



***We are an open, loving, and inclusive community
that supports thinking creatively and
living a deeply spiritual life.***

June
2022

The Week of

June 19, 2022

The two most important phrases in therapy, as in yoga, are “Notice that” and “What happens next?” Once you start approaching your body with curiosity rather than with fear, everything shifts.

~Bessel van Der Kolk, *The Body Keeps the Score*

[Visit our Website](#)

[Paypal online donation](#)

Online Sunday Gatherings

Guided Meditation 10:45am

Inspirational Service 11:00am

Community Conversation 12:00pm



Bill Smith, RScP
Meditation Guide



Eugene Holden, RScP
Guest Speaker

The Everyday Wonder of the Body: The Body Remembers

Unprocessed, unhealed emotions can hide in our bodies. Over time, this can cause problems ranging from headaches and fatigue to

serious medical conditions like heart attacks, anxiety/depression, and more. The body is more than a biochemical machine, walking our heads from room to room. Engaging with our bodies in a richer, more meaningful way opens the door to resolve what is unhealed and live more open, authentic lives.

Did you miss last week's service? [Watch it here.](#)

Click on [Videos](#) for list by date or
[Playlist](#) for list by speaker.

Online Links

You can access each meditation and service on
CSL St. George Facebook page.

<https://www.facebook.com/CSLSG/live/>

Meditation and service will also stream on
YouTube.

<https://www.youtube.com/channel/UCmmd5S1h6OjZpkgnDmt5I6A>

Community Conversation on
Zoom at Noon. **NEW LINK!!!**

<https://us02web.zoom.us/j/88939237692>

**We believe the Power breathing us
is greater than any circumstance,
situation, or condition.**

***Our MISSION is to provide
spiritual tools for
personal and global transformation.***

***Our PURPOSE is to awaken
humanity to its spiritual
magnificence; to awaken our
community to its Divine Nature and
the greatest expression of
who we are.***

***Our VISION is a world that works for
everyone.***



Questions and
comments for
Rev. Joe can be
forwarded to
stgeorgecsl@gmail.com
or reply to this
email.



**PRAYER
REQUESTS**
**Our Practitioners
want to
support you
in prayer.**

Please email your
prayer request to
prayer@cslstgeorge.org
or email practitioners
individually from our



website
(cslsg.org/about)
or leave a message at
435-893-6702



NEXT
IN-PERSON GATHERING

Encircle House

190 S 100 E, St. George, UT 84770

Saturday July 9th
10am - 12pm MDT

Encircle will provide us with snacks and offer a short tour of the House and its Mission.

There will be plenty of time for socializing as well!!!

DON'T MISS IT?



To view Core Council minutes, please email your request to:
suegfullmer@gmail.com

CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges and joys.

Leave a message at 435-893-6702 to engage this free and confidential service



CSLSG Wedding Officiant

Mary Klein, RScP, performs marriages, commitment ceremonies, and wedding vow renewals.

Reply to this email and she will respond to you directly.



*Spread
the
Love!!*

- **Give Online:** Paypal link is on our website: [cslsg.org](https://www.cslsg.org) on the Donation page; or Paypal direct with [blue button below](#).
- **Give by Mail:** send checks to CSLSG
PO Box 3132, St. George, UT 84771

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