



**MASSAGE THERAPY PATIENT**

Today's Date: \_\_\_\_\_ Name: \_\_\_\_\_  
 Date of Birth: mm/dd/yyyy \_\_\_\_\_ Age: \_\_\_\_\_  Male  Female  
 Alberta Blue Cross ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Phone: (H) \_\_\_\_\_ (Bus/Cell) \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
 Emergency Contact (Name & Phone): \_\_\_\_\_

**REASON FOR VISIT**

How did you hear about our clinic?  Phonebook  Passing By  Friend  
 Relative  Other \_\_\_\_\_

Describe your weekly exercise: \_\_\_\_\_  
 Please list any medications you are currently taking, including any supplements (multi-vitamins, calcium etc.): \_\_\_\_\_

**Please indicate if you have experienced any of the following conditions:**

- |                                      |   |  |
|--------------------------------------|---|--|
| <input type="checkbox"/> Cancer      | <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Haemophilia | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> Stroke      | <input type="checkbox"/> Epilepsy       | <input type="checkbox"/> Fibromyalgia        |

Any other conditions not listed: \_\_\_\_\_

**Please check any of the following conditions that apply to you:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Fainting/Dizziness  | <input type="checkbox"/> Headaches              | <input type="checkbox"/> Insomnia              |
| <input type="checkbox"/> Chest Pain          | <input type="checkbox"/> Muscle Ache            | <input type="checkbox"/> Muscle Cramps         |
| <input type="checkbox"/> Indigestion         | <input type="checkbox"/> Constipation           | <input type="checkbox"/> Swelling/Inflammation |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Pins/Plates/Prosthesis | <input type="checkbox"/> Smoking ( ___/day)    |
| <input type="checkbox"/> Pregnancy           | <input type="checkbox"/> Contact Lenses         | <input type="checkbox"/> Hernia                |
| <input type="checkbox"/> Excessive Urination | <input type="checkbox"/> Skin Disorders         | <input type="checkbox"/> Phlebitis             |
| <input type="checkbox"/> Aneurysms           | <input type="checkbox"/> Cold Hands/Feet        | <input type="checkbox"/> Contagious Disease    |

Any other conditions not listed: \_\_\_\_\_

Any allergies, please list: \_\_\_\_\_

**Injury & Symptom Description**

Below, please list your major symptoms that you would like addressed during treatment:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Was your condition the result of an accident?  Auto  Work  Sports  Other

When did the accident occur? \_\_\_\_\_

Please describe the accident or injury as fully as possible: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ADDITIONAL HEALTH INFORMATION**

**PAIN DESCRIPTION**

(please circle the appropriate descriptors for your specific area(s) of complaint)

	<b>Pain Is</b>	<b>Pain Quality</b>	<b>Pain Severity</b>	<b>Pain Is Worse</b>	<b>Condition Began</b>
<b>NECK REGION</b>	Constant Frequent Intermittent Occasional Worse on Right Worse on Left	Dull Burning Sharp Stiff Radiating	10 Severe 8 6 Moderate 4 2 0 None	Morning Evening During Activity Sitting Standing Wakes at night	

Please describe any trauma you have had to this area: \_\_\_\_\_

<b>MID BACK REGION</b>	Constant Frequent Intermittent Occasional Worse on Right Worse on Left	Dull Burning Sharp Stiff Radiating	10 Severe 8 6 Moderate 4 2 0 None	Morning Evening During Activity Sitting Standing Wakes at night	
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Please describe any trauma you have had to this area: \_\_\_\_\_

<b>LOW BACK REGION</b>	Constant Frequent Intermittent Occasional Worse on Right Worse on Left	Dull Burning Sharp Stiff Radiating	10 8 6 4 2 0	Morning Evening During Activity Sitting Standing Wakes at night	
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Please describe any trauma you have had to this area: \_\_\_\_\_

<b>OTHER SPECIFIC AREA (please indicate)</b> _____	Constant Frequent Intermittent Occasional Worse on Right Worse on Left	Dull Burning Sharp Stiff Radiating	10 8 6 4 2 0	Morning Evening During Activity Sitting Standing Wakes at night	
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Please describe any trauma you have had to this area: \_\_\_\_\_

Describe briefly ANY treatments, tests performed and/or medications prescribed for these symptoms and the results:

Describe how these symptoms have affected your normal daily activities: \_\_\_\_\_

## CONSENT FORM

Please read and answer all questions on this form. If you have any questions concerning this consent form, feel free to discuss these with the therapist. Please initial next to each paragraph that you have read and understood said paragraph. If you have any questions regarding the treatment, your therapist will discuss these with you.

Name: \_\_\_\_\_

Primary Caregiver (Chiropractic Dr., Medical Dr., Naturopath, etc.):

\_\_\_\_\_ Phone Number: \_\_\_\_\_

Name of referring professional or source: \_\_\_\_\_

\_\_\_\_\_ All information provided will be held in the **strictest confidence** unless upon receipt of a **written** request along with a signed release from the client. ALL or PART of the client's records can be released to the client, the client's personal representatives:

- a) Lawyer; b) Insurance companies; c) other health care professional; d) others

\_\_\_\_\_ **Billing for a missed appointment will take place unless 24 hours prior notice is provided.**

Payment for treatments is due upon completion of treatment. All fees are payable in Cash, with Cheque, Debit card, Visa or Mastercard.

Fees:	1 Hour Massage	\$85.00 (plus GST)
	1/2 Hour Massage	\$45.00 (plus GST)
	1 1/2 Hour Massage	\$115.00 (plus GST)
	Cupping	\$10.00 (plus GST)

\_\_\_\_\_ Draping defines the physical boundary between the client and therapist. Client privacy and respect will be assured at all times. The client may choose to be fully draped or clothed throughout the treatment. Genitals, perineum and/or anus are **NEVER** undraped.

- A client has the right to refuse, modify or terminate treatment at any time.
- A therapist has the right to refuse, modify or stop treatment at any time if there is a reasonable cause.

\_\_\_\_\_ I understand that massage therapy is given for the purpose of stress reduction, relief from muscular tension, spasm or pain or for increased circulation or energy flow. I understand that the therapist does not diagnose illness, disease or any other physical or mental disorder. It has been made clear to me that massage therapy is not a substitute for a medical examination or a diagnosis. It is recommended that I see a physician for any physical ailment that I might have. I also understand that if there are changes to my overall health, it is my responsibility to inform the therapist before future treatments.

I acknowledge that I have read and understood this consent and agree to its conditions.

Signature of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Needs assessments, treatments, procedures, likely benefits and risks of treatments have been and will be discussed with the client.

Signature of Therapist: \_\_\_\_\_ Date: \_\_\_\_\_