



Intuitive Healer & Hypnotherapist

## HYPNOSIS RESPONSIVENESS QUESTIONNAIRE

|   | YES   | NO    |
|---|-------|-------|
| 1. Have you ever been hypnotized?   | _____ | _____ |
| 2. Have you ever seen someone hypnotized?   | _____ | _____ |
| 3. Do you believe hypnosis can help with you with your problems?  | _____ | _____ |
| 4. Have you ever walked or talked in your sleep?  | _____ | _____ |
| 5. Are you basically a trusting person?   | _____ | _____ |
| 6. Do you have a good imagination?  | _____ | _____ |
| 7. Do you daydream or involve yourself in fantasy?  | _____ | _____ |
| 8. Are you able to concentrate on an idea or thought?   | _____ | _____ |
| 9. Do you feel comfortable being touched by someone you trust?  | _____ | _____ |
| 10. Are you open to new ideas?  | _____ | _____ |
| 11. Are you able to follow directions?  | _____ | _____ |
| 12. Are you able to get in touch with your emotions easily?   | _____ | _____ |
| 13. Do you believe that it's possible for a person to be healed by the power of his or her own mind?        | _____ | _____ |
| 14. Have you ever wished you could avoid taking medications?  | _____ | _____ |
| 15. Do you enjoy reading fiction and getting involved in the stories?                                       | _____ | _____ |
| 16. Are you basically a religious or spiritual person?  | _____ | _____ |
| 17. Do you find talking about the supernatural fascinating?   | _____ | _____ |
| 18. Have you ever meditated?  | _____ | _____ |
| 19. Are you able to sit or lie still for a period of time?  | _____ | _____ |
| 20. If you were to imagine sucking on a sour, bitter, juicy, yellow lemon, would your mouth begin to water? | _____ | _____ |