

# Internet Safety

There has been a huge increase in young children using the internet and we all know that the internet is not always a safe place for young children. The staff at Blacklands Playgroup have decided to share with you our top tips for keeping your child/children safe.

- Monitor your child/children time that they spend online and the apps, websites etc.
- Keep all passwords safe and do not give these out to anyone.
- Ensure that anti-virus and firewalls are in use and updated.
- Set up parent control, blocking and filtering.
- Spend time with your children online.
- Discuss the danger of using the internet with your child.
- Never let you child “upload” and “download” content without your permission.

Triple P (East Sussex County Council) have a selection of free course for parents to take, including an online safety course. The webpage is <https://www.triplep-parenting.uk.net/uk-en/triple-p/> or by typing Triple P- Parenting Programme into google.