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**Village**  
Magazine

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## *On the Cover*



The terrace and patio area at Garrison Field overlooking the lawn and Spring Cove. A perfect setting for the many lobster bakes held at the estate. Shannon Silversen photo.

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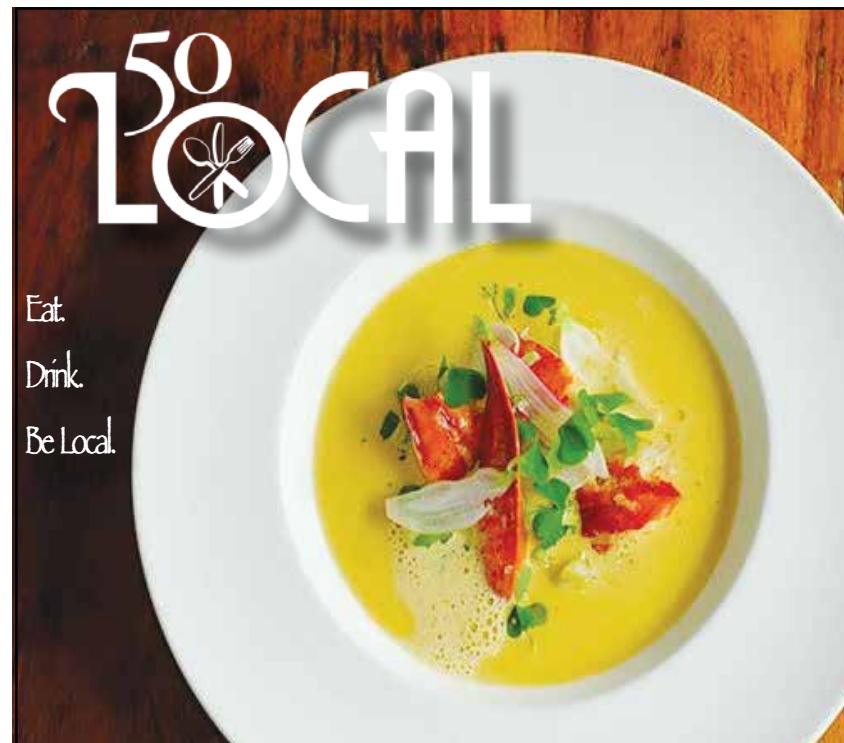
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**15 Heath Road, Kennebunk \$399,000.** This home is in a wonderful location and on a 2.53 acre lot. Three bedrooms, 1.5 baths, barn and more recently built 2 car garage. Updating is needed as well as possibly a new well and septic although no inspections have been done. There are many possibilities for recapturing this antique home!



**NEW LISTING/UNDER CONTRACT 48 Quinn Lane, Kennebunk \$549,000.** Delightful! This Cape style home with the fabulous farmer's porch has a spacious front to back living room and open large kitchen to dining area. Three bedrooms and full bathroom on the second floor and a wonderful finished basement room with walk-out atrium doors and windows. Fenced pasture, a 2+ stall barn and large outbuilding. An above ground pool. All on 5.57 acres. Beautiful!



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# The F/V Nor'easter, A Deep-Sea Fishing Boat and MORE!



Article and photos by: Shelley Wigglesworth, Lead writer

The F/V Nor'easter is the Kennebunk's only deep-sea fishing boat owned and operated by a multi-generational Maine commercial fisherman, USCG licensed master Captain Michael J. Perkins. Captain Mike hails from a long line of fishermen

with family roots in Southern Maine dating back over 200 years. Captain Mike grew up on the ocean, lobstering with his

grandfather, the late Roy Perkins Sr., a lifelong fisherman from Wells. He later worked on commercial dragging boats before settling into lobstering on his own boat out of Kennebunkport and Wells prior to becoming a USCG licensed master captain. Seven days a week, from 7am-3pm, Captain Mike takes passengers 20 miles offshore to experience the thrill of catching their own food on his 42' Bruno & Stillman boat. The boat has a heated, covered wheelhouse, restroom onboard and 5 bunks below.

Once at the fishing grounds, passengers get to jig for cod, Pollack, haddock, cusk, halibut, monkfish, shark and more. The cost is \$85- per person for a full day trip which includes gear rental. No fishing license is required. Passengers bring their own food and drinks (over 21 may bring alcohol) and tip the mate onboard for his or her work filleting. "We make it easy and enjoyable. Deep sea fishing is great fun for most ages (deep-sea fishing is not recommended for those under the age of 8.) We will teach you how to fish if you have never fished before. We also fillet and package all your fish for you, so it is ready to take home and cook or freeze," he said.

For the more adventurous, the Nor'easter also offers monthly extreme fishing trips. "It's the same fishing experience, but we go offshore up to 100 miles to Fippenies Bank, Cashes Ledge, or Platts Bank for these trips. The boat leaves at 11PM and returns at 3pm the following day. You can keep two days bag limit. Bring your own food, drinks, foul weather gear and a sleeping bag and we will take care of the rest. Just like the day trips, all

fish will be filleted and packaged for you on the trip in."

In the evening, Captain Mike offers private scenic charters for all occasions including ash scatterings at sea, corporate events, wedding, anniversary and birthday parties, and family charters tailored to the needs of customers. Most two-hour cruises are \$400 for up to 24 passengers. For these trips, the boat cruises the areas of Kennebunk Beach, Kennebunkport, and Cape Porpoise. New this year, the Nor'easter is offering evening cruises to Perkins Cove, Ogunquit, where the boat will steam to iconic Perkins Cove with up to 24 passengers. The boat will leave the dock at 4PM. Upon arrival, passengers may leave the boat and explore the village, have a drink at one of the many restaurants, shop, enjoy an ice cream cone or lobster roll, walk the footbridge etc. before returning to the boat at 7PM for the trip back to Kennebunkport. Evening trips to Perkins Cove cost \$35- per person. A private charter to Perkins Cove for up to 24 people is \$800-

"What's good about being out on the ocean is you never know what you might see while you are out there- whales, sharks coming up to snag fish, sunfish basking, porpoises, seals, sea birds, you name it," said Captain Mike.

FMI on the Nor'easter please call 207-450-1831 or visit: [www.noreasterfishing.com](http://www.noreasterfishing.com) or check out the boat's Facebook page, which is updated daily with current catch photos. [www.facebook.com/noreasterfishing/](https://www.facebook.com/noreasterfishing/)



Captain Mike with a haddock.



Dan and Lori Boothby of Kennebunk enjoyed a private charter to celebrate their 41st wedding anniversary with their family.



Mate Shelley with a sizeable haddock caught on the Nor'easter.



Mate Steve with a nice pollock caught on the Nor'easter.

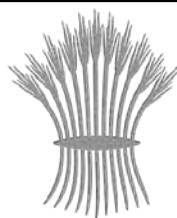


This porbeagle shark was caught on the Nor'easter and shared with all onboard.



Whale sightings are common on the Nor'easter.





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## Carbon Cash Back 4 ME

As sea level rise and the incidence of catastrophic weather events (record-setting heat waves, drought-related wildfires, melting glaciers, and super storms) have increased, the number of those who would deny the actuality of Global Warming has dramatically declined. At the same time, a solid majority of Americans now recognize that human activity is a major cause of the Climate Crisis. With those matters finally set to the side, the only real question that remains is:

What to do about it?

One critical step towards stabilizing the climate would be to drastically curtail the amount of carbon that we put into the atmosphere. To this point, the consensus of many economists, academics, and business leaders is that putting a price on carbon is the fairest and quickest way to wean our nation from its dependence on fossil fuels and thereby sharply reduce our carbon emissions.

There have been several bills in Congress that include carbon pricing as an essential element. The most widely supported of these is the "Energy Innovation and Carbon Dividend Act"

HR 2307 (<https://energyinnovationact.org/>) The approach offered by this bill would apply an annually-increasing fee on carbon emissions - to be paid by fossil fuel corporations at the source - and rebate ALL net proceeds as a monthly dividend check to every household in the nation. The key mechanism in this bill is often referred to as: "Carbon Fee & Dividend."

If enacted into law, HR 2307 would result in national carbon emission reduction of 40% in just 12 years and attainment of "Net Zero" by 2050. It is a market-based approach that would stimulate increased investment and development of alternative energy sources while shielding those with lower-to-middle incomes from any resulting financial burden.

Forty-eight countries have implemented carbon pricing in some form and more are expected to follow suit. The US is an outlier among developed western nations as one of two without a national carbon-pricing plan. (Note: existential matters aside, in 2023 the EU will begin imposing a tariff on emission-intensive goods from any

*Tom Berry is a retired educator in Kennebunk and volunteer with:*

**The Planeteers of Southern Maine** <https://www.someplaneteers.org/>, and  
**Citizens' Climate Lobby** <https://citizensclimatelobby.org/>

country that does not have a carbon-pricing policy. So, even if you doubt the seriousness of Climate Change, there is a "strictly business" reason for wanting carbon pricing legislation to be enacted.)

To have actual progress towards reducing carbon emissions, having a uniform policy at the federal level is essential. In this, however, as in most matters before Congress, the pace of progress has been very slow. Politicians are cautious and it is the rare one who will speak out decisively in favor of a proposed policy unless they have some clear assurance that their constituents already support it.

For those wondering what to do - besides making phone calls to their offices and writing letters-to editors - to nudge our leaders into action on Climate Change, the "Carbon Cash Back 4 ME" initiative provides an opportunity. "Carbon Cash Back 4 ME" is a state-wide effort to give Maine voters the ability to officially express their concern about Climate Change.

The goal of this effort is to have a specific article placed on warrants for town referendums. The article, if passed by the voters in that community, would have one simple result. It would require that town's officials to formally notify our elected representatives that their constituents in that town want national climate legislation enacted that would include the "Carbon Fee & Dividend" mechanism.

(Side note: Since Senators Collins and King are both on the Senate Climate Solutions Caucus, our state is uniquely poised to have real influence on the nature of carbon-related legislation.)

If you are registered to vote in Kennebunk and this sounds like something you'd like to endorse, there is a way for you to do that. To have an article placed on the warrant for the referendum in November, we need 500 petition signatures. Weather permitting, there will be a table with a petition at the south end of Gooch's Beach most Saturdays at noontime, from approximately 9:00 am - 12:00 noon. Stop by and make your voice heard.

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# "Doc Talk" with Dr. Freeman

Ticks never really went out of season last winter, but early summer is their peak season: Welcome to Tickville!

There are many tick-borne diseases found in the US; only 5 have been reported in Maine:

(in order of frequency) :

1. Lyme disease,
2. Anaplasmosis,
3. Babesiosis,
4. Borrelia Miyamotoi disease,
5. Powassan encephalitis.

All these infections can be transmitted by the bite of Ixodes scapularis, the deer tick. This tick is present in our locality in greatest numbers during May, June and July.

**Lyme disease** is fairly common in southern Maine, with over 300 cases reported in York County in 2020. In about 70% of infected individuals, there is a rash expanding in size from the tick bite site, exceeding 2" in diameter. It can appear anytime from a few days to several weeks after the bite. Typical symptoms are fatigue, achy joints or muscles, headache, fever, chills. As many as 20% of treated Lyme patients may have persistent achiness, fatigue, headache, etc. for weeks or months after the bacteria has been eradicated. There is continued controversy about how to treat the persistent symptoms. The cause is yet unknown, but it may be a manifestation of residual antibodies causing autoimmune response.

**Anaplasmosis**, also due to a deer tick bite, can be very mild, maybe not even noticeable. But it can also be a very severe illness. Symptoms are sort of the same as Lyme, fatigue, achy joints or muscles, headache, fever, chills, but often include GI symptoms of nausea, vomiting, loss of appetite. The disease may be more severe in older people and those with immune system compromise. It can progress to bleeding, lung or kidney problems, possibly brain problems. Early antibiotic treatment is very effective. There were 49 reported cases in Maine in 2020.

**Babesiosis symptoms**, again infection from a deer tick bite, also include achiness, fatigue, fever, like the others. However, this infection is caused by a parasite which gets into red blood cells, so anemia is a common finding. Many infected patients show no symptoms at all, but again the elderly and immune-compromised people, especially if they

have had their spleen removed, are at risk of serious illness. Early treatment is effective. There were 7 reported cases in Maine in 2020.

**Borrelia miyamotoi disease** is caused by a bacterium similar to the one causing Lyme. Not surprisingly, typical symptoms include fatigue, achy joints or muscles, headache, fever, chills.

It is uncommon in Maine but has been reported.

**Powassan encephalitis** is a viral infection, uncommon in Maine, but has been reported and infection is caused by the bite of a deer tick. It's important not because of its frequency, but due to the severity of the illness – a brain infection. Symptoms include fever, nausea and vomiting, headache, confusion, short of breath, seizures, coma. Symptoms can appear suddenly as soon as 2 days after a tick bit, or maybe 2 weeks. Powassan has no treatment, but hospitalization and supportive care can be life-saving.

So you see, it's more than Lyme. Each of the above infections has different diagnostic criteria and different treatment protocols. However, as noted, they have significant similarity in the presentation of their initial symptoms, and they are all transmitted by the bite of an infected deer tick.

The A #1 most important responsibility we have for ourselves with these infections is prevention!! Prevention is key: if the tiny ticks are removed within 24 hours, infection is highly unlikely. If you live with blacklegged ticks, check yourself often!

## 1. Avoid ticky places

**AVOID CONTACT** with the tick populations by staying away from the wooded and brushy areas that ticks call home. Woodlands, fields, and the brushy edges between them are prime habitat for some of the common hosts for the ticks that carry disease. Very few ticks are found in a mowed lawn; they prefer to be 1-2 feet off the ground, the better to grab on to you as you brush by. The white-footed mouse is the primary reservoir of several tick-borne diseases; this is where the tick becomes infected. Deer are a reproductive host. Deer are not susceptible to a disease like Lyme; they simply provide the tick with a blood meal while it matures from the nymphal stage to an adult. The adult female needs a blood meal for food to produce eggs. Each of the tick's stages is happy to use human blood for food.

## 2. WEAR THE RIGHT STUFF

Long-sleeved shirts, long pants with the cuffs tucked into your socks, shoes instead of sandals. Tuck your pants into your socks and wear boots. Several manufacturers make clothing pre-treated with insecticides such as permethrin. **CHECK YOURSELF** when you come inside: remove your clothes and check for ticks. Wash your clothes and dry in a hot dryer (kills ticks)

## 3. USE EPA-APPROVED REPELLENTS

- DEET (20% or more) for skin—re-apply as needed (every 1 – 2 hours)
- PERMETHRIN for clothing—it can provide several days of protection, even if the clothing is laundered or worn in the rain (it does not adhere to skin); apply to socks; turn pants inside out and apply from knee to cuff. Permethrin is a synthetic form of pyrethrin, a naturally occurring insecticide found in chrysanthemums. Pyrethroids are safe for humans and dogs but can kill cats.

## 4. TICK CHECK! - REMOVE THE TICK

Don't panic. Just calmly remove it. **GRASP THE TICK** with tweezers as close to the skin as possible. **PULL UP AND OUT** with steady, even pressure. **DON'T SQUEEZE, TWIST, OR TUG** as you may break off the tick

body and leave the mouth parts in place or squirt the tick's innards (where the disease is) into the wound. **CLEAN** the site and your hands with rubbing alcohol, iodine, or soapy water. **DISPOSE** of the tick (submerge in alcohol). **AVOID** folklore remedies to make the tick detach (e.g., painting the tick with nail polish). **REMOVE** the tick as quickly as possible. A tick needs to be embedded in your skin in order to transmit any infection. By grasping it with fine-tipped tweezers as close to its head as possible. Grasping it near its center may squeeze virus into the wound.

They're out there in high numbers this year. There is no need for fear, just respect for the problem.

**Be aware and keep checking.!**



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## Kennebunk Hannaford to feature expanded prepared foods section and new in-store café

Hannaford to celebrate renovations with a \$3,000 donation to Community Outreach Services

Kennebunk, Maine – Hannaford Supermarkets will welcome shoppers to enjoy a variety of new product offerings and features designed to offer customers a greater level of convenience following a recent renovation at its Kennebunk store located at 65 Portland Road.

The renovated supermarket will feature a variety of new and wholesome fresh offerings, including enhanced grab-and-go meal options, such as sandwiches; salads; and heat-and-eat entrees made on-site daily. Customers will also enjoy a stir-fry grill; hand-battered fried chicken; fresh sushi; and a self-service pizza station. Additionally, the supermarket will feature an in-store café, which will serve as a community gathering place.

“The addition of fresh and ready-

made meal selections is designed to make shopping as easy and convenient as possible for our customers,” said Hannaford Supermarkets Kennebunk Store Manager Kenneth Kirouac. “We are excited to welcome back our customers to experience these new offerings while enjoying an expanded selection of our high-quality food and produce, as well as outstanding customer service and everyday low prices.”

In appreciation of the Kennebunk community, Hannaford will commemorate the completion of the renovation project by making a \$3,000 donation to Community Outreach Services, a local non-profit organization which helps support those in need in the communities of Kennebunk, Kennebunkport and Arundel.

For more information about the Kennebunk store, including hours, visit [Hannaford.com](http://Hannaford.com).

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# The Importance of Recovery & Sleep

**RECOVERY:** The term recovery can be used to describe the time directly after a training session, or the time spent in between sessions. Recovery is multidimensional and therefore can be expressed in a variety of ways. To some people recovery may mean replenishing electrolytes and resting. To others it may mean stretching and foam rolling. To a competitive athlete, there are likely massage therapists, trainers, compression, oxygen chambers, etc., involved, and recovery is just as important as training sessions themselves. To many, recovery is just how we prevent soreness, but the idea behind recovery is creating a strategy to optimize the time between training periods so you can come back stronger each time.

After completing a tough workout, it is tempting to lay up on the couch all afternoon, but that is not going to help the body bounce back to be ready to train the next day. Instead, here are some tips on how to get the most out of your exercise and time!

Recovery can be passive or active. Passive recovery requires little



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**Column by: Heather Evans**  
Personal Trainer @ Quest Fitness



involvement from the recipient, such as massage. Active recovery on the other hand includes activities that you can do for yourself to start the recovery process: foam rolling, stretching, or light and focused exercise. You should try to incorporate both into your routine if possible!

When we exercise, we are creating micro-tears in the muscle fibers, these small injuries are what create the potential for muscle growth and improvement. The key is what you do to facilitate that process. Diet is huge, you need to feed those muscles vitamins, protein, and carbohydrates to replenish what has been lost and to present the appropriate building blocks for muscle repair and hypertrophy. Aside from diet here is how you can work with the body systems to bounce back faster and faster

after each training session!

The first and easiest recovery method is foam rolling. Build into your routine 10-15 minutes at the end of each workout to foam roll and stretch the muscles you just used. This will start the process of metabolizing byproducts of exercise and repairing and rebuilding muscle fibers.

Foam rolling, also known as SMR – self myofascial release – has some specific techniques you may be missing out on. You always want to maintain core engagement while foam rolling, you can do so by practicing the drawing-in maneuver, where you draw the naval in towards the spine to contract the abdominals. To begin foam rolling, employ a continuous slow-rolling strategy up and down the length of the muscle. This process can be painful, and it is not meant to reduce pain or soreness, but it will help speed up muscle recovery. As you are rolling the muscles, if you find an area that is very tender or sore, hold the roller on that spot while relaxing the target area for 30-90 seconds, this pressure applied to a relaxed muscle will begin to break up the knot or tightness in the area.

Contracting muscles are the body's natural, mechanical methods to flush out byproducts of metabolism, which plays a role in speeding up recovery

time. Planning simple movement sessions between high-intensity sessions is a great way to program to optimize recovery. A great way to reduce soreness is low-impact exercise. Natural and rhythmic body movements that engage muscles are useful in moving fluids through the body effectively. This may look like taking a long walk or bike ride on a day where you don't hit the gym. Taking a gentle yoga class, riding a stationary bike for an extended amount of time, swimming at a leisurely pace or active stretching are all great examples of ways to recover and still be active.

## SLEEP

It is impossible to perform, recover and grow without adequate sleep. All the body systems need time to rest after a workout session – not just the muscles! During sleep the body releases hormones to facilitate recovery. For example, human growth hormone, (HGH), acts on many tissues to help promote healing, recovery, and growth, and it also helps to raise other hormones vital to recovery, such as insulin-growth factor, (IGF-1). When we sleep the body can recover and refresh, muscles are repaired and rebuilt, but only if we give them the time and resources they need! All humans need between 7-9 hours of sleep per night. Even if you identify as an individual who can function off 3-6 hours of sleep, you are not doing your body any favors.

Integrating proven recovery strategies and emphasizing high quality sleep are two healthy habits that if are lacking from your exercise program – could make a huge difference! •

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Take care of yourself when you're younger Don't eat too much fat, chips, or sweet A few extra pounds will linger around That's hard on



your heart, knees, and feet.

Take care of yourself when

you're younger Old age is a jarring surprise You might not be wealthy, but you can be healthy And that will be proof that you're wise.

By: Pat Lacey

*Patricia Lacey is a native of Brooklyn, NY, but has spent much of her adult life in Maine, and now lives in Brunswick with her husband. She is the mother of six children, and a grandmother and great-grandmother as well. As the daughter of Irish immigrants, she grew up with an abiding love of poetry and music, and she is a passionate advocate for human rights.*



# An interview with Jeff Holden, Maine Seafood Entrepreneur, and owner of the 1928 Ocean Front English Estate-Garrison Field

By: Shelley Wigglesworth, Lead writer

**G**arrison Field in Cape Elizabeth is a 14-acre, 5,830 square foot mansion and estate built in 1928 by Walter Goodwin Davis as a summer home. Portland architect, John Pickering Thomas, who was known for his conservative taste, designed the house. Located at 402 Pulpit Rock Road, the stately stone façade structure is reminiscent of a castle. It is tucked away from the main road surrounded by woods and only openly visible from the ocean.

Garrison Field boasts a private beach overlooking Spring Cove, bathhouse, inground pool (which is believed to be the oldest residential swimming pool in Cape Elizabeth), motor court, fountain, terraces, sculptures, formal gardens, carriage house and a seaside conservatory. According to local lore, neighbors Betty Davis and Gary Merrill even stopped by for a glass of 18-year-old-scotch-during their seven years of living next door.

Jeff Holden, a well-known Maine seafood entrepreneur is the current owner of the formidable estate. In

a recent interview, Holden spoke candidly about owning Garrison Field and his 50-plus year career in the fisheries.

“Garrison Field was fashioned after an English manor and many of the materials were sourced from England and made the trip on return voyages from England. At the time, many houses in this area were summer homes for successful Portland businesspeople and Mr. Davis was one of them. His family held the patents for hermetically sealed cans that enabled food to be preserved and distributed by large national food companies including the US military. Other

owners over the years have included Colin Hampton, president of Union Mutual Insurance Company and Bruce Bent, an investment pioneer and father of the mutual fund method of investing. Mr. Bent used the home as a summer retreat, while Mr. Hampton used it as a year-round residence.”

Holden has owned and resided at Garrison Field for the last 5 years. He rents the estate out for four-night minimum stays, or weekly, or monthly stays in the spring, summer, and fall.

“In the off season, I live in the house with my dog Maggie, and during the



Mike, Bryan, Jeff and Luke Holden in front of Luke's Lobster. Courtesy photo

warmer months when the house is rented, I move to the carriage house which is nearby on the property. This allows me to not only be following the town's short term rental requirements, but to be close if my quests need anything or have any questions.”

Holden spoke about his favorite locations on the seaside property.

“There are many favorite spots: the private, sandy beach, and the small stone house near it which I call the ‘pump-house’; are two favorites.” He explained “When the house was built, the pump-house pumped saltwater from the ocean to the pool. It is now a nice place to hang out and relax as



1928 Ocean Front English Estate -Garrison Field. Photos by: Shannon Silversen



lights in it. Another favorite location is the great room, with a 37' peak at the top of the vaulted ceiling, and a fireplace that is 4' across. It is a great place to gather. 70 plus people have comfortably gathered there.”

Holden and his wife Donna Lu are the parents of 3 grown sons, Luke, Bryan, and Michael, and two granddaughters. Holden has been working in the seafood industry for most of his life. He elaborated “I have been involved in many areas of the seafood industry. I started out when



Garrison Field dining area.

it has a gas fireplace inside, running water and a bar. The pool is also a favorite spot. Three years ago, I poured new walls and a floor, redid all the plumbing, and put a new heater and

packing whiting in the summer, unloading boats and being a stern man. I eventually built my own lobster boat and lobstered out of Portland from 1968 to 1978. That boat was named the





Bathhouse at Garrison Field.

Jeanne DI, after my grandmother who I was close to, and I would watch the lobstermen from her Cape Elizabeth home when I was a kid.” He continued “My first small retail seafood shop was on Munjoy Hill in Portland selling my lobsters, picking fresh crabmeat, and selling locally caught fresh fish. Then I founded Portland Shellfish Company. I had the first two lobster processing licenses in the state. My three sons grew up in the lobster processing industry and eventually all ended up working in it as well. In 2009, my son Luke founded Luke’s Lobster and asked me to be a part of that. Then Luke went to work and started building the team, then the organization. Now

all three of my sons are involved and have significant rolls. Luke’s Lobster currently consists of a lobster roll restaurant on the pier in Portland, which seats 150, a seafood processing plant in Saco, and an e-commerce company for consumer sales. There are an additional 25 Luke’s Lobster roll shacks in the United States and 12 in Asia.”

Holden, who has worked with fishermen throughout the state of Maine, including the Kennebunks, has ties to this neck of the woods personally as well. He has family in York County and his estate manager and designer Shannon Silverson, is from Kennebunkport.

Holden said purchasing Garrison Field was a bit of a DeJa’Vu experience for him.

“When I was lobstering in the coves in front of Garrison Field as a young man, I use to look up at the house and wonder who lived there and what they did for work. I have always been an admirer of the stone houses in the Cape for their unique design and craftsmanship. To now own one is a privilege and a dream come true.”

FMI on Garrison Field:

<https://garrisonfield.com/>

[garrisonfieldscapeelizabeth@gmail.com](mailto:garrisonfieldscapeelizabeth@gmail.com)

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# Gardening with Chipmunks

By John Forssen



I am not a gardener. I should make that clear from the beginning, but I am the lesser half of a gardening family which means I have certain duties, each of which is more reliant on obedience than judgement. To wit: excavating, transporting and irrigating...grunt labor, you might say, the sort of mindless activity a man takes up to escape the weeping disappointment of a bad golf day.

Had I obtained this post through an ad in the newspaper, it might have read: Help wanted...and I do mean help. No backtalk, no malingering.

But this is not about me; it's about chipmunks: those cute little rascals which, when they're not singing Christmas carols, scurry in and out of the rock wall at the edge of our garden, doorway to a network of tunnels beneath succulent roots and tasty bulbs...food for all seasons.

The garden master (GM) with whom I live has a robust distaste for these critters, a distaste which, although it may not rise to the level of psychotic—there's no need to lock her up—more than qualifies her in the chipmunk world as an EDP (essentially dangerous person). The same goes for our gardening neighbor who lives a distance to the east and another of the same stripe who lives about the same distance to the west: a veritable triumvirate of chipmunk-haters. "Death to the varmints," their cry echoes across the dew-laden fields at first light.

In the shadow of those women, only a fool would suggest that a chipmunk or two might be tolerated or that a single bulb or bloom might go missing unnoticed—or even that a chipmunk or two could actually enrich the ambient character of a garden.

"Because there's no such thing as a 'chipmunk or two,'" my GM is quick to say, an implacable edge sharpening her tone. She will not be moved by a fat furry face, not even a smiling fat furry face.

"They multiple like prairie dogs," she mutters, "and they eat like..." We're enjoying a peaceful breakfast when the sudden appearance of a chipmunk interrupts her thought. He is on the other side of the sliding glass doors which open onto our deck. The deck is scattered with shells from the bird feeder overhead. His fat little cheeks are bulging, and it is immediately apparent that I will have to wait to find out what a chipmunk eats like...because the GM is up from the table in a flash, waving her arms and spewing what to the chipmunk must sound like unedited gibberish.

## What a way to talk to a chipmunk!

I can feel poor Beatrix Potter rolling over in her grave.

The chipmunk glances at her... quizzically, you might say, but only for a moment before he lowers his nose to the deck and continues vacuuming for overlooked seeds among the scattered shells.

It isn't until she throws the door open and the poor creature can actually feel the pressure of her invective lashing its furry coat that it scurries for the safety of the rock wall.

The GM has won the moment—she sits to catch her breath—but at what cost? While, yes, Mr. Chipmunk has yielded the field, he will finish his breakfast with a nibble or two on the tender underside of an iris bulb, a fitting dessert in the privacy of his garden.

Our neighbor to the east has a thornier problem. Her gardening subaltern, like me, has a soft spot in his heart for chipmunks, but his spot is decidedly softer than mine. I only appreciate the critters, enjoying their company as one of nature's many amusements...he actually feeds them, which sets him apart as a man of uncommon courage. Or maybe he's only foolish. A man getting up in his years tends not to recognize the difference.

Much to his GM's chagrin, he leaves the garage door open and caches peanuts here and there after the fashion of a treasure hunt. The chipmunks seem to enjoy the sport almost as much as they enjoy peanuts and, recognizing a gentle soul when they encounter one, they will on occasion creep close enough to accept the treat directly from his outstretched hand: a moment of divine understanding or, to borrow from the archives of French diplomacy, a veritable rapprochement... even as the GM smolders in the doorway.

Meanwhile, at the other end of the east-west line, there lives a woman whose solution to the problem of hungry chipmunks is both a blessing and a curse...until recently, at least. She lives atop a gently sloping rise, acres of carefully manicured lawn interrupted

here and there by magnificent gardens... an abundance of flowers and the early promise of vegetables to come, not to mention winding rock walls and a hollow tree or two in which to find shelter as necessity demands.

## A chipmunk's dream come true.

Except for the dog...one of those snapping terrier types bred for its ability not only to hunt the hungry little devils but to enjoy them, as well...a little 'chipmunk tartare' at the end of the hunt, a delicacy among terriers of all stripes.

It wasn't long before the population of chipmunks in her garden was much diminished but so, it turned out, was the garden itself, for her terrier was not a careful hunter. If the animal's genetic engineering provided for even a single gene called 'tidy', it shut down at the first sniff of chipmunk.

## And rocks tumbled from the walls.

Upturned roots of plants littered the garden.

And no amount of training, nor treat nor punishment, not even a fervent prayer could turn the terrier from its 'appointed rounds'.

So, at long last, the terrier had to go and, once again, across the dew-laden fields at first light can be heard the woeful echo of their cries: "Death to the varmints."


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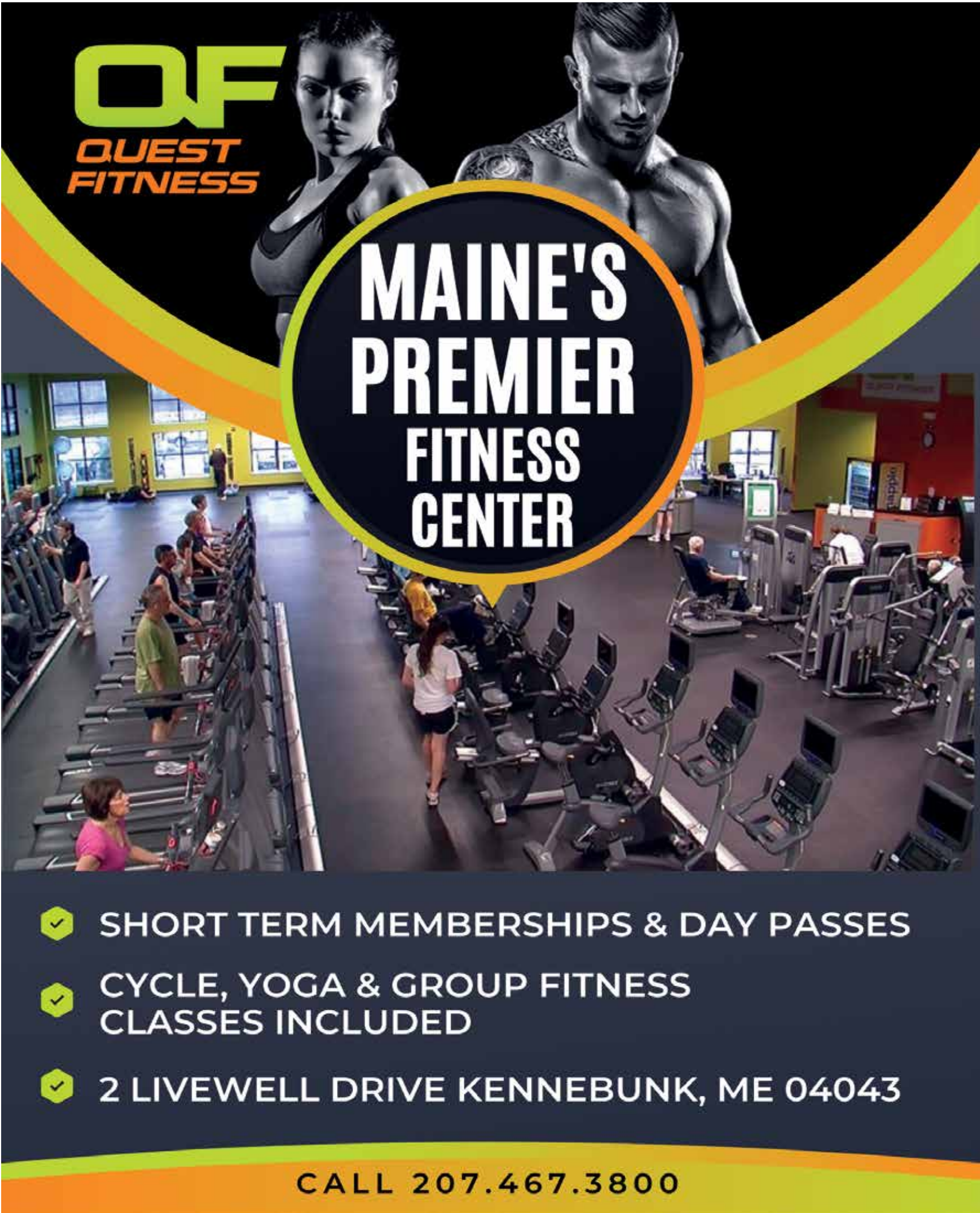
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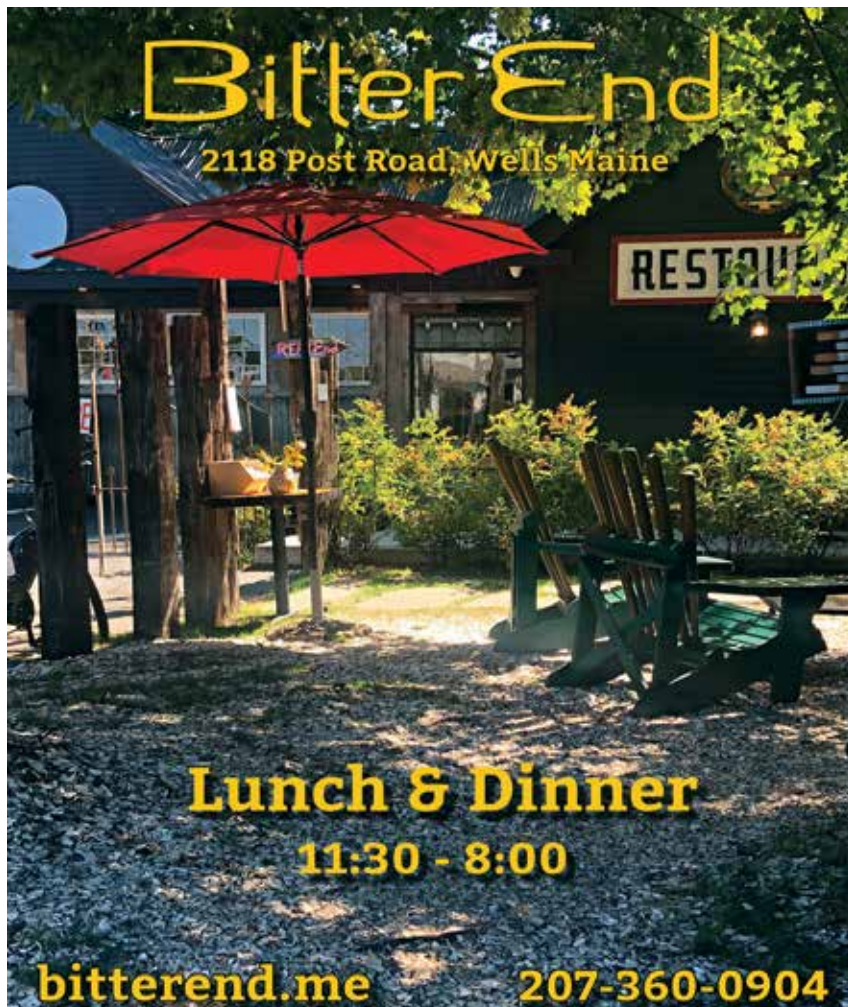
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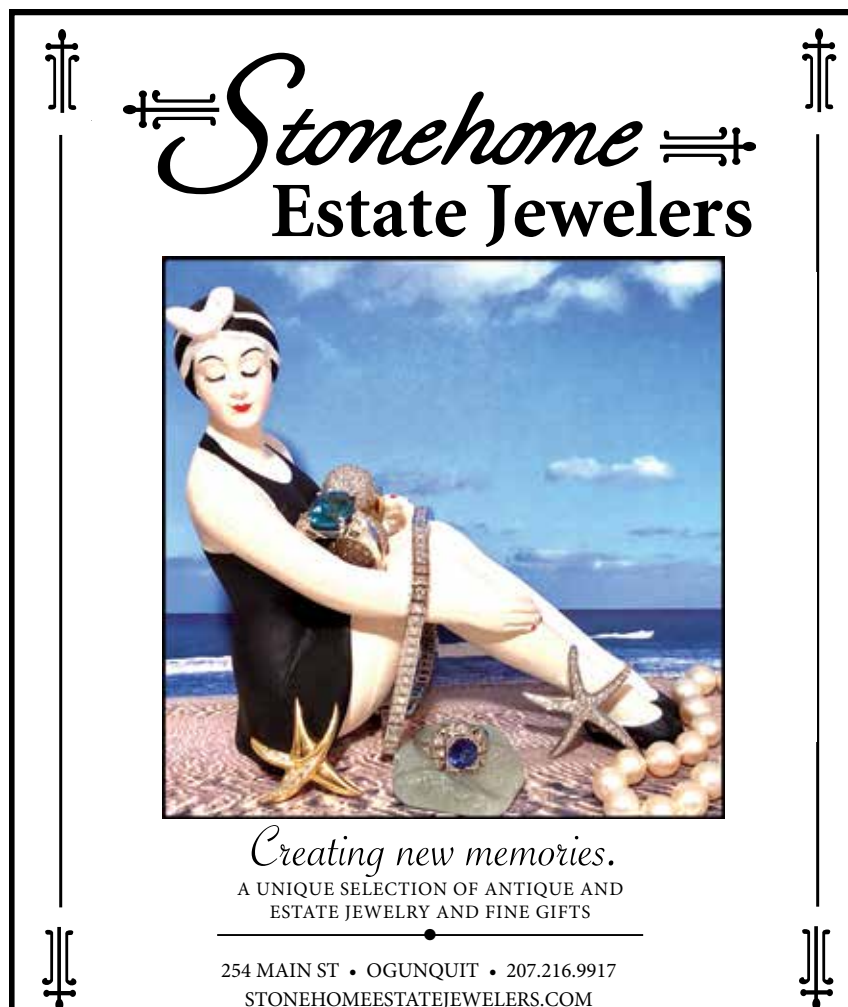


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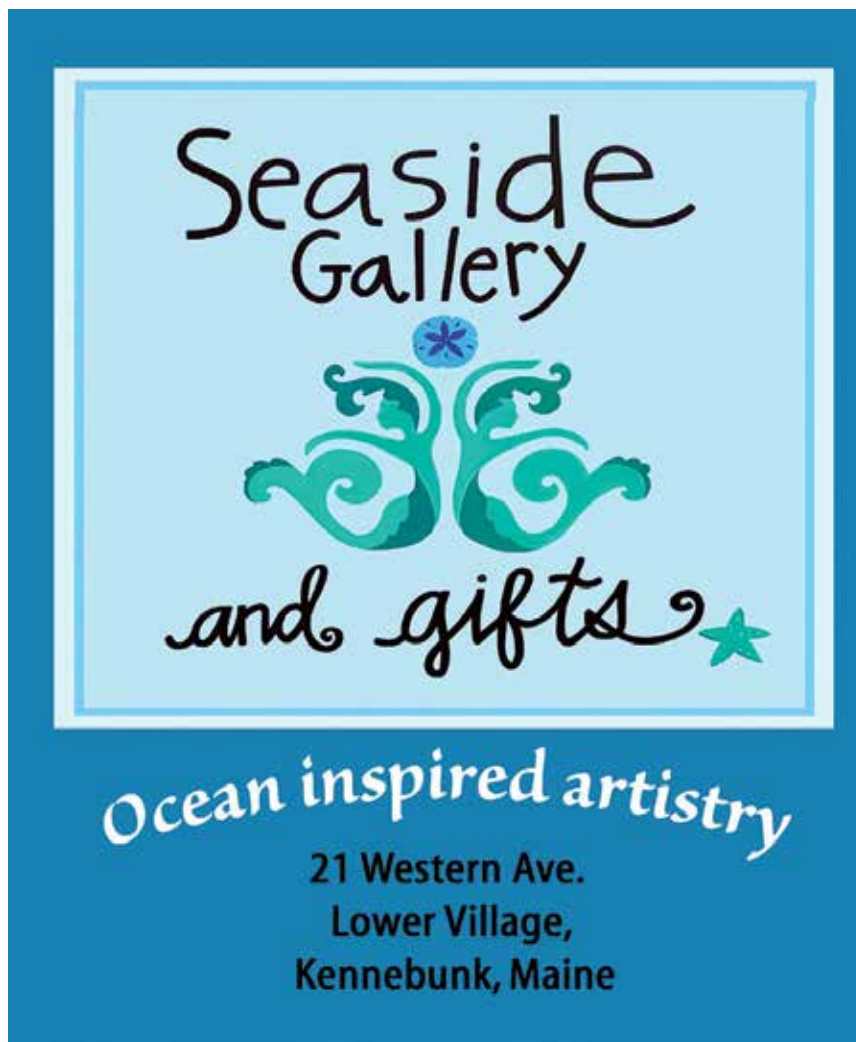


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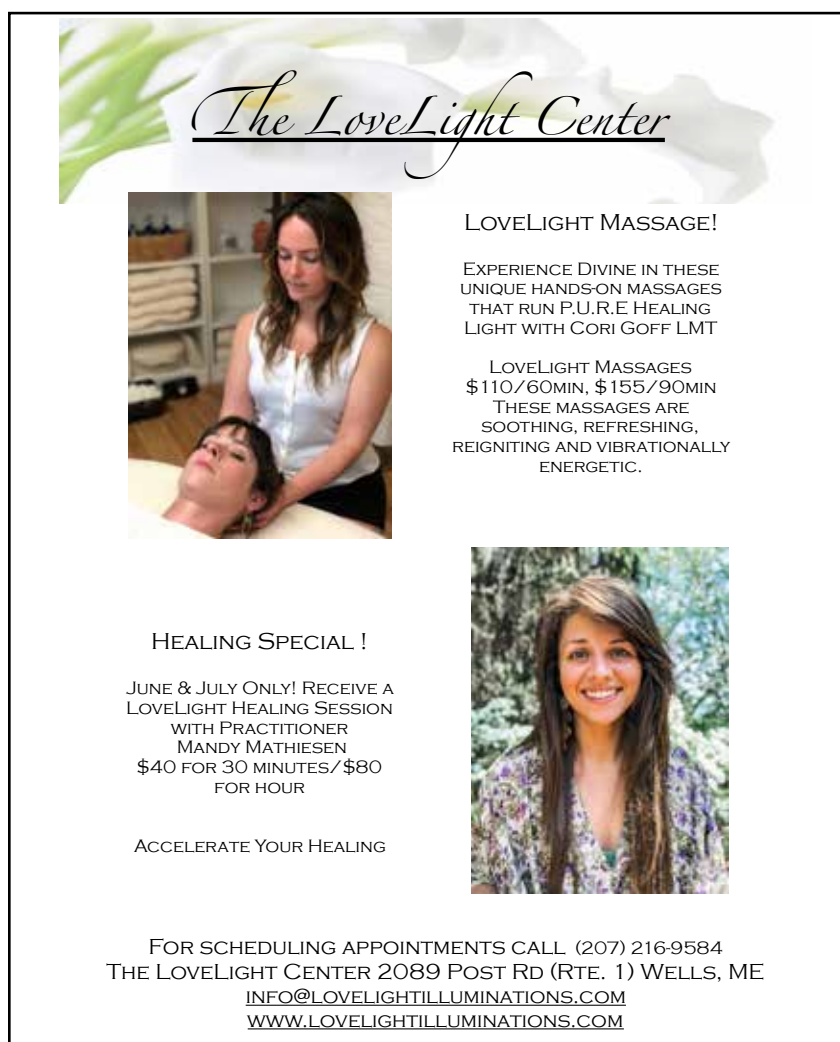


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# Picking Berries with Grammy

By: Richard Beaudoin, Guest writer

*"Can I go this time?"*

I asked Grammy as she mixed sugar into her sun tea. "If you come, we're not coming back until I'm done," she replied. Done. That word as it pertained to berry picking with my grandmother was an unspecified amount of time. It could mean anything from two hours to all day. It depended on how early or late in the season it was, the weather, if my grandmother had picked the patch clean of berries a few days prior, or just how long she wanted to be alone. But she was not done until the buckets she had brought with her were full, or she had picked the bushes clean of ripe berries.

Grammy knew every berry patch in the area. She seemed to know which patches peaked at which time of summer. And well she should. She had been raised by her aunt and uncle in the same house in which I was being raised. She had explored and picked berries in that area for nearly fifty years. She knew the woods and its trails like the back of her hand.

"OK, I'll be good," I promised.



"Well then, grab a couple of buckets, let's get going, we don't have all day." I searched in the cabinet in which we kept random plastic tubs and glass jars. These ranged from empty baby food and pickle jars, empty Fluff containers to actual Tupperware containers that were missing their lids. I grabbed two Fluff containers.

Grammy gathered her containers, and her jug of iced sun tea, and we were off. We crossed the road to the dirt road leading to the Montgomery home, turning right into Grace's field. That was always the easiest picking, a big field that received lots of sunshine. In it grew wild strawberries, low and high bush blueberries, even a few raspberries. In

the spring, on the side of a small hill, you could find winter berries. In one brushy area along the woods, grew choke cherries, tiny little cherries that made your mouth pucker when you ate them. I loved those, but they were not yet in season. But Grammy kept walking. "Where are we going?" I asked, running to keep up with my grandmother, who walked with a purpose. She knew just where she was headed. "I know a place, don't worry."

We crossed the field to a boggy area where the field met the woods, not exactly a brook, but it was always wet. Across that section lay a few boards, serving as a bridge of sorts, though it did not always prevent your feet from getting wet. You might not notice this trail from the dirt road if you did not know it was there. But of course, Grammy knew.

Across the boards and into the woods we went. After a short while, we came out of the woods into another field. "OK, we'll start here. Find a spot." Grammy said, as she set down a few of her empty buckets and the jug of iced tea and headed off across the field. "Don't mix the berries!" She called over her shoulder.



**My Grammy, Helen May, around the time of the story. Circa 1974. (Beaudoin family photo)**

We were in the period of summer when the strawberry and blueberry seasons overlap — strawberries having reached their peak, while blueberries had not yet peaked. I loved this time of year, because I love a big bowl of mixed berries in milk for breakfast. (Still do.)

I sat down in the middle of a big patch of strawberries and started to pick, their red juices quickly staining my fingertips. "Grammy?" I hollered across the field. "Yeah?" She called back. "Will you make me strawberry whip?" I asked. Strawberry whip was something my grandmother made once or twice each

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year during the strawberry season. It was delicious. Creamy, sweet, pink and sticky, it was somewhat like a pudding, but lighter and fluffier. It smelled and tasted like summer. "If you pick enough berries, and pick the caps off, I'll make it later."

As I picked the berries, I picked the tiny green caps off before putting them into the empty Fluff container. I have always been what I consider a failed berry picker, I eat practically as many as I put in my bucket. Those I ate, I did so with the caps on.

I picked until the plastic Fluff container was full. "OK, my bucket is full," I said, walking up behind my Grammy, who was at the edge of the field, picking blueberries. "OK, set it down by the trail and grab another bucket," Grammy replied, "I'm not done." I did as I was told and put the bucket of berries in the shade of some trees by the trail to the bridge and headed back to my grandmother. "OK, let's move on, I've picked this clean," Grammy said. "But my berries," I contested. "They're fine there. We're coming back this way." And she placed her full bucket next to

mine in the shade.

We crossed the other end of the field, and reentered the woods, walking up a hill. At the crest of the hill, we crossed an old rock wall, and started to descend the other side of the hill, coming out of the woods shortly after. "Here we are," Grammy said.

From where we stood, I could see the peak of the Montgomery home behind some trees, down the hill and across the road about a quarter mile away. In this field, among the blueberries, there were also many varieties of wildflowers, my favorites were the wild tiger lilies. At the bottom of the hill, in the shade of some trees, grew the fragrant Mayflowers, but their season had long passed, only the green vines remained.

By now, the sun was high, and it was hot. "Grammy, I'm thirsty," I announced. "Grab the tea and go sit in the shade for a bit," Grammy replied. I grabbed the yellow Tupperware jug, and walked up the hill. In the shade, I could hear a gentle breeze in the leaves of the trees. It was cooler here, and the tea was refreshing, half melted ice cubes still floated in the tea.

After a few minutes, I returned the jug to where Grammy had put it, and grabbed a bucket, choosing a spot near Grammy in a large patch of blueberries.

In the heat of the sun, there were no mosquitos, but the horseflies swarmed our heads. They would land, just long enough for me to slap my head, usually missing them as they buzzed off to circle my head some more. Thwack. Missed. Thwack. Missed again. Thwack. Got one. As I pulled my hand from my head to see the dead insect, I felt a burning sensation behind my left ear which intensified with every second. In the palm of my hand, lay a squished bumblebee. Apparently, as I slapped it, it had stung me. "Ahhhhh," I screamed, dropping my bucket of berries, "a bee stung me. I want to go home now," I said, as I started to cry. "No," Grammy replied calmly, "I'm not done yet. Come here." I went to my grandmother, as she reached for the iced tea. She took a big mouthful of tea, returned the jug to its spot, and scooped up a handful of

dirt. Into the dirt, she spat the mouthful of tea, and created a gob of mud, which she dabbed behind my ear. Within minutes, the intense fire I had felt, started to subside.

"Help me fill my bucket, and we can start back," Grammy said. "It's OK," I sniffled, "it's starting to feel better. "Well, my bucket is almost full anyway. We can fill mine here and fill yours in Grace's field on the way back."

I picked up as many of the spilled berries as possible and started to pick some more.

When the container was half full, I dumped it into the green bowl Grammy had been filling. It was now nearly full. "OK, let's go," Grammy said as she retrieved the jug of tea. She took a big swallow of it, offered it to me to do the same, and we headed back up the hill toward the rock wall and trail.

Out of the woods we strolled, and into the previous field, where we retrieved the berries, we had picked earlier, still sitting by the trail in the shade of the trees. Into the woods again, and back across the little board bridge we went, emerging into Grace's field. We were almost home. We spent another thirty minutes or so filling the final container of blueberries, as we slowly worked our way across the field to the dirt road.

Back at home, at the kitchen sink, Grammy carefully rinsed the blueberries we had picked, filling plastic bags as she did so. As she finished, she announced, "five quarts today. That's enough for blueberry cake all winter."

"Now will you make my strawberry whip?" I asked. "First, you need to take the caps off," she replied. "I already did, in the field,

as I picked them," I answered. Pleased and smiling, she said, "Well then, I need two cups of berries." She got out the hand mixer, and the green Tupperware she had used earlier to pick berries, and she got out the other ingredients. "How do you make it?" I asked. "It's a secret, I'll tell you, but you can't share it with anyone else, until you're old, like me." As a 6-7-year-old, any age over thirty seemed old to me.

She shared the recipe with me, and to this day, I have it memorized.

My Grammy's name was Helen Louise Noble May. She was born on December 22, 1921 and died on September 24, 1990. She was one of a kind, and from her, I inherited my love of nature, gardening and of course, picking berries.

I am not sure if my aunts, uncles, or cousins were ever told the recipe. I do know that I have searched the internet, and I have never seen anything that resembles my Grammy's strawberry whip. I kept it a secret for many years.

A couple years ago, I shared the recipe with my niece, Laila, after we had spent a morning together picking strawberries at a local farm. I told her, as my grandmother had told me, that it was a secret recipe. The resulting Strawberry Whip was good, but not as good as that which my Grammy made. I think this is partly because wild strawberries are so much sweeter. They are tiny, and it takes much longer to pick the necessary two cups, but it is so worth it. But I also think it is because the experience of berry picking with my Grammy sweetened the Strawberry Whip even more. •



**My Grammy, Helen May (then Helen Noble), as a young girl in front of the old barn. Circa 1930**  
(Noble family photo)

### About the Author:

*Richard Beaudoin grew up on Arundel Road in Kennebunkport, with his two younger siblings, Michelle and Norm in a house that was the childhood home of their mother and grandmother as well. He has many fond memories of adventures in and around the family property. Richard attended Consolidated School from kindergarten through eighth grade. He graduated from Kennebunk High School in 1987. He is employed by Brockway-Smith Company in Portland. Richard and his partner David, along with their dog, Molly, and cat, Oliver reside in Southern Maine. In the recent past, Richard has enjoyed writing and sharing memories about his childhood in Kennebunkport. His article The Montgomery Witches appeared in the October 2020 edition of the Kennebunk Village Magazine.*



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# CALENDAR

## Upcoming events

**Saturday, July 24 45th Annual Blueberry Festival & Craft Fair** Saturday, July 24, 9:00 a.m. to 3 p.m. at First Parish Unitarian Universalist Church, 114 Main Street, Kennebunk, free. Enjoy blueberry specialties, local food, crafts from neighboring artisans, and music by local singer-songwriters. [www.uukennebunk.org](http://www.uukennebunk.org). Contact: Vicki Adams 207-216-3890 [vickiga-tesadams@gmail.com](mailto:vickiga-tesadams@gmail.com)

**Correction:** The Franciscan Monastery walking trails and gardens in Kennebunk is open to the public year round for free self-guided walking tours of religious shrines, woodland paths, garden areas and landscaping by F. Olmsted, the famous architect, who designed New York Cenwtral Park. FM: 207-967-2011 <http://www.framon.net/>

**Grand Opening- Hopespring Holistic!** Located 1013 Old North Berwick Road Alfred Maine 207-850-9011

**Kennebunk Baptist Church. is open** with very limited numbers. Guess better to wait until later to announce this. We don't do reservations because we do not have a secretary to answer the phone.

## River Tree Arts

**River Tree Arts** is happy to announce that we are offering some amazing summer workshops in partnership with the Nonantum Resort. Below are the details for the Kids Workshops. THANK YOU!

### River Tree Arts Kids Summer Workshops

Located at the beautiful Nonantum Resort (95 Ocean Ave, Kennebunkport), these outdoor summer kids workshops (ages 6-16) are a great way for kids to stay creative this summer! In the event of rain, workshops will be held indoors. Mondays, 3-4pm. \$20 per person. Register at [rivertreearts.org](http://rivertreearts.org)

### Lobster Buoy Decorating (kids)

Monday, July 5 (3-4pm)  
Monday, August 2 (3-4pm)  
Monday, August 30 (3-4pm)

### Rock Art (kids)

Monday, July 12 (3-4pm)  
Monday, August 9 (3-4pm)

### Clay Creations (kids)

Monday, July 19 (3-4pm)  
Monday, August 16 (3-4pm)

### Summer Shells (kids)

Monday, June 28 (3-4pm)  
Monday, July 26 (3-4pm)  
Monday, August 23 (3-4pm)

## Kennebunk Free Library

**Community Yard at KFL on August 28** Kennebunk Free Library is hosting a Community Yard Sale on our lawn on Saturday, August 28 from 8:30-12:30. Shoppers will find an array of items from local artists and your neighbor's attic. 10'x10' spaces are available to rent for \$25 and 30"x72" folding tables are also available to rent for an additional \$10. You'll receive prime visibility on Main Street, free advertising and all for a small donation to benefit KFL. Applications and fees are due by Monday, August 23. Spots are limited. Applications and additional information can be picked up at the library or found on our website. The Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or visit our website [www.kennebunklibrary.org](http://www.kennebunklibrary.org).

### Kennebunk Free Library Friday Afternoon Gaming

If you're looking for something fun to do with friends on Friday afternoons, join us for Teen Gaming at 3 P.M. as we play a variety of games from Jackbox, Among Us, and Keep Talking and Nobody explodes! We also occasionally dabble in Minecraft, come join us and build. We will meet via zoom at 3 P.M. to chat as we game! Here is the link, <https://networkmaine.zoom.us/j/88980582413> or check our calendar for the Zoom link! Open to all teens ages 10 and up.

**Teens Take Home Kits for July Every week** kits will be available to be picked up via curbside. Each kit will include the supplies and instructions necessary to complete the weekly project, either a craft or a fun science experiment! Every Monday we will meet via zoom to chat and complete the previous week's project, join us here at 3 P.M. <https://networkmaine.zoom.us/j/86356573384> or see the library calendar for the zoom link. All Teens ages 10 and up are welcome! Join us for fantastic programs and spending time with friends.

**Kennebunk Free Library Teen Water Rockets** Join us for a fun afternoon as we shoot for the skies and launch Water Rockets! This is an in-person program that will be held outside, we will meet at the Kennebunk Free Library on July 14th at 3 P.M. but then walk to Parsons field a short distance from the library to have more space for rocket launches. It is open to teens and tweens ages 10 and up. We will be exploring the science behind rockets and making our own! Masks are strongly recommended. This program is part of our Summer Reading Program for teens, see a librarian to find out what other amazing activities are going on this summer for all ages!

**Kennebunk Free Library Teen Solar Balloons** Join us for a fun afternoon in the sun as we create Solar Balloons! This is an in-person program that will be held outside of the Kennebunk Free Library on July 14th at 3 P.M. It is open to teens and tweens ages 10 and up. We will be exploring the science behind hot air balloons and making our own! Masks are strongly recommended. This program is part of our Summer Reading Program for teens, see a librarian to find out what other amazing activities are going on this summer for all ages!

MSK Book Group

### On Wednesday, July 21st we will meet in person

to chat and discuss the book. This month we will meet at the Graves Memorial Library in Kennebunkport, masks are strongly recommended. Meetings will run from 2:15 until 3:30, open to teens in the 6th – 8th grade, snacks will be provided. The book club is being offered by Louis T. Graves Memorial Public Library and Kennebunk Free Library. Hosts will be Terri Bauld from Graves Library and Jon Roy from Kennebunk Free Library. This month we will be reading The 14th Goldfish by Jennifer Holm. You can stop by either library to pick up your copy of the book. Please sign up in advance by calling either the Graves Library 967-2778 or Kennebunk Library 985-2173. Please read the book in advance of the meeting. If you have any questions, please call either library for more information.

**Kennebunk Free Library Teen Tie Dye** Join us for a fun afternoon of messes as we Tie Dye T-shirts! This is an in-person program that will be held outside of the Kennebunk Free Library on July 12th at 3 P.M. It is open to teens and tweens ages 10 and up. White T-shirts will be provided in a variety of sizes, you may also bring your own plain white t-shirt to make sure it will fit. Please wear clothes that you don't mind being stained just in case. Masks are strongly recommended. This program is part of our Summer Reading Program for teens, see a librarian to find out what other amazing activities are going on this summer for all ages! This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or visit the website [www.KennebunkLibrary.org](http://www.KennebunkLibrary.org).

### Stuffed Animal Adoption and Summer Reading Kickoff

Do you have room in your heart and your home for a new stufie? On Thursday, July 1, from 2 to 4, KFL will be an adoption center for stufies that are looking for their forever homes! Drop in during adoption hours to pick out a stufie to keep. We'll have all sorts of animals to choose from! You'll also receive an adoption certificate to take home. The Animal Welfare Society will also be on hand to talk about their organiza-

tion. While you're at the library, sign up for this year's summer reading program! Leave the library with everything you need for a summer of fun AND a new friend! This program will be held outside of the Children's Room. In the event of rain, we will hold the program inside the Children's Room. Masks are strongly recommended. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173.

### Take and Make Kits for Children at Kennebunk Free Library

Looking to get crafty? Kennebunk Free Library will be offering take and make craft kits with all the materials to make a craft or two. No registration required, available while supplies last! Kits will be in the library. This month, we will be offering jungle animal crafts to celebrate our summer reading program, Tails and Tales! Kits will be available starting Tuesday, 7/6. Visit us to grab some supplies that will help you get creative!

**Take and Make Kits for Children at Kennebunk Free Library** Looking to get crafty? Kennebunk Free Library will be offering take and make craft kits with all the materials to make a craft or two. No registration required, available while supplies last! Kits will be in the library. This month, we will be offering jungle animal crafts to celebrate our summer reading program, Tails and Tales! Kits will be available starting Tuesday, 7/6. Visit us to grab some supplies that will help you get creative!

**Outdoor Storytimes at KFL** It's time for storytime — outside! Starting Monday, July 12, storytimes will be held outside on the library lawn. Join Miss Maria for songs, stories, and fun! Storytimes will be on Mondays at 10 a.m. Don't forget your sunscreen! These programs will be on the library's front lawn, facing Route 1. In the event of rain, storytime will be held on Facebook Live. The location of storytime will be announced by 8 a.m. on Tuesday morning, and will be shared on our Facebook page and website. Masks are strongly recommended. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk.

**Outdoor Messy Art at KFL** What's more fun than making a mess? Join us on Thursday, 7/15 from 2-3:30, and get your hands dirty while creating art! Try painting with spray bottles, bubble wrap, and more. Bring your masterpiece home or leave it for display in the Children's Room! This program will be on the library's front lawn, facing Route 1. In the event of rain, we have scheduled a rain date of 7/22 from 2-3:30. Masks are strongly recommended. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173.

### Tails and Tales: Children's Summer Reading Program

Summer is here — time for reading and playing the days away! KFL's Summer Reading Program for ages 0-10 will run from June 28 — August 21, and we have a lot planned! This year's theme is Tails and Tales, and we're celebrating our furry, feathery, and scaly friends and neighbors. Keep track of how many hours you've read using Beanstack or a paper log, and earn raffle tickets for local business gift cards! At registration, children (ages 0-10) will be able to choose a free book. Children will also be able to earn badges for reading and attending programs! Some of the awesome programs we're doing this summer:

- Outdoor Storytimes — Mondays July 12-August 16
- 9th Annual Pet Show — July 19
- Outdoor Safari Party — August 19

For information about programs and the Summer Reading Program, visit our Facebook page or website, or grab a program calendar in the library. Register for the program at the library or online at <https://kennebunklibrary.beanstack.org/reader365>. Join us for some fun this summer!

**29th Annual Pet Show and Virtual Pet Show** KLF will be holding its 29th Annual Pet Show on July 19 at 6 p.m. In the past, the library has been visited by a variety of animals from cows to hermit crabs — and everything in between! Share your pet and receive a certificate! Dr. O. from Kennebunk Veterinary Hospital will be on hand to help give each pet a special title. Registration and signed waiver are required. One pet per child. Pets must be up-to-date on shots, on leash or caged, and accompanied by an adult. Please clean up after your pet. Join us for a KFL tradition! In case of inclement weather, we have scheduled a rain date of July 26 at 6 p.m.

We will also have a photo slideshow of your pets online! It will have a Facebook Premiere on Tuesday, July 20, at 6 p.m. After the premiere, the slideshow will be available to watch anytime. To submit your photo to the slideshow, send an email to [ys@kennebunklibrary.org](mailto:ys@kennebunklibrary.org) with your name, your pet's photo, your pet's name, and your pet's age. **Please send your email submissions by Friday, July 16.**

## Louis T. Graves Library

**Special Limited Offer** — Please call us to Order Your History Book Set, Kennebunkport: the Evolution of an American Town, researched and written by local historian Joyce Butler. This 400 year history includes people, places, and events that have shaped our lovely village over time. Hundreds of images, maps, photos, charts, and stories are included in this two-volume set. Please call the Graves Memorial Library at 967-2778 for more details. \$50 per set (includes the handsome cardboard sleeve). All proceeds benefit the Louis T. Graves Memorial Public Library, 18 Maine Street, Kennebunkport.

**SUMMER READING — TAILS AND TALES @ Graves Library.** Give us a call for details on what we have planned for the kids this summer! All programs are virtual with activity kits to go. Programs are pre-recorded and posted on Facebook and YouTube to watch at your own convenience. Pre-registration is required — we want to make sure your child has a kit! (967-2778).

**Tuesdays, July 6 and 20 @ 4:00 pm. Write Now, Right Now.** Enjoy putting pen to paper with your thoughts and stories? Join us for a new and different kind of writing group. Creative writing prompts will be given at the end of each meeting. When we meet (either indoors or in the garden), we will discuss our findings, share our writing, and get to know our own unique inner talents! Give us a call at 967-2778 or send an email to [ml@graves.lib.me.us](mailto:ml@graves.lib.me.us) to get on board, right now!

**Program to Go - Animal Origami @ Graves Library.** Every Wednesday throughout the summer! See what you can create by just folding paper! Lions and tigers and bears and more! Pick up at Graves Library, 18 Maine Street, Kennebunkport. All ages are welcome. Post to our Facebook Page to show everyone what you created!

**Mondays @ 7:00 pm What's Your Story?** Have you heard about our new Interview Show? Each week, our Library Director, Mary-Lou Boucouvalas, sits down with a community member and talks to them about where they came from, what they do, interests, etc. A great way to get to know who lives in your neighborhood, attends your church, or waits on you at a local business. You never know who you might see on What's Your Story? Tune in Monday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301.

**Wednesdays @ 7:00 pm. Portside Readers.** Who does not like to be read a Story? Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers, book club members and a musician who love the written word and want to share the joys of reading and listening. Tune in Wednesday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. Please call the Library for more information on this creative collaboration of friends and neighbors!

**Wednesday, July 7 @ 1:00 pm. Finding Science in Folk Tales.** Join us (and the Children's Museum of New Hampshire) for a trip around the world as we investigate animal science through popular folktales and legends. Find out why Bear has a stumpy tail, and more. Each folktale has an experiment or activity. Virtual STEM program and kit. Ages 5 to 11. Thanks to the Children's Museum of New Hampshire. They have really knocked this one out of the park! (This program is pre-recorded and posted on Facebook and YouTube to watch at your convenience.)



# CALENDAR

nience. Give us a call for details 967-2778).

## Thursday, July 8 @ 9:45 am. Morning Book Group.

This group meets the second Thursday of every month. A variety of books are chosen. New members are always welcome. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at <http://www.graveslibrary.org>.

## Thursday, July 8 @ 6:00 pm. Summer Music Series at Graves Library.

Our first concert of the summer features local musician Beau Dalleo. Beau is known for his eclectic mix of electric guitar music. Join us for some good vibes and live music in the garden at Graves Library. Bring your friends, bring your chair, sit back, tap your feet, and listen to some local beat. Let's celebrate summer, our community, and our fondness for talented musicians right in our own back yard! A donation of \$10 would be appreciated. Parking available on Maine Street and Consolidated School.

## Program to Go – Butterflies @ Graves Library.

Color your own butterfly backpack that comes with a scavenger sheet of things to find outside. Can you find all of these items when you go out? Extra points if you see a butterfly while you are exploring. Ages for 4 and up. Please call the Library for further details. 967-2778.

## Wednesday, July 14 @ 6:00 pm. Summer Music Series at Graves Library.

Our second concert of the summer features local musician Andy MacCleod. Besides being one of our favorite teachers in Kennebunk, Andy is known for his fantastic array of songs played on his acoustic guitar. Join us for some good vibes and live music in the garden at Graves Library. Bring your friends, bring your chair, sit back, tap your feet, and listen to some local beat. Let's celebrate summer, our community, and our fondness for talented musicians right in our own back yard! A donation of \$10 would be appreciated. Parking available on Maine Street and Consolidated School.

## Thursday, July 15 @ 10:00 am. Book Look with Miss Terri.

Miss Terri answers your letters and suggests a variety of books based on a particular subject (example: feelings, pets, biting, siblings). This program is pre-recorded and will be uploaded to Facebook, YouTube, and local access television, channel 1301.

## Saturday, July 17 @ 9:00 am. Yoga at the Library.

Virginia Williamson (Ginny) is a Kriya Yogi, in the lineage of Paramahansa Yogananda, initiated by Roy Eugene Davis. She has been practicing Yoga for 31 years; teaching in Southwest Florida for 22 years. She teaches traditional, 'old-school', Classical Yoga, with emphasis on meditative movements coordinated with the breath. Her instruction accentuates moving from one posture to another in a progressive manner that supports the nervous system while developing strength and relaxation in the rest of the body and calmness in the mind. Ginny is committed to providing an environment wherein the students may learn from an internal perspective. Students are encouraged to practice according to their own physical, mental and emotional contexts, not by trying to replicate what works for someone else. She holds multiple teaching certifications and has had more than 2200 hours of training, study and practice. Please bring your own mat. We will be outside in the garden area for this class. If the weather does not cooperate, we will offer zoom option. Call us at 967-2778 for more details. A donation for this class is suggested. All proceeds benefit the Louis T. Graves Memorial Public Library, Kennebunkport.

## Wednesday, July 21 @ 9:45 am. Your Health Matters.

Please join us and staff from the Kennebunkport Public Health Department to identify ways to improve healthy choices and overall well-being. Copies of the book *Savor* by Thich Nhat Hahn and Dr. Lilian Cheung are available for checkout at the Library. Not able to read the book before the discussion, please feel free to join us and learn more about mindful eating, mindful life. Help set the course for a healthy summer! Graves Library is located at 18 Maine Street,

Kennebunkport, Maine. Please give us a call for further details about this healthy monthly program. 967-2778.

## Wednesday, July 21 @ 2:15 pm. Middle School Book Club – The Page Turners.

This group will meet via ZOOM. Copies of the book will be provided ahead of time at either Library. Call either Library for details and we will get you started!

## Program to Go – Blooming Art @ Graves Library. Color your own cardboard “vase”.

It has ready-made holes for flowers from your yard or use flowers in the kit. Add stickers and gems (also provided). Ages for 4 and up. Please call the Library for further details. 967-2778.

## Tuesday, July 20 @ 3:00-3:30 pm. Wee Reader Book Group.

This new and exciting program is offered to all of our “wee” readers. Please call the Library if you are interested in receiving the Zoom link. This is a “live” program.

## Program to Go – Pet Tales & Talks @ Graves Library.

Decorate the picture frame and add a photo of your pet. Write a poem or story that includes the wooden object in your kit. Share the photo and writing with us on Facebook for a surprise! Fun for the entire family. Please call the Library for further details. 967-2778.

## Wednesday, July 28 @ 10:00 am. Virtual Tree Art with Maine Artist Piper Castle.

Join us for a virtual program featuring Maine Artist Piper Castle as she leads us on an outside art adventure. What do you see when you see a tree? Join us and find out. Ages for 4 and up. (This program is pre-recorded and posted on Facebook, YouTube, and local access channel 1301 to watch at your convenience.) Please call the Library for further details. 967-2778.

## Wednesday, July 28 @ 6:00 pm. Summer Music Series at Graves Library.

Our third concert of the summer features local musicians Mark Gunter and Janet Wentworth. This dynamic duo does not only solve crime in the area (kidding), they are spectacular on keyboard and vocals – country blues and jazz... and maybe a bit of Jimmy Hendrix! Who knows! Join us for some good vibes and live music in the garden at Graves Library. Bring your friends, bring your chair, sit back, tap your feet, and listen to some local beat. Let's celebrate summer, our community, and our fondness for talented musicians right in our own back yard! A donation of \$10 would be appreciated. Parking available on Maine Street and Consolidated School.

## Thursday, July 29 @ 10:00 AM. Virtual Graphic Novel Showcase.

Join us and the folks from Casablanca Comics as they share the latest and greatest in graphic novels. All Ages. (This program is pre-recorded and posted on Facebook and YouTube to watch at your convenience.) Please call the Library for further details. 967-2778.

## Thursday, July 29 @ 6:00 pm. Evening Book Group.

The pick for July 29 is *Peristroke* in Paris by Jane Smiley. (This group meets the last Thursday of every month outside in the garden). New members are always welcome. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at <http://www.graveslibrary.org>.

**SAVE THE DATE:** The Trustees of the Louis T. Graves Memorial Public Library are pleased to announce their Annual Author Event to be held virtually on Thursday, September 16 at 6:00 pm. This year's fundraising event will feature New York Times Best Selling Author, Lisa Wingate. Lisa Wingate is the author of the #1 New York Times bestseller *Before We Were Yours*, which remained on the bestseller list for fifty-four weeks in hardcover and has sold over 2 million copies. She has penned over thirty novels and co-authored a nonfiction book, *Before and After* with Judy Christie. Her award-winning works have been selected for state and community... **Virtual Tickets for this event will be available soon at the Graves Library or go to the “Buy Tickets” Button on this website and specify in the event in the notes section.** (\$25 pp—includes link to this special live event.) All proceeds benefit the annual operations of the Louis T. Graves.

## Ongoing:

## Our Fabulous Friday Family readings every Friday at 10:00 am

on the Louis T. Graves Memorial Public Library Facebook Page ([www.facebook.com/GravesLibrary](http://www.facebook.com/GravesLibrary)) and on ([www.youtube.com](http://www.youtube.com)). This program includes stories, finger plays, songs, and crafts. Designed for children 5 and younger, however, all ages are welcome. Parents and caregivers are encouraged to participate. No registration required. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 and ask for the Junior Room or visit our website at <http://www.graveslibrary.org>.

## Ongoing Book Sale at the Louis T. Graves Memorial Public Library.

Visit the Book Cellar for what's in the store. If you are unable to make it in, you can call us with your genre requests and we will fill a bag for \$10.00 (10 for \$10). For information, please call 967-2778 or our website at <http://www.graveslibrary.org>. Cookbooks, sports, religion, fiction, biography, history, children's, classics, health, and a whole lot more!

## Caps for Sale!

We are now selling ball caps with our unique Library Logo. Colors are Gray and Raspberry. Hats are made locally (Arundel) at Charlie Horse. \$20.00. Give us a call for purchase or inquiry. We are happy to ship too! (207-967-2778). Check out our Store on either our Website ([www.graveslibrary.org](http://www.graveslibrary.org)) or Facebook ([www.facebook.com/GravesLibrary](http://www.facebook.com/GravesLibrary)) for more items. All proceeds benefit the Graves Library. We thank you very much!

## Our Wi-Fi is reaching new limits!

If you are looking for a quiet place to check your email or study, the garden are the Graves Library is always open. Project Connect is a statewide program that is helping all Libraries extend their Wi-Fi. We have comfortable seats and tables. The Graves Library is located at 18 Maine Street, Kennebunkport. For more information about all of our services, please give us a call. 967-2778.

## Wells Reserve at Laudholm

## Thursday, July 1, 10am Explore the Shore.

The treasures we find on the beach can tell us stories about the land, the ocean, and the beach itself. While strolling Laudholm Beach, we will explore questions about the sand, the wrack line, and found objects. Free with site admission. Register at 207-646-1555 ext 110 or [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org). FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Friday, July 2, 10am-12pm Wonderful Weeds.

The weeds we often disregard and destroy are life-giving and healing. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve, so you will recognize them as you explore your own yard or local park. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 ext 128. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Saturday, July 3, 7:30-9:30am Bird Walk.

Join a birder from York County Audubon to look and listen for the many kinds of birds found in summer at the Wells Reserve at Laudholm. Beginners welcome. Binoculars strongly recommended. Free with site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Tuesday, July 6, 7-10am Bird Banding Demonstration.

Visit the bird banding station at the Wells Reserve at Laudholm, where scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute study bird migration, breeding activities, life spans, and vector ecology. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 [wellsreserve.org](http://wellsreserve.org)

## Tuesday, July 6, 8-9:15am Virtual Morning Yoga via Zoom.

A new 8-week series of gentle Hatha yoga classes begins online with the Wells Reserve. Increase your strength, flexibility, endurance, focus, and concentration with guidance from Leslie Fiore, founder of Port Yoga in Kennebunkport, who has been practicing and teaching yoga for nearly 20 years. The series costs \$96/regular or \$80/member. Registration

required. Call 207-646-1555 ext 116 or email [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) to reserve your space.

## Tuesday, July 6, 10am Secrets of the Salt Marsh Walk.

Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk at the Wells Reserve that covers about 1 mile. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Wednesday, July 7, 10-11am Scavengers: Nature's Clean-up Crew.

Scavengers play such an important role in the breakdown of dead plants and animals that they leave their habitat cleaner than they found it. In this program at the Wells Reserve, Center for Wildlife educators and non-releasable animal ambassadors bust the most common myths and misconceptions about scavengers. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Thursday, July 8, 9am-12pm Kayaking on the Little River Estuary.

Paddle the quiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and some restrictions apply. \$60/regular or \$48/member plus site admission. Registration required. FMI [wellsreserve.org/kayak](http://wellsreserve.org/kayak).

## Thursday, July 8, 10am Nature Walk.

Tour a variety of coastal habitats with a Wells Reserve naturalist to discover what's happening in the ever-changing world of plants and animals. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Friday, July 9, 7:30-9:30am Talking with Birds.

Deepen your connection to birds by slowing down, observing, and putting yourself in the world of the birds. This program at the Wells Reserve moves birders from listening to deep listening and aims to develop empathy and respect for wildlife through simple, powerful techniques. Dan Gardoqui, certified wildlife tracker and registered Maine guide, leads this grounding, refreshing take on wildlife awareness and appreciation co-hosted by York County Audubon. \$25/\$20. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116.

## Saturday, July 10, 7:30-9:30am Talking with Birds.

Deepen your connection to birds by slowing down, observing, and putting yourself in the world of the birds. This program at the Wells Reserve moves birders from listening to deep listening and aims to develop empathy and respect for wildlife through simple, powerful techniques. Dan Gardoqui, certified wildlife tracker and registered Maine guide, leads this grounding, refreshing take on wildlife awareness and appreciation co-hosted by York County Audubon. \$25/\$20. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116.

## Monday, July 12, 10am-12pm Mindful Experience.

Slow down and open yourself to the sights, sounds, and scents surrounding you on the Laudholm campus of the Wells Reserve. With heightened awareness as our goal, we will practice slow and quiet walking, using our senses in different ways. This is a peaceful, guided experience that teaches mindful practices you can apply anywhere. For ages 12 and up. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 ext 128. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

## Tuesday, July 13, 7-10am Bird Banding Demonstration.

Visit the bird banding station at the Wells Reserve at Laudholm, where scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute study bird migration, breeding activities, life spans, and vector ecology. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 [wellsreserve.org](http://wellsreserve.org)

## Tuesday, July 13, 12:30-3:30pm Kayaking on the Little River Estuary.

Paddle the quiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and some restrictions apply. \$60/regular or \$48/member plus site admission. Registration required. FMI [wellsreserve.org/kayak](http://wellsreserve.org/kayak).

## Wednesday, July 14, 10am Laudholm's Farming Past.

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## Wells Reserve at Laudholm

Continued from page 28

Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about ½ mile. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Thursday, July 15, 10am** Explore the Shore. The treasures we find on the beach can tell us stories about the land, the ocean, and the beach itself. While strolling Laudholm Beach, we will explore questions about the sand, the wrack line, and found objects. Free with site admission. Register at 207-646-1555 ext 110 or [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org). FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Friday, July 16, 9:30am-10:45am** Life Under the Dock. Take a close look at marine life that lives on and below the Wells Harbor dock. We will collect fascinating samples, set out a plankton net, and pull a trap to explore life from below the surface. Hand lenses and microscopes supplied. Free for all ages and families are welcome. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Saturday, July 17, 7:30-9:30am** Bird Walk. Join a birder from York County Audubon to look and listen for the many kinds of birds found in summer at the Wells Reserve at Laudholm. Beginners welcome. Binoculars strongly recommended. Free with site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Monday, July 19, 10am** Nature Walk. Tour a variety of coastal habitats with a Wells Reserve naturalist to discover what's happening in the ever-changing world of plants and animals. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Tuesday, July 20, 7-10am** Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute study bird migration, breeding activities, life spans, and vector ecology. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 [wellsreserve.org](http://wellsreserve.org)

**Tuesday, July 20, 1-2pm** Flying Jewels: Dragonflies and Butterflies of Southern Maine. Get to know some charismatic insects with Wells Reserve natural resource specialist, Sue Bickford. Learn about life cycles and habitats of these beautiful creatures, then try your hand at catching them. Individual \$8/\$6, family \$20/\$15 plus site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Wednesday, July 21, 1-2pm** Meet the Scientists: Gadgets and Gizmos. Across the country, 29 research reserves are collecting long-term data on the weather and water quality in estuaries. In this free presentation, Jeremy Miller, Wells Reserve research associate, will demonstrate equipment and lab techniques while explaining how collecting robust data is important for understanding change in coastal communities. Free with site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Thursday, July 22, 9am-12pm** Kayaking on the Little River Estuary. Paddle the quiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and some restrictions apply. \$60/regular or \$48/member plus site admission. Registration required. FMI [wellsreserve.org/kayak](http://wellsreserve.org/kayak).

**Friday, July 23, 10am** Secrets of the Salt Marsh Walk. Learn what is special about these productive ecosystems, nestled between seashore and uplands, on a docent-led walk at the Wells Reserve that covers about 1 mile. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Friday, July 23, 8-10pm** Full Moon Walk. Enjoy a rare opportunity to experience the Wells Reserve at Laudholm after dark. Watch the sun set, listen for nocturnal animals, visit the beach, and discover moon lore. Did you know the July moon is known as the Buck Moon because this is when deer antlers grow out? Children 10 and up who can hike comfortably and quietly are welcome. Individual \$8/\$6, family \$20/\$15 plus site

admission. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 ext 128. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Monday, July 26, 10-11:30am** Estuary Discoveries. Meander along the accessible trail at Wells Harbor Park to learn about the value and importance of estuaries, where rivers meet the sea. Free. Registration required at [linda@wellsnerr.org](mailto:linda@wellsnerr.org) or 207-646-1555 ext 128. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Monday, July 26, 6-7pm** Broadening Participation to Build Resilience. As coastal communities grapple with the impacts of rising seas, coastal erosion, and increased flooding, how can we respond in ways that foster equity and build resilience? One strategy is to broaden participation in planning and decision-making. In this virtual talk, Jessica Brunacini describes how to engage the public in dialogue, deliberation, and decision-making surrounding climate change. Jessica is the Margaret A. Davidson Graduate Fellow at the Wells Reserve and a Ph.D. candidate at Michigan State University. Free. Registration required through [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Tuesday, July 27, 7-10am** Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute study bird migration, breeding activities, life spans, and vector ecology. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 [wellsreserve.org](http://wellsreserve.org)

**Tuesday, July 27, 1-2:30pm** Yankee Woodlot Walk: Past, Present, and Future. Discover how the Wells Reserve enhances wildlife habitat, protects water resources, and earns income over the long term on this less visited parcel. Naturalist Tomas Dundzila is your guide into this hidden gem. For ages 12 and up. Individual \$8/\$6, family \$20/\$15. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar).

**Wednesday, July 28, 1-4pm** Kayaking on the Little River Estuary. Paddle the quiet waters of a Maine estuary, watching for wildlife and learning about this treasured habitat from a registered Maine Kayak Guide. For ages 12 and up and some restrictions apply. \$60/regular or \$48/member plus site admission. Registration required. FMI [wellsreserve.org/kayak](http://wellsreserve.org/kayak).

**Thursday, July 29, 10am** Explore the Shore. The treasures we find on the beach can tell us stories about the land, the ocean, and the beach itself. While strolling Laudholm Beach, we will explore questions about the sand, the wrack line, and found objects. Free with site admission. Register at 207-646-1555 ext 110 or [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org). FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Friday, July 30, 10am** Laudholm's Farming Past. Delve into the rich history of the Wells Reserve at Laudholm, from homestead to farmland to estuarine reserve. This docent-led walk covers about ½ mile. Free with site admission. Registration required at [caryn@wellsnerr.org](mailto:caryn@wellsnerr.org) or 207-646-1555 ext 110. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Saturday, July 31, 7:30-9:30am** Bird Walk. Join a birder from York County Audubon to look and listen for the many kinds of birds found in summer at the Wells Reserve at Laudholm. Beginners welcome. Binoculars strongly recommended. Free with site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar)

**Saturday, July 31, 9:30am-12pm** Summer Wildflowers. Look for midsummer wildflowers with freelance itinerant naturalist Roland "Boot" Boutwell. The Wells Reserve at Laudholm boasts a rich variety of habitats, so you won't need to walk far to see a host of flowers in bloom. We will enjoy their beauty, learn some identifying characteristics, and discover wildflower natural history and lore. Boutwell teaches and leads field trips for the Native Plant Trust, Massachusetts Audubon Society, and Appalachian Mountain Club, among others. \$13/\$10 plus site admission. Registration required at [suzanne@wellsnerr.org](mailto:suzanne@wellsnerr.org) or 207-646-1555 ext 116. FMI [wellsreserve.org/calendar](http://wellsreserve.org/calendar) 342 Laudholm Farm Rd Wells ME 04090 [wellsreserve.org](http://wellsreserve.org)

## Brick Store Museum

**Saturday, July 3:** Historic District Walking Tour, departing 12PM, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Tuesday, July 6:** Free Admission Day, 10:00AM – 5:00pm, at 117 Main St, Kennebunk. Thanks to generous support from the Mrs. James Sage Coburn Fund, visits to the Museum are free every Tuesday from June through December! FMI call 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Thursday, July 8:** Historic District Walking Tour, departing 12PM, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Friday, July 9:** Tea Talk & Cream Tea in the Exhibit, 3:30PM, 117 Main Street, Kennebunk. Tour the new "Peggy Johnson: A Jeweler's Life" contemporary jewelry exhibit and join us for a Tea Talk and Cream Tea with Marianne Russo of Nellie's Tea (of Scarborough) with limited, socially distant, seating. Tickets: \$15 per person. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Saturday, July 10:** Historic District Walking Tour, departing 12PM, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Tuesday, July 13:** Free Admission Day, 10:00AM – 5:00pm, at 117 Main St, Kennebunk. Thanks to generous support from the Mrs. James Sage Coburn Fund, visits to the Museum are free every Tuesday from June through December! FMI call 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Thursday, July 15:** Historic District Walking Tour, departing 12PM, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Friday, July 16:** Night Sky Through the Lens of History Picnic Dinner & Program, 6:30PM, 117 Main Street, Kennebunk. Paired virtual program featuring speakers on Wabanaki, scientific and navigational uses of astronomy and the night sky through history. Take-out picnic dinners catered by For the Love of Food & Drink. To see menu and reserve tickets: call 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Friday, July 16:** Art Night!, 5:00PM – 7:00PM, 117 Main Street, Kennebunk. Celebrate art! Free admission to "The Art of Mending," free art activity for the whole family, and tour the new "Peggy Johnson" contemporary jewelry exhibit! FMI call 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Saturday, July 17:** Historic District Walking Tour, departing 12PM, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Thursday, July 22:** Historic District Walking Tour, departing 12PM, Brick Store Museum, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Saturday, July 24:** Historic District Walking Tour, departing 12PM, Brick Store Museum, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Thursday, July 29:** Historic District Walking Tour, departing 12PM, Brick Store Museum, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

**Saturday, July 31:** Historic District Walking Tour, departing 12PM, Brick Store Museum, 117 Main Street, Kennebunk. Learn the history of the elaborate and historical homes that line Kennebunk's Summer Street neighborhood. Led by Museum tour guide. \$5 per person/free for members. Reserve in advance by calling 985-4802 or visit [www.brickstoremuseum.org](http://www.brickstoremuseum.org).

# The Wright Gallery

## Maine Inspired Fine Art



## Kathleen Buchanan



## Berri Kramer



## Priscilla Levesque

[thewrightgallery.com](http://thewrightgallery.com)

5 Pier Rd., Cape Porpoise  
Kennebunkport, Maine  
207-502-0012



A SERIES ON LOCAL ARTISTS *by John Forssen*

## ‘Out ’n About’, Inspiration is Everywhere

He won his first blue ribbon as a schoolboy, a rendering of ‘Downhill Skiers’.

As artist Bob Lown tells the story, his first brush with artistic education was tentative at best...a classroom radio broadcast featuring “canned” lessons and very little in the way of instruction or inspiration. The subsequent arrival of a new teacher, who turned off the radio and exposed her students to the drawings of Leonardo DaVinci, created the jolt which led to the blue ribbon (won in a statewide competition) and a life-long engagement in artistic endeavor.

Retired now, Bob is a Harvard graduate (government and business) and spent much of his working life managing a company which manufactured hydraulic presses. “Huge machines,” he says with a smile, a dramatic contrast to the delicacy of his paintings.

A member of the Art Guild of the Kennebunks since 2006 and, more recently, Maine Women in the Arts, Bob is a regular exhibitor in local shows, describing his work as “representational.”

“I try to paint local buildings and landscapes in ways that give viewers a



different way of looking at the things they may see every day... realistic, yes... but offering insights.

“You might say that I take the occasional liberty for

the sake of rhythm, symmetry and emphasis.”

The care he takes with his work is immediately apparent. The colors are rich and well-balanced and the lines are sharp, purposeful.

“Well over fifty-percent of the effort in my work is invested in the drawing, which means there’s a lot of pencil, a lot of sketching, on the page before I’m even thinking about color. The form has to be there first,”

So, of course, he has an idea of what the picture is going to look like long before he gets to the end.

“Yes,” he says, “I always have something in mind.”

For inspiration he simply gets ‘out

and about’, allowing his surroundings to speak for themselves. “I bring a camera with me and when I find myself remarking, ‘that would make a great painting,’ I snap a picture to take back and use as a model.”

In this year of isolation due to the pandemic, he has managed to complete 20 paintings. He has also taken to ‘redoing’ finished paintings. “You can do that sort of thing in the absence of deadlines,” he says.

“I will put a finished painting out where I can study it and, after making a list of all the things I might have done differently, I start over...fresh paint and fresh ideas.”

As for work habits, Bob says he paints regularly, but he’s not pinned to a schedule. That said, however, he acknowledges that “there’s always a painting in the works.”

While many painters might dream of having a real studio, proper light and space enough to put their work ‘at a distance’ from time to time, Bob is content at his kitchen table...a small space, sure enough, but big enough to inspire great ideas.

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# Insight: What can Happen When You Let Go

**We never think it will happen to our horse, but it can. This inspirational & courageous story by Jennifer Vickery, Founder of Tomten Farm and Sanctuary will help you understand why.**

*Tomten Farm and Sanctuary: Providing peace, protection and possibility to animals in need.*

*Helping animals, helping humans and making a difference, one life at a time.*

## Our Inspiration: Sturgeon Moon

When I was younger, in college and far more naive, I reluctantly had to place my beautiful thoroughbred mare, Sturgeon Moon in another home. Despite my parents' financial help, there just wasn't enough money for college and a horse, so she sadly went to a "good home" with a safety net contract... a signed promise to return her to me if they could not keep her.

As it turned out, "Moon" was not the best fit for the girl who took her and her father soon asked if they could

place "Moonie" with their neighbors. We allowed it (with the another signed contract, another promise) and visited her both on the property and again at a horse show, checking up on her regularly. But then, out of nowhere, something went terribly wrong; we couldn't reach them. After dozens of unanswered phone calls and countless phone calls to vets, rescues, and slaughterhouses, we learned we were too late.

Much to our dismay, she had been sent to auction. Her new owners had broken their contract and abandoned the horse they promised to protect. The auction house further confirmed our worst nightmare, the first horse I ever owned, the only horse I had ever owned, had gone to slaughter. My beautiful mare, the horse who depended on me for peace, protection and possibility, had spent her last days, her last hours, alone and scared, first at auction, than en-route in a double decker trailer (legal at that time) and finally at the slaughter house. She died a horrible, horrible death and I vowed to never, ever, no matter what it took, allow an animal in my care to find itself in that situation again.

I have never forgiven myself for "allowing" her to be sold by-the-pound and slaughtered. It is that permanently etched memory that gives me strength every day: to be more, to do more, to help more. It's also why many of our rescues are pulled directly from equine and livestock auctions. For Moon, that would have made all the difference, one person, just one, to be there, to be able to have stepped up to save her.

And so, together with the support of others who have joined us in this journey, I rescue. Horses, pigs, goats, sheep, donkeys, dogs, rabbits and more. And I offer them sanctuary here at my farm and/or into rigorously-screened adoptive homes, where they can find the peace, protection and possibility that Moon did not. Where, with your help, they can find dreams come true.

**Did You Know ?** More than 100,000 horses—pets, show and race horses, carriage horses and wild horses—end up in slaughterhouses every year. They are killed in Canadian and Mexican processing plants, many



Sturgeon Moon . Courtesy photo.

bought by kill buyers and then shipped in crowded trucks from the livestock auctions from which we have rescued some of our horses and goats. (Domestic slaughter ended in 2007 so U.S. horses are shipped to foreign plants.)

**We could devote our entire website to education regarding horse slaughter, but we fear it would be too upsetting for most and we prefer instead to concentrate the good that comes from Rescue.** <https://www.google.com/search?client=firefox-b-l-d&q=tomten+farm+and+sanctuary>



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# Essentials of Grooming Aren't for Showing

Caring for a horse is part of the responsibility of owning one. Care encompasses providing for all the horses physical and emotional needs such as those of interaction, companionship and learning. Pet owners are cautioned not to anthropomorphize animals by attributing human characteristics, but ample research has been done to show animals feel more than just physical stimulation such as pain. They can also feel loneliness, fear and grief. In this context it is a safe assumption that animals feel and so they need to be treated with care.

According a study published in The Horse, an online professional publication for horse owners and professionals, horses don't like being groomed <https://thehorse.com/177049/do-horses-like-being-groomed-probably-not-study-finds/>. Reasons include rough or harsh handling, using cold water on delicate areas, the use of 'aids' that restrain the horse including being tied, using a twitch, chains, or other uncomfortable measures, rushing and having several people grooming the horse at once, which for a prey animal is very stressful and threatening. For daily grooming or to be shown, subjecting horses to these measures simply increases stress. Since horses are stoic, they may not show signs of distress, but a sensitive and knowledgeable horse owner will not force a horse to endure discomfort. Forcing horses in emergencies can be lifesaving however employing force in regular care will likely lead to less tolerance in the future.

In order to be proficient in grooming, knowledge and education is needed from a reliable resources preferably with an educational component. It takes skill to handle any animal particularly when handling involves sensitive areas, even with experience. Grooming isn't about making a coat shiny with products, coating hooves with polish or removing the hair from the eyes, ears and elsewhere on the horse's face. It's about health, nutrition and paying attention to parts that no one sees in the show ring, far more complicated than daily hoof cleaning. In the female horse this includes gentle, regular cleaning of the

teats and surrounding tissues. The vulva located under the tail should be checked periodically not only for cleanliness but for infection. Males need attention too. Sheath cleaning should be done by a vet at least once a year if the horse owner is not able. Additionally the skin under the tail and underside of the tail should also be checked for growths and cleaned regularly.

Summer is not a good time for horses. A fur coat and body temperature 2 degrees higher than in humans can make horses very uncomfortable. Horses purposefully remain quiet and are less likely to run in hot temperatures. When being ridden, trained, or shown in summer they need to be given credit for doing something against their nature and against their survival instinct with an acknowledgement that they are uncomfortable. The season also brings insects. Some horses experience allergies to pollen and insect bites which requires serious management. Bites should always be watched for reactions and cleaned just as they would be on human skin.

Horses should never be treated as if they are living in the wild, because they're not. They are ours by choice and



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**Gabriela Rodriguez Quinn, Director**

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we have a responsibility to be sure the care they receive takes care of all their needs. Using horses to satisfy our needs isn't a fair equation. It is only fair to the horse to do what's right and to take care of their needs first.

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reason. Often it is undiagnosed pain, or the horse is experiencing discomfort due to colic or have another health issue. The next time you're told to kick your horse because they're not moving fast enough, think again, stand up for your horse and refuse.●

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## Freedom Farm

By: Leanne Hayden, Guest writer

There was a farm in Kennebunkport that for a time in the 1950s was a haven for World War II refugees from Europe. It was located on the corner of Lester Wildes Road and Gravelly Brook Road. The farm was known as Freedom Farm.

During 1947 and 1948, Maine forest fires had ravaged much of the land. In Kennebunkport Ethar Milliken had been fighting the fire and suffered a heart attack which kept him in bed but afforded him the time to read an article about the deplorable conditions in refugee camps. Desperate families living in overcrowded camps with a lack of food and basic necessities all waiting to make a life for themselves in a new country. Mr. Milliken owned two farms and realizing that he would be unable to continue to work both of them, so moved by the stories of these families, he decided to give one to be used for refugees who could come to Maine. It was a gift of an 11-room house, a large barn and 156 acres.

There were Church groups in the area working to help refugee families, so he contacted several until he found Charles Ellis, minister of Kennebunkport's Baptist Church. Charles presented Ethar's offer to the United Baptist Convention of Maine

and they enthusiastically accepted. Once word spread, Baptist Churches from across Maine sent volunteers to make the 156-acre farm ready for the refugee families. They worked diligently to convert the 11-room farmhouse into three apartments. They painted, wallpapered, and re-shingled the roof. Others donated bedding, dishes, seed, livestock, and farming equipment. In the end, the farm had a cow, two goats, a team of horses and a tractor.

The first family arrived in Kennebunkport, Ants and Agnes Parna and their 10-year-old daughter, Lembi, from Tallin, Estonia. The Parnas had suffered a great deal before arriving in America. They had joined refugees aboard an already overcrowded ship, hoping to escape to Sweden. However, they had to make port at a Polish seaport town and then were marshalled aboard a refugee train of boxcars. Women and Lembi were crowded inside, while Ants hung to the outside. Traveling across worn-torn Germany, at long last they reached a refugee camp in the southeast corner of Germany; but heard that all able-bodied men were to be drafted into the Nazi army. The Parnas fled the camp and sought refuge in the nearby mountains where there were many other refugees, but very little food. They joined a crowd at a railway siding to go westward and finally reached Linz, Austria. It took 40 days, but long waits on railroad sidings made it possible to go out in the countryside for food: frozen or partially decayed potatoes!

They eventually found themselves in an American zone of Austria at a DP camp where oatmeal was the only food readily available. Lembi began to complain of pain in her left eye where a white film had formed. A GI doctor provided glasses, but at last she was put in a hospital with a diagnosis of serious vitamin deficiency from malnutrition.

Finally in June 1949 the Parnas arrived at Freedom Farm and Lembi started school. It was only arriving at Freedom Farm that led to her eyesight being restored. Ants became a farmer under the tutelage of Ethar Milliken. The following September Lembi came home from school all excited because she was the only member in the class who received 100 in spelling.

On July 22, 1949, Freedom Farm was officially named and dedicated.

On October 10, 1950 a Western Union Telegram arrived at a parsonage in Portland, Maine, requesting the church release the Rev. Harold Bonell to go under the auspices of the International Refugee Organization to gain background for assisting in placement of displaced persons. On November 1 Mr. Bonell boarded the USNS General Langfitt with 1700 army reservists and left Pier 11 on Staten Island for a ten-day crossing bound for Germany. The Langfitt was one of several transports maintained by IRO to carry displaced persons (DPs) to the states and other countries. As Chief Resettlement person he spent much of his time in German and Austrian

DP camps where refugees came from Latvia, the Ukraine, Estonia, Poland or the far borders of Russia and Mongolia.

The story of Freedom Farm spread through newspaper and magazine articles. People from all over came to the farm bringing food and necessities. Twenty-eight immigrants, members of six families and six single men began their lives in America at the farm. Ant Parna found a job at Deering Lumber company and moved his family out of Freedom Farm in 1951 to make room for other families in need.

Ethar Milliken drove his new neighbors to church, donated a small flock of hens and when he learned that many of the refugees would be coming from the Ukraine, he bought himself a Russian-English dictionary so he could communicate better with them. He was a supporter of Freedom Farm until his death in 1952.

In June 1951 the IRO could no longer designate refugees, and the program ended. In three years, the U.S. issued visas to 336,000 DPs or "Delayed Pilgrims" as they were often referred to because they were seeking some of the same basic freedoms that had brought those on the Mayflower and were also pioneers in America that made something out of nothing.

Freedom Farm was sold in 1963. On January 28th, 1968, the farmhouse was destroyed in an early morning fire but the barn still stands. In its short life, Freedom Farm had a lasting impact and remains a testament to how one person really can make a difference.

## The Return of Fourth of July Fireworks and Fireworks Throughout the Summer at Old Orchard Beach

By: Shelley Wigglesworth, Lead writer

Kennebunk, Kennebunkport, Biddeford, Saco, Wells and Ogunquit will not be having any traditional fireworks displays or celebrations for the fourth of July this year; with most towns citing extra precaution surrounding large gatherings to prevent possible COVID transmission as the reason.

According to the Ogunquit Barometer, the town of Ogunquit is considering fireworks show later in the summer, yet nothing has been finalized.

Old Orchard Beach, however, is happy to announce the return of their annual fourth of July fireworks this year on Sunday July 4th at approximately 9:45PM.

"It is a spectacular show with the fireworks being launched from the iconic pier. We will also bring back our weekly fireworks show every Thursday evening throughout the summer, until the end of August at 9:45PM, those will also be launched from the pier," said Kim Howard Executive Director of the Old Orchard Beach Chamber of Commerce. She added "We are thrilled to have not only the Fourth of July fireworks back, but the weekly fireworks

as well. It is such a big attraction and summer tradition for many residents and tourists alike. All fireworks events here in Old Orchard Beach may be viewed on the beach, from the town center area, at Palace Playland amusement park, and even from the ocean on a boat if you have one. You don't need to be right at, or on the pier to have a good view and enjoy the show, and as always it is free for all to enjoy."



Shelley Wigglesworth photo.

FMI on Fireworks in Old Orchard Beach: (207) 934-2500 <https://web. oldorchardbeachmaine.com/events>



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## It's Summer and signs of recovery from the grave pandemic abound:

Masks no longer universally mandatory, benches for people to sit on at the waterfront, parks and trails fully open, in-person schooling and graduations, weddings, meetings and conferences, and the Brick Store Museum in town with its exceptionally timely exhibit on The Art of Mending.

We all need mending.

Many of us got through the pandemic by getting out in nature. With most indoor activity being off limits, whether they be for work, schooling, or leisure, we were rediscovering the great out-of-doors. Forging a new appreciation for, and reliance on nature, it's not surprising that more victory gardens were popping up, that canning jars were as out of stock as TP and sanitizer, that people were taking up camping, and opting to wild their yards, curbsides, and families.

Depending on one's faith, we came perhaps from a garden of eden, or perhaps on the back of a sea turtle; either way, we were one with nature. Now with the pandemic seemingly "under control" we're turning our focus back to our previous life's activities and preoccupations, as our relationship with nature once more takes back burner.

But this is exactly when we need to give nature our utmost care and attention. In view of the June's heat wave, with temperatures 20 degrees above normal, we need to attend to a crisis at least as grave as the COVID Pandemic, that of Climate Change and its impact.

June 3rd Mark Hertsgaard and Kyle Pope, Founders of Covering Climate Now ran the headline: "The media is still mostly failing to convey the urgency of the climate crisis" <https://www.theguardian.com/commentisfree/2021/jun/03/media-climate-change-crisis-emergency>

"Most major news outlets still present climate change as no more important than a dozen other public issues, when the fact is that if the world doesn't get it under control, fast, climate change will overwhelm every other issue...the climate emergency comes with a time limit – wait too long to halt temperature rise and it becomes too late; CO2's long atmospheric life makes further temperature rise inevitable, perhaps irreversible .... In the United States, only 26% of the public is "alarmed"

about climate change ... One reason? Less than a quarter of the public hear about climate change in the media at least once a month...

Journalists have a responsibility to make sure the public understands what's at stake and, crucially, that humanity already has the technologies and solutions to decarbonize our economies; what's needed is the political will to implement them. Journalists also have a responsibility to hold powerful interests accountable for doing what's needed to preserve a livable planet. That starts with telling the truth: about the climate emergency, its solutions, and how little time remains before it's too late."

We are incredibly grateful to The Village for hosting what will become a staple here, a column with Climate Action as focus. We hope to engage our community in efforts to better understand and act on the challenges associated with curbing temperature and sea level rise.

We're getting through the Pandemic because we 1) believed we could, 2) listened to expert guidance and 3) sought out support networks to both contribute to, as well as benefit from.

The climate crisis is as much as a threat to our species-survival as is CoViD. And if we were to treat it as we did CoViD 19 - as a pandemicv- which it indeed is, our hope at survival could be a sure thing. And as a sure thing, it will be easier for us to attend to coming together to work on solutions; right now we share such angst because we feel that climate solutions are beyond our reach, and that only those with reach like Elon Musk will escape further climate catastrophe.

We all have a different starting point vis a vis sustainable living, differ perhaps in passion and concern, and have different temperaments and ways of engaging with others. But each step taken counts, and in the words of Rob Hoskins, Founder of Transition: If we wait for the governments, it'll be too little, too late; If we act as individuals, it'll be too little. But IF we act as communities, it might Just be enough, just in time.

As we did with CoViD, we need to listen to the voices of scientists and those offering solutions, and then come together both in our comfort pods as well as a civilization, to work on actualizing opportunities.

**andrea roth kimmich,**  
**Founding Member**  
**Planeteers of Southern Maine**  
[www.SoMePlaneteers.org](http://www.SoMePlaneteers.org)  
[www.facebook.com/SoMePlaneteers](https://www.facebook.com/SoMePlaneteers)

### SO: Your homework:

1. Get out in the wild and remember why you love it, want to be part of it, and the need to conserve it.

2. Listen to this short news flash about Governor Mills work on Maine Climate Action Plan, adopted end of 2020. <<https://www.newscentermaine.com/article/tech/science/environment/maine-wont-wait-four-year-climate-action-plan-unveiled/97-bb22173a-4143-4dfe-b5ff-ff2cddd31f27>>

3. Consult Maine's Climate Action Plan: Maine Won't Wait for all related information: [https://www.maine.gov/future/sites/maine.gov/future/files/inline-files/MaineWontWait\\_December2020.pdf](https://www.maine.gov/future/sites/maine.gov/future/files/inline-files/MaineWontWait_December2020.pdf)

4. Plug in to the Kennebunk Free Library's You Tube Channel for recordings of the series of Maine Climate Action Planet Talks we Planeteers of Sourthen Maine partnered with the KFL on presenting. Starting March 31st with an evening of Eco-Poetry! Followed by a superb Overview of Maine's Cimate Action Plan, April 5th... and... and...

5. Start some independent and group reading on the books the presenters in our Planet Talk series consider having had most impact on them. The Library has a special exhibit set up with bookmark listing them all.

6. Reach out to us Planeteers letting us know what interests/concerns you most, and what you'd like to work on.

7. Stay tuned monthly for our future columns, each one charting opportunities for involvement!

All for one, one for all! FMI, visit [www.SoMePlaneteers.org](http://www.SoMePlaneteers.org), follow us on [www.facebook.com/someplaneteers](https://www.facebook.com/someplaneteers), and/or help us build an Instagram/Snapchat/Twitter presence.



  
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LegacySIR:Online Virtual Tour: [lpsir.com/18nehoc](https://lpsir.com/18nehoc)**KENNEBUNKPORT - 18 NEHOC LANE**

Sited in a private enclave on a granite bluff with panoramic views of the Maine coastline, this refined shingle-style residence offers five ensuite bedrooms, six baths, stone fireplaces and more.

**Ashley O'Neil 203.219.1421**  
**Bill Gaynor 207.468.3002 | \$5,850,000**

**PENDING**Online Virtual Tour: [lpsir.com/36oak](https://lpsir.com/36oak)**KENNEBUNK - 36 OAK STREET**

This elegant five bedroom, five bath beach house with separate cottage is located a short stroll from Mother's Beach and Webhannet Golf Club, atop a knoll with lush sweeping views.

**Andi Robinson 207.604.2479**  
**Elaine Prendergast 207.604.0449 | \$2,100,000**

Online Virtual Tour: [lpsir.com/10chestnut](https://lpsir.com/10chestnut)**KENNEBUNKPORT - 10 CHESTNUT ST**

The John Bourne house, built in 1806 and renovated over the years with the perfect blend of antique charm and appeal, has a free-standing guest house and is two blocks to Dock Square.

**Rosane Hirschy 207.467.5792**  
**Randal Simon 207.590.9656 | \$1,999,999**

Online Virtual Tour: [lpsir.com/6morning](https://lpsir.com/6morning)**KENNEBUNK - 6 MORNING WALK LANE**

Recently built elegant home with easy walk to Dock Square, with sun-filled rooms, custom shutters, electric blinds, elevated ceilings, open gourmet kitchen, four bedrooms and 4.5 baths.

**Rosane Hirschy 207.467.5792**  
**Randal Simon 207.590.9656 | \$1,700,000**

**SOLD**Online Virtual Tour: [lpsir.com/22summer](https://lpsir.com/22summer)**KENNEBUNK - 22 SUMMER STREET**

This exquisite residence is perfectly sited on the famed Captain's Row of Summer Street in Kennebunk Village. Lovingly restored with the best of the past and elegance of the present with spacious chef's kitchen and wet-bar in the den.

**Bill Gaynor 207.468.3002 | \$1,650,000**

**KENNEBUNK - 21 SUMMER STREET**

Proudly sited upon the famed Captain's Row in Kennebunk Village, the Burliegh Smart residence is a classic Colonial with numerous Italianate features. This five bedroom home with attached carriage house is perfect for family gatherings.

**Bill Gaynor 207.468.3002 | \$1,295,000**

**PENDING**Online Virtual Tour: [lpsir.com/98old](https://lpsir.com/98old)**BIDDEFORD - 98 OLD POOL ROAD**

Enjoy the charm of this old farmhouse that has been renovated and expanded, including a soundproof music room and rooftop solar panels covering all electrical needs. Mostly wooded 2.3 acre lot and less than a mile to the beaches of Biddeford Pool.

**Chris Stone 207.590.3425 | \$579,000**

Online Virtual Tour: [lpsir.com/24ocean](https://lpsir.com/24ocean)**BIDDEFORD - 24 OCEAN VIEW DRIVE**

Enjoy coastal area living in this Anchorage Baby neighborhood four bedroom, two bath home with a deeded right of way to the Pool (Biddeford Pool's large tidal pool, perfect for kayaking). The large back deck and fenced in backyard is great for pets.

**Chris Stone 207.590.3425 | \$480,000**

**SOLD**Online Virtual Tour: [lpsir.com/529south](https://lpsir.com/529south)**BIDDEFORD - 529 SOUTH STREET**

This beautiful three bedroom colonial sits high and back from the road in a country setting. The modern kitchen with stainless appliances and granite countertops overlooks the backyard, private deck and hot tub, offering great outdoor living.

**Chris Stone 207.590.3425 | \$460,000**

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## SUMMER RENTALS - WE MAKE MEMORIES HAPPEN!

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**43 Bayberry Avenue, Kennebunk**

Beautifully maintained 5-bedroom home with ocean views and easy walk to the beach. You will fall in love with the gorgeous screened in porch looking out toward the ocean. Features include a fireplaced living room, new kitchen, first floor master, large deck. Solid summer rental history as well. Rented 6/19 thru 9/4, 2021. **\$1,800,000**



**43 Mills Road, Kennebunkport**

Sited on a beautifully landscaped lot with lovely views of Sampson's Cove, this spacious home includes 4 Brms and 2.5 baths. In addition, there is a fabulous 1 Brm apartment. **\$829,000**



**8 Arlington Street G1, Kennebunkport**

Enjoy this stunning first floor unit in charming Arlington Arms, located in beautiful Cape Arundel in Kennebunkport. Includes a spacious Living Room, Dining Area, Kitchen, large Brm and Full Bath. **\$335,000**



**0 Dragonfly Lane, Kennebunk**

This 8 plus acre parcel of land is set back away from the hustle and bustle yet close to schools, shopping, area attractions and recreation. Reasonably priced so improvements can be made to the parcel. **\$119,000**



**22 Pier Road, Kennebunkport**

A CAPE PORPOISE GEM! This home is in a much sought-after location with views of the Harbor. Watch the tides rise and fall as you enjoy this quiet & idyllic Kennebunkport location. **\$1,375,000**



**98 Mills Road Subdivision, Kennebunkport**

All lots are cleared and numbered and serviced by town sewer. Builder can design a home to meet your needs and desires or bring us your plans to get started. **\$179,900 - \$229,900**



Gail Ann Arnold  
Xt: 111



Kathy Baker  
Rental Manager  
Xt: 123



Tricia Gallagher  
Xt: 113



Laura J Ross  
Xt: 114



Mark Gary  
Xt: 116



Claudette Batignani  
Xt: 117



Helen Curry  
Xt: 119



Denise Hodsdon  
Xt: 127



Rick Natoli  
Xt: 138



Tara Baker  
Xt: 141



Katie Palmer  
Xt: 147



Dan Roche  
Xt: 139



Mark Seeley  
Xt: 149