

WC East Cheerleading Try-Out Packet

www.westchestereastcheer.com

This packet includes:

Letter from Coaches

CULTURE

Cheerleader/Parent Financial Obligations & Competition Team Summary

Booster Club Info

Cheerleading & Parent/Guardian Agreement/ Booster Obligations/Cheerleader Questionnaire **

Competition Team Signature Form ***

Cheerleader Application**

** - These forms need to be signed & returned ASAP. Return to:

Coach Boccio lboccio@wcasd.k12.pa.us

*** - Competition Team Signature Form ~ This is completed **ONLY** by those trying out and wanting to be considered for the comp team. Comp Tryouts will be during cheer camp in August.

Dear Parents/Guardians,

We would like to thank you for taking the time and interest in your son/daughter becoming a member of the East Cheerleading program. I'm sure everyone is dealing with questions of what will happen tomorrow or even next month with the Corona Virus outbreak. We are trying to maintain some normalcy during this time, just getting more creative. Cheerleading at East High School has proven to be a program that holds an outstanding reputation of excellence, and we look forward to another exciting season.

This packet is intended to inform you of the responsibilities of having a son/daughter involved with the East Cheerleading program. There are times that it will become demanding, but our goal is to keep those demands within means and make our time together fun and memorable. Please make sure that your son/daughter can meet all of the requirements and expectations of being a cheerleader listed below before he/she commits to this team.

Once your child makes the team, parents are automatically a part of the booster club. We have a booster board and are always looking for parents to be a part of the board to shadow, so turnover is easy when seniors graduate. Our success starts with parent volunteers that help with our many activities throughout the year. The money raised through fundraising activities covers much of the team's expenses.

As former athletes, we remember the lasting memories and relationships that were made playing sports. Those programs aided in our success and leadership skills as an adult. It also molded our time management skills during those months of juggling sports and a school workload. It helped each of us to become more confident, supportive, committed and mature moving into our adult lives. For now, as a teenager, it builds bonds and friendships, teaches problem solving skills, how to work with and get along with people who have very different personalities. Lastly, it ultimately leaves lasting memories and is an excellent resume builder for college applications.

Thank you –

Leslie Ann Boccio

Varsity Head Coach

Jessica Young

Varsity Assistant Coach

Morgan Clifford

Junior Varsity Coach

“HONESTY and INTEGRITY ~ Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of cheer, themselves, their team and their school.”

WC EAST CHEERLEADING CULTURE

ROOTS CHEER athletes, families and fans must follow the ***“ROOTS” of our culture. Respect the Rules, Officials, Opponents & Teammates.*** We will represent our community with grace, class and respect. The pride of WC EAST is a badge of honor all must respect and ELEVATE. Any game/comp time comments during competition or pre/post game situations must be referred to the team captains and the Head Coach. ***NO EAST CHEER player is to speak in a negative tone toward opponents OR TEAMMATES at any time — including, MOST IMPORTANT, SPORTING EVENT/COMP TIME.*** Player frustration may set in and is only natural, but WE must rise up, represent our program, elevate our teammates and honor the SPORT. No player, family member or fan is to make comments (verbal or gesture) to anyone in a negative manner. This is deemed unacceptable behavior and game/competition suspension consequences will be mandated in the proper accordance with PIAA/UCA and our team culture.

Social Media & YOUR Brand

EAST CHEER has a Zero Tolerance Policy for inappropriate use of social media. Your online actions are a direct reflection of YOU, and your “brand” as well as that of our team. No player is to post any content wearing an EAST CHEER uniform or garment UNLESS such content is of a positive, motivating or celebratory nature. The content you post online is forever connected to your name and as an EAST athlete, you want people to see the BEST version of you and US. Post positive content about your team, teammates, coaches, and fellow competitors and DO NOT engage or interact with negative people on social media. Refuse to stoop down to someone else’s level.

When teammates do well, celebrate with them offline and online. DO NOT engage in illegal activities and vow not to share such activities online. If student-athletes see a teammate engaging in something illegal, it is that players duty to immediately inform a captain and the Head Coach. Use social media accounts to share the positive aspects of our team, school, and sports career.

Teammate Conduct

4 Things to Keep in Mind When Using Social Media:

1. **IT’S A TOOL, NOT A TOY.** Social media isn’t just something for your own entertainment. If used effectively, social media can be an asset to help a student-athlete’s individual brand, their community, their team and the school they represent.

2. **NOTHING IS TRULY PRIVATE ... EVER!** There are two types of social media users: Those who realize they are functioning in public and those who don’t. While many student-athletes think they can delete a tweet or delete their Facebook profile if need be, many don’t realize that content posted on the internet can last forever. Content can be captured in screenshots or saved by other users. And that message someone thinks only his or her friends will see? Student-athletes should keep in mind that SNAPS, tweets, Facebook statuses, or Instagram photos could end up being viewed by thousands of people.

3. **IF YOU RETWEET IT (OR SHARE IT), YOU OWN IT.** Yes, this even applies to people who put that cliché saying, “RTs do not equal endorsements,” on their Twitter profile. That phrase is basically worthless. “Freedom of speech does not equal freedom from consequences.” This is something with which younger student-athletes struggle. Retweeting a negative tweet from a friend suddenly student-athletes can be caught in the middle of an ugly conversation over the internet.

4. **PERSONAL BRANDING: EVERY POST REFLECTS WHO YOU ARE.** How are student-athletes choosing to represent themselves? Are they sending the right message about themselves to the public? What does your social media portfolio say about you? When it comes to social media, there are plenty of examples of what NOT to do, but it’s important to remember you can post and tweet and share just “PAUSE” and ask if a positive or appropriate is being sent out.



What Should You Post?

1. **SAY THANK YOU.** This is always a good option. Student-athletes, thank those who support you. Fans, teammates, coaches, family and friends.

2. **SUPPORT OTHERS.** Student-athletes can provide a positive example for other students by sending positive messages about their peers in other sports or activities at school.

3. **SHARE NEWS AND HUMOR.** Social media is meant to be fun. Join in conversations and share things you find interesting or entertaining.

4. **ENGAGE IN DISCUSSION WITH THOSE YOU ADMIRE.** Interact or hear from famous people that student-athletes admire! You can follow and learn and even interact with those you admire, find motivating or can lift up!

“Live your life, don’t post your life.” Remember to BE IN THE NOW Look UP and breathe in.

CHEERLEADER/PARENT FINANCIAL OBLIGATIONS & SEASON SUMMARY

****PLEASE READ CAREFULLY****

Each family will be responsible for their costs associated with being a member of the West Chester East Cheerleading Team. This document provides an explanation of the approximate costs which will be incurred as a member of the team. Please keep in mind costs are always subject to change due to current prices. If for any reason a cheerleader leaves or is removed from the team, he/she is still responsible for all financial obligations and monies paid are non-refundable. If there are any questions about costs or financial concerns, please speak with the BOOSTERS. Payment plans are encouraged and boosters are more than willing to work that out. Please see boosters to set that up.

All checks or money orders are payable to WC East Cheer Boosters. Venmo (@EHS-CheerBoosters) and credit cards (small fee to cover the cost charged) are accepted.

Financial responsibilities include but are not limited to:

1. MANDATORY SUMMER CHEER CAMP

✓ Pine Forest Cheer Camp, Aug 19-22, 2022 \$350**

✓ Spring/summer fundraising is done to help defer bus costs. Payment for summer camp will be made in installments. May \$100, June 15th, \$100, July 15th \$100, August 1st \$50. Camp must be paid in full by Aug 1st.

2. WCASD MANDATED ITEMS

✓ EHS Activity Fee (paid directly to WCASD) \$75 Due late Aug.

✓ Cheerleader physical (Physical must be dated for after June 1st of current year to be accepted. That means physicals cannot be COMPLETED until AFTER JUNE 1st)

3. CHEER CLOTHING & ACCESSORIES

✓ Each cheerleader will be provided a uniform (2-3 uniform pieces + a set of poms & possible track suit). This must be returned at the end of the season in the condition it was provided to them. If they are not returned in the condition given, cheerleaders may be issued an obligation for the cost of the items.

✓ Additional clothing will be ordered online by each cheerleader that is used for practice, camp, games and events. These items are required for each cheerleader to purchase and will be the responsibility of the cheerleader. All clothes will be worn at camp and throughout the season. **ORDERS MUST BE DONE BY THE DUE DATES**

REQUIRED CLOTHING ORDER:

SEE WWW.WESTCHESTEREASTCHEER.COM

UNDER THE "EXTRAS" TAB AND CLICK ON CLOTHING FOR ALL INFORMATION.

REQUIRED ITEMS:

| | |
|--|------------|
| Football Jersey (Make sure you include your last name on order) | \$50 |
| Gray, White, Red, Black EHS T-Shirt | \$10-15 ea |
| Performance Outfit (red skort \$24.95 &/or red collared shirt \$36) | \$61 total |
| RED, GRAY, WHITE, BLACK Shorts (Nike version OK) | \$26 ea |
| Red and Black EHS Tank | \$14 ea |
| White V Neck Body liner | \$22 |
| Sideline Sneakers (new girls or if needed) | \$47 |
| Varsity Fleece – VARSITY REQUIRED – JV OPTIONAL | \$110 |
| Nike White Calf High Socks (Purchase on your own) | \$?? |
| Bloomers (Boy Shorts Red or Red Nike Pros) | \$13-25 |
| Bow's (Pink, White, Red... \$8 ea = JV & V) (Red Polka Dot = Varsity Only) | \$8-10 ea |
| Raincoat | \$13 |

OPTIONAL ITEMS:

| | |
|---|------|
| Red Backpack (highly recommend) | \$45 |
| Sweatpants | \$30 |
| 1/4 Zip Sweatshirt | \$35 |
| Hoodie Pullover Sweatshirt "EAST CHEER" | \$55 |
| Sherpa | \$47 |

4. FINANCIAL OBLIGATIONS

All fees and dues are the responsibility of the cheerleader/ parent/guardian. Outstanding financial obligations can impact a cheerleader's ability to attend any extra activities. Outstanding balances can be submitted to a collection agency. Note: WC East

Cheerleading wants every student to be able to participate in cheerleading. If anyone needs to work out alternative payment plans for the season, please make necessary arrangements in the beginning of the season. **Fundraising DOES NOT COVER CAMP OR CLOTHING.**

PAYMENT SCHEDULE

| <u>Application</u> | <u>Due Date</u> | <u>Amount</u> |
|------------------------|---------------------|--------------------------------------|
| Summer Camp Payment #1 | May 31st | \$100 |
| Summer Camp Payment #2 | June 15 | \$100 |
| Summer Camp Payment #3 | July 15th | \$100 |
| Summer Camp Payment #4 | Aug 1 st | \$50 |
| ONLINE ORDERS | June 15th | |
| Cheer NON online items | July 15th | This does not apply to online orders |

ALL BALANCES ARE REQUIRED TO BE PAID IN FULL BEFORE FEB 1ST.

ALL ACCOUNTS START AT A ZERO BALANCE AT THE BEGINNING OF EACH SEASON.

PLAYER HAS 3 OPTIONS TO MEET THEIR FUNDRAISING GOAL: FIND SPONSORSHIP DONATION, FUNDRAISE, OR BUYOUT.

5. COMPETITION TEAM

ALL practices are mandatory for the entire comp season. Players who are on the competition team cannot have any other activities that conflict with practices and competitions. If they do, they can and will be pulled or cut from the routine.

Practices are after school during the fall and during basketball season they are after school, before night games and very occasional Saturdays if necessary. Below is what our season will consist of. Form attached to sign and have your child return by tryouts.

If cheerleader does not want to commit to competing during the season, they must tell the coach up front and they can cheer sideline games only.

✓ East Cheer will have a competition team that competes at the Local, District, State, Regional and National level.

Regionals – @ Kutztown OR @ Garden City, NY (typically in November and December)

Ches-Monts – January/February

Districts – December /January @ TBD

States – Mid/Late January in Hershey at the Giant Center

Nationals – Early February in Orlando, Florida

✓ JV will compete in a Game Day routine at Ches-Monts. They will also compete at other local competitions. They could compete in a traditional routine, but that depends on team ability, commitment to season and practices.

✓ Disney UCA Nationals

Disney Nationals trip total cost per person is approx \$1200. Each person fundraises to cover their cost. (MANDATORY)

Flight \$200-400 - (\$100 deposit due Nov. 15TH & remainder by Jan 5th, unless otherwise stated).

Bag Check (UNLESS CARRY ON) \$30+/- each way per bag unless a specific airline does not charge. Credit card is needed.

Meal Tickets \$17 per ticket (8 purchased) – Paid for by families

Spending Money \$100 - \$200

Rooms \$900+/- (fundraising has been raising enough to cover this cost, but ultimately if those funds are NOT raised, the financial responsibility falls on each player. Each Comp Team player must be able to commit to the total financial obligation up front of \$1200 +/-).

✓ Will the Comp Team fundraise to help defer cost? If you do not participate in the fundraising, you will not qualify to benefit from the funds brought in. Every cheerleader on the comp team must fundraise a minimum of \$1000 to cover the cost to fund their season. If the amount isn't met, then they will be covering their own costs to compete, or the team will not compete at UCA Nationals. We will be fundraising from April 30 - Jan 31st. You can also work out a payment program. You are more than welcome to pay the \$1000 (buy out) and not participate in the fundraisers, but please know that our Home Invitational is still an "everyone participates" event, because those funds benefit the costs to run the program. Everyone is expected to meet the same expectations of fundraising... Why?? Because everyone gets the equal amount of support and is expected to do the same in return to the program. We will explain how the fundraising work. **Pay close attention how fundraising is explained and calculated for each player....**

✓ **All comp practices are mandatory for the season.** absence holds the team back from a full effective practice and stunting, so attendance is mandatory every day. Missed practices and ineligibility in school can result in being excused from any team. Parents, please schedule any appointments, college visits, SAT, etc. to the best of your ability around the practice schedule. We put the schedule out well in advance. Competition season is an amazing experience. Our expectation is each team member maintain qualities of drive, ambition and respect. They also need a strong mind, work ethic and do whatever it takes to improve themselves for the better of the team. They must have a positive attitude and are ready to work. Every teammate should be working on improving their weakest skills and solidify themselves on their total package in the OFF SEASON. Lifting and conditioning in the off season is beneficial as well as attending stunt/cheer clinics. VACATIONS need to be scheduled on off time or off season. When a teammate is absent, that stops critical practice time for the team.

COMPETITION TEAM ORDER (These items should be ordered in the early fall off the Varsity web site)

| <u>Item</u> | <u>Amount</u> |
|--|---------------|
| Comp Sneakers Varsity Edge (indoor only) | \$83 |
| Bows (in addition to regular season) | \$35 |
| Track Suit (Same one ordered for season) | |

6. AT A GLANCE

Season Commitments:

All Cheerleaders are **REQUIRED** to attend all games, practices and scheduled events, as well as participate in all squad activities (pep rallies, parades, competitions, clinics, and scheduled fundraising). Specific requirements and commitments are included (but not limited to) in the cheerleading rules and guidelines. Please make sure this document is reviewed. We abide by the West Chester School District Sports Code of Conduct. All cheerleaders must fundraise a minimum of \$500 for the season. Our program must raise funds to defer costs the school does not cover. This is very easy to do.

Non-Varsity competition teammates have from April 30 – Jan 31 to fundraise the \$500 through our fundraising events. If that number is not met by then, the remainder balance is due. If the balance is not paid or a final payment schedule isn't worked out, the remainder of the bill will be due immediately OR you risk not cheering for the basketball season or competing. You are welcome to pay the \$500 up front instead of doing the fundraisers, but our home invitational is an "everyone participates" event, because those funds go directly to the program. Everyone is expected to meet the same expectations of fundraising... Why?? Because everyone gets the equal amount of support and is expected to do the same in return to the program. The program won't have some work hard to raise funds for the program and others do nothing. If you are on the competition team, you will be required to raise an additional \$500 (\$1000 total). There will be ample opportunities to raise funds and is very easy to do. Everyone is welcome to seek their own sponsorship donators as well.

Tumbling:

Tumbling is not mandatory, but is **HIGHLY** encouraged, especially if your cheerleader wants to be on the competition team. We are expected to tumble in district, state and Ches-Mont competitions.

Practice & Practice Wear:

Cheerleaders are **REQUIRED** to wear specific attire to practices. This helps to integrate the team and the coaches can have better visuals of performances. Hair is always pulled up and **NO** Jewelry.

Coach/Student/ Parent Protocol:

Any cheerleader needing to miss or be late to practice for any reason must contact the coach directly, and with adequate notice (adequate meaning ASAP). If any teammate is having outside issues with another teammate, they must contact his/her coach directly first to discuss the issue. Sickness requires a doctor's note. Parties & dinners are not an excused absence.

Grades/Discipline:

Grades are monitored by the coaches all season **AND** in the off season. Everyone must maintain eligible status to cheer, practice and/or compete. Anyone not meeting eligibility status runs the risk of being dismissed. We are a team, so parents, please manage your discipline at home. Please do not use high school sports as a punishment (ie. Grounding your child from attending cheer). If that is done, then high school sports is not for your family. Ground them from their personal activities, phone, etc.

Punishment we ask is handled in a way to **NOT** penalize an entire team. Comp Team - If a parent pulls a child from practices due to personal issues at home, it is grounds for dismissal. The school will pull any students who are not meeting eligibility. They cannot practice, attend practice or participate in any games, events or competitions while ineligible.

Schedule and information posted on our web site and Facebook page— www.westchestereastcheer.com
<https://www.facebook.com/WCEastCheer/>

WC EAST CHEERLEADING BOOSTER CLUB

Every parent who has a child on the team is automatically a participant in boosters. Boosters does have a governing board. We are looking for parents to join committees and the board. Boosters is an active group of parents who are all volunteers, here to coordinate many fun events for the team members. Below is an outline of our booster club activities to let you and your cheerleader know what to expect in the coming months, and what type of help we will need to make this a successful season.

PARENT COMMUNICATION & MEETINGS Our primary vehicle of communication is email and Remind 101/Band App. If you do not get an email/Remind 101/Band message from the boosters by the 1st day of pre-season, contact the coach with your current email address. Each email/app has important information in them.

HOMECOMING (Subject to Change) Homecoming for the cheerleaders is a week full of school wide activities. On Friday, during school, there is a pep rally, and the cheerleaders perform. We also have a team dinner. Homecoming is fun because both Varsity and JV perform on the sideline together for this game. Fugett Middle School Cheer joins us as well.

SENIOR NIGHT On Senior Night, the senior athletes are honored. The cheerleaders participate in the Football Season Senior Night and the Basketball Season Senior Night. The Booster club provides flowers, photos of the cheerleaders and their parents. Both JV and Varsity cheer at this game.

HOLIDAY PARTY Each year we sponsor a Holiday Party. Cheerleaders and their parents are invited. The cheerleaders have a gift exchange – \$20 Pollyanna. We ask each family to bring a dish (main dish or appetizer).

COMPETITION & BASKETBALL SEASON Basketball season begins in December. Our cheerleaders cheer for home games and games away, within the district. The Varsity cheerleaders cheer for the boy varsity games. The JV cheerleaders cheer for the JV boys and girl varsity teams. Gym time is VERY hard to come by at this time of year, so practices are announced, and attendance is critical. Closer to competition season the coaches will issue a schedule of competitions. They are generally held on Saturdays or Sunday's. Carpooling arrangements can be made if your cheerleader needs a ride. A bus is supplied for districts and states. We encourage you to come and support your cheerleaders and also help with carpooling.

The Booster Club plans and sponsors a team banquet at the end of the season. The costs for the cheerleaders are covered, but family members who wish to attend are asked to pay for their meal. At the banquet, coaches and team members have the opportunity to speak, share stories and exchange senior gifts and coaches' gifts. It is a wonderful way to end the cheerleading season! Cheerleaders who commit to attending and do not show will be responsible for the cost of their ticket. Cheerleaders who have not paid their balance in full must also pay.

FUNDRAISING We are a self-funded organization that is supported by monies earned from fundraising activities throughout the year. The money raised through fundraising activities covers most of the team's expenses. The major expenses are transportation, senior night, holiday party and banquet, competition registration fees, choreography, music, signs, UCA clean up, cheerleader gifts, equipment, uniforms, nationals, as well as other miscellaneous items throughout the year. The current fundraising activities planned are graduation, mum, poinsettia & spring flower sale, clothing drive, Snap-Raise, car washes, Wawa tickets, 5K, clinics, Coach bag bingo and our Winter Blast Home Cheer Invitational. 100% participation is required for ALL fundraising activities to meet your fundraising obligations. Unfortunately, there are many that do not participate in the fundraising. That hurts the program. We want to buy tumbling equipment and additional mats. The school has bought varsity uniform, signs. Poms, but in order for this program to be successful and competitive, we need the tools to help us get there.

JV and V sideline cheerleaders are expected to fundraise \$500 (can be through team fundraisers OR personal sponsorships)

Comp Team is expected to fundraise \$1000 (can be through team fundraisers OR personal sponsorships)

Airline and meal tickets – Wawa hoagie ticket sales are specifically sold to pay for Airline and meal ticket costs IF one chooses to participate. If there is money left over, that amount can be used towards banquet tickets for families.

NO Fundraising balances carry over to the following year. All players begin their season with a ZERO balance.

CLINIC

The East Cheerleaders may host a clinic for youth cheerleaders to teach various chants and cheers to these young cheerleaders to use at their games. It's a great opportunity for our cheerleaders to act as role models to these young ladies. A parent meeting may follow the clinic. Details will be forthcoming

HOME INVITATIONAL

East Cheer hosts a cheer competition every year in November. All cheerleaders and parents are required to work the event. This is our biggest fundraiser of the year.

West Chester East High School Cheer Tryout Rubric

| | <u>1</u> | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> |
|---------------------------------|---|---|---|--|--|
| <u>Cheer/ Sideline</u> | <ul style="list-style-type: none"> -Minimal knowledge of Cheer/Sideline -Minimal completion of the Cheer/Sideline -Broken Wrists -No facial expressions | <ul style="list-style-type: none"> -Weak cheer voice -Loose arms -Misplaced arms -Little knowledge of Cheer/Sideline -Minimal facial expressions | <ul style="list-style-type: none"> -Weak cheer voice -Loose arms -Moderate amount of misplaced arm motions -Some facial expressions -Good knowledge | <ul style="list-style-type: none"> -Stronger voices/facials -Tighter arm motions -Some/few misplaced arm motions -Demonstrates knowledge of Cheer/Sideline | <ul style="list-style-type: none"> -Loud strong voices/facials -Powerful arm motions -Demonstrates strong knowledge of Cheer/Sideline -Comfortable Performing |
| <u>Dance</u> | <ul style="list-style-type: none"> -Minimal performance -Unsure of choreography -No facial expressions | <ul style="list-style-type: none"> -Loose arms -Timing off -Unsure of choreography (looks to peers for assistance) -Little facial expression | <ul style="list-style-type: none"> -Performed content with three to four errors -Timing off -Loose arms -Some facial expression | <ul style="list-style-type: none"> -Performed content with one or two errors -Mostly timed with music -Motions and arms are placed correctly, but need to be tighter -Good facial expression | <ul style="list-style-type: none"> -Strong tight arm motions -Timed with music -Performs dance without any errors -Excellent facial expressions & confidence -Comfortable Performing |
| <u>Jumps</u> | <ul style="list-style-type: none"> -Did not jump -Did not fully complete the approach -Flexed toes -Little height -Chest down | <ul style="list-style-type: none"> -Sloppy arms in approach -Legs slightly bent and not fully extended -Flexed toes -Little height -Chest down | <ul style="list-style-type: none"> -Arms bent in approach -Slightly bent legs -Flexed toes -Little height -Chest down | <ul style="list-style-type: none"> -Arms tight -Straight legs -Moderate height -Toes flexed or not fully pointed -Chest up | <ul style="list-style-type: none"> -Strong tight arms in approach -Straight legs -Excellent height -Completely pointed toes -Body bent from waist -Chest up -Perfect Form |
| <u>Attitude/ Appearance</u> | <ul style="list-style-type: none"> -Shirt not tucked in -Hair in a messy pony with no bow -Barely smiled -Had no spirit -Wearing jewelry | <ul style="list-style-type: none"> -Shirt not tucked in -Hair in a messy pony with no bow -Smiled part of the time -Had some spirit -May or may not be wearing jewelry | <ul style="list-style-type: none"> -Shirt tucked in, but messy -Hair in a nice pony, but with NO bow -Smiled majority of the time -Had decent amount of spirit -No jewelry | <ul style="list-style-type: none"> Shirt tucked in -Hair in a nice pony with a bow -Smiled the entire time -Showed spirit majority of the time -No jewelry -Good Attitude | <ul style="list-style-type: none"> -Shirt tucked in -Hair in a tight high or side part low pony with a bow -Smiled entire time -Showed spirit entire time -No jewelry -Pleasant Demeanor |

CHEERLEADING APPLICATION

(Please make sure no question is left blank)

CHEERLEADER: (print clearly AND fill out completely) _____

CURRENT ADDRESS: _____

CITY, State, Zip: _____

HOME PHONE: _____ CHEERLEADER SCHOOL EMIL: _____

ATHLETE CELL PHONE: _____ CHEERLEADER PERSONAL EMAIL: _____

CURRENT GRADE: 8 9 10 11 GPA: _____

PARENT/GUARDIAN: (print clearly AND fill out completely)

Mother's/Guardian Name: _____ Mother's/Guardian Cell: _____

Mother's/Guardian Email: _____

Father's/Guardian Name: _____ Father's/Guardian Cell: _____

Father's/Guardian Email: _____

Are you currently being treated for any injuries? YES or NO

If so, list: _____

Please describe any previous injuries: _____

Do you have any allergies? YES or NO If YES, list allergies: _____

QUESTIONS:

Standing tumbling skills (WITHOUT A SPOTTER), circle all that apply:

Back Handspring Back Tuck Layout Full

Running tumbling skills (WITHOUT A SPOTTER), circle all that apply:

Back Handspring Back Tuck Layout Full

List any qualifications (Previous cheer teams, gymnastics or dance experience AND how many years of each): _____

Are you willing to take tumbling classes? YES or NO

List other teams, clubs, activities or programs you plan to be involved in during the school year:

If chosen for Junior Varsity or Varsity, I understand that practices and games are Mandatory and are NOT EVER OPTIONAL?

YES or NO

Have you ever quit or been dismissed from any team/sport in the past? If yes, when & explain why:

What does commitment to a team mean to me? _____

My greatest strengths as a young adult (ie. Commitment, on time, leader, etc)

1.) ___

2.) ___

3.) ___

My 3 biggest weaknesses as a young adult: (ie. Poor time management skills, always late, not assertive, too nice)

1.) __

2.) __

3.) __

I understand that I may need to adjust my schedule (work/activities) for cheerleading? YES or NO

Why do you want to be an East Cheerleader and why should we select you for our squad?

SIGNATURES:

I understand that I am trying out for WC East Cheerleading and that I am willing to make any squad based on my potential and skills during my tryout. I accept the decision for placement or non-placement for the EHS Cheer program. I understand that ALL EHS Cheer responsibilities, competitions and practice must take priority of all other activities unless otherwise discussed with coach.

BOOSTERS POLICY & FINANCIAL OBLIGATIONS

*Boosters will not provide any refunds if a cheerleader quits or is asked to leave the team.

*Boosters are not responsible for returning or exchanging clothing items. No returns taken if a player quits.

*In the event that a cheerleader is dismissed or quits the team, their balance is still due for fees and items ordered. Cheerleader & Parent understand that all equipment/attire given to them by WC EAST CHEERLEADING is due back to the organization in the condition that it was given. If it is not returned in its given condition OR not returned at all, Cheerleader & Parent understand that they are responsible for payment to replace. If payment is not received by the end of the season, cheerleader will be put on obligation with the school and will be notified by the athletic director.

Parent/Guardian agrees to all financial obligations associated with the season.

I have read the information, understand, accept and agree to abide by the Rules and Guidelines Handbook, Financial Obligations, Booster Policy, Demerit Policy and agree to all expectations/rules. I am ready to be a part of the WC EAST CHEER CULTURE.

Athlete's Signature & Date: _____

Athlete's Name Print: _____

Parent's Signature & Date: _____

Parent's Name Print: _____

SOCIAL MEDIA HANDLES: MANDATORY (write clearly)

TIK TOK: _____

INSTAGRAM: _____

TWITTER: _____

VSCO: _____

FACEBOOK: _____

See & Read Code of Conduct Handbook/Rules & Regulations on www.westchestereastheer.com

Parent/Guardian Agreement

I, _____ (print name) have read and understand the West Chester East High School Cheerleading Code of Conduct/Rules and Guidelines for the season and agree to abide by these rules and to help my son/daughter to meet all of these requirements.

Initial Each Section:

_____ I have read online, understand, and agree to abide by the West Chester East Cheerleading Code of Conduct Handbook/Rules and Guidelines and will assist my son/daughter to see that these rules and guidelines are upheld. I understand that failure to follow these rules may result in consequences which may result in benching, suspension, or dismissal from the team.

_____ I understand that all other extracurricular activities come second to cheerleading and attending other activities instead of mandatory cheerleading activities will result in consequences which may result in benching, suspension, or dismissal from the team.

_____ I understand that there are financial obligations that must be fulfilled if our son/daughter qualifies for the squad and we will meet all of the financial obligations in a timely manner. I can work out a payment plan if necessary to be paid in full by Dec 30 if my fundraising amount of \$500 isn't met.

_____ I understand that there are times that I must volunteer my time to help with cheerleading-related activities.

_____ I understand that there is an inherent risk of injury with any sport and cheerleading is not exempt from this. By signing this form, I understand that there is a risk of injury involved with being a cheerleader and the school and coaches assume no responsibility for any accidents or injuries that might occur at school, during an event, or away from school grounds.

Signature: _____

Print Name: _____ Date: _____

Cheerleader Agreement

I, _____ (print name) have read and understand the West Chester East High School Cheerleading Code of Conduct/Rules and Guidelines for the season. I understand the responsibilities and privileges of being an East High School Cheerleader and agree to abide by these rules. I understand that failure to abide by these rules and guidelines will result in the accumulation of demerits. I will participate in all facets of cheerleading including but not limited to practices, games, competitions, parades, pep rallies, and fundraising activities. I will cooperate fully with the coaches to promote spirit and sportsmanlike conduct. I will conduct myself at all times, in a manner that best represents the students and faculty of East High School.

Initial Each Section:

_____ I have read online, understand, and agree to abide by the West Chester East Cheerleading Code of Conduct/Rules and Guidelines.

_____ I understand that failure to follow these rules may result in consequences which may result in benching, suspension, or dismissal from the team.

_____ I understand that all other extracurricular activities come second to cheerleading and attending other activities instead of mandatory cheerleading activities will result in consequences which may result in benching, suspension, or dismissal from the team.

_____ I understand that there are financial obligations that must be fulfilled and will meet all of the financial obligations in a timely manner. I agree to fund raise and I will meet the fundraising obligations. I will have my \$500 bill paid in full or fundraise the expected dollar amount by Dec 30.

_____ I understand that each athlete must have a physical after June 1st in order to be eligible to participate. Failure to upload the physical on the Family ID website before the first practice will result in being unable to participate and the possible accumulation of demerits.

_____ I understand the academic eligibility policy for cheerleading and know that it is the student's responsibility to report periods of ineligibility to his/her parents.

_____ I understand that there is an inherent risk of injury with any sport and cheerleading is not exempt from this. By signing this form, I understand that there is a risk of injury involved with being a cheerleader and the school and coaches assume no responsibility for any accidents or injuries that might occur at school, during an event, or away from school grounds.

Signature: _____

Print Name: _____

Date: _____

COMPETITION SQUAD TRY OUT SIGNATURE SHEET

ONLY FOR THOSE INTERESTED IN BEING CONSIDERED FOR THE COMPETITION TEAM

****By signing the below, you are acknowledging that:

1. I have read in full the Competition Squad information and understand that there are additional costs associated with the Competition Squad. Approximate costs have been addressed in the Competition Squad section; I do understand that there may be additional costs that are currently unforeseen and agree to the financial obligation.
2. I understand that the same Cheerleading Rules and Guidelines that apply to Sideline Cheerleading also apply to Competition Squad.
3. I understand that my first commitment is to all games and in order to compete, I must attend all games.
4. I understand that I must fundraise a specific amount to be on the competition team (that amount is not total sales, but what each cheerleader nets from the fundraiser minus costs). If I do not meet the additional \$500 dollar amount, then I am responsible for the balance due or risk the team not participating in any competitions including UCA nationals. Total amount to be fundraised for the season if on the competition team is \$1000. That includes the \$500 for the regular season plus the competition team \$500.
5. The same Demerit Policy and Booster Policy that applies to the Sideline Cheerleading will also apply to Competition Squad.

Below is to be signed by the Cheerleader and Parent/Guardian and brought with them on the first day of tryouts. I understand that if I do not attend all practices, I am subject to being replaced from the competition team. I understand that vacations and extended absences should be scheduled during the off season.

CHEERLEADING COMPETITION

I have read all of the information provided in the tryout packet. I understand and agree to abide by all expectations prior to try-outs for the Cheerleading Competition Squad as well as the entire duration of the season.

Print Cheerleader Name: _____

Date: _____

Cheerleader Signature: _____

Date: _____

Print Parent/Guardian Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____