

# A LETTER TO MY FUTURE SELF DURING COVID-19

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_

Grade in school or occupation: \_\_\_\_\_

Where I currently live: \_\_\_\_\_

3 things I am feeling: \_\_\_\_\_

3 things I miss: \_\_\_\_\_

3 people I will hug when this is over: \_\_\_\_\_

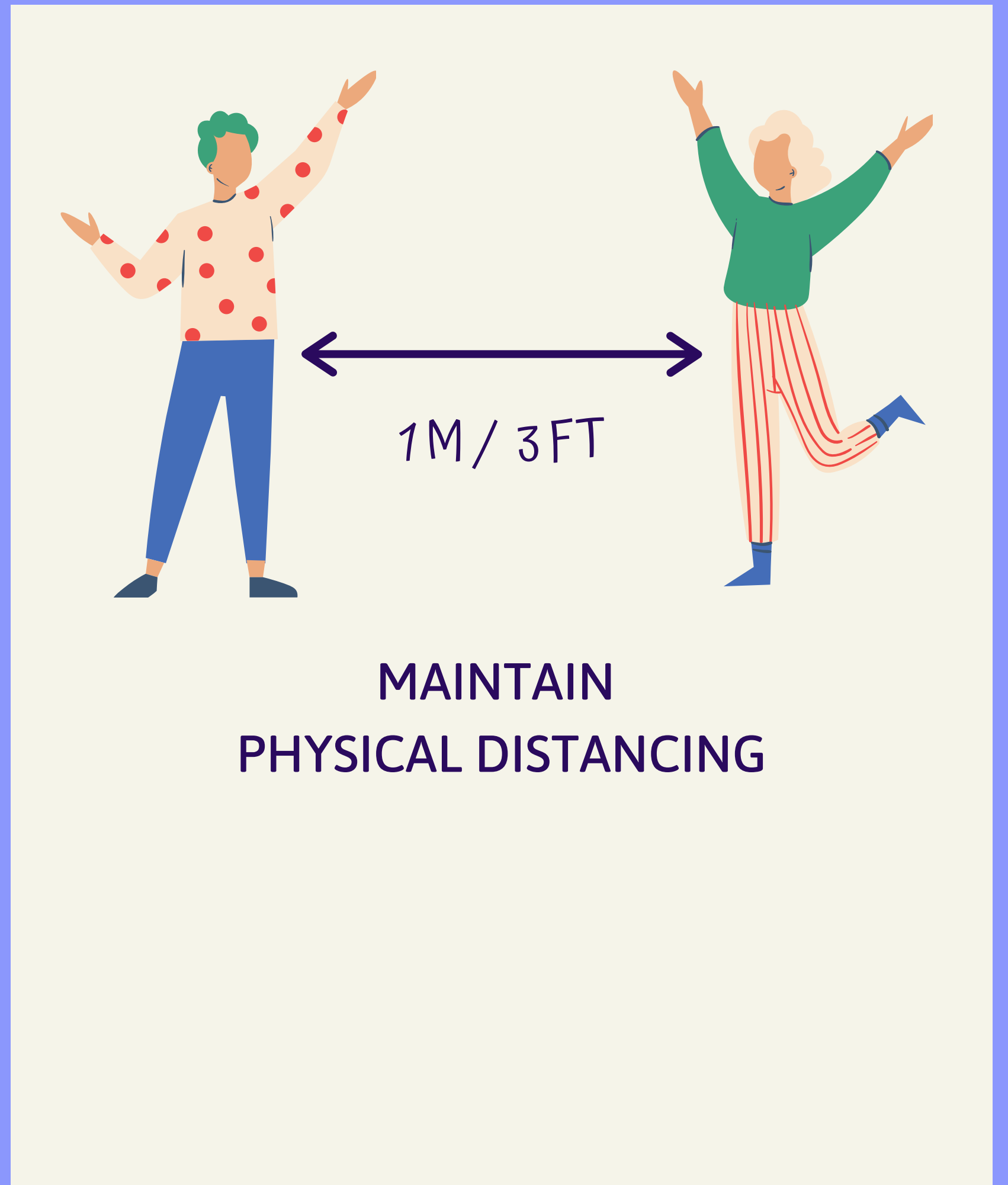
3 things I will never take for granted when this is over: \_\_\_\_\_

3 place I will go when this is over: \_\_\_\_\_

3 things that are helping me cope during these uncertain times: \_\_\_\_\_

3 things that I have learned to REALLY appreciate: \_\_\_\_\_

3 things I have missed out on because of COVID-19: \_\_\_\_\_



Letter to my future self about this whole experience:

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**#SocialDistancing**