

'Everything old is new again' as we mask up and isolate thanks to the Covid-19 pandemic.



Masks have even become a fashion item, though none quite as dramatic (yet) as the face masks worn by earlier medicos.

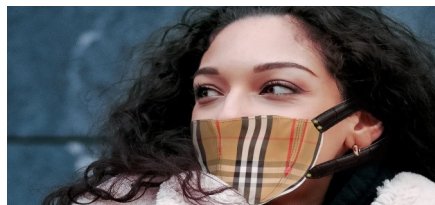
A **plague doctor** was a medical physician who treated victims of the bubonic plague and later epidemics..

These physicians were specifically hired by towns where the plague had taken hold. Since the city was paying they 'treated' everyone:

Many were untrained, and were certainly not general practitioners. They rarely cured their patients; rather, they served to record a count of the number of people contaminated for demographic purposes.

The bird-like mask with eye coverings worn in the 17th, 18th, and well into the 19th centuries, was a beak-like mask filled with aromatic items. The masks were designed to protect them from putrid air, which (according to the **miasmatic** theory of disease) was the cause of infection. The protective suit consisted of a light, waxed fabric overcoat, a mask with glass eye openings and a beak shaped nose, typically stuffed with herbs, straw, and spices. Plague doctors would also commonly carry a cane to examine and direct patients without the need to make contact.

The obsolete theory held that diseases—such as cholera or the Black Death—were caused by a *miasma* (ancient Greek: "pollution"), a noxious form of "bad air", emanating from rotting organic matter. The theory was eventually given up by scientists and physicians **as late as 1880**, replaced by the **germ theory** of disease, that specific germs, not miasma, caused specific diseases.



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Cook250 1770—2020



We deeply regret that due to the Bushfires and Corona pandemic we were unable to fulfil the events advertised in our Spring edition. Cook's mapping of the south coast of NSW also marked the 250th anniversary of the naming of Bateman Bay. We appreciate the efforts of your local print and online media reminding readers of this special anniversary.

Our sincere thanks in particular to the following people and organisations for their enthusiasm and assistance working with us in Cook250 event management.

Bateman By Soldiers Club CEO and staff, Batemans Bay Business and Tourism Chamber, Sydney Living Museums, Prof. Fred Watson AM (Australia's Astronomer at Large), Ms Jacqui Newling (Colonial Gastronomer and author),



MUSEUM ROBBED—HOW YOU CAN HELP—please spread the word

Imagine the bitter disappointment our volunteer Museum members felt to discover, mid April, thieves cut through our security fence entering several of our external display and metal storage sheds through rear walls. 'Unwanted' items were left outside in the rain.

Police were notified; we are in the process of installing different security measures.

Stolen were artefacts that told YOUR stories, that had been donated by the community, as well as purchased by us to build the collection. Of no value to them were the countless hours of skilled work spent in restoration or conservation of those artefacts. Others were awaiting work. Most will probably have been sold at swap meets and garage sales by now.

Some items can be replaced if we had the money. A few cannot be. Hardest hit was the Blacksmith shop, which our men's team had worked so hard to create.

Please, if you can:

1. Donate or sell to us a box trailer in good condition. YES, they took that too!
2. Donate one or more hand-forged iron tools, anvil, and any associated rural artefacts.
3. Make a small donation to us via Paypal on our website to help enable replacements.

Thank you

Follow us on Facebook and keep abreast of new activities via our website
www.batemansbayheritagemuseum.com.

“Stressful day? Have a cup of tea, a Bex and a good lie down”.

Production of Bex powders and tablets began in the 1920s and were at the height of popularity in the 1950s and 1960s. We have some in our collection.



Immortalised in Australian slang, the analgesic phenacetin (used in Bex powder) is wrapped up in the development of the modern pharmaceutical industry. Phenacetin works on the nervous system, targeting the sensory tracts of the spinal cord, the brain and the heart. It lowers muscle reactivity, reduces the body's temperature and depresses heart action.

Once these aspects for relief of pain, inflammation and fever provided by phenacetin were known it became widely used on a non-prescription basis, usually in a mixture with acetaminophen (paracetamol) and caffeine, known as A.P.C. powders. APCs such as **Bex**, **Vincent's** and **Veganin** were the most widely used with the marketing phrase ***“A cup of tea, a Bex and a good lie down”*** becoming a common slang expression.

We have Dr Priscilla Kincaid-Smith to thank for discovering that the drugs were highly addictive, and that excessive use of them had led to a generation of women in particular suffering from chronic kidney disease. Addiction to APC powders was common, in New South Wales and Queensland particularly.

The dosages in Bex powder are one indication of the reason for its addictive qualities and its toxicity, with some formulations containing **420 mg of aspirin, 420 mg of phenacetin and 160 mg of caffeine in a single dose!**

Today, phenacetin is no longer in clinical use but is widely used by criminal organisations to cut cocaine due to the similar effects of both drugs.

[Ed. No personal experience, I assure you].

www.australianpharmacist.com.au

The Canberra Times 14 Oct 1926 EIGHT DUCKS

Rather a coincidence occurred at the cricket match between Bateman's **Bay** and **Benandra** last month. Four ducks walked across the ground while the Bayites were batting and four of their players willingly retired, with an egg each.



EXPLORE HISTORY LINKS

<https://sydneylivingmuseums.com.au/exhibitions/thousand-words>

The adage 'a picture tells a thousand words' is the basis of this new online exhibition, which draws from the significant historical collections of **NSW State Archives** and **Sydney Living Museums**. The public are encouraged to contribute a response to the images.

<https://dictionaryofsydney.org/browse/artefact>

The Dictionary of Sydney This website has some fascinating resources. Browse! It includes some once popular city sayings — do you recall them?

- *Crook as Rookwood... *at death's door, Rookwood being a cemetery*
- *Pitt Street farmer... *owns a country property for tax loss, lives in Sydney*
- *Shot through like a Bondi tram... *left in haste*
- *Getting off at Redfern... *colloquial for contraception—the stop before Sydney Central*

Elizabeth 11 CORONATION DAY June 2nd 1953

If you've been enjoying 'The Crown' television series, you'll be very familiar with this date....

celebrated throughout Britain and the Commonwealth as radio and the new TV helped people everywhere feel they were very much part of the event. Only a minority of homes *had* TV and an 'open house' allowed extended family and neighbours to join in the sense of a new and exciting Elizabethan era.

Party Buffet catering was possible with the lifting of some food rationing. The favoured recipe was 'Coronation Chicken', a mixture of cold cooked chicken, fruit, and a mild, curry-flavoured dressing.

Did you watch on TV?

Did you go to any special event to mark the occasion?

Do you still own a souvenir or two?



SEA MONSTERS!

The Canberra Times 18 July 1931

'While fishing at the mouth of the Clyde River this morning **W. Lawler** and **George Patrech** state that they saw a sea serpent. It was about 12 feet long and-nearly two feet in diameter. It appeared first a few feet from their boat and after thrashing the surface of the water three or four times finally disappeared.'

Morning Bulletin 16 April 1935

"On the beach, near **Narooma** today two lads discovered and were later assisted to recover from the water, the carcass of what all local experts agree can be nothing but a sea serpent. So certain are the local authorities that the carcass has been taken to Narooma on a lorry to be photographed. The postmaster has given the following description of it: *Long, tapering head, high cranium, eyes level with the mouth ... two fins at the back of the head, a dorsal fin and a two-bladed propeller tail; 24 teeth in each side in the top row and most likely more than 48 in the bottom row (many teeth having fallen out); smooth and leathery hide; approximately 12 feet long when extended on the beach.*"



As in so many other reports of uncommon creatures being killed or found dead, whatever happened to the carcass, and of the photos of the Narooma sea serpent, remains unclear.

One in six Australians is currently working in a job which didn't exist 20 years ago.

OLD OCCUPATIONS In living memory were:

Night Soil Cart/Dunny Man. When there was no sewerage, this poor soul had to go door to door to collect the waste. The dunny man would usually access outhouses via the back lane, and would visit every night to ensure a clean outhouse for the next morning.

Lamp Lighter. Before electronic streetlights men were employed to manually light, fuel and extinguish street lamps. Street lights were lit as the sun set and extinguished at dawn.

BUDDIES AND BUGS

We'll be doing our part for public education when the Museum again participates in August's **National Science Week**—see our Spring Edition and our Website for details of events and film showings after restrictions are lifted.

Last year's **SCience International Film Festival** entry '700 sharks', revealed researchers have discovered that once thought to be totally solitary, white sharks pick their buddies and stick with them for years. Are these two really holding fins?



HAVE YOU BUILT AN INSECT HOTEL YET? www.wikihow.com/Make-an-Insect-Hotel

Meanwhile we need to talk about the impact the bushfires are having on insects. Koalas are cute and cuddly, but life on Earth depends on insects.

'David Yeates, the Director of the Australian National Insect Collection, is used to insects getting the short-end of the stick. "*Insects are small, whereas koalas are cute and everyone loves things that look cute,*" he says.

Indeed, stories of the impact the recent bushfires have had on Australian wildlife have centred around the adorable marsupials. Images of burnt paws and singed fur are, naturally, both heart-breaking and evocative.

But according to David, we should be more concerned about what impacts the unprecedented fires are having on Australia's insect populations – a group of animals that could make or break the Australian environment.

It's estimated that over one billion animals have been killed or injured during the bushfires. But entomologists such as David will struggle to fully estimate the impact of the fires on insects.

Concerns about an '**insectageddon**' have featured in headlines over the past year – most stories concerning insect populations of the Northern Hemisphere, rather than Australian populations. "*We don't have the data for insect declines in Australia,*" says David. "*Scientists in the Northern Hemisphere have done more surveys over several decades.*"

A 2019 entomology symposium in Brisbane late last year, found they only had conclusive data for declines in three Australian species – the *bogong moth*, *Key's matchstick grasshopper* and *green carpenter bee*. There's undoubtedly more, but a lack of funding and long-term data means definitive conclusions are hard to delineate.

David's thorough knowledge of Australian insects gathered over the past 30 years, however, leads him to believe that the recent bushfires may have caused irreversible damage to Australia's insect populations, due to the intensity and extensiveness of the fires. 'Some of those uncommon, narrowly distributed little beetles and other insects may have gone extinct through these fires. They just couldn't escape.'

"Angela Heathcote© www.australiangeographic.com.au/topics/wildlife/2020



Northern Star Lismore NSW 8th Oct 1951 Obituary MR. WILLIAM LATTA

BALLINA, Sunday. — The funeral of Mr. **William Lindsay Latta**, of West Ballina, who died at his home after a long illness, took place from the Roman Catholic Church, Ballina, to the Roman Catholic portion of East Ballina cemetery. Services were conducted at the church and graveside by Monsignor O'Rourke. **Mr. Latta was born at Bateman's Bay, South Coast, 81 years ago, and was married there 57 years ago.** In his younger days he was a keen footrunner, and won many prizes in events on the South Coast. **For some years he was mail carrier between Ulladulla and Milton, and did the round trip of 104 miles on horseback, having on many occasions to swim his horse across flooded creeks.**



OYSTERS have been taken from the Clyde River commercially since at least the 1870s, and In 1883, oyster leases were gazetted by the Government.

Some of the earliest oyster leases on the river were taken up by **Aaron Clark, William Templeman, and the families Latta, Barclay, Steel and Innes.**

In the early 1960s **Sid Paschlides** led the arrival of Greek immigrant families to the Bay, and so began their long involvement in oyster farming.

L to R Mr Alfred Innes (70) with Mr Sid Pashilidis.

Richmond River Express and Casino Kyogle Advertiser 19 Dec 1923

The residence of A. K. Ryan, at Batemans's Bay was burnt to the ground. The rest of the family escaped in their night attire, but the eight-year-old daughter's remains were later found among the ruins. It is believed that the child ran back terror stricken and hid under the bed, and was not missed till too late to attempt a rescue. The building was razed in a few minutes. The family were asleep, when the fire began, apparently from a candle left burning on a chest of drawers.



A Kato shovel and a front end loader made short work of demolishing Blandford house. **April 1988**

Southern Star April 15 1981 LAUNCH OF THE *Clyde Princess*

"It takes a lot of specialised knowledge and supplies to build a vessel like the *Clyde Princess*. These firms are all at Batemans Bay.

Warwick Dunbar – Construction; Batemans Bay Sawmilling; Tourist Marine; Southern Pine Supplies; OJ Fabrications; Mass Excavations; Hillmans Hardware; Toolshed; Home Plastics; Welmec; BMG concrete, and Bayview Hotel (for liquid refreshments).

The *Princess* was specially built for the Clyde, with a very low bow wave –no danger to foreshores or oyster leases. Seats 100 people plus dance floor."

Captain Dennis Moore.

The move to online news media pre-dates Covid-19, but restrictions have brought forward sales of regional newspapers, loss of jobs, and a move to maintain relevancy pursued solely through online publication.

Fortunately for our community, we retain *The Bay Post*, *Moruya Express* and *Narooma News* staff, though with closure of their physical shopfront.

Thanks to President Trump, *Fake News* is the latest phrase to describe one view of the honourable profession of journalism. But where did it all start?

Before newspapers, there were **government bulletins**. The **Daily Acts** of ancient Rome were carved in metal or stone and posted in public places. In ancient China **tipao**, news sheets produced by the government, were handwritten on silk and read by officials.

In 16th century Venice, a monthly notice was published and sold for one **gazeta**, a small copper coin, which may be where we get **gazette**, another word for newspaper. Hence Australia's invaluable *Government Gazette*.

By 1649, according to *Oxford English Dictionary* (OED), newspapers, journals, and periodicals were collectively referred to as the **press**. This of course comes from **printing press**, which was invented in the 15thC. By the late 1860s **press** came to refer to journalists in general, and to journalistic coverage by 1908: "Mr. Leaf. . has not had good press lately."

Both **newsman** and **journalist** came about in the late 17th century. By 1734, you could insult a newspaper by calling it a **rag**. Reporters weren't called **reporters** until 1776.

By 1810, if you were a writer for hire, you might be called a **hack**, and in the 1870s, a story you got before a competitor was called a **scoop**.

By the late 19th century, competition between papers was fierce. Some resorted to **keyhole journalism**, with "allusion to the action of eavesdropping or spying through a keyhole." Updated to include hacking into private mobile phone conversations!

In 1901, the term **tabloid** was being used to describe newspapers that gave stories in condensed form, "usually with illustrated, often sensational material." The word **tabloid** was originally a trademark referring to a "small tablet of medicine and eventually came to refer to "a compressed form or dose of anything."

Paparazzi, photographers who "pursue celebrities and attempt to obtain candid **photographs**," circa 1959.

Finally, **cheque book** journalism. The controversial practice of paying sources for their information.
<https://theweek.com/articles/459869/brief-history-newspaper-lingo>



The Bay Post masthead 1980

Inside there was an editorial column called 'Whipping Post'. This is an extract.

'Our first edition for 1980 almost-brings to a close the first 12 months of operation of the '*Bay Post*'.

The new newspaper arrived on the stands for the very first time on Wednesday February 21st 1979.

The *Examiner*, which will continue to be published inside the *Post*, remains the oldest established news-paper still published in Eurobodalla Shire.

The phrase 'on the stands' as used above, reminded Mike Thompson of when he was 14 and a morning paper newsboy. From under a small shelter near a tram stop, he sold the *Argus*, the *Age* and the *Sun*. If he was 'riding the trams' selling direct, people simply left their coins on top of the pile as they took a paper.

Mike saved up to buy the 1958 Eastman Kodak Retinette 35mm camera..



Numerous journalists have been murdered or killed either reporting, covering a military conflict, or just because of their status as a journalist.

A total of 53 were killed around the world in 2018.

MILITARY HISTORY



April 25 1915	Gallipoli Landing -Turkey
April 10 1942	Siege of Tobruk - North Africa
April 06 1942	US troops arrive in Australia
May 4-8 1942	Battle of the Coral Sea
May 07 1945	Germany surrenders
May 27 1965	HMAS Sydney sails for Viet Nam
June 20 1943	Darwin bombed by Japanese
June 25 1950	Australia joins UN forces in Korea
June 30 1971	110,000 Australians demonstrate against Viet Nam War

Marking ANZAC 2020 we lowered the flag, and placed a wreath on the town's original memorial marble plaques set around our flagpole.

DID YOU KNOW?

Margarine A spread used for flavouring, baking and cooking was first made in France in 1869. It was created by Hippolyte Mège-Mouriès in response to a challenge by Emperor Napoleon III to create a butter substitute from beef tallow for the armed forces and lower classes.

The Canberra Times 1 November 1943

AUSTRALIANS FLY MOSQUITOES IN FIGHTER ATTACKS

LONDON, Saturday.

An Australian Air Force squadron is flying high-speed, hard-hitting Mosquitoes as night fighters, as well as patrolling over the sea and train busting over Europe. This is the first disclosure that Mosquitoes are being used as night fighters.

The squadron is full of enthusiasm for the new planes, which they say are completely without vice as well as a perfect fighting weapon. The speed of the plane is still a secret, but it has an extraordinarily long range. It has flown from Britain to Russia for lunch and returned the same afternoon.

Sqd.Ldr. Gordon Pànitz, of Beaudesert (Qld.), and his navigator, Flying-Officer R. S. Williams, from Patonga Beach (N.S.W.), flew a Mosquito in a train-busting sortie over France in which they shot up six trains in six minutes, for which they were awarded the D.F.C.



Pilot-Officer G [Gordon] T. Gatenby, of Bateman's Bay, with his navigator, J. M. Fraser, of Brisbane, participated in the first Mosquito attack on a U-boat.

"We were flying with three other Mosquitoes at 15,000 feet when 15 miles ahead we saw a Uboat on the surface, apparently making for home, with men lounging on the deck," Gatenby said. "We flew in line ahead and silenced the U-boat's guns with the first burst from our guns. Then we flew in from the stern and gave her all we had. We saw strikes all over the hull."

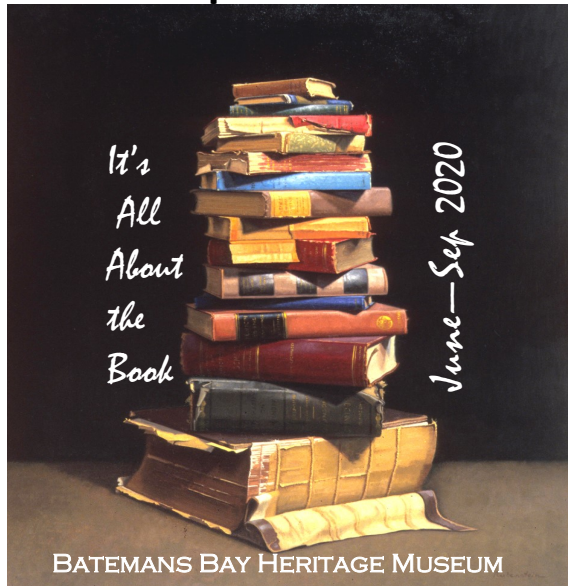
Gatenby has the shooting up of a power-house, the probable destruction of one Junkers and damage to

History remembers the celebrated—Genealogy remembers them all. If you have some local links and would like advice on starting/structuring your family history, or to deposit your research into our archives, call us or email secretary@oldcourthousemuseum.com.

TEMPORARY EXHIBITIONS

We enhance our permanent exhibits by organising Travelling displays from national institutions, and we *also* provide visitors with a regular programme of *Temporary* exhibitions drawing on our archives and local themes. This is an opportunity for members to curate and share their own interests.

June—Sep 2020



It's All About the Book

As many turn to the comfort of a hand held story, member Debra Hope curates a display extolling the delights of reading – old favourites and new genres.

We look at the history of publishing giants including Penguin, favourite childhood authors like Enid Blyton, and how books are physically constructed.

Dedicated to those who'll read a cereal packet if there's nothing else around. A comfortable chair will be provided. Promise.

Sep 2020 -- Jan 2021



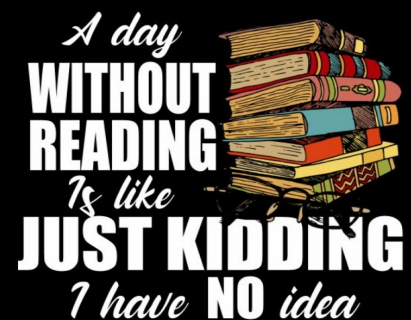
At Peace Symbolism and Ritual

The world of the funeral director is foreign to most of us, yet touches us all.

This exhibition explores the changing symbolism we use to express emotions around loss, the rituals around burial that many depend upon, and local examples of the valuable documentation work conducted by our Cemeteries Group.

Exhibition generously supported by Batemans Bay, Moruya & Narooma District Funerals which has been caring for families in the Eurobodalla Shire through 3 generations of the Hewson family .

In the Bay? Visit our fabulous **BOOK EMPORIUM**
DURING VIRUS TIMES—Wednesday 10-2pm
for a selection from our quality pre-loved books.
When we resume: Open Tue/Wed/Thurs 10am-3pm
**Donated books in really good condition raise funds to keep our doors open and grow our Collection.



I asked God for a bike, but I know God doesn't work that way. So I stole a bike and asked for forgiveness.



Now's the time to plan your activities for when we all RE-OPEN!

- **Book a group visit.** We offer 'by yourself', or guided tours, and/or catering. Groups are welcome any day by arrangement, from 6 to 30+.
- **We love taking our collections 'on the road'.** If your organisation would like to be part of our **Heritage Outreach Program**, we are happy to visit and discuss your requirements.
- **On board** –guided town tours
- **We also offer *all* groups and organisations:**
 - *Guest Speakers on subjects allied to your interest Group
 - *Short term Displays in your Venue
 - *Archival Photographs for permanent or temporary display



SOCIETY NEWS

*Research we're currently working on:

Observation Point history for ESC; East Lynne Roadhouse owners, and Batemans Bay Bridge history for South Coast History Group.

*Work goes on from home ...thanks to the internet and apps like Zoom, we continue to 'meet' and exchange information. There's always plenty to do in an archival environment and you are welcome to join us. And our gardens have rarely looked better thanks to garden gurus.

*In 2020 the Society is selecting specific displays to incorporate aspects of the educational acronym STEAM (Science, Technology, Engineering, Arts and Mathematics). Our Kids' Space is being upgraded to offer interactive experiences. We are applying for grant funding to purchase microscopes and develop age-specific activities.

*GRANT FUNDING Our dramatically reduced visitation, and fund-raising events not permissible for almost 6 months, has made grant funding even more essential than usual. Paperwork! And more Paperwork. And in a highly competitive market.

*Hurrah! We have successfully applied for funding from M&G NSW to get expert IT help to **digitise our collection** using eHive, a cloud-based system that helps manage your collection and allow public access in a gallery style format.

We currently have **three funding applications** in to other organisations—wish us well-and/or please help by making a donation. Spread across the year, our needs range from urgent large scale maintenance (external painting) to future-proofing (new solar panels), from volunteer support (tools workshop) to collection management, and the cost of bringing travelling exhibitions to the Bay. **FAMILY HISTORY** This research never stops.

We are very grateful to the following for their ongoing support in kind/funding.

