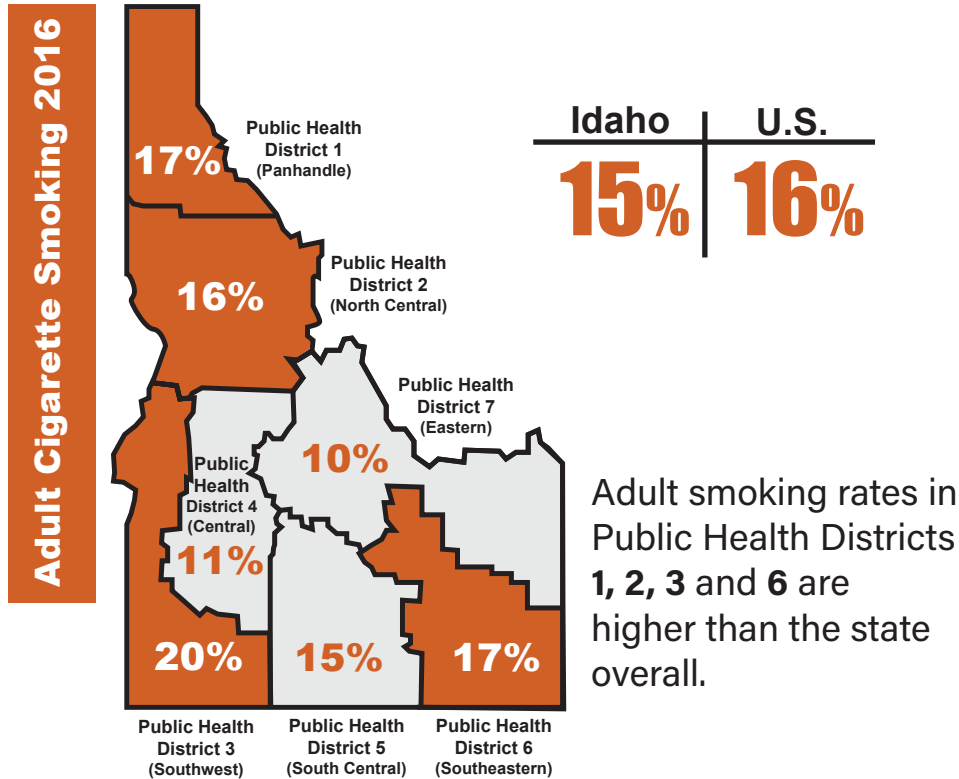


TOBACCO-RELATED CANCER IDAHO 2018

Smoking cessation is the **single most impactful behavior** to improve individual health for those who smoke.

Idaho Goal: Less than 12% cigarette smoking by 2020



Disparate populations using tobacco

34%
of those with low socioeconomic status

31%
of those with 14+ Poor Mental Health Days

29%
American Indian/Alaskan Native Idahoans

23%
Lesbian, Gay, Bisexual and Transgender Idahoans

18%
of Idaho Veterans

Call to Action

- Ask patients about tobacco use
- Implement tobacco-free environment policies
- Provide or refer patients to tobacco cessation services

Resources
1-800-QUIT NOW
projectfilter.org



Lung Cancer Screening Recommendation

Annual low-dose computed tomography for:

- Adults age 55-80
- Current smoker or quit within the last 15 years
- Have a 30 pack per year history

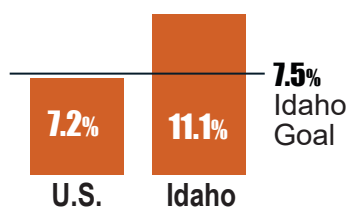
Impact of Tobacco Related Cancers

2,875
new cases of tobacco related cancers in 2016

605
deaths from trachea, lung and bronchus cancers in 2017

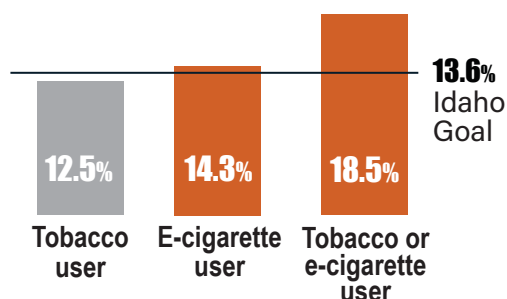
5-year survival for trachea, lung and bronchus cancers remains below 20%.

Adult Male Smokeless Tobacco Use 2016



Smokeless tobacco use among males increased from 2014 to 2016

Adolescent Tobacco Use 2017



Youth are reporting higher usage of e-cigarettes than cigarettes, cigars and smokeless tobacco. E-cigarette use in youth may lead to future cigarette use.

For more information and sources visit: www.cancer.dhw.idaho.gov or www.ccaidaho.org

