

Begin Your Journey to a Leaner, Healthier You.

Shaklee 180® Program

Imagine getting fit for life. Here's the "lite" at the end of your tunnel. The clinically proven Shaklee 180® program has helped people all over the world lose more than **2 million pounds** and over **1 million inches** and counting! **

Healthy weight loss isn't just about calories and exercise—you need the right nutrition and the right support tools. Powered by Leucine®, our clinically tested products help you keep muscle you have, burn fat you don't need, and lose inches you don't want. Real science with real results.

The Shaklee Difference®

At Shaklee, we are committed to innovating through science and looking to nature for the answers that can provide healthier lives. We ensure the highest quality and safety standards—conducting over 100,000 quality tests per year to ensure our products are safe for you and your family.

All Shaklee 180 products:

-  **Non-GMO**
-  **Low glycemic**
-  **Gluten free**
-  **No artificial sweeteners, preservatives, or flavors**
-  **Powered by Leucine®**



100% SAFE
100% PROVEN
100% GUARANTEED

**Based upon cumulative sales of Shaklee 180 shakes and the expected average weight loss.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Here is a snapshot of your day.

Breakfast



Life Shake™ or Meal-in-a-Bar
+
Shaklee 180 Metabolic Boost*

Snack



OPTIONAL
Shaklee 180 Energizing Tea

Lunch



Life Shake™ or Meal-in-a-Bar
+
Shaklee 180 Metabolic Boost*

Snack



Shaklee 180 Snack Bar

Dinner



Balanced Meal
+
Shaklee 180 Metabolic Boost*

The Shaklee 180® Program

Begin Your Journey to a Leaner, Healthier You.

Life Shake™—the foundation of the Shaklee 180 program

Clinically proven to help you thrive and create the foundation for a longer, healthier life.

- **Increased energy and satiety.** Feel fuller longer with 20 grams of ultra-pure, non-GMO protein with precise ratios of all 9 essential amino acids.
- **Clinically proven support to help you reach and maintain your healthy weight.** Powered by Leucine® to help you build lean muscle, burn fat, and improve metabolism.*
- **Easy-to-digest; promotes regularity and digestive comfort.** Our proprietary prebiotic comes from an ancient grains blend, enjoyed by humans for millennia. Plus added digestive enzymes for improved protein digestion.
- **23 essential vitamins and minerals clinically proven to support heart, brain, vision, bone, immune, and overall health.** Includes 200 mg of calcium plus ALA, an essential omega-3 fatty acid, and more.
- **Low glycemic.** Supports healthy blood sugar levels.
- Four delicious flavors: Vanilla, Chocolate, Strawberry, Café Latte.
- Available in Plant Protein and Soy Protein formulas. Also available in a Stevia Free Soy Protein formula.

1 SERVING OF LIFE SHAKE IS EQUIVALENT TO:

Protein



4 Eggs[†]

Fiber



1 Cup Broccoli



1 Cup Pineapple



1 Cup Cauliflower

Calcium



2/3 Cup Milk

Vitamin D



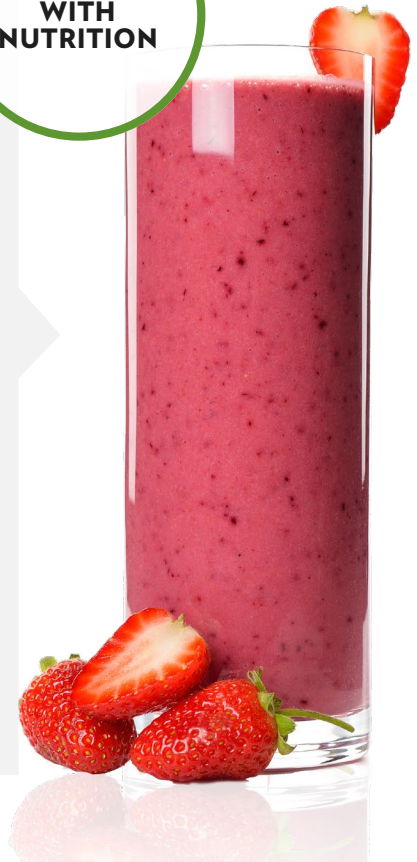
2 oz. Tuna

Leucine



4 oz. Chicken

**PACKED
WITH
NUTRITION**



In a published clinical weight loss study, Shaklee Life Shake™ helped participants lose fat, weight, and inches while retaining lean muscle.*

- Clinically proven to help retain lean muscle
- Clinically proven to support healthy blood pressure and healthy blood sugar levels

Powered by **Leucine®** Leucine is the best, most effective branched chain amino acid for preserving muscle mass.

Helps you:

Build lean muscle Burn fat Improve metabolism

[†]As part of the Shaklee 180 Program. Clinical study participants replaced two meals with Shaklee Life Shakes daily along with a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at www.healthresource.shaklee.com.
^{*}Food equivalence may vary depending on a number of factors, such as source and preparation. Every food provides nutrients beyond those listed in the above chart.

The Shaklee 180® Program




Begin Your Journey to a Leaner, Healthier You.



Shaklee 180 Meal-in-a-Bar

A complete meal in your pocket

- Powered by Leucine®
- 18-20 grams of protein and 6 grams of fiber to help you feel fuller longer.
- Three delicious varieties: Peanut Butter & Chocolate Chip, Blueberry Almond Crisp (Kosher), and White Chocolate Cinnamon.



#22000 Peanut Butter & Chocolate Chip 490 grams/7 bars per box  | **#22001 Blueberry & Almond Crisp** 490 grams/7 bars per box  | **#22054 White Chocolate Cinnamon** 504 grams/7 bars per box  Suggested Retail Price: \$32.05 | Member Price: \$27.20 | PV: 12.21



Shaklee 180 Snack Crisps

A satisfyingly savory snack

- 6 grams of protein to help keep hunger away and cravings under control. Two delicious varieties: Sea Salt and Barbecue.

#22020 Sea Salt 10 bags/10 servings  **#22021 Barbecue** 10 bags/10 servings  Suggested Retail Price: \$25.40 | Member Price: \$21.60 | PV: 10.00



Shaklee 180 Metabolic Boost*

Burn calories naturally

- Special blend of green tea, chromium, vanadium, and banaba leaf extract to help keep metabolism going strong and help retain normal blood sugar levels.*



#22040 90 tablets/30 servings  Suggested Retail Price: \$61.75 | Member Price: \$52.45 | PV: 39.15



Shaklee 180 Energizing Tea

A natural energy lift

- Helps enhance energy and alertness with an antioxidant-rich blend of green, white, and red teas. Enjoy hot or cold.

#22031 Green Matcha 1.7 oz. (47.6 grams)/28 sticks  **#22030 Pomegranate** 3.4 oz. (95.2 grams)/28 sticks  Suggested Retail Price: \$30.85 | Member Price: \$26.20 | PV: 14.66



Shaklee 180 Snack Bar

A sweet, guilt-free treat

- Powered by Leucine®
- 9-10 grams of protein and 3 grams of fiber to help you feel fuller.
- Four delicious varieties: Crunchy Peanut Butter, Toffee & Chocolate Crunch, Cherry & Almond, and Chocolate & Coconut.

#22012 Crunchy Peanut Butter 310 grams/10 bars  **#22051 Toffee & Chocolate Crunch** 370 grams/10 bars  **#22052 Cherry & Almond** 360 grams/10 bars  **#22053 Chocolate & Coconut** 370 grams/10 bars  **#22061 Bar Assortment Pack** 350 grams/10 bars Suggested Retail Price: \$24.65 | Member Price: \$20.95 | PV: 9.39

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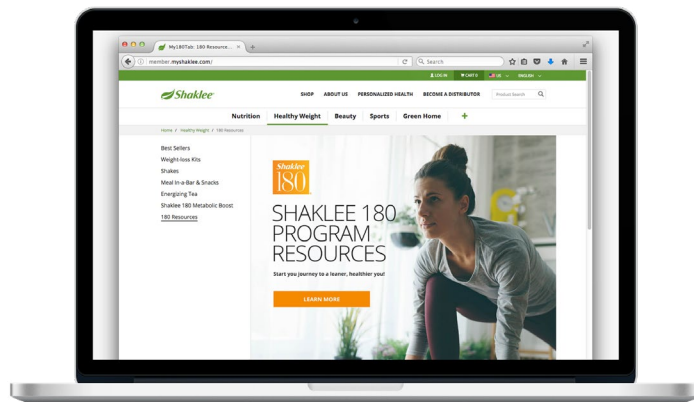
Shaklee 180® Program

Begin Your Journey to a Leaner, Healthier You.

Shaklee 180 Program Resources

Use our resources to help you succeed, including healthy recipes and tips, meal plans, and fitness regimens designed by world class Shaklee Pure Performance Team athletes. You can access the 180 Resource tab at us.shaklee.com/180program

For healthy meal and shake recipes and lifestyle and nutrition information, visit our blog *Naturally—Your Resource for a Healthier Life*—at go.shaklee.com/naturally



Shaklee 180 Program Guide

ENGLISH/SPANISH



Shaklee Life Shake™ Product Sheet

ENGLISH



Shaklee 180 FAQ

ENGLISH

Order Now

Shaklee 180® Turnaround® Kit

Everything you need for your first month includes:

- (3) canisters of Life Shake™
- (2) boxes of Shaklee 180 Meal-in-a-Bars
- (1) box of Shaklee 180 Snack Bars
- (1) box of Shaklee 180 Energizing Tea
- (1) Shaklee 180 Metabolic Boost* supplement (30 servings)

All with your choice of flavors.

#89280 | Suggested Retail Price: \$327.15

Member Price: \$278.10 | PV: 172.28

Shaklee 180® Starter Kit

Everything you need for your first two weeks includes:

- (2) canisters of Life Shake™
- (1) box of Shaklee 180 Snack Bars
- (1) Shaklee 180 Metabolic Boost* supplement (bonus 30-day supply)
- (1) Vita-Lea® multivitamin supplement (bonus 30-day supply)

All with your choice of flavors.

#89426 | Suggested Retail Price: \$205.95

Member Price: \$175.05 | PV: 117.58

Visit shaklee.com or ask your Shaklee independent distributor to get started today!

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Shaklee 180® Program

Begin Your Journey to a Leaner, Healthier You.

Life Shake™ with Plant Protein Vanilla

Nutrition Facts		☆gf
Serving Size: 2 Scoops (36 g)		
Servings Per Container: 15 (30)		
Amount Per Serving		
Calories	140	
Calories from Fat	30	
		% Daily Value*
Total Fat	3.5 g	6%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Polyunsaturated Fat	1.5 g	
Monounsaturated Fat	1 g	
Cholesterol	0 mg	0%
Sodium	320 mg	13%
Potassium	50 mg	1%
Total Carbohydrate	10 g	3%
Dietary Fiber	6 g	24%
Total Sugars	<1 g	
Added Sugars	0 g	
Protein	20 g	40%
Vitamin A		10%
Vitamin C		35%
Calcium		20%
Iron		20%
Vitamin D		35%
Vitamin E		35%
Thiamin		35%
Riboflavin		35%
Niacin		35%
Vitamin B ₆		35%
Folate		35%
Vitamin B ₁₂		35%
Biotin		35%
Pantothenic Acid		35%
Phosphorus		30%
Magnesium		25%
Zinc		35%
Selenium		35%
Copper		35%
Manganese		35%
Chromium		80%
Molybdenum		35%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
INGREDIENTS: SHAKLEE PROPRIETARY PROTEIN BLEND (PEA PROTEIN, L-LEUCINE, ORGANIC CHIA SEED PROTEIN, ORGANIC PUMPKIN SEED PROTEIN), OAT FIBER, MILLED GOLDEN FLAXSEED, ORGANIC ANCIENT GRAINS BLEND (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC QUINOA, ORGANIC CHIA), PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, VITAMIN D ₃ FROM <i>AGARICUS BISPORUS</i> ORGANIC MUSHROOM POWDER, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN B ₁₂ , MANGANESE SULFATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), NATURAL FLAVOR, SUNFLOWER OIL POWDER, REBAUDIANA A (STEVIA EXTRACT) (LEAF), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN).		

Life Shake™ with Soy Protein Vanilla

Nutrition Facts		☆gf
Serving Size: 2 Scoops (35 g)		
Servings Per Container: 15 (30)		
Amount Per Serving		
Calories	130	
Calories from Fat	30	
		% Daily Value*
Total Fat	3 g	5%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Polyunsaturated Fat	0.5 g	
Monounsaturated Fat	1 g	
Cholesterol	0 mg	0%
Sodium	320 mg	13%
Potassium	250 mg	7%
Total Carbohydrate	8 g	3%
Dietary Fiber	6 g	24%
Total Sugars	<1 g	
Added Sugars	0 g	
Protein	20 g	40%
Vitamin A		10%
Vitamin C		35%
Calcium		20%
Iron		15%
Vitamin D		35%
Vitamin E		35%
Thiamin		35%
Riboflavin		35%
Niacin		35%
Vitamin B ₆		35%
Folate		35%
Vitamin B ₁₂		35%
Biotin		35%
Pantothenic Acid		35%
Phosphorus		30%
Magnesium		25%
Zinc		35%
Selenium		35%
Copper		35%
Manganese		35%
Chromium		80%
Molybdenum		35%
Chloride		8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
INGREDIENTS: SHAKLEE PROPRIETARY PROTEIN BLEND (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LEUCINE, ORGANIC PUMPKIN SEED PROTEIN, ORGANIC CHIA SEED PROTEIN), OAT FIBER, SUNFLOWER OIL POWDER, PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, VITAMIN D ₃ FROM <i>AGARICUS BISPORUS</i> ORGANIC MUSHROOM POWDER, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN B ₁₂ , MANGANESE SULFATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), MILLED GOLDEN FLAXSEED, NATURAL FLAVOR, ORGANIC ANCIENT GRAINS BLEND (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC QUINOA, ORGANIC CHIA), REBAUDIANA A (STEVIA EXTRACT) (LEAF), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN).		

Life Shake™ with Soy Protein—Stevia Free Vanilla

Nutrition Facts		☆gf
Serving Size: 2 Scoops (45 g)		
Servings Per Container: 15		
Amount Per Serving		
Calories	170	
Calories from Fat	30	
		% Daily Value*
Total Fat	3 g	5%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Polyunsaturated Fat	0.5 g	
Monounsaturated Fat	1 g	
Cholesterol	0 mg	0%
Sodium	320 mg	13%
Potassium	250 mg	7%
Total Carbohydrate	18 g	6%
Dietary Fiber	6 g	24%
Total Sugars	10 g	
Added Sugars	10 g	
Protein	20 g	40%
Vitamin A		10%
Vitamin C		35%
Calcium		20%
Iron		15%
Vitamin D		35%
Vitamin E		35%
Thiamin		35%
Riboflavin		35%
Niacin		35%
Vitamin B ₆		35%
Folate		35%
Vitamin B ₁₂		35%
Biotin		35%
Pantothenic Acid		35%
Phosphorus		30%
Magnesium		25%
Zinc		35%
Selenium		35%
Copper		35%
Manganese		35%
Chromium		80%
Molybdenum		35%
Chloride		8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
INGREDIENTS: SHAKLEE PROPRIETARY PROTEIN BLEND (SOY PROTEIN CONCENTRATE, SOY PROTEIN ISOLATE, L-LEUCINE, ORGANIC PUMPKIN SEED PROTEIN, ORGANIC CHIA SEED PROTEIN), NATURAL CANE SUGAR, OAT FIBER, SUNFLOWER OIL POWDER, PROPRIETARY VITAMIN AND MINERAL BLEND (DICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM OXIDE, VITAMIN D ₃ FROM <i>AGARICUS BISPORUS</i> ORGANIC MUSHROOM POWDER, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN B ₁₂ , MANGANESE SULFATE, CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN), MILLED GOLDEN FLAXSEED, NATURAL FLAVOR, ORGANIC ANCIENT GRAINS BLEND (ORGANIC AMARANTH, ORGANIC BUCKWHEAT, ORGANIC MILLET, ORGANIC QUINOA, ORGANIC CHIA), DIGESTIVE ENZYME BLEND (PAPAIN, BROMELAIN).		

Shaklee 180® Program

Begin Your Journey to a Leaner, Healthier You.

Shaklee 180 Snack Bars

Nutrition Facts gmo gf				
	CRUNCHY PEANUT BUTTER	TOFFEE & CHOCOLATE CRUNCH	CHERRY & ALMOND	CHOCOLATE & COCONUT
Serving Size: 1 Bar	31 g	37 g	36 g	37 g
Servings Per Container:	10	10	10	10
AMOUNT PER SERVING				
Calories	130	140	140	150
Calories from Fat	25	40	40	40
AMOUNT PER SERVING/%DV*				
Total Fat	3 g/5%	4.5 g/7%	4 g/6%	4.5 g/7%
Saturated Fat	0.5 g/3%	1.5 g/8%	0.5 g/2%	2 g/10%
Trans Fat	0 g	0 g	0 g	0 g
Cholesterol	0 mg/0%	5 mg/2%	0 mg/0%	0 mg/0%
Sodium	190 mg/8%	180 mg/8%	180 mg/8%	180 mg/8%
Potassium	100 mg/3%	40 mg/1%	90 mg/3%	80 mg/2%
Total Carbohydrate	15 g/5%	18 g/6%	18 g/6%	18 g/6%
Dietary Fiber	3 g/12%	3 g/12%	3 g/12%	3 g/12%
Sugars	10 g	6 g	6 g	7 g
Protein	10 g/20%	9 g/18%	9 g/18%	9 g/18%
	%DV*	%DV*	%DV*	%DV*
Vitamin A	0%	0%	0%	0%
Vitamin C	0%	0%	0%	0%
Calcium	4%	8%	6%	6%
Iron	6%	10%	8%	8%
Thiamin	25%	0%	0%	0%
Riboflavin	25%	0%	0%	0%
Niacin	25%	0%	0%	0%
Vitamin B ₆	25%	0%	0%	0%
Folate	25%	0%	0%	0%
Vitamin B ₁₂	25%	0%	0%	0%
Biotin	10%	0%	0%	0%
Pantothenic Acid	25%	0%	0%	0%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
CHOCOLATE & COCONUT BAR INGREDIENTS: SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), SOY PROTEIN ISOLATE, L-LEUCINE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN), SLICED ALMONDS, GLYCERIN, ACACIA GUM, SOLUBLE CORN FIBER, ORGANIC EVAPORATED CANE JUICE POWDER, SHREDDED TOASTED COCONUT (COCONUT, SUGAR, DEXTROSE, SALT), DEHYDRATED COCONUT, COCOA POWDER, NATURAL FLAVOR, HIGH OLEIC SUNFLOWER OIL, MILLED GOLDEN FLAXSEED, SEA SALT, WHITE CHIA SEEDS, SUNFLOWER LECITHIN. MAY CONTAIN MILK.				
TOFFEE & CHOCOLATE CRUNCH BAR INGREDIENTS: SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, ENGLISH TOFFEE BITS (BUTTER, SUGAR, NATURAL FLAVOR), ACACIA GUM, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN), GLUTEN-FREE ROLLED OATS, ALMONDS, GLYCERIN, HIGH OLEIC SUNFLOWER OIL, SUNFLOWER SEEDS, CHICORY ROOT EXTRACT, MILLED GOLDEN FLAXSEED, WHITE CHIA SEEDS, SEA SALT, NATURAL FLAVOR, MIXED TOCOPHEROLS. CONTAINS MILK.				
CRUNCHY PEANUT BUTTER BAR INGREDIENTS: SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), FRUCTOSE, PEANUT FLOUR, PEANUT BUTTER, HONEY, BROWN RICE SYRUP, FRUCTOSE SYRUP, GLYCERIN, INULIN, L-LEUCINE, ACACIA GUM, GUAR GUM, NATURAL FLAVOR, MEDIUM CHAIN TRIGLYCERIDES, SALT, NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B ₆ , RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, VITAMIN B ₁₂ .				
CHERRY & ALMOND BAR INGREDIENTS: SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, DRY ROASTED ALMONDS, RAISINS, GLUTEN-FREE ROLLED OATS, ROASTED SPLIT PEANUTS, ACACIA GUM, CHICORY ROOT EXTRACT, GLYCERIN, DRIED CHERRIES (APPLE JUICE INFUSED), PEANUT OIL, SUNFLOWER SEEDS, DRIED CRANBERRIES (APPLE JUICE INFUSED), MILLED GOLDEN FLAXSEED, NATURAL FLAVORS, WHITE CHIA SEEDS, SEA SALT, CITRIC ACID, MIXED TOCOPHEROLS.				

Shaklee 180 Energizing Tea

Nutrition Facts star gmo gf		
	GREEN MATCHA	POMEGRANATE
Serving Size: 1 Stick	1.7 g	3.4 g
Servings Per Container:	28	28
AMOUNT PER SERVING/%DV**		
Calories	5	15
Total Fat	0 g/0%	0 g/0%
Sodium	0 mg/0%	0 mg/0%
Total Carbohydrate	<1 g/0%	3 g/1%
Sugars	0 g	2 g
Protein	<1 g/2%	<1 g/2%
**Percent Daily Values (DV) are based on a 2,000 calorie diet.		
GREEN MATCHA INGREDIENTS: TAURINE, MALTODEXTRIN, T-LIFT® PROPRIETARY TEA BLEND [ROOIBOS RED TEA EXTRACT (<i>ASPALATHUS LINEARIS</i>), WHITE TEA EXTRACT (<i>CAMELLIA SINENSIS</i>), MATCHA GREEN TEA POWDER (<i>CAMELLIA SINENSIS</i>)], GREEN TEA EXTRACT (<i>CAMELLIA SINENSIS</i>), NATURAL FLAVORS.		
POMEGRANATE INGREDIENTS: DEXTROSE, TAURINE, NATURAL POMEGRANATE FLAVOR BLEND (NATURAL FLAVORS, ELDERBERRY EXTRACT, POMEGRANATE EXTRACT), FRUCTOSE, T-LIFT® PROPRIETARY TEA BLEND [ROOIBOS RED TEA EXTRACT (<i>ASPALATHUS LINEARIS</i>), WHITE TEA EXTRACT (<i>CAMELLIA SINENSIS</i>), MATCHA GREEN TEA POWDER (<i>CAMELLIA SINENSIS</i>)], GREEN TEA EXTRACT (<i>CAMELLIA SINENSIS</i>), SILICON DIOXIDE, MALIC ACID, REBAUDIANA A (STEVIA EXTRACT) (LEAF).		

Shaklee 180® Program

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Shaklee 180 Meal-in-a-Bar

Nutrition Facts



	PEANUT BUTTER & CHOCOLATE CHIP	BLUEBERRY & ALMOND CRISP	WHITE CHOCOLATE CINNAMON
Serving Size: 1 Bar	70 g	70 g	72 g
Servings Per Container:	7	7	7

AMOUNT PER SERVING

Calories	270	260	270
Calories from Fat	60	60	45

AMOUNT PER SERVING/%DV*

Total Fat	7 g/11%	6 g/9%	5 g/8%
Saturated Fat	2.5 g/13%	0.5 g/3%	1.5 g/8%
Trans Fat	0 g	0 g	0 g
Cholesterol	0 mg/0%	0 mg/0%	0 mg/0%
Sodium	400 mg/17%	400 mg/17%	400 mg/17%
Potassium	150 mg/4%	160 mg/5%	110 mg/3%
Total Carbohydrate	32 g/11%	32 g/11%	37 g/12%
Dietary Fiber	6 g/24%	6 g/24%	7 g/28%
Sugars	19 g	19 g	14 g
Protein	20 g/40%	20 g/40%	18 g/36%

%DV*

Vitamin A	20%	•	Biotin	35%
Vitamin C	35%	•	Pantothenic Acid	45%
Calcium	35%/40%/35%	•	Phosphorus	35%
Iron	25%	•	Iodine	35%/35%/0%
Vitamin D	45%	•	Magnesium	40%
Vitamin E	35%	•	Zinc	40%
Thiamin	40%	•	Selenium	45%
Riboflavin	60%	•	Copper	35%
Niacin	35%	•	Manganese	35%
Vitamin B ₆	40%	•	Chromium	80%
Folate	40%	•	Molybdenum	35%
Vitamin B ₁₂	50%	•	Chloride	8%/8%/0%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

PEANUT BUTTER & CHOCOLATE CHIP INGREDIENTS: SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), FRUCTOSE SYRUP, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN), HONEY, ACACIA GUM, SHAKLEE 180 PROPRIETARY PROTEIN BLEND (SOY PROTEIN ISOLATE, L-LEUCINE, RICE PROTEIN CONCENTRATE), BROWN RICE SYRUP, ROASTED PEANUTS, PEANUT BUTTER, GLYCERIN, PEANUT FLOUR, ROLLED OATS, GUAR GUM, DICALCIUM PHOSPHATE, SUNFLOWER LECITHIN, SALT, MAGNESIUM OXIDE, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, RIBOFLAVIN, VITAMIN B₆, MANGANESE SULFATE, THIAMINE MONONITRATE, VITAMIN D₃, CHROMIUM NICOTINATE, MOLYBDENUM AMINO ACID CHELATE, POTASSIUM IODIDE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID. **MAY CONTAIN MILK.**

BLUEBERRY & ALMOND CRISP INGREDIENTS: SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, RICE FLOUR, SALT), FRUCTOSE, SHAKLEE 180 PROPRIETARY PROTEIN BLEND (SOY PROTEIN ISOLATE, L-LEUCINE, RICE PROTEIN CONCENTRATE), ALMOND BUTTER, ACACIA GUM, DICED ALMONDS, ORGANIC BROWN RICE SYRUP, GLYCERIN, HONEY, DRIED BLUEBERRIES (APPLE JUICE INFUSED), WATER, DICALCIUM PHOSPHATE, HIGH OLEIC SUNFLOWER OIL, DRIED CHERRIES (APPLE JUICE INFUSED), NATURAL FLAVORS, SUNFLOWER LECITHIN, SALT, MAGNESIUM OXIDE, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, RIBOFLAVIN, VITAMIN B₆, MANGANESE SULFATE, THIAMINE MONONITRATE, VITAMIN D₃, CHROMIUM NICOTINATE, MOLYBDENUM AMINO ACID CHELATE, POTASSIUM IODIDE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID.

WHITE CHOCOLATE CINNAMON INGREDIENTS: SHAKLEE 180 PROTEIN CRUNCH BLEND (SOY CRISPS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE), ORGANIC BROWN RICE SYRUP, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, BUTTER OIL, SOY LECITHIN, NATURAL VANILLA EXTRACT), RAISINS, GLUTEN-FREE ROLLED OATS, ACACIA GUM, ALMONDS, GLYCERIN, HIGH OLEIC SUNFLOWER OIL, DICALCIUM PHOSPHATE, GROUND CINNAMON, INULIN, MILLED FLAXSEED, NATURAL FLAVOR, CHIA SEEDS, SEA SALT, MAGNESIUM OXIDE, MIXED TOCOPHEROLS, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, RIBOFLAVIN, VITAMIN B₆, MANGANESE SULFATE, THIAMINE MONONITRATE, VITAMIN D₃, CHROMIUM NICOTINATE, MOLYBDENUM AMINO ACID CHELATE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID.

Shaklee 180 Snack Crisps

Nutrition Facts



	SEA SALT	BARBECUE
Serving Size: 1 Bag	25 g	25 g
Servings Per Container:	10	10

AMOUNT PER SERVING/%DV*

Calories	100	100
Calories from Fat	30	30
Total Fat	3 g/5%	3 g/5%
Saturated Fat	0 g/0%	0 g/0%
Trans Fat	0 g	0 g
Cholesterol	0 mg/0%	0 mg/0%
Sodium	200 mg/8%	180 mg/8%
Potassium	250 mg/7%	250 mg/7%
Total Carbohydrate	13 g/4%	13 g/4%
Dietary Fiber	2 g/8%	2 g/8%
Sugars	0 g	1 g
Protein	6 g/12%	6 g/12%

%DV*

Vitamin A	0%	0%
Vitamin C	0%	0%
Calcium	2%	2%
Iron	6%	6%

*Percent Daily Value (DV) are based on a 2,000 calorie diet.

SEA SALT INGREDIENTS: POTATO STARCH, DEFATTED SOY FLOUR, SOY PROTEIN CONCENTRATE, HIGH-OLEIC SUNFLOWER OIL, CANOLA OIL, AND SEA SALT.

BARBECUE INGREDIENTS: POTATO STARCH, DEFATTED SOY FLOUR, SOY PROTEIN CONCENTRATE, HIGH-OLEIC SUNFLOWER OIL, CANOLA OIL, NATURAL CANE SUGAR, SALT, MALTODEXTRIN, PAPRIKA, TOMATO POWDER, YEAST EXTRACT, CITRIC ACID, EXTRACTIVES OF PAPRIKA AND TURMERIC, ONION POWDER, SPICES, GARLIC POWDER, NATURAL FLAVORS, MAPLE SYRUP, MOLASSES, AND VANILLA EXTRACT.

Shaklee 180 Metabolic Boost*

Supplement Facts



Serving Size: 3 Tablets Servings Per Container: 30

AMOUNT PER SERVING

%DV

Total Carbohydrate	<1 g	<1%**
Calcium (as dicalcium phosphate)	180 mg	18%
Chromium (as chromium nicotinate)	400 mcg	333%
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Banaba Extract (<i>Lagerstroemia speciosa</i>) (leaf)	1.8 mg	†
Shaklee 180 Proprietary	500 mg	†
Thermogenic Blend: Green tea Extract (<i>Camellia sinensis</i>) (leaf), Evodia Extract (<i>Evodia rutaecarpa</i>) (fruit), Purple corn Extract (<i>Zea mays</i>) (seed)		

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, CELLULOSE GUM, DEXTRIN, DEXTROSE, SOY LECITHIN, SODIUM CITRATE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.