

OUR LADY OF LOURDES, ROTTINGDEAN and ST. PATRICK'S, WOODINGDEAN



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Priest: Mgr. Benny O'Shea 07802 791394

Deacon: Rev. Neil Mercer 07801 706167

Also resident: Canon Oliver Heaney and Canon Daithi Foley

The Parish is part of the Diocese of Arundel & Brighton Diocesan Trust Registered Charity No.252878

PLEASE NOTE that due to COVID-19, from this weekend the celebration of Mass in our church will take place without a public congregation. However, for the time being, masses including those requested for your intentions, will continue to be celebrated in private. The church will remain open for quiet worship. Please adhere to social distancing.

Services and Intentions

THE WORD WHO IS LIFE

Sunday 22 March 		4th 'Lætare' Sunday of Lent	David Heathcote R.I.P. People of the Parish Brendan Caffrey R.I.P. (A)
Monday 23			Jack & Collette Flanagan R.I.P.
Tuesday 24			Vincent & Eve Gallagher R.I.P.
Wednesday 25		<i>The Annunciation of the Lord</i>	Celebrant's Intention
Thursday 26			Welfare of Maureen Garson
Friday 27			Adrienne Nnadi R.I.P. (R)
Sunday 29 March 		5th Sunday of Lent	John Wilson R.I.P (A) People of the Parish Mary Leech R.I.P. (A)

Confessions: No confessions until further notice.



PLEASE PRAY for all our sick parishioners who are in nursing homes or housebound, listed in our chapels, but especially for Alison Stainthorpe, Sami Ghazal, Sophie Reilly, Ann Chapman, Fr. Douglas Perkins, John Heal, Sandra Waugh, Eileen Cross, Carole Goudy, Victor Hopkin, Eileen Noakes, Una McLaughlin, Patricia and Joe Collins and Veronica Westbury.

Please let Fr. Benny or the Parish Office know if you would like a name added.

Prayer List at Our Lady's Altar: On the kneeler in front of Our Lady's Altar there is a list of those suffering long-term illnesses who are in need of your prayers. If you can, please spend a moment or two, praying for their recovery and well-being.

Pope Francis' prayer entrusting 'the entire world to the protection of the Mother of God, as a sign of salvation and hope'

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us. He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

Visits to the Sick/Hospital/Housebound: If you know of anybody who is sick please contact the Parish Office with details.

SVP Help Line During this period many people need our support and help. If you know of anyone who needs help, the SVP are on hand to look after the needs of our neighbours, be it shopping or giving support and advice when necessary. Please contact Ann Knox on 01273 301252, e.mail: john273knox@gmail.com



Baptisms and First Holy Communion – These celebrations to be postponed until a time that allows for families and friends to gather safely within our churches.

Copies of April A&B News available in Church Porch Please take a copy home as you leave and if you have already handled one please do NOT put it back on the table. Thank you.

Rottingdean Parish Council has issued a notice to Traders in the Village regarding Covid-19. Information for villagers will be printed in the Rottingdean Village News which will be available early next week.



LENTEN ALMS are offerings which are given during Lent for the Contemplative Orders of Women in the Diocese. Please be generous and put your contributions in the wall-box in the church porch. Thank you.

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

An Act of Spiritual Communion is the best way for union with Christ.

*My Jesus, I believe that you are present in the Most Holy Sacrament
I love you above all things and I desire to receive you into my soul
Since I cannot at this moment receive you sacramentally
Come at least spiritually into my heart
I embrace you as if you were already there and unite myself wholly to you.
Never permit me to be separated from you. Amen.*

St. Alphonsus Liguori



RICARDUS
DEI ET APOSTOLICAE SEDIS GRATIA
EPISCOPUS ARUNDELLIENSIS ET BRICHTELMESTUNENSIS
DECREE AUTHORISING THE GRANT OF A PLENARY
INDULGENCE ON THE OCCASION OF THE RE-DEDICATION
OF ENGLAND
TO THE MOST BLESSED VIRGIN MARY ON 29TH MARCH 2020

In accordance with Canon 995 S 1 of the Code of Canon Law, I grant a Plenary Indulgence to all Catholics within the Diocese of Arundel and Brighton who, beside the exclusion of all attachment to sin, even venial sin, on the Twenty-ninth Day of March in the Year of Our Lord Two-thousand and Twenty use the prescribed prayers for the Re-Dedication of England to the Most Blessed Virgin Mary, and who within a week prior to, or a week following this Act of ReDedication make their sacramental confession, Eucharistic communion, and pray for the Holy Father's intentions, reciting the Our Father, Hail Mary, and Glory be. (Indulgentiarum Doctrina, Norm 10)

The Act of Re-Dedication should take place publicly, within the celebration of the Holy Eucharist, but in keeping with Canon Law, it may also take place privately; and, for those who reside in places where they cannot go to confession or Eucharistic communion at all, or can do so only with great hardship, they may gain a plenary indulgence without actual confession and communion, provided they have inner contrition and the resolution to go to these sacraments as soon as possible.

(Indulgentiarum Doctrina, Norm 1 1)

Given at Arundel this Eleventh Day of March in the Year of Our Lord Two Thousand and Twenty.

+ Ricardus [Signature]

[Signature] Jonathan Martin

National call to prayer

Presidents of Churches Together in England have issued a call to prayer in the light of the Coronavirus pandemic. This is for all churches and people of prayer to join on Sunday 22nd March, Mothering Sunday.

They write.... This Mothering Sunday, 22nd March, we are calling all churches to a National Day of Prayer and Action. At such a time as this, when so many are fearful and there is great uncertainty, we are reminded of our dependence on our loving Heavenly Father and the future that he holds.

At 7pm this Sunday, light a candle in the windows of your homes as a visible symbol of the light of life, Jesus Christ, our source and hope in prayer.

Whether you are continuing to worship as congregations or not, we have the great privilege and freedom to be able to call upon God, wherever we are, individually and corporately, for healing in our nation. We would pray for all in leadership at this time, making decisions about the containment of the COVID-19 virus, for those working in health and social care, and especially for the most vulnerable, whether elderly or those with underlying health conditions. There are already stories being told of wonderful acts of kindness across neighbourhoods. Alongside your prayers, take the opportunity to telephone or email someone who is isolated, buy some additional food for your local foodbank, or offer to deliver shopping for an elderly neighbour. We may not be able to touch physically, but we can make connections in so many other ways.

In the meantime, do please attend to all the government health advice that will be issued, and look out for resources from your specific church governing bodies. At least for those of us in the global North, we do seem to be in unusual times, and wisdom and flexibility about worship gatherings are a key part of our Christian discipleship during this period.

We note that this call to prayer and action comes on Mothering Sunday: a time of thankfulness, remembering especially mothers who have served us, often in very costly ways. It is also a very mixed day for many. For some the remembrance is painful, and for others Mothering Sunday is a reminder of disappointment or loss. In many ways, this period under the shadow of the coronavirus will be prompting similarly diverse reactions and so it seems especially appropriate that the call to prayer is made this Sunday. At this time of uncertainty join in with the National Day of Prayer and Action, lighting a candle of hope.

“Cast all your anxiety on him, because he cares for you” 1 Peter 5:7

Presidents of Churches Together in England Archbishop Justin Welby, The Archbishop of Canterbury Cardinal Vincent Nichols, The Cardinal Archbishop of Westminster Revd Dr Hugh Osgood, The Free Churches Moderator Archbishop Angaelos of London, CTE President for the Orthodox Churches Pastor Agu Irukwu, CTE Pentecostal President

MASSES – LIVE STREAMING

With a number of people within the family of the Diocese compelled to self-isolate many will value the possibility of watching a live streamed celebration of Mass. The following **churches in our Diocese** will stream Masses online, allowing our many congregations to continue participating in the spiritual life of the Church during this time:

[St Mary of the Angels, Worthing](#) - you can access an online Mass responses sheet [here](#).

[St Dunstan's, Woking](#)

[Sacred Heart, Hove](#)

[Sacred Heart, Caterham](#) - Mass (live and recorded), Adoration and the Rosary.

[St Paul's, Haywards Heath](#) will be streaming via Facebook, their page can be accessed [here](#).

Additional services will also be available further afield:

[The Shrine of Our Lady at Walsingham](#) offers a 12 noon online Pilgrim Mass each day, a selection of previously recorded services and a [prayer request](#) facility.

[Church Service TV](#) provides live streaming and recordings from churches around the country.