

2022 USATF Adirondack Association XC Junior Olympic Championships - 11/9/2019**Queensbury Cross Country****Rankings****Event 9 4k Run CC Boys**

| Name | Age | Team | Avg Mile | Finals | Points |
|---------------------|-----|--------------|----------|----------|--------|
| 1 Rickert, Keaton | | Delmar Track | 6:46.1 | 16:49.33 | |
| 2 Hungerford, Brett | | Delmar Track | 6:47.9 | 16:53.76 | |