

★ THE STAR NEWS ★

AL IHSAN SCHOOL OF EXCELLENCE

Editor-in-Chief: Selma Abazid

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BAD SPEECH IS BECOMING OF SOCIETY NORMS

By Fatmeh Sammour

PARENTAL ADVISORY EXPLICIT CONTENT

"What the-----!" "Where the----were you?!" This foul language is now part of everyday life with the youth and elders, yet it is said without remorse nor sensitivity. Why? Numerous reasons contribute to this, but who is really at fault? In this generation, it's becoming part of one's life where immature youth feel the necessity to drop a few swear words here and there just to sound cool, fit in, or even sound intimidating.

An anonymous school teacher said, "I've only used it a handful of times but as soon as the words leave my mouth, I automatically feel complete guilt." An anonymous student agreed that she primarily does it for her friends, "It's only when I'm really mad or to be funny."

The Prophet (SAW) said, "O 'Aaishah! Have you ever seen me speaking a bad and dirty language? (Remember that) the worst people in Allah's sight on the Day of Resurrection will be those whom the people desert or leave in order to save themselves from their dirty language or from their transgression."

Either way, a sin is a sin as the Prophet (SAW) said, "The believer does not slander, curse, or speak in an obscene or foul manner." As Muslims, we should take account of our actions, and always think before we speak as well as control our tongues under any circumstances.

HEALTHCARE IS A HUMAN RIGHT AND CLEVELAND MUSLIMS ARE MAKING IT AVAILABLE THOUGH THE U.S GOVERNMENT ISN'T.

By Jumana Abed

Medical care is known for being grossly overpriced and unaffordable for Americans but in the past year, Cleveland Muslim medical professionals are volunteering their time, money and expertise to provide free healthcare for all.

According to CNBC in a 2017 article, "Health care spending per person is expected to surpass \$10,000 in 2016 and then march steadily higher to \$14,944 in 2023."

continued on Page 4

SAVE THE DATE

Compiled By: Selma Abazid

November-

11/27: 2nd Quarter Progress Reports
11/28-29: Culture Day (all buildings)

December-

12/10: Spelling Bee Cleveland (3rd, 4th and 5th)
12/11: Spelling Bee Parma (3rd, 4th and 5th)
12/19: 2nd Quarter Ends
12/19: 6th-8th Grade Science Fair (3-3:30)
12/20-31: No School- Winter Break

January-

01/01: No School (winter break continued)
01/02: Back to School
01/02: 3rd Quarter Begins
01/13-24: MAP Testing
01/20: No School- MLK Day

February-

02/07: 3rd Quarter Progress Reports
02/17: No School- SPD
02/24-28: Reading Week

ISLAMIC CORNER

By Fatmeh Sammour

دَعِ مَا يَرِيكَ إِلَى مَا لَا يَرِيكَ فَإِنَّ الصِّدْقَ طَمَئِينَةٌ وَإِنَّ الْكَذِبَ رِيبةٌ

Leave what makes you doubt for what does not make you doubt. Verily, truth brings peace of mind and falsehood sows doubt.

Always say the truth no matter what happens. Know that if you say the truth, everything that happens afterwards is good for you.

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THE SURPRISING ORIGINS OF BLACK FRIDAY

By Lujane Abazid

Black Friday, everyone's favorite day of shopping in the U.S, may shock you of its roots in slavery.

Most people go shopping on Black Friday for their incredible sales and doorbusters. Business owners must've not just chosen a random Friday to put the whole store on sale; Black Friday was chosen for a particular reason

According to the survey from Al Ihsan middle and high school, 90.6% of the middle and high school students go Black Friday shopping, yet 84.4% don't know the origins of it.

Black Friday started during the horrible days of slavery. According to history.com, the day was called "Big Friday" but turned into "Black Friday" because white plantation owners used to sell slaves with a big discount on that day. The sales started with slaves and now has turned into TVs, furniture and everything in between.

In later years, the Philadelphia Police Department Traffic Squad came up with the name Black Friday because the streets were full of traffic and every place in the city was jammed.

Adults and children run to the malls just to go Black Friday shopping. The malls, streets, and parking lots are full and problems are breaking out for things that are on sale in the malls. Policemen were not allowed to take that day off and would have 12-hour shifts. The number of people who go Black Friday shopping is enormous, which does not fit in any of the mall's parking lots, so people use their garages, and driveways to park there.

Before going Black Friday shopping, people should know the origins of it and know why there are sales on everything. Many don't think of them or just might not know the history behind it when shopping.

THE STAR RIDDLE

Compiled by Selma Abazid

I WEIGH NOTHING BUT YOU CAN STILL SEE ME. IF YOU PUT ME IN A BUCKET, I MAKE THE BUCKET LIGHTER. WHAT AM I?

ANSWER IS ON PAGE 4

THE STAR RANTS

Compiled by Lujane Abazid

- "HAHAHA, go ahead, just take my phone, why not?!"
- "Have an attitude of gratitude to be happy"
- "Clean up after yourselves, House Elves don't work here"
- "This school will have gum-free floors soon, thanks to all the students who will help clean it up"
- "People who give the most advise have the most trouble"
- "sksksksk and I oop... VSCO girl"
- "I want to become a tik tok star"

ATTITUDE CAN AFFECT A PERSON'S LIFE

By Alaa Murra

Since the beginning of humankind, Allah created different people with different attitudes and those attitudes affect all aspects of their everyday lives both physically and mentally.

Have you ever felt some type of way where you don't feel like doing anything and or your mood really affects the energy in your body? Some people that may have a negative attitude on a daily basis, may lead them to become diagnosed with anxiety, depression and much more. People who strive to be successful human beings, usually have a good perspective on life.

Your negative attitude and feelings can also cause chronic stress, which is not so good for an individual's personal health. When the human body suffers from hopelessness, it upsets the body in such a way that it diminishes the brain chemicals that cause happiness. Negative attitudes can also damage the immune system. According to the University of Minnesota, "Poorly managed or repressed anger is also related to a slew of health conditions, such as hypertension, cardiovascular disease, digestive disorders, and infection."

According to the Spire Wellness Team, "The role of your thoughts is so strong that one study found that a positive attitude helped lower the risk of dying from heart disease and stroke."

When a person contributes an optimistic attitude, it helps them in several different ways. With a positive attitude, the rates of depression decrease, and reduces the amount of stress a person may consume.

An Al Ihsan student stated, "A person's attitude affects them because if you tell yourself that you're a failure, then that's all you're going to be, but if you tell yourself you're going to work hard in life, you're going to be successful."

A hadith narrated by at- Tirmidhi concludes that having a positive attitude is an Islamic attribute, "Among the dearest of you to me and those who will be seated closest to me on the Day of Resurrection are those of you who are best in attitude."

DEAR ABBY

By Fatima Hamidan

Dear Abby,

The girls in my class aren't including me in their groups, and once I ask them can I join they just ignore me and keep playing. It is making me sad and I don't want to get them in trouble by telling the teacher, but I also want to be enjoying my time with them. -Anonymous

Dear Troubled One,

All you need to know is that even though they don't include you I bet there are a bunch of other little girls that want to play with you. You just need to speak up and don't let them push you around because if someone doesn't want to play with you, then why should you think them as a consideration of a friend. Make dua that Allah (SWT) forgives them and just play with girls that care about your feelings. -Fatima Hamidan

THE BROTHERS WHO HAVE OUR BACKS *By Fatma Abduljalil*



We all know the security in the morning and afternoon who help students get to the school building and keep organization in the parking lot, but most people don't *really* know them.

Originally these volunteers were only for the masjid on Friday, but Alomary Mosque has provided the school with security daily.

Since they are volunteers, they aren't paid for the half hour in the morning and afternoon they spend to make sure that the students are safe.

Dr. Firas Abazid, a medical physicist, and Dr. Mohammed Odat, a businessman and college professor, have been volunteering as Al Ihsan Security since last year. However, they have been volunteering for Alomary Mosque parking during Friday prayer for about four years now.

"I feel safer walking into the school with the security helping us make sure we are safe," states a 6th grade student at Al Ihsan

When interviewed, Dr. Firas and Dr. Mohammed both stated, "We enjoy making our kids and their parents feel safe and secure. We both love to volunteer to help our Muslim brothers and sisters at the school and masjid."

Overall, we thank them both for their time and effort in keeping the masjid and school safe and organized!

TEACHER FEATURE *By Fatima Hamidan*

Kefah Ghanem, the second grade teacher's aide, had been nominated for this month's teacher feature because of her creativity, hard work, and helpfulness!

Ms. Kefah is originally Palestinian but was born and Raised in Ohio. She has an associate degree from Tri-C which she earned in 2006.

This is Ms. Kefah's ninth year working at Al Ihsan and though she started as a 1st grade aid for her first five years at Parma, she is now the 2nd grade aide working side-by-side with 2nd grade lead teacher, Ms. Saeda, in Cleveland.



"The students don't only become students they become my best friends and family," said Ms. Kefah.

Students agree with her as they have become very reliant on her,

"She helps me with my math, she is really nice, and she tells me what to do when I don't know what to do," said Abdurahman Aburoumi, a second grade student.

There is more to Ms. Kefah than her teachings, she has a unique talent.

"Mashallah, she brings her talent for art and shares it with the kids by teaching them how to become the best artists they can be! I absolutely love working with her and can't wait to come to see her and what she has to offer each and every day!" said Ms. Saeda

Ms. Kefah said that Al Ihsan was the perfect environment for her to work in, as it is similar to the environment she had in her own home.

"Islam and Education were always very important in my family growing up. Being able to enjoy seeing these children involved in an Islamic environment is something I am very thankful to be around on a daily basis, *alhamdulillah*," Ms. Kefah said.

★ THE STAR STUDENTS ★



Elementary (KG-2nd grade)

Tala Amro (2nd Grade): "She is a bright student who comes to school ready to learn and always keeps a smile on her face"

-Mrs. Saeda Hammad



Middle School (6th-8th grade)

Abukar Mohammad (8th Grade): "He has worked diligently to improve his grade for the first quarter and has taken responsibility to do his best."

-Mrs. Emily Hill



Secondary (3rd-5th grade)

Diana Shehadeh (4th Grade): "Diana is a hard worker. Always smiling, well behaved, and kind."

-Mrs. Israa Abed



High School (9th-12th grade)

Yasmine Dardari (11th Grade): "She pushes herself to study additional math concept outside of the classroom."

-Mrs. Alicia Kadiri

HEALTHCARE IS A HUMAN RIGHT AND CLEVELAND MUSLIMS ARE MAKING IT AVAILABLE THOUGH THE U.S GOVERNMENT ISN'T (CONTINUED)...

By Jumana Abed

continues from page 1... A teacher at Al Ihsan, Faten Odeh, said that once she paid \$600 just to remove a splinter from her finger. She now has better health insurance, alhamdulillah, but it comes at a hefty price.

"Just for my husband and I, he gets \$700 taken out of his paycheck every month to cover our health insurance and I don't even have dental or vision included," said Mrs. Faten.

Insurance often doesn't kick in to pay for your doctor's visits until you meet the deductible which can be thousands of dollars.

Luckily, Clevelanders on both the East and West sides have free healthcare with no questions asked provided by the Muslim medical community.

The Ibn Sina Clinic opened at the Islamic Center of Cleveland on March 27th, 2019 and the Salam Clinic, which is located at Masjid Bilal in midtown, recently opened up this year on October 17th. They give free medical care because they see an opportunity to give to Americans that can't afford such big amounts for medical care. The clinic provides it to anyone regardless of their faith or background.

Muslims running free hospitals and clinics is actually not a new concept. The Islamic hospital served several purposes: a center of medical treatment, they weren't sure what proportion of the patients would have been non-Muslim. The Cleveland Ibn Sina Clinic, located inside the Islamic Center of Cleveland in Parma, offers free medical care.

The clinic seems to be going well and is organizing well-raising money also for donations while most medical supplies were also donated. Muslims seem more giving as to how they give more medical care than the United States because if someone gets ill, they will have to pay for their treatment. There should be an option for medical care in case you don't have enough money for the payment, or the price can be lowered.

Riddle Answer: A Hole



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