

## Workplace Essentials

Occuteach have designed a group of courses designed to help give essential knowledge to Workplaces and Workers. Providing subjects that will benefit all workers regardless of which field they work in.

This group of courses cover 9 different areas to give a safe workplace environment.

The course subjects covered by this training are:

- COSHH Awareness
- Emergency First Aid at Work
- Fire Safety and Fire Marshal
- Health and Safety
- Manual Handling of Loads
- Mental Health Awareness for Adults
- Risk Assessment
- Stress Awareness
- Whistleblowing



