



Registered Massage Therapist

Tatiana holds a Registered Massage Therapist Diploma, graduating from the Pharma-Medical Science College of Canada. She is passionate about helping her clients decrease pain, reduce tension and release stress. She is qualified in Swedish Massage, Deep Tissue Massage, Myofascial Release, Prenatal Massage, and Sports Massage. Tatiana always makes sure that her clients achieve their goals for a healthier lifestyle and improve their wellbeing and self-awareness through her care.

Meet Tatiana Kardashova, RMT

Tatiana is now providing massage therapy services at Universal Health on Tuesday's from 12 pm to 7 pm Starting October 11th

30 Minutes: \$70.00 plus HST

45 Minutes: \$90.00 plus HST

60 Minutes: \$110.00 plus HST