

DRESSES, LEOTARDS, AND CATSUITS SIZE GUIDE

1 – BALLET

2 - MODERN AND TAP

3 - CONTEMPORARY

BALLET

PRESCHOOL – GRADE 6

1ST POSITION DRESSES AND LEOTARDS:

Child Sizes (Body Measurements)										
Size	00 / XSmall		0 / Small		1 / Medium		2 / Large		3A / Xlarge	
Approx Age	3 - 4		5 - 6		7 - 8		9 - 10		11 - 13	
Height	98 - 104cm		110 - 116cm		122 - 128cm		134 - 140cm		146 - 158cm	
	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches
Chest	55 - 57	21 - 22	59 - 61	23 - 24	63 - 66	25 - 26	69 - 72	27 - 28	75 - 81	29 - 32
Waist	52 - 54	20 - 21	56 - 58	22 - 23	60 - 61	23 - 24	62 - 63	24 - 25	64 - 66	25 - 26
Hips	56 - 59	22 - 23	62 - 65	24 - 25	68 - 71	26 - 28	74 - 77	29 - 30	80 - 86	31 - 34
Girth	101	40	109	43	117	46	127	50	140	55
Adult Sizes (Body Measurements)										
Size	3 / Small		4 / Medium		5 / Large		6 / Xlarge			
UK Size	10 - 12		12 - 14		14 - 16		16 - 18			
Euro Size	38 - 40		40 - 42		42 - 44		44 - 46			
US Size	6 - 8		8 - 10		10 - 12		12 - 14			
IT Size	42 - 44		44 - 46		46 - 48		48 - 50			
	CM	Inches	CM	Inches	CM	Inches	CM	Inches		
Chest	84 - 88	32 - 34	88 - 92	34 - 36	92 - 97	36 - 38	97 - 102	38 - 40		
Waist	64 - 68	25 - 27	68 - 72	27 - 29	72 - 77	29 - 30	77 - 82	30 - 32		
Hips	89 - 93	35 - 36.5	93 - 97	36.5 - 38	97 - 102	38 - 40	102 - 107	40 - 42		
Girth	145	57	152.5	60	160	63	167.5	66		

INTERMEDIATE FOUNDATION – ADVANCED 1

BRATEK LEOTARD:

Size	Extra Small		Small		Medium		Large		Extra Large	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Chest	76-81	30-32	81-86	32-34	86-92	34-36	91-97	36-38	99-104	39-41
Waist	56-61	22-24	61-66	24-26	66-71	26-28	71-76	28-30	76-84	31-33
Hips	81-87	32-34	88-94	35-37	94-99	37-39	99-104	39-41	104-109	41-43

MODERN AND TAP

PRIMARY – GRADE 2

1ST POSITION DOTTY FRILL LEOTARD, URBAN STARS LEOTARD:

Child Sizes (Body Measurements)										
Size	00 / XSmall		0 / Small		1 / Medium		2 / Large		3A / Xlarge	
Approx Age	3 - 4		5 - 6		7 - 8		9 - 10		11 - 13	
Height	98 - 104cm		110 - 116cm		122 - 128cm		134 - 140cm		146 - 158cm	
	CM	Inches	CM	Inches	CM	Inches	CM	Inches	CM	Inches
Chest	55 - 57	21 - 22	59 - 61	23 - 24	63 - 66	25 - 26	69 - 72	27 - 28	75 - 81	29 - 32
Waist	52 - 54	20 - 21	56 - 58	22 - 23	60 - 61	23 - 24	62 - 63	24 - 25	64 - 66	25 - 26
Hips	56 - 59	22 - 23	62 - 65	24 - 25	68 - 71	26 - 28	74 - 77	29 - 30	80 - 86	31 - 34
Girth	101	40	109	43	117	46	127	50	140	55
Adult Sizes (Body Measurements)										
Size	3 / Small		4 / Medium		5 / Large		6 / Xlarge			
UK Size	10 - 12		12 - 14		14 - 16		16 - 18			
Euro Size	38 - 40		40 - 42		42 - 44		44 - 46			
US Size	6 - 8		8 - 10		10 - 12		12 - 14			
IT Size	42 - 44		44 - 46		46 - 48		48 - 50			
Chest	CM	Inches	CM	Inches	CM	Inches	CM	Inches		
	84 - 88	32 - 34	88 - 92	34 - 36	92 - 97	36 - 38	97 - 102	38 - 40		
Waist	CM	Inches	CM	Inches	CM	Inches	CM	Inches		
	64 - 68	25 - 27	68 - 72	27 - 29	72 - 77	29 - 30	77 - 82	30 - 32		
Hips	CM	Inches	CM	Inches	CM	Inches	CM	Inches		
	89 - 93	35 - 36.5	93 - 97	36.5 - 38	97 - 102	38 - 40	102 - 107	40 - 42		
Girth	CM	Inches	CM	Inches	CM	Inches	CM	Inches		
	145	57	152.5	60	160	63	167.5	66		

GRADE 4

1ST POSITION STARBURST LEOTARD:

Child Sizes										
Size	00 / 24		0 / 26		1 / 28		2 / 30		3A / 32	
Approx Age	3-4 Years		5-6 Years		7-8 Years		9-10 Years		11-12 Years	
Chest	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
	55-58	21.5-23	59-62	23-25	63-68	25-27	69-74	28-30	75-78	30-32
Waist	52-54	20.5-21.25	56-58	22-23	60-61	23.5-24	62-63	24.5-25	64-65	25-25.5
Hips	56-59	22-23	62-65	24.5-25.5	68-71	27-28	74-77	29-30	80-83	31.5-32.5
Girth	90-93	35.5-36.5	95-100	37.5-39.5	106-112	41.5-44	116-120	45.5-47	125-130	49-51
Adult Sizes										
Size	3 / 34		4 / 36		5 / 38		6 / 40			
Adult size equivalent	Small		Medium		Large		X-Large			
Chest	CM	INCH	CM	INCH	CM	INCH	CM	INCH		
	84-88	32-34	88-92	34-36	92-97	36-38	97-102	38-40		
Waist	CM	INCH	CM	INCH	CM	INCH	CM	INCH		
	64-68	25-26.75	68-72	26.75-28.25	72-77	28.25-30.25	77-82	30.25-32.25		
Hips	CM	INCH	CM	INCH	CM	INCH	CM	INCH		
	89-93	35-36.5	93-97	36.5-38	97-102	38-40	102-107	40-42		
Girth	CM	INCH	CM	INCH	CM	INCH	CM	INCH		
	145-150	27-29	150-155	59-61	155-160	61-63	160-165	63-65		

GRADE 5-6

1ST POSITION HIGH NECK CATSUITS/STRAPPY CAMI CATSUITS:

Child Sizes										
Size	00 / XSmall		0 / Small		1 / Medium		2 / Large		3A / XLarge	
Approx Age	2-3 Years		3-5 Years		6-8 Years		9-11 Years		12-13 Years	
Height	98-104cm		110-116cm		122-128cm		134-146cm		152-158cm	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Chest	52-54	20-21	56-63	22-25	66-73	26-29	73-81	29-32	81-84	32-33
Waist	48-51	19-20	53-58	21-23	58-63	23-25	63-68	25-27	68-70	27-28
Hips	54-58	21-23	59-63	23-25	64-68	25-27	70-75	28-30	76-80	30-32
Girth	94	37	99	39	117	46	127	50	140	55

Adult Sizes								
Size	3 / Small		4 / Medium		5 / Large		6 / XLarge	
UK Dress Size	10-12		12-14		14-16		16-18	
Euro Size	38-40		40-42		42-44		44-46	
US Size	6-8		8-10		10-12		12-14	
IT Size	42-44		44-46		46-48		48-50	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Chest	81-86	32-34	86-91	34-36	91-97	36-38	96.5-101.6	38-40
Waist	63-71	25-28	71-76	28-30	76-81	30-32	81.3-86.4	32-34
Hips	81-85	32-33	90-95	35-37	100-106	39-42	111.8-116.8	44-46
Girth	145	57	152	60	160	63	167.6	66

ADVANCED 1:

INTERMEZZO DOUBLE STRAP CATSUIT:

Child												
Size	2		4		6		8		10		12	
Age	1-2		3-4		5-6		7-8		9-10		11-12	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Height	85-92	33.5-36	90-105	35-41.5	106-117	42-46	118-129	46.5-50.5	130-141	51-55.5	142-152	56-60
	KG	St	KG	St	KG	St	KG	St	KG	St	KG	St
Weight	9-13	1.4-2	12-19	1.9-3	18-25	2.8-3.9	24-31	3.8-4.9	30-35	4.7-5.5	36-44	5.7-6.9

Adult										
Size	XS		S		M		L		XL	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Chest	76-81	30-32	81-86	32-34	86-91	34-36	91-98	36-39	99-105	39-41
Waist	56-61	22-24	61-66	24-26	66-71	26-28	71-76	28-30	76-84	30-33
Hip	84-89	33-35	89-94	35-37	94-99	37-39	99-105	39-41.5	105-110	41.5-43
Girth	132-140	52-55	140-148	55-58	148-155	58-61	156-160	61-63	159-165	62-65

CONTEMPORARY

BLOCH UNITARD:

Size	Petite		Small		Medium		Large		XLarge	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Chest	76-82	30-32	82-87	32-34	87-92	34-36	92-97	36-38	92-102	38-40
Waist	56-61	22-24	61-66	24-26	66-71	26-28	71-76	28-30	76-82	30-32
Hips	84-89	33-35	89-94	35-37	94-99	37-39	99-104	39-41	104-107	41-42
Girth	140-145	55-57	145-150	57-59	150-155	59-61	155-160	61-63	160-165	63-65
Inseam	76-87	30-34	76-87	30-34	76-87	30-34	76-87	30-34	76-87	30-34