



ADJECTIVE ANECDOTES

Pick an adjective - Tell any story using the adjective you select as a theme any way that you can. Before telling your story, try to achieve one of these goals with your story:

1. **Honest Self Introspection** – The story is about looking honestly at yourself and who you are
2. **Words of Wisdom** – The story has a lesson that you learned from and perhaps other can too
3. **Creative and Entertaining** – The story is interesting, original, clever or funny to the listeners

Scary	Disappointing	Uncontrollable
Mysterious	Strange	Victorious
Painful	Unpleasant	Famous
Risky	Dangerous	Huge
Secret	Deceptive	Hidden
Unbelievable	Surprising	Intimidating
Pleasurable	Proud	Unforgettable
Successful	Rich	Expensive
Free	Lost	Improbable
Foolish	Wild	Important
Adorable	Powerful	Nice
Puny	Ancient	Delicious
Rotten	Smelly	Arrogant
Loveable	Beautiful	Breathtaking

Closing Process Question for Discussion: Which one are you more comfortable with? -

- Honestly talking about yourself,
- Sharing positive wisdom with others, or
- Telling a good entertaining story?