

## Hours of Operation

Our services are available  
Monday – Friday  
8:00am – 5:00pm.  
Appointments may be  
available after 5:00pm.

Emergency services are  
always available from  
VCSB 24 hours a day, 7  
days a week. You can  
reach our Emergency  
Services Department at  
540-885-0866.



### Valley Community Services Board

85 Sanger's Lane  
Staunton, Virginia 24401

Main Line: 540-887-3200

Emergency Services: 540-885-0866

[www.myvalleycsb.org](http://www.myvalleycsb.org)

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.



August 2021

Valley Community Services Board

Youth Program



Child  
&  
Adolescent  
Programs



# Child & Adolescent Programs

Welcome to Valley Community Services Board (VCSB). We offer a variety of services for children and families. Our mission is to provide a comprehensive array of behavioral health, substance use, and developmental disability services within the Counties of Augusta and Highland and the cities of Staunton and Waynesboro.

## Confidentiality

Employees of VCSB adhere to standards of professional ethics, including confidentiality. Your or your child's records and information will not be shared with anyone outside of VCSB without your written permission. When Federal or State laws provide for disclosure of information without your permission, we will release records and/or information as well as in emergency situations.

### Outpatient Counseling >>>

Mental health individual, and group counseling for children, adolescents, and families in an office setting.

### Child Case Management >>>

This service assists children and their families with accessing community resources and supports essential to meeting basic physical and mental health needs.

### Intensive Care Coordination (ICC) >>>

ICC utilizes the evidence-based High Fidelity Wraparound (HFW) model to help youth/adolescents at risk of an out-of-home placement and those who are transitioning back into the community after residential placement. HFW is a team-based, collaborative planning process for developing and implementing individualized care plans for children with behavioral health challenges and their families.

### Intellectual Disabilities >>>

These services include case management, waiver application assistance, vocational training, and residential services.

### School-Based Outpatient Counseling >>>

Outpatient counseling provided in the school setting for children and adolescents with emotional and behavioral challenges in many Waynesboro, Staunton, and Augusta County Public Schools.

### Psychiatric Services >>>

We offer psychiatric services and medication management for children, adolescents, and families.

### Payment Options >>>

Valley CSB charges fees for our services. We accept most insurances, including Medicaid and Medicare, Anthem/ Blue Cross Blue Shield, Coventry, and HealthKeepers. For those without insurance who are not eligible for Medicaid, we offer a sliding scale payment system in order to tailor fees to your specific financial situation.

