

# THE VILLAGE THE VILLAGE

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Where to go?...what to do? [Find it here in The Village View



On Saturday October 8th making your own scarecrow at The Canadensis United Methodist Church or buying one already made up was a great fundraising idea.

Top photo; Some of the scarecrow makers; Morgan Rinehart, Heather Smith and Logan Smith.

Bottom photo; Jack Calderone works on his scarecrow with a little help from his parents Anthony and Debra.

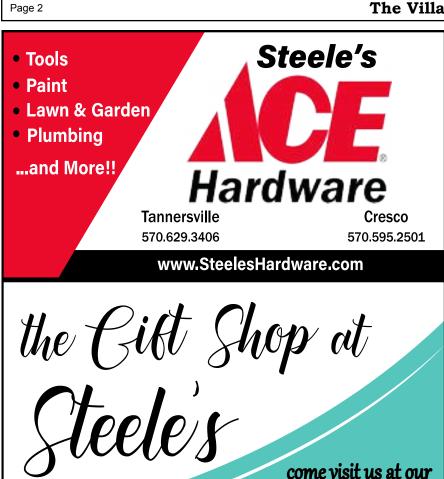


**Christmas trees Late Nite Dining Fine Dining Casual Dining Live music Art Galleries** Veterinarian **Exterminator** Notary **Garage Doors** Cafes **Funeral Parlor Chimney Service Dentist Log Homes** Roofing Farm Markets **Painting Paperhanging** Banking Heating Hardware Lumber **Hearing Aids** Carpenters **Travel Agents** Gift Shops Supermarket . Hair Styling Electricians Pizza Shop **Porta-Potties** Decorating Insurance Cheesecake Mechanics Chocolates **Bowling Alley Excavators** Catering Handymen **Gun Sales Plumbers Financial Services Gun Smithing Dumpster Services Pet Grooming Appliance Repair Air Conditioning Property Maintenance** Transmission repair Computer repair **Carpet and Flooring Garden Center Auto & Truck Sales** 

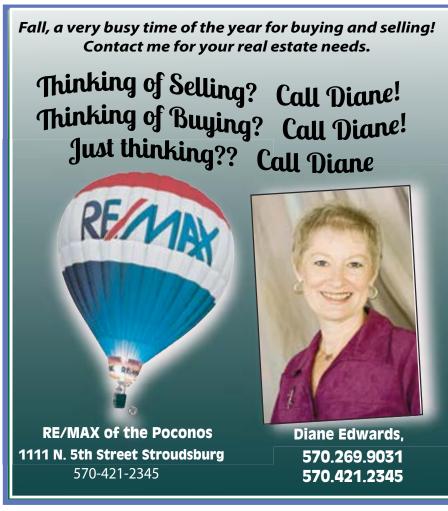
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#### **BUG REPELLENT**

I don't know about you folks, but for me, not being a winter sport sort of guy, I just bide my time in winter waiting for the warmer weather to return. But, warmer weather has its own little nuances, namely biting bugs. Last year I wrote an article about the annoving little critters, but I failed to mention my attempt to eradicate them. Actually, I got bitten so often, it began to ruin my outdoor activities tremendously, so I made it my life's work to repel or destroy every flying biting insect known to me.

While surfing the internet looking for ways to fight the little biting nippers I came across this tidbit of information:

"In recent years, garlic has been widely studied for its role in preventing heart disease and cancer, with somewhat mixed results. There is good evidence, however, that garlic possesses antibacterial, antiviral, antifungal, antiprotozoan and insectrepellent properties. Given the recent surge of the West Nile virus spread by infected mosquitoes, it's useful to explore the value of garlic as one more method for avoiding mosquito bites.

## udies have

Looking Back

A number of studies have shown that the oil fraction of garlic destroys certain species of mosquito larvae."

The article also went on to say that just the lingering odor of garlic can deter mosquitoes from an area for weeks.

Shoot, how simple can that be. Hah, case closed. Those little biting buggers were at the end of their days.

#### The war is on!

When I came home from the farm market with a large bushel of fresh garlic, my wife Patti, who sometimes has a hard time understanding some of my projects, just sort of sighed, mumbling something about "she can't wait to see what I'm cooking up THIS time."

I did tell her my plan, but she didn't seem too enthused. "Whatever," were her parting words as she left the room.

But, the word 'cooking' gave me an idea. Garlic by itself has an odor, but man, when you fry it in oil the aroma stays around forever. Hey, I had another thought, how about I throw in a couple of large onions, too. That should really do it.

So, into the big pot went a quart of oil and then I loaded up the pot with all the garlic and onion I had peeled, cut, sliced and mashed. Owee, that

odor just wafted throughout the whole house...and the back porch...and even the yard.

I have to admit, preparing the garlic did take a considerable amount of time. But I knew it was all going to be worth it.

After a few hours of simmering I had my concoction at just the right consistency.

I took about ten plastic plates, spread the garlic on them and placed them all around our outdoor decks. I put several on the lid of our hot tub, which we use quite often as a serving table when we have company.

This little chore gave me another idea.

It was time to have a picnic to show our friends how I solved the mosquito problem.

I went into the house to tell Patti to invite our friends over, but I found her sitting on the back porch crying. "What's the matter, darling?' I asked.

"Nothing!" she answered.
"Well, why are you crying?" I continued.

"Uh, I'm not crying, my eyes are watering from the..."

Just then, we heard the darnedest racket coming from the deck around back.

As we raced around the back of the house we were stopped

dead in our tracks by the most amazing thing we ever saw.

by Phil Dente

Did you know that a hot tub lid can not support the weight of a 300 pound black bear.'

Another thing, you always see films of bears wading in the streams and lakes and it makes you think they really like water.

#### Not true!!!

That bear was in the middle of our hot tub with the lid caved around him, and he did not like the water. He was thrashing and splashing like nothing I ever have seen. Pieces of the lid were flying everywhere.

We ran inside and continued watching from the window.

Now, the bear got up on the deck via the steps, but did he leave that way?

#### Noo!!

He went right through our railing, splintering it like toothpicks.

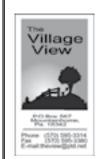
As he took off for the woods I noticed that not only was he wet but he seemed to be covered in my garlic concoction.

I said to Patti, trying to make light of the disaster, "If we want to find him, all we have to do is follow the smell." Need help with online tasks? From finding government forms to signing something digitally, Library staff would love to help! 570 595-7171

"Good idea, Einstein, please, go look for him," she mocked.

"Ah, you're not angry with me, are you.? Heck, it wasn't my fault."

"Darling, it never is your fault," she said, then kissing me on the cheek, she continued," I'm going to your sisters for a few days. Keep the windows open till I get back."



The Village View

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## Life, Or Something Like It

Why does it take a minute to say hello and forever to say goodbye?

Author Unknown

Here in our neck of the woods, we are about to experience a "changing of the guards" so to speak, an ending of an era, a final episode of a long-running, well-loved series. What many of us have been dreading has finally come to pass: Henry, our UPS guy, is retiring.

If you aren't from these parts, this might sound ridiculous, but I doubt there is another USP person in all of creation that is as loved by so many people.

I wanted to really flex my writing muscles and send him off with a Great Goodbye. I considered "An Ode to Henry" along the lines of "Ode on a Grecian Urn" but since Henry is not Greek or particularly urn-like, that didn't help. I read a few sonnets to see if I could find some inspiration but "How do I love thee? Let me count the ways..." seemed a bit over the top. (Sorry, Ms. Browning. You obviously didn't have a great UPS delivery man, or you would have written something more fitting.) I considered penning a limerick (*There once was a man with a truck...*) but kept coming up with very inappropriate stuff that would probably get me censored. Plus, it's pretty damn hard to find a rhyme for "Henry."

I finally decided that the only way to honor Henry is to just talk about the guy.

First of all, he isn't a saint. (I suspect I'll get some Henry back-lash for that.) He's the first one to point out when our lawn needs to be mowed or the driveway plowed. He gives us grief when he tries to deliver a package and we aren't home. ("What? On vacation AGAIN? Don't you two ever work?") He and my husband routinely pick at each other like an old married couple, kind of like Lucy and Ricky Ricardo but with more attitude. He is particularly ornery about certain items I order, and he is especially chatty about how many shoes I've purchased over the years. (Honestly, not that many. But you know how you can get "sensitive" items like incontinence products or medications or questionable magazines shipped in plain wrappers so no one knows what is inside? Well, I think Zappos should do that, too.)

At the same time, Henry is seriously a peach. When our girls were in college, he'd write notes to them on the outside of care packages we sent. When our dogs died, he teared up at the news and hugged me. Our dogs, by the way, loved him to pieces. No matter how deep into a nap, the sound of Henry's truck pulling into the driveway would rouse them immediately and send them dancing to the door in ecstasy. He gave dog biscuits and good pup rubs, and always stopped long enough to assure canines that they were the most wonderful creatures on God's green earth. I swear, our dogs almost melted

with glee in his presence. (Our cat, on the other hand, couldn't have cared less about Henry but then again, Christ could have walked through the door for the Second Coming and she would have just yawned.)

Although Henry has always known what was going on in every corner of our township, he has discretely kept confidences to himself. I always imagined, though, that if I could carefully pry open the top of his head and peer in, I would get a birds-eye view of all the things he knows but never discusses: Affairs. Illnesses. Money issues. Family dramas. My life would be infinitely more exciting if I could get the guy to share this dirt, but he's like a vault, dammit.

It's weird to say but, honestly, Henry is practically a part of our family. (Except, sadly, he doesn't take out the garbage or empty the dishwasher.) I can't picture what it will be like without him. He's watched our kids grow up and our pets come and go. He's seen us go from young to middle age to – God help us – pretty much old farts. He has survived longer than any of our appliances. But mostly, he knows us and pretends to like us anyway. God bless the man.

I'm sure I speak for most everyone around here when I say that I want you to have the best retirement ever, Henry. You've worked ungodly long hours under stressful conditions, especially in our icy, snowy part of the world. I want you to finally get the rest and down-time you deserve. But mostly, I want you to reconsider and stay here with us forever. Is that asking too much? Seriously?

Change is hard but some changes are harder. No Henry? That's the hardest change of all. Love you, H.





## The Art of Repairing and Building Musical Instruments

Dr. Ed Kosmahi, a gifted musician who preforms with the Doug Smith's Dixieland All-Stars, being skilled at preforming on most fretted instruments, will be speaking on how he became involved with the building of his own instruments. Be prepared for a demonstration of his musical talents.

This program is open to the public and will be held at The Friendly Community Center, 6683 PA 191, Mountainhome, PA 18342 on October 21, 2022 at 7 pm. For more information, please call 570-481-4622 or email stationmuseum@gmail.com.



#### The Village Scene



Megan Barrett Heather Day Lisa Sottung Connor Conti Matt Sweeney Denise Mulcahey Peggy Vogt Kathy Zudjelovic Ty Sheloski Jane Costanzo Joshua Clark Corissa Root Tommy Neville Sadie Mikels Elizabeth Crawley **Emilie Forssell** Logan Herring Rich DeLuca Andy Powell Tracy Powell Amanda Xhudo Indie G. Incavido



Ryan and Angela Locher
Rob and Becky Wilson
Dan and Jane Costanzo
Danny and Glynna Whitesell
Rick and Kathy Scrudato
Brick and Judy Linder
Greg and Debby Batzel
Lenny and Barbara Castellano
Michael and Connie Reed
Jeff and Allyson Clark
Jason and Michele LaBar

### **Bulletin Board**

Looking for a space to rent for a birthday or anniversary party, baby or bridal shower or event? Mountainhome UMC has space to rent for either weekly clubs or one time events! We offer low-cost space rentals for your celebrations at our church. Please call 570-595-2077 or email mountainhomechurch@verizon.net for details.

### Bring A Friend to the Cresco Station Museum

On Sunday October 16 the Barrett Township Historical Society is holding a special event for its members at the Cresco Station Museum beginning at 1 pm. The summer of 2022 was special in ways. Starting with the celebration of the reopening of the Cresco Station Museum on Memorial Day weekend to the arrival of excursions from Steamtown that brought visitors from the National Historic site in Scranton to bucolic Cresco Station. Everyone that volunteered or participated in these events had a wonderful time and this is the Barrett Township Historical Society's way of saying thank you to our members who make it all possible. The event will feature free food and live entertainment. The society encourages all of its members to carve out a little time on this date to come celebrate with us and bring a friend. Without our members there wouldn't be a Barrett Township Historical Society.

#### **Evergreen Fundraiser**

The Evergreen Community School has partnered with the Wilkes-Barre Scranton Penguins on a Fundraiser for the school on Friday November 18 when the Pens instate rivals the Hershey Bears come to the Mohegan Sun Arena for a game at 7:05 pm. On this night the Penguins will donate \$4 for each ticket sold as part of the group tickets to Evergreen Community.

#### The Canadensis American Legion

**Evans-Blitz Post 922** is having The Yesterday Band (the champions of 60's and 70's music) on Saturday Night, October 15, 2022 at our facility located at 3407 Spruce Cabin Road, Canadensis, PA. The times are from 6:00PM through 9:00PM. It is open to the public and there is no admission fee.

#### **Obituaries**

Mark Patrick Clancey, 62, of Henryville, passed away on Saturday, September 24, 2022; Marie E. (Spero) Grott, 82, of Tobyhanna, passed away on Saturday, September 24, 2022; Wade "Mick" A. Rinker, 91, of Paradise Valley, passed away on Wednesday, September 21, 2022; Ester (Calata) Tengco, 90, of Mount Pocono, passed away on Wednesday, September 21, 2022; Susan E. Weidenbaum, 73, of Pocono Township, passed away Wednesday, September 21, 2022; Frederick Eugene Culpepper, Jr., 83, of Henryville passed away on Sunday, September 18, 2022; Lawrence "Larry" Lepri, 73 originally from Dunmore, PA, passed away on September 17th, 2022; Richard John Lairson, 77, of Mountainhome, passed away Saturday,, September 10, 2022; Kevin Hartle, 63 of Henryville, passed away Thursday, September 22, 2022; Donald I. Mick, 89, of Cresco, passed away Wednesday afternoon, October 5, 2022; Norman R. Berger, 92, formerly of Henryville, died Tuesday, October 4, 2022; Frank A. Martens Sr., 88, of Mount Pocono passed away Wednesday morning October 5, 2022

## Barrett township Historical Society

1860-1880

Follow the footsteps of U.S. census taker, James Place, farmer, born in England, portrayed by Darryl Speicher, as Place tells stories of the life of the Early Settlers in the newly established Barrett Township 1860 and beyond.

Are you a descendent of Barrett's early settlers? If so, we as historians, would like to add your name to our list of Barrett families.

This free program is open to the public and will be held on Friday, November 18, 2022 at 2 pm at The Friendly Community Center, 6683 PA 191, Mountainhome, PA 18342. For more information, please call 570-481-4622 or email stationmuseum@gmail.com.



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Milk that doesn't have to be refrigerated? How does that work?

(BPT) - If you struggle with packing kids' lunches and on-thego snacks, or you'd just like to see less food and drinks wasted in your home, you can find the solution by choosing products in shelf-stable packaging, such as Tetra Pak® cartons.

A wide variety of products come in shelf-stable carton packaging, such as soups, broths, plant-based beverages and even dairy milk. Food and drinks packaged in shelf-stable packaging can be stored unopened and at room temperature for six months or more.

While some food and beverages stored at room temperature are familiar sights on the inner aisles of grocery stores, how can

products like dairy milk be stored safely without refrigeration for long periods of time? And, is there any

negative impact to the quality and nutritional value of the product?

Myths versus facts about shelfstable milk

While shelf-stable milk (sometimes called aseptic or UHT milk) is widely used in many countries around the world today, it is less common in the U.S. This may be partially due to habit and tradition, as well as some common misconceptions.

So, we're busting a few myths about shelf-stable milk:
Myth #1: Shelf-stable milk uses additives or preservatives to keep the milk from going bad
Fact: No additives or preservatives are needed. What keeps this milk safe is a combination of Ultra High Temperature (UHT) processing

and aseptic packaging solutions.

To keep shelf-stable milk safe to drink without refrigeration, the milk is pasteurized at ultra-high temperatures of 270-280 degrees Fahrenheit briefly before quickly being chilled. This UHT method helps kill bacteria which can lead to the milk going bad.

After being pasteurized at higher temperatures, shelf-stable milk is packaged to further protect the product from spoilage. Tetra Pak aseptic cartons are made from six layers that include paper, polyethylene (plastic) and aluminum. The aluminum layer is very thin but plays a key role in protecting the product from air and light, eliminating the need for preservatives or refrigeration before opening. Myth #2: The nutritional value of shelf-stable milk is not the same as chilled dairy milk Fact: The nutritional value of shelf-stable milk, measured by the level of nutrients such as protein,

calcium and Vitamin D, is no

different than chilled options and

meets all nutritional requirements.

Myth #3: Shelf-stable milk tastes different than chilled dairy milk Fact: While some say that shelf-stable milk tastes identical to refrigerated milk, others find that it has a slightly sweeter taste, which can be a result of the heat treatment. There is nothing added to the milk to change the flavor.

Myth #4: Shelf-stable cartons are not recyclable or sustainable Fact: Shelf-stable cartons are recyclable and can be tossed into your regular recycling bin. To learn more about carton recycling where you live, visit RecycleCartons.com.

Additionally, Tetra Pak cartons are made mostly from renewable resources that are better for the environment because they can be replenished over time and enable a move away from fossil fuel-based materials.

Variety of uses for shelf-stable milk

Since shelf-stable milk in cartons remains safe on the shelf without refrigeration for long periods of time before it is opened, it offers a number of convenience benefits and is great for nearly every occasion where milk is consumed.

Without the need for refrigeration, you can rest assured you'll always have milk in the event of a power outage and that the nutritional dairy milk you pack in the lunchbox will still be safe to consume several hours later.

Additionally, shelf-stable milk is a practical solution for large organizations like food pantries and schools. In fact, several school districts have studied the use of shelf-stable milk in their meal programs, finding that it led to a reduction in wasted milk.

Want to learn more about how shelf-stable milk is processed and packaged? Check out this video or visit TetraPak.com/en-us/solutions/ aseptic-solutions.

## Tackling climate change means leveraging beef's benefits

(BPT) - Beef is valued for its flavor and nutrition in cuisines worldwide. However, recently you may have heard that eating beef is bad for the environment, so you're unsure if you should limit consumption. What you may not have heard about are the benefits that beef cattle provide for the planet.

Beef is such an ingrained part of American culture, it's hard for most people to imagine their diet without things like hamburger and steak. Rather than limit consumption to effectively tackle climate change, community leaders can leverage the environmental benefits of beef. The experts at the National Cattlemen's Beef Association, a contractor to the Beef Checkoff, point to three different ways cattle contribute to sustainability and help preserve

Efficient land use
In the face of a growing global
population and a changing climate,
beef cattle provide necessary
protein in a uniquely efficient
way. In fact, 90% of what cattle

eat is forage and plant leftovers that people can't eat and would otherwise go to waste.1 Thanks to their unique ability to "upcycle" human-inedible plants into beef, cattle contribute more than three times as much high-quality protein to the U.S. food supply than they consume, directly contributing to food security

Another important point to remember is cattle can utilize land that may otherwise be unusable for producing food. Approximately 29% of the land in the U.S. is pasture and rangeland that is too rocky, steep or arid for growing food crops, but it's perfect for cattle.

Cattle graze and roam in these spaces, foraging for food and getting exercise.

Ecosystem support
Beef cattle grazing is a key
component of preserving and
conserving precious ecosystems,
many of which are at risk due
to a changing climate and
urban development. Cattle
grazing provides benefits such
as maintaining healthy soil,
preventing wildfires and preserving
open space for wildlife habitats.
For example, when beef cattle
graze, they fortify the land with
moisture and nutrients, making
it more resilient to drought,

minimizing wasted water runoff, increasing plant growth, reducing the risk of wildfire by removing undergrowth that acts as fuel, and amplifying carbon storage. What's more, animals and insects like humming-

birds, ducks, butterflies, ladybugs, elk and deer rely on the open land that beef cattle naturally maintain and protect.

Without cattle grazing the land, habitats would be permanently destroyed by development, and the consequences for cherished ecosystems would be devastating. Research shows many endangered plants and wildlife depend on the land which cattle graze and maintain across the U.S. Carbon is an important part of soil, helping with water retention and overall quality. Plus, sequestering carbon in soil is critical for buffering against the effects of climate

change, as it removes it from the atmosphere and instead stores it underground. The good news is that beef cattle help store carbon underground naturally when they graze on the land.

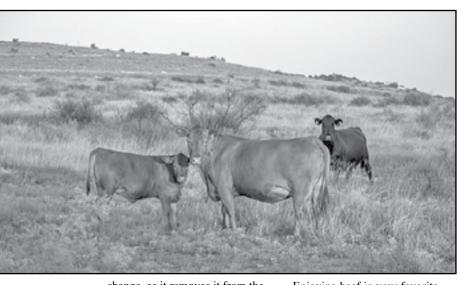
Most people don't know that between 10% and 30% of the world's carbon is stored in U.S. soil, protected by the cattle grazing on that land. If that land was developed, the carbon would be released, plus the land would no longer have the ability to capture additional carbon in the future

Studies found that beef cattle grazing on U.S. land is the equivalent of taking almost 6 billion cars off the road every year.

Enjoying beef in your favorite dishes doesn't have to be contradictory to your love of the planet. Understanding the full picture of beef cattle and the environment helps communities across the country and around the world make smarter, greener choices.

U.S., estimated to be about 7.4 petagrams of carbon (Pg C) in 2005, are projected to increase to about 8.2 Pg C by 2050.

\* EPA. 2021a. Inventory of U.S. Greenhouse Gas Emissions and Sinks: 1990-2019. U.S. Environmental Protection Agency, Washington, D.C.



### Scouts from Troop 89 went to Maine High Adventure Base at Lake Matagamon, Maine

Scouts from Troop 89 went to Maine High Adventure Base at Lake Matagamon, Maine this July to canoe over 70

miles on the Allagash Wilderness Waterway over five days..

They earned their 50-miler award, went fishing, visited historic site of northern Maine, and cooked and camped as a team.

The Scouts who attended included:

Jack Dunlap, Gavin Glukhoy, Conan Kier, Ben Kwashnik, Pasquale Megliola, Michael Onorato, Nic Petroff, Leo

Richman, and Mitchell Wescott.

The leaders included Ross Reichman and Shawn Wescott.





(appointments recommended) at Styles by Sue

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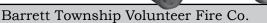




## Firecall

by Charlie







#### September 2022 alarms

9/1 - 1:16pm - 4 men - no trucks - assist EMS - acorn drive

9/4 - 11:49am - 6 men - no trucks - auto alarm - Ridge Circle - cancelled.

9/8 - 12:19pm - 11 men - 1 truck - kitchen stove fire - Lookout Point.

9/13 - 2:24pm - 8 men - no trucks - auto alarm - Evergreen Ln. - cancelled.

9/15 - 1:15am - 6 men - 1 truck - vehicle accident - Rt. 447

9/21 - 11:22am - 7 men no trucks - auto alarm - Leavitts Branch Rd. - no fire.

9/23 - 1:25pm - 9 men - 2 trucks - structure fire - Pine Hill Retreat.

9/30 - 6:35pm - 9 men - 1 truck - vehicle accident - Rt. 940 & Carlton Rd.



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#### The Village View

What's in your wine glass? How to go organic beyond the produce aisle (BPT) - The idea - and reality - of choosing

organic has come a long way since the movement's early days in the U.S. Decades on, a dizzying array of organic products line grocery shelves across the country. But, what about organics beyond the ubiquity of the produce

aisle? Today, eco-conscious consumers are considering the ingredients and environmental impacts behind just about everything we add to the proverbial cart. From clothing and beauty products to home décor and wine, organic practices deliver a one-two punch of health benefits (skip the pesticides, please) and earth advocacy (combat

climate change while you're at it).

**Choosing Organic** A change in seasons can be the perfect time to assess your organic game and make small swaps that

can have a big impact. Choosing organic doesn't mean overhauling every corner of your life. It means taking simple steps that matter to you.

For more sustainable fashion, think organic fabrics, natural dies, and brands that reduce their water use. Re-designing an interior space? Opt for furniture made from reclaimed wood and organic textiles. And when it's time to pick your Tuesday night wine, reach for a bottle n

organically grown grapes. Spotlight: Organically Farmed Wine

The modern foil to any eco-minded meal is a bottle of organically farmed wine. Producers of organic wine now span the globe, growing grapes in a way that nourishes the soil and keeps pesticides

out of your swirl-and-sip ritual. From the rolling hills of California the edge-of-the-earth terrain of Chile, here are two organic labels that deliver on crafting exceptional flavor and restoring delicate ecosystems:

BONTERRA ORGANIC **ESTATES - It's been 35** years since Bonterra began farming organically in Mendocino County, California, and today this B Corp certified winery is on the leading edge of the regenerative organic farming movement. By nurturing biodiversity and soil health throughout its **Regenerative Organic** Certified™ estate vineyards, Bonterra is combatting climate change one vine at a time.

**Bonterra 2021** Chardonnay, California

Notes of bright citrus and green apple leap from the glass, framed

by heady aromas of flower blossom, pear and spice. This well-balanced, organically farmed **Chardonnay lingers with** a hint of toasted vanilla on the rich and creamy finish.

Bonterra Bubbles Rosé,

California This delightfully fizzy Rosé comes in a recyclable can, has no artificial additives, and is made from 100% organic grapes. Crisp and effervescent, the wine sings with lively aromas of raspberry, strawberry and watermelon, layered over a palate of refreshing rosewater and lime zest.

CONO SUR - The Southern Hemisphere's answer to a B Corp winery with deep roots in organic farming, Cono Sur has 12 certified sustainable vineyards throughout Chile, including organically farmed sites in the San Antonio and Colchagua valleys. The winery's Organico collection epitomizes organic

practices with certified vegan and organic wine, wrapped in a label made from recycled paper.

**Cono Sur Organico 2021** Sauvignon Blanc, Chile An aromatic burst of grapefruit, lime and white flowers sets the stage for a zesty Sauvignon Blanc with bright acidity and clean minerality. This organically farmed wine was aged in stainless steel tanks to amplify its

Cono Sur Organico 2021 **Pinot Noir** 

inherently fresh charac

The organically grown grapes for this bright and lively Pinot Noir were harvested by hand to preserve the varietal's delicate fruit flavors. An intensely aromatic nose delivers rich notes of cherry and raspberry, underscored by a subtle suggestion of toasted oak

When it comes to choosing organic, no step is too small - and no glass of organically farmed wine should go un-sipped





The Friendly Community Center (THE FCC) Stay Healthy, Keep fit & Have Fun! Located at 6683 Route 191, Mountainhome PA

#### JAZZ & COCKTAILS

THANK YOU TO
EVERYONE WHO CAME
AND SUPPORTED THE
FCC AT OUR JAZZ &
COCKTAILS FUNDRAISER,
October 1st at the Buck Hill
Tennis Tea.

Special appreciation to our local business & Individuals: SPONSORS: Classic Properties-Mountainhome, ESSA Bank & Trust, Pocono Mountains Music Festival & Sunshine Carpets. Silent Auction donations: Skytop Lodge, Splinters Hatchet & Axe Throwing, Ertle Subaru, Theatre at North, Carlisle Nostrame, Ace Hardware Store Cresco, Callie's Candy Kitchen, Jackie & Darryl Speicher, Dutch Hill Preserves, Big Screen Escapes, Ross and Ross Nursery, Bodyworks Wellness Center, PICturesque Luxury Picnics, Indulgence Hair Salon, Trish Mainwaring, The Shawnee Craft Brewery and Friends of The FCC.

#### **NEW CLASSES:**

**ZUMBA-** Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise.

**Instructor:** Sandra Rivera **Time:** Thursday, September 15th & 29th at 5:45 PM Membership not required to attend

Cost: \$5 per classemail registration appreciated to: info@ thefriendlycommunitycenter. org

**POUND-** is a group fitness class that combines cardio, strength training and Pilates with drumming to achieve a full-body workout. Using

lightly weighted drumsticks, Ripstixs

**Instructor:** Sandra Rivera **Time:** Thursday, September 8th & 22nd at 5:45 PM Membership not required to attend

Cost: \$5 per classemail registration appreciated to: info@ thefriendlycommunitycenter. org

**TONE & STRETCH** – Some gentle stretching, Pilates inspired exercise, ending with relaxation breathing **Time:** Tuesdays from 4:15

-5:15 PM Instructor: Natalie Schultz-

Kahwaty, PhD **Membership**: Unlimited or Unlimited Quarterly \$195 Annually or \$55 Quarterly or \$5 per class

#### WOMEN'S GROUP

Come join us: Women of all ages are welcome to connect, share, and learn in a safe & fun group setting. Featuring monthly topics and discussions, guided by the group. Stop feeling alone and join in to a positive, fun, and connected community of women who support one another.

Facilitator: Jennifer
Malamas M.D. Leadership and
Wellness Coach

**Time:** 1st Tuesday of the month at 5:30.

This program is free and open to the public. Membership not required to attend

#### REGULAR PROGRAMS BARRE FIT

**Time:** Thursdays from 4:30 -5:30 PM

**Instructor:** Ashley Meinking, IBBFA Certified

**Membership:** Unlimited or Unlimited Quarterly \$195 Annually or \$55 Quarterly

#### BARRETT BIRDING CLUB

Time: 2nd Tuesday of the month 7 PM-Outdoor locations announced via email Facilitators: Darryl & Jackie Speicher and Tim Grover Membership: Basic \$30 Annually

#### **CARDIO TONE**

**Time:** Mondays from 4:30 – 5:15 PM

**Instructor:** Ashley Meinking, IBBFA Certified

Membership: Unlimited or Unlimited Quarterly \$195 Annually or \$55 Quarterly

#### **CHAIR YOGA**

Time: Mondays and Wednesdays 1:30-2:30 PM Instructor: Kimberly Matthew Membership: Member Plus \$50 Annually

#### **DANCE & MOVEMENT**

Time: Tuesdays at 2:00 PM Instructor: Natalie M. Schultz-Kahwaty, PhD Please call 570-481-4330 or send an email to: info@ thefriendlycommunitycenter. org to register for this class. This program is free and open to the public

## "IN STITCHES" KNITTING & MORE

**Time:** Thursdays from 1 – 2:30 PM

**Membership:** Basic \$30 Annually

Instructor: Carol Hillestad

#### LINE DANCING

**Time:** Every Wednesday (Except the 2nd Wed of the month) at 4 PM

**Membership:** \$30 Annual Basic

**Instructor:** Barbara Camlet

#### LOSS SUPPORT GROUP

**Facilitator:** Marilyn Schultz **Time:** 2nd and 4th Mondays of the month at 3:30PM \*Membership not required to attend

This program is free and open to the public. Please call 570-481-4330 to register to attend.

#### **MAH JONGG**

**Time:** Thursdays at 1:00 PM **Membership:** Basic \$30

## MOVEMENT and MEDITATION

Instructor: Ann Merli
Time: 11:00 AM on the 2nd &
4th Thursdays of the month
Membership: Plus, OR
Pay By Class: \$5 per class
\*Membership not required to
attend

#### SEATED TO THE BEAT

(The FCC version of Seated Zumba)

**Time:** Tuesdays from 3 - 4 PM

Instructor: Natalie Schultz-

Kahwaty, PhD **Membership:** Member Plus

\$50 Annually

#### **MEN GET FIT**

Time: Mondays and Thursdays at 3:00 PM Instructor: Bob Larsen NASM, C-PT, CES, PES, ENFA BTS

**Membership:** Unlimited or Unlimited Quarterly \$195 Annually or \$55 Quarterly

#### QI GONG AT SKYWOOD PARK

**Time:** Thursdays at 9:30 AM-Class will be held at The FCC if raining

**Instructor:** Kimberly

Matthew

Membership: Member Plus

\$50 Annually

#### YOGA TWICE A WEEK

**Time:** Tuesdays at 10:00 AM At the FCC & Online via Zoom

Instructor: Ann Merli, LMT, RMT, RYT500, AYS
Time: Saturdays at 10 AM AT the FCC & Online via Zoom
Instructor: Colleen LaScala
Membership: Unlimited or
Unlimited Quarterly \$195
Annually or \$55 Quarterly

#### WEEKLY WALKERS

**Time:** Tuesdays at 9:30AM, weather permitting

**Hike Guides:** Kathleen Lauer and Ernie Camlet **Membership:** Basic

#### PURCHASE A LEGACY BRICK IN MEMORY OR TO HONOR SOMEONE SPECIAL

Purchase an engraved brick in memory, recognition, honor of someone special, or to display your favorite saying. The cost of each 4" x 8" brick is \$100. Bricks will be prominently displayed along the ramp walkway at The FCC, or you may choose to display at your home.

For more information about programs, how to become a member or to sign up for the weekly newsletter call Nicole Abrams at 570-481-4330 and leave a message or send an email to: info@ thefriendlycommunitycenter. org.

For a full listing of programs and more information visit The FCC's website www. thefriendlycommunitycenter. org. Follow us on Facebook or Instagram Classes are offered IN PERSON and ONLINE to members.





## Nature at Risk: Why You Should Care About Bats

by Carol Hillestad for Brodhead Watershed Association Bats get a bad rap.

At Halloween, they're trotted out as scary decorations. People spread myths about them; like all bats are rabid, blind, blood feeding flying rodents, and likely to fly into your hair.

No, no, no, and no!

Bats are actually amazing mammals with well-developed eyes that have zero interest in people's hair. There are 1,400 species of bats worldwide. Only three types, none of which live in North America, feed on blood, supplied mostly from livestock and birds. Foxes and raccoons are far more likely to carry rabies than bats

In fact, bats do a lot of good for human beings.

Just one of our native little brown bats (*myotis lucifugus*) typically eats thousands of mosquitos, moths, and beetles in an evening. That protects people from bites and stings, and protects your garden and local farm crops from being eaten by those insects' potential offspring — millions of grubs and caterpillars. Bats are estimated to save farmers at least \$3.7 billion a year in pest control.

Alarmingly, populations of these useful, fascinating creatures have crashed by 90 percent since 2008, when the fungus that causes "white-nose syndrome" was found in Pennsylvania. Losing so many insect predators causes a cascade of problems — affecting forests, farms, and human health.

White-nose syndrome is believed to kill bats by increasing the amount of energy they use during winter hibernation. While hibernating, bats must ration how much energy they use, to survive without eating until spring. If they use up their limited energy reserves too quickly, many die.

Scientists are working to find solutions. In the meantime, you can help.

• Avoid spreading the fungus — stay out of caves and abandoned mines where bats hibernate. Nature organizations have put barred gates on important bat

caves obev sians and don't enter these protected places. Around your home, leave bats alone and don't disturb them. If a bat gets into the house. don't panic, and don't run for the

broom.

to other

Close doors



interior spaces, open windows and doors to the outside, and turn on all the lights. In most cases, the bat will find its way back outside. If it is exhausted, and roosts on a wall, cover the bat with a sturdy container and then slip a piece of stiff cardboard underneath as a lid. Take it outside and place on a ledge, bench or rock (to fly, bats need to start from a height). Remove the cardboard. And pat yourself on the back for doing a good deed!

For more information about little brown bats and other endangered bats, visit these websites:

https://www.whitenosesyndrome.org/static-page/how-you-can-help https://www.pgc.pa.gov/Education/WildlifeNotesIndex/Pages/Bats.aspx Nature at Risk is a series published by Brodhead Watershed Association. See brodheadwatershed.org.



## **NEIGHBORS HELPING**



## Barrett Township Community Shed

Many in our community are living without basic things most of us take for granted every day. This program was developed to help those in need in our community.

If you are moving, downsizing, settling an estate or buying new furniture and need to get rid of your old items, please contact us to donate. If you are in need of any items, please contact us for pick-up.

Some of the Items we accept:

- · Furniture: Dressers, Nightstands, Tables and Chairs, etc
- Small Appliances: Toasters, Irons, Coffee Pots, Lamps
- Linens: Sheets, Blankets, Pillows and Towels
- Pots and Pans, Kitchen Utensils, Dishes etc.

Please ensure all donations are in good condition and working order. We will not accept torn or damaged furniture. We reserve the right to accept or refuse any item.

Donations & Pick-Ups: The Community Shed is located at the Municipal Building (993 Route 390, Cresco) and is available for Donations or Pick-ups between 8am to 4pm Monday-Friday, call Pam Gardsy – 570-595-2602 ext 3 for an appointment. Gently-used items will be inspected and placed into inventory. The inventory list will be posted on Barrett Township's website: www.BarrettTownship.com. We ask that items be in good condition; we have the right to refuse any item.

#### Avocado-Inspired Charcuterie Boards

(NewsUSA - Whether you're creating a beautiful avocado rose or whipping up a creamy avocado dip, California avocados are the must-have ingredient for your charcuterie boards, sure to impress any guest! Whether you fancy savory or sweet, adding California avocados to your charcuterie board can help take your hosting skills to the next level. Plus, your guests will love that you included the California avocado trifecta -- taste, texture, nutrition. The California Avocado Commission encourages consumers to get creative in the kitchen and experience the great taste and creamy goodness that in-season California avocados have to offer Featured on the Food Network,

Hallmark Channel, E! and more for her impressive charcuterie boards and entertaining skills, food stylist Meg Quinn joins CAC in celebrating the season by developing a drool-worthy charcuterie board inspired by California avocados, a heart-healthy superfood. One-third of a medium avocado (50 g) has 80 calories and contributes nearly 20 vitamins and minerals, making it a nutrient-dense choice

"Entertaining is my passion, and there's nothing better than incorporating fresh, locally sourced produce on board creations," said Quinn.

"I love to add vibrant colors and versatile ingredients, which is why in-season California avocados pair beautifully with other flavors, elevating any dish and recipe. As the girl that adds avocado to every order, it only makes sense that I add them to my boards as well."

You can channel Quinn's creativity when you prepare her savory California Avocado, Cheese &

#### The Village View

Charcuterie Board, featuring a mouth-watering California Avocado Goat Cheese Dip with Crispy Prosciutto and served alongside a variety of meats, cheeses and fresh, colorful produce. To view Quinn's other board creations, such as her California Avocado and Fruit Board featuring Chocolate California Avocado Dip and Honey Citrus California Avocado Dip, or to learn about California avocados, visit CaliforniaAvocado.com.

#### California Avocado, Cheese & Charcuterie Board featuring California Avocado Goat Cheese Dip with Crispy Prosciutto

Serves: 4

Prep time: 35 minutes Cook time: 20 minutes Total time: 55 minutes

Ingredients

•California Avocado Goat Cheese Dip with Crispy Prosciutto (see makeahead recipe below)

- •2 ripe, Fresh California Avocados, halved, peeled and thinly sliced
- •7.5 oz. Brie wedge
- •11 slices Spanish Manchego
- •8 oz. white cheddar cheese, crumbled
- •2 oz. sliced dry salami
- •1.5 oz. sliced soppressata peppergarlic salami
- •4 oz. salami secchi, sliced
- •1 (5.3-oz.) package dried oranges
- •2 bunches seedless red or purple grapes
- •1 pint raspberries
- •1 cup olives
- •1/2 cup whole peeled almonds
- •1/4 cup honey
- •15 crostini or pita crackers Instructions: Make the dip following directions below. Place on serving board or tray, and artfully arrange the California avocado slices, cheeses, meats, fruits and remaining ingredients around the bowl, filling in any gaps.

#### California Avocado Goat Cheese Dip with Crispy Prosciutto Ingredients

- •2 slices prosciutto
- •1 ripe, Fresh California Avocado,
- seeded, peeled and cubed
- •4 oz. plain goat cheese softened to

#### room temperature

- •2 Tbsp. chopped fresh chives
- •2 Tbsp. chopped fresh basil
- •1 Tbsp. chopped fresh parsley
- •2 tsp. white balsamic vinegar
- •1/8 tsp. sea salt, or to taste
- •1/8 tsp. pepper, or to taste Instructions: Preheat oven to 400 degreeF. On a parchment-lined baking tray, line up prosciutto without overlapping, and cover with another sheet of parchment paper and another baking tray. Bake 15

to 20 minutes until crispy; do not overcook or burn the prosciutto. Remove and cool.

Combine remaining ingredients in a food processor, and pulse until combined and smooth, scraping down sides as needed; do not overmix. Alternatively, mix remaining ingredients in a large bowl, with a fork until smooth. Transfer dip to a serving bowl and crumble crispy prosciutto on top.





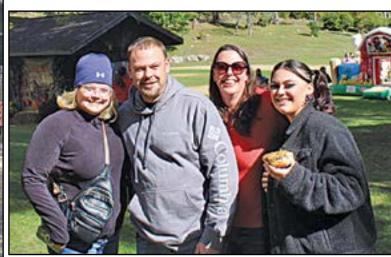




A once great event, the Fall Festival at High Acres Park in Canadensis hadn't been held now it's back. On Saturday October 8th, it was a beautiful day, and along with a great c and fun for the kids, everyone seem to enjoy theirselves.. Hope to see you all there next





































#### October Full Moon - Hunters Moon

"October, this is one of the peculiarly dangerous months to speculate in stocks in. The others are July, January, September, April, November, May, March, June, December, August, and February."......Mark Twain 1. 1908 –Thursday- The Ford Model T car, the first car to be made on an assembly line, was introduced for a price of \$825. This was a "very special 'Sales Event', we have to clear our showrooms for the 1909 models. Henry Ford said, "you can paint it any color as long as it's black".

2. 1956 - Tuesday The first atomic clock in the United States, the Atomicron. The basis of the timing was the constant frequency of the oscillations of the caesium atom - 9,192,631,830 MHz. It was priced at \$50,000. It came with a snooze control, 30 preset stations, sound effects such as "tropic rain forest", "gentle breeze", and "toilet flushing".

3. 1922-Tuesday- "Just the fax m'am"....Jack Webb....The first fax was faxed as city telephone lines were used for the transmission of a facsimile photo in Washington, DC. The photo was of the charismatic, President Calvin Coolidge. 4. 1957 - Friday The U.S.S.R changed the world as it launched the world's first artificial satellite, Sputnik, weighing 183 pounds and taking 98 minutes to orbit the earth in an elliptical path. What did Sputnik look like?- Think basketball with car antennae sticking out and pointing to the rear. 5. 1892 - Wednesday- The notorious Dalton Gang went kaput. The bank robbers, possibly attempting to get recognized by the Guinness Book of World Records, attempted to rob two banks in the same day in Coffeyville, Kansas. Big mistake. Cleverly wearing false beards so they wouldn't be recognized (the rifles they carried may have been a giveaway though), Emmett, Grat, and Bob, Dalton rode into town. The beards fooled no one and the heavily armed. angry, towns people attacked the gang as they tried to get away. Emmett Dalton, who had been shot more than 20 times, was the only one that managed to survive. 6. 1927 - Wednesday- The premiere of The Jazz Singer,

#### John Cafarella

'Gnus Almanacs available on Amazon

thought of as first talking motion picture. The Jazz Singer starred

vaudevillian Al Jolson, and was the first feature-length Hollywood film in which spoken dialogue was used as part of the dramatic action. It remains, however, only part-talkie (25%) with soundsynchronized to vocal musical numbers. The first ALL talking movie was The Lights of New York, 1928.

7. 1885 - Wednesday- Happy Birthday Danish physicist, Niels Bohr, who developed the idea that an electron could change orbits within an atom – a quantum leap. This was the basis for quantum

physics. 8. 1869 – Friday – Happy Birthday, James Frank Duryea, who, with his brother Charles Duryea invented the first automobile that was actually built and operated in the United States. In 1896 their company manufactured the first commercially produced U.S. automobiles; 13 cars were sold before the company failed. 9. Leif Erikson Day, celebrating the discovery of the New World by the Viking explorer who was always the Leif of the party. Erikson landed in L'Anse aux Meadows, Canada where he purchased tee shirts, refrigerator magnets and seashell earrings for the Mrs.

10. 1892 - Monday - Happy Birthday, Earle Dickson, inventor of Band-aids in 1920. Dickson's wife, a klutz, was prone to kitchen accidents - cuts or burns - (aren't we all?). He devised a way she could easily apply her own dressings and prepared readymade bandages by placing squares of cotton gauze at intervals along an adhesive strip and covering them with crinoline.

11. 1968 - Friday- Launch of Apollo 7, the first manned Apollo mission. Astronauts Walter Schirra, Donn Eisele and Walter Cunningham - 163 orbits in 260 hours. An interesting footnote is that this flight included the first disease in space. About 15 hours into the flight, Schirra developed a bad cold, and Cunningham and Eisele soon fell victim also. A cold is miserable enough here on earth but in the weightlessness of space mucus accumulates, filling the nasal passages, and does not drain from the head.

12. 1492 - Wednesday-

Christopher Columbus probably landed at Samana Cay in the Caribbean just in time for the Columbus Day sales. Columbus called the island (in what is now The Bahamas) San Salvador; the natives called it Guanahani. After sitting through a 3-hour presentation, he bought a Time Share with an Ocean View and a pool and returned for two weeks every February.

13. 1914 - Tuesday- Garrett Morgan, African American scientist and inventor patented a gas mask. On July 25, 1916, he made national news for using the gas mask to rescue several men trapped during an explosion in an underground tunnel beneath Lake

14. 1644 – Friday- Happy Birthday, William Penn, English Quaker and advocate for religious liberty who founded the colony of Pennsylvania. He created a written constitution for the colony which called for freedom of the press and the right to own private property. Pennsylvania had many of the rights and liberties that would later be granted the citizens of the United States through its constitution. 15. 1966 - Saturday- Possibly the worst driver in history. On this day in McKinney, Texas, it was reported that a male driver received 10 traffic tickets. He drove on the wrong side of the road four times, committed four hit-and-run offenses, and caused six accidents. all within 20 minutes. This is the norm for New York taxi drivers many of whom were probably herding goats a few months ago. 16. 1758 - Monday - Happy Birthday, Noah Webster, American lexicographer of Webster's Dictionary fame. What is a lexicographer? Thanks to Webster, you can look it up. He used American spellings like "color" instead of the English "colour" and "music" instead " of "musick". He also added American words that weren't in English dictionaries like skunk" and squash.

17 733 - Tuesday The Battle at Poitiers, aka Battle of Tours as Charles Martel defeated Abd al-Rachmans Omajjaden's Islamic army. This battle stopped the northward invasions of Islam from the Iberian Peninsula. It is considered by most historians to be of critical importance, in that it halted the Islamic conquests, and preserved Christianity as the controlling faith in Europe. 18. 1767 - Sunday Mason and and Jeremiah Dixon completed

Dixon draw the line. Charles Mason their four-year survey of the boundary between the colonies of Pennsylvania and Maryland. It was the only time the two worked

together.

19. 1216 - Wednesday King John of England went kaput. He probably was kaputed by a bout of dysentery but the most popular tale is that he succumbed to constipation, dying on the toilet. Hence the toilet is now known occasionally as the "throne" and the bathroom is the "iohn". 20. 1891 - Tuesday "So a neutron walks into a bar and orders a drink. When he offers to pay the

bartender says "for you it's no charge" ..... Happy Birthday, Sir James Chadwick, English physicist who received the Nobel Prize for Physics in 1935 for his discovery of the neutron. A neutron is a subatomic particle found in the nucleus of every atom except that of simple hydrogen.

21. 1879 - Tuesday - Thomas Edison invented the first practical light bulb. In 1878 the best source of lighting was gas. Unfortunately, gas tended to explode. The idea of electric lighting wasn't new. In fact, the first incandescent electric light was made in 1800 by the English scientist Humphry Davy.

22. 1969 - Wednesday "Paul is dead".....An undead somewhat confused Paul McCartney issued an official press release that he was not, in fact, dead. That really helped since everyone believes press releases. Eventually Life Magazine would track the nondeceased Beatle down to ascertain his not-deadness.

23. National Mole Day - From 6:02 in the morning until 6:02 in the evening many people celebrate National Mole Day. The Mole is a standard international unit of measure, and is the amount of a substance that has exactly 6.02 x 1023 particles in it. This number was conceived by Amedeo Avogadro in the early 1800's and its significance lies in the fact that one mole of atoms of an element will weigh exactly the atomic weight of that element when expressed in grams...so....it's the mole the merrier.

24. 1788-Friday Happy Birthday, Sarah Josepha Hale, American writer and author of the nursery rhyme, Mary Had a Little Lamb. She also played a major role in having President Lincoln declare Thanksgiving a national holiday. 25. 2137 B.C - Friday- Here lie the bodies of Ho and Hi, Whose fate, though sad, is risible; Being slain because they could not

Th' eclipse which was invisible.... Unknown..... Two astronomers of the Hsia dynasty Hsi and Ho, were executed for having failed to predict an eclipse of the sun. The ensuing eclipse resulted in widespread panic.

26. 1881 - Wednesday The Gunfight at the O.K Corral - subject of numerous western movies and myths. It was the Earps (Wyatt, Morgan and Virgil) and Doc Holliday vs. the Clantons & McClaurys in Tombstone, AZ. In less than thirty seconds of shooting, three men were killed – Frank McClaury, Tom McClaury and Billy Clanton - and three were wounded. Virgil Earp had been shot in the leg and Morgan Earp through both shoulders. Holliday was wounded in the hip. Only Wyatt Earp survived the fight unscathed.

27. 1925 - Tuesday Fred Waller patented the first water skis. They were called Dolphin Akwa-Skees. Waller did not, however, invent water skis. The inventor was eighteen-year-old Ralph Samuelson of Minnesota. On July 2, 1922, while being towed by a power boat driven by his brother, Samuelson discovered that leaning backwards on pieces of a barrel with tips up lead to successful water skiing. 28. 1886 - Thursday-The Statue of Liberty, a gift of friendship from the people of France to the people of the United States, was officially dedicated in New York Harbor by President Grover Cleveland. 29. 1901 - Tuesday Leon Czolgosz was rendered kaput. Czolgosz had assassinated President William McKinley on Sept. 6 as he was shaking hands at a reception line for an exhibition in Buffalo NY. McKinley died eight days later. Justice was swift in those days as the trial that lasted 8 hours and 26 minutes from jury selection to verdict. The electrocution was filmed by Thomas Edison. 30. 1938 – Saturday ..... Orson Welles' imaginary radio show, The War of the Worlds (written in 1898 by H.G Wells), reported an invasion from Mars and terrified listeners (who thought it was a real news broadcast.) As the play unfolded, dance music was interrupted a number of times by fake news bulletins reporting that a "huge flaming object" had dropped on a farm near Grovers Mill, New Jersey.

31. 1926 - Tuesday - Houdini kaput. Harry Houdini, the celebrated magician died of peritonitis in a Detroit hospital. Twelve days before, Houdini had been talking to a group of students in Montreal when he described the strength of his stomach muscles and their ability to withstand hard blows. One genius suddenly punched Houdini twice in the stomach. The magician hadn't had time to prepare by tightening his stomach muscles, and the punches ruptured his appendix, broke his index, strained his glossary, and



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#### District Court 43-4-02

District Justice Phillip Riley



#### The following individuals waived their rights to a preliminary hearing:

- •Tyliek Hunter, 22, of East Stroudsburg, charged with 2 counts of theft, and receiving stolen property.
- •Frank V. Marchello, 54, of Mount Pocono, charged with 2 counts of indecent assault, and 2 counts of falsely pretending to hold professional/occupational license.
- •Tenniqua Khadijah Brown, 27, of Brooklyn, NY., charged with retail theft.
- •Arnoldo Delrio, 43, charged with 2 counts of aggravated assault, possession of instrument of crime with intent, possession of a weapon, simple assault, reckless endangerment, disorderly conduct, possession of marijuana, use/possession of drug paraphernalia, and harassment.
- •Christopher R. Foods, 37, of Pocono Summit, charged with fraud, and 2 counts of conspiracy.
- Jose A. Vasquez-Recary, 35, of Hopatcong, NJ., charged with insurance fraud, 2 counts of conspiracy, theft, and 2 counts of criminal attempt of making a false report and theft by deception.
- •Samantha Crane, 34, of Swiftwater, charged with manufacturing, delivery, or possession with attempt, criminal use of a communication facility, and use/possession of drug paraphernalia.
- •Karen E. Swartz, 51, of Canadensis, charged with simple assault, intent to possess a controlled substance, use/possession of drug paraphernalia, and harassment.

#### The following individuals entered a guilty plea:

- •Natan Ruzhansky, 49, of Brooklyn, NY., charged with defiant trespass, disorderly conduct, resisting arrest, public drunkenness, and 2 count of harassment.
- •Walter T. Depute Jr., 41, of Cresco, charged with disorderly conduct, harassment, and cruelty to animals.
- •Long Chen, 34, of Flushing NY., charged with 2 counts of theft of services, use of marijuana, and use/possession of drug paraphernalia.

#### Charges against the following individual were held for court:

•Matthew Joseph Russo, 39, of Stroudsburg, charged with 2 counts of criminal attempt of homicide, 2 counts of aggravated assault, 2 counts of reckless endangerment, and 2 counts of simple assault.

#### Move to non-traffic

•Regina Christina Thomas,

19, of Tannersville, charged with 2 counts of criminal mischief, and disorderly conduct.



## Christmas Trees

Cut Your Own or Select From One of Our Fresh Cut Trees

ALL TREES \$50

cash only no credit cards

No Pets Please

Dec 3&4( Sat & Sun)
December 10 &11(Sat & Sun)
December 17 &18(Sat & Sun)

We will not be open black friday weekend

## William Price Nursery

104 Sonnys Trail Rt. 191 Cresco, Pa, Next to Seven Pines Park.

570-595-2800





### Library Letters

By MaryAnn Lewis

**J**reetings!

The days may be getting shorter but fall still has so much to offer! Crisp, cool air, colorful foliage, apples & pumpkins—some of my favorite things! Take advantage of the wonderful outdoor resources in our beautiful area, then stock up on books (print or virtual) at the Library to get you through those longer nights. Can't find what you're looking for at our Library? No problem! We can easily request materials from the other libraries in Monroe County and receive them within a day or two. You can place holds yourself in your online account or we're glad to do it for you.

**Library Hours** 

Mon, Tue, Thu, Fri, Sat: 10am -5pm Wed: 10am - 8pmThe Library is a Ballot Drop Box location for elections. The General Election is Tuesday, Nov. 8. Get all the info you need on vote. pa.gov and monroecountypa. gov or contact Monroe County's Office of Elections and Voter Registration at 570-517-3165.

Save the dates! Our annual Basket Raffle will be held Nov. 21 - Dec. 10. More details coming soon.

We are accepting donations of gently used costume jewelry to replenish our ongoing sale at the Library. Stop in and browse a unique selection of earrings, necklaces, bracelets, and pins at very affordable prices! All proceeds benefit library programs and services.

Have you browsed our Book Sale Corner lately? We have an abundance of items that have

been trimmed from the collection and we will continue adding more as we work our way through the Library! We have a lot of Large Print & Biography, as well as Juvenile and Adult Fiction. Bag Sale: All items (books, audiobooks, DVDs) \$5 a bag. What a bargain!

\*\*Please note that we **CANNOT** accept used book or DVD donations until further notice\*\*

Computer use: We recommend that you call ahead of time to schedule an appointment, but walk-ins are welcome as space allows.

**PROGRAMS:** Current programs & descriptions below. Check our Facebook page for additional programs, posts, and opportunities: www.facebook. com/BPFLibrary. Our live videos can be seen at www. facebook.com/BPFLibrary/live/ You don't need a Facebook account to view.

PROGRAMS FOR CHILDREN **Contact Chelsea or Jen** with questions: 570-595-7171 or email Ms. Chelsea at chelseabpfl@gmail.com.

Take & Make Mini-activities: Pick up coloring pages and simple crafts, then complete the projects on your own at home. Activities are available in the Children's Area.

Story Time at Ice Lake: Tuesdays in October 10:30-11am. Ages 0-5. All children are welcome to join us under the pavilion at The Barrett Township Community Park at Ice Lake for stories, songs, and games! Registration is not required. If it is raining on story time day, please check our Facebook page or call the Library for updates.

Cemeterrarium: Wednesday, October 19, 6:30pm. Ages 6-11. Build a spooky Halloween-themed terrarium with your friends at the library. Registration is required.

**Needle Felt Pumpkins:** Wednesday, October 26, 6:30pm.

Ages 12-and-up. Learn how to needle felt a 2-D pumpkin patch. Registration is required.

Halloween Party: Thursday, October 27, 10:30am. Ages 0-5. Come to the library in your Halloween costume for some spooky fun! We will read stories, play games, and trick-or-treat around the library! Registration is required.

Block Parties: Wednesdays, November 2 & 16, 2:30pm. Ages 0-5. Building with blocks develops a child's math and science skills and is lots of fun! Bring your children to a block party to build, talk, explore, and create together. All you need is your imagination. Registration is required.

Story Time at the Library: Thursdays, November 3, 10, & 17, 10:30-11:30am. Ages 0-5. Please join us for stories and songs in the Weiler Family Community Room. Space is limited, and registration is required.

Lego Challenges: Wednesday, November 9, 6:30pm. Ages 6-11. Join us in the Weiler Family Community Room for a series of S.T.E.A.M. challenges using Legos. Registration is required.

Illuminated Art: Wednesday, November 30, 6:30pm. Ages 12+ Learn the basics of electricity and how circuits function while creating a unique piece of artwork. Registration is required.

Tale on the Trail at Ice Lake Visit the Barrett Township Community Park at Ice Lake to embark on this family reading adventure! Follow the trail behind the pavilion and turn right. Enjoy a picture book as you stroll

along the path. The path is about 0.12 miles from beginning to end, and then you can continue around the lake or turn around

to return to the pavilion. The trail is mostly flat, but rough and rocky. Very young children may need help or prefer to ride in a stroller. Look for these books: Big Pumpkin by Erica Silverman in October and Wonder Walkers by Micha Archer in November.

#### **ADULT PROGRAMS**

Registration is required for each program. For more information or to register, please call: 570-595-7171 or email Lynn at I.vromanbpfl@gmail. com.

Wednesdays, 1pm, at the Library: Shakespeare Group The Bard is back! Join Pat Williams for this weekly literary experience discussing Shakespeare and/or other topics of interest to the group. Please contact Pat or call the Library if you're interested in attending.

#### **Adult Take-Home Craft: Macrame Feathers**

Show off your macramé talents with an easy, fun craft. We supply all the materials. Pickup begins Monday, October 17. You must register for this craft.

Tuesday, October 18: Virtual Afternoon Book Club 1:00pm Join our virtual afternoon book club on Zoom. This month, we will discuss No Graves As Yet by Anne Perry. If you're interested in joining, please call the Library for more details.

Tuesday, October 25: Virtual **Evening Book Club 7:00pm** Join our virtual evening book club on Zoom. This month, we will discuss The Silent Patient by Alex Michaelides. If you're interested in joining, please call the Library for more details.

Thursday, November 10: **Virtual Writing Group 6:30pm**  Join us on Zoom to discuss the art of writing while sharing work with the group. Contact Lynn for details and the Zoom link.

Below are a few of the online resources available through the Library. Take advantage of technology! Visit our website to browse more online resources and get details on using them.

#### **HeritageQuest**

Explore your family history through census records, books, obituaries, and more!

**Newspapers World** 

Collection: The largest online newspaper archive consisting of 179 million+ pages of historical newspapers from 20,000+ newspapers from around the United States and beyond. Newspapers provide a unique view of the past and can help us understand and connect with the people, events and attitudes of an earlier time.

#### Hoopla!

Borrow movies, music, audiobooks, ebooks, comics and TV shows to enjoy on your computer, tablet, or phone and even your TV!

OverDrive: Download and enjoy e-books, audio books, and magazines on your computer, phone, or portable device. The collection includes fiction and nonfiction materials for all ages.

Library Info: www.barrettlibrary. org; email brfpubli@ptd.net; 570-595-7171.

Read often and stay safe & healthy!

Mary Ann, currently reading The Silent Patient by Alex Michaelides, this month's Evening Book Club selection.



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#### Announcements

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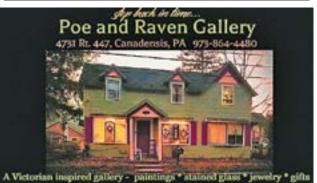
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### CryptoQuip

answer

The cereal fungus was rapidly encroaching upon the yearly crops of rye and wheat. Frgo, ergot.

#### Weekly SUDOKU

Answer

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#### Good luck on your retirement Deb. We wish you all the best



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#### Super Crossword

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#### **TRIVIA**

A group of frogs is called an army.

They can also be called a chorus or colony.

A group of toads, on the other hand, can be called a nest or a knot.

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#### **TRIVIA**

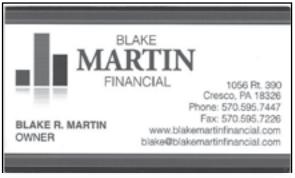
Hugging trees is forbidden in China.

Hugging trees was forbidden after the mass tree hugging that occurred outside of China's imperial garden. The Chinese government speculated that the tree huggers were part of a suspicious cult and banned the activity in the country.





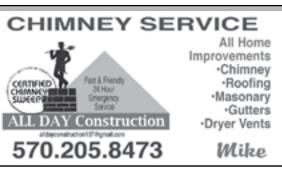








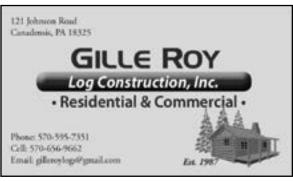




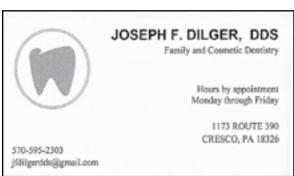














#### Trick or Treat

John Cafarella

Halloween was confusing. All my life my parents said, 'Never take candy from strangers.' And then they dressed me up and said, 'Go beg for it.'"

- Rita Rudner



Samhainophobia is an intense fear of Halloween. Yes, in case you haven't noticed, Halloween is again approaching. Other names by which Halloween has, and is still, known by include Calangaeaf, Day of the Dead, Feast of Spirits, Festival of the Dead, Martinmas, November Eve, Old Hallowmas, Samana, Samonios, Santos, Third Harvest, Third Festival of Harvest, Vigil of Saman, Vigil of Todos, Dental Appreciation Day, Leaving Pumpkins Outside Until They Rot Day, and Rent an Empty Store for a Month and Hang Up a "Halloween City" Sign Day. What we know as Halloween developed from the original Celtic name of Samhaim (pronounced sah-win or sow-in). Samhain is a Gaelic festival of Celtic pagan origins that marks the end of harvest season and the beginning of winter, which is celebrated between 31 October and 1 November. Several Popes attempted to replace "pagan" holidays like Samhain with their own religious observances. By 1000 A.D., All Souls' Day on November 2 served as a time for the living to pray for the souls of the dead. All Saints' Day, or All Hallows, proposed by Pope Gregory IV, honored the saints on November 1. That made October 31 All Hallows Eve, which later became Halloween.

As for "trick or treat"? We believe that as Halloween becomes more and more dangerous (eggs, shaving cream, vandalism, and worse) people may eventually no longer leave their homes and will do everything via Twitter, calling it "trick or tweet". The process will involve tweeting the "trick or treat" message on Twitter and the tweetee will then tweet back a picture of a Snickers (wrapped of course). The twitter (twit?) will

then print the picture and eat it. The earliest known reference to "trick or treat," was in an article in Michigan's Bay City Times which published a story describing the fatal ultimatum of Tricks or treats" and its dreaded utterance "by some small child who clutched in one grubby fist a small chunk of soap capable of eliminating the transparency from any number of windows. The custom of "trick or treat' probably has several origins. An old Irish peasant practice called for going door to door to collect money, bread cake, cheese, eggs, butter, nuts, apples, etc., in preparation for the festival of Saimhaim. This celebration then developed, merging with the Christian All Saints' Day to become Halloween. In exchange, they would offer to pray for the souls of their neighbors' recently departed loved ones. Yet another custom was the begging for soul cakes, (little cakes that are a cross between a biscuit and a scone and are traditionally made for All Soul's Day, which is on the 2nd of November – we're not sure if you can dip them in milk) or offerings for one's self - particularly in exchange for promises of prosperity or protection against bad luck.

The wearing of robes and masks that were means of protection for practitioners in the seventeenth and eighteenth centuries, morphed into a custom of wearing masks and costumes on Halloween and parading from house to house. This became known as "guising," and it is believed to have originated from Scotland. And yes, that's where the word disguise originated. They dressed and painted to look like ghosts, ghouls, long bearded men from TV reality shows, CNN news anchors, the cast of Real Housewives of anywhere, any Kardashian, and other bizarre supernatural creatures. The guisers would parade from house to house, singing and dancing to intimidate malicious spirits and keep all evil at bay.

In the late eighteenth and early nineteenth centuries, the customs of guising became masquerades for children. On Halloween they went door to door begging for apples and nuts and singing traditional Halloween folk songs, like this ditty from the English county of Shropshire: Soul! Soul! A soul-cake! I pray, good missis, a soul-cake! An apple or pear, a plum or a cherry,

Any good thing to make us merry,

One for Peter, two for Paul, Three for Him who made us all. Up with the kettle, and down with the pan,

Give us good alms, and we'll be gone.

If the guisers were refused a "treat" they would retaliate with a prank of some sort known as a "trick," hence the term "trick or treat." Traditional tricks in England were, stopping up chimneys with pieces of

See page 26





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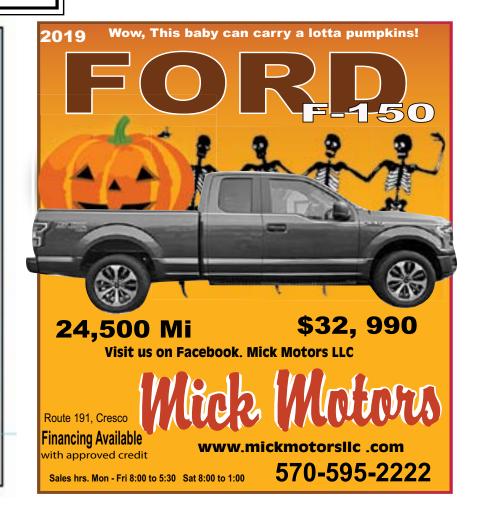
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## Halloween Happenings:

Haunted Woods at Skywood Park: Saturday, Oct. 15, 2022 from 6:00-10:00 pm.

Scarecrowville: Visit <a href="www.barretthalloween.com">www.barretthalloween.com</a> for more information and to register your home or business! Registration deadline is October 20th

Halloween Parade: October 23, 2022 - 2pm (Rain date –
Oct. 30). Presented by the Rotary Club of the Pocono
Mountains. Don't miss Barrett Township's longest running
tradition. Fire trucks, music, creative floats, antique cars,
spooky guests and more! You can get more information or
register your float on the website: www.barretthalloween.com.

Trick or Treat: October 31, 2022 - 6-8 pm

Don't Forget to get out and VOTE! Election
Day – November 8, 2022, polls are open from 7 am-8 pm.
Every vote counts so please exercise your right to vote!

Reminder: Stay on top of all that's happening in Barrett Township – attend the Supervisors Meetings and Workshop! The schedule is as follows:

- Meetings 2<sup>nd</sup> Wednesday of the month at 5:30 pm and 4<sup>th</sup> Wednesday at 8am.
- Workshop 3<sup>rd</sup> Wednesday of the month at 8am.

www.BarrettTownship.com

HARRISBURG – Rep. Rosemary M. Brown (R-Monroe/Pike), majority chairwoman of the House Urban Affairs Committee, hosted a public hearing to receive testimony on Northeastern Pennsylvania, and other areas of the Commonwealth, which continue to experience a limited market for attainable and affordable housing.

"With the demand for housing growing stronger and stronger, the preservation and creation of affordable and attainable housing needs to be a focus," said Brown. "Every person deserves the opportunity to live in a safe and affordable home and I am continuing to receive feedback, especially from seniors on this need. I will continue working hard to sponsor legislation and open the dialogue on ways to combat the housing crisis in my region and all other regions in our Commonwealth, from a multi-faceted approach."

Wednesday's hearing was aimed at taking a deeper look at the Commonwealth's housing crisis through the testimony of industry and housing experts.

"We've faced a global pandemic, along with a changing work environment, both of which have caused an increase in mobility trends," said William Clauss, chair of the legislative committee for the Pennsylvania Association of Realtors. "These trends have put unique stressors on housing markets in different areas, including many rural Pennsylvania communities, and overall purchasing power gets lower each time interest rates rise."

Testifiers shared the difficulties both home buyers and sellers are experiencing from juggling stagnant incomes and increasing inflation with the costs and challenges of finding land for housing, development obstacles, the ongoing issue of blighted properties and turning them over quickly, and the rapid residential migration into Pennsylvania.

"The modern need for attainable housing needs to be discussed with the public, especially from a senior and workforce angle," Brown said. "It's critical we try to meet the needs of the community responsibly."

"Whether rural or urban or ex-urban or suburban, the programs you are supporting -- both for new housing and for urban redevelopment -- are vitally important to increasing the total number of available units in all our regions," said Tom Campbell, director of housing initiatives for Pocono Mountain United Way.

Other aspects of discussion included the rate of the growing senior population in the Commonwealth with the needs for housing, accompanied by long waitlist periods for senior living.

"We had over 80 applications for eight units and are using a lottery system to choose tenants," said Ed Kaminski, director of quality living for Landis Communities. "We stopped taking applications, but we are carrying an open interest list and over 150 are on this list for future turnover of units. We continue to get calls for affordable units at this building daily."

Policy suggested by the testifiers included preservation/creation of urban and rural housing, additional rental assistance programs, increased low-income housing tax credits for construction, as well as more affordable property taxes and business development to assist with those taxes.

Brown added, "The Basic Education Funding Commission that I supported strongly as well as Chairman Mike Sturla, assisted in improving the fairness of the state school funding formula and is building year after year. We also dedicated \$750 million to basic education this past budget, which is distributed with the new formula. Over the last 10 years, local Pocono school districts have improved in their state funding dramatically; however, the cost of educating a child locally is well above the state average. Also, business creation in the Pocono region should be higher to alleviate the tax burden on residents while creating quality employment."

Other testifiers in attendance included: Andrew Haines, Pennsylvania Developers Council/ Gatesburg Road Development chair; Melissa Grover, director of government affairs, Pennsylvania Housing Finance Agency; Aaron Zappia, senior government relations manager, Housing Alliance of Pennsylvania; Chris Barrett, president/CEO, Pocono Mountain Visitor Bureau; Linda Kauffman, executive director, Housing Authority of Monroe County; Linda Kauffman, executive director, Housing Authority of Monroe County; Claude Hicks, senior vice president of real estate development, HDC Mid-Atlantic; and Malynda Hivner, vice president of development, Presbyterian Senior Living.

To view the hearing visit www.RepBrown.com.

### Super Crossword\_

#### GOOD DOGS!

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A man went to the police station wishing to speak with the burglar who had broken into his house the night before.

"You'll get your chance in court," said the desk sergeant.

"No, no, no!" insisted the man. "I want to know how he got into the house without waking my wife. I've been trying to do that for years!"

A woman is walking on the road and a voice shouts out, "Don't take a step further." She obeys and suddenly a ton of bricks fall on the place where she would have otherwise been. She thinks she imagined it and keeps walking until suddenly the voice calls out again. "Don't take a step further." She stops and a car skids past. Then suddenly she hears the voice saying "I am your guardian angel, and I will warn you before something bad happens to you. Now do you have any questions to ask me?" Yes! Shouts the woman, "Just where were you on my wedding day!"

My girlfriend is furious with me because she found a bunch of hidden letters that

revealed I was cheating on her. Now she refuses to play Scrabble at all.

A Father is asked by his friend, "Has your son decided what he wants to be when he grows up?" "Yes, he wants to be a garbage collector," he replies. To this his friend responds "Strange ambition to have for a career." "Well, he thinks that garbage

collectors only

work on Tuesdays!"

## Weekly SUDOKU

#### by Linda Thistle

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#### DIFFICULTY THIS WEEK: •

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#### What's in Your Wine May Surprise You

The Modern Wine "Factory" Even under FDA regulations, US mass wine producers like many in California can include up to 70 additives in their wines. Colorings like "mega purple" or "ultra-red", synthetic fertilizers, tartaric acid, powdered tannins, and gum Arabic don't even have to be disclosed on the label. Once again, consider California wines: overall, many aim for consistency year after year. Mass producing wine in some parts of the world is more like a factory than a vineyard. Though there is something to be said for uniformity, a lot of the magic of winemaking is lost. It's no surprise that all-natural and organic wines are gaining popularity year after year. What's Old Is New Again Not all wine regions use these artificial tactics. Natural winegrowing and winemaking are not new to Bordeaux. Not only has this region been making wine naturally for centuries, they are literally required to do so. They believe in the art and science of maintaining the holistic health of the region as well as each individual estate's ecosystem. Only nature determines the wine. Artificial enhancement or even irrigation is forbidden.

In Bordeaux, it's more than

just the law. It's a passion for winemaking methods passed down for hundreds of years. It all starts with the "terroir"- the soil and unique climate conditions where the grapes are grown. Vineyards on two sides of the same hill can produce vastly different characteristics. "Every year nature provides wine makers in Bordeaux a fresh canvas," says sommelier and wine expert Joel Prato. "This relationship with nature is evident in the unique taste of each Bordeaux vintage." In a place like Bordeaux, the seasons also have a huge influence on the character of a vintage. Weather can make or break a year. For example, a 2013 Bordeaux is a rare sight as fluctuating weather conditions meant many vineyards didn't have a crop to bottle. Nature determines production, not factory settings. Making Music (and Wine) Making natural wine is not always easy. To combat the elements, innovative winemakers like Damien Landouar of Château Gaby are turning heads by introducing techniques like Genodics - playing music to the vineyards to boost their natural immunity. When you can't count on additives and chemicals, you have to be creative. His vines most likely have better taste in music than most people. Highly Rated, Naturally If you're new to natural wines

want to try a highly rated vintage from the region, here are some recommendations:

Château Gaby (Canon Fronsac) - Grown on a 350-year-old vineyard, Château Gaby is truly Bordeaux's best-kept secret. This complex and well-structured merlot blend is ranked in the top 1 percent of all wines in the region by Vivino and given 92 points by Decanter Magazine. Château Auguste Rosé (Entredeux-Mers) - Step aside Provence. Bordeaux is making a statement with this organic rosé. Racy, precise, and light on its feet, Château Auguste celebrates strawberries and tangerines with bright minerality.

Château Moya (Côtes de Castillon) - A picture of elegance, smooth and balanced. Taste how good organic can be with Château Moya. Awarded 96 points by Jancis Robinson, this wine is a heavenly pairing for delicate cheeses and fresh, seasonal dishes.

Château Du Parc (Saint Émilion Grand Cru) - Château Du Parc is grown on older vines in an appellation known for its wine since the days of Ancient Rome. This broad-shouldered and spicy blend of Merlot and Cabernet Franc was given 94 points by James Suckling. Learn more at chateau-duparc.com.

The holiday season is a time to celebrate with friends and family. These good times of laughter and love are all natural. Shouldn't your wine be too?

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#### Trick or Treat from page22

blowing smoke through keyholes, smashing glass bottles against walls to simulate the sound of windows smashing, playing Michael Bolton songs at top decibel, or leaving copies all seven volumes of the Proust's Remembrance of Things Past to block the door. In the nineteenth century guising and Halloween migrated to the United States via Irish immigrants and eventually evolved to what Halloween is known today. Families can, in theory, avoid being tricked by providing small treats for the neighborhood children. In those days, the jack-o'-lanterns were carved out of turnips, potatoes and beets instead of pumpkins.

from places like Bordeaux or

By the way, Stephen Clarke holds the record for the world's fastest pumpkin carving time. He did it all under 24.03 seconds. Because we know that you worry about these things, Pumpkins are classified as a fruit, not as a vegetable. As for the range and black colors of Halloween? Orange signals the harvest of autumn, while black is a symbol of darkness and acts as a reminder that Halloween once was a festival that marked the boundaries between life and death. Those Halloween treats? It wasn't until the 1950s, when candy makers began to promote their goods for Halloween, that candy became a staple on the trick-or-treating circuit. These days, one quarter of all the candy sold in the U.S. each year is purchased for Halloween. Alas, we do not have statistics on the number of follow up visits to dentists in November. Closer to home Barrett Township calls itself Scarecrowville each Halloween. Scarecrows symbolize the ancient agricultural roots of the holiday. Greek farmers created the first scarecrows that look like people to protect their crops. Crows were the culprits so that's how the name originated. And finally, again, because we think you need to know, the mask worn by murderous Michael Myers in the 1978 movie, Halloween was actually a William Shatner mask. The movie's production designer purchased it for \$2 mask from a Hollywood Boulevard magic shop. He spray painted it white and......" It's the boogeyman! The boogeyman's

Lastly, some tips for discouraging Trick or Treaters: While holding a drill, answer the door dressed as a dentist. Give the trick-or-treaters a two-hour lecture on tooth decay. Give away something other than candy such as toothpicks, used golf balls, or eight-year-old editions of the Village View featuring Phil Dente selfies.



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