

# MELANOMA in IDAHO

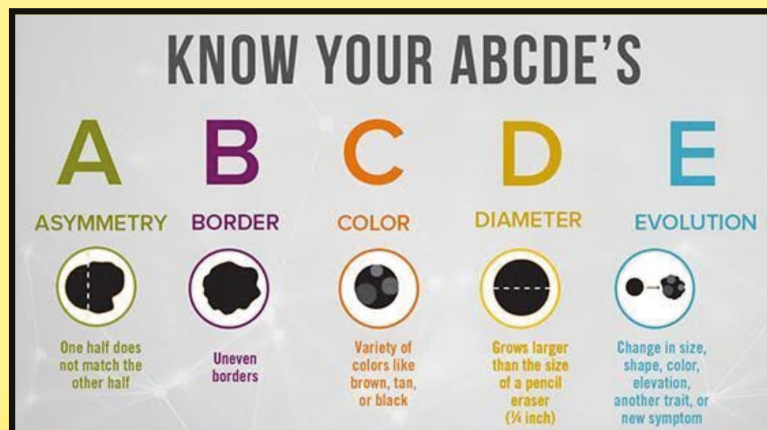
# 2023

**2,768 cases**  
of malignant melanoma of the skin  
were diagnosed during 2016-2020

**289 deaths**  
from malignant melanoma of the skin  
from 2017-2021

**Over 4,000**  
Idahoans alive on July 1, 2020  
had a melanoma diagnosis  
within the prior 10 years

## Call to Action



- Avoid indoor tanning beds.
- Wear sun-protective clothing: Sunglasses with UV protection, wide-brimmed hats, long-sleeved shirts, and long pants.
- Apply broad-spectrum sunscreen of 30 SPF or higher.
- Talk to your healthcare provider if you notice changes in your skin, like moles that are odd-shaped, discolored, or increasing in size.

## Health Behavior

Source: Idaho Youth Risk Behavior Survey, 2019

**Only 15.4%** of Idaho students (9th-12th grade) always wear sunscreen (SPF of 30 or higher) or wear sunscreen most of the time when they are outside for more than one hour.

**5.1%** of Idaho students (9th-12th grade) used an indoor tanning device (like a sunlamp, sunbed, or tanning booth) 1 or more times in the previous 12 months.

**Idaho ranks 1st among U.S. states for deaths due to melanoma.**



Since 2000, rates of malignant melanoma have increased about **1.9%** per year in Idaho.



Mortality rates due to malignant melanoma have been decreasing by approximately **3%** per year in the past decade.



Male Idahoans are **over 2 times** more likely to die of melanoma than female Idahoans.



Cancer Data Registry of Idaho



COMPREHENSIVE CANCER CONTROL OF IDAHO



IDAHO DEPARTMENT OF HEALTH & WELFARE  
DIVISION OF PUBLIC HEALTH

March 2023