



LEVEL 5: MODERN
ORANGE AWARD

NAME:
DATE COMPLETED:



I attend class regularly.



I am able to use my breath to enhance the quality of my performance.



I am able to show a variety of 'falls to the floor'.



I am able to effectively use 'off balance' movements in my dancing.



I am able to execute a variety of travelling Jazz Turns to a high level.



I am beginning to show a great range of flexibility in all ranges of movements.



I am able to perform a variety of round kicks, side kicks, flick kicks.



I am able to show a complex sequence using standing & floor transitions, held stretches & curved relaxations.



I am able to demonstrate a full isolation combination of head, hip, shoulder, rib, knee, hands and wrists isolations.



I always thank my teacher at the end of my class.



LEVEL 5: MODERN
GREEN AWARD

NAME:
DATE COMPLETED:



I arrive at my class on time.



I am able to perform stag leaps.



I am able to choreograph a simple 8-bar sequence by myself.



I am able to return from the floor seamlessly.



I am able to perform runs & leaps across the room.



I have learnt some theatre terminology; Upstage left & right, downstage left & right, tech run, curtain call.



I am beginning to show the use of pressure and resistance in movements.



I am able to dance a range of Jazz styles.



I am polite and courteous when speaking to other members of the class.



I remember to take all of my belongings with me at the end of my class.



LEVEL 5: MODERN
PURPLE AWARD

NAME:
DATE COMPLETED:



I am in the correct uniform & shoes.



I am able to perform a 'falling spiral' into a seated attitude.



I am able to turn my triplet step whilst travelling across the room.



I have performed in public (either in class or on the stage, village fete or anywhere with an audience).



I am able to run & walk expressively and with emotion.



I am able to do or am working towards a single pirouette en dedans.



I am able to dance with an artistic sense of expression.



I am able to complete a complex choreographed routine as a solo.



I finish my class professionally with a choreographed progressive bow.



I am friendly and helpful to all class participants.