Troop 583

Winter Camping Checklist (PLEASE PUT YOUR NAME ON EVERYTHING)

MAJOR EQUIPMENT *****			
Pack (external or internal frame)(medium to high quality - padded shoulder and hip straps REQUIRED!)			
Sleeping bag (down or Polarguard. Plan on approximately zero degree nights.)			
Foam pad (Essential. An air mattress is not good for winter camping. ThermaRest pads are GREAT)			
Accessory straps (used to attach sleeping bag and foam to pack frame. Belts, bungee cords, or rope			
do not work very well!)			
CLOTHING *****			
WEAR WOOL OR POLYPRO AS MUCH AS POSSIBLE. AVOID COTTON IF YOU CAN!			
REMEMBER: DRESS IN LAYERS ON WINTER TRIPS!			
Winter cost (or a yest and a shall needs)			
Winter coat (or a vest and a shell parka)			
Long sleeve shirts (2 recommended. Wool is best but not essential.) Long underwear (bottoms are the most important and polypro is best)			
Ragg Wool socks (3 pair are essential for winter camping - thick ones)			
Inner socks (3 pair, polypro is the best) Underwear (2 changes)			
Polarguard or down booties (polarguard is best)			
Overbooties (can be homemade from troop pattern)			
Pants (2 changes required. Wool pants are the best but jeans will do if nothing else is available.)			
Gloves or mittens (mittens are the warmest. 2 PAIR IF AVAILABLE.)			
Boots (waterproofed. Snowmobile or felt insulated such as Sorels are the best.)			
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NO TENNIS SHOES OR LIGHTWEIGHT NYLON BOOTS.			
Wool ski cap (balaclava style with facemask is best) Gaiters (very important)			
EATING GEAR *****			
Bowl (don't bring the entire kit) Cup (insulated plastic is the best)			
Spoon Sun Screen (IMPORTANT)			
Water bottle or canteen (Wide mouth bottle is best) (FILL IT AND DRINK IT TO AVOID			
DEHYDRATION!).			
TOILET ARTICLES *****			
Personal toilet paper (small role in zip lock bag.) Chapstick or lipbalm			
Toothbrush and toothpaste (keep in 35 mm film can)			
100thorasti and toothpaste (keep in 55 min tinn can)			
MISCELLANEOUS ITEMS *****			
Flashlight (w/NEW alkaline batteries) Money (for stops on the way)			
Nylon camping cord (50 feet)(NOT OPTIONAL) Compass			
Pocket knife Scout Handbook			
Pencil and pad of paper Survival kit			
Sunglasses (IMPORTANT) Healthy Munchies			
Spare batteries (new alkaline) Disposable Hand Warmers			
Small Flashlight (AA size)(with fresh alkaline batteries) (great for cold hands and to			
Matches (in a waterproof case - prescription bottles work great.) put in boots at night!)			
Large garbage bag or pack cover (to cover your pack at night.)			
Personal First Aid Supplies (moleskin, Band Aids, Tylenol, etc.)			
Prescription or non-prescription medications (give the trip leader a duplicate of important medications)			

SPECIAL GEAR FOR A SNOW CAVING TRI	P *****
Extra gloves and mittens (3 is not too man	y) Rain jacket and pants or chaps
Shovel (w/ your name on it)(small folding)	5 gal, bucket
Extra change of clothes (2 changes are nice	e) Ground cloth for floor of cave
SPECIAL CEAD TO TAKE WHEN CHANG OF	
SPECIAL GEAR TO TAKE WHEN SKIING OF	
Daypack (to carry gear on the trail)	Water bottle (drink at least 1 liter)
Munchies (granola bars, gorp, etc.)	Eating utensils for lunch
Compass	Spare wool socks
Spare gloves or mittens	Flashlight
Survival Kit (if available)	Matches
PATROL LEADER ITEMS FOR THE TRAIL *	****
Watch	Scout Handbook
Pencil and notebook	Compass
Nugget bag	Other items on the Sled list provided
Sled repair kit (tape, pliers, screws, etc.)	to Patrol Leaders