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| **ELITE MIXED MARTIAL ARTS CENTER** |

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|  |  | **August/September 2021** | **PROGRAM SCHEDULE**  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| CLASS  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY |
|  |  |  |  |  |  |  |
| LITTLE DRAGONS |  | 5:30pm-6pm |   |   | 5:30pm-6pm | 9:30am-10:00am |
| YOUTH - Beginner |  |   | 6pm-7pm |   | 6pm-7pm | 10am-11am |
| YOUTH - Intermediate |  | 6pm-7pm |  | 6pm-7pm |  | 11am-12pm |
| BLACKBELT - YOUTH |  |   | 7pm-8pm |  |   | 2pm-3pm |
| ADULT  |  | 7pm-8pm |   |   | 7pm-8pm | 1pm-2pm |
| DEMO |  |   |   |   |   | 12pm-1pm |
| INSTRUCTOR |  |   |   | 7pm-8pm  |   |  |

**8/21/2021 - Picture Day – NO REGULAR CLASSES**

**9/06/2021 - Labor Day - NO REGULAR CLASSES - Enjoy your holiday!
9/11/2021 - Saturday, Uptown Northampton Main Street Fair - Demo Team to open event
 - - 930am-10am Little Dragons
 -10am-11am Youth Beginner/Youth Intermediate
 -1pm-2pm Adult Class**

**Week of 9/20/2021 - Board Breaking (daily class times will be posted on bulletin board)**

**Wednesday, 9/22/2021 - No Youth Intermediate Class**

**Saturday, 9/25/2021 - No Demo or Youth Advanced Class**