

OUR FOCAL POINT

Psalm 121:1

(New King James Version)

I will lift up my eyes to the hills-- From whence comes my help?

This scripture assists us by directing us to where to place our focus. Sometimes when the difficulties of life confront us we acquire symptoms similar to Attention Deficit Disorder (ADD). We suffer with lack of focus, disorganization, restlessness, difficulty finishing projects, and losing things.

It is during these confrontational moments that we look for assistance and direction. This Psalm counsels us to be particular where we place our focus. The Psalmist referred to this as an ascent. "Ascent" is derived from the word ascend which means to go up; climb or rise. The title Song of Ascents that depicts this Psalm offers perfect advice to those looking for a way to confront many of this life's situations. It's perfect because when circumstances bring you down, you need to be able to focus on that which will bring you up.

So many people have looked to things which are guaranteed to bring them further down rather than to the one who is guaranteed to bring them further up. Some have attempted their ascent by looking to alcohol, sexual solicitation, consumption, exploitation, narcotics, and therapeutic theories.

However, this Psalm provides us with a focal point filled with God's promise and provision.

THIS HILL IS A SUPREMEY SPECIAL FOCAL POINT. It is supremely special because from this hill flows:

HOPE (that says I'm Jehovah Jireh, your provider)

INSPIRATION (that says, There's nothing too hard for God)

LOVE (that says nothing can separate us)

LIFE (that says he that believes in me shall never die)

Therefore, We are encouraged to raise to a higher position our eyes to the elevation from where our assistance, resource and fulfillment of our need moves toward us, reaches us, and is available to us.

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The higher position and the elevation from where the fulfillment of our needs flow is
THE LORD, JESUS THE CHRIST.
