

FIRST AID BY LEVEL... ANSWERS

Lifesaving Levels - First Aid Content (as per 2005 CPR Guidelines)	Rookie	Ranger	Star	Bronze Star (w/ CPR A)	BrMedallion (w/ CPR B & EFA)	BronzeCross (w/ CPR C)
Medical/Legal Implications						
Disease Prevention (Universal Precautions)						
a) Improvisation of First Aid materials (including barriers)	x	Previous	Previous	Previous	Previous	Previous
b) Handwashing	Implied	Implied	Implied	Implied	EFA	Previous
c) Use of barriers ...surgical gloves & breathing masks	n/a	n/a	n/a	x (Recommended)	x (Recommended)	x (REQUIRED)
Legalities of First Aid (i.e. SK EMA Act)						
a) Obtaining permission beforehand	Implied	Implied	Implied	Implied	EFA	Previous
b) When one may stop first aid legally	Implied	Implied	Implied	Implied	EFA	Previous
Critical Incident Stress						
Basic understanding (i.e. cause, S&S and treatment)	Implied	Implied	Implied	Implied	x	x
Primary Assessment - Cons / Uncons						
Scene Survey	x	x	x	x	x	x
Level of Consciousness/Establish Responsiveness	x	x	x	x	x	x
Chief complaint	x	Previous	x	Previous	Previous	Previous
Effective management/direction of bystanders	x	x	x	x	x	x
EMS Activation	x	x	x	x	x	x
ABC check	x	x	x	x	x	x
Bleeding check	x	Previous	Previous	Previous	EFA	x
Mechanism of Injury	x	Previous	x	x	EFA	x
Secondary Assessment - Cons / Uncons						
Assessment of pulse & breathing rates	n/a	n/a	n/a	x	Previous	Previous
Vital Signs	n/a	n/a	n/a	n/a	EFA	x
Head-to-Toe	n/a	n/a	n/a	n/a	EFA	x
History	n/a	n/a	n/a	CPR A	EFA	x
Airway Obstruction - Conscious						
Adult (Mild & Severe)	n/a	x	Previous	CPR A/Previous	x	x
Child (Mild & Severe)	n/a	x	Previous	Previous	x	x
Infant (Mild & Severe)	n/a	n/a	n/a	n/a	CPR B	x
Complications: Pregnant/Obese	n/a	x	Previous	CPR A/Previous	x	x
Airway Obstruction - Conscious to Unconscious						
Adult	n/a	n/a	n/a	CPR A	x	x
Child	n/a	n/a	n/a	n/a	x	x
Infant	n/a	n/a	n/a	n/a	CPR B	x
Airway Obstruction - Unconscious						
Adult	n/a	n/a	n/a	CPR A	x	x
Child	n/a	n/a	n/a	n/a	x	x
Infant	n/a	n/a	n/a	n/a	CPR B	x
Breathing Emergencies						
Hyperventilation	n/a	n/a	Implied	Previous	EFA	Previous
Asthma	n/a	n/a	x	Previous	Previous	Previous
Severe Allergic Reaction	n/a	n/a	x	Previous	Previous	Previous
Aspiration	n/a	Implied	Implied	Implied	Implied	Implied
Circulatory Emergencies						
Recovery Position	n/a	x	x	x	x	Previous
Shock	n/a	x	x	x	x	x
Fainting (minor form of shock)	n/a	Implied	Implied	Implied	Implied	Implied
Angina & Heart Attack	n/a	n/a	n/a	CPR A	x	Previous
TIA & Stroke (head injury, vessel burst or clot, air embolism)	n/a	n/a	n/a	CPR A	x	Previous
External Bleeding (cuts, scrapes & nosebleeds)	x	Previous	Previous	x	x	x
External Bleeding (Embedded objects)	n/a	n/a	n/a	n/a	x	x

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CPR - 1 rescuer						
<i>Adult</i>	n/a	n/a	n/a	x	x	x
<i>Child</i>	n/a	n/a	n/a	n/a	x	x
<i>Infant</i>	n/a	n/a	n/a	n/a	CPR B	x
<i>Complications (vomiting) & Adaptations (nose/stoma)</i>	n/a	n/a	n/a	n/a	x	x
CPR - 2 rescuer						
<i>Adult</i>	n/a	n/a	n/a	n/a	n/a	x
<i>Child</i>	n/a	n/a	n/a	n/a	n/a	x
<i>Infant</i>	n/a	n/a	n/a	n/a	n/a	x
AED Familiarization ONLY						
<i>Adult</i>	n/a	n/a	n/a	x	CPR B	x
<i>Child</i>	n/a	n/a	n/a	n/a	CPR B	x
<i>Infant</i>	n/a	n/a	n/a	n/a	CPR B	x
Bone or Joint Injury						
<i>Causes</i>	n/a	n/a	x	Previous	Previous	Previous
<i>Sprains - Simple (ONLY finger OR toe OR ankle OR wrist)</i>	n/a	n/a	Implied	Previous	Previous	x
<i>Closed Fractures - Simple (ONLY lower arm OR finger OR lower leg OR toe)</i>	n/a	n/a	x	Previous	Previous	x
<i>Dislocations - Simple (ONLY finger OR toe OR ankle OR wrist)</i>	n/a	n/a	x	Previous	Previous	x
Suspected Spinal Injury						
<i>Causes</i>	n/a	n/a	n/a	x	Previous	Previous
<i>Land</i>	n/a	n/a	n/a	x	Previous	Previous
<i>Shallow water (many bystanders)</i>	n/a	n/a	n/a	n/a	x	Previous
<i>Deep to shallow water (one bystander only)</i>	n/a	n/a	n/a	n/a	n/a	x
Hypothermia						
<i>Causes</i>	n/a	n/a	n/a	n/a	n/a	x
<i>Mild vs. Moderate vs. Severe</i>	n/a	n/a	n/a	n/a	n/a	x

Implied = Assumption from item in award

Previous = Learned in previous level

x = Actually Listed in Award

EFA = because of Emergency First Aid

CPR A/B/C = because of CPR certification

n/a = Not in nor implied in items