60 (9.9)

## Wolf

Wrestling 130lbs  
Nor Cal Champ 68

## Richmond High Oilers Richmond estab. 1907

## Howard Adams

Swimming Diving  
NCS Champ 37 (NR)

## Mel Adger

Football Running Back  
All-East Bay 69

## Leo Allamanno

BK/Baseball Coach  
(Univ of California); Head Coach  
bk & bb Fremont High (A); State  
COTY (bk) 65 & 80; OAL Champs  
57, 64, 65, 67, 72, 77 & 80 (bk);  
OAL Co-Champs 66 & 76 (bk), 71  
& 72 (bb); OAL Champs (bb) 57, 60  
& 65 (bb); TOC Champs 65, 67 &  
77; CCA COTY 78; Nor Cal COTY  
80; California Coaches HOF

## Courtney Anderson

Football Wide Receiver  
(Contra Costa JC & San Jose St);  
Ex All-Metro 98; All-East Bay 98;  
All-Times 98; Cal-Hi All-State  
(medium schools, multi-purpose)  
98; East Bay Cream of the Crop 99  
#13; Oakl Raiders 2004-06; played  
te in pros

## Lionel Arnold

Football Running Back  
(Contra Costa JC, Washington St  
& Humboldt St); Pac-10 Co-Champs  
2002

## Orlando Arnold

Football Tight End  
(Contra Costa JC & Univ of  
Wyoming); JC All-State 2007

## Harry Avington

Wrestling Heavyweight  
NCS Champ 69

## John Babich

Baseball Pitcher  
PCL SF Seals 31-32, SF Missions  
32-34, 37, Holly Stars 38, Sea  
Rainiers 43-44, Oakl Oaks 45;  
Bklyn Dodgers 34-35, Bos Braves  
36, Phil Athletics 40-41; American  
Assoc Champs 39; Intl Lg Champs

# Contra Costa County

42; Mngr Stockton 47 (California Lg), Idaho Falls (Pioneer Lg) 49; struck out Babe Ruth 3 times in gm 35; Calif Lg Champs 47 (team won Calif Lg red 26 straight gms); prep teammate of Les Scarsella

## Fred Ball

Football Halfback  
Oakl Trib All-County 35; SF-East Bay All-Star FB Gm 35

## Bruno Banducci

Football Guard  
(Stanford Univ); SF-East Bay All-Star FB Gm 38; All-Coast 40; PCC Champs 40; Rose Bowl Champs 41; East-West Shrine Gm 43; College All-Star Gm 44; Phil Eagles 44-45, SF 49ers 46-49 (AAFC) & 50-54 (NFL); Tor Argonauts 55 (CFL); All-AAFC 46-47; All-Pro 47, 53-54; original 49er; Times All-Time Contra Costa FB Team 94; NFL All-Decade '40s; Helms Foundation HOF; father of Doug & Russ Banducci, see Menlo-Atherton High (SM); grandfather of Eric Banducci, UCLA fb player

## Joe D. Banks

"J. D. "  
Basketball Forward  
(Univ of Idaho & West Contra Costa JC); All-Nor Cal 54; Harlem Globetrotters one year; Harlem Clowns nine years; Equipment Mngr Contra Costa JC 28 yrs; RH ldr ; CCC HOF

## Bob Bayless

Basketball Guard  
All-East Bay 60; Chron All-Metro 60; EX All-Metro 60; TOC All-Star 60

## Louis Bonaparte

Football Guard  
SF-East Bay All-Star FB Gm 36; Alameda Mustangs 43, Oakl Giants 44 (PCFL)

## Dolores Bonds

Softball Coach  
Head Coach Salesian High (CC); NCS Class A Champs 2001

## Turner Brashear

Track Discus  
NCS Champ 40 (134-4); 3rd State Meet 41 (51-4 1/2); prep pr 41 (52-2)

## Craig Brooks

Football Defensive Back  
All-Nor Cal 73

## Alexsis Brown

Basketball Forward

(Mount SAC JC & Cal Maritime Univ); All-Cal-Pac 2012; Cal Pac POTY 2012; NAIA Div 2 ldr season 2012 pts avg (24.0); CMU ldr gm 2012 pts (55)

## Harry Brown

Basketball Forward  
(Contra Costa JC & Univ of California); All-East Bay 67; Chron All-Metro 67; EX All-Metro 67; Nor Cal East-West All-Star BK Gm 67 (East); RH ldr season pts avg 67 (22.8), reb (245)

## Sam Brown

"First Down"  
Football Halfback  
(Contra Costa JC & UCLA); PCC Champs 54 & 55; All-PCC 55; 1st CCJC player all-conference in fb/bb/bk; PCC ldr pr 54 (26,2 avg, 3 td), rushing 55 (NR)

## Willie Brown

Track 100/220yds  
NCS Champ 51 (10.2) & (21.8)

## Ora Burnett

"Mickey"  
Baseball Shortstop  
PCL Sac Solons 42-43, Oakl Oaks 46-47, LA Angels 48; PCL Champs 42; Player-Mngr Borger (West Tx-NMex Lg) 50; Leesburg (Fla St. Lg (51)

## Phil Carlin

Tennis Doubles  
NCS Champs 32

## Ken Carter

Basketball Guard/Coach  
(George Fox Univ); All-East Bay 77; Head Coach Richmond High 97-2002; subject of movie "Coach Carter" about locking his unbeaten team out of gym until players improved their grades; author of "101 Ways to Improve Your GPA"; motivational speaker

## Victor Ceja-Orozco

Soccer Defender  
(USF); All-Times 2005

## Harvey Christensen

"Red"  
Baseball Infielder  
PCL Oakl Oaks 18

## Lloyd Christopher

Baseball Outfielder  
Western Intl Lg Champs 39; PCL Oakl Oaks 40, 48-52, Sea Rainiers 43-44, LA Angels 45-47; Bos Red Sox 45, Chi Cubs 45, Chi White Sox 47; Intl Lg Champs 42;

Western Intl Lg ldr rbi 39 (131); PCL ldr hr 46 (26); PCL Champs 47-48, 50; Scout Cinn Reds 56-64, Mil/Atl Braves 65-66, Clev Indians 67-74, Calif Angels 75-84, Mon Expos 85-90; signed Dennis Eckersley, see Washington High (A)

## Russ Christopher

Baseball Pitcher  
Phil Athletics 42-47, Clev Indians 48; WS Champs 48; prep teammate of Lefty Gomez; brother of Loyd Christopher, see above

## Herb Collins

Swimming Diving  
NCS Champ 38 (77.74) & 39 (NR)

## Jim Colvin

Baseball/BK 2B/Guard  
(West Contra Costa JC); Member American Legion State & Western Region Champs 53

## Gene Corr

Baseball Coach  
Head Coach El Cerrito High & Contra Costa JC 50-79; 1st AD Contra Costa JC; State JC Champs 55; prep bk official; CCC HOF

## J. T. Cotton

Football Linebacker  
(Contra Costa JC & UC Davis); All-East Bay 74; FWC Champs 77 & 78

## Harold Crisler

"Hal"  
Football/BK End/DE/DB/Fwd  
(San Jose St & Iowa St); Bos Yanks 46-47, Wash Redskins 48-49, Balt Colts 50; Bos Celtics 47 (played 4 gms Basketball Assoc of America); IS ldr rec yds 43 (139)

## Bill Cull

Swimming Breaststroke  
NCS Champ 56 100 bs (1:04.2)

## Bill Dahme

Football End  
(West Contra Costa JC & Utah St); All-Nor Cal 57; North-South Prep All-Star Gm 58; Skyline Champs 60 & 61; played baseball in college; Head Coach bb Utah St

## John Danner

Track Discus  
2nd State Meet 54 (156-0 1/4)

## Tom Dearmon

Baseball 3B  
Member American Legion State & Western Region Champs 53

## Rich DeFabio

# Contra Costa County

Baseball                      Outfielder  
(Stanford Univ); Member American  
Legion State & Western Region  
Champs 53

## Richmond De Los Cientos

Basketball  
(Contra Costa JC); All-Times 97;  
played vb in college

## Jack Dowdakin

Track                      220yds  
3rd State Meet 34 (NR)

## Tom Dozier

Baseball                      Pitcher  
Oakl Athletics 86

## Lowell Dyer

“Beppo”  
Basketball                      Guard  
(Stanford Univ); All-Nor Cal 53

## X. L. Emerson

Track                      440yds  
(West Contra Costa JC); NCS  
Champ 53 (50.0) & 54 (48.8); State  
Champ 53 (49.2); 3rd State Meet 54  
(48.9)

## Sheridan Emert

Football                      Guard  
All-Nor Cal 53

## Tommy Evans

Boxing                      Lt Heavyweight  
Pro boxer 74-79 (17-2-1, 14 KOs)

## Mike Farmer

Basketball                      Forward  
(USF); TOC All-Star 54; CalBA  
Champs 56 & 57; NCAA Champs  
56; All-CalBA 57; CalBA POTY 57;  
All-WCAC 58; WCAC POTY 58;  
WCAC Champs 58; All-CalBA 57;  
All-WCAC 58; NY Knicks 58-59,  
61, Cin Royals 61, StL Hawks 63-66;  
SF Saints 61 (ABL); Head  
Coach Wash Bullets 67 (1-8); NBA  
1st rd pick (3rd overall); Radio-TV  
announcer StL Hawks; Jersey #17  
retired by USF; WCAC Silver  
Anniversary Team 75; USF HOF

## Lou Ferry

Football                      QB/Kicker  
(St. Mary's College); Oakl Giants  
46 (PCFL); fb coach Piedmont  
High (A); SMC HOF

## Richard Fink

Baseball                      1B  
Member American Legion State &  
Western Region Champs 53

## Al Frosini

Water Skiing  
National Champ 63; founder  
Berkeley Water Skiing Club;

Water Ski HOF

## Dwayne Foreman

Basketball                      Guard  
(Contra Costa JC); All-Nor Cal 74

## Mutt Goodwin

Boxing                      Middleweight  
Pro boxer 55-65 (19-5-3)

## Vernon Gomez

“Lefty”  
Baseball                      Pitcher  
Utah-Idaho Lg Champs 28; PCL  
SF Seals 29; NY Yankees 30-42,  
Wash Senators 43; WS Champs 32,  
36-39; All-Star Gm AL 33-39;  
winning pitcher 1st All-Star Gm  
33; WS rcd 6-0; Mngr Binghamton  
(Eastern Lg) 46-47; AL ldr wins 34  
(26), 37 (21), ERA 34 (2.33), 37  
(2.33), so 33 (163), 34 (158), 37  
(194), Sho 34 (6), 37 (6), 38 (6);  
baseball fields in Rodeo & at San  
Marin High (M) named in his  
honor; BB HOF; Helms Foundation  
HOF; East Bay Prep HOF; BASHOF;  
Babe Ruth Lg HOF; SF BB HOF;  
National Hispanic HOF; #33 SABR  
100 Greatest Players; prep teammate  
of Russ Christopher; subject of book  
“Lefty”

## Norm Grabar

Baseball                      1B  
Calif Lg Champs 47; PCL Oakl  
Oaks 48-49

## Dennis Green

Football                      Defensive Tackle  
(Contra Costa JC); All-East Bay 73;  
All-Nor Cal 73

## Derrick Green

Baseball                      Utility/2B  
All-East Bay 75; All-Nor Cal 75

## Larry Griffin

Football                      Tight End  
All-East Bay 75; All-Nor Cal 75

## Keith Grossward

Track                      Pole Vault  
NCS Champ 38 (11-6-tie)

## Jim Gulleedge

Football                      Defensive Tackle  
All-East Bay 67

## Don Hall

Football                      Coach  
(Stockton JC & COP); Head Coach  
bb Stockton JC 52-56; Head Coach  
fb Stockton JC 54-58 (33-12-4),  
Cerritos JC 59-63 (34-10-1); AD  
Cerritos JC 63-78; Potato Bowl  
Champs 56; Olive Bowl Champs  
57; Orange Bowl (jc) Champs 58;  
CCCCFA HOF

## Willie Hamilton

Track                      120HH/330ydLH  
(Contra Costa JC & Univ of  
Arizona); NCS Champ 71 (14.0),  
(19.3)

## Bob Hartfield

Track                      120HH/180ydLH  
NCS Champ 62 (14.3), (19.1)

## Bert Hazel

Baseball                      Shortstop  
Member American Legion State &  
Western Region Champs 53

## Owen Henson

Football                      Tackle  
(St. Mary's College); SF-East Bay  
All-Star FB Gm 37; Oakl Giants  
46, Sac Nuggets 47 (PCFL)

## Mark Hill

Track                      440yds  
NCS Champ 79 (48.1)

## Larry Hoff

Track                      BJ/120HH/220ydLH  
NCS Champ 45 (23-1), (15.4), (23.2)

## Don Hoffman

Track                      100yds  
NCS Champ 38 (10.2)

## Charles Hokanson

“Charlie”  
Track/FB                      SP/Discus/Tackle  
(Stanford Univ); NCS Champ 48  
(50-11 1/2), (140-8 1/2); Pac-8  
Champs 51 (fb)

## Dan Holbrook

Football                      Guard  
All-Nor Cal 51

## Bob Hudson

Track                      100/220yds  
NCS Champ 49 (10.4), (22.7)

## Ray Hurlburt

Track                      Broad Jump  
NCS Champ 49 (22-5 1/2)

## James Hurley

Tennis                      Doubles  
NCS Champs 32

## Rudy Jackson

Track                      100/220yds  
(West Contra Costa JC); NCS  
Champ 55 (9.8), (21.8) & 56 (10.0),  
(21.8); 2nd State Meet 55 (10.1);  
2nd State Meet 56 (21.2); prep pr  
56 (21.1); State JC Champ 58 (9.5)

## Willie Jackson

Basketball                      Forward  
(Contra Costa JC); All-East Bay  
72; RH rcd gm pts 72 (40)



# Contra Costa County

## Kimmie James

Track 400/800mtrs  
(Auburn Univ); NCS Champ 82  
(1:53.7) & 83 (48.0), (1:51.7); 3rd  
State Meet 82 (1:50.59); State  
Champ 83 (1:50.63); RH rcd 83  
(1:49.95)

## Mike Jerge

Football Back  
(Contra Costa JC & Univ of  
California); EX All-Bay Area 70;  
Bay Area POTY 70; All-East Bay  
70; East Bay POTY 70; All-Nor Cal  
70

## Dick Kaufman

Track 100/220yds  
(San Jose St); NCS Champ 46  
(10.1), (22.5)

## G. Kendrick

Swimming Backstroke  
NCS Champ 36 100 bs (1:10.3)

## Jim Landis

Baseball Outfielder  
(West Contra Costa JC); Chi White  
Sox 57-64, KC Athletics 65, Clev  
Indians 66, Hou Astros 67, Det  
Tigers 67, Bos Red Sox 67, AL  
Champs 59; Gold Glove Award  
60-64; considered by many as  
finest defensive center fielder of  
his era; father of Craig Landis, see  
Vintage High (N)

## Willie LaNere

Basketball Guard/Coach  
(St. Benedict's College); TOC All-  
Star 59; NAIA Champs 66; Head  
Coach girls bk & track Harry Ells  
High (CC) 76-78; Head Coach bk  
Marin JC; Head Coach pro bk  
Gisborne Rising Suns 92-93; Rotorua  
Running Rebels 94-95; Taranaki  
Oilers 97 (Australia); Head Coach  
girls bk Hercules High (CC) 2002-12

## Manuel Ledesma

Soccer Midfielder  
All-Times 2005

## Bill Lemon

Baseball Pitcher  
All-East Bay 75

## Francisco Lopez

Soccer Defender  
All-East Bay 2010

## Jerry Luzar

BB/Bowling Coach  
(Univ of California); CIBA Co-  
Champs 65; Head Coach  
Castlemont High (A), OAL Co-  
Champs 71 & 77 (bb); OAL

Champs 80, 84 & 92 (bowling),  
OAL Commissioner 95-2007;  
prep & jc fb & bk official

## Jim Marchetti

Swimming Freestyle  
(Univ of Cincinnati); NCS Champ  
57 100 fs (53.6); killed in car crash  
62 at age 23

## Rayce Mason

Track 440yds  
NCS Champ 47 (50.4)

## Markel McCain

Football/BK LB/Guard  
(Contra Costa JC & Utah St); Big  
West Co-Champs (fb) 93; RH ldr  
season bk pts avg 90 (23.6)

## Jim McCowan

Baseball 2B  
(West Contra Costa JC); Member  
American Legion State & Western  
Region Champs 53; JC State Champs  
55

## Ralph McCoy

"The Richmond Rifle"  
Boxing Middleweight  
Pro boxer 66-75 (19-4-0)

## Eural McKelvey

"Bones"  
Basketball Center  
(West Contra Costa JC & Univ of  
Illinois); Harlem Clowns 59-65

## Wendell McKines

Basketball Forward  
(New Mexico St); Cal-Hi All-State  
2004 (freshmen); Chron All-Metro  
06 & 07; Metro East Bay POTY 06;  
Metro POTY 07; All-Times 06 &  
07; Times POTY 06 & 07; All-East  
Bay 06 & 07; East Bay POTY 06;  
Cal-High Div 2 All-State 06; Cal-  
Hi All-State (junior) 06; Cal-Hi All-  
State 07; WAC Champs 10; redshirt  
season 11 with foot injury; scored  
50 pts vs Liberty High, 52 pts vs  
Alameda High & 53 pts vs Hercules  
High 07; Bay Area rcd career pts  
avg 2004-07(30.6); RH season  
07 pts (1,080), pts avg (36.0), reb  
avg (15.0); career 2004-07 pts  
(3,034), reb (1,523); WAC ldr  
season reb avg 09 (10.0); NMS ldr  
season 09 reb (319)

## Tim McLaughlin

Football End  
(Univ of California); PCC Champs  
58

## Milo Milicevich

Football Guard/Center  
(St. Mary's College); Oakl Tribune  
All-County 35 (guard); SF-East

Bay All-Star FB Gm 35; Cotton  
Bowl Champs 39; Oakl Giants 40,  
45, Hawaiian Warriors 46-47  
(PCFL)

## Andre Mogannam

Football  
Linebacker  
(Contra Costa JC & Univ of New  
Mexico); EX All-Bay Area 70; All-  
East Bay 70

## Dick Moitoza

Football End  
Oakl Trib All-East Bay 33

## Don Moitoza

Baseball Outfielder  
(West Contra Costa JC); Member  
American State & Western Region  
Champs 53; PCL Oakl Oaks 55,  
Van Mounties 57; Calif Lg ROTY  
(Stockton) 55

## George Molloy

Track Pole Vault  
NCS Champ 49 (12-0)

## Erik Montes

"Chincho" (nickname)  
Soccer Midfielder  
All-East Bay 2013; East Bay POTY  
2013; RHS & East Bay ldr goals 2013  
(37); RHS ldr 2013 asst (15)

## Leonardo Montes

Soccer Forward  
(Merritt JC); All-East Bay 2009  
& 10; brother of Erik Montes, see  
above

## Jim Moore

Basketball Forward  
(St. Mary's College); SMC season  
ldr pts 64 (373), 65 (348), rebs 64  
(282); SMC rcd pts gm 64 (43);  
SMC HOF

## Tom Nofziger

Football Offensive Tackle  
(San Jose St); All-East Bay 69; EX  
All-Bay Area 69

## John Nules

FB/Track Coach  
(Contra Costa JC); AD & Head  
Coach fb & track El Cerrito High  
(CC); Commissioner BVAL &  
ACCAL; Dean of Boys Richmond  
High; El Cerrito Athletic HOF

## Martin Ocampo

Soccer Defender  
(Cal Poly-SLO); All-Times 2008

## Tony Ott

Baseball Catcher  
Member American Legion State &  
Western Region Champs 53

# Contra Costa County

## Diego Orellana

Soccer Forward  
(Contra Costa JC & Holy Names Univ); Cal Pac Champs 10; CCJC ldr season goals 2008 (18), 09 (10)

## Ed Pearson

Baseball Shortstop  
Member American Legion State & Western Region Champs 53

## Keith Pedescleaux

Football Linebacker  
(Contra Costa JC & Santa Clara Univ); All-East Bay 76

## Fred Penfield

Baseball Pitcher  
Member American Legion State & Western Region Champs 53

## Edwin Perez

Soccer Defender  
All-Times 2006

## Herbie Phillips

Football Running Back  
All-East Bay 67

## Cal Pitchford

Football Fullback  
(St. Mary's College); FWC Champs 27 & 28; SMC HOF

## Walt Pocekay

Baseball Catcher  
MVP Esquire All-American Gm 46; Calif Lg Champs 47; PCL Oakl Oaks 48-49, SD Padres 53-54; PCL Champs 48 & 54; Western Intl Lg All-Star 52; Western Intl Lg ldr 52 BAvg (.352), hits (203), dbls (45)

## Bob Pringle

Baseball Outfielder  
(West Contra Costa JC); American Legion State & Western Region Champs 53; State JC Champs 55

## Joanne Pulido

"Jo Jo"  
Soccer Defender  
(San Francisco St); CCAA Champs 2010

## Lawrence Purley

Track Mile  
NCS Champ 51 (4:33.0); 3rd State Meet 51 (NR)

## Charlie Range

Basketball Official  
(USF); Pac-10, WAC, Big Sky, Big West, ACC, Conf USA & Big 12 Official 64-2001; Final Four gms 91 (championship) & 95

## Phil Roark

Football Lineman/Coach  
(San Francisco St); Head Coach San Rafael Military Academy (M), Del Valle High (CC), Redwood High (M) 69-77; AD Redwood High 78-99; MCAL Commissioner; Redwood High gym named in his honor; Marin Athletic Foundation HOF; SF State HOF; Redwood High HOF

## Mark Roberts

Football Utility/QB  
(UOP); All-East Bay 82 (util); East Bay Cream of the Crop 83 #6

## Jorge Rodriguez

Soccer MF/Forward  
All-Times 2003 & 04

## Ron Roe

Baseball Pitcher  
(West Contra Costa JC & San Jose St); Member American Legion State & Western Region Champs 53; State JC Champs 55

## Mike Salcido

Football Def. Tackle  
All-East Bay 70

## Les Scarsella

"Scar"  
Baseball 1B/OF/Pitcher  
(St. Mary's College); Cin Reds 35-39, Bos Braves 40; PCL Sea Rainiers 41-42, Oakl Oaks 42-49; Intl Lg Champs 38; PCL ldr BAvg 44 (.329); PCL MVP 44 & 46; PCL Champs 41 & 48; Intl Lg Champs 38; prep teammate of John Babich

## Ken Shiloh

Basketball Guard  
(Cal St Bakersfield); All-East Bay 69; RH ldr season pts avg 69 (25.1); CSB rcd gm fg 73 (16), career pts 71-74 (864); CSB ldr season pts avg 74 (18.8)

## Art Smrekak

Water Skiing  
National Senior Champ 68 & 69

## Gene Stang

Baseball Pitcher  
(West Contra Costa JC & Univ of California); State JC Champs 55; Cal MVP 56; CIBA Co-Champs 57; NCAA Champs 57

## Brady Stewart

Basketball Guard  
(Oregon St); TOC All-Star 65; EX All-Metro 66

## Ron Swanson

Baseball Outfielder

(Contra Costa JC); All-East Bay 75; played fb in college

## Don Taber

Baseball Pitcher  
American Legion State & Western Region Champs 53

## Max Tagliaferro

Baseball 2B  
(West Contra Costa JC); State JC Champs 55

## Clarence Taylor

Track 440yds  
NCS Champ 66 (49.0) & 67 (48.4); 2nd State Meet 67 (47.8)

## James Thomas

Track 180ydLH  
NCS Champ 51 (20.4)

## Jim Thompson

Baseball Outfielder  
(West Contra Costa JC); Member American Legion State & Western Region Champs 53; State JC Champs 55

## Ngoc Tran

Badminton Singles  
NCS Girls Champ 91 & 92

## Phuong Tran

Badminton Singles  
NCS Champ 85

## Earl Turner

"The Earl of Richmond"  
Boxing Welterweight  
Pro boxer 40-54 (56-38-11, 30 KO's); California State Champ 47

## Reuben Vargas

Boxing Heavyweight  
National AAU Champ 54; Pro boxer 55-59 (18-8-0); State Champ 57-58

## Jose Vasquez

Soccer Defender  
(Holy Names Univ); All-East Bay 2009; Cal Pac Champs 10

## Carlos Venegas

Soccer Midfielder  
All-Times 2006

## Leroy Walker

Basketball Guard  
(Contra Costa JC & Utah St); TOC All-Star 60; All-East Bay 61; Chron All-[Metro 61; Chron Metro POTY 61; EX All-Metro 61; All-Nor Cal 61; Harlem Globetrotters

## Reeve Watkins

"Bud"  
Baseball/BK Pitcher/Center

# Contra Costa County

(San Mateo JC & COP); COP bb MVP; PCL Sac Solons 52-60, Hawaii Islanders 61-62; played bk in college; Member Ft. Ord Team World Service Champs 54; pitched last PCL gm in Seals Stadium 57; UOP Athletic Promotions Director 78-83; UOP HOF

## Charles Weaver

“Charlie”  
FB/Wrestling LB/191 lbs (Arizona Western JC & USC); All-East Bay 66; NCS Champ 67; North-South Prep All-Star Gm 67; National JC Champs 68; Pac-8 Champs 69; Rose Bowl Champs 70; College AA 69 & 70; East-West Shrine Gm 71; Det Lions 71-81, Wash Redskins 81; Det Lions Defensive MVP 76 & 77; wrestled in jc; Times All-Time Contra Costa FB Team 94

## Glen Whalen

Football Halfback  
(Univ of California); Oakl Giants 45 (PCFL)

## Mike White

Track 400/800mtrs  
(Univ of California); NCS Champ 77 (48.2), (1:53.2) & 78 (48.1), (1:54.2); 3rd State Meet 77 (1:51.8); prep pr 77 (48.08)

## Tyler Wilbon

“T”  
BK/Track Center/HJ  
(West Contra Costa JC & Utah St); Chron All-Metro 55; TOC All-Star 55; NCS Champ 56 (6-2-tie); prep pr 56 (6-5); RH rcd pts season 59 (489), career 54-56 (891); US ldr season reb 61 (345); also played fwd in college; US Co-Captain 61

## Charlotte Wiley

BK/Softball 3B/Shortstop  
(Diablo Valley JC, Contra Costa JC, Cal St Fullerton & Cal St Hayward); All-East Bay 86 & 87 (bk); All-Nor Cal 87 (bk); JC AA 88 (sb); JC All-State 88 & 89 (bk); JC State Champs 89 (bk); played sb DVJC & bk at CCJC; only female in district history MVP in 2 different conferences same yr 89; arguably greatest female athlete in JC district history; CSF ldr BAvG 90, hr 91; CSH ldr BAvG 92 (.478); CSH rcd season 92 hits (77), hr (9), rbi (56); DVC HOF; CCC HOF (bk); CCCWBCA HOF

## Doyle Williams

Baseball Catcher  
(West Contra Costa JC); State JC Champs 55

## Michael Williams

Basketball Forward  
All-East Bay 79; All-Nor Cal 79; RH ldr season pts avg 79 (24.2)

## John Wincham

Track Broad Jump  
NCS Champ 52 (22-6 3/4)

## Dick Witham

Track 120ydHH  
NCS Champ 49 (15.5)

## Andy Wolfe

Basketball Guard  
(Univ of California & UOP); Cal-Hi State POTY 42; PCC Champs 46; PCC So Div Champs 48; All-PCC So Div 46-48; AA 48; AAU AA 50 (Stewart Chevrolet); RH rcd gm pts 42 (34); PCC So Div ldr season pts 46 (177); UC rcd career pts 46-48 (1,112), ldr season pts avg 46 (13.4), ft pct 47 (.679), 48 (.679); Cal HOF; Pac-10 Hall of Honor; Cal All-Century Bk Team

## Jim Wright

“Jiggs”  
Baseball Pitcher  
StL Browns 27-28; PCL Sea Indians 29; known for his colorful personality

## Riverview Union High

### Antioch

(estab. 1911; closed 1931; also served Pittsburg)  
(building houses Antioch Historical Society & Sports Legends Hall of Fame)

## George Ackerman

“Bus”  
FB/Baseball Tackle/OF  
(St. Mary's College); FWC Champs 27-29; AA 29; East-West Shrine Gm 30 (Jan); played minor league baseball; Antioch's 1st AA; SMC HOF; Antioch Sports Legends HOF

## Jake Ackerman

Baseball Pitcher  
PCL Oakl Oaks 32, SF Seals 33; brother of George Ackerman, see above

## Bill Beasley

Football/BB HB/QB/Inf  
(St. Mary's College); Century of Progress East-West Gm (fb) 33; played minor league baseball; Antioch Mayor 50-53; SMC HOF (fb & bb); Antioch Sports Legends HOF; brother-in-law of George Ackerman, see above

## Salesian High Pride

### Richmond

(estab. 1927)  
(formerly Chieftains)

## Mike Alcott

Football Center  
All-East Bay 65; Catholic Monitor All-Nor Cal 65; Salesian HOF

## Ray Allen

Basketball Guard  
All-East Bay 66; Catholic Monitor All-Nor Cal 66; TOC All-Star 66; SH ldr season 66 pts avg (20.2)

## Dominic Artis

Basketball Point Guard  
(Univ of Oregon); All-East Bay 2011; graduated 12 from Findlay Prep, NV

## Ron Barnes

Baseball/Bk Umpire/Referee  
PCL 80-97; National League 90-94; NCAA umpire; Supervisor umpires PCL, Arizona Winter Lg & Golden BB Lg; Harlem Globetrotters bk referee 2004-

## Jahvid Best

Track/FB 100/200mtrs/RB  
(Univ of California); Gold Medalist Jr. Olympics 05; NCS Champ 06 (10.78), (21.88) & 07 (10.44), (20.92); 3rd State Meet 06 (21.28); State Champ 07 (10.31); 2nd State Meet 07 (20.65); All-Times 06; Times OPOTY 2006; All-East Bay 06; East Bay OPOTY 06; Chron All-Metro 06; Chron POTY 06; Cal-Hi POTY (small schools) 06; Parade AA 06; State Div. 4 AOTY 07; Times T&F AOTY 07; Times AOTY 07; East Bay Cream of the Crop (fb) 07 #; UC Freshman MVP 07; UC Special Teams MVP 07; All Pac 10 07 (special teams); All-Pac-10 08; Emerald Bowl Champs 08; Emerald Bowl MVP 08; UC Co-OPOTY 09; #1 pick 10 Det Lions, Det Lions 10-11; NCS rcd gm tds 2006 (8) vs King's Academy (SC); NCS rcd 2006 rush yds (3,224), tds (44-tie); NCS rcd career 2004-06 rush yds (6,379), tds (91), pts (546); NCS rcd 07 (10.37), (20.65); UC rcd 09 yds per carry (8.1), gm 09 tds (5-tie); Pac-10 ldr gm 08 yds avg (131.67), all purpose yds (183.7), kick ret yds avg (26.3); Cal-Hi Player of the Decade 2000s (small schools)

## Jabari Bird

Basketball Guard

# Contra Costa County

(Univ of California); MaxPreps Div 4 All-State 2011; Times POTY 12 & 13, Cal- Hi All-State 12 & 13, Chron All-Metro 12 & 13; McDonald's AA 13; SportsStars POTy 13; SH ldr 13 avg (17.2); also attnd Benicia High (Sol); son of Carl Bird, Cal bk player

## Andy Bresolin

Football                      Offensive Tackle  
(Univ of Washington); EX All-Bay Area 77; Pac-10 Champs 80 & 81; Rose Bowl Champs 82; Salesian HOF

## Jabari Brown

Basketball                      Guard  
(Univ of Oregon & Univ of Missouri) Cal-Hi All-State (freshmen) 2008; MaxPreps Div 4 All-State 2008; transfer to Findlay Prep, Las Vegas, NV, as sophomore 09 & to Oakland High (A) where he was All-OAL as junior 10

## Byron Stanley Brown

“Stan” (known by middle name)  
“Touchdown”  
Football                      Halfback  
(Purdue Univ); Catholic Monitor All-Nor Cal 65 & 66; All-East Bay 66; All-Nor Cal 66; State POTY 65 & 66 (small schools); Scholastic Magazine AA 66; North-South Prep All-Star Gm 67; Clev Browns 71; Winnipeg Jets 73 (CFL); State rushing ldr 65 (1,516 yds); SH rcd 447 yds vs Tracy High; avg 216 yds per gm 66; NCAA ldr season 69 kr yds 69 (698), kr yds avg (26.8), 70 (638), (33.0); NCAA rcd most kr td season 70 (-tie); Big 10 ldr pts 69 (108); PU rcd gm ko ret yds 69 (184), season 69 (698), career 68-70 (1,412), ko ret yds avg gm 69 (39.5), season 70 (33.6), career 68-70 (28.8), ldr season ko ret yds 69 (698), 70 (638); Cal-Hi Player of the Decade 60s (medium schools); East Bay Prep HOF

## Madison Burfict

Football                      Utility/DB  
(Univ of California); EX All-Metro 91; All-East Bay 91; All-Times 91; Cal-Hi All-State (small schools, multi-purpose) 91; East Bay Cream of the Crop 92 #8

## Rex Daniels

Baseball                      Catcher  
Catholic Monitor All-Nor Cal 65

## Imani Dhahabu

Basketball                      Center  
(Univ of Miami); All-Times 2003; Cal-Hi Div 4 All-State 2003; left UM after sophomore year

## Dennis Ferguson

Baseball                      3B  
Catholic Monitor All-Nor Cal 65

## Leo Giacomelli

Football                      Defensive Line  
(Univ of California); All-East Bay 72; Salesian HOF

## Ray Giacomelli

Football                      Linebacker  
(Univ of Washington, Contra Costa JC & Oregon St); All-Nor Cal 83; East Bay Cream of the Crop 84 #10; Salesian HOF; brother of Leo Giacomelli, see above

## Bruce Hall

Baseball                      Pitcher  
Catholic Monitor All-Nor Cal 65

## Andre Harris

Football                      Defensive Back  
All-Nor Cal 84

## Adam Jinpam

Football                      Linebacker  
(CCSF); JC State Champs 2011

## Danny Johnson

Golf  
(Holy Names Univ); Cal Pac Champs 2011

## Myron Jordan

Basketball                      Guard  
(UOP); All-East Bay 73; TOC All-Star 73; All-PCAA 76 & 77; UOP MVP 77; Head Coach St. Mary's High (A), Alameda JC 94-; AD Alameda JC; SH ldr season 73 pts avg (21.7); UOP ldr season pts avg 77 (13.8)

## Jocelyn Leche

Softball                      2B  
(USC); All-Times 2001; played soccer (defender) in college; USC ldr asst 04 (5); pro trainer; also attn Pinole High (CC)

## Mike Linteo

Football                      Tight End  
EX All-Bay Area 82; All-East Bay 82

## Kamil Loud

(Cal Poly-SLO); Buff Bills 98-99; Calg Stampeders 2001-02 (CFL); Cal Poly rcd season recep 96 (90), recep yds 95 (1,098), career 94-97 recep (169), yds (3,124); also attnd El Cerrito High (CC)

## Marcial Malic

Football                      Defensive Back  
MaxPreps Div 4 All-State 2010

## Vanessa Martinez

Softball                      Pitcher  
(Centenary College & Sacramento St); ANG Best of the Best 2001

## Bernard McGrew

Football                      Defensive End  
All-East Bay 67

## Mariya Moore

Basketball                      Forward  
(Univ of Louisville); Cal-Hi All-State (freshman) 2011; Chron All-Metro 12 & 13; Chron Metro POTY 13; All-East Bay 13; SH ldr 13 avg (18.8), reb (8.1), assts (6.8), stls (4.0)

## Gary Morales

Football                      Guard  
All-East Bay 79

## Maren Morales

Softball                      Outfielder  
Cal-Hi All-State 98 (small schools)

## Michael Musto

Weightlifting                      220lb  
(Diablo Valley JC, St. Mary's College & Stanford Univ); Police & Firefighter State Champ Masters B Div 2002; Police & Firefighter World Champ twice

## Amanda Owens

“AO”  
Soccer                      Forward  
(Loyola Marymount Univ); Member Under-15 National Team 2005; also attnd Monte Vista High (CC)

## Jeff Pettaway

Football                      Linebacker  
(Contra Costa JC & Southern Univ); All-Times 91; Cal-Hi All-State (small schools) 91; East Bay Cream of the Crop 92 #16; did not play fb in college

## Christina Raine

Softball                      Catcher  
(San Diego St); Cal-Hi All-State (small schools) 2006; did not play in college

## James Robinson

Football                      Offensive Line  
(CCSF & UTEP); East Bay Cream of the Crop 2008 #10

## Brandon Ruffin

Track                      Sprints/Jumps  
(Cal St Northridge); Big West Champs 2007

## Andrea Salvador

“Drea”  
Soccer                      Forward  
(Solano JC & Fresno St); JC AA 2006; NSCAA Div 3 POTY 2006;

# Contra Costa County

WAC Champs 2006; State JC ldr goals 2006 (26)

## Taggie Sharpe

Football Wide Receiver  
All-East Bay 75; All-Nor Cal 75

## Daveeta Shepherd

Track 100HH/300mtrLH  
(Barton County CC & San Diego St); NCS Champ 95 (14.07), (42.9); 3rd State Meet 95 (43.13); also attnd Encinal High (A), De Anza High (CC) & Kennedy High (CC)

## Desmond Simmons

Basketball Forward  
(Univ of Washington); All-East Bay 2009 & 10; East Bay MVP 2009; Chron All-Metro 2009 & 10; Metro East Bay POTY 10; MaxPreps Div 4 All-State 2009; State Div 4 Final rcd fg 2009 (12)

## David Singleton

Basketball Guard  
(San Mateo JC & Univ of Central Missouri); Cal-Hi Div 4 All-State 2006; played fb (qb) in jc & college

## Carlos Soto

Soccer Forward  
(Cal St Hayward); All-Cal Pac 2000; Cal Pac ldr season pts 2000 (50); CSH rcd season goals 2000 (23)

## Freddie Tagalao

Football Offensive Line  
(Univ of California); Cal-Hi All-State 2009 & 10 (small schools), All-State 10, All-State (underclass-junior) 10; All-East Bay 10 & 11; Chron All-Metro 10 & 11; Metro East Bay POTY 11; MaxPreps Div 4 All-State 10; Cal-Hi All-State 11; BANG Cream of the Crop 12 #2

## Mike Talps

Baseball Coach  
(St. Mary's College); Head Coach bb & girls bk 80- & AD Head Royce High (A); ABCA Region 8 COTY 2004 (bb), NCS Div 5 Champs 99, 05, 12-13 (bb); NCS Div 4 Champs 09, 2000 (girls bk); NCS Honor Coach bb 95 & bk 99

## Gene Taylor

Football Wide Receiver  
(Contra Costa JC & Fresno St); TB Buccaneers 87-88, NE Patriots 91

## Malina Terrell

Volleyball Middle Blocker  
(USF); All-East Bay 2009

## Kim Thomas

"Bubba"

Football Defensive Line  
All-East Bay 76

## Jennifer Tutass

Judo 63/70kg  
(California Maritime Academy & Univ of Colorado); State Jr. Champ 2003; National High School Champ 2003; National Jr. Champ 2003; U. S. Jr. Open Champ 2003

## Eugene Young

"Choo Choo"  
Football Util/LB/RB/DB  
All-East Bay 76 (util), 77 (lb) & 78 (rb & db); All-Nor Cal 78

## Jonathan Van Looy

Baseball Pitcher  
(Diablo Valley JC); Cal-Hi All-State 2005 (small schools); also All-Times 06 at John Swett High (CC); played of in jc; played minor league baseball; brother of Robert Van Looy, Diablo Valley JC bb player

## Stephanie Vasarhely

Softball Catcher  
(Utah St); Cal-Hi All-State 98 (medium schools); played 3b in college; Head Coach Albany High (CC) 05-; NCS 2A Champs 06; East Bay COTY 08; US ldr season 2002 (9)

## Gene Vigil

Football Quarterback  
Catholic Monitor All-Nor Cal

## Jerry Wanlan

Football Quarterback  
All-East Bay 74

## Andre Wells

Football Wide Receiver  
(CCSF); All-Times 2005; Chron All-Metro 2005; Cal-Hi All-State (small schools) 2005; SH rcd season recep (80), yds (1,216), td (28)

## Jon Wheat

Football Kicker  
All-East Bay 2007

## San Ramon Valley High Wolves

### San Ramon (estab. 1910)

## Brandon Adams

BK/Track Forward/HJ  
(Diablo Valley JC & Univ of Hawaii); All-Times 2006; NCS Champ 2006 (6-6); JC All-State 08; prep pr 6-11

1/4, DVC ldr 07 reb (7.9), blks (1.5), 08 pts avg (13.4), reb (7.1) bcks (1.5); ld UH reb (7.2) 10 , also attn Garfield High, WA

## Autumn Albers

Softball Outfielder  
(Stanford Univ); NSA Western WS Champs 2003; All-Times 07

## Lani Amack

Soccer Midfielder  
(Washington St & UC Irvine); Big West Champs 2010, International competitor Equestrian Triathlon, Silver Medalist National Equestrian championships 06, State Cup Champs (soc); mother Dana ran track Arizona St (pentathlete), sister of Andy Amack, rugby player U.S. Air Force Academy, sister of Stephanie Amack, see Dougherty Valley High (CC), sister of Brady Amack, see De La Salle High (CC)

## John Amandon

Football Defensive Back  
All-East Bay 76

## Dave Anderson

Track 880yds  
(San Jose St); NCS Champ 64 (1:54.8); SRV rcd 64 880yds (1:53.10)

## Emilie Anderson

Water Polo Goalkeeper  
(Univ of California); All-East Bay 2009; National Cup Champs 2005

## Amy Armknecht

SB/Soccer Infielder/GK  
(UC Davis); All-Times 92 (sb); All-East Bay 92 (sb); All-NCAC 94-96 (soc); NSCAA All-Region 95 & 96 (soc); UCD rcd season 96 sho (6), goals against avg (0.79); career 93-96 sho (14), goals against avg (1.06)

## Jillian Armstrong

Soccer Midfielder  
(UC Santa Barbara & Rice Univ); All-East Bay 2007

## Artero

Track Pole Vault  
NCS Champ 38 (11-6-tie)

## Kirsten Auker

Water Polo Field  
(Univ of California); All-East Bay/North Bay 2004 & 05

## Mindy Bacharach

Water Polo Utility  
(UC Davis); All-Times 2006; All-East Bay 2006; WWPAA Champs 08; member UCD Triathlon Club team;

# Contra Costa County

sister of Kevin & Brian Bacharach,  
see De La Salle High (CC)

## Nicky Baker

Softball 3B  
All-Times 2000 & 01

## Johanna Baran

“Jo Jo”  
Swimming Breaststroke  
(Ohio St); NCS Champ 94 100 bs  
(1:04.88) & 95 (1:04.38); OS Most  
Inspirational Swimmer 2000

## Colin Barber

Track Pole Vault  
(UCLA); NCS Champ 2012 (15-0);  
SRV rcd 2012 (16-7)

## Krissy Barger

“Clark” (married name)  
Tennis Doubles  
(Univ of Oregon); NCS Champs 87

## Sherinne Barlow

Softball Outfielder  
(Cal Poly-SLO); All-East Bay 84;  
played bk in college

## Dave Barton

Football Linebacker  
All-East Bay 84

## Mark Bauhs

Volleyball Setter/Libero  
(UOP); All-Times 2003-05; Times  
POTY 04 & 05; All-East Bay 06;  
UOP season digs per match 08  
(2.31), digs (231), sets played  
(107-tie), digs (208) 09

## Scott Bauhs

CC/Track 3200/5000/1500  
(Chico St); NCS Div 2 Champ  
2003 (16:01); 2nd State Meet 04  
(9:09.16); CCAA CC Champs 05;  
CCAA Champ 06 (9:12.94); CCAA  
Champs 06-08; CCAA Champ 07  
(3:47.37); CCAA Male AOTY 07  
& 08; NCAA Div 2 Champ 07  
10000mtrs (29:31.93); NCAA Div  
2 Champ 08 (14:00.65); NCAA Div  
2 Track AOTY 08; turned pro 08;  
Member Wold CC Team 08 & 10;  
U. S. Club CC Champ 08 (NR);  
Member World Half Marathon  
Team 09; SRV rcd 2004 1600mtr  
(4:15.90); CS rcd 10,000mtrs 07  
(NR); brother of Mark Bauhs, see  
above; son of Tom Bauhs, Head  
Coach vb San Ramon Valley High

## Christine Bayless

Cross Country  
NCS Div. 2 Champ 2011 (17:47);  
SRV rcd 3200mtrs (10:48.43) 12;  
SRV ldr 1600mtrs (5:0148), 800mtrs  
(2:20.70) 12

## Ryan Bettencourt

Football Defensive Back  
(Willamette Univ); All-Northwest  
Conf 2008; Northwest Conf  
Champs 2008

## Logan Bjorkman

Water Polo Hole Set  
(Univ of Michigan); All-Times  
2005; All-East Bay/North Bay 2005

## Sarah Board

Volleyball Setter  
All-East Bay 2011

## Dave Bottom

Swimming Back/Butterfly  
(Stanford Univ); NCS Champ 79  
100 bs (52.8), 80 100 bf (50.596) &  
100 bs (52.601); National Prep rcd  
100 bs 81 (51.11); Pac-10 SOTY 83;  
Head Coach Tar Heel Aqua Racers  
(North Carolina); Tri-Valley Sports  
HOF

## Christina Bowen

“Tina”  
CC/Track 3200mtrs  
(UCLA); UCLA ldr 98 1500mtrs  
(4:25.6); SRVH rcd 3200mtrs 94  
(10:49.40), 1600mtrs 94 (4:59.63),  
800mtrs (2:13.39) 95SRV High HOF

## Devon Bridges

Softball Utility  
(Boise St); All-Mountain West 2011;  
Mountain West POTY 11; BS ldr  
season 2011 BAvG (.393), gms  
(51-tie), hr (16), rbi (53), tti bases  
(101), slug pct (.783), walks (37),  
ob pct (.538), grand slams (3-tie  
National Ldr), all BS rcds

## Allison Brown

Swimming Free/IM  
(Stanford Univ); Pac-12 Champs 2013

## Matt Brown

Baseball Utility/Pitcher  
(Univ of California); Pony WS  
Champs 97; All-East Bay 99 (util);  
All-Times 2000 (util); North-South  
All-Star Series 2000; Member  
American Legion National Champs  
2000; American Legion MVP 2000;  
Pac-10 ldr saves 01 (8); UC ldr so  
03 (66)

## Harmon Bruno

Football DB/Linebacker  
(Willamette Univ); Northwest  
Conf. Champs 2008; All-Northwest  
Conf 10 (lb)

## Nick Buchta

Baseball Pitcher  
(Chabot JC, Oklahoma St &  
Sacramento St); All-Times 2004;  
All-East Bay 2004; Cal-Hi All-

State 2004; JC All-State 05; U. S .  
Sports Specialty Assoc National  
Champs 2001; CJC ldr season 05  
starts (13), wins (8), ip (80 1/3),  
runs (44), hits (74), walks (30-tie),  
so (87)

## Dan Buhler

Wrestling 168lbs  
Nor Cal Champ 65

## Ken Burnside

Track/FB High Jump/WR  
NCS Champ 66 (6-6); 2nd State  
Meet 67 (6-9 1/4-SRV rcd); All-  
East Bay 67

## Josh Butler

Baseball Pitcher  
(Univ of San Diego); All-East Bay  
2003; Mil Brewers 09; USD ldr 04  
gms (26), era 05 (3.42)

## Andy Cabanca

Football RB/Linebacker  
(Chabot JC & Boise St); East Bay  
Cream of the Crop 2005 #16

## Mike Caldwell

Football WR/DB  
(Univ of California); All-East Bay  
88 (both ways); EX All-Bay Area  
88; All-Nor Cal 88; East Bay Cream  
of the Crop 89 #1; North-South  
Prep All-Star Gm 89; SF 49ers  
95-96; UC ldr season 95 recep (55);  
Tri-Valley Sports HOF

## Megan Calderazzo

Water Polo Field  
(UC Santa Barbara); All-East Bay/  
North Bay 2008

## Alex Calleja

Golf  
(Chabot JC); State JC Champs 2011

## Mike Campbell

Football Wide Receiver  
All-East Bay 77; All-Nor Cal 77;  
SRV High HOF

## Nick Candau

Water Polo  
(Pepperdine Univ); All-East Bay  
2011; Member Under-16 & Under-18  
Jr National Teams

## Chris Carter

Football Wide Receiver  
(UC Davis); Sports Focus NCS  
OPOTY 2004; Chron All-Metro  
2004; All-Times 2004; East Bay  
Cream of the Crop 05 #20; Great  
West FB Conf ROTY 06; UCD  
Freshman of the Year 06; All-Great  
West Conf 08 & 09; UCD MVP 09;  
Great West Champs 09; UCD ldr 08  
recep (69), recep yds (768), recep td

# Contra Costa County

(5), 09 recep (89), recep yds (889);  
UCD career ldr 06-09 recep (213)

SRV rcd 100yd bs (NR); mother,  
Karen, Sacramento St sb & bk  
player

Football Linebacker  
(Univ of Colorado); All-Times  
2007 (fb); All-East Bay 2007 (fb)

## Melissa Cartmell

"Larson" (married name)  
Track/Soccer 300mtr LH  
(Univ of Colorado); UC ldr scoring  
97-2000; CU Co-MVP 2000, CU  
ldr season 2000 goals (8), shots  
(75), career 97-2000 pts (60), shots  
(214); SRV rcd 300mtr LH (44.49) 95  
SRV HOF

## Chris Comes

Football Quarterback  
(Univ of North Dakota); Great  
West Co-Champs 2011; ldr SRV yds  
(1,458), td (12) 2010

## Davitt Cunningham

Swimming Free/Butterfly  
(Univ of Arizona); NCS Champ 100  
bf 78 (49.991), 79 (50.1), 200 fs 79  
(1:40.69) SRV rcd 79 100 fs  
(45.43); Tri-Valley Sports HOF

## Jacque Cassell

Soccer Midfielder  
(William Jessup Univ); Cal Pac  
Co-Champs 2011

## Kelsey Comes

Water Polo 2-Meter  
All-Times 2006; All-East Bay 2006

## Kevin Cunningham

Football Defensive Line  
(Santa Clara Univ); All-East Bay 89

## Luke Cherry

Baseball Infielder  
(Chabot JC & East Carolina Univ);  
All-Times 99; All-East Bay 99; JC  
AA 2001; Chabot AOTY 2001;  
played minor league baseball;  
Scout TB Devil Rays; ECU rcd  
season asst 02 (208); Chabot HOF

## Zack Corral

Soccer Midfielder  
All-Times 2008

## James Darnell

Baseball Infielder  
(Univ of South Carolina); All-East  
Bay 2004; played minor league  
baseball; Northwest Lg-West Div  
Champs 08; Midwest Lg-East Div  
Champs 09; SD Padres Minor Lg  
POTY 09; USC ldr season BAvG 06  
(.331); also attnd Upland High &  
Arrowhead Christian High

## Richie Chinn

Baseball 2B  
(Cal Poly-SLO); Member American  
Legion National Champs 2000;  
All-Times 01; Member American  
Legion State Champs 01; Legion  
tourney ldr BAvG 01 (.538)

## Mike Costello

Baseball Outfielder  
(Chabot JC); JC AA 2009

## Amy Couch

Softball Infielder  
(Cornell Univ); Ivy Lg Champs  
2009

## Jamie DaSilva

SB/Track 3B/Shot Put  
All-Times 2003; SRV rcd 04  
(39-2 1/4)

## David Christian

Wrestling 125/132lbs  
(Cal Poly-SLO); NCS Champ  
2003-05; State Champ 05 (132);  
Times WOTY 05; son of Wayne  
Christian, Head Coach wrestling San  
Ramon Valley High

## Bryan Cox

Tennis Singles  
(Westmont College); Times POTY  
2007

## Rick Cox

Track Discus/SP  
NCS Champ 87 (176-7); 2nd State  
Meet 87 (185-0); SRV rcd 87  
(187-3), (58-2)

## Amanda Davis

Soccer Defender  
All-East Bay 2010

## Jackie Davis

Wrestling 114lbs  
NCS Champ 2006

## Jayne Crank

Softball Catcher/3B  
(Chico St); Member National  
Under-18 Champs 2003

## Nathan Davis

Basketball Guard  
(UOP); All-Times 97

## Sean Clark

Golf  
NCS Champ 86 (148)

## Roger Crawford

Tennis Singles  
(Loyola Marymount Univ); high  
school & LMU varsity tennis  
player had artificial leg & birth  
defects to other leg & both arms;  
only NCAA Div 1 athlete to compete  
with four impaired limbs; MVH rcd  
47-6, LMU rcd 22-11;  
Tri-Valley HOF

## Mike Dayton

CC/Track 3200mtrs  
NCS Champ 71 (14:01); SRVH  
rcd 3200mtrs (9:08.00)

## Lauren Claybaugh

Volleyball Outside Hitter  
(Georgia Southern Univ); All-  
Times 2007; also attnd Mahwah  
High, NJ

## Hailey DeGolia

Swimming Butterfly/IM  
(Univ of Arizona); NCS Champ  
03 100 bf (55.38); NCAA Champs  
06 200yd IM relay (American rcd  
1:36.09); Member National Jr  
Team 2002

## Jackie Cliff

Softball Pitcher  
(Diablo Valley JC & Union Univ);  
ANG Best of the Best 2001 & 02;  
TranSouth Conf. Champs 03 & 04

## Kelly Crow

Volleyball Outside Hitter  
(UC Riverside & San Jose St); All-  
Times 2002 & 03; Times POTY 03;  
All-WAC 08; SJS ldr season 08  
kills (386), attck (1,074); daughter  
of Jan Crow, Head Coach vb San  
Ramon Valley High

## Alex Derwar

Water Polo Driver  
(UC Davis); WWPAA Champs 2006

## Jennifer Cohen

Lacrosse Attack  
(Claremont-Mudd-Scripps  
College); SCIAC Champs 2010

## Parker Deuel

Cross Country  
NCS Div 2 Champ 2010 (15:58)  
& 10 (15:05)

## Kirstyn Colonias

Swimming Breaststroke  
(Univ of Tennessee & Univ of  
California); NCAA Champs 2009;

## Tommy Crow

Volleyball Outside Hitter  
(Springfield College); All-East Bay  
2009

## Corey Dolley

Water Polo 2-Meter  
(Diablo Valley JC & Long Beach  
St); AA 95, Nor Cal POTY 95, All-

## Kai Cummings

# Contra Costa County

CIF 95, Member Jr National Team 95 & 97; JC AA 96-97, NCAA AA 99, Member National Team 98-2001; played pro Cataluna (Spain) 03, Head Coach El Dorado High 05 (22-7), San Ramon Valley High 08-

## Craig Dolley

Swimming Free/Medley (Long Beach St); NCS Champ 86 200 fs (1:40.1); Big West Champ 87 200 bs (1:50.50), 200 IM (1:51.41); 88 200 bs (1:48.27), 500 fs (4:27.83), 89 200 fs (1:49.32), 200 IM (1:50.17)

## Dani Douglas

Soccer MF/Forward All-Times 2005

## Barbara Downs

Tennis Singles/Doubles State 12 Champ 66; National Hard Court 12 Champ 66; Pacific Coast 12 Champ 66; Pacific Coast 14 Champ 68; National Hard Court 14 Champ 68; National Hard Court 16 Champs 69 & 70; USTA National Champs 70, with Anne Kiyomura, see Burlingame High (SM); Pacific Coast 16 Champ 70; U. S. 16 Champ 70; played pro

## Meghan Doyle

Soccer Midfielder Member Under-15 National Champs 2004

## Jerry Draper

Wrestling 148lbs NCS Champ 88

## Jennifer Dreessen

Basketball Forward (Notre Dame de Namur Univ); All-Pac West 2009; NDNU ldr reb 2009 (6.6)

## Lynn Duerson

Softball Infielder All-East Bay 82

## Craig Dukes

Football Defensive End (Univ of Oregon); Pac-10 Co-Champs 2000; Pac-10 Champs 01; brother of Sarah Dukes see Carondelet High (CC)

## Kevin Dunne

Basketball Forward (Santa Clara Univ); EX All-Bay Area 91; All-East Bay 91 & 92; All-Times 91 & 92; Times POTY 91; All-Nor Cal 91 & 92; Cal-Hi All-State (junior) 91; Cal-Hi Div 2 All-State 91 & 92; Ex All-Metro 92; WCC Co-Champs 96 & 97; CIF Nor Cal Div 2 Final Gm rcd 92 fg (13); SCU ldr

season 94 reb avg (6.2), fg pct 94 (.505), 95 (542), bcks 94 (11-tie)

## Max Dutto

Baseball Infielder (Univ of California); All-East Bay 2011; Cal-Hi All-State (underclass) 2011; father Rob Dutto, pro tennis player

## Dave Edison

Football Defensive Back EX All-Bay Area 81; All-East Bay 81; All-Nor Cal 81

## Bobby Edwards

Soccer Forward (Stanford Univ); State Cup Champs 2009; twin brother of Ashley Edwards, UC Davis soccer player; son of Cameron Edwards, UOP bk player; nephew of Ralph Holding, see Antioch High (CC)

## Jackson Egan

Lacrosse Attack (Cal Poly-SLO); WCLL Champs 2010

## Paul Ellis

Baseball Catcher (UCLA); All-East Bay & East By POTY 87; All-Pac-10 90; NCAA Div 1 POTY 90, All-Pac-10 90, played minor league baseball; Tx Lg-East Div Champs 95; UCLA rcd season 90 rbi (83), hit pitch (14), ttl bases (186), int bb (13), SRV High HOF; Tri-Valley HOF

## Allison Falk

“Kirby” (married name) Soccer Defender (Stanford Univ); All-Times 2003 & 04; Times POTY 04; NSCAA AA 04; Sports Focus NCS POTY 04; All-Pac-10 Freshman Team 05; LA Sol 09, Phil Independence 10-11 (WPS); WPS All-Star Gm 10; scored WPS’ 1st goal Wash 09; daughter of Brad Falk, Tufts Univ lacrosse player

## Amy Fazio

“Gilbert” (married name) Soccer Forward (UCLA); All-Times 2000; Parade AA 01; played defender in college; daughter of Ernie Fazio, see St. Elizabeth High (A)

## Kim Feeney

Soccer Defender (Loyola Marymount Univ); All-Times 2006; WCC All-Freshman Team 2006; NSCAA State POTY, 06 AA, NSCAA All-Far West 2006, Member Under-16 National Team, Member two State Cup Champs

## Leland Ferreira

FB/BB/CC/Track (COP); World Jr Pentathlon Champ 33; SRV High HOF

## Danielle Ferraro

Water Polo Field (UCLA); All-East Bay 2010

## Tony Festa

Baseball Infielder (UCLA, Chabot JC & UC Riverside); All-Times 99; All-Big West 2002 & 03; played minor league baseball

## Peter Finlayson

Water Polo 2 Meter Defender (Stanford Univ); NCAA Champs 2002

## Sam Finlayson

Water Polo Field/Util/Hole Set (Stanford Univ); All-Times 2005 (field) & 06 (util/hs); All-East Bay 06 (util/hs); Wendy’s HS National Heisman Award 06; ldr SRV 06 goals (98); brother of Peter Finlayson, see above

## Melissa Fisher

“Fish” (nickname) Water Polo Goalkeeper (Colorado St); All-East Bay/North Bay 2008, CSU ldr saves 11 (245)

## Sean Fitzpatrick

Lacrosse Attack (Cal Poly-SLO); WCLL Champs 2009 & 10

## Rick Foell Sr.

Swimming Diving (Cal Poly-SLO); NCS Champ 81 (412.80); Head Coach Los Banos High; Chairman Pacific/Central Coast AAU

## Kelly Fogarty

Track 100/200mtr (UC San Diego); CCAA Freshman of the Year 2008; CCAA Champ 2008 (11.92), (24.73), 09 (12.01), 10 (11.95), (23.97)

## Dana Foster

BK/Track Discus/LJ/SP/TJ/200 All-East Bay 81 & 82; All-Nor Cal 82; Dana Foster Award honors SRV’s best track athlete; SRV rcd (127-0) 81, (18-1), (37-8), (35-8), (25.19) 82

## Diana Foster

Softball Infielder All-East Bay 80

## Jack Fragie



# Contra Costa County

Football      Offensive Line  
(Univ of Southern Oregon); All-East Bay 2003; All-Times 2003; died unexpectedly at home 06 at age 21

## Dan Francis

Football      Linebacker  
(Stanford Univ); All-East Bay 71

## Justin Fraser

Wrestling      145lbs  
(Cal Poly-SLO); NCS Champ 99; Brazilian Kempo Pro Trainer, Member International Fight Lg, Mixed Martial Arts

## Tracy Frederickson

Tennis      Doubles  
(Foothill JC); NCS Champs 87

## Chris French

Football      Defensive Line  
(Laney JC, San Jose St & San Diego St); EX All-Metro 92

## Bob Frick

FB/Track      100/220yds  
(Univ of California); NCS Champ 35 (9.7), (22.3); State Champ 35 (9.6); National prep ldr 35; school rcd 35 (9.6), (21.5) unbroken into 21st Century; SRV High annual award for best track athlete named in his honor; SRV High HOF; Tri-Valley Sports HOF; also atnd Galileo High (SF)

## Joey Fuca

Basketball      Point Guard  
(The Master's College); All-GSAC 10; TMC ldr season 2009 asst (105), stls (48); 10 asst (118)

## Dean Gallagher

Football      Wide Receiver  
EX All-Bay Area 85

## Keith Garratt

Baseball      1B  
All-Times 2002

## Matt Garratt

Football      LB/FB  
(Univ Colorado); All-Times 2004; All-East Bay 2004; nephew of Randy Grant, see Livermore High (A)

## Dave Geremia

Football      Defensive Tackle  
All-East Bay 73

## Bobby Geren

Baseball      Infielder/OF  
(Princeton Univ); Ivy Lg-Gehrig Div Champs 2011; Ivy Lg Champs 11

## John Gesek

Football      Guard  
(Diablo Valley JC & Sacramento St); LA Raiders 87-89, Dal Cowboys 90-93, Wash Redskins 94-95; also atnd Bellflower High

## Al Ghysels

Football      End  
(San Jose St); All-East Bay 66; North-South Prep All-Star Gm 67; played te in college

## Matt Gibson

Swimming      Freestyle  
NCS Champ 86 50 fs (21.5), 100 fs (46.8)

## Tim Gilhooly

Baseball      Catcher/OF  
(Chabot JC & UOP); Member American Legion National Champs 2000; played minor league baseball

## Jordan Guisti

Basketball      Guard  
(St. Mary's College); WCC Champs 2012

## Amanda Glass

Soccer      Defender  
(Univ of California); Member State Cup Champs 03, 07, 08, All-Times 2008; All-East Bay 09; ESPN AA 09; NSCAA AA 09

## Allison Gold

Water Polo      Driver  
(Univ of California); All-East Bay/North Bay 99; NCS Co-MVP 2000; Prep AA 2000

## Garrison Goodman

Football      Linebacker  
(Univ of North Dakota); All-East Bay 2008; Great West Champs 11

## Simon Graves

Cross Country  
(UC Davis); Big West Champs 2010

## Will Gray

Football      DB/Guard/LB  
(U. S. Military Academy); EX All-Bay Area 85 (db); All-East Bay 85 (g); All-Nor Cal 85 (lb); East Bay Cream of the Crop 86 #18

## Kevin Griffith

Track/CC      800mtrs  
(UC Davis); NCS Champ 2009 (1:54.02), 10 (1:52.15-SRV red); SRVH rcd 1600mtrs (4:15.3) 10 Big West CC Champs 10

## Sarah Griffith

Track      400mtrs  
(UC Davis); NCS Champ 2011 (56.62); SRVH rcd 400mtrs (56.32)

11; sister of Kevin Griffith, see above

## Brandon Grinstead

Football      Offensive Line  
(Univ of Nevada-Reno); WAC Co-Champs 2010; Fight Hunger Bowl Champs 11

## Julieann Grinstead

Soccer      Defender  
(Cal Poly-SLO); Member Under-15 National Champs 2004; Big West Champs 09; All-Big West 09; sister of Brandon Grinstead, see above

## Byron Gruendl

Football      Defensive Back  
(UC Davis); East Bay Cream of the Crop 2009 #15; Great West Conf Champs 2009

## Cori Grundmeier

Water Polo      Driver  
(Cal Poly-SLO); All-Times 2002

## Kari Hagen

Softball      Outfielder  
(Utah St); All-East Bay 89 & 90

## Matt Handlin

Wrestling      129lbs  
NCS Champ 88

## Andy Hanks

Rugby      Wing  
(Univ of California); NCAA Champs 2004 & 05

## Chris Hartley

Wrestling      98/115lbs  
(Diablo Valley JC); NCS Champ 78 & 80

## Kathleen Hartnett

Swimming      Freestyle/Back  
(Bucknell Univ); NCS Champ 90 100 fs (53.27); Member Patriot Lg All-'90s Team; BU rcd 100 bs (58.38); BU rcd 92 100 bs (NR), 200 bs (2:03.61), 200 IM (1:48.0), 400 IM (3:54.96), 93 200 fs relay (1:36.87) 93, 400 fs relay (3:30.09)

## Gerald Hatley

Wrestling 1      22lbs  
NCS Champ 88

## Roger Hawley

Track      Mile  
NCS Champ 39 (4:40.7)

## Kelly Hayes

Swimming      Medley  
NCS Champ 86 200 IM (2:08.8)

## Mike Hayes

Swimming      Freestyle

# Contra Costa County

NCS Champ 93 200 fs (1:42.11)

## Rob Heidger

Volleyball  
(Santa Barbara JC & UC Santa Barbara); played pro 92-06; AVP ROTY 94; AVP Most Improved 95; AVP Sportsman of the Year 96; Member Olympic Team (beach vb) 2000; Member Goodwill Gms Team (beach vb) 01; played bk in JC; Tri-Valley Sports HOF; SRV High HOF

## Darren Heinrichs

Baseball                      Outfielder  
All-East Bay 95; All-Times 95 & 96

## Roy Helu

Football                      Running Back  
(Univ of Nebraska); East Bay Cream of the Crop 2007 #4; All-Big 12 10; Wash Redskins 11; SRVH ldr season rush yds (1,526), 06 (1,085); 09 UN red gm rush yds 10 (307); UN ldr season 10 rush yds (1,245); WR rcd gm 11 recep (14)

## John Henze

Football                      Wide Receiver  
(UCLA); All-East Bay 80; All-Nor Cal 80; Pac-10 Champs 82; Rose Bowl Champs 83

## Scott Herrington

Lacrosse                      Attack  
(Cal Poly-SLO); WCLL Champs 2011

## Shay Hobby

Soccer                      Defender  
(Washington St); All-Times 2000; Soccer Buzz All Freshman West Team 2000, WSU DPOTY 01; WSU Co-MYP 02, Member four State Cup Champs; son of Joe Hobby, Northern Iowa wrestler, & brother of Chris Hobby, Cal Poly-SLO bk player

## John Hochstatter

Baseball                      Pitcher  
(Stanford Univ); SRVH DPOTY 2008; National Under-16 Team 09; National Under-18 Team 10; Under Armour All-Star gm 10; Rawlings All West Region 11

## Kurt Hollmer

Football                      Running Back  
All-East Bay 73; All-Nor Cal 73; SRVH rcd 73 lj (23-1 1/2), tj (44-1 1/4); Tri-Valley Sports HOF

## Guy Houston

Football                      Quarterback

(St. Mary's College); All-East Bay 77; All-Nor Cal 77; played baseball in college; State Assemblyman; Dublin Mayor; SRV High HOF; Tri-Valley Sports HOF; son of Fred Houston, Head Coach fb San Ramon Valley High

## Pete Hovard

Swimming                      Medley  
NCS Champ 81 200 IM (1:55.893)

## Mike Hovsepian

Wrestling                      105lbs  
NCS Champ 85

## Cole Huntley

Rugby                      Prop  
(Univ of California); NCAA Champs 2010; College Premier Div West Conf Champs 11; College Premier National Champs 11

## Lauren Huntley

Soccer                      Defender  
(UC Davis); All-Times 2006; sister of Cole Huntley, see above

## Erica Iverson

"Turner" (married name)  
Soccer                      Defender/MF  
(Univ of Massachusetts); All-Atlantic 10 97; Atlantic 10 tourney MVP 97; AA 97; All-Northeast 96; UMBRO College Select AS Gm 97; Phil Charge 2002-03 (WUSA); All-WUSA 02; WUSA DPOTY 03; wife of Paul Turner pro soccer player

## Mike Jaeger

Football                      Tight End  
(Laney JC & Univ of Missouri-Rolla); All-East Bay 2002; JC State All-Region Two 03

## Trevor Jamison

Swimming                      Freestyle  
San Diego Section Champ 90 50yd fs (21.72); NCS Champ 91 100 fs (46.11); also atnd Poway High

## Dallas Jaye

Soccer                      Goalkeeper  
(Univ of South Florida); Member Guam National Team 2010; also atnd IMG Academy, Florida

## Julie Jenkins

Track                      High Jump  
(Boise St); NCS Champ 91 (5-7) & 92 (5-6); 3rd State Meet 92 (5-9); Big Sky Indoor, Outdoor Champs 94 & 95; SRV rcd 92 hj (5-10), tj (36-4); SRV ldr lj 91 (17-3); 300mtrLH 92 (45.32); Tri-Valley Sports HOF

## Nick Johnston

Football                      Defensive Back

(UCLA & UC Davis); Great West Co-Champs 2005

## Chuck Justice

Wrestling                      145/150lbs  
(Chabot JC); NCS Champ 81; State JC Champ 82 (150)

## Porter Kalbus

Water Polo                      Field  
(Stanford Univ); All-Times 2007; All-East Bay/North Bay 2007; son of Randy Kalbus, Stanford wp player

## Jessica Keeler

Water Polo                      All-East Bay/North Bay 99

## Jim Kehrig

Water Polo                      Driver  
(BYU-Hawaii & Univ of Redlands); All-Times 2004; All-East Bay/North Bay 2004; SCIAC Champs 06

## Mike Kehrig

Basketball                      Guard  
(Humboldt St); CCAA Champs 2007; CCAA Co-Champs 10; brother of Jim Kehrig, see above

## Erin Keller

Basketball                      Center  
(Point Loma Nazarene Univ); All-GSAC 2000-03; GSAC POTY 2000; NAIA AA 03; PLNU MVP 2000-03; PLNU rcd pts gm 01 (40), season 2000 (690); PLNU ldr career pts 2000-03 (2,330), reb (972), fg pct (.543); PLNU ldr sea pts 01 (682), reb (252); fg pct (.576) reb 00 (287), fg pct (.563), 02 ft pct (.813); 03 (265)

## Sam Keller

Football                      Quarterback  
(Arizona St & Univ of Nebraska); All-East Bay 2002; CaliFlorida Bowl Prep All-Star Gm 2002; East Bay Cream of the Crop 03 #3; Sun Bowl Champs 04; Sun Bowl MVP; East-West Shrine Gm 08; LA Avengers 08 (AFBL); SRV ldr 03yds (3,282), td (38); UN rcd sea comp (63.07) 07; comp gm (36) vs USC 07, yds per gm (269.1), gm yds (438) vs Ball St; son of Mike Keller, pro fb player

## Matt Kellogg

Water Polo                      Goalkeeper  
(UCLA); All-Times 2002; NCAA Champs 04; UCLA Most Inspirational 07; Orange County Water Polo Team 10

## Jessica Kim

Water Polo                      Times All-NCS 2003

# Contra Costa County

## Kyle Kirst

Football Linebacker  
(Univ of California); All-Times  
2005; All-East Bay 2005

## Roy Kissin

Track/CC Two Mile  
(Stanford Univ); NCS CC Champ  
74 (14:54); NCS Champ 75 (9:31);  
3rd State Meet 75 (8:56.2); SRV  
rd 1600mtrs (4:15) & 3200mtrs  
(8:53.1); SRV High HOF; Tri-Valley  
Sports HOF; father of Peter Kissin,  
Redwood High (M) & Haverford  
College runner

## Kat Klass

Water Polo  
All NCS D1 2012; NCS D1 MVP  
2012; 1d SRV goals (132) 2012;  
member U.S. National Youth Team  
13; Youth Pan American Champs 13;  
daughter of Craig Klass, see Las  
Lomas High (CC)

## Zach Kline

Football Quarterback  
(Univ of California); All-East Bay  
2011; East Bay OPOTY 2011;  
Chron All-Metro 2011; MaxPreps  
Div. 1 All-State 11; Cal-Hi All-State  
11; BANG Cream of the Crop  
12 #1; SRVH ldr season 2011 pass  
att (341), comp (230), yds (3,630),  
td (36)

## Jeff Kopp

Football Linebacker  
(USC); All-East Bay 89; EX All-Bay  
Area 89; Cal-Hi All-State 89; East  
Bay Cream of the Crop 90 #2;  
Pac-10 Co-Champs 93; Freedom  
Bowl Champs 93; Cotton Bowl  
Champs 95; Mia Dolphins 95, Jac  
Jaguars 96-98, Balt Ravens 98;  
NE Patriots 99; SRV High HOF

## Mike Kopp

Wrestling 178/175lbs  
(Cal St Bakersfield); NCS Champ  
87; State Champ 87 (undefeated);  
Competitive Cat 3 racing road cyclist  
(Taleo Racing); Tri-Valley Sports  
HOF; SRV HOF

## Sean Kunde

Water Polo Goalkeeper  
(Univ of Redlands & Univ of  
Colorado); SCIAA Champs 2006

## Bob Ladouceur

Football Coach  
(Univ of Utah, San Jose St & St.  
Mary's College); Head Coach De La  
Salle High (CC) 78-2013 (399-25-3);  
Head Coach (North) North-South  
Prep All-Star Gm 89; National HS  
COTY 95; NFL National HS COTY

95; CCA COTY 89, 96; State COTY  
96; USA COTY 95, 98, 2001, 03; East  
Bay COTY 2001; Parade COTY  
2001; Times COTY 2002, 04; NCS  
Champs 84-86, 88-90, 92-12; State  
Champs 07, 09-11; Nor Cal Open Div  
Champs 12; DLS National rd 151  
straight wins 91-04; State rd  
coaching wins thru 2011  
(383-25-3); Times All-Time Contra  
Costa FB Team 94; National  
Federation of State High School  
Assoc HOF; SRV High HOF; Tri-  
Valley Sports HOF; San Jose Sports  
HOF; father of Jennifer Ladouceur,  
see California High (CC)

## Caitlin Lahonta

"Cal"  
Soccer Midfielder  
All-East Bay 2011

## Patrick Lancaster

Lacrosse Goalkeeper  
Prep AA 2007

## Jordan Latendresse

Lacrosse Defense  
(Cornell Univ); Prep AA 2011

## Richard Lawton

Wrestling 115lbs  
Nor Cal Champ 65

## Ed Le Cara

FB/Wrestling/Track  
(Rocky Mountain Univ); Head  
Coach wrestling San Ramon  
Valley High; Member National  
Athletic Training Assoc; Head  
Trainer U. S. Indoor National  
Soccer Team & Calif Cougars  
(MLIS); SRV High HOF

## Katie Lee

Track/CC 5000mtrs  
(Chico St); CCAA Champ 2003  
(17:29.30), 04 (17:19.75); CCAA  
Champs 04; CCAA CC Champs  
04 CS rd 3000mtrs (9:45.0),  
5000mtrs (17:02.0), 10000mtrs  
(35:23.0)

## Grace Leer

Soccer Forward  
(Univ of California); All-Times  
2008; All-East Bay 09; East Bay  
AOTY 09, ESPN Rise All Area  
Team 09, NSCAA AA 09; brother of  
Chris Leer, UC Davis soccer player

## Janelle Lindsay

Basketball Guard  
All-East Bay 89; All-Nor Cal 89

## Curtis Link

Wrestling 148lbs  
NCS Champ 80

## Corbin Louks

Football Quarterback  
(Univ of Utah & Univ of Nevada-  
Reno); All-Times 2006; All-East  
Bay 2006; Chron Contra Costa/  
Tri-Valley POTY 2006; East Bay  
Cream of the Crop 07 #2; Poinsettia  
Bowl Champs 07; MWC Champs  
08; Sugar Bowl Champs 08; WAC  
Co-Champs 10; Fight Hunger Bowl  
Champs 11; played qb at Utah &  
safety/wr at Nevada; SRH ldr 06 pass  
yds (2,489) & td (26); son of Rob  
Louks, fb player Univ of Evansville

## Anders Lovell

Lacrosse  
(Siena Univ); Prep AA 2004

## Kim Lowe

"Halladay" (married name)  
Soccer Midfielder  
(BYU); WAC Champs 97; MWC  
Champs 99 & 2000

## Jessica Luckhardt

Lacrosse Midfielder  
(UC Davis); U. S. Lacrosse AA 2005

## Ryan Lymangrover

Baseball 1B/DH  
(Chabot JC & Cal St Hayward);  
Member American Legion National  
Champs 2000; Co-winner Rawlings  
Big Stick Award 2000

## Cari MacPhail

Water Polo Attacker  
(UC Davis); WWSA Champs 2008;  
cousin of Larry MacPhail, MLB  
HOF executive

## Zack Madonick

Football Defensive Line  
(Univ of Nevada-Reno); All-Times  
2006; All-East Bay 2006; East Bay  
Cream of the Crop 07 #16; WAC  
Co-Champs 10; Fight Hunger  
Bowl Champs 11

## Mark Madsen

"Mad Dog"  
Basketball Forward  
(Stanford Univ); EX All-Metro 94;  
EX All-East Bay & Metro POTY  
94; All-East Bay 94; East Bay  
POTY 94; All-Times 94; Times  
POTY 94; Cal-Hi Div 2 All-State  
94; National High School Coaches  
Assoc East-West All-Star Gm 94;  
All-Pac-10 99 & 2000; Pac-10  
Champs 98; Gold Medalist World  
University Gms 99; AA 99; LA  
Lakers 01-03, Minn Timberwolves  
04-09; NBA Champs 01-02; 1st rd  
pick (29th overall); SRVH ldr gm  
pts season 94 (47); Pac-10 ldr  
2000 fg pct (.587), reb per gm  
(9.4); SU ldr season reb avg 99

# Contra Costa County

(9.0), 2000 (9.3); SRV High HOF; Tri-Valley Sports HOF; brother of Paul Madsen, Colorado St football player (dl)

## Bill Main

Football Halfback  
(Univ of California); PCC Co-Champs 48

## Ted Main

Track 220ydLH  
NCS Champ 36 (25.9)

## Kevin Mangels

Baseball 1B  
(Chabot JC, UC Riverside & St. Mary's College); Member American Legion National Champs 2000; Member American Legion State Champs 01; JC All-State 02; All-Big West 03; CJC ldr season 02 gm (41-tie), ab (170), hits (72), BAvg (.424), rbi (52), dbls (15), hr (12), walks (22), so (26-tie), slug pct (.724)

## Steve Marhenke

Baseball Pitcher  
All-Nor Cal 79

## Paul Martinez

Football Kicker  
(Univ of Oregon); All-Times 2002; All-East Bay 2002; Chron All-Metro 2002; East Bay Cream of the Crop 03 #13; Sporting News Pac-10 All-Freshman 03; Pac-10 rcd fg gm 05 (6-tie); NCAA rcd fg in half 05 (5); NCAA ldr season fg per gm avg 05 (2.11) 05. UO ldr pts 05 (81), punt avg 04 (37.0)

## Sarah McGinn

Horse Racing Jockey  
(Cal Poly-SLO & Cal St East Bay); Pro jockey 2010-

## Dave McKae

Baseball Pitcher  
(UC Davis); competed in alpine skiing in high school; All-CCAA 04; pitched UCD 1st 9-inning no-hit gm vs Fort Hays St 04; played minor league baseball; South Atlantic Lg-South Div Champs 06; UCD ldr season 2002 era (2.92), so (74), gms season (23)

## Michael McColgan

"M. J."  
Golf  
Special Olympics Nor Cal Title 2001-07, National Special Olympics Champ 3 times; Member Team USA 03; Special Olympics World Summer Gms 04, Level 3 Gold Medalist National

Invitational 04; co-author with father of books, "Five Cardinal Sins of Golf", "101 Superstitions of Golf", "Walking With Tiger", Tri-Valley Sports HOF; SF Bay Area HOF, Michigan Sports HOF; Athletes With Disabilities HOF; SRV High HOF; Tri-Valley Sports HOF; Michigan State HOF (golf)

## Eric McDonough

Basketball Forward  
(Univ of California); All-East Bay 86 & 87; EX All-Bay Area 87; All-Nor Cal 87; SRVH rcd gm pts 86 (48), ldr season pts avg 86 (22.9), 87 (19.5); Tri-Valley Sports HOF

## Ron McGahey

Football Defensive Line  
All-East Bay 80

## Torey McGaw

Soccer Defender  
(Univ of California); All-East Bay 2009; Pac-10 Champs 10

## Bill McMillen

BK/FB/Track Guard/End/440yds  
(Stanford Univ); All-Nor Cal 57; 3rd State Meet 57 (48.6); North-South Prep All-Star Gm 58 (fb); 14 letters in six sports at SRV High; SRV rcd 57 440 (48.40) & 880yds (NR), lj (21-1); SHR rcd gm 57 pts (46); Tri-Valley Sports HOF; SRV HOF

## Roderick McMillen

"Rick"  
FB/BK/Track/CC/Ten Swim  
(Stanford Univ); 12 letters in six sports at SRV High; played rugby in college; SRV HOF; Tri-Valley Sports HOF; brother of Bill McMillen, see above

## Chris McNealy

Basketball Guard  
(UC Irvine); All-East Bay 2010; Chron All-Metro 10; son of Chris McNealy, San Jose State bk player

## Emily Mearns

Soccer Forward  
(BYU-Hawaii); All-Pac West 2006, 08-10; Pac West Freshman of the Year 2006; Pac West Champs 07 & 08, CCAA Champs 08; Pac West Champs 10; Pac West ldr season 09 pts (31)

## Patti Melchior

Basketball Forward  
(Sacramento St); All-East Bay 85; SS rcd season 90 3pt pct (.413), career 3-pt pct (.392)

## Craig Miller

Wrestling 247lbs  
NCS Champ 87

## Paul Miller

Baseball Catcher  
All-East Bay 75

## Perry Miller

Wrestling 125lbs  
NCS Champ 91

## Matt Moore

Water Polo  
(Solano JC & California Baptist Univ); All-East Bay/North Bay 99; SRV rcd career assts (101)

## Meghan Moore

Water Polo Field  
(Loyola Marymount Univ); Times All-NCS 2003; All-East Bay/North Bay 04; All-Times 04; WWPA Champs 07, 09 & 10

## Katie Mulloy

Tennis Singles/Doubles  
(UC San Diego); CCAA Team Champs 2010

## Mike Myers

Baseball Pitcher  
(UC Santa Barbara); Member Little League Western Region Champs 78; All-East Bay 83; All-Nor Cal 83; played minor league baseball; Northwest Lg-North Div Champs 87; South Atlantic Lg-South Div Champs 88; Midwest Lg-South Div. Champs 89

## Marissa Neel

Swimming Butterfly  
(UC Santa Barbara); NCS Champ 2010 100 bf (53.60), NCS Champs 200 medley relay (1:42.36) 12; National Youth Team 2010; holds 4 SRH recds

## Tracy Nelson

Softball Infielder  
All-Times 94

## Dan Noecker

Football Tackle  
(Utah St); Skyline Conf Champs 60 & 61

## John O'Donnell

Football Linebacker  
(Utah St); All-East Bay 73

## Tim O'Donnell

Football Defensive Back  
All-East Bay 74

## Lew Olsen

Baseball Pitcher  
All-East Bay 72 & 73; All-Nor Cal 73; played minor league baseball;

# Contra Costa County

Pioneer Lg Champs 73; Midwest Lg-North Div Champs 75; American Assoc-East Div Champs 76-77; Tri-Valley Sports HOF

## Betzy O'Neill

Water Polo Goalkeeper (Univ of Notre Dame); All-East Bay/North Bay 2004; Collegiate WP Assoc Midwest Div All-Conf 08

## Bridget O'Neill

Water Polo Driver (Univ of Notre Dame); All-Times 2002; Collegiate WP Assoc Midwest Div All-Conf & MVP 08; sister of Betzy O'Neill, see above

## Pat Ozenne

FB/BB/BK/Golf End/Guard (Chabot JC); East Bay AOTY 65; CJC rcd season int 65 (7); played db in jc; Chabot HOF

## Steve Pacheco

Wrestling 122/119lbs NCS Champ 84 (122); State Champ 84 (119)

## Joey Pangelinan

Wrestling 103/105/108/126lbs (Cal Poly-SLO); NCS Champ 83 & 84; State Champ 84; Pac-10 Champ 89 (126)

## Gabrielle Parisella

"Gabby" Soccer Midfielder (Loyola Marymount Univ); All-Times 2007; All-East Bay 2007

## Bria Park

Soccer Midfielder (Cal Poly-SLO); Big West Champs 2009; also attnd Monte Vista High (CC)

## Matthew Parry

Tennis Doubles NCS Champs 2003

## Michael Parry

Tennis Doubles (UC Davis); NCS Champs 2003; brother of Matthew Parry, see above

## Katie Pedlowe

Soccer Forward (Point Loma Nazarene Univ); All-GSAC 2009 & 10; GSAC Champs 11; PLN ldr season asst (4), pts (10)

## Jack Pentlarge

Swimming IM/Breaststroke (UC Santa Barbara); NCS Champ 86 200 IM (1:51.4), 100 bs (58.2)

## Chris Pettit

Baseball Pitcher All-Times 94

## Katja Pidel

Swimming Diving NCS Champ 2009 (404.95) & 10 (384.20)

## Lindsay Pierce

Soccer Midfielder (Univ of Oregon); Member Under-15 National Champs 2004

## Kristine Pigeon

"Kristy" Tennis Singles/Doubles (Mills College); State 14 Champ 64; Pacific Coast 14 Champ 64; U. S. 14 Champs 64; Pacific Coast 16 Champ 65 & 66; National Hard Court 16 Champ 66; Pacific Coast 18 Champ 67; National Hard Court Mixed Champs 67; State POTY 67; U. S. Champ & Champs 68; Wimbledon Girls Champ 68; ranked Top 10 U. S. 68-70; SRV High HOF

## Pitts

Track 110ydHH 3rd State Meet 37 (NR)

## Rob Plato

Football Offensive Tackle All-East Bay 73

## Leanne Pohls

Soccer Defender (Univ of Washington); Member Under-15 National Champs 2004

## Casey Pond

Water Polo (UC Santa Barbara); All-NCS D1 2012

## Ryan Pong

Wrestling 105lbs NCS Champ 99

## Marci Porter

"Lucier" (married name) Rowing/Sailing Pairs/4-Oar/8-Oar (UC Davis); Olympic Festival Women's 8-Oar & 4-Oar Champs 89 & 90; U. S. Rowing Sr. Champs 90; Member National Rowing Team 91-93; Pan American Gms Women's Pairs Champs 91; National Women's 8-Oar, 4-Oar & Pairs Champs 92; National Women's Pairs Champs 93; Member Olympic Team 92; Member America's Cup Elle Racing Team 95; Tri-Valley HOF

## Dani Potts

Soccer Forward

(Santa Clara Univ); Member Under-15, Under-16, Under-17 National Teams; All-Times 05; EA Sports AA 05; Soccer Buzz West Region All-Freshman Team 05; WCC Champs 06; granddaughter of Clint Smith, MLB player

## Tom Poulson

Football Offensive Line Chron All-Metro 2004; All-Times 2004; All-East Bay 2004

## Kenny Powell

Baseball Outfielder All-East Bay 87

## Penny Powell

"Leach" (married name) Swimming Backstroke/Free (Cal St Hayward); NCS Champ 79 100 bs (1:00.46), 200 fs (1:54.33); Head Coach San Ramon Valley High; NCS Honors Coach 97; CSH rcd 50fs (24.62), 200fs (1:56.50), 200fs relay (1:39.56), 400fs relay (3:38.58); Tri-Valley HOF; wife of John Leach, San Ramon Valley High water polo coach

## Kelli Prakash

Track Sprints (UC San Diego); CCAA Champs 2007

## Tina Prentiss

Softball Infielder (UC Santa Barbara); All-East Bay 80

## Scott Quinlan

Baseball Outfielder (Chabot JC); All-East Bay 2010; CJC ldr season 11 BAvG (.350), hr (5), slug avg (.573),

## Natalie Radler

Basketball Forward All-East Bay 89

## R. J. Radler

Baseball Infielder (Chabot JC & Cal Poly-SLO); All-Times 92

## Brady Raggio

FB/Baseball TE/Pitcher (Chabot JC & Long Beach St); EX All-Bay Area 89 (fb); All-East Bay 90 (bb); JC State Pitcher of the Year 92; JC AA 92; StL Cardinals 97-98; Az Diamondbacks 03; Fukuoka Daiei Hawks 2000-02 (Japan); Chabot HOF; Tri-Valley Sports HOF

## Bill Ramos

Wrestling 98/109lbs NCS Champ 82 & 83; State Champ 82 & 83; Under-20 National Champ

# Contra Costa County

83; Member Under-20 World Team  
83; Tri-Valley HOF; SRV High  
HOF

## Eldred Ramos

"Murph"  
FB/Track Pole Vault  
(Sacramento JC & Washington St);  
NCS Champ 34 (12-2-0tie); State  
Champ 34 (12-10 1/2-tie); State JC  
Champ 35 (NR); WSU pr (13-10);  
SRV High HOF

## Emily Reder

Volleyball Hitter  
All-East Bay 2012

## Will Rei

Volleyball Middle Blocker  
(Cal Poly-SLO); All-East Bay 2009

## Rick Reynolds

Baseball Pitcher  
All-East Bay 87

## Angelo Richardson

Football Utility/WR  
(Fresno JC, Santa Rosa JC & Arizona  
St); All-Times 2002 (util); JC AA 05;  
National ldr season 05 recep (93),  
recep yds (1,334), recep td (18);  
also atnd Skyline High  
(A); shot & paralyzed from waist  
down leaving an event in SF 2006  
& never played at ASU

## Adam Ricks

Baseball Shortstop  
(Sacramento JC & Univ of Miami);  
Member American Legion National  
Champs 2000; Member American  
Legion State Champs 01; played  
minor league baseball; Pioneer  
Lg-North Div Champs 04;  
Southern Lg-South Div Champs  
08-09; Carolina Lg-South Div  
Champs 09-10

## Roger Riggs

Football Guard  
All-Nor Cal 80

## Beth Ritter

Soccer Goalkeeper  
(UC Santa Barbara); All-East Bay  
2010

## Brian Roberson

Baseball Pitcher  
Member American Legion National  
Champs 2000

## Justin Roberto

Water Polo Defender  
(Stanford Univ); All-East Bay 2010  
& 11; Member National Youth  
Team 11; SRVH ldr season 11  
goals (86), stls (73)

## Chris Rodd

Soccer Defender  
(College of William & Mary &  
USF); NCS POTY 2003; USF Co-  
MVP 06 & 07; All-WCC 07; Bryne  
FK (Norway) 08; played mf in  
college

## Megan Rodriguez

Water Polo  
(Wagner College); All-East Bay  
2011; SRVH ldr season 2011  
goals (89)

## Jenelle Roullier

Swimming Freestyle  
(Diablo Valley JC); State JC Champs  
2008 400yd fs Relay (3:37.75); State  
JC Champs 2008

## Jason Roudnev

Water Polo Field  
All-East Bay/North Bay 2009

## Matt Rudow

Lacrosse Midfield  
(Cal Poly-SLO); WCLL Champs  
09-11; All-WCLL 10 & 11; AA 11

## Ross Rudow

Lacrosse Attack  
(Cornell Univ); All-East Bay 2010;  
Prep AA 2010; played Defense in  
college; brother of Matt Rudow, see  
above

## Omar Samhan

Basketball Center  
(Diablo Valley JC & St. Mary's  
College); Chron All-Metro 2005;  
Chron Contra Costa POTY 2005;  
All-Times 2005; Cal-Hi Div 2 All-  
State 2005; All-East Bay 2005;  
All-WCC 09 & 10; WCC DPOTY  
10; WCC Tourney Champs 10;  
Zalgiris (Lithuania) 11; Member  
Egypt National Team 11; did not  
play in jc; SRVH ldr season pts  
avg 2005 (21.9); SMC red bcks gm  
09 (9-tie), red career 07-10 pts,  
bcks, 10 gm pts avg (21.3), reb avg  
(10.9), bcks avg (2.9); also atnd  
Monte Vista High (CC)

## Tony Santiago

Track Mile  
NCS Champ 54 (4:32.0)

## Jim Scannella

Track 120HH/330ydLH  
(Univ of California); NCS Champ  
79 (14.0), (36.8); State Champ 79  
(13.87); 2nd State Meet 79 (37.01);  
Pac-10 Champ 84 (50.42); SRV rcd  
79 110mtrHH (13.87), 300mtr IH  
(36.33); SRV High HOF

## Ashley Scharff

"Lorio" (married name)

Track/VB/Soccer Sweeper  
(Univ of Notre Dame); All-Big East;  
NCAA Champs 95; Horizon Lg  
Champs 91-94; SRV High varsity  
4 yrs each in soccer, track & vb  
early 90s; all-league 3 yrs soccer,  
2 yrs vb; league champ 100mtr  
hurdles, long jump; SRV High HOF

## Nate Schierholtz

Baseball 3B/OF  
(Chabot JC & Long Beach St);  
Member American Legion State  
Champs 2001; JC AA 03;  
Northwest Lg-West Div Champs  
03; Calif Lg-North Div Champs  
05; SF Giants 07-12, Phi Phillies 13  
(of); Bronze Medalist Olympic Team  
08; NLCS Champs 10; WS Champs  
10; CJC rcd season hr 03 (18); CJC  
ldr season 03 gms (43-tie), rbi (60),  
dbs (19), slug pct (.817); SRV  
High HOF; brother of Val  
Schierholtz, U. S. Air Force  
Academy bb player 08

## Kyle Schulman

Soccer Defender  
All-East Bay 2013

## Steve Schweizer

Baseball Pitcher  
All-East Bay 85

## Lauren Seltenrich

Basketball Forward  
(Dominican Univ); Cal Pac Champs  
2005 & 06

## Erin Sherwood

Volleyball Outside Hitter  
All-East Bay 2011; East Bay POTY  
2011

## Natalie Silliman

Basketball Forward  
All-East Bay 90; EX All-Bay Area  
90; All-Nor Cal 90; Cal-Hi Div 2  
All-State 90; Cal-Hi All-State 90;  
CIF Nor Cal Div 2 Final Gm red  
reb 90 (17)

## Jake Simonich

Football Offensive Line  
(Utah St); All-East Bay 2011;  
Chron All-Metro 2011; BANG  
Cream of the Crop 12 #17

## Robby Smith

Wrestling 215/217lbs  
NCS Champ 2003-05; National  
Cadet Freestyle Champ 2003; FILA  
Jr. National Champ 08; Jacob Curby  
Award 11 (Greco-Roman Wrestler  
Olympic Training Education Center  
for character)

## Dan Smithwick

Football Defensive Back

# Contra Costa County

(Brown Univ); All-Times 2007; All-East Bay 2007; Ivy Lg Co-Champs 08

## Aubree Southwick

Soccer Goalkeeper  
(San Diego St); Member Under-15 National Champs 2004; All-Times 06 & 07; All-East Bay 07; All-MWC 07, MWC Freshman of the Year 07, MWC DPOTY 07; SDS rcd season saves 07 (109)

## Joe Southwick

Football Quarterback  
(Boise St); All-Times 2007; Times OPOTY 2007; All-East Bay 2007 & 08; East Bay OPOTY 2007 & 08; Chron All-Metro 08; Metro Contra Costa/Tri-Valley POTY 08; MaxPreps Div 1 All-State 08; East Bay Cream of the Crop 09 #4; WAC Champs 09; WAC Co-Champs 10 & 12; Las Vegas Bowl Champs 10; Fiesta Bowl Champs 10; MAACO Bowl Champs 11 & 12; ldr SRVH yds (3,185), td (35) 07, comp (239), yds (3,781), td (36) 08

## Paul Steben

Football Defensive Back  
EX All-Metro 85

## Tim Stevens

Track Coach  
(St. Mary's College); Times COTY 2006; played fb in college; SRV ldr 97 100mtrs (10.90)

## Matt Swan

Football Linebacker  
(Laney JC & Univ of Nevada); JC AA 2003; JC State All-Region Two 2003

## Norah Swanson

Soccer Defender  
(Georgetown Univ); Member Under-15 National Champs 2004

## Michael Tagliaferri

"Tags" (nickname)  
Lacrosse MF/Attack  
(Univ of North Carolina); All-East Bay 2010; East Bay POTY 11; NCS POTY 11; Nor Cal POTY 11; AA 11; Member National Under-19 Team 11 (1st Californian); SRVH ldr season 2010 goals (53), asst (41); son of John Tagliaferri, pro fb player (Miami Dolphins)

## Andy Tarpley

Baseball Infielder  
(Univ of California); All-East Bay 90 & 91; All-Times 91; Head Coach Acalanes High (CC) 05-07 (62-15); NCS Champs 07; UC ldr season 94 BAvg (.322)

## Ben Teichman

FB/Track DL/Shot Put  
(Univ of Washington); All-East Bay 2010; NCS Champ 11 (57-6)

## Timothy Torchiana

"Timm"  
Water Polo Coach  
(Diablo Valley JC & UC Riverside); JC AA 80; NCAA AA 81 & 82; Member National Team 83 & 84; Head Coach women UC Riverside 84-86 (28-12); Head Coach Cal St Maritime Academy 2000-; Head Coach Monte Vista High (CC) & San Ramon Valley High 97-; Mngr National Youth Team & National Cadet Team; SRV High HOF

## Trevor Tow

Soccer Defender  
All-East Bay 2010

## Scott Tuttle

Golf  
(Univ of Oregon); NCS Champ 74 (144)

## Antonio Ugarte

Soccer Forward  
(San Francisco St); All-East Bay 2007; SFS ldr season goals 08 (5)

## Alexa Vandevanter

"Lex" (nickname)  
Soccer Midfielder  
(Univ of California); All-East Bay 2013; East Bay POTY 2013; NSCAA AA 2013; Member U17 National Team pool 2013

## Heather Vandevanter

Soccer Forward  
(San Diego St); Member Under-15 National Champs 2004; SDS ldr season asst 08 (4); sister of Alexa Vandevanter, see above

## Allie Van Dorn

Lacrosse HB/Attack Wing  
(UC Davis); Prep AA 07

## Amanda Van Dorn

"Mandi"  
Soccer Forward  
(UOP); All-Times 2004; three-time State Cup Champs; UOP ldr season 05 asst (4-tie), 06 pts (17), goals (7), asst (3), pts (14-tie); sister of Allie Van Dorn, see above

## Jamie VanHorn

Soccer Defender  
All-East Bay 2013

## Brett Vergara

Lacrosse Midfielder  
(Cal Poly-SLO); WCLL Champs 2011

## Brett Visintainer

Football Kicker  
(Fresno St); All-East Bay 98; All-Times 99; East Bay Cream of the Crop 2000 #12; Silicon Valley Bowl Champs 2002 & 03; FS ldr season 03 pat (35), fg (21), pts (98), long fg yds (47), 04 pat (55), fg (10), pts (85)

## Robyn Vorous

"Mattern" (married name)  
Swimming Freestyle  
(UCLA); NCS Champ 87 100 fs (52.93), 89 (52.22), 89 50 fs (NR)

## Cameron Walters

Soccer Defender/MF  
(Cal Poly-SLO); Big West Champs 2009

## Bill Ward

Rodeo Rider  
Saddle bronc rider; Rodeo HOF; SRV High HOF

## Patrick Weiss

Water Polo Field  
(Santa Clara Univ); All-East Bay/ North Bay 2008; WWPAA All-Freshman Team 09

## Bethany Weissner

Softball Infielder  
(Samford Univ & Azusa Pacific Univ); All-East Bay 2003 & 04; sisters Rachel Weissner played lacrosse at UC San Diego, Rebekah Weissner played sb at Azusa Pacific

## Truett Welch

Basketball Forward  
All-East Bay 69; EX All-East Bay 69; EX East Bay POTY 69; All-Nor Cal 69; SRVH rcd gm 69 pts (55), fg (22), SRVH ldr season 69 pts avg (27.2), reb avg (14.7); also attnd San Carlos High (SM)

## Linzi Westcott

Softball Outfielder  
(New Mexico St & Univ of California); ANG Best of the Best 2001; All-Times 2001; Member National Under-18 Champs 03; NCAA Champs 02 (Cal); Father Jay, Clarkson Univ hockey player

## Evelyn White

Basketball Center  
(Sacramento St); All-Times 91; All-East Bay 91; All-Nor Cal 91

## Ryan Wickham

FB/Baseball Punter/Catcher

# Contra Costa County

(Chabot JC & Iowa St); EX All-Metro 96 (fb); Cal-Hi All-State (medium schools-fb) 96; All-Times 97 (bb); JC All-State 99 (bb)

## Randy Winn

Baseball/BK Outfielder  
(Santa Clara Univ); All-Times 92 (bk); All-WCC 95 (bb); TB Devil Rays 98-2002, Sea Mariners 03-05, SF Giants 05-09, NY Yankees 10; StL Cardinals 10; AL All-Star 2002; World Baseball Classic Team 06; MLBB rcd player with most gms who never appeared in post-season 98-11 (1,717); SRV High HOF; Tri-Valley Sports HOF

## Corbett Wood

“Corey”  
“Woody”  
Soccer Midfielder  
(UC Santa Barbara); Big West Champs 2004

## Patrick Worstell

Lacrosse Midfielder  
(Syracuse Univ); Prep AA 2011; son of Peter Worstell, Head Coach lacrosse San Ramon Valley High

## Sammy Wu

Soccer Midfielder  
(UC San Diego); All-Times 2006; Supervisor UC San Diego Sports Clubs 08-09

## Meghan Yetman

Basketball Forward  
(Univ of Redlands); All-SCIAC 2010; SCIAC Co-Champs 2010

## Preston Young

Baseball Outfielder  
(St. Mary’s College); Member American Legion State Champs 2001

## Ryan Young

Baseball Outfield  
(St. Mary’s College); All-Times 2004

## Klemen Zaletel

Basketball Guard/Agent  
Smelt Olimpija Ljubljana 94; Polzela 93, 95-97, LTHcast Mercator 2000-02 (Slovenia); Get Vosges (France); Union Olimpija (Slovenia); Loka Kaba (Slovenia); European Cup Champs 94; Slovenia Cup Champs 97; MVP Slovenia Cup 97; Sports Agent (VTBM); Slovenian National Team

**John Swett High Indians**  
**Crockett**  
**(estab. 1927)**

## Alisha Airolidi

Basketball Forward  
All-Nor Cal 83

## Bertram Andrewson

Swimming Freestyle  
NCS Champ 35 50 fs (25.9)

## Don Ardisson

Baseball Coach  
(Diablo Valley JC & San Francisco St); Head Coach Bellarmine Prep (SC) 79-87, Los Gatos High (SC), Skyline High (A); CCS Champs 85 & 86; CCS Div 1 Champs 87; Cal-Hi State COTY 87; Bellarmine HOF

## John Bottarini

Baseball Catcher  
PCL Sea Indians 30-32, 34-35, SF Seals 33, LA Angels 36-37; Chi Cubs 37; Player-Mngr Clovis (West Tx-NM Lg) 48-49, Sweetwater (Longhorn Lg) 50; drowned in New Mexico boating accident 76

## Al Braga

Football Halfback  
(USF); East-West Shrine Gm 39; Oakl Giants 40; SF Packers 41 (PCFL); USF rcd punt 37 (89yds); USF HOF

## Manny Braz

Football Running Back  
(Vallejo JC, USF & San Francisco St); All-Nor Cal JC 46 & 47; Solano JC HOF

## Mario Da Re

Football Tackle  
(USC); PCC Champs 52; Rose Bowl Champs 53; brother of actor Aldo Ray, see Celebrities & Notable Alumni Section

## Kenneth Davis

Football Defensive Line  
All-Times 91

## Danielle Dutka

Softball Catcher  
ANG Best of the Best 2002

## Scott Harrison

Baseball/FB Utility/Kicker  
(Dixie St); All-Times 95; played minor league baseball; JSH rcd 93 gm so (14), season wins (11); 94 hr (5-tie), rbi (32); JSH rcd fg yds 93 (53)

## Brooks Holder

Baseball 2B/OF  
PCL SF Seals 35-42, 49-50, Holly Stars 43-45, Oakl Oaks 46-48, Port Beavers 51; PCL Champs 35 & 48;

PCL rcd season trpls 39 (24); PCL ldr walks 46 (131) & 47 (136); PCL HOF; prep teammate of Frank Kelleher

## Francis Kelleher

“Frankie”  
Baseball Outfielder  
(St. Mary’s College); Intl Lg Champs 37-38, 41-42; PCL Oakl Oaks 38, Sea Rainiers 40, Holly Stars 44, 46-54; Cin Reds 42-43; Intl Lg ldr 41 hr (37), rbi (125), runs (106); PCL ldr hr 44 (29), 50 (40), rbi 44 (121); PCL Champs 40, 49, 52 & 53; SMC HOF; hit 358 minor league hrs; prep teammate of Brooks Holder

## Myung Kwak

Judo 71kg  
National High School Champ 97

## Brian Nakayama

Tennis Doubles  
SSJS Div 3 Champs 98

## Floyd Peters

Football Defensive Tackle  
(San Francisco St); Little AA 58; East-West Shrine Gm 58; Clev Browns 59-62, Det Lions 63, Phil Eagles 64-69, Wash Redskins 70; All-Pro 67; Defensive MVP NFL All-Conf 64, 66, 67; Pro Bowl 64, 66, 67; NFL Asst Coach 75-97; ESPN Analyst; Times All-Time Contra Costa FB Team 94; SF State HOF

## Paula Reynolds

Tennis Singles  
SSJS Div 3 Champ 87

## Keith Sausedo

Basketball Forward  
All-Nor Cal 78; JSH rcd gm pts 77 (39)

## Merv Shea

Baseball Catcher  
PCL Sac Senators 22-26, Port Beavers 43; Det Tigers 27-29, 39; Bos Red Sox 33, StL Browns 33, Chi White Sox 34-37, Bklyn Dodgers 38, Phil Phillies 44; Player-Mngr Port Beavers 43 (79-76); played himself in movie, “Monty Stratton Story”; brother of PCL pitcher Elmer “Specs” Shea

## Kate Shurrum

Softball Infielder  
(UC Davis); All-East Bay 89; All NCAC 93-94, All-West Region 94; UCD ldr season runs 93 (42), sb 93 (4), 94 (7); sister of Holly Shurrum, UC Davis sb player

## Kimani Stafford



# Contra Costa County

Baseball Utility/Infielder  
(CCSF & San Francisco St); All-Times 93 & 94; State POTY 94 (small schools); played minor league baseball; Gulf Coast Lg-Southwest Div Champs 95; JSH rcd season 93 hits (44), runs (45) sb (20); career 91-94 sb (132)

## Daniel Suguitan

Tennis Doubles  
SSJS Div 3 Champs 98

## Jim Turner

“Tank”  
Football Kicker  
(Utah St); State POTY 58 (medium schools); Skyline Champs 60 & 61; NY Jets 64-69 (AFL); NY Jets 70, Den Broncos 71-79; Pro Bowl 68-69; Super Bowl III Champs 69; AFC Champs 78; Den Broncos Special Team POTY 75; AFL ldr pts 68 (rcd-145) & 69 (129), fg (rcd-34); Den Broncos ldr pts (742), fg (151), xpts (283); played qb in high school; Times All-Time Contra Costa FB Team 94; Denver Broncos Ring of Fame

## Jonathan Van Looy

Baseball Pitcher  
(Diablo Valley JC); All-Times 06; also Cal-Hi All-State 2005 at Salesian High (CC); played of in JC; played minor league baseball

## Ashonda Williams

Basketball Forward  
(Contra Costa JC & San Diego St); All-Times 98 & 99; Cal-Hi Div 4 All-State 98 & 99; JSH rcd pts 99 gm (38), season (600), career (1,103), season pts avg 99 (20.1), State JC ldr 3pt fg 2000 (104); also attnd Pinole Valley High (CC)

## Claudia Williams

Softball 1B  
(St. Mary's College); All-PCSC 03; Head Coach John Swett High(CC); SMC ldr season dbls 2002 (11); 03 BAVg (.314), hits (46), dbls (7), rbi (27) ttl base (74), hr (5); 04 runs (22), rbi (26); career ldr hr (18)

## Venture School

### San Ramon

(estab. 1978)

## Casie Cathrea

Golf  
(Univ of Texas); Youngest to qualify for LPGA event 2009 (age 13); Member U. S. Evian Masters Jr.Cup Team 10; State Women's Champ 11; also attnd Livermore High (A)

## Demitrius Omphroy

Soccer Defender  
(Univ of California); Member National Under-15, Under-16, Under-18, Under-20 Teams; Pac-10 Champs 2007 & 10; Toronto FC (MLS) 11; also attnd Alameda High (A)

## Ygnacio Valley High

### Warriors

### Concord

(estab. 1963)

## Jim Anderson

Football Running Back  
(Univ of Oregon); All-East Bay 67

## Kelly Anderson

Baseball Pitcher  
All-East Bay 78; played minor league baseball; Calif Lg-South Div Champs 80

## Johnathan Ayala

“Tata” (nickname)  
Soccer Forward  
All-East Bay 2013; YV ldr goals 2013 (26)

## Jackson Ballew

Water Polo Field  
(Chico St); All-East Bay/North Bay 2009; played club wp in college

## Eric Bamberger

Football/BK OL/Center  
(St. Mary's College); EX All-Bay Area 87 (fb); EX All-Bay Area 87 & 88 (bk); All-East Bay 87 & 88 (bk); State POTY Div 2 87 (bk); All-Nor Cal 87 & 88 (bk); Cal-Hi All-State (underclass) 87; Student Sports National Prep AOTY 87; Cal-Hi Div 2 All-State 88; East Bay Cream of the Crop 88 #12; WCC Champs 89; Fargo-Moorehead (CBA); Head Coach Ygnacio Valley High 99-2001, Deer Valley High (CC) 2002-04, 06-07 (79-58); played pro in Australia; YVH rcd gm 87 ft (13-tie), 88 pts (59), fg (24); ldr season pts avg 87 (24.0), 88 (28.7); Nor Cal ldr career pts (2,263); SMC ldr season 90 reb (202), 91 pts (456), reb (224), bcks (25), 92 (411), reb (146), bcks (12); Cal-Hi Grid-Hoop Team 88; Grid-Hoop POTY 88; Ygnacio Valley HOF

## John Barry

Track 300mtrLH  
(USC); NCS Champ 87 (38.10) & 88 (37.33); YVH rcd 88 (37.25)

## Allen Bell

Swimming Freestyle  
NCS Champ 68 200 fs (1:48.2), 100 fs (49.2)

## Robert Michael Bellotti

“Mike” (known by middle name)  
Football Coach  
(UC Davis); FWC Co-Champs 71; FWC Champs 72; Head Coach Chico St 84-88 (21-25-2); Head Coach Univ of Oregon 99-08 (116-55-0); Las Vegas Bowl Champs 97; Sun Bowl Champs 99, 07; Pac-10 Co-Champs 2000; Holiday Bowl Champs 2000, 08; Pac-10 Champs 01; Fiesta Bowl Champs 02; Head Coach (West) East-West Shrine Gm 02; AD Univ of Oregon 09-10; ESPN analyst; Ygnacio Valley HOF

## Guy Berges

Football Linebacker  
All-Nor Cal 73

## Lee Blakeney

Football Linebacker  
(Washington St); All-East Bay 79; All-Nor Cal 79; WSU ldr career tackles 80-81, 83-84 (524)

## Lance Blankenship

Baseball Inf/OF  
(Univ of California); All-East Bay 81 & 82; Pac-10 83-86; Oakl Athletics 88-93; WS Champs 89; AL Champs 90; All-Cal ldr career 83-86 gms (244), at bats (903), runs (230), rbi (189), sb (187), walks (180) ttl bases (445); Cal HOF; Ygnacio Valley HOF

## Jan Brogan

Tennis Singles/Dbls/Coach  
(De Anza JC & San Jose St); Teaching pro Los Gatos Racquet Club & Blossom Hill Tennis Club; played on jc men's team; Head Coach Univ of California 79-2007 (539-223); Pac-10 COTY 8 times; Head Coach World University Gms Team 95; ITA Director; NCAA Championship Tennis Committee; ITA Operating Committee; USTA HOF

## Shanita Bryant

Track Long Jump  
(Sacramento St); NCS Champ 98 (17-10 1/4), 99 (18-1) & 2000 (19-4); 2nd State Meet 2000 (19-4); Big Sky Outdoor Champ 01 (19-8 1/2), 04 (NR); Big Sky Indoor Champ 04 (19-6); Sac St Indoor rcd (20-0 1/2), Outdoor rcd 01 (20-02.25)

## Patricia Burdick

Water Polo Driver

# Contra Costa County

(UC Davis); All-Times 2003; All-North Coast 2003

## Lara Canders

Basketball Forward  
(Pacific Union College); All-Cal Pac 2012

## Alex Carter

Water Polo Hole Set/Coach  
(Diablo Valley JC & Univ of Utah); All-Times 2002; Head Coach Ygnacio Valley High 10-

## Ben Cobian

Football Offensive Line  
(Cal Poly-SLO); All-Times 99; EX All-Metro 99; All-GWAC 2004; LV All-American Classic 05; Head Strength Trainer Cross Fit Moxie Fitness

## Rick Cowan

Track Mile  
NCS Champ 71 (4:19.1)

## Dave Cutaia

FB/BK/BB Official  
(Diablo Valley JC & Cal St Hayward); Pac-10, AFBL, XFL, UFL & JC football referee; prep fb, bk, bb official '60s into 21st Century; worked Cotton Bowl 94, Fiesta Bowl 97 & 99 (National Title Gm); Humanitarian Bowl 98, Citrus Bowl 01 & East-West Shrine Gm 87, 91, 95, 2000; umpire Little League WS; Pac-10 Coordinator of FB Officials 07-11; Martinez Police Chief 99-07; ESPN fb analyst (rules) 12-

## Chris Daily

Track Pole Vault  
NCS Champ 89 (14-6) & 90 (15-3); 3rd State Meet 90 (15-2-tie)

## Aaron Eleazer

Football Defensive Back  
(Idaho St); East Bay Cream of the Crop 89 #20

## Larry Elzinga

Football End  
All-East Bay 71

## Sione Finau

Football Linebacker  
(Los Medanos JC & New Mexico St); Cal-Hi All-State (underclass) 98; All-Times 99; All-East Bay 99; EX All-Metro 98 & 99; Cal-Hi All-State 99; East Bay Cream of the Crop 2000 #16; also attnd San Leandro High (A)

## Eric Finefeuiaki

Football Defensive Back  
(San Jose St); (Diablo Valley JC); JC Region 2 All-State 2011

## Dan Fitzgerald

Football Linebacker  
(Univ of New Mexico); EX All-Bay Area 69; All-East Bay 69

## Tara Flanagan

Rugby Lock  
(Cal St Northridge); National Women's Team 91-94; World Cup Champs 91; played bk in college; played pro rugby for Saracens Club (England), rowed outriggers competitively for Lanakila Outrigger Club 1988

## Ron Fletcher

Football Offensive Tackle  
All-East Bay 75

## Meghan Freeman

Wrestling 189lbs  
NCS Champ 2012

## Shawn French

Baseball Catcher  
(Los Medanos JC, San Mateo JC & LSU); SEC Champs 2003; Head Coach Ft. Myers High School (Fla); also attnd Clayton Valley High (CC)

## George Gage

Track Long Jump  
NCS Champ 68 (24-4 1/2-YV rcd)

## Alfonso Garcia

"Kiko"  
FB/Baseball DB/Inf/Coach  
All-East Bay 70 (fb); All-East Bay 71 (bb); Balt Orioles 76-80, Hou Astros 81-82, Phil 83-85; WS Champs 83; Head Coach bb St. Mary's College; Head Coach sb College Park High (CC) 98-02, Carondelet High (CC) 03-; NCS 3A Champs 2001; ANG Best of the Best COTY 2001; Ygnacio Valley HOF; Father of Becca Garcia, see College Park High (CC)

## Ray Goodson

Football Punter  
All-East Bay 74

## Gary Graffort

Football Defensive Line  
(Univ of California); All-Times 2005; Chron All-Metro 2005; Cal-Hi All-State 2005 (medium schools); East Bay Cream of the Crop 06 #16; Armed Forces Bowl Champs 07; Emerald Bowl Champs 08; played te in college

## Gordon Gravelle

Football Offensive Tackle  
(BYU); All-WAC 71; WAC LOTY

71; East-West Shrine Gm 71 (Dec); College All-Star Gm 72; Pitt Steelers 72-76, NY Giants 77-79, LA Rams 79; Super Bowl Champs 75 & 76; NFC Champs 79; Times All-Time Contra Costa FB Team 94; Ygnacio Valley HOF; State of Utah Half Century FB Team 50-99; All WAC 15-Year All Star 77

## Stephanie Hanf

Track Triple Jump  
(Diablo Valley JC & UC Davis); NCS Champ 88 (38-3), 89 (37-5 1/4) & 91 (38-3 3/4); 2nd State Meet 91 (39-7 1/4); DVC rcd tj 93 (39-0 1/4), UCD outdoor rcd tj 95 (39-04.00), competed in heptathlon in college; UC Davis HOF

## Kelley Harmon

Gymnastics PB/HB/AA  
Nor Cal Champ 74

## Rus Hartman

Football Offensive Line  
(Fresno St); East Bay Cream of the Crop 89 #7 WAC Champs 92 & 93; Freedom Bowl Champs 92; concussions ended chance at pro career

## Kristin Heaston

Track SP/Discus  
(Diablo Valley JC, Univ of Florida & Univ of California); NCS Champ 92 (49-2 1/2), (133-9) & 93 (50-3 1/4), (145-11); State Champ 92 (45-3 1/2) & 93 (52-11 1/2); State Meet rcd 93 (52-11 1/2); Cal rcd 99 (52-6 1/2); 99 Pac-10 Meet 2nd (54-4 3/4); USA Indoor Champ 2003 (59-2 1/2); USA Outdoor Champ 03 (60-1 3/4); Member Pan American Gms Team 2003; Member Olympic Team 04 & 08; U. S. Outdoor Champ 05 (61-3 1/2); T&FN Prep AA 93; four time College AA; 1st woman to compete at Athens Olympia (original Olympic Stadium) Olympics 04; Ygnacio Valley HOF; Sacramento Meet of Champions HOF; daughter of Steve Heaston, see Clayton Valley High (CC)

## Trent Holsman

Swimming Freestyle  
(Univ of California); NCS Champ 97 50 fs (21.10), 99 (20.41), 97 100 fs (45.89), 98 (45.45), 99 (44.66); Member National Jr Team 98; YVH rcd 50fs, 100fs, 200fs, 100fly, 200IM, 100back

## Mike Ivankovich

Football Coach

# Contra Costa County

Head Coach Ygnacio Valley High  
2002-06 & Acalanes High (CC)  
09- ; NCS 3A Champs 2005

## Damian Jackson

Baseball Infielder  
(Laney JC); Clev Indians 96-97,  
Cin Reds 97-98, SD Padres 99-2001,  
05, Det Tigers 02, Bos Red Sox 03,  
Chi Cubs 04; KC Royals 04; Wash  
Nationals 06; also atnd high school in  
Los Angeles; founder Game Face  
Baseball

## Abdullah Jamali

Cross Country  
(UC San Diego); NCS Div 4 Champ  
2000 (16:50); prep pr 5000mtrs  
(15:43), 3200 (9:45), 1600 (4:24)

## Craig Johnson

Baseball 1B  
(UCLA); All-East Bay 75; played  
minor league baseball

## Ken Kattersett

Gymnastics Pommel Horse  
Nor Cal Champ 74 (NR)

## Darrell King

Track 200mtrs  
NCS Champ 88 (22.13)

## Doug King

Tennis Singles  
(Univ of California); NCS Champ 72

## Matt Kornek

Football Offensive Line  
All-Times 2000

## Naiden Kremenliev

Swimming Freestyle/IM  
(Princeton Univ); NCS Champ 89  
200 fs (1:41.33); Ivy Lg Champ  
200fs 91 (1:37.09), 92 (1:37.92)  
& 93 (1:37.31); 200 IM 91  
(1:48.73), 92 (1:48.42) & 93  
(1:48.55); Ivy Lg Champ 200yds  
fs 91 (1:37.09), 92 (1:37.92), 93  
(1:37.31)

## Perry Lange

Swimming Butterfly  
NCS Champ 74 100 bf (52.6)

## Erik Larkin

Baseball Outfielder  
(St. Mary's College); All-East Bay  
81 & 82

## John Ledeboer

Football Tight End  
(BYU); All-East Bay 72

## Ryan Lewis

Cross Country  
NCS Div 2 Champ 2004 (15:34)

## Marcus Ligons

Basketball Forward  
(Diablo Valley JC & Chadron St);  
Vegesacker TV 08, Benslips  
Baskets Saltkotten 09, BG Dorsten  
11, SV Hagen-Haspe 12 (Germany);  
Avanti Mondorf 10 (Luxembourg);  
Regionalliga-West Champs 11; CS  
ldr season 2006 pts avg (14.0), fg  
(132), reb (218), stls (40), 07 pts  
avg (17.4), fg (158), ft (103), reb  
(217), stls (34)

## Devon Bridges

Softball Utility  
(Boise St); All-WAC 2011

## Elias Lopez

“Junior”  
Football Defensive Line  
All-East Bay 90 & 91; EX All-Metro  
90 & 91; All-Times 91; All-Nor Cal  
91

## Greg Lowry

Gymnastics Horizontal Bars  
Nor Cal Champ 73 (NR)

## Rolin Luka

Track Shot Put  
(Univ of California); NCS Champ  
68 (61-7); 2nd State Meet 68  
(63-0 1/2-NCS rcd)

## John Lupoi

Football Defensive Line  
(BYU); All-East Bay 65; operator  
college recruiting web site; father  
of Tosh Lupoi, see De La Salle High  
(CC)

## Dennis Luquet

Baseball Infielder  
(Northern Illinois Univ); All-East  
Bay 73; All-Nor Cal 73; Head  
Coach Deer Valley High (CC)

## Richard Magana

Football Offensive Line  
All-Times 99

## Chris Manfrin

Baseball Outfielder  
All-East Bay 71; played golf in  
college; Head Coach golf St.  
Mary's College; WCC Co-COTY 99

## Mike Martinez

Football Defensive Back  
All-East Bay 72

## Rich Martini

FB/Baseball WR/Outfielder  
(UC Davis); FWC Champs 74-76  
(fb); All-FWC 76 (bb); FWC POTY  
76 (bb); FWC Champs 76 (bb);  
Oakl Raiders 79-80, NO Saints 81;  
Super Bowl Champs 80; UCD rcd

ttl bases 76 (127); UCD ldr season  
76 avg (372), stls (26), runs (56),  
dbls (13), trpls (6); UCD All-Century  
BB Defensive OF; UC Davis HOF;  
UC Davis BB HOF

## Tim Mayo

Wrestling 106lbs  
NCS Champ 79

## Kelly McCabe

WP/Bk/Swim Driver/Brststk  
Head Coach swimming Clayton  
Valley High (CC), swimming &  
wp Ygnacio Valley High; DVC HOF

## Kevin McCaughey

Basketball Guard  
(St. Mary's College, Citrus JC &  
Fresno Pacific Univ); All-Times  
2003 & 04; CH ldr season 2003  
pts avg (20.8); CJC ldr season 08  
asst avg (3.4), ft pct (81)

## Shawn McGarry

Football Quarterback  
(Diablo Valley JC & Univ of Illinois);  
All-East Bay 83; East Bay POTY 83;  
EX All-Bay Area 83; All-Nor Cal 83;  
played wr in jc

## Gary McManus

Track 880yds  
2nd State Meet 73 (1:53.6)

## Spike Moser

Football LB/OL  
(U. S. Air Force Academy); All-Times  
2001 (both ways); Chron All-Metro  
2001 (lb)

## Dave Nelson

Football Linebacker  
All-East Bay 71

## Lynda Norry

“Barnes” (married name)  
Bowling  
(San Jose St); Member Team USA  
12 times; career winnings \$16  
million (through 2010) ; World  
Bowling Writers HOF; wife of  
Chris Barnes, pro bowler

## Rebekah Padilla

Swimming Butterfly  
(Diablo Valley JC); State JC  
Champs 2011 400 med relay  
(3:58.38); State JC Champ 2011  
50 bf (26.07)

## Blake Pelletier

Baseball Outfielder  
(St. Mary's College); All-East Bay  
72

## Mark Pelletier

FB/Baseball DB/Utility

# Contra Costa County

All-East Bay 79 & 80 (fb); All-Nor Cal 79 & 80 (fb); EX All-Bay Area 80 (fb); All-East Bay 81 (bb); brother of Blake Pelletier, see above

## Bill Piona

Baseball Outfielder  
(Univ of California); All-Pac-8 SoDiv 6; Head Coach Monte Vista High (CC) 87-

## Tom Prado

Wrestling 98/101lbs  
NCS Champ 86 & 87

## Margaret Preissner

"Gartner" (married name)  
Basketball Coach  
Head Coach Carondelet High 93-;  
NCS Div 2 Champs 2004, 09 & 13;  
Nor Cal Div 2 Champs 2004, 05 & 09; Times COTY 2004; Cal-Hi Div 2 COTY 2004; also attnd Pleasant Hill High (CC)

## Nick Quinones

Football Linebacker  
(Diablo Valley JC & Saginaw Valley St); All-Times 2000

## Dale Rath

Baseball Outfielder  
(Oklahoma St); All-Nor Cal 78;  
Big-8 Champs 81 & 82; OS ldr season 82 ab (221)

## Dick Raverby

Tennis Singles/Doubles  
(Univ of Michigan); NCS Champ 69; Big Ten Champs 72

## Greg Redmond

Track High Jump  
(Diablo Valley JC); NCS Champ 70 (6-4); 3rd State Meet 70 (6-6-tie); prep pr 70 (6-8 1/4)

## Mark Rott

Baseball Catcher  
All-East Bay 71; played minor league bb (1b & of)

## Bijan Sadeghy

Soccer Midfielder  
(Holy Names Univ); Cal Pac Champs 2011

## Brita Sadeghy

Soccer Forward  
(Holy Names Univ); Cal Pac Co-Champs 2011

## Rick Schaer

Basketball Forward  
(USF); YVH rcd gm 65 ft (13), ldr season 68 pts avg (19.8); Concord Transcript Diablo District Dynamic Decade Team '60s

## Gary Schneider

Football Split End  
All-Nor Cal 69; EX All-Bay Area 69; All-East Bay 69; North-South Prep All-Star Gm 70

## Geoff Schryer

Football Guard  
EX All-Bay Area 70; All-East Bay 70

## Shawn Slous

Baseball Catcher  
All-Times 93

## Will Smith

Football RB/DB  
(Los Medanos JC); All-Times 99 (both ways); All-East Bay 99 (rb); EX All Metro 99 (rb); East Bay Cream of the Crop 2000 #15; also attnd Mount Diablo High (CC)

## Gus Smyers

Swimming Breaststroke  
(Cal Poly-SLO); NCS Champ 94 100 bs (58.18)

## Rich Stoyko

Football Wide Receiver  
EX All-Bay Area 83; All-East Bay 83; All-Nor Cal 83

## Joe Styger

Swimming Diving  
(Univ of California); NCS Champ 73 (440.4); Pac-8 South 1mtr Champ 76 (418.98), 77 (460.05); 3mtr Champ 76 (425.16)

## Brian Sullivan

FB/BK/BB QB/Guard/Pitcher  
East Bay POTY 70

## Mike Sullivan

Football Quarterback  
(Univ of Oregon & Villanova Univ); All-Nor Cal 69; EX All-Bay Area 69; All-East Bay 69; Parade AA 69; East Bay AOTY 70; Sports Agent ; represented Michael Vick, David Carr & Aaron Rodgers

## Doug Swallow

Tennis Singles  
(Univ of Texas); NCS Champ 74; played pro briefly

## David Tamori

Wrestling  
(Diablo Valley JC & Chico St); CS MVP 69 & 70; FWC Champ 69 & 70; Head Coach Oroville High; Chico St HOF; Northern Calif Old Timers HOF

## Pete Tenney

Football Center

All-East Bay 71

## Ron Thompson

Baseball Utility  
All-East Bay 72

## J. Scott Threde

Football Center  
(Univ of Nevada-Reno); All-East Bay 81; EX All-Bay Area 81; All-Nor Cal 81; played te in college; All-Big Sky 86; Big Sky Champs 86; sports chiropractor

## Laura Tilly

Swimming Diving  
(Chico St); NCS Champ 85 (409.45); NCAA Div2 Champ 91 (377.70)

## Dave Tollefson

"Chip"  
Football LB/DL  
(Los Medanos JC & Northwest Missouri St); Mid-America Intercollegiate Athletic Assoc DPOTY 2005; All Southwest Region 2005; NCAA Div 2 AA 2005; awarded scholarship to Fresno St, but did not play due to injuries; Berlin Thunder 07 (NFLE); NY Giants 07-11, Oakl Raiders 12; Super Bowl Champs 09, 11; NMS rcd season sacks 2005 (12.5); wife Meghan played softball Northwest Missouri St

## Rob Tomlinson

Football Quarterback  
(Univ of Arizona & Chico St); All-East Bay 85; All-Nor Cal 85; East Bay Cream of the Crop 86 #3; All-NCAC 89-91; NCAC OPOTY 89; Last Head Coach Chico St 96; NCAC Champs 96; CS rcd career pass yds 89-91 (9,921); Chico St HOF

## Puiaki Vaisele

Football Linebacker  
All-Times 2005

## Chris Walsh

Football/BK WR/DB  
(Stanford Univ); All-East Bay 85 (both ways) & 86 (both ways); EX All-Nor Cal 85 (db); EX All-Bay Area 86 (db); Cal-Hi All-State 86; All-East Bay 87 (bk); All-Nor Cal 87 (bk); East Bay Cream of the Crop (fb) 87 #2; North-South Prep All-Star Gm 87 (fb); East-West Shrine Gm 92; Buff Bills 92-93; Minn Vikings 94-2002; YVH rcd gm 87 ft (13-tie); CIF State Div1 Final Gm rcd 87 ft att (12); SU ldr career tkls (125); Minn Vikings ldr special team tkls; Times All-Time Contra Costa FB Team 94; Cal-Hi Grid-Hoop Team 87;

# Contra Costa County

Ygnacio Valley HOF

Jack Warren

“Scooter”

Football                      End

All-East Bay 68

Robert Wiggin

Football                      Defensive Back

All-Times 91; Cal-Hi All-State

(underclass) 91

Kent Wood

Football                      Defensive Back

(BYU); All-East Bay 72

Patrone Wood II

Football                      Running Back

(Seton Hill); All-Times 2007 & 08;

YVH ldr season 09 gm td (6)

Dave Zawatson

Football                      Offensive Tackle

(Univ of California); All-East Bay

83; East Bay POTY 83; EX All-Bay

Area 83; All-Nor Cal 83; Cal-Hi

All-State 83; East Bay Cream

of the Crop 84 #3; East-West

Shrine Gm 89; Chi Bears 89, NY

Jets 90, Mia Dolphins 91; AD

Oceanside School District, Long

Island, New York; also atnd high

school in Ohio