NATURALLY DELICIOUS

Meal Prep

Healthy, Fresh, Delicious, Convenient

www.naturallydeliciousmp.com



706-305-6726



Entrées - \$28.00

Entrees include 2 sides, Roll & Delivery

CHICKEN

Dark or White

Herb Roasted Chicken
Fried Chicken
BBQ Chicken
Mushroom & Garlic Chicken
Smothered Chicken
Roasted Turkey Wings

PORK

Roast Pork BBQ Spare Ribs

FISH

Add sauce - Lemon Dill Sauce or Lemon Butter Sauce
Baked Salmon
Baked Tilapia

PASTA

Fettuccine Alfred (Grilled Chicken or Grilled Shrimp)

Pasta Primavera (Grilled Chicken or Grilled Shrimp)

Lasagna

Spaghetti with Meatballs

SPECIALITY ENTREES - \$38

Oxtails Short Ribs of Beef Braised Lamb Chops

SIDES

Choose 2

Mash Potatoes, Roasted New Potatoes, Roasted Vegetable Medley, Side Salad Roasted Broccoli, Spinach, Rice Pilaf, Sauteed Green Beans, Pinto Beans, Mac & Cheese, Cabbage

SALADS ³

SIZE	PRICE
SMALL	\$8.00
MEDIUM	\$11.00
LARGE	\$14.00

CESAR SALAD

Romaine Lettuce, Parmesan Cheese & Croutons

NATURALLY DELICIOUS SALAD

Lettuce, Red Onions, Diced Tomatoes & Cucumbers, Shredded Carrots, Green Onions, topped with Shredded Cheese

GARDEN SALAD

Lettuce, Tomatoes, Cucumber, Green Onions

Choice of Dressing: Ranch, Thousand Islands, Italian, Cesar, Vinaigrette

SALAD AS A MEAL *

SIZE	PRICE
SMALL	\$12.00
MEDIUM	\$14.00
LARGE	\$16.00

Meal Salads can be topped with:

Chicken or Fish (Grilled or Fried), Grilled Salmon

Tuna Salad or Chicken Salad

Choice of Dressing: Ranch, Thousand Islands, Italian, Cesar, Vinaigrette

&

Roll

SWEET TEA & FRESH SQUEEZED LEMONADE

SIZE	PRICE
12 OZ	\$3.00
16 OZ	\$4.00
32 OZ	\$6.00

^{*}Delivery Fee is not included in salad orders. A delivery fee will be charged for salad only orders