

WHIPLASH

Whiplash - Unique Injury

Whiplash is unique in its injury mechanism and treatment needs. Whiplash though a cervical sprain/strain cannot be treated as a typical sprain/strain due to the injury mechanism involved. The guideline that are currently in place and that are used by IME doctors during the peer review process are in adequate to say the least in regards to a treatment using multidimensional approach to care. During peer review, due to the lack of whiplash specific knowledge by examiners and a lack of a uniformed guide, patients injured can be denied care and develop chronic pain and disability, while those not truly injured can prosper through the system. For additional information please see the North American Spine Institute continuing education seminar series Whiplash Guidelines or visit the ACA (American Chiropractic Association) website under education activities.