

Massage & Bodywork

Each session is customized to your individual needs. Complimentary hot towels and aromatherapy are always included. Sessions range from 10-120 minutes. Types of Massage and Bodywork offered:

- Deep Tissue
- Prenatal
- Swedish
- Hot Stone
- Lymphatic
- Corp Chair
- Cupping
- Facial
- Bowenwork

Facial Massages – 60 Minutes

Eastern therapies facial massage is a treatment in which pressure points on the face and neck are stimulated in order to release blockages in the flow of qi, or vital energy. Lotions or oils are not used on the face in acupuncture techniques of facial massage.

Western therapies facial massage uses light therapy combined with topical skincare products to create a radiant glow. Look younger, healthier, and more refreshed without the pain of injections or the recovery time of a chemical peel.

Facial Cupping

The ancient practice of cupping uses suction cups directly on the skin. The suction promotes increased blood circulation, which may help relieve muscle tension, promote cell repair, and aid in other regeneration. When it comes to the face and jawline, the practice helps with sinus congestion and headaches while restoring fresh-skin tissues, stimulating your skin and muscles.

Foot Bliss Treatment

Pamper those feet! Includes: a sea salt foot soak infused with essential oils, sugar scrub, mud masque, moisturizer and foot massage.

Spa Day Treatments

Choose a Spa Day with either a 60 or 90 minute massage. Includes: a RLT Session, Massage, Express Facial, and Foot Bliss treatment with beverage and snack. 3 - 3.5 hours.

30 / 60 / 90 / 120 Minutes	50 / 90 / 125 / 180
10 / 20 Minute Corporate Chair Massage	20 / 40
Foot Bliss Treatment 45 Minutes	75
Spa Day with 60 / 90 Minute Massage	250 / 285

Add-Ons to Massage & Facial Treatments (each): 20

- Amethyst Bio-Mat
- CBD Oil
- Foot Treatment
- IR Sauna
- Ion Footbath
- Halotherapy
- Hand Treatment
- Hot Stone
- LED Facial
- Peppermint Head
- Vibration
- Compression

Couples & Event Services

Have an event coming up? Bridal, Birthday, GNO, just because! Plan your next event services with us! Customize the type(s) of and number of services you'd like. We can service from 2-10.

Package Pricing & Memberships

For many, massage and other wellness services are not a discretionary activity, but a necessary component of overall health and wellness. To ease the financial burden, we offer memberships and package discounts. All memberships require a minimum 12 month commitment and a one-time \$20 membership fee. Fees are paid monthly via debit or credit card.

Packages: 3 Pk-5% off, 6 Pk-10% off, 12 Pk-15% off Corporate Wellness – Call for info.
Memberships:
Massage – 39.95 (30 Min) 69.95 (60 Min) 99.95 (90 Min)
Esthetics – 64.95 (Facials, Microderm) (Micro-Current available for an additional fee)
Spa – 72.95 (Your choice of one service/month. You have the flexibility to choose a different option each month. Choose from: IR Sauna Bodywrap, Massage (60 min), Facial, Microderm, RLT (one month unlimited), Tanning (one month unlimited), or Sauna/Halotherapy/BioMat/Ion Footbath (4 visits/month).
Halotherapy / Full Spectrum Sauna – Three membership options are available based on the number of visits per month: 75 (4 visits) - 125 (8 visits) – 175 (12 visits)
RLT – 49.95
Tanning – Pink 19.95/ Green 29.95 / Yellow 39.95

Halotherapy

Session Length: 40 Minutes

Halotherapy is an alternative treatment that involves breathing medical grade Himalayan salt dispensed in the air. It can treat a number of respiratory and skin conditions. It has also been used to treat depression and anxiety. See our Halotherapy brochure for more information.

Single Session (Child/Adult)	15 / 30
5/10 Sessions (Child/Adult)	65 / 100....130 / 200
Add a person (max 3 people) (Child/Adult)	7.50 / 15
Add-on Session with Massage or Facial	20
Membership options are also available.	

UV Tanning

Relax as your skin gets that "right off the beach glow" in one of our innovative tanning units. Further extend the life of your tan with our exclusive tanning after care products. We offer three primary ways to relax and tan: memberships, visit packages (minute and session), and single visits. Each option has its own unique set of advantages, select the one that's best for you. We offer three levels of tanning, so you get the safest, best results.

[Ask about our Current Specials.](#)

EQUIPMENT:

- Base Level (Pink) (20 Min/1 Facial)
- Mid-Level (Green) (15 Min/2 Facials)
- Max Level (Yellow) (10 Min/3 Facials & Standup)

Alexis Rose Esthetics

Lash/Brow Services

Classic Eyelash Extensions

Full Set (180 Minutes)	75
Quick Fill (75% left – 60 Minutes)	35
Regular Fill (50-75% left – 75 Minutes)	45
Large Fill (40-50% left – 90 Minutes)	60

Lash/Brow Services

Lash Tint (20 Minutes)	35
Brow Tint (20 Minutes)	25
Lash Lift (45 Minutes)	50
Lash Lift & Tint (60 Minutes)	75

Waxing

Arms (Half) (30 Minutes)	40
Cheeks – Sides (20 Minutes)	12
Chin (15 Minutes)	12
Chin & Lip (30 Minutes)	20
Eye Brow (20 Minutes)	17
Lip (15 Minutes)	10
Stomach (30 Minutes)	15

Skin Care Treatments

Celluma LED Treatment (30 Minutes)	45
MiLux LED Treatment (30 Minutes)	30
Microdermabrasion – Single / 6 Pack (40 Minutes)	75 / 360
Facials –	
Anti-Aging Rejuvenate Facial (80 Minutes)	90
Back Facial (35 Minutes)	60
Balance/Refine Facial (80 Minutes)	90
Express Facial (25 Minutes)	35
Facial Enzyme Steam (30 Minutes)	40
Micro-Current with Express Facial (100 Minutes)	115
Oxygenating Facial (35 Minutes)	75
Quench Facial (60 Minutes)	75
Recover (Acne) Facial (80 Minutes)	90
Signature Facial (50 Minutes)	60
Soothe Facial (70 Minutes)	80
Spa Facial (60 Minutes)	75

Skin Care Products

We offer solutions for those who desire a natural approach to beauty and wellness. Product brands offered include: Arbonne, Asea, Dermalogica, PCA Skincare, Bella Lash, BWL (Body With Light), M-61 and Soleil Spa's custom-blended essential oil products.

