

How to Break a Soul Tie Prayer

Instructions: Take a deep breath. Breathe in through your nose for 5 seconds and exhale through your mouth for 5 seconds. Do this 3 times releasing all thoughts and heaviness in your mind and body. Now, Visualize and surround yourself in a big bubble of Christ Light.

Infinite Spirit,

You are Omnipresent, Omnipotent and Omniscient. I thank You for who You are and how You manifest Yourself in, through and around me. Thank you for the leadership and guidance of your Holy Spirit and the Great Angelic Host and in assisting me with this prayer.

My relationship with _____ was designed to assist me in learning a life lesson and to help me achieve my soul's growth.

_____, I thank you for coming into my life helping me, loving me, assisting me and teaching me this very valuable lesson that only you could have taught me. I have learned my lesson. I forgive you for all the pain you caused me and I ask you to forgive me for any pain I may have caused you.

I love you and I release you back to God to continue your life's journey in love, peace, happiness and true fulfillment.

May you and the space we've shared be washed clean by the smoke of these plants and the light of Christ that's in both of us.

And so it is.