



## *Sistah's Empowering Sistah's Newsletter*

### ***Embracing New Beginnings***

Elder Tammy McNair, Founder

Praise the Lord my Sistah's and welcome to Sister Circle Ministries first edition of "***Sistah's Empowering Sistah's***" Newsletter.

We are certainly in a new place in God. I hope you can see, feel and embrace it. The word of God tells us in Isaiah 43:18-19, the LORD says, "Forget what happened before, and do not think about the past. Look at the new thing I am going to do." It is already happening. Don't you see it? I will make a road in the desert and rivers in the dry land. (NCV)

Sistah's where we were in 2009 we are no longer there! We have stepped into a new place in 2010 and if we are in a new place, there are new beginnings. If there are some things that you do not do anymore from 2009, your mind has been renewed; you are in a new place of your thinking and how you do things. Those things that use to bother you or get under your skin when you hear certain things or see certain people no longer affect you anymore; you're in a new place in your mindset and you have let some things and people go and forgiven them.

So embrace and continue to be encouraged and empowered through the remainder of the newsletter as our Sistah's share their new place and their new beginnings. Come on a journey along with us as our Sistah's share from their spiritual hearts.

If you are in the same mindset and doing things the same way, I'm sure you are getting the same results that you do not want. It's time to step outside that comfort zone and do something new. Shake off the fear and step out by faith because God wants to do something new in YOU! Yes, YOU!

***Elder Tammy McNair  
Sister Circle Ministries***

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#### Inside SES Newsletter Issue:

A New Place For You	2
Sisters, Step Into The New	2
Bitterness vs. Sweetness	3
Living By The Spirit	4
God Of A Second Chance	5
About Sister Circle	6
Upcoming Ministry Events	7
Mother's Day Poem	8

## A NEW PLACE FOR YOU

***"I will do a new thing in you. I will do a new thing in you. Whatever you pray for, whatever you ask. I will do it for you says the Lord."***

The Holy Ghost woke me up with this song several weeks ago and it is still resonating in my spirit. In **Isaiah 42:9** the Lord speaks - **Behold, the former things are come to pass, and new things do I declare: before they spring forth I tell you of them.**

And I thank the Holy Ghost for the assurance that the old is going away. My way of doing things is old. My way of looking at or perceiving situations is old. The Lord's way, that's what I have been seeking -- for I am giving him full control of my life.

Before I go any further, let's look up the word "new." Made or become fresh, recent, modern, having existed or made for a short time.

Lord I thank you for taking your hands and making this "new" in me. You are the Creator you know what I need. Many may think that they know what Beverly is in need of. Only God goes into the deep recesses of the heart

and "knows" what's going on with you.

Let the God that created the stars, the moons and this human race, take your life into his hands and make it brand new. He will touch you spiritually, physically and emotionally in all places of your life. God has touched my physical body with miracles. He has settled my emotions to trust in Him. No other person in your life can take on this magnificent work--to give you a newness and freshness, made to order, just for you.

My praise will go on forever for what he's done for me and you - **Sing unto the LORD a new song, [and] his praise from the end of the earth...Isa. 42:10**

Lord let me hear you and uncover all that you will do for me - **Thou hast heard, see all this; and will not ye declare [it]? I have showed thee new things from this time, even hidden things, and thou didst not know them. Isa. 48:6**

So you daughters of Zion, come with me to this new place, he's waiting on you - **Cast away from you all the transgressions**

**which you have committed, and get yourselves a new heart and a new spirit. For why should you die, O house of Israel? Ezek 18:31**

God speaks again in Revelation 21:5 - **And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write: for these words are true and faithful.** The promises of God are Yea and Amen.

***"I will do a new thing in you; I will do a new thing in you. Whatever you pray for, whatever you ask. I will do it for you says the Lord."***

**Evangelist Beverly Goodwin**



## SISTERS, STEP INTO THE NEW

You may ask the question how can I step into the new. It takes **FAITH!** **Hebrew 11:6 reads,** But without Faith it's impossible to please him; for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

Second, **Believe** in your God and know he's in control of every aspect of your life.

Third, **Listen** to God when he speaks to your heart

Fourth, **Obey** God's divine instructions concerning you.

Fifth, **Be Constant** in God and he will direct your steps.

For **Psalms 37: 23 reads,** the steps of a good man are ordered by the Lord, and he delighted in his way.

The Lord is always up to something in our lives. So allow God to move you from the old place to a new place in him spiritually.

Consult God about YOU! If it's a spiritual renewal, a new ministry, a gifting, a better you or whatever it may be allow the HOLY SPIRIT to do the work in you.

So Step my sisters into your new and let God step with you.

**REMEMBER GOD DELIGHTS IN YOU and HE WILL DIRECT YOUR PATH!**

**Evangelist Anita Bryant**



## BITTERNESS VS. SWEETNESS

**Colossians 3:19** – *Husbands, love your wives and do not be bitter toward them.*

**Proverbs 24:13-14** – *My son, eat honey because it is good, and the honeycomb which is sweet to your taste; so shall the knowledge of wisdom be to your soul.*

***Trials bring patience,  
Patience brings experience,  
Experience brings hope.***

I held onto bitterness in my marriage for 18 years. This bitterness that I allowed in sucked the life out of my soul. The bitterness I had in me not only destroyed my relationship with God, it also allowed my husband to become bitter towards me as well. When a relationship bares bitterness, the sweetness fades away.

God's word states that our husbands should have no place in their hearts to be bitter toward their wives. He specifies that husbands should love their wives and wives should submit to their husbands.

When you are bitter it leads to envy and self-seeking in your heart, wherever envy and self-seeking exist, confusion and every evil thing will be there. If you allow bitterness in your life, you become poisoned by bitterness. Therefore submit to God. Draw near to God and He will draw near to you.

Don't cover up lies with sweetness. Human nature allows us to think that a lie is acceptable, even pleasing to our ears, if it is what our heart wants to hear. The truth is our ears love sweet lies as much as our tongues love sugar.

Like all addictions, we tend to underestimate or disregard the hold sweet lies can have on us until some unfortunate incident occurs, forcing us to face reality.

Believing the sweet lie of sugar, many go from wanting something desirable yet destructive, to needing something desirable and destructive in greater and greater quantities. The more sugar you eat, the more you want; all the while dismissing the damage it was doing to your body.

It is no different with words. Once we contemplate sweet lies and then partake of them, we become, over time, increasingly dependent on them to get us through the day and maintain the same level of satisfaction.

Suffice it to say; entertaining sweet lies is a

slippery slope; which is why we are commanded in scripture, time and again, to avoid anyone who repeatedly adds to, subtracts from or contradicts God's Word.

We wonder why year after year we stay in the same season. We pray, ask God, "Why am I not receiving my blessings? "Why am I suffering from someone else's affliction?" It's because you have allowed the bitterness to overcome your soul. Instead of pondering on the one who brought you the bitterness, look in the mirror and examine yourself.

**Acts 8:23** *For I see that you are poisoned by bitterness and bound by iniquity.* Never allow Satan to strip you of being absence of moral or spiritual values; "the powers of darkness." Because of the bitterness I continued under the power of sin, yet I still put on a form of godliness. You can not fake bitterness; our hearts are what they are in the sight of God, who cannot be deceived. And if they are not right in his sight, our religion is vain, and will stand us in no stead. A proud and covetous heart cannot be right with God.

**Psalms 110:103** *How sweet are your words to my taste, Sweeter than honey to my mouth!* David took pleasure and delight in the word of God, it was sweet to his taste, sweeter than honey. He experienced spiritual taste, an inward savour and relish of divine things. The word of God is sweet, very sweet, and sweeter than any of the gratifications of sense, even those that are most delicious.

With that said, we know it is definitely time to get rid of the bitterness and let God bless you with the sweetness of life. I had to choose whether to let go of the bitterness and keep the marriage or keep the bitterness and let go of the marriage. I finally surrendered and chose to let go of the bitterness. I wanted to restore my relationship back with God and experience the spiritual taste of sweetness that He had to offer.

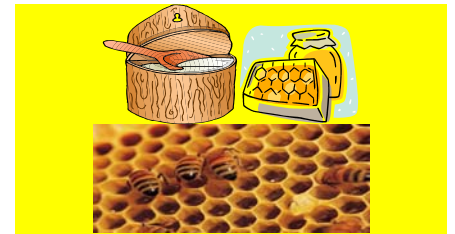
**Genesis 1:1** *In the beginning God created the heavens and the earth.* The world and all things in it were created by God. These were God's new beginnings. As Christians we should be mindful of our duties, which are always to keep heaven in our eye, and the earth under our feet.

In closing, your new beginnings starts with your choice of letting the bitterness go. God hears, sees, and knows everything that you

went through. The unfolding happens when you have released the bitterness, so you can now embrace the new beginnings of what God has for you. Allow God to give you the opportunity to a spiritual taste of sweetness. Always know that whether you are in the best place or the worst place, God knows exactly where you are and He is with you. It is His strength that is holding you and everything else together. God has you covered and He loves you beyond measure.

Embrace Your New Beginnings!

**Sister Pamela Gartrell**



**Hearts cannot be deceived in the sight of God.**



## LIVING BY THE SPIRIT

For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be spiritually minded is life and peace. Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be. So then they that are in the flesh cannot please God.

Romans 8:5-8

We have been called out from darkness into the light by the leading of God's Holy Spirit and saved according to the crucifixion, death, and resurrection of our Savior, Jesus Christ. Therefore we have been freed and given a new beginning! In this chapter Paul reminds us that there is no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit, Romans 8:1. Therefore our minds are to be set on the things of the spirit. We may be in a fleshly body but we have been given the promise of God, who brings to us all power and authority to guide us into truth, The Holy Spirit.

Paul goes on to talk about two types of people, the people who are controlled by their sinful nature and those who are controlled by the leading of the Holy Spirit. Prior to salvation, we were all controlled by our flesh, many operating with no self control. But, after accepting Jesus, we must continue to follow him, denying our selfish desires and do the will He's called us to do, become Christ like.

The process to become Christ like is not overnight. It is indeed a process, one in which we will be tested to be strengthened. God led the Israelites into the wilderness to humble them and test what was in their hearts (Deuteronomy 8:2). We will have to be humbled and we most certainly need to prove to God that whatever works His Holy Spirit does through us that He can trust it will be done with a clean heart. Whatever tests we are given know that we can conquer, as Jesus was tested in Matthew chapter four. Therefore follow Jesus' example and defeat the devil with the Word. How can you defeat the devil if you aren't equipped? Don't be fooled!



In order to be successful in this realize there is nothing we can do in our flesh to please God. The scripture states, *because the carnal mind is enmity against God*. Enmity means mutual hatred, or ill will. Meaning, your fleshly mind does not like the things of God and God does not like the mind. Therefore do not lean to your own understandings, daily surrender yourself to the leading of the Holy Spirit, read God's word so you might gain a deeper understanding; as the Spirit brings about correction your character will change, and you will begin to bear fruit.

I went through a phase of life where "I" was trying to change my life and get my flesh under control. God allowed me to go through this phase so that I might recognize that it's not me who brings about change. It's me putting me aside and surrendering to the Holy Spirit that brings about change.

Once I removed myself, I began to hear from the Lord and get a deeper revelation of His Word. Even in the bearing of fruit, I still learn because "I" was looking at it with no confidence thinking I can't be used. But, God has given me peace to know, it's not my words. It's His Words and not me speaking it's Him speaking, but only when I remove myself. So, No, I'm not able to bear fruit and witness when "I" am trying to do so. But when I remove myself and allow myself to be used however God needs to use me, He gets the glory from the new fruit of my branches. Amen!

### Sister Johnetta Keeve



**Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. The LORD is good to those whose hope is in him, to the one who seeks him; (Lamentations 3:22-23, 25 - NIV)**

*Have you every felt as though your life were finished and there was just no use of going on? I have!!!*

My life has been filled with many trials, errors, and disappointments and I was deeply wounded to the point; I just wanted to give up. I felt as though God would never forgive me for things I did and that my life was finished. But, I want you to know God is a God of a Second Chance and New beginnings.

*The Word of God is full of Newness:*

- New Heart and Spirit...Ezekiel 36:26-27
- New Birth..1 Peter 1:3-4
- New Life...Romans 6:4
- New Name..Isaiah 62:2 & Revelations 2:17
- New Song...Psalm 40:3
- New Heavens and New Earth.. 2 Peter 3:13
- New Covenant...Luke 22:20
- New Way to the Father..Hebrews 10:19-20

The devil (our enemy) wants to keep you and me in bondage to fear and dread which leads to discouragement, despair, and depression. But the "God of Hope" wants to fill us with joy and peace as you trust Him. For his mercies is new every morning, according to Lamentations 3:22-23, 25, "His mercies never fail...they are new ever morning. The Lord is good to those whose hope is in Him and God offers you a new beginning everyday you wake up.

The Hebrew root word for merciful and mercy is the same as "womb," the place of new life in the mother. Therefore, God's mercy is compared to the comfort and protection just as an unborn baby receives in its mother's womb. So we see God is a "God of a Second Chance and New beginnings." We can start over again just as nothing ever happened.

I am a true witness that my God is a God of a Second Chance and a new beginning. My new beginning started in 2009 at Sister Circle Ministry while I was in deep despair. God placed me in the hands of a wonderful woman of God who had the compassion of Jesus who loved and encouraged me to get up. That's when I began walking in my new beginning. Today, I am walking in a new beginning like Lamentations 3:22-23 encourages us to do and to receive the Lord's mercies that we may not be consumed by our problem, disappointment, hurt, and sin. We must believe His compassion will not fail and His mercies are new every morning and great is His faithfulness towards us.

*There are two points I would like to leave with you:*

1. God is a God of Second Chances, forgiveness and redemption. It is never too late to get right with the Lord because He is always ready to transform whatever you give Him into something "usable." The Lord says, now, let's settle the matter. You are stained red with sin but I will wash you as clean as snow. Although your stains are deep red you will be as white as wool (wool undyed is a symbol of purity).

2. God has the power to make all things new even you and me. Lamentations says God offers you a new beginning everyday. So take Him up on it now. I encourage you to seize your new beginning and Second Chance as Zacchaeus did in Luke 19:8 when he stood and said to the Lord, "look, Lord!" Here and now I give half of my possessions to the poor and if I have cheated anybody out of anything, I will pay back four times the amount. So you stand up and seize your new beginning and second chance by confession to God all that you are going through or what you need to repent of.

In closing let me encourage you today to begin to walk in your new beginning.

**Reverend Nora Jones**

**Walk In Your New Beginning**



# About Sister Circle



## Sister Circle Ministries

Sister's Learning and Growing Together in Christ

### Spiritual Covering

#### Mission

For Sisters in the body of Christ, to dwell together in unity and love one another with the love of Jesus Christ as they learn and grow in the Word of God.

#### Foundational Scriptures

- Behold, how good and how pleasant it is for brethren to dwell together in unity. Psalm 133:1
- A new commandment I give unto you that ye love one another, as I have love you... John 13:34
- ...for I am fearfully and wonderfully made: marvelous are they works... Palms 139:14

#### Goals

To encourage, empower, equip and spiritually build up Sister's in Christ to grow in their relationship with God by providing different avenues of ministry events:

Bible Studies/Rap Sessions

Spiritual Workshops

Spiritual Advances

Spiritual Conferences

Prayer Breakfasts



#### Contact Information:

Elder Tammy McNair (Founder)

Email: [SisterCircle2003@aol.com](mailto:SisterCircle2003@aol.com)

Website: [www.scministries04.com](http://www.scministries04.com)

Ministry Line: 240-346-0056

## Upcoming Ministry Events

**Morning Glory & Prayer Daily Recording**  
Listen to daily recording (Mon-Tues & Thurs-Fri)  
760-569-6099, Access Code: 895659#

**Wednesday Morning Inspiration**  
Listen to weekly recording  
712-432-0211, Access Code: 958242#

**Sister Circle**  
Date: Friday, May 21, 2010  
Time: 7:45 - 9:45 PM  
Speaker: Evg. Beverly Goodwin,  
Rev. Nora Jones, Elder Tammy McNair  
Theme: Embracing the New Place of Purpose,  
Praise, and Power  
Waldorf, MD 20603  
Location: Waldorf, Maryland  
For more information contact:  
[EventPlannerSC@aol.com](mailto:EventPlannerSC@aol.com) or  
[SisterCircle2003@aol.com](mailto:SisterCircle2003@aol.com)

**Sister Circle Min. Conference 2010**  
Kingdom Sisters Walking in the Spirit of Excellence  
Date: September 23-25, 2010  
Location: Clarion Inn  
45 St. Patricks Drive  
Waldorf, MD  
301-843-7945  
More information will be posted soon  
[SisterCircle2002@aol.com](mailto:SisterCircle2002@aol.com)

**Sister Circle**  
Seasoned Sisters Panel  
Date: Saturday, June 26, 2010  
Time: 11:00 AM - 1:00 PM  
Speaker: Soon to be listed  
Location: Hampton Inn  
3750 Crain Highway, Waldorf, Maryland 20603  
For more information contact:  
[SisterCircle2003@aol.com](mailto:SisterCircle2003@aol.com)

**Sister Circle**  
Seasoned Sisters Panel  
Date: Saturday, December 18, 2010  
Time: 11:00 AM - 1:00 PM  
Speaker: Soon to be listed  
Location: Hampton Inn  
3750 Crain Highway, Waldorf, Maryland 20603  
For more information contact:  
[SisterCircle2003@aol.com](mailto:SisterCircle2003@aol.com)

**Woman of God Ministries Inc.**  
"Let The Rivers Flow Women's Retreat 2010"  
Theme Scripture: John 7:38  
Date: July 16-17, 2010  
Host: Pastor Trena D. Stephenson  
Location: Hampton Inn  
121 East Naylor Mill Road  
Salisbury, MD 21801  
Speaker: Elder Tammy McNair  
Workshop Facilitator on 7/17/10  
Contact 410-564-6379 for more information  
or to download flyer go to  
<http://www.wofgod.org/Events.html>



## Mother's Day Poem

### *What is a Mother?*

*A mother is someone to shelter and guide us,  
To love us, whatever we do,  
With a warm understanding and infinite patience,  
And wonderful gentleness, too.  
How often a mother means swift reassurance  
In soothing our small, childish fears,  
How tenderly mothers watch over their children  
And treasure them all through the years!  
The heart of a mother is full of forgiveness  
For any mistake, big or small,  
And generous always in helping her family  
Whose needs she has placed above all.  
A mother can utter a word of compassion  
And make all our cares fall away;  
She can brighten a home with the sound of her laughter  
And make life delightful and gay.  
A mother possesses incredible wisdom  
And wonderful insight and skill -  
In each human heart is that one special corner  
Which only a mother can fill!*

*- Katherine Nelson Davis*

*Happy Mother's Day, My Dear Sistah's  
May you have a blessed Mother's Day filled with special  
surprises because you surely deserve it!*

*Love, Elder Tammy McNair*