

# TURTLE TROT 3.4K RUN WALK

Position	Bib	Name	Finish	Pace	Age	Gender	Gender	City	Age Rank
3.4 MILE MALE 1-5 - based on Gun Elapsed time									
1	166	BENJAMIN TRED0	00:35:52.3	11:34	4	M	M	Massena	1st Male 1-5
2	158	MASON ST THOMAS	00:53:11.0	17:09	5	M	M	Chase mills	2nd Male 1-5
3	27	Hudson Burt	00:54:53.3	17:42	5	M	M	Massena	3rd Male 1-5
3.4 MILE FEMALE 1-5 - based on Gun Elapsed time									
1	137	MADELEINE RAMSEY	00:52:58.8	17:05	1	F	F	Massena	1st Female 1-5
2	118	AMELIA MURPHY	00:56:11.7	18:07	5	F	F	Norfolk	2nd Female 1-5
3.4 MILE MALE 6-15 - based on Gun Elapsed time									
1	106	Nicholas Lyndaker	00:22:06.1	7:08	15	M	M	Canton	1st Male 6-15
2	109	JOHN MEDDAUGH	00:23:45.0	7:40	14	M	M	Selkirk	2nd Male 6-15
3	93	AYDIN JACKSON	00:25:39.0	8:16	13	M	M	MASSENA	3rd Male 6-15
3.4 MILE FEMALE 6-15 - based on Gun Elapsed time									
1	176	Carly Zack	00:28:22.4	9:09	14	F	F	Lancaster	1st Female 6-15
2	108	AUBREY MEDDAUGH	00:30:48.6	9:56	10	F	F	Selkirk	2nd Female 6-15
3	120	Avery Niec	00:35:33.0	11:28	9	F	F	Massena	3rd Female 6-15
3.4 MILE MALE 16-29 - based on Gun Elapsed time									
1	195	COLIN SEIDL	00:21:16.6	6:52	29	M	M	MASSENA	1st Male 16-29
2	156	ADAM SOKOLOFF	00:42:03.2	13:34	24	M	M	Potdam	2nd Male 16-29
3	547	MICHAEL WILLETT	01:08:55.5	22:14	23	M	M	Lafayette	3rd Male 16-29
3.4 MILE FEMALE 16-29 - based on Gun Elapsed time									
1	194	ERIN O'SHEA	00:24:37.7	7:56	27	F	F	MASSENA	1st Female 16-29
2	186	CHEYENE BRUNET	00:27:22.1	8:50	28	F	F	SUMMERSTOWN	2nd Female 16-29
3	12	Julia Barnum	00:27:25.8	8:51	18	F	F	Ballston Lake	3rd Female 16-29
3.4 MILE MALE 30-39 - based on Gun Elapsed time									
1	182	JOE RUFA	00:23:07.7	7:27	38	M	M	BROOKLYN	1st Male 30-39
2	73	TODD GEORGE	00:25:06.7	8:06	36	M	M	Massena	2nd Male 30-39
3	134	DAN RAMSEY	00:27:55.0	9:00	30	M	M	Massena	3rd Male 30-39
3.4 MILE FEMALE 30-39 - based on Gun Elapsed time									
1	72	KIM GEORGE	00:26:22.3	8:30	36	F	F	Massena	1st Female 30-39
2	131	ERICA PRESTON	00:26:56.2	8:41	35	F	F	Canton	2nd Female 30-39
3	86	JORDAN HELMER	00:27:26.9	8:51	30	F	F	Massena	3rd Female 30-39
3.4 MILE MALE 40-49 - based on Gun Elapsed time									
1	157	Shawn Spriggs	00:21:31.6	6:56	40	M	M	Potsdam	1st Male 40-49
2	578	JEFF LYNDAKER	00:22:06.3	7:08	46	M	M		2nd Male 40-49
3	14	Mike Barnum	00:23:29.7	7:35	47	M	M	Ballston Lake	3rd Male 40-49
3.4 MILE FEMALE 40-49 - based on Gun Elapsed time									
1	558	AMY PANNHURST	00:27:37.8	8:55	41	F	F		1st Female 40-49

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Position	Bib	Name	Finish	Pace	Age	Gender	Gender	City	Age Rank
2	197	CHRISTINA POWER	00:27:56.7	9:01	47	F	F	MASSENA	2nd Female 40-49
3	544	JEN DAY	00:29:42.5	9:35	42	F	F	COLUMBUS	3rd Female 40-49
3.4 MILE MALE 50-59 - based on Gun Elapsed time									
1	32	Anthony Casey	00:23:47.5	7:40	50	M	M	Massena	1st Male 50-59
2	188	WILL GLASS	00:24:33.5	7:55	55	M	M	LISBON	2nd Male 50-59
3	18	KEVIN BEATTIE	00:28:04.0	9:03	50	M	M	Lincoln	3rd Male 50-59
3.4 MILE FEMALE 50-59 - based on Gun Elapsed time									
1	136	LILLY RAMSEY	00:27:54.8	9:00	54	F	F	Essex Junction	1st Female 50-59
2	130	BRENDA PRESTON	00:28:39.4	9:15	57	F	F	Canton	2nd Female 50-59
3	144	Rita Saumier	00:29:39.0	9:34	58	F	F	Norfolk	3rd Female 50-59
3.4 MILE MALE 60-69 - based on Gun Elapsed time									
1	576	RAFEEK MOHAMED	00:24:06.1	7:46	64	M	M		1st Male 60-69
2	193	JOE LABARR	00:24:30.5	7:54	65	M	M	DICKENSON	2nd Male 60-69
3	146	Shawn Scott	00:24:37.1	7:56	60	M	M	Massena	3rd Male 60-69
3.4 MILE FEMALE 60-69 - based on Gun Elapsed time									
1	49	Sue Dixon	00:32:18.9	10:25	61	F	F	Massena	1st Female 60-69
2	80	Brenda Greene	00:37:10.3	11:59	60	F	F	Massena	2nd Female 60-69
3	20	KATHY BLAIR	00:38:28.3	12:25	63	F	F	Massena	3rd Female 60-69
3.4 MILE MALE 70+ - based on Gun Elapsed time									
1	138	RONALD REID	00:35:27.9	11:26	70	M	M	Venice	1st Male 70+
2	575	JOHN WARNER	00:38:46.2	12:30	70	M	M		2nd Male 70+
3	111	Allan Mooney	00:52:04.2	16:48	73	M	M	Ogdensburg	3rd Male 70+
3.4 MILE FEMALE 70+ - based on Gun Elapsed time									
1	577	MARIE KIRWAN	00:53:14.0	17:10	72	F	F		1st Female 70+
2	30	JoAnn Burt	01:08:31.1	22:06	70	F	F	Massena	2nd Female 70+
3	104	Kathy Lawler	01:11:00.9	22:54	72	F	F	Solvay	3rd Female 70+