



# T-UK



## SENIOR BLACK BELT THESIS

(1<sup>st</sup> Kup Applicants Only)

- 1 Give the meaning of each of the five Tenets of Taekwon-Do
- 2 Write down the Taekwon-Do Oath
- 3 Give in your opinion on the differences between a red belt student in comparison to a black belt student
- 4 Name the following commandments in Korean:-  
Bow, Attention, Ready, As you were, Stop, Back to mark & Stop
- 5 Name all of the following techniques in Korean:-  
8 stances, 8 blocks, 8 kicks, 8 parts of the hand, 6 parts of the foot
- 6 Give in your opinion the meaning to be loyal  
Give in your opinion the meaning to be humble  
Give in your opinion the meaning to be trustworthy
- 7 Students of 18 years & over please highlight the position in the association you intend to take on, following successful completion of this grading examination:-  
I wish to open my own club ☐  
I wish to open a club with my Instructor ☐  
I wish to assist my Instructor at my present club ☐  
I wish to train at a T-UK Black Belt club on a regular basis ☐  
I wish to represent the T-UK in National and International tournaments ☐  
I wish to qualify and assist the T-UK as a tournament official ☐

8 Name the Korean title for the following:-

Assistant Instructor (1<sup>st</sup> – 3<sup>rd</sup> degree)

Instructor (4<sup>th</sup> – 6<sup>th</sup> degree)

Master

Grand Master

President

9 Provide a brief personal History, covering your training to date and explaining the following: -

- A listing of all previous Grading dates
- A listing of Tournaments entered to date
- A list of any Seminars attended

**All theses must be sent to the Secretary General at least two weeks prior to the test date**

***Mr Ian Ridley, 11 Saxilby Road, East Morton, Keighley, West Yorkshire, BD20 5WB***

<b><i>Applicants Name:</i></b> <input type="text"/>		<b><i>Club:</i></b> <input type="text"/>	
<b><i>Date of Birth:</i></b> <input type="text"/>	<b><i>Signed:</i></b> <input type="text"/>		<b><i>Date:</i></b> <input type="text"/>