

## CHESSIE SCIENCE SCHEDULE

### GROUP 4A & 4B

### OUTDOOR SURVIVAL & FIRST AID REPORT INFO

**PLEASE NOTE:** Handouts are included for reading on some of the subjects for this unit. Feel free to use the website suggestions for more in-depth learning on a variety of areas of outdoor survival. Get ready to learn how to Survive in the Wilderness and Stay Safe!

## **Practice the 4 Survival Priorities of Shelter, Water, Fire, and Food**

**3/5** Introduction to Outdoor Survival. What to do first in a survival situation. What are the 4 things to do and in what order? Starting a fire with a bow drill, shelters, signaling

**Prior to class:** Handout for week #1 on shelters & handout on how to build a fire

**Complete:** Homework week #1

**Classtime:** (Guest teacher: Paul Cipriani, Outdoor survival instructor, Living Earth School)

(sign up in class today for first aid report topic, which is due on April 2<sup>nd</sup> )

**Website suggestion:**

<http://www.youtube.com/watch?v=m0bEoVhxFJ8>

video on how to make a fire with a bow drill

**Also:** check out some of the websites below on signaling and how to make a fire

**3/12** Clothing, water purification, survival kits, shelters

**Prior to class:** Read handout on How to Treat Water

**Complete:** Homework week #2

**Classtime:** (Guest teacher: Steve Pullinger, Primitive Skills Instructor)

**Suggestion:** check out some of the websites below for survival kits & survival clothing

**3/19** Tanning rawhide, cordage, snares, & traps, survival foods

**Prior to class:** Read handout on cordage & survival foods

**Complete:** homework week #3

**Classtime:** (Guest teacher: Steve Pullinger, Primitive Skills Instructor)

**Suggestion:** check out some of the websites below for snares and survival foods

**Website suggestions:**

<https://www.livefiregear.com/blog/start-fire-wilderness/>

how to make a fire

<http://www.youtube.com/watch?v=m0bEoVhxFJ8>

video on how to make a fire with a bow drill

<https://www.wildwoodsurvival.com/survival/shelter/debrishut/index.html>

survival shelters

<https://www.outdoorlife.com/photos/gallery/2014/09/11-ways-signal-help/>  
signaling

<https://www.rei.com/learn/expert-advice/water-treatment-backcountry.html>  
water purification systems

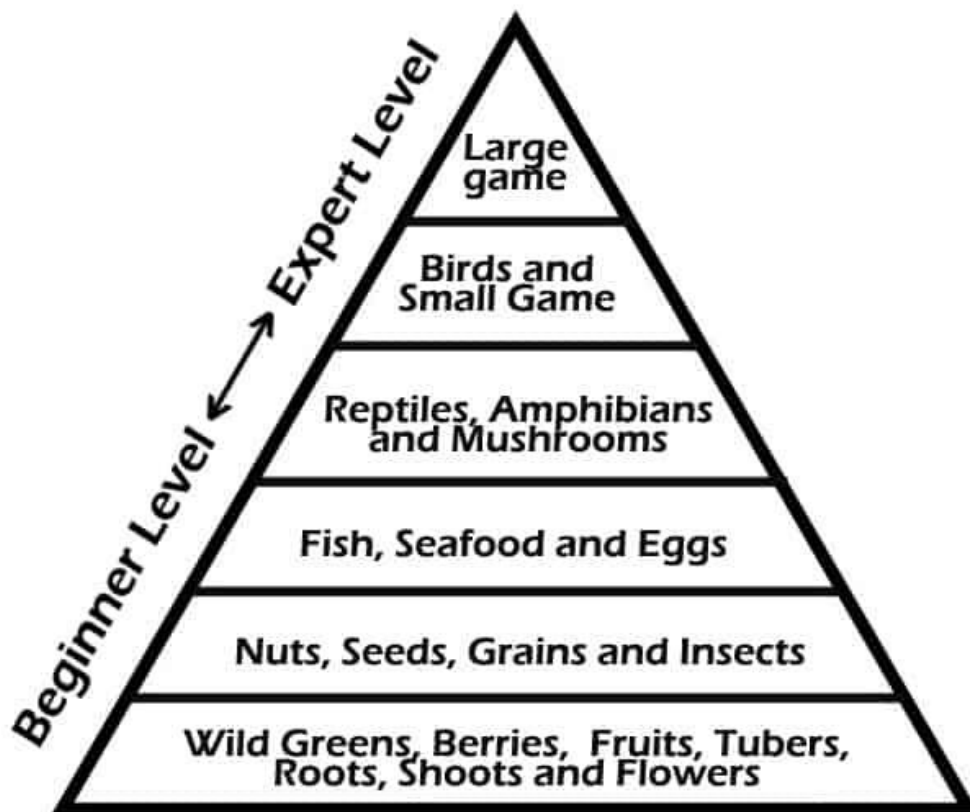
<https://traveltips.usatoday.com/make-wilderness-survival-kit-2337.html>  
The above website lists items that you should carry in your survival kit.

<https://www.sasionline.org/prepping/survival-first-aid-kit-checklist/>  
survival first aid kit

<https://www.backdoorsurvival.com/best-clothing-to-have-on-hand-for-shtf/>  
survival clothing essentials

<https://wildernessfolk.com/wildernesssurvivalfood.html>  
The above website lists a variety of survival foods

## Wilderness Survival Food Pyramid



survival snares

