

BYE WEEK EVENTS  
AND CORNISH TRAILS®

ST EVAL  
KART  
CIRCUIT

# OFFICIAL RACE GUIDE

## SUNDAY 15<sup>TH</sup> MAY 2022



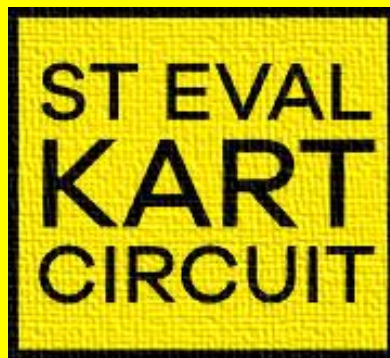
**THOMAS**  
AUTO TEC



**KELTEK**  
CORNISH BREWERY



SCAN ME



Located on the North Cornwall coast between Newquay and Padstow, St. Eval Kart Circuit is a fantastic outdoor go kart track. Featuring a family circuit which is designed to cater for 12 years olds and above including mum and dad too, a dedicated Cadet circuit for 7-11 years olds, an Adult only track for something a bit more full on, and not forgetting the little ones – we also have a dedicated circuit for the 3 to 6 year olds

***ALL SESSIONS NEED PRE BOOKING***

**ST EVAL KART CIRCUIT, ST EVAL,  
WADEBRIDGE, CORNWALL, PL27 7UN**

**01637 860160**

**[www.stevalkartcircuit.com](http://www.stevalkartcircuit.com)**



# WELCOME

Welcome to the 3<sup>rd</sup> 'St Eval Kart Circuit Marathon & ½ Marathon' event. Also new for 2022 is the 10K addition to this amazing race day at one of Cornwall's most unique of venues.

This event remains the ONLY go kart circuit marathon & half marathon on the planet that we know of!

This event is purely for fun and won't count for a GFA (good for age) time if you hit it. This is because it's associated to 'The Association of Running Clubs' and not England Athletics.

We can attest to this being one of the most ridiculous things in running, especially considering that we need a UKA accredited course measurer to measure a course to gain a permit. Bonkers!

However, we promise an action packed and fun day out with an F1 themed event for every level. Winners will be stood on our podium in front of the Senna flag in the paddock with their unique trophies, Pirelli hats and bubbles, just like in a motor race.

The event was born as a tribute to the anniversary of the passing of both Ayrton Senna and Roland Ratzenberger at Imola, San Marino on 4<sup>th</sup> May 1994. This event falls within the 28<sup>th</sup> anniversary month of one F1s greatest tragedy. Tributes to the passing of these great drivers and sportsmen will be extended to our special bespoke medal, with Senna etched into the metal, along with a quote by the great man himself. Senna powered himself to victory many times with a Honda engine on his road to 3 World Championships. Roland however, drove the Ford Simtek and died in his debut F1 season just on his 3<sup>rd</sup> start.

Keep reading for important information to help you prepare for the day. Take a look through this official pre-event guide and please read thoroughly. You'd be surprised at how many questions we get that could be answered by simply reading the information. We don't leave any stone unturned and if there is truly anything you need to know but can't seem to find then please contact us.

Gorhemynadow an gwella ha chons da! (Best wishes & good luck!)

Dave & Sally Ann

ASSOCIATION OF RUNNING CLUBS

PERMIT NO: 22/096

# EVENT SCHEDULE

**EVENT HQ: ST EVAL KART CIRCUIT, ST EVAL, WADEBRIDGE, CORNWALL, UK, PL27 7UN**

**THERE IS PARKING ON-SITE. ALL RUNNERS ARE ENCOURAGED TO PARK ON THE SITE ONLY!**

**DO NOT PARK ON THE MAIN ROAD OUTSIDE THE TRACK OR NEAR TO THE AREA OF THE SURROUNDING FARMS. THERE IS AMPLE PARKING AT THE VENUE. PLEASE USE IT. YOU WILL BE DISQUALIFIED IF YOU DON'T.**

**REGISTRATION & ID CHECKS: 07:30– 10:30AM (ALL DISTANCES WITH THE EXCEPTION OF THE 10K REGISTRATION TIME, WHICH ENDS AT 8:30AM) NOBODY WILL BE CHECKED-IN BEFORE OR AFTER THESE TIMES.**

**THIS EVENT WILL BE CHIP TIMED AND YOU WILL BE PICKING UP YOUR RACE NUMBERS FROM REGISTRATION ON EVENT DAY. YOUR NUMBERS WILL NOT BE SENT OUT IN THE POST. COLLECTION ON THE DAY ONLY!**

**START FOR THE 10K: 09:00AM – SUNDAY 15<sup>TH</sup> MAY 2022**

**START TIME FOR BOTH FULL/HALF: 11:00AM – SUNDAY 15<sup>TH</sup> MAY 2022**

**PLEASE MAKE SURE YOU ARE READY TO RUN AT THESE TIMES AS THE EVENT WON'T BE DELAYED BECAUSE YOU NEED YOUR HAND HOLDING.**

**THERE WILL BE NO WAVE STARTS IN 2022. RUNNERS WILL LINE UP AND RUN TOGETHER, BUT WE WILL HAVE SOME COVID MEASURES STILL IN PLACE. FIRST AND FOREMOST BECAUSE I'VE HAD IT. IT'S SHIT. I DON'T WANT IT AGAIN AND I'M SURE NONE OF YOU DO EITHER.**

**CUT OFF TIME: 6 HOURS FOR THE MARATHON (17:00PM) & 3 HOURS FOR THE HALF MARATHON (13:00PM) AND 1 HOUR AND 50 MINUTES FOR THE 10K (10:50AM). THIS ALLOWS US 10 MINUTES TO CLEAR THE TRACK OF RUNNERS AND GET THE MARATHON & HALF MARATHON RUNNERS LINED UP ON THE GRID.**

**EVENT BRIEFING: YOU WILL ALL BE BRIEFED IN THE WARM UP STATION AREA (NEAR TO THE GRID).**

**SAFETY BRIEFING TIMES:**

**08:40AM (10K)**

**10:40AM (MARATHON & HALF MARATHON)**

**THE BRIEFINGS WILL TAKE 10-15 MINUTES LEAVING YOU 5 MINUTES TO TRY TO SQUEEZE OUT A PEE BEFORE THE RACE IN THE LAST 5 MINUTES PRE-START.**



**(TOILETS PRE AND POST-RACE WON'T BE PORTABLE TOILETS THIS YEAR YOU WILL HAVE ACCESS TO THE MAIN TOILET ONSITE WHICH WILL BE LOCATED THROUGH THE PITS AND PADDOCK AREAS.**

**THERE WILL ALSO BE A CLEANING STATION AND YOU MUST ENSURE THAT YOU USE THIS IF YOU FEEL THE NEED TO, AS YOU ARE RESPONSIBLE FOR MAINTAINING YOUR OWN GOOD LEVEL OF HYGEINE PRE AND POST-USE OF THE LOOS. REMEMBER YOUR OWN HAND GEL WILL BE GIVEN TO YOU AT OUR CHECK-IN STATION.**

**DIFFICULTY: ENTRY LEVEL MARATHON, HALF MARATHON & 10K**

**PROFILE: 11.2FT ELEVATION A MILE. FLAT TARMAC LOOPS. EXCEPT THE LUMP ON THE UNDERBRIDGE. THAT'LL GET TO YOU AFTER A FEW MILES!**

**BAG DROP: YES. THERE WILL BE A KIT CHECK VAN. YOU WILL BE RESPONSIBLE FOR LEAVING YOUR OWN KIT INSIDE YOUR VEHICLES OR THE KIT CHECK VAN ONLY IF YOU REALLY NEED TO. IT SHOULD BE RESPONSIBLY SPACED AND LEFT AT YOUR OWN RISK AND AWAY FROM ANYONE WHO COULD FALL OVER IT. ANY LEFT KIT WILL NOT BE RETURNED. IT WILL TEACH YOU NEVER TO LEAVE IT AGAIN. DO NOT LEAVE KIT LYING AROUND THE TRACK. IT IS A HEALTH & SAFETY HAZARD.**

**PRESENTATION: ANYTIME AFTER ALL WINNERS HAVE FINISHED THEIR RESPECTIVE DISTANCES.**

**PRIZES FOR:**

**1<sup>ST</sup>, 2<sup>ND</sup>, 3<sup>RD</sup> MALE & FEMALE ON ALL DISTANCES WITH BESPOKE TROPHIES AND LITTLE F1 MEMORABILIA GIFTS COURTESY OF 'DRIVECRATE' AND THEIR MONTHLY SUBSCRIPTION SERVICE. CHECK THEM OUT IF YOU'RE AN F1 FAN!**

**EVENT HQ: ST EVAL KART CIRCUIT, ST EVAL, WADEBRIDGE, CORNWALL, UK, PL27 7UN**

**ALL DISTANCES WILL START ON THE 'UNDER-BRIDGE' SECTION AND WILL FINISH IN THE SAME PLACE.**

- **THE 10K WILL START ON THE UNDER-BRIDGE AND FINISH ON THE UNDER-BRIDGE (09:00AM)**
- **THE HALF WILL START ON THE UNDER-BRIDGE AND FINISH ON THE UNDER-BRIDGE (11:00AM)**
- **THE FULL WILL START ON THE UNDER-BRIDGE AND FINISH ON THE UNDER-BRIDGE (11:00AM)**
- **ALL LAPS COUNTED/TAKEN/REGISTERED ON THE UNDER-BRIDGE.**

**ONCE YOU'VE PASSED THE UNDER-BRIDGE FOR THE LAST TIME, YOU'LL HAVE TO EXIT THE TRACK BY HEADING TOWARD THE TOILETS AND OUT AT THAT EXIT POINT. KEEP IN AND AWAY FROM ALL RUNNERS LEFT ON THE TRACK AND PLEASE DON'T RETURN TO THE TRACK ITSELF AFTER FOR ANY REASON.**

# HEALTH & SAFETY

Even though we will absolutely do our best to pause and save your data when you hit the floor, there are things that can prevent you getting yourselves into that situation in the first place.

If you are unwell on race day then simply don't run. What's the point when you aren't well? You need to obviously stay hydrated. Drink well before, during and after.

DO NOT TURN UP WITH COVID. YOU WILL NOT NEED TO PROVIDE NEGATIVE LFT/PCR TESTS, BUT IT IS NOW ONLY ADVISED THAT YOU DO A TEST PRIOR TO THE EVENT. FROM APRIL 1<sup>ST</sup>, LATERAL FLOW TESTS (LFT) WILL NO LONGER BE FREE AND YOU WILL HAVE TO PAY FOR THEM. IT IS MANDATORY HOWEVER TO REMAIN IN A FACE COVERING ON THE STATLINE, INDOORS AND AT AID STATIONS. YOU MUST ALSO USE THE HAND SANITISER PROVIDED! EVERY RUNNER WILL BE GIVEN AN ALCOHOL HAND SANITISING GEL AT REGISTRATION. NO OTHER EVENT ORGANISER IN CORNWALL PROVIDES THE LEVEL OF COVID-SAFETY THAT WE HAVE IN THE LAST 2 YEARS!!

THIS MEASURE WILL BE UNDER CONSTANT REVIEW AND IT IS ABOUT KEEPING THE GENRAL PUBLIC SAFETY. Dress for the weather too! The phrase "skin is waterproof" is hilarious and makes my side ache. Don't be that person. Also bring the right gear for after the race. It's windier than a camp fire surrounded by bean-eaters at St Eval. It's positioned quite high up and near to the coast. It will become quite cold quite quickly when you're finished. I've been there when there only seems to be rain and wind only at this circuit!

There are no entries on the day. YOU WILL BE ASKED TO PRODUCE IDENTIFICATION. People sometimes run in other people's name. Please don't be a dickhead. For your own safety, this is a little pointless. If we don't know who you are and you don't have ID then you won't be running. Imagine having a heart attack and nobody knowing who you are or who to even contact.

There is space on the back of the numbers to write down ALL of your info. Makes it easier to identify you if you do happen to die. Race director numbers are on the backs of ALL race bibs. Use these numbers if you need to in an emergency, although you'll never be far away from anyone on the 1KM track.

We don't have 'Omega Medical' this year, but you do have qualified sports first aiders attending and looking after all runners and crew. If we didn't think we could put on the safest event possible then we wouldn't be staging it at all. Rest assured your safety is paramount to us. If you need to retire from the race for whatever reason then please get word to us via a marshal/team member and remove your race number promptly.

Please also respect the environmental code. Littering will get you disqualified.

Use the toilets provided ONLY. If you piss on the track/course/anywhere that's not the toilet, we will disqualify you. Please be courteous to your fellow runners.

HEADPHONES ARE ALLOWED but you must be able to hear marshal instructions and runners behind you.

Please overtake runners responsibly and please move out of the way for faster runners safely and when safe to do so. There will be makeshift arrows on the tire barriers to show you where you're going. Please let people know you're coming through. Please respect those who are quicker than you and please respect those who are slower than you. I'd be lost for words if any of you get lost on this track.



# IMPORTANT INFO TO REMEMBER

WITH IDENTIFICATION, A SCREENSHOT ON YOUR PHONE WILL NOT DO. IT HAS TO BE A PHYSICAL FORM OF PHOTO IDENTIFICATION ONLY. AGAIN, THIS IS TO PREVENT ANYONE ELSE RUNNING IN YOUR NAME.

IF YOU HAVE BEEN IN CONTACT WITH SOMEONE SHOWING CORONAVIRUS SYMPTOMS OR PROJECT CORONAVIRUS SYMPTOMS YOURSELF, YOUR NEXT OF KIN WILL BE CONTACTED TO COLLECT YOU AND YOU WILL HAVE TO LEAVE PROMPTLY. BUT IF YOU KNOW YOU HAVE COVID-19 THEN PLEASE DO NOT COME TO THE EVENT!

ALL AID STATION FOOD WILL BE IN PACKAGING AND YOU WILL BE RESPONSIBLE FOR OPENING PACKAGING AND HELPING YOURSELF TO WATER. THERE WILL BE PLENTY OF FOOD THOUGH. AND OUR MARSHALS WILL STILL GIVE YOU THE ENCOURAGEMENT THAT'S WELL KNOWN AT OUR EVENTS. YOU'LL HAVE 2 AID STATIONS PER KILOMETER.

YOU'LL NEED TO USE THE HAND GEL PROVIDED EACH TIME YOU VISIT THE AID STATIONS.

ALL SPITTERS/GOBBERS/SNOTTERS WILL BE DISQUALIFIED.

PLEASE GIVE RUNNERS ADEQUATE SPACE WHEN PASSING EACH OTHER.

OUR CREW WILL BE GIVEN FULL PPE AND THEY HAVE THE OPTION WHETHER TO WEAR IT OR NOT, BUT REST ASSURED WE'LL DO OUR BIT BY PROVIDING IT.

RUNNERS AREN'T ALLOWED SPECTATORS AT THE TRACK TO MINIMISE CROWDING. IF YOU HAVE TO HAVE PEOPLE THERE AS THEY ARE DRIVING YOU ETC, THEN THEY MUST NOT BE ON THE TRACK AT ANY TIME AND MUST NOT SUPPORT RUN WITH YOU DURING THE EVENT. NOBODY EXCEPT RUNNERS AND CREW ARE ALLOWED ON THE TRACK AND WHEN A RUNNER HAS FINISHED, HE/SHE WILL NOT BE ALLOWED BACK ON THE TRACK. YOUR SPECTATORS ARE NOT OUR RESPONSIBILITY.

FACE MASKS/COVERINGS ARE MANDATORY AT THE CHECK-INS AND WHEN GOING TO THE TOILETS ONSITE. IF YOU'RE NOT WEARING ONE, YOU WILL BE ASKED TO COMPLY. IF YOU DON'T HAVE ONE THEN YOU CAN BUY ONE FROM US. JUST CONTACT US IF YOU NEED/WANT A BYSVYKEN ONE. THERE WILL BE SNOODS AVAILABLE TO PURCHASE ON THE DAY ALSO. THESE CAN ALSO BE PURCHASED BEFORE THE EVENT. JUST CONTACT US TO GET ONE.

FACE COVERINGS WILL NOT BE MANDATORY TO RUN IN. IF YOU FEEL SAFER DOING SO THEN FEEL FREE. I SEE NO POINT IN STARTING IN THEM BECAUSE YOU'RE ALL RUNNING AROUND EACH OTHER ALL DAY ANYWAY AND YOU WILL HAVE BEEN COVID CHECKED AT REGISTRATION.

THE MAIN TOILET ONSITE WILL BE AVAILABLE TO USE PRE AND POST-RACE. THESE WILL BE THE RESPONSIBILITY OF THE RUNNERS TO CLEAN WHEN THEY NEED THE TOILETS (IF THEY FEEL THEY WANT/NEED TO CLEAN THEM), USING THE SANITISATION STATION PROVIDED OUTSIDE OF SAID TOILETS. PLEASE USE YOUR HAND GEL AFTER USING THE TOILETS.

THERE ARE NO SHOWERS ONSITE. YOU WILL JUST HAVE TO FASTER ON THE WAY HOME!

TEA, COFFEE, FOOD & BEER FROM KELTEK BREWERY WILL BE AVAILABLE. FOOD TO BE DECIDED BUT WE WILL TRY TO CATER FOR ALL DIETRY REQUIREMENTS THE BEST THAT WE CAN. IF YOU'RE ALLERGIC TO JUST ABOUT EVERYTHING OR PREFER EATING ARTISAN CARDBOARD THEN BRING YOUR OWN FOOD.

ALL FOOD IN PREVIOUS EVENTS WERE SOUP AND CHILLI FOR ALL DIETRY REQUIREMENTS. THIS WAS MADE BY THOSE WHO HAD FOOD AND HYGEINE QUALIFICATIONS ONLY. ALL OF OUR FOOD AND DRINK STAFF WILL BE EQUIPPED WITH PPE, AND WILL BE QUALIFIED IN FOOD HYGEINE & SAFETY. CERTIFICATES WILL BE AVAILABLE IN ANY CIRCUMSTANCE OF A GENUINE REQUEST TO SEE THEM DURING THE EVENT.

THERE WILL BE ARROWS ON THE TRACK TO FOLLOW ALONG WITH SIGNS ATTACHED TO THE BARRIERS.

The route consists of laps of St Eval's international go kart circuit. The laps are approximately 1KM long, and feature many twists, turns, chicanes and an over and under-bridge.

The laps are as follows:

- 52 (MARATHON)
- 26 (HALF MARATHON)
- 12 (10K)

These laps are rounded up to the nearest lap so you will end up running longer than your intended distance!

All race distances starts will be signalled by a siren, cowbells and flags being waved by our official starters like an F1 race (the flags, not the cowbells and siren)

All race distance starts and the finish will clearly be marked.

PLEASE NOTE THAT IF YOU WEAVE JUST 0.03 MILES AROUND PEOPLE ON EVERY LAP, YOU'LL BE RUNNING A TOTAL OF 1.3 MILES EXTRA AT THE END OF THE MARATHON AND 0.65 MILES ON THE HALF MARATHON. WHILST THE RACING LINE IS MEASURED, IT'S ONLY INEVITABLE WITH BASIC MATHS AND SCIENCE THAT YOU'LL RUN FURTHER THAN THE STATED DISTANCE OF BOTH A FULL AND A HALF MARATHON. THE COURSE IS MEASURED ON A RACING LINE. THIS EVENT HAS BEEN SHORT BEFORE (UNINTENTIONALLY), BUT I WILL MAKE SURE THAT THE NUMBER OF LAPS ARE ENOUGH THAT THEY ACTUALLY SLIGHTLY GO OVER THE STATED DISTANCE.

THOSE NEEDING TO GO TO THE TOILET 10 TIMES DURING THE RACE NEED TO KNOW THAT IF THEY COMPLAIN THEY'VE ALREADY HIT THEIR DISTANCE AND STILL HAVE 1 LAP TO GO, THAT'S PROBABLY BECAUSE YOU WENT OFF FOR A SHIT 10 TIMES. PLEASE THINK ABOUT THE COMMON SENSE OF IT ALL.

ALL OFFICIALS'/TIME KEEPERS WORDS ARE FINAL AND THERE WILL BE NO CONTESTING OF THE FINAL RESULTS. I HAVE RUN BOTH A HALF AND A FULL MARATHON MYSELF ON THIS CIRCUIT MANY TIMES AND CAN STATE THAT THESE ARE THE AVERAGE NUMBER OF LAPS NEEDED TO COMPLETE THE DISTANCES.

THE COURSE WILL BE SLIGHTLY DIFFERENT FROM LAST YEAR DUE TO A RESURFACE AND A SLIGHT CHANGE.

ALONG WITH THE 2 AID STATIONS OUT ON THE COURSE, YOU'LL ALSO BE ABLE TO LEAVE YOUR OWN SUPPLIES ON A TABLE AT THE AID STATION ON THE CHICANE BEFORE THE BRIDGE. THEY WILL NEED LABELLING AND TAKING TO THE LOCATION YOURSELF AND THEY ARE LEFT AT YOUR OWN RISK. IT IS NOT A REQUIREMENT THAT YOU BRING YOUR OWN TABLE. WE WILL NOT TAKE THESE SUPPLIES THERE FOR YOU. YOU WILL NEED TO DO THIS YOURSELF.



# THE RACE TRACK



MARATHON (52 LAPS)

HALF MARATHON (26 LAPS)

10K (12 LAPS)

The track isn't used  
in its entirety



# TRANSPORT

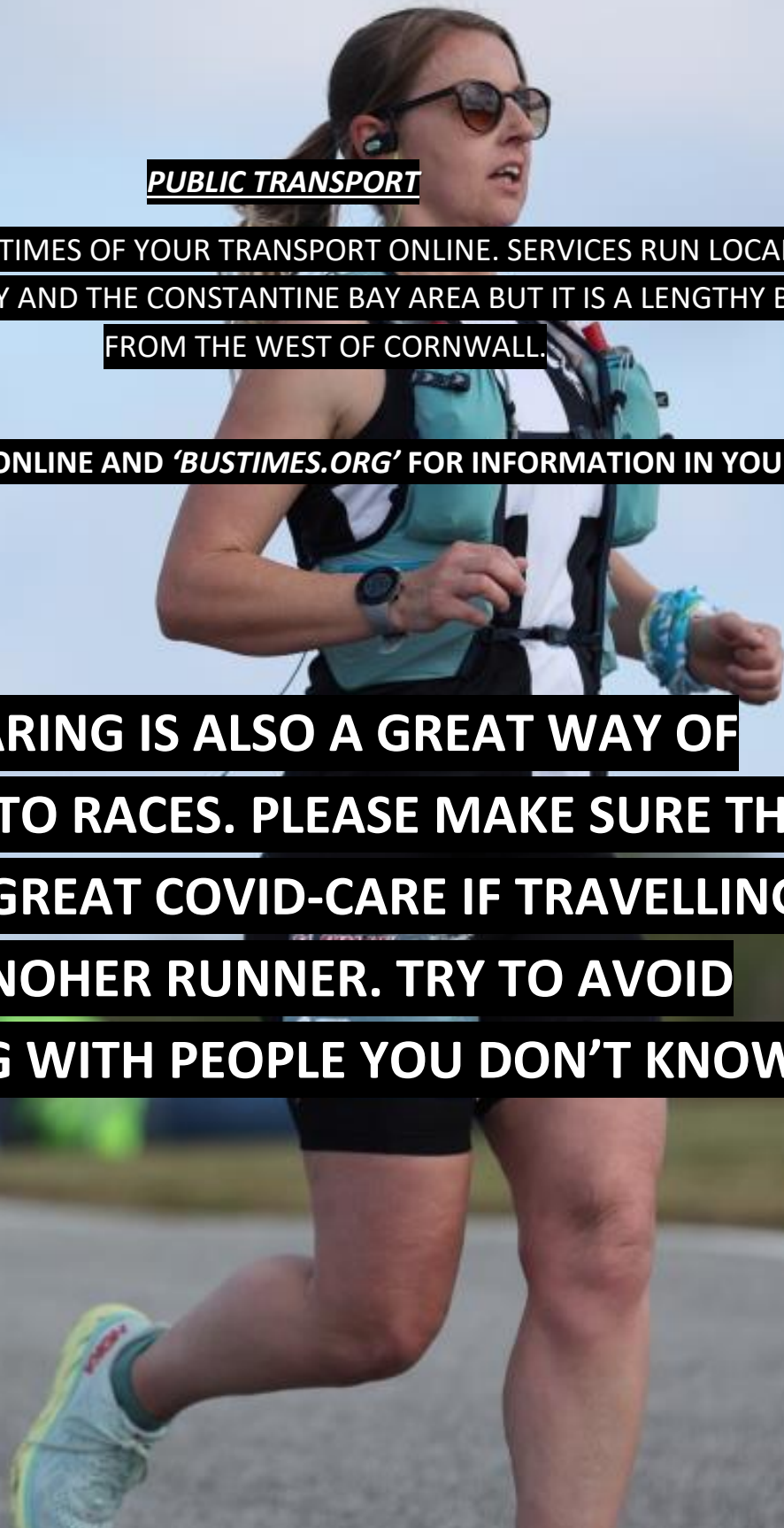
**PARKING IN THE WRONG PLACE (IE ANYWHERE THAT ISN'T THE RACE HQ VENUE) WILL GET YOU DISQUALIFIED BEFORE YOU START. NO PARKING IN FARM LANES. THE FARMERS WHO OWN THESE LANES WON'T BE HAPPY WITH THIS.**

## **PUBLIC TRANSPORT**

**PLEASE CHECK THE TIMES OF YOUR TRANSPORT ONLINE. SERVICES RUN LOCALLY FROM PADSTOW, NEWQUAY AND THE CONSTANTINE BAY AREA BUT IT IS A LENGTHY BUS JOURNEY FROM THE WEST OF CORNWALL.**

**VISIT '[THE TRAIN LINE](#)' ONLINE AND '[BUSTIMES.ORG](#)' FOR INFORMATION IN YOUR AREA.**

**CAR SHARING IS ALSO A GREAT WAY OF TRAVELLING TO RACES. PLEASE MAKE SURE THAT YOU TAKE GREAT COVID-CARE IF TRAVELLING WITH ANOTHER RUNNER. TRY TO AVOID TRAVELLING WITH PEOPLE YOU DON'T KNOW.**





BYS VYKEN EVENTS  
AND CORNISH TRAILS.



*The Cousin Jack Classic*  
*Sat 4<sup>th</sup> March 2023*  
*Classic - 18 miles*






**BYSVYKENEVENTS.VPWEB.CO.UK**

Photo by: Becky Harris



# MEDALS & NUMBERS



RIBBONS			
12		BY 3 WEEKS EVENTS AND CORNISH TRAILS	X 26.2
12		BY 3 WEEKS EVENTS AND CORNISH TRAILS	X 13.1
12		BY 3 WEEKS EVENTS AND CORNISH TRAILS	X 10K



# REGISTRATION

***St Eval Kart Circuit, St Eval, Wadebrige, Cornwall, UK, PL27 7UN***



**All runners will receive their numbers at registration and all numbers will be shown on the next page as an example, along with the design of the medal and the ribbons.**

**All details on the backs of the bibs need to be filled out correctly. Again, BRING I.D! Screenshots and photos of I.D will not do. Physical copies only. No questions, no exceptions. (I know I've already said this but a lot of people won't have read it first time around)**

**YOU'LL RECEIVE A ST EVAL KART CIRCUIT WRISTBAND WITH YOUR NUMBER. YOU'LL RECEIVE A ST EVAL BALACLAVA UPON FINISHING, WITH YOUR MEDAL, ALONG WITH A CERTIFICATE OF YOUR RUNNING ACHIEVEMENT.**

**Pins will be provided at registration.**

**DO NOT TRY TO CONTACT US ON THE DAY.**

**There will be a bag drop and any bags are left at your own responsibility. We assume no liability for lost, stolen or damaged items.**

***NO ACCEPTANCE OF TERMS, NO RUN AND ONCE AGAIN, IF YOU FEEL UNWELL THEN STAY AT HOME!***






# TIMING



**TIMING WILL BE PROVIDED BY 'KERNOW RACE TIMING'  
THIS YEAR AND WILL BE CHIPPED. YOU WILL BE  
PICKING UP ANKLE TAGS AFTER YOU'VE CHECKED IN.  
PLEASE MAKE SURE YOU TAKE THESE OFF AND PUT  
THEM IN THE BUCKET PROVIDED AFTER YOU'VE  
FINISHED.**

# IN-RACE RULES

- 
- 1/ HEADPHONES ALLOWED BUT MARSHALS MUST BE ABLE TO BE HEARD.
  - 2/NO SPECTATORS (OTHER THAN RUNNERS AFTER THEY'VE FINISHED)
  - 3/ SPECTATING FINISHERS MUST STICK TO THE DESIGNATED AREAS ONLY AND KEEP OFF THE TRACK
  - 4/ NO RUNNING ON THE GRASS OR THE RED/WHITE LINES AROUND THE CHICANE. CHEATING THE TRACK WILL GET YOU DQ'D AND WE WILL HAVE CREW IN PLACE HERE. NO RUNNING ON THE RED & WHITE LINES TO CUT CORNERS OR TO OVERTAKE.
  - 5/NO LITTERING. DQ'S APPLY.
  - 6/ BRING YOUR OWN CUPS. THIS EVENT AND EVERY EVENT IS CUPLESS.

## ADVISORY KITLIST

- ROAD SHOES
- SUNGLASSES
- SUN CREAM/SPRAY
- WATERPROOF JACKET
- ANTI – CHAFE CREAM/BALM
- MOBILE PHONE CHARGED
- GELS/BARS/NUTRITION
- HYDRATION SYSTEM/FLUID/REUSABLE CUP





# KERDROYA

The Cornish Landscape Labyrinth

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TREE**



31 Turnpike Road, Connor Downs, Hayle, Cornwall, TR27 5DT

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Take a look at our online shop on our website: [www.thomasautotec.co.uk](http://www.thomasautotec.co.uk)



We have a contact form on our website or call 01736 755684

