

WINGS AND (KETO VEGAN) THINGS

All items listed are 7g Net Carbs or Less

VEGAN CHICK'N WINGS

Fried without Sauce

2PC

\$6.99

4PC

\$13.99

SANDWICH'ISH...

Ditch the Bread and Get It....



“In the Grass” – On a bed of Kale or Lettuce

“In the Snow” – On a bed of Kale or Lettuce with Shredded Cheese

“On the Field” – Side of Sauteed Cabbage

Bleu Cheeze, Vegan Ranch or Vegan Mayo Included

Pesto Chicken \$12.99

Grilled Chick'n, Basil Pesto, Roasted Red Peppers

Veggie Burger \$12.99

Grilled Chicken \$12.99

Philly Cheese Steak Grinder \$14.99

Carved Grilled Steak, Grilled Onions, Grilled Red Peppers

Chicken Philly Grinder \$14.99

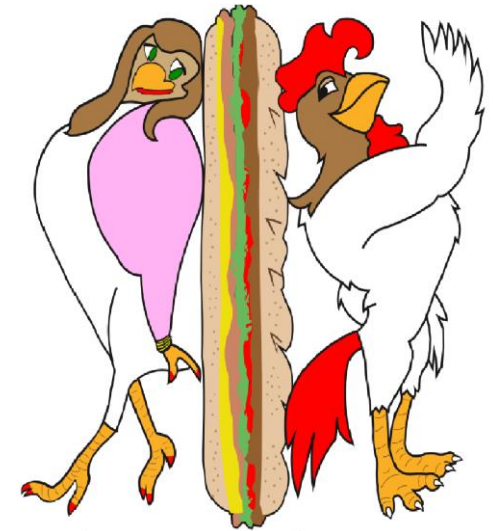
Grilled Chick'n, Grilled Onions, Grilled Red Peppers



Total Carbs – Fiber = Net Carbs

B&B Wings and Things, LLC would like to inform you that there is a significantly increased risk associated with consuming raw, undercooked, or foods not processed to eliminate germs and may increase your risk of foodborne illness, especially if you have certain medical conditions.

Taxes not included in menu ; prices subject to change



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Stay connected with us

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