

WHAT DOES A CASE MANAGER DO AND WHO IS ELIGIBLE?

A case manager is a trained professional who will help you get connected to the services and benefits you need to increase independence in life.

Anyone age 18 or older, who has been diagnosed with a serious mental illness.

IS MY CASE MANAGER MY COUNSELOR?

A Case Manager does provide some counseling type supports and some are trained counselors. However, your case manager can refer you to an ongoing licensed counselor if need be.



VALLEY COMMUNITY SERVICES BOARD

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MAIN OFFICE: 540 887-3200
EMERGENCY SERVICES: 540 885-0866

www.myvalleycsb.org

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VALLEY COMMUNITY SERVICES BOARD

ADULT PROGRAM



ADULT MENTAL HEALTH CASE MANAGEMENT



CONFIDENTIALITY

Employees of Valley Community Services Board adhere to standards of professional ethics, including confidentiality. Your records and information will not be shared with anyone outside of VCSB without your written permission. When Federal or State laws provide for disclosure of information without your permission, we will release records and/or information as well as in emergency situations.



FOR MORE INFORMATION ON ADULT MENTAL HEALTH CASE MANAGEMENT, CONTACT THE AMHC SUPERVISOR AT 540 887-3200

MENTAL
HEALTH



WHAT ADULT MENTAL HEALTH CASE MANAGEMENT OFFERS

- ✓ Coordinate Testing & Assessments
- ✓ Assist in finding supports and resources needed
- ✓ Plan Services & Supports
- ✓ Coordinate Services for your treatment plan (ISP- Individual Service Plan)
- ✓ Enhance Integration into the Community
- ✓ Make Contacts to help carry out your goals
- ✓ Serve as primary mental health care contact
- ✓ Facilitate timely service delivery

WHO QUALIFIES?

THOSE....

18 years old or older
AND
Diagnosed with a serious mental illness
AND
Experiencing significant difficulties due to this mental illness



If you answered yes to all three, then you may qualify for Targeted Case Management Services. The cost of services is covered by Medicaid or is on a sliding scale based on your ability to pay.