



FAQs Microdermabrasion

What is Crystal Microdermabrasion?

Crystal microdermabrasion uses a crystal-emitting handpiece to gently spray on fine crystals to rub away outer layers of the skin. Like the diamond-tip handpiece, dead skin cells are suctioned off right away.

How Often Should I Get Microdermabrasion?

Most people can have a treatment a week or so after their first. There are certain people who will need to wait longer in between treatment sessions.

How Many Treatment Sessions Will I Need?

Most people see the results they want to see after about 4 to 6 treatments. After that, most people do have additional treatments to help maintain those amazing results.

Who is Microdermabrasion For?

Microdermabrasion is considered a safe procedure for most skin types. People might choose to get the procedure if they have the following skin concerns:

- fine lines and wrinkles
- hyperpigmentation, age spots and brown spots
- enlarged pores and blackheads
- acne and acne scars
- stretch marks
- dull-looking skin complexion
- uneven skin tone and texture
- melasma



Microdermabrasion Aftercare Sheet

1. Use a rich moisturizer once you have thoroughly dried the skin. Continue to use it for 4-6 days after your treatment as this will prevent any excessive peeling.
2. Use sunscreen every time you go out (even if it is an overcast day). This is important because microdermabrasion increases photosensitivity.
3. Stay out of the sun for at least a week after your microdermabrasion treatment to prevent UV rays from causing hyperpigmentation or damaging your skin.
4. Keep yourself hydrated by drinking plenty of water.
5. AVOID scratching or picking at the treatment area.
6. DO NOT use any harsh chemicals, rub or tan your skin for at least one week following the procedure.
7. Avoid facial waxing, use of depilatory creams, electrolysis, IPL or any other laser procedure for at least two weeks after your treatment.

REMEMBER: Any pain or prolonged redness is abnormal and might be an indication of infection. If this occurs, please contact your skin care specialist immediately. They will be able to monitor your progress throughout the healing period to ensure a safe and quick recovery.