



2021



HoneyHeart Co.

Media Kit

Cultivating compassionate
heart-to-heart connections.



I AM

www.honeyheart.ca

**Transforming heartbreak into
honey, literally.**



Allison Voth



344



187



10

HoneyHeart Co. Queen Bee Alli cultivates compassionate heart-to-heart connections by empowering generations to heal and live beyond the pain of heartbreak.

My Story

Grief & Trauma

In 2015 Allison graduated as a Border Services Officer, a new career she spent years to achieve. Months later her beloved Dad and best friend, died of a sudden death in his sleep on his 68th birthday. Never celebrating and no goodbye, she was devastated by grief, while also responsible as Executor. She had to sell her family home due to large costs to keep it. On the outside she was doing well and making progress, but inside she was empty. Grief became compounded by suffering a trauma while off-duty and she questioned what really mattered to her. Leaving a law enforcement career behind to follow the intuitive nudges of her spiritual heart, she began her healing journey. Through learning to heal her broken heart with self-empowerment, community connection and meditation, she carefully curated her new life to be of service to others seeking growth beyond heartbreak.

The Name Stuck

Why the name **HoneyHeart**?

After her Dad passed she began crafting beeswax candles as a creative outlet and named them HoneyHeart Candles. The name stuck, so she incorporated it as her business name in 2020. Living beyond grief and pain to serve others, that's the honey! It's raw, authentic and healing.

Living My Legacy

"Why wait for others to celebrate your life when you're gone? Celebrate it everyday with joy!"

A synchronicity led her to deliver a workshop at a grief retreat for women, that empowered her journey to become a certified HeartMath Coach. Elegantly combining her certified skills in coaching, neuro-linguistic programming, mindful movement yoga, and meditation into practical workshops that bring participants into the depth of their heart, so they can truly discover their resilience capacity and innate ability to heal.

Service

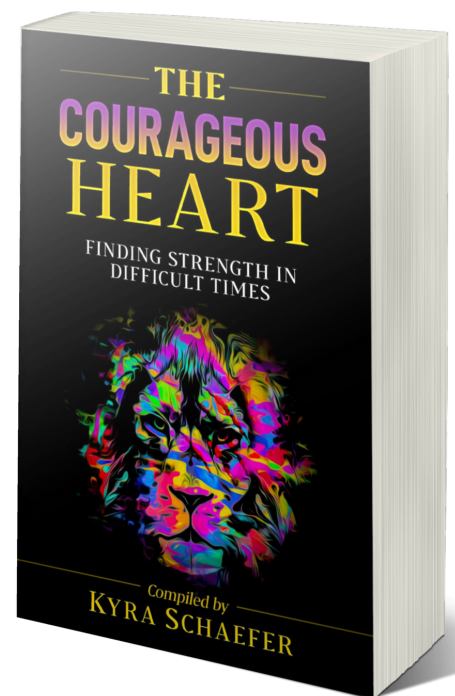
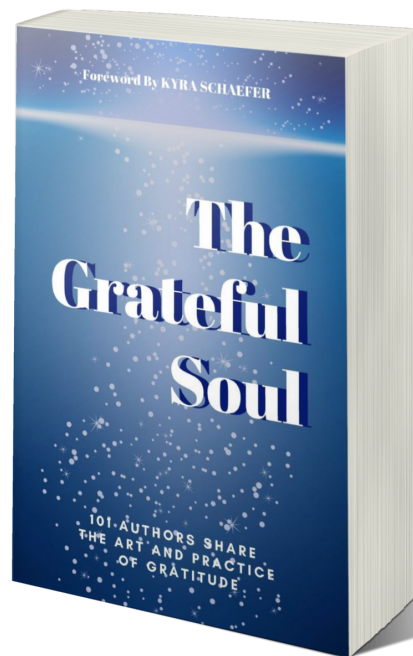
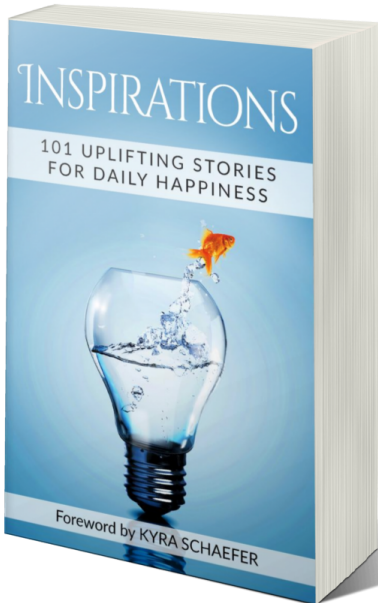
**HeartMath Coach
Yoga Teacher
Event Host**

GORDE GRANT
LOVINGLY REMEMBERED
BY
IRENE, ALLAN AND PAULA

Certified in multiple modalities that empowers our global family to self-regulate, heal and live their life as a legacy of love.

Author

Short non-fiction stories in collaborative books published by As You Wish Publishing.





PROJECT ANGEL

The original beeswax candle crafts evolved into 'Angel of Love' memorial candles that honour those who transitioned into spirit. Proceeds support a collective memorial beehive at Heritage Gardens Sustainable Cemetery in South Surrey B.C. Canada for generations to enjoy the honey as her living legacy of love. What could be sweeter?

honeyheart.ca/project-angel

Blessings



allison@honeyheart.ca

PO Box 75191, Surrey BC
Canada V4A 0B1