

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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Issue 5



Happy Mother's Day! Sunday, May 8th

We invite you to gather with us on this special day to honor mothers, grandmothers, great-grandmothers, aunts, nieces, and all nurturing women during our worship time together.

Sunday, May 8th

9:30 am ~ Bible Study, F. Hall

11:00 am ~ Worship, Sanctuary

UBC Aid for Ukraine



Thank you for your efforts to support the Baptist General Association of Virginia's efforts to support Ukrainian Baptists to assist with humanitarian needs. Our members donated a total of \$485.00

through UBC to the **BGAV** Ukraine Fund, channeled to Ukraine through the European Baptist Federation (EBF), of which Ukrainian Baptists are members; the moneys helped purchase food, hygiene items, medicine, blankets, and needed items for the internally displaced people (IDPs). Although our church emphasis is over, you may still give by credit card by going online to

<https://donatenow.networkforgood.org/bgav>. Be sure to specify Ukraine Aid on the drop-down menu. As the Missions Committee considers other ways we can help, our Missions partner, [Baptist World Alliance](http://www.baptistworldalliance.org), is very involved through **Baptist World Aid**, collaborating with

Cooperative Baptist Fellowship to work through NGO's and other denominations both on the ground in Ukraine and in Eastern Europe. Most churches in areas of heavy fighting have been destroyed, so the leaders share these prayer points: pray for a just peace; for separated families; and for strength, endurance, wisdom, and courage. You may watch Dr. Elijah Brown's video on www.baptistworld.org. Another partner of Baptist Groups fighting for Religious Liberty especially in Ukraine is **21Wilberforce Freedom Center**, founded by John Leland Center's first president, Randall Everett. If you want more information, please go to <https://21wfreedom.center/ukraine-spotlight/>

COVID-19 CHURCH UPDATE

As reported in April, the CLCEB voted to change our building guidelines to "**Masks Optional**" effective April 1st.



That decision was based on current Fairfax County COVID-19 level of "low" posted on CDC community level map. Please note that cases are on the rise in Northern Virginia and the District of Columbia with Alexandria, Arlington, and DC status changed from low to medium on the CDC community level map. Since Fairfax County COVID-19 level posted on this map remains **low**, we will continue to make use of **masks optional** on our UBC campus. Our Parish Nurse monitors posted ratings and will notify quickly if change is needed. We ask and post on the doors that if you are sick do not come into the building.

Rev. Moyer and Mrs. Caffrey will continue their current practice of reviewing building user requests. Please continue using hand sanitizer, 20-second handwashing, and good health hygiene (elbow bumps and covering coughs or sneezes to prevent spread of colds and flu). Extra cleaning is being done; we continue to disinfect and take attendance for extra caution. Our Parish Nurse or Staff can answer any questions or individual concerns. We will remain flexible, vigilant, and responsive to public health requirements. Thank you for your cooperation!

Kairos Moments ♥ ♥ ♥

(5/3/22) Reflections of Reverend Pamela Moyer

Happy Mother's Day! to moms, grandmothers, great-grandmothers, aunts, step-moms, women who long to be mothers, women who lost a child, might be facing infertility, have strained relationships with their mothers, caregivers, and all women who are nurturers and share their love with others. We will honor you this Sunday!

With continuing heartbreaking news of Ukraine and Eastern Europe, it has been a challenging few months. At UBC, we were able to give some financial aid through our mission partners (see front page), and of course, we are praying fervently for God's intercession and peace. I was moved by Good Friday's reading, where Jesus told the grieving women followers: "Daughters of Jerusalem, don't weep for me, but weep for yourselves and for your children (Luke 23:28)." It is hard not to be anxious, but we must trust our lives to the Lord. Matthew 6:34^{GNT} reminds us not to worry about tomorrow because each day has enough trouble of its own, but he does not say sit there and be passive! Christ teaches action, not complacency, as we learned through our James study. So keep praying, listen for the work, and act where you can. We are blessed beyond measure.

It was an eventful April with Palm Sunday, Good Friday, and Easter services focused on Jesus' preparation, crucifixion, and resurrection (*Alleluiah, He is Risen!*). We had special music thanks to our team plus Jeff Snavelly's beautiful clarinet! We are also grateful to our Gospel music Sunday with talented friends Pat, Rob, Chet, and Eva Lee. Even in those times of joy, doubt and fear can creep into our minds. Reassurance came to the disciples through Christ's many appearances; if we put ourselves in their places, we have much to consider. Use your imagination to read John 21:1-14 about having breakfast with Jesus! What would you ask him? Or tell him? Would you serve or be served? Have we forgotten the Easter story already? Is it only a week of time, or will we be Easter people all year long? Will we overcome fear or terror by seeing and feeling the Risen Christ and his words, spirit, and breath within us? Visit us Sundays to refuel and reconsider our spiritual selves. You are welcomed here! Come as you are. †

On a personal note, thank you for my time away. And let me share more blessings and abundance! As we all try to lose our winter inches or pounds, please know that Falls Church, Alexandria, and Fairfax County Farmers' Markets are excellent sources of locally grown and nutritious fruits and vegetables. When I get back, if you'd like to explore them with me, **call me!** Here are helpful websites:

<https://www.fallschurchva.gov/547/Farmers-Market>

<https://www.alexandriava.gov/FarmersMarket>

<https://www.fairfaxcounty.gov/parks/farmersmarkets>

Parish Nurse's Touch ... Debbie Caffrey

May Health Focus

The warm weather is here, and we are all anxious to get back outside!!! Here are some tips for a fun, safe summer:

- Stay out of the direct sun. Seek shaded or air-conditioned areas such as libraries or malls.
- Drink plenty of fluids. (Avoid alcohol and caffeine.)
- Wear light-colored, light-weight clothing. Use hats with brims and sunscreen for more protection.
- Anyone showing signs of heat stroke (altered mental state, not sweating, nausea) should seek medical attention immediately.
- Apply sunscreen with SPF 30 or higher and both UVA and UVB protection before you go outside, even on cloudy days.
- Ticks are most active in late June and early July. Prevent Lyme Disease and other tick-borne illnesses by avoiding ticks and tick bites.
- Mosquitoes are most active in the summer months. Protect yourself against West Nile Virus and other mosquito-borne illnesses by using bug spray with DEET, avoiding mosquito breeding grounds, and taking other preventive measures. Enjoy your time outside!!!!



~ Be Well! Debbie

The next **Young at Hearts Gadabouts** outing for Senior Adults is **Tuesday, May 10th**. We will leave at **11:15 am** for The **LongHorn Steakhouse**, 14056 Thunderbolt Pl, Chantilly, VA 20151. This is a joyful time of fellowship! Thank you for our transportation and organizing volunteers! Masks are optional. Please sign up on the Fellowship Hall Bulletin Board or call the office this week!

UBC Friends & Family Breakfast will be **May 28th at 9:30 am** at Gainesville Diner, 14674 Lee Hwy, Gainesville, VA. Dutch treat; prayer needs, praises, and devotional are shared. Please join us! Rides available, call Rev. Moyer. Sign-up sheet is on the Fellowship Hall bulletin board or call the office.



**Happy Birthday to Congregants
Born in May!**

Name	Date
Jill Sturges	11
Tiana Clinkscales	15
Roudaina Iskander	25

**May & June
Church Calendar**



Wednesdays, May 4, 18
9:15 am -- Sandwich Team,
Fellowship Hall

Sunday, May 8 – Worship & Happy Mother’s Day!

Saturday, May 7, 14, 21, 28
9:00 am – Washington Concert Soc. Classes, Choir Suite

Monday, May 9–16 Rev. Pam Moyer will be on Vacation
Praying she has an Amazing one!

Tuesday, May 10
11:15 am -- Young at Heart Gadabouts Lunch,
LongHorn Steakhouse, Chantilly details on page 2

Saturday, May 21
8:00 am – Washington Univ of VA Graduation, Gym,
Parlor, & Sanctuary

Sunday, May 22
12:15 pm – UBC CLCEB Meeting, Sanctuary

Saturday, May 28
9:30 am – UBC Friends & Family Breakfast. Gainesville
Diner, VA, See page 2 for details

Sunday, May 29 – 11 am Memorial Sunday Worship

Monday, May 30 – Office closed for Memorial Day

Wednesday, June 1, 15
9:15 am -- Sandwich Team, Fellowship Hall

Saturday, June 4
Private birthday event (Zion Med), Fellowship Hall

Tuesday, June 14 – YAH Gadabouts Trip
11:15 am Fredericksburg, VA (lunch & shopping)

Sunday, June 19 – Worship & Happy Father’s Day!

Contributions

March 2022 (Final)	Required	Received
Tithes & Offerings	\$5,000.00	\$ 3,530.00
Building Usage	8,633.33	7,300.00
Mortgage Loan (int)	712.33	712.37
Other (Env, B-Thrifty, Flwrs)	0.00	554.50
Monthly	\$14,345.66	\$ 12,096.87
Total YTD (Jan-Mar)	\$43,036.98	\$ 34,831.84
Above/(Below)		\$ (8,205.14)*
Ukraine (not budgeted)		325.00
Benevolence Funds Rec’d.		\$ 60.00
April 2022 (Final)	Required	Received
Tithes & Offerings	\$5,000.00	\$ 3,716.00
Building Usage	8,633.33	7,675.00
Mortgage Loan (int)	712.33	712.37
Other (Env, B-Thrifty, Flwrs)	0.00	167.00
Monthly	\$14,345.66	\$ 12,430.37
Total YTD (Jan-Apr)	\$57,382.64	\$ 47,262.21
Above/(Below)		\$ (10,120.43)*
Ukraine (not budgeted)		160.00
Benevolence Funds Rec’d.		\$ 105.00

* Budgeted Investment Transfers are **not** included in the “Required” or “Received”; one (\$48,240) was made March 25, 2022. Other donations are not budgeted, but are gratefully received (BThrifty, Gas, Envelopes Init. Offrg, Flowers). Questions, call Rev. Moyer.

Thank you for your stewardship and prayers! Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings (much needed still) by check, clearly marked “Benevolence,” may be mailed to the office or cash/checks brought on any Sunday. Thank you.

Memorial Day Sunday

May 29th ~ 11:00 am

Featuring the Annual Bell Ringing with
Commemorative Stones in Honor of Each
Church Member’s Death Since Last
Memorial Day Sunday in 2021

And

To Honor Deceased Baptist Missionaries,
Deceased United States Military Veterans,
Citizens Lost in the Pandemic, and
Ukraine Citizens Lost in War

Please join us this special day of Remembrance

**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

Return Service Requested

For privacy, prayer request names
have been removed.

COMMUNITY & GLOBAL PRAYER

Serving others in prayer is a needed social and safe
action to show your love especially now!

- ACCA Food Pantry funds & volunteers needed
- Those experiencing grief over loss, homelessness,
unemployment, or poverty
- Global health, pandemic recovery, testing
availability & improving health
- Mission Center Leaders and Groups we prayerfully
support
- All affected by weather, disaster & violence:
refugees; all families and victims of mass
violence.
- Safety of all police officers and personnel during
violent times

PEACE between **Ukraine & Russia**; safety for
military personnel & civilians. We pray for the
Lord's protection as the war drags on; your prayers
are needed more than ever:

- o Pray that peace can still come to be.
- o Pray for God's comfort for those who have lost
family and their homes.
- o Pray that humanitarian corridors would
continue to be developed so that adequate aid can
reach those in need. We pray in the name of
Jesus, the Prince of Peace. Amen."