

Active Seniors, Inc

## **Active Seniors, Inc.**

Celebrates its 60th year With an

## **OPEN HOUSE**

Saturday, September 28, 2019, from 10 a.m. to 4 p.m. At 100 Harvest St. (at Pajaro St.), Salinas, CA.

"Active Seniors Are Happy Seniors"

## Join us as we showcase our program offerings

Keep Yourself Healthy

Yoga Zumba Western/Line Dance

Tai Chi

Keep **Your Mind** Sharp

Bridge Book Club Tech Assistance Fabric Arts

Keep **Your Life** Full

Ukulele Club Ballroom Dance Monthly Luncheon Volunteering

...and many more

Contact us: (831) 424-5066; Email: asi@activeseniorsinc.org;

Website: www.activeseniorsinc.org; also, on Facebook, Yelp and Google.