# 6UP Volleyball COVID-19 Response Plan

Dear Club Members,

We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to volleyball activities.

The following people will comprise this COVID-19 Oversight Group

Name	Position	Phone	Email
Steve Cyrille	President	647-285-8344	6upvolleyball@gmail.com
Liza Tilander	Secretary/Treasurer	416-575-6109	liza.tilander@hotmail.com
David Brown	Fundraising Chair	647-231-9925	6upvolleyball@gmail.com

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.

## 6UP Volleyball COVID-19 Protocols

Due to the COVID-19 pandemic, 6UP Volleyball has implemented the following protocols to deal with the possible situations that might occur:

- 1. Completion of Ontario Volleyball COVID-19 Waiver
- 2. An Individual becomes unwell with symptoms of COVID-19
- 3. An Individual is tested for COVID-19
- 4. An Individual tests positive for COVID-19
- 5. Return to club activities following illness
- 6. Return to club activities following COVID-19
- 7. Modification/restriction/postponing or canceling of club activities
- 8. Public Health Guidelines

#### 1. Completion of Ontario Volleyball COVID-19 Waiver

All individuals participating in club must complete the Ontario Volleyball Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Ontario Volleyball:

- Athletes
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Ontario Volleyball)

#### 2. An Individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

#### 3. An Individual is tested for COVID-19

- Any individual that is part of a club that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test.
- The club will consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual.
- Any club members who were in close contact with the individual should not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

#### 4. An Individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the club COVID-19 Oversight Group.
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual.
- Any club members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- It is recommended to also inform all club members of a positive COVID-19 result within the club setting.
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The club will inform Ontario Volleyball of a positive COVID-19 diagnosis by emailing <u>clubsupportservices@ontariovolleyball.org</u>.

#### 5. Return to club activities following illness

• If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19.

#### 6. Return to club activities following COVID-19

 Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

#### 7. Modification/restriction/postponing or canceling of club activities

- Based on the evolving COVID-19 pandemic, the club must be prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- Clubs should establish a program cancelation policy if one does not exist already.

- Clubs members should be informed as soon as possible of any modifications/restrictions or cancelations.
- Clubs must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials/administrators.

### 8. Public Health Guidelines

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities.
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in club activities.

## 6UP Volleyball COVID-19 Communication Plan

In order to ensure that effective communication is taking place with our membership during the Return to Play Stages, 6UP Volleyball will ensure that:

- 1. Contact information is up-to-date for all club members on file;
- 2. Email and virtual meetings are used to distribute information;
- The COVID-19 Oversight Group is responsible for communication within the club during the Return to Play stages;
- 4. Weekly communication to maintain connection with club members during Return to Play/Activity continues;
- 5. A virtual meeting is scheduled to deliver updated information on Return to Play protocols and answer any questions or concerns;
- Communications/documents are found on the Resources page of the 6UP Volleyball website for reference by club members;
- 7. Steve Cyrille or Liza Tilander, from the COVID-19 Oversight Group, will follow up with any individuals who become unwell with symptoms of COVID-19 during club activities;
- 8. Original paper copies of the daily Session Participation Tracking sheets will continue to be digitized and saved in an electronic file; the hardcopies are filed at the club office;
- If it is determined that a club member has tested positive for COVID-19, all club members that may have been in close contact with that individual will be notified by phone (voice/text) and email with a confirmation of receipt and understanding from the members notified;
- 10. If it is determined that a club member has tested positive for COVID-19, all club members that may have been in close contact with that individual will be notified by phone (voice/text) and email with a "confirmation of receipt and understanding" reply from the members notified;
- 11. The facility and Ontario Volleyball are informed by phone and email if a club member is diagnosed with COVID-19, and
- 12. Toronto Public Health is made aware of the member being tested positive.