



***We are an open, loving, and inclusive community  
that supports thinking creatively and  
living a deeply spiritual life.***

***June***  
**2022**

*The Week of*

# June 5, 2022

**The greatest sources of our suffering  
are the lies we tell ourselves.**

~Bessel van Der Kolk, *The Body Keeps the Score*

[Visit our Website](#)

## **Online Sunday Gatherings**

**Guided Meditation 10:45am**

**Inspirational Service 11:00am**

**Community Conversation 12:00pm**



**Sue Fullmer**  
Meditation Guide



**Rev. Joe Kovach**  
Speaker

## **The Everyday Wonder of the Body: Welcome to the Temple**

Today, we begin to explore the concept of living everyday wonder through the magnificent and divine creation that is our body. Most of us have likely grown up with social messaging that our bodies are not acceptable for one reason or another—too fat, too thin, too short, too tall, too brown, too black, too white, too one thing or another. We may

have an ideal image of how our body could look or operate, and in feeding that image we tell our body that what it is right now, in this moment, isn't acceptable. By learning to love our bodies as they are, we open to the opportunity to heal these and other wounds or traumas that "hide" in our physical selves. By opening to feeling how the body feels without judging it, we open to the opportunity to receive insight and wisdom through this miraculous and wondrous thing.

Did you miss last week's service? [Watch it here.](#)

Click on [Videos](#) for list by date or  
[Playlist](#) for list by speaker.



## Minister Note

Reverend Joe Kovach attended his first official meeting with the Core Council on Wednesday night. All were excited to start the conversation about "what's next?" Don't miss him at the June 11 social gathering at Vernon Worthen Park. He has scheduled an in-person meeting with the Leadership Team after that gathering and another meeting via Zoom on June 29th. Things are really happening!!

## Online Links

You can access each meditation and service on  
CSL St. George Facebook page.

<https://www.facebook.com/CSLSG/live/>

Meditation and service will also stream on  
YouTube.

<https://www.youtube.com/channel/UCmmd5S1h6OjZpkgndmt5l6A>

Community Conversation on Zoom at Noon.

<https://us02web.zoom.us/j/5628970832>

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**We believe the Power breathing us  
is greater than any circumstance,  
situation, or condition.**

***Our MISSION is to provide  
spiritual tools for  
personal and global transformation.***



## PRAYER REQUESTS

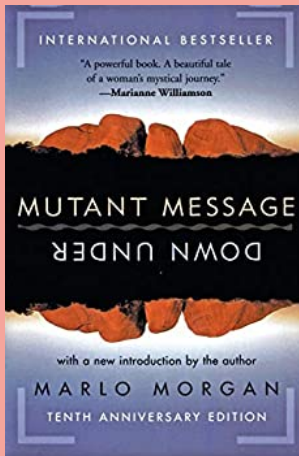
**Our Practitioners  
want to  
support you  
in prayer.**

Please email your  
prayer request to  
[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)  
or email practitioners  
individually from our  
website  
([cslsq.org/about](https://cslsq.org/about))  
or leave a message at  
**435-893-6702**



***Our PURPOSE is to awaken  
humanity to its spiritual  
magnificence; to awaken our  
community to its Divine Nature and  
the greatest expression of  
who we are.***

***Our VISION is a world that works for  
everyone.***



## **CSLSG Book Club**

**THURSDAYS @  
6-7pm MDT**

## **Mutant Message Down Under by Marlo Morgan**

Hosted by Sue Fullmer and  
Marina Anderson

Last Night for this Book June 9th

Email for information & Zoom link:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



## **IN-PERSON GATHERING**

**Vernon Worthen Park**

**Saturday June 11th**



## **CSLSG Community Care Circle**

Let us provide  
compassionate support  
with Life's challenges  
and joys.

*Leave a message at  
435-893-6702  
to engage this free and  
confidential service*



## **CSLSG Wedding Officiant**

Mary Klein, RScP,  
perform marriages,  
commitment  
ceremonies, and  
wedding vow  
renewals.

Reply to this email and she  
will respond to you directly.

Meeting  
Minutes

**To view  
Core Council  
minutes, please**

10am - 12pm MDT

Rev. Joe plans to be there, so  
come and chat!!

Next one will be Saturday July 9th

email your  
request to:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



*Spread  
the  
Love!!*

- **Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with [blue button below](#).
- **Give by Mail:** send checks to CSLSG  
PO Box 3132, St. George, UT 84771

Paypal online donation

Centers for Spiritual Living  
Events and Information



## CSL's Teen Summer Camp 2022 will be IN PERSON for the first time since 2019

Visit the [Camp Cedar Ridge website](#) for more information and photos.

After many months of prayer, planning and generous giving from our community, we are happy to announce that the Centers for Spiritual Living has completed the purchase of [Camp Cedar Ridge](#) in Vernonia, Oregon.

We are also pleased to announce that we are developing and recruiting for a CSL Summer Internship program. If you know a former CSL Teen Camp graduate or member of a Center who would be interested in being a part of this historic summer, they can read about it and [apply here](#).

This information also available at [csl.org](#).



## International Global Services Grants

[Española abajo]

Dear International Community Members:

The CSL Global Services Committee is inviting applications every year for the CSL Global Services Grants. Attached please find the Guidance Document in English and Spanish and the formatted application also in English and Spanish.

We are interested in applications in the following three areas:

- Seed money for new Centers for Spiritual Living communities outside the United States and Canada.
- Expansion of existing Centers for Spiritual Living communities outside the United States and Canada.
- Projects, programs or events that extend the teaching of Science of Mind outside the United States and Canada including limited assistance for instructors



serving/supporting communities that are not able to compensate their instructors.  
Please note that the open period for Grant applications is each year between January 1st and March 31st.

If you have any questions, please contact Rev. Martha Quintana at [mquintana@csl.org](mailto:mquintana@csl.org) or +1-720-279-1636

### **Application Guide | Application Form**

Queridos Miembros de Nuestra Comunidad Internacional:

El Comité de Servicios Globales CSL invite sus solicitud de subvención. Adjuntos son los documentos de guía en inglés y español y la solicitud formato tambien en inglés y español. Estamos interesados en solicitudes en tres areas:

- wDinero in
- icial para nuevas comunidades de Centros para la Vida Espiritual fuera de Estados Unidos y Canadá.
- Ampliac
- ión de los Centros para la Vida Espiritual ya existentes fuera de los Estados Unidos y Canadá.
- Proy
- ectos o programas para la expansión de la enseñanza de Ciencia de la Mente fuera de Estados Unidos y Canadá.

ITenga en cuen

ta que

la fecha límite se ha ampliado a viernes, 30 abril 2021. Si tienes preguntas, favor de comunicar con Rev. Martha Quintana a [mquintana@csl.org](mailto:mquintana@csl.org) ó +1-720-279-1636

Docum

entos de Guía e Planilla

**Solicitud de Subvención**

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## **Rev. Laura Hallett**

*is offering several classes on Zoom and invites you to join in.*

**Register by emailing her at**

[revlaurahallett@gmail.com](mailto:revlaurahallett@gmail.com)

**CLICK HERE for list of classes available thru July 2022**

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## St George Interfaith Council Opportunities

With over 28,000 Hispanics in Washington County the **Centro Latino** serves to teach English and help with other services to help the adjustment into this country. This wonderful service is provided in the church building next to the St George Temple where The Church of Jesus Christ of Latter-day Saints has provided classrooms and spaces. Mike would love to put a poster up in any church or any location plus he and Gordon Hamm will speak to any group that invites them. This much-needed service will

bless those who learn English.

Contact Mike Aitken at:  
[aitkenback@gmail.com](mailto:aitkenback@gmail.com)

**CENTRO**  
**LATINO**

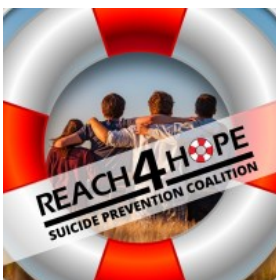


**(435) 720-5066**

**449 S 300 E, St. George, UT 84770**

Recursos para ayudar a la comunidad  
Resources to help the Latino Community

<b>Clases de Inglés</b>	<b>English Classes Every</b>
<b>Gratis Cada</b>	<b>Tuesday 7pm</b>
<b>Martes 7pm</b>	<b>Wednesday 7pm</b>
<b>Miércoles 7pm</b>	<b>Thursday 7pm</b>
<b>Jueves 7pm</b>	<b>Sunday 7pm</b>
<b>Domingo 7pm</b>	



**Suicide Prevention Coalition**  
(through Southwest Behavioral Center)  
is looking for new Interfaith Council members.  
If you are interested in serving our greater  
St George Community in this way,  
please contact Teresa Willie at:  
[twillie@sbhcutah.org](mailto:twillie@sbhcutah.org)

Help with food collection  
every month  
on the second and last Saturday  
11:30 a.m. – 1:00 p.m.  
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George  
For more information, click [HERE](#)



Paypal online donation

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

