

Certified Holistic Health Practitioner Program

CNHP-101 Humans' Natural Biological Diet

(4.0 credits)

This course teaches the benefits of eating raw foods as a superior form of nutrition.

CNHP-102 Advanced Plant Based Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)

(4.0 credits)

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength, and endurance by as much, at times, as 50% to 100%. Our "Holistic Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength, and endurance for all physiological performances.

CNHP-103 Advanced Plant Based Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)

(4.0 credits)

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CNHP-104-E The Mind of the Spirit

(4.0 credits)

The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") as a spiritual person will empower you with a Divine active force. This course will teach you that if you "sow with a view towards corruption of your spirit, mind, body and soul, you will reap corruption, but if you sow with a spiritual, wholesome view towards living, 'mind, body, spirit and soul,' you have chosen to continuously perfect your life in order that you may continue to live the Mind Of The Spirit"

CHNP-101 Advanced Plant Based Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)

(4.0 credits)

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CHNP-102 Advanced Natural Lifestyles & Philosophies

(4.5 credits)

This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance (which includes Freedom from Addiction, High Self-esteem, a Highly, Motivated, Purposeful Life, and Meaningful Goals), and Loving and Nurturing Relationships.

CHNP-103 Advanced Plant Based Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)

(4.0 credits)

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CHNP-104-E The Mind of the Spirit

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CNH-HNP-101 Advanced Plant Based Nutrition I: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten)

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tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength, and endurance for all physiological performances.

CNH-HNP-102 Advanced Natural Lifestyles & Philosophies (4.0 credits)

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CNH-HNP-103 Advanced “Applied” Nutrition (4.0 credits)

This course details the ideal sources and correct ratio for the three clairaudients as well as for all other nutrients and demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the “nutrient-per-calorie” concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight.

CNH-HNP-104 Humans’ Natural Biological Diet (4.0 credits)

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CNH-HNP-105 Advanced Plant Based Nutrition II: Applied Science of the Acid Alkaline Diet (Effects of an alkaline diet which is rich in alkaline foods eaten) (4.0 credits)

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CNH-HNP-106-E The Mind of the Spirit (4.0 credits)

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