## **PELVIC FLOOR ASSESSMENT**

1. History of Present	ing Illness:			
			·····	
		Progression:	Getting Worse / Unch	
Bothersome:	Not Distressing			Very Distressing 
				000
2. Bladder Function	/ OAB	<u>6. S</u>	exual Symptoms	
Eluid Intako -			Sexually Active	Yes No
Voiding Frequency			Coital Incon	tinence
	Night		Per	netration Orgasm
Bladder Sensation:	Wight		Reduced Ser	nsation
	Sudden Unexpected Urgency		Diff	ficulty achieving orgasm
	from first urge =mi	n	Cor	ncern for patient Yes / No
	"urgency" occurs /		Dyspareunia	I
			Ent	rance/Initial Penetration
Urgency Triggers: Urge Incontinence: Yes No		-	Dee	ep Pain
<b>6</b> .8666	per day / week / mont	h	Pos	sitional
	Vol: Small Moderate Large	7 \	oiding Dysfunction:	
	0		Hover	
3. Night Symptoms			Hesitancy	
<del></del>			Flow: Slow / Norm	ial / Fast
Nocturia	/ nigh	t	Continuous	/ Intermittent
Bed Wetting as Nocturnal Enure	<u> </u>		Dysuria	
Nocturnal Enure	esis now Yes No		Deviated Stream	
			Incomplete Emptying	;
4. Stress Incontinent			Post-void Dribble	
Volume Leaked:	5		Double-Void	After min
	per day / week / mont		UTI's	
		0.0	lowel Dysfunction	
?Stress Induced	Detrusor Overactivity: Yes / No	<u>0. D</u>	Sowel Dysfunction:	Ш
			BO per _	Time to defecate
5. Pad Use			Digitation Yes / No	
<u> </u>			Stool Type	_
	: per day		Fecal Urgency	Faecal Staining
Usually:	dry damp soaked		Anal Incontinence:	Faecal Flatus
osaany.	a., damp source		Sampling Ability:	Normal / Reduced / Absent

		11. Gynae History:  Menses:					
		Menstrual St	atus: Menstro Peri-Me	•	Amenorrhea Post-Menopause		
		Choice of Protection: Pads Tampons					
	Cycle:						
	Contraception:						
10. Medical History	Gynaecological Surgery :						
		12. Obstet	ric History:				
Madications		G P	NVD: _		CS		
Medications:	Instrumental:Birth Weights:						
		Tears / Traun	na:				
		Other:					
OBJECTIVE EXAMINATION:							
Pad Test /Paper Towel Test:							
Urinalysis:							
Vaginal Examination:							
Visual:	PF Strengt	PF Strength: Superficial Left: Right:					
	J	Deep:					
	7.5	•	·		ight:		
	Manom.	<b>S1</b> :	S2:				
	Manom. Rest	S1:	S2:	S3:	ight:   S4:		
	Rest Max	S1:	S2:				
	Rest	S1:	S2:				
Prolapse:	Rest Max	S1:	S2:				
Prolapse:	Rest Max TOTAL	S1:	S2:				
Prolapse:	Rest Max TOTAL WR	S1:	S2:				
Prolapse:	Rest Max TOTAL WR Hold	S1:	S2:				
Prolapse:    I	Rest Max TOTAL WR Hold Reps	S1:	S2:				