

OUTDOOR SURVIVAL

**PLEASE NOTE:** The Wilderness Primer is great reading for young students. Websites are also listed here to enhance learning for students who would like to get more in depth with the outdoor survival topics. Handouts and homework pages are also included. Get ready to learn how to Survive in the Wilderness and Stay Safe!

## Practice the 4 Survival Priorities of Shelter, Water, Fire, and Food

**3/2** Introduction to Outdoor Survival. What to do first in a survival situation. What are the 4 things to do and in what order? Starting a fire with a bow drill, shelters, signaling

**Prior to class:** Read the hand out on different types of shelters

**Complete:** Homework week #1

**Classtime:** Introduction to outdoor survival

(sign up for first aid report topic, which is due on March 30)

**Suggestion:** check out some of the websites below on shelters, using a bow drill

**3/9** Food, clothing, equipment, & cordage

**Prior to class:** Read handout on cordage

**Complete:** Homework week #2

**Classtime:** (Guest teacher: Steve Pullinger, Primitive Skills Instructor)

**Suggestion:** check out some of the websites below for survival kits & survival clothing

**3/16** Starting a fire, water purification, & building snares

**Prior to class:** Read handout on how to treat water & how to start a fire

**Complete:** Homework week #3

**Classtime:** (Guest teacher: Steve Pullinger, Primitive Skills Instructor)

**Suggestion:** check out some of the websites below for snares

### Website suggestions:

<https://www.livefiregear.com/blog/start-fire-wilderness/>

how to make a fire

<http://www.youtube.com/watch?v=m0bEoVhxFJ8> video on how to make a fire with a bow drill

<https://www.wildwoodsurvival.com/survival/shelter/debrishut/index.html>

survival shelters

<https://www.outdoorlife.com/photos/gallery/2014/09/11-ways-signal-help/>

signaling

<https://www.rei.com/learn/expert-advice/water-treatment-backcountry.html>  
water purification systems

<https://traveltips.usatoday.com/make-wilderness-survival-kit-2337.html>  
The above website lists items that you should carry in your survival kit.

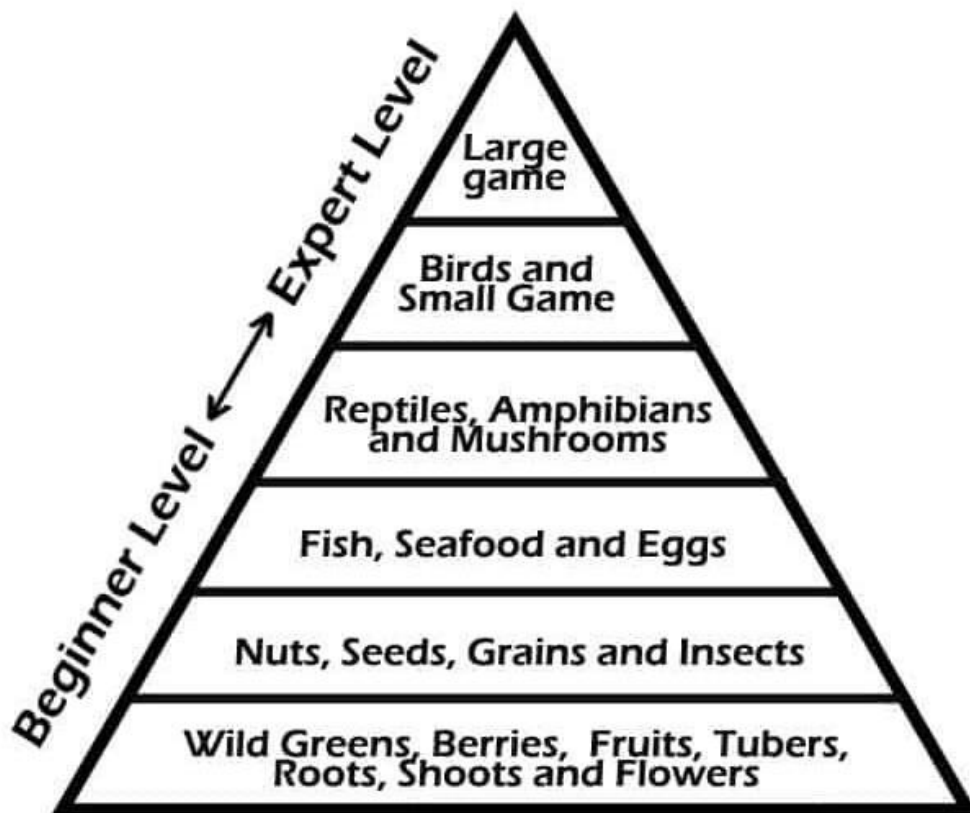
<https://www.sasionline.org/prepping/survival-first-aid-kit-checklist/>  
survival first aid kit

<https://www.backdoorsurvival.com/best-clothing-to-have-on-hand-for-shtf/>  
survival clothing essentials

<https://wildernessfolk.com/wildernesssurvivalfood.html>  
The above website lists a variety of survival foods

<https://www.outdoorlife.com/how-build-trap-15-best-survival-traps/>

## Wilderness Survival Food Pyramid



survival snares

