

Manifest Your Desire Form

Write Your Vision and Make it Plain

1) Clarity to Manifest:

- Get clear about what you desire

I desire to manifest _____.

2) Visualize to Manifest:

- Get into the feeling and vibration of the thing you want to manifest. Add your 5 senses to your visualization. (Only the Ones That Apply)

It feels so good now that _____.

I can see _____

I can hear _____

I can smell _____

I feel _____

It tastes like _____

3) Affirm to Manifest:

- Manifest Your Desires by Speaking Them into Existence

I Am so happy and grateful now that I've manifested _____

in my outer world and experience.

4) Align to Manifest:

- First you must believe that which you desire you deserve.
- Align your thoughts with what you desire to manifest.

List 3 spiritual practices you can do daily to help you align with your desire.

- a. _____
- b. _____
- c. _____

5) Gratitude to Manifest:

In all things give thanks. The more grateful you are for the manifestation of your desire before it manifest, this will speed up the process.

Infinite Spirit, I Thank you for

6) Write Your Vision and Make it Plain:

- Write you vision in story form as if you are telling a friend about what you've actually experienced.

7) Read several times a day to expedite your desire.