

INTAKE

Patient Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Contact and Message Phone #: \_\_\_\_\_ Full Address: \_\_\_\_\_  
Number Street City & State Zip Code

Emergency contact name, relationship & phone number: \_\_\_\_\_

• Please describe any relevant history and the problems the patient is having: \_\_\_\_\_

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• How long has the patient been experiencing these problems? \_\_\_\_\_

Please check the specific problems the patient is *currently* experiencing

|                               |                             |                              |  |
|-------------------------------|-----------------------------|------------------------------|--|
| Suicidal thoughts/actions     | Severe anger outbursts      | Hyperactivity/Inattention    |  |
| Sadness/low mood              | Destruction of property     | Divorce                      |  |
| Sleep problems                | Cutting/cruelty/fires       | Marital                      |  |
| Appetite problems             | Illegal behaviors           | Parenting                    |  |
| Isolation                     | Addictions/drug abuse       | Child's behavior             |  |
| Little interest in activities | Unreasonable fears          | Occupational                 |  |
| Low energy                    | Intrusive thoughts          | Childhood problems           |  |
| Irritability                  | Repetitive thoughts/actions | Health/Medical problems      |  |
| Excessive worry/anxiety       | Elevated mood/energy        | Low self-esteem              |  |
| Argumentative                 | Sexual/gender/promiscuity   | Legal                        |  |
| Trauma                        | Problems with friends       | I am applying for disability |  |
| Overly stressed               | Family relationships        | Other:                       |  |

Has the patient ever been diagnosed with a mental illness? Circle One: YES NO If YES, please name the illness and when it was diagnosed:

Has the patient ever been hospitalized with mental health problems? Circle One: YES NO If YES, please describe:

Has the patient ever had counseling? Circle One: YES NO If YES, when?

Has the patient ever attempted suicide and/or purposely cut or burned self? Circle One: YES NO If YES, describe:

Has the patient ever experienced any trauma, such as abuse or other traumatic event? Circle One: YES NO If YES, describe generally:

Please list any serious medical or developmental problems the patient has had and/or is currently experiencing:

Please list *any* medication the patient is currently taking:

If the patient is having substance abuse problems, please discuss this in session.

Please describe any family problems the patient has had and/or is currently experiencing:

Please list any relationship, school or occupational problems the patient is having:

Please provide any other information you believe is important to understanding the patient and the patient's problems:

**For Clinician Use Only**

Date of Intake:

Time:

Present at Intake:

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The limits of confidentiality/consent to treatment were addressed and acknowledged:  Yes