

# The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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Issue 4

## PLEASE JOIN US FOR EASTER ON SUNDAY, APRIL 9<sup>TH</sup>



Friday, April 7<sup>th</sup> in the Resurrection Sunday (Easter) Worship Service (with special music) begins at 11 am on Sunday, April 9<sup>th</sup> in the Sanctuary. Please invite your families to celebrate Holy Week with us. Top photo is Golgotha & lower photo is the Garden Tomb from Rev. Moyer's Israel Trip.

United Baptist's Maundy Thursday/**Good Friday combination Lunch Fellowship, Lord's Supper** (aka Communion), and contemplative **Worship Service** (Scripture & Song only) begins at 12 noon, on Fellowship Hall, and our



## COMMUNITY LEADERSHIP

The next **CLCEB Meeting** is scheduled for Sunday, April 16<sup>th</sup> at 12:15 pm in the Sanctuary to conduct church business. The **Quarterly Membership Meeting** will be Sunday, May 7<sup>th</sup>, at 12 noon in the Sanctuary. Please attend.

This year's **Taste of Annandale** is Saturday, April 29, from 10:00 am to 4:00 pm in the Giant Food parking lot. Bring money for lunch! Several delicious options and community organizations are there to meet and greet.

Non-perishables listed on the [ACCA Food Pantry](#) webpage (also on the church bulletin board) are still needed as inflation soars. Bring to the ACCA Nook, and we'll deliver.

## HAPPY 20<sup>TH</sup> ANNIVERSARY! To The United Baptist Church!

We will celebrate as a church on Sunday, April 30<sup>th</sup> at 11:00 am, followed by a light catered lunch in the Fellowship Hall. *You are invited but we need an **RSVP!*** We thank you for your part in the consolidation and for sustaining the Christian Church in our community for 20 years! We are excited about where God is leading us to reconnect and remission our church. Send us any photos (will be returned) from the past 20 years to help us create a collage and send us your stories and fond memories to share: [pmoyer@unitedbaptchurch.org](mailto:pmoyer@unitedbaptchurch.org) or call the office: (703) 256-5900.

## MORE FELLOWSHIP OPPORTUNITIES

The next **UBC Young at Heart Gadabouts Senior Adults Outing** is Tuesday, April 11<sup>th</sup> at 12:00 noon for Fredericksburg shopping (Belk's) and lunch (Logan's Roadhouse, 3106 Spotsylvania Mall Dr., Fredericksburg, VA 22407). We will **meet at the church to carpool at 10:30 am**, but if you live close by and wish to join us for lunch, meet at Logan's at 11:45 pm. Dutch treat. Sign-up sheet is on the Bulletin Board or call the office to RSVP.

The next **Shepherd's Center Lunch N Life** will be Thursday, April 27<sup>th</sup>, 2023 at 11:30 am at St. Barnabas Episcopal Church, 4801 Ravensworth Rd. Annandale, VA22003. Hear Vicki Burman from Annandale Chamber of Commerce Speak on "Annandale Then and Now". Lunch is \$10 per person. To register please **call 703-941-1419 by Monday, April 24<sup>th</sup>**, or send email to [shepherdscas@vacoxmail.com](mailto:shepherdscas@vacoxmail.com). This should be helpful!

The **UBC Friends & Family Breakfast** will be held on Saturday, April 22<sup>nd</sup> at 9:30 am at Denny's, 10473 Lee Hwy, Fairfax, VA 22030. Dutch treat, devotional reading, and sharing of praises and prayer requests. Please join us, and if you need a ride, see Rev. Moyer. We will meet there. Sign-up sheet is on the Bulletin Board and please invite a friend.

## Kairos Moments ♥ ♥ ♥

(04/04/23) Reflections of Reverend Pamela Moyer

Happy Spring & almost Easter! I do hope you're having a blessed Holy Week. On Palm Sunday, I surprised our congregation with a *Shofar* Call to Worship, thanks to David Evans' skills. A "shofar" is an ancient musical horn typically made of a ram's horn, used for Jewish public and religious occasions. In biblical times the shofar sounded the Sabbath, announced the New Moon, and proclaimed the anointing of a new king. This shofar and Jewish prayer shawl journeyed safely here from Jerusalem, Israel -- praise God for their beauty and sound!



The photos on page 1 are of the Garden Tomb, Golgotha (Aramaic: skull) or as we know it, Calvary (Latin: bald head/skull). Although we think of a hill with three crosses as seen in the movies, there are two possible locations of Christ's tomb. Both I visited in Jerusalem, The Church of the Holy Sepulchre and The Garden Tomb. There is evidence for both, so the [Biblical Archaeology Review 12:2, March/April 1986](#) article is worth reading. Both places have merit, and both are meaningful locations to be with God in meditation or contemplation. Our group read the crucifixion and resurrection accounts while celebrating the Lord's Supper together.

As I pray and work through our church prayer list this season, I am moved by the fragility and awe of life itself. We celebrated Hazel Ball's 101 years of life, family, and service and Sue Korcel's 91 years of art, painting, children, grandchildren, and neighborhood evangelism. Both women of strong faith did not seem too fragile, yet our moments of memory do seem fleeting. We must be present to one another as we go! The Mid-Atlantic Cooperative Baptist Fellowship Clergy/Chaplain Retreat in February and MACBF Annual Meeting in March reminded me that caring for others requires humility, spiritual work, and physical care of self, and that the injustices of the world do need our attention, in small and big ways. Several national CBF staff came to speak and teach (we do support them financially). Peer support was evident and appreciated, especially during recent responses within the Southern Baptist Convention. There will be an attempt at the June meeting to de-fellowship any churches with women in leadership. Please know that although we are listed as SBC, it is a clerical error; we have not financially or theologically supported SBC in decades. It will easily be corrected, but sister churches need our prayers on this. I personally thank UBC for your affirmation and support of God's calling and direction in my life. Good things are happening for our Mission Center, too, so plan to attend our next Membership Meeting on Sunday, May 7<sup>th</sup>! Blessings . . . †

## Parish Nurse's Touch

Debbie Caffrey

### April Health Focus



Spring is the season of renewal; it is a good time to make your space safer and healthier!!!! Here are some tips to help you!!!


1. Clean the Medicine Cabinet-Are medications labeled and stored in their proper containers? Do you have old prescription drugs mixed in with the new? These common practices in homes pose potentially dangerous health hazards. Whereas some medications still retain their potency after expiration dates, many do not and should be disposed of. Old liquid antibiotics, drugs comprised of organic ingredients and those requiring refrigeration should be safely discarded. Get rid of expired, unused medication.
2. Clean Up Clutter-Trips and falls are likely to happen when you accumulate too much "stuff". Reduce the risk by removing unnecessary and obstructive items (including furniture) from your regular walking path and place them in storage. Make maintaining a clear walkway in every room of the house or apartment a top priority. And either tape carpet edges or throw rugs to the floor or get rid of them entirely.
3. Have an Emergency Plan in Place-In case of an emergency such as a fall, an attempted burglary, or a kitchen accident, do you have important numbers on speed dial? Know who to call in an emergency and have your phone programmed, accordingly.
4. Never Try to Move Heavy Objects or Furniture on Your Own-For persons with reduced strength or mobility challenges, doing household chores may seem like a monumental task. Never try to move furniture or heavy objects on your own. Don't stand on a chair or ladder to clean hard to reach spots or change light bulbs.
5. Check Your Smoke Alarm System-Check your smoke alarm system and carbon monoxide detectors; run a test to ensure batteries for detectors are functional.
6. Clean your refrigerator and pantry-Go through the pantry, refrigerator, and freezer for foods that are past their expiration dates or those items you know you'll never use. Throw them away. For unopened can and jar foods that are still good, donate them.
7. Add some spring to your diet-Spinach, kale, broccoli, you name it, and if it's green, it is most likely healthy! Strawberries and blueberries add color and nutrients. Now is a good time for local produce.

~ *Be Well!* Debbie

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### COVID-19 CHURCH PROTOCOL UPDATE

Although we are "**Masks Optional**" we respect your decision to wear one. Our Parish Nurse tells us to please wash your hands often (and for 20 seconds!), use hand sanitizer, and practice good health hygiene (elbow bumps and covering coughs or sneezes to prevent spread of any diseases). We remain flexible, vigilant, and responsive to public health requirements; contagion is there but in the low category. Thank you for your cooperation!



**2023 Happy Birthday to  
Congregants Born in April!**

<u>Name</u>	<u>Date</u>
Howard Hicks	2
Paul Puckett	16
Melissa Snavelly	17
Nonia Gay Jones	23
Dot Jones	24
Pedro Figaro	28

**April & May**



**Wednesday, April 5, 19**

9:15 am -- Sandwich Team, Fellowship Hall

**Friday, April 7 – Good Friday**

12:00 noon – Lunch, Communion & Service, Fell. Hall

**Sunday, April 9 Easter Sunday**

See front page

**Monday, April 10**

Office Closed – Holiday observance (for Good Friday per policy)

**Tuesday, April 11**

12:00 am – YAH Gadabouts Lunch, See page 1

**Sunday, April 16**

12:00 pm – UBC CLCEB Meeting, Sanctuary  
6:00 pm – Sopranessence Dress Rehearsal, Choir Suite

**Saturday, April 22**

9:30 am – UBC Friends & Family Breakfast, See page 1.

**Sunday, April 23**

6:00 pm – Sopranessence Rehearsal, Choir Suite

**Saturday, April 29**

9:30 am - Taste of Annandale, See page 1 for details

**Sunday April 30 UBC 20<sup>th</sup> Anniversary**

11:00 am – Worship & Anniversary Luncheon, Fell Hall

**Wednesday, May 3, 17**

9:15 am -- Sandwich Team, Fellowship Hall

**Sunday, May 7**

12:00 pm - Quarterly Membership Meeting, Sanctuary

**Sunday, May 13**

2:00 pm – Sopranessence Benefit Concert, Sanc, Chr Ste

**Contributions**

<b>March 2023 (Final)</b>	<b>Required</b>	<b>Received</b>
Tithes & Offerings	\$5,000.00	\$ 3,860.00
Building Usage	7,762.33	7,150.00
Memorial (Hazel Ball)	0	65.00
Memorial (Sue Korcel)	0	1,300.00
Other (B-Thrifty, Flwrs)	<u>0.00</u>	<u>255.80</u>
Monthly	\$13,474.66	12,630.80
Total YTD (Jan)	\$40,423.98	\$ 37,769.47
<b>Above/(Below)</b>		<b>\$ (2,654.51)*</b>
Benevolence Funds Rec'd.		\$ 30.00

\* Budgeted Investment Transfers are **not** included in the “Required” or “Received;” no transfers were made. “Other” donations are not budgeted, but are gratefully received (BThrifty, Flowers). Questions, call Rev. Moyer.

**Thank you for your stewardship and prayers!**

Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors, neighbors, and staff thank you for your generosity. Benevolence offerings by check, clearly marked “Benevolence,” may be mailed to the office or cash/checks brought on any Sunday. Thank you.

**Another Concert by  
Sopranessence! On  
Saturday, May 13<sup>th</sup> at  
2:00 pm, please consider  
attending the  
Sopranessence Spring  
Benefit Concert, “Once**



**Upon a Time: Fairy Tales and Fables”** here at the church! Part of your donation will go to a worthy non-profit TBA. The ladies were here in December for a very successful and entertaining holiday concert, their first since the pandemic! This group is “rebooting classical music” through innovative arrangements and programming of the classical repertoire. Sopranessence is a vocal ensemble unlike any other. Rev. Moyer has known these ladies since 2007, when they first began as the 7 Sopranos®. Pam will secure your tickets. Let Pam know if you can go! A wonderful Mother’s Day gift to someone or yourself! Website: [www.sopranessence.org](http://www.sopranessence.org) (non-profit educational org.)

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Please calendar **Sunday, May 28<sup>th</sup> at 11 am** to be with us for **Memorial Sunday**, especially if you’ve lost a loved one from May 29, 2022 – May 22, 2023. We will have moments of recognition, prayers, and a small token of remembrance.

**The United Baptist Church  
7100 Columbia Pike  
Annandale, VA 22003**

**Return Service Requested**

Private Prayer requests have been removed for privacy, but you may call the office for updated information.

**COMMUNITY & GLOBAL PRAYER**

Serving others in prayer is a needed social and safe action to show your love especially now!

- Covenant Presbyterian Church & School family in Nashville: victims, their families, the teachers, students, staff, first responders, & community who are grieving from the recent shooting. Pray for calm yet actionable dialogue in Congress
- Our **Mental Health** systems, responders & social workers; pray for those suffering to seek professional help before crisis as they are served by the Sharon Bulova Center for Community Health and Fairfax Co. Community Services Board in Merrifield.
- All **Women Pastors & Leaders** impacted by recent letters & articles dismissing their competency & calling by God to do Kingdom work. Pray for the SBC leadership to reconsider dual affiliation for churches with women in leading roles. UBC Sr. Minister thanks you for your affirmation & support of God's calling & direction.
- All affected by extreme weather, war, disaster & violence: refugees; families of and victims of violence; **tornados** in the South, CA flooding, rebuilding, disaster teams, murders, Cyclone Freddy's impact on East Africa-Malawi, Mozambique & Madagascar; earthquakes in Türkiye & Syria and one 6.8 off coast of Ecuador.
- Pray for provision of shelter, clothing, food, and spiritual support for the many displaced persons.
- Pray for the millions of displaced persons in Syria and Lebanon experiencing trauma and pain yet again.
- Safety for all police officers and military personnel; justice
- Pray for peace and comfort for all Ukrainians, and that the global church will not forget the people of Ukraine